

## PUBLIC AGENDA NAMING ADVISORY COMMITTEE

Thursday, September 14, 2017, 10:30 a.m. Committee Room B, Second Floor, City Hall <u>Committee Members:</u>

His Worship Mayor C. Clark, Chair Councillor T. Davies Councillor A. Iwanchuk Heritage and Design Coordinator C. Kambeitz Senior Planner P. Kotasek-Toth Aboriginal Inclusion Consultant L. Standing

- 1. CALL TO ORDER
- 2. CONFIRMATION OF AGENDA

## Recommendation

That the agenda be confirmed as presented.

- 3. DECLARATION OF CONFLICT OF INTEREST
- 4. ADOPTION OF MINUTES

## Recommendation

That the minutes of the Special Meeting of the Naming Advisory Committee held on August 28, 2017 be adopted.

- 5. UNFINISHED BUSINESS
- 6. COMMUNICATIONS
- 7. REPORTS FROM ADMINISTRATION
  - 7.1 Naming Major Projects Amendments to Naming of Civic Property and Development Areas Policy No. C09-008 (File No. CK. 6310-1)

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## Recommendation

That a copy of this report be submitted to the Standing Policy Committee on Planning, Development and Community Services to recommend to Pages

City Council that the proposed amendments to Naming of Civic Property and Development Areas Policy No. C09-008 be approved.

# 7.2 Naming Advisory Committee Report - Third Quarter 2017 (File No. CK. 5 - 34 6310-1)

## Recommendation

## General Naming Requests (Names Master List)

- Cockcroft
- Peacock
- Prasad

## Specific Renaming Request

• Reconciliation Circle within Victoria Park (original request for renaming considered at May 16, 2017 meeting)

## 8. IN CAMERA SESSION (OPTIONAL)

9. ADJOURNMENT

## Naming Major Projects – Amendments to Naming of Civic Property and Development Areas Policy No. C09-008

## Recommendation

That a copy of this report be submitted to the Standing Policy Committee on Planning, Development and Community Services to recommend to City Council that the proposed amendments to Naming of Civic Property and Development Areas Policy No. C09-008 be approved.

## **Topic and Purpose**

The purpose of this report is to amend Naming of Civic Property and Development Areas Policy No. C09-008 such that City Council applies a name during the planning stages of major municipally-owned or controlled facilities, including bridges.

## **Report Highlights**

1. Naming of Civic Property and Development Areas Policy No. C09-008 (Naming Policy) has been reviewed, and amendments are proposed to clarify that major municipally-owned or controlled facilities, including bridges, are named by City Council prior to their opening and use.

## **Strategic Goal**

This report supports the City of Saskatoon's (City) Strategic Goal of Continuous Improvement through continued monitoring and updating of City policies, as required.

## Background

During its January 25, 2016 meeting, City Council resolved, in part:

"1. That City Council amend the naming policy process such that Council applies a name during the planning stages of major projects and that the Administration report back with specific wording."

## Report

## Naming Policy Amendments

The Naming Policy requires minor amendments to clarify that City Council applies a name to major municipally-owned or controlled facilities, including bridges, prior to their opening and use. This clarification is required to ensure ease of identification and avoidance of confusion for the public regarding major municipal facilities, particularly for navigational purposes. Minor amendments for consistency in wording are also included. The proposed amendments to the Naming Policy are included in Attachment 1.

Naming Major Projects – Amendments to Naming of Civic Property and Development Areas Policy No. C09-008

## **Options to the Recommendation**

City Council has the option to not amend the Naming Policy and maintain the status quo.

## Public and/or Stakeholder Involvement

There is no public or stakeholder involvement required for this amendment to the Naming Policy.

## **Policy Implications**

Upon approval by City Council, the Naming Policy will be amended, as outlined in the report.

## **Other Considerations/Implications**

There are no financial, environmental, privacy, or CPTED implications or considerations; a communication plan is not required at this time.

## Due Date for Follow up and/or Project Completion

No follow-up is required.

## **Public Notice**

Public notice, pursuant to Section 3 of Public Notice Policy No. C01-021, is not required.

## Attachment

1. Proposed Amendments to Naming of Civic Property and Development Areas Policy No. C09-008

## **Report Approval**

Written by:Daniel McLaren, Planner, Planning and DevelopmentReviewed by:Lesley Anderson, Director of Planning and DevelopmentApproved by:Randy Grauer, General Manager, Community Services Department

S/Reports/2017/PD/NAC – Naming Major Projects – Amendments to Naming of Civic Property and Development Areas Policy No. C09-008/ks

## Naming Advisory Committee Report – Third Quarter 2017

## Recommendation

That the Naming Advisory Committee issue direction with respect to the naming submissions contained within this report.

## **Topic and Purpose**

The purpose of this report is to consider naming requests to ensure they meet City Council guidelines, as set out in Naming of Civic Property and Development Areas Policy No. C09-008.

## **Report Highlights**

- 1. The following naming submissions require screening: Cockcroft, Peacock, and Prasad.
- 2. A request to name a portion of Victoria Park as Reconciliation Circle has been clarified, and further information is provided.

## **Strategic Goal**

Under the City of Saskatoon's (City) Strategic Goal of Quality of Life, this report supports the recognition of our built, natural, and cultural heritage. The naming of civic facilities, streets, and parks celebrates the history, environment, and outstanding contributions of our diverse community.

## Background

According to Naming of Civic Property and Development Areas Policy No. C09-008 (Naming Policy), all names proposed for the Names Master List will be screened by the Naming Advisory Committee and meet City Council's guidelines for name selection. All requests for naming of roadways from the Names Master List will be selected or endorsed by His Worship the Mayor. Name suffixes are circulated through the Administration for technical review.

At the May 18, 2017 meeting of the Naming Advisory Committee, a request was made to rename Victoria Park, or a portion thereof, to Reconciliation Park. At that time, the committee moved that further information be provided to consider a possible naming of a portion of Victoria Park.

## Report

## Naming Requests

The following naming requests have been received and require screening:

 "Cockcroft" – Dr. Don Cockcroft, a professor and retired practitioner, is best known for his research in respiratory health. He has published over 300 papers, review articles, and chapters, combined, and he is one of the most widely quoted authorities on asthma in the world. He is a former board member of the Lung Association of Saskatchewan and received the 2006 Saskatchewan Health Research Foundation Achievement Award for Clinical Research. Beyond his medical career, he is also known for his gardening and growing of lilies. For this reason, a preference is requested for a park name. The full submission is included as Attachment 1.

- "Peacock" Dr. George Peacock was very active in both the community of his profession, dentistry, and his community generally. He was a member of numerous boards for his profession, sports, and community volunteer organizations. He received a Distinguished Service Award as well as an Honourary Membership in the Canadian Dental Association. The full submission is included as Attachment 2.
- "Prasad" Dr. Kailash Prasad's medical career has spanned from researching the medical uses of flaxseed through to the mechanisms and detection of heart disease. His research on flaxseed and heart disease now improves the prevention and early detection of heart disease, diabetes, hypertension, and other conditions. Despite retiring in 1997, Dr. Prasad has continued to do research, train graduate students, mentor clinical researchers, and teach at the University of Saskatchewan. The full submission is included as Attachment 3.

These three submissions fall under guideline 3.3 a) i) of the Naming Policy recognizing "a person who has achieved a deed or activity performed in an outstanding professional manner or of an uncommonly high standard that brings considerable benefit to the City of Saskatoon, Province of Saskatchewan, or Canada."

## Reconciliation Circle Amenity Naming within Victoria Park

The Naming Advisory Committee has requested further information on a previous request to rename Victoria Park, or a portion thereof, in recognition of The Truth and Reconciliation Commission of Canada. The applicant has provided a preferred boundary of an area within the park to include the "Where Our Paths Cross" Commemorative Artwork, to be constructed in the spring of 2018, and an area regularly used for community gathering space, including the Rock your Roots Walk for Reconciliation. The area requested to be named "Reconciliation Circle" is included as Attachment 4. A letter of support for this naming, signed by individuals and organizations, is included as Attachment 5. This naming opportunity could be incorporated into a plaque on site with the new art installation.

The Recreation and Community Development Division was consulted and has no concerns with this proposal.

## Public and/or Stakeholder Involvement

Stakeholders and members of the public are invited to make a short presentation to the Naming Advisory Committee in support of their naming submissions.

## **Policy Implications**

The screening of requests and suggestions for naming or renaming of municipally-owned or controlled facilities, streets, suburban development areas, neighbourhoods, and parks must be in compliance with the Naming Policy.

## **Financial Implications**

Signage requirements and costs for naming of Reconciliation Circle have yet to be determined. One option will be to include the naming on a plaque on site with the new art installation.

## **Other Considerations/Implications**

There are no options, environmental, privacy, or CPTED implications or considerations; a communication plan is not required at this time.

## Due Date for Follow-up and/or Project Completion

No follow-up is required.

## **Public Notice**

Public notice, pursuant to Section 3 of Public Notice Policy No. C01-021, is not required.

## Attachments

- 1. Original Submission Cockcroft
- 2. Original Submission Peacock
- 3. Original Submission Prasad
- 4. Proposed Location for Reconciliation Circle
- 5. Letter of Support for Reconciliation Circle

## **Report Approval**

Written by: Daniel McLaren, Planner, Planning and DevelopmentReviewed by: Lesley Anderson, Director of Planning and DevelopmentApproved by: Randy Grauer, General Manager, Community Services Department

S/Reports/2017/PD/NAC - Naming Advisory Committee Report - Third Quarter 2017/lc/df

## **Original Submission - Cockcroft**

## the PROCESS

### **General Name Request**

Suggestion Submit Application Form to Planning &Development Branch to request that a name be added to the Names Master List.

Screening Naming Advisory Committee reviews naming request in accordance with Council guidelines.

#### Recommendations

Naming Advisory Committee recommends to City Council the support or non-support for adding the name to the Names Master List.

Approval

City Council approves or rejects adding names to the Names Master List.

#### Requests

Requests to assign a name from the Names Master List are made to Planning & Development Branch by Developers, Land Branch, or other Civic Departments.

#### Selection

Requests to assign a name from the Names Master List are forwarded to the Mayor's Office who selects a name from the Names Master List.

#### Notification

The Mayor notifies applicant and affected others that the name has been selected for use.

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## Specific Naming Request Screening Naming Advisory Committee soviews

Recommendations Naming Advisory Committee recommends to City Council the support or non-support for the naming

request. Approval City Council approves or rejects naming request.

Notification The Mayor notifies applicant and affected others of City Council's decision.

#### **Re-Naming Request**

Consult The applicant Is required to consult property owners affected by the proposed re-naming. Please contact the Planning & Development Branch to determine the consultation requirements.

## Suggestion Submit Application Form to Planning &

Development Branch to re-name a specific municipally-owned property. Include written comments from affected property owners.

#### Comments Planning & Development Branch contacts alt

affected civic departments, community associations, property owners, etc. to gather comments and estimate costs.

Screening Naming Advisory Committee reviews re-marning request in accordance with Council guidelines. Recommendations

Naming Advisory Committee recommends to City Council the support or non-support for the re-naming request.

Approval City Council approves or rejects re-naming request. Notification

The Mayor notifies applicant and affected others of City Council's decision

To Name Streets, Parks & Civic Properties Please complete the attached application form for all new name submissions and requests for re-naming a street, park, or other civic properties Name: G-LEN P. WALTER Address: BOX 521 City/Town: VANSCOY Province: 5K Postal Code 502 3:50 Phone: 306-493-2575 E-mail: FOSTORDUDESPLINE New Name Submission Re-naming Request Requested Name(s) (please print) D Donl 1 DOX A DOTA

APPLICATION FORM

DK. VON COCKCRDE	- OR	CUCKEROFT	2144
lequested Use of Mame	1		
Street	Park	Municipal Facility	
Neighbourhood	Other	Any of the Above	
Suburban Development Area	5	-	

If this is a request for re-naming an existing location, please indicate the current name:

PLEASE INCLUDE THE FOLLOWING INFORMATION AS PART OF YOUR APPLICATION (Indicate which items are attached to the application form)

- 1. Background Information (Reason for request)
- Short Biography (Given name, date of birth/death, place of birth, contributions, awards, achievements, or other relevant information)

o you wish to speak to the Naming Advisory Committee?	YES		
ease send the completed application form to:		UNLESS	
City of Saskatoon Naming Advisory Committee		THEY AFA.L.	
Community Services Department, Planning & Devel	lopment Branch	THEY REQUE	5
222-3rd Avenue North			
Saskatoon, 5K			
S7K 015			

Glen P. Walter 125 ×°9 Vanscoy, Sk. SOL 3TO

# Dr. Don Cockcroft DOB: May 27th 1946- Present

I recently notice the new neighborhoods of Evergreen and Britton have names of Saskatoon's health professionals. I feel there has been one been missed or overlooked. A man who contributed to Saskatoon and the Province for his professionalism in the health field of Respiratory Medicine. Dr. Don Cockcroft {Cocroft}

He just retired from the field of medicine, but he still teaching and inspiring and mentoring up and coming future doctors by still working in the College of medicine helping to educate future generations.

His Achievements and milestones are too long to mention all here. I highlight on some here.

Dr. Cockcroft is one of the world's most foremost authority's on Asthma and is much demanded speaker on Respiratory medicine.

He is most well known in the medical field for his design of a formula that has been used around the world and taught in medical schools. The formula is called **Cockcroft- Gault Formula.** 

This has been in use for 40 years for developing a Kidney Serum Formula for Renal patients.

He has 14,000 publications citing his work. On his research in Asthma diagnosis in Saskatchewan, Canada and World Wide.

He served or founded several boards.

Served on the Board of the Lung Association Committee. He was the key person in developing The Division of Respiratory Critical Care, Sleep Medicine and Institute of Agricultural Rural and Environmental Health. [Yes a mouthful]

He has obtained millions in research funding for the UofS through grants.

He help to establish a Health Research and Mentoring for Young Researchers.

He has received the Saskatchewan Health Research Foundation Achievement Award for his Clinical Research.

The list goes on and on about his achievements. Anyone can find all this and more about him online or even talk to fellow doctors that have worked with him at the Royal University Hospital for nearly 40 years.

Not only is he known for his medical field. But for his green thumb at growing Lily's and showing his amazing yard and flowering skills to several other gardners of botanical plants in Saskatoon.

Other may remember him for his lce Castles he builds every year on his front lawn for Christmas. He started this for his son and still does this every year still today for nearly 20 years.

His other skills are his penchant for making gourmet meals for guests that are welcomed to his home. He also has a big love to the Saskatchewan Roughriders and listens on headphones on their Sunday games, while trying to be a host to his guests.

His penchant to walk everywhere than drive. No matter the weather good or bad. You can always see him walking in his Tilly Hat and hands clasped behind his back like a mad scienctist focused on his task.

Or his wearing of colorful neckties for the different occasions of the year always brought a smile to his patients and fellow co-workers and family

The new neighbors may have the names picked already for streets. I recommend more a park named in his honour. It is a twist that he is a respiratory and asthma doctor and grows plants that may afflict his clients. Maybe this park could grow lily's also in his honour.

Yours Sincerely Glen P Walter Box 521 Vanscoy, Sask. SOL 3J0 306-493-2575

Ginf. Watt

## **Original Submission - Peacock**

## **ATTACHMENT 2**

#### General Name Request

#### Suggestion

Submit Application Form to Planning & Development Branch to request that a name be added to the Names Master List.

#### Screening

Naming Advisory Committee reviews naming request in accordance with Council guidelines.

#### **Recommendations**

Naming Advisory Committee recommends to City Council the support or non-support for adding the name to the Names Master List.

#### Approval

City Council approves or rejects adding names to the Names Master List.

#### Requests

Requests to assign a name from the Names Master List are made to Hanning & Development Branch by Developers, Land Branch, or other Civic Departments

#### Selection

Requests to assign a name from the Names Master List are forwarded to the Mayor's Office who selects a name from the Names Master List.

#### Notification

The Mayor notifies applicant and affected others that the name has been selected for use.



## Specific Naming Request

Naming Advisory Committee reviews naming request in accordance with Council guidelines. Recommendations Naming Advisory Committee recommends to City Council the support or non-support for the naming request.

#### Approval City Council approves or rejects naming request. Notification

The Mayor notifies applicant and affected others of City Council's decision.

### **Re-Naming Request**

#### Consult

The applicant is required to consult property owners affected by the proposed re-naming. Rease contact the Planning & Development Branch to determine the consultation requirements

#### Suggestion

Submit Application Form to Planning & Development Branch to re-name a specific municipally-owned property. Include written comments from affected property owners.

#### Comments

Panning & Development Branch contacts all affected civic departments community associations, property owners, etc. to gather comments and estimate costs.

#### Screening

Naming Advisory Committee reviews re-naming request in accordance with Council guidelines

#### **Recommendations**

Naming Advisory Committee recommends to City Council the support or non-support for the re-naming request.

#### Approval

City Council approves or rejects re-naming request. Notification

The Mayor notifies applicant and affected others of City Council's decision.

		ATTON FORM Parks & Civic Properties	
Please com a street, pa		r all new name submissions and requests for re-n	aming
Name:	BRENT PEAC	COCK	
Address	BOx 405 11	0.6th 5t.	
City/Town:	HAGUE	Province: <u>SK</u> Postal Code: <u>SOK</u>	Ixe
	306-227-9899		
	New Name Submission	Re-naming Request	
	Name(s) (please print) PEACOCK of DR.	G.H. PEACOCK of PEACE	scК
lf this is a	Street  Neighbourhood  Suburban Development Areas  request for re-naming an existing loc	Park Municipal Facility Other My of the Above	
PLEASE IN (Indicate w	hich items are attached to the applicat	*	
	<ol> <li>Background Information (Rea</li> <li>Short Biography (Given name, awards, achievements, or other</li> </ol>	. date of birth/death, place of birth contribution	15,
Do you wis	h to speak to the Naming Advisory (	Committee? YES PNO	
Please send	I the completed application form to: City of Saskatoon Naming Advisory ( Community Services Department, Pl 222-3rd Avenue North	Committee	

I would like to nominate my Father's name, Dr. George Peacock, to the future naming of a Street, Park, Neighbourhood, Facility, or Development Area as decided by the City of Saskatoon.

Dr. George H. Peacock was a very well respected Mentor, Educator, Member of the Community, and was an integral part of the City of Saskatoon. He was born on July 9, 1938 in Ontario, and passed away in Saskatoon on November 30, 2011. His list of achievements and awards seem endless but here are a few of his Career and Volunteer accomplishments as they relate to Saskatoon, a City he lived in and loved for over 50 years:

-He was a Past President of the Kinsmen Club of Saskatoon.

-He was a Past Member and Chairperson of the St. Paul's Hospital Foundation Board.

-He was a Past Member of the of St. Paul's Hospital Board of Directors.

-He was a Past Chairman and Member of the Saskatchewan Institute on Prevention of Handicaps.

-He was a Life Member and Past President of the Saskatoon Hilltops Football Club.

-He was a Member of the Saskatchewan Sports Hall of Fame.

-He was a Life Member and Past President of the Saskatoon Dental Society and the Western Canada Dental Society

-He was a Life Member and Past President of the College of Dental Surgeons of Saskatchewan.

-He chaired and served on several committees of the Canadian Dental Association, receiving a Distinguished Service Award and a Honorary Membership in that Association, the highest award it may extend to its membership.

-He was a Master Fellow and Past President of the International College of Dentists (Canada), a Fellow of the American College of Dentists, a Fellow of the Pierre Fauchard Academy, a Fellow of the American International College of Dentists and an Honourary Fellow of the Royal College of Dentists of Canada.

-He was associated with the College of Dentistry at the University of Saskatchewan while lecturing to students for over 25 years.

-He served as a Member of the Senate of the University of Saskatchewan.

-He was a Past President of the Saskatchewan Society of Clinical Hypnosis.

-He was an Honourary Member of both the Saskatchewan Dental Assistants and Saskatchewan Dental Hygienists Associations.

Please do not hesitate to contact me if you have any questions, or need further clarification.

Thank-you for your consideration. ent Peacock

306-227-9899 dad2faith@hotmail.com

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## **Original Submission - Prasad**

APPLICATION FORM To Name Streets, Parks & Civic Properties
Please complete the attached application form for all new name submissions and requests for re-itaming a street, park, or other error properties
NAME A. MABOOD QURESHI
Astron Pathology and Laboratory Medicine College of Medicine, Univ. A Sasksteheren / Sacktoon Health Region, Reval University Hospital 103 Hospital Drive
City CAN SASKATOON Province SK Portal Code STN OW8
more 306-655-6949 E- mabood.guushi@sarketoonhealthregion.ca
X New Name Submission Remaining Request
Requested Name(s) (please print)
DR KAILASH PRASAD
Requested Use of Name
Street     2ath     Municipal Esclety       Neighbourhood     Other     Any of the Above
Suburban Development Areas
If this is a request for re-naming an existing location, please indicate the current mame
PLEASE INCLUDE THE FOLLOWING INFORMATION AS PART OF YOUR APPLICATION (Indicate which items are attached to the application forms)
1 Background Information (Reason for request)
2 Short Biography (Calen name, date of brith ideatily place of birth, contributions, awards, achievements, or other relevant information).
Do you wish to speak to the Naming Advisory Committee?
Please send the completed application form to: City of Saskatoon Naming Advisory Committee Community Services Department, Planning & Development Branch 222-3rd Avenue North Saskatoon, SK S7K 0(5

## BACKGROUND INFORMATION

**Dr, Kailash Prasad** has made outstanding contribution to the city of Saskatoon, province of Saskatchewan, Canada and internationally in two ways. Outstanding professional achievements, and exceptional dedication to service.

## A. Outstanding Professional Achievements that brings considerable benefits to the city of Saskatoon, province of Saskatchewan, Canada, and Internationally

## **1.MEDICAL USES OF FLAXSEED AND ITS COMPONENTS**

Dr. Prasad have been doing the research on the flaxseed and its components from the last 26 yrs .This discovery stated in 1990 when a farmer came to him to enquire if he can find out how flaxseed intake cured his benign prostatic hypertrophy ( prostate enlargement). Dr. Prasad mentioned to him that he does not do research in prostatic disease but he does research in heart and blood vessel disease. The gentleman from the farmer community, next day brought him a big bag of flaxseed for research. His research showed that flaxseed lowered the blood bad cholesterol and reduced the development of hardening of the artery (atherosclerosis). He got very much interested in finding out three things: 1. what is the active ingriedients?; 2. What are the effects of flaxseed and its active what types of diseases can be prevented/ treated with flaxseed and ingradient? and 3. its components? These questions were new. Firstly he tried to find out the active components. Flaxseed contains 35% of its mass as oil, of which 55% is alpha linolenic acid (Omega-3 fatty acid) and 15% is linoleic acid. Flaxseed is rich source of omega-3 fatty acids and the richest source of plant lignans. Lignan ,the active ingredient of flaxseed is called secoisolariciresinol diglucside (SDG) was isolated from flax meal which is devoid of oil. SDG content of flaxseed varies from 0.6 to 1.8gram/ 100gram.

- a. Pharmacological activities: He was the first to discover the following pharmacological activities of flaxseed and its components
- I. Antioxidant activities: Flaxseed and its components have antioxidant activity and is due to SDG content of flaxseed. Antioxidant activity of is 1.25 times more than that of vitamin E. Metabolites of SDG have greater antioxidant activity than SDG. Flaxseed reduces the generation of oxygen radicals ( toxic metabolites of oxygen) from white blood cells. Oxygen radicals cause many types of diseases. Reduction in the levels of oxygen radicals by flaxseed and its components will prevent the development of oxygen radical-induced diseases.
- II. Cholesterol lowering activity:
- Flaxseed and its components reduce bad cholesterol (total cholesterol, LDL-cholesterol, triglycerides) and raise good cholesterol (HDL-cholesterol) in the blood.Bad cholesterol is involved in the development of atherosclerosis(thickening of the arterial wall and reduction of lumen of theartery and hence reduction in blood flow to the artery causing heart attack and chest pain, stroke and pain in the leg(intermittent claudication). Good cholesterol reduces the development of atherosclerosis and hence prevent the development of heart attack, stroke intermittent claudication. Flaxseed oil did not affect serum cholesterol.
- III. Blood pressure lowering activity:

SDG ,the active component of flaxseed lowers the blood pressures through stimulating guanylate cyclase and by inhibiting angiotensin converting enzyme. This effect of flaxseed component will be useful in the treatment hypertension( high blood pressures).

IV. Blood glucose lowering activity:

Dr. Prasad has reported that SDG lowers blood glucose through suppression of PEPCK enzyme. This effect of flaxseed will be helpful in the prevention/treatment of type 1 and type 2 diabetes. diabetes Flax oil does not affect serum lipid and glucose.

V. Antiinflammatory effects of flaxseed and its components:

Flaxseed components have anti-inflammatory effects. This effect would have antiatherosclerotic effects because inflammation takes part in the development of atherosclerosis

VI. Toxicity of flaxseed an its components:

Dr. Prasad has reported that flaxseed and its componentsdoes not have deleterious effects on liver, kidney and blood cells.

b.. Prevention/treatment of diseases with flaxseed and its components:

I. Atherosclerosis:

- i. Suppression of atherosclerosis: Suppression of atherosclerosis is prevention of development of atherosclerosis in individuals with risk factors for development of atherosclarosis.Both flaxseed that has omega-3 fatty acids and that has no omega-3 fatty acid prevented the development atherosclerosis by 46% and 69% respectively. SDG prevented the development of atherosclerosis by73% and this effect was associated with reduction in bad cholesterol and the levels oxygen radicals and an increase in the levels of good cholesterol. Flax lignin complex prevented the development of atherosclerosis by 34% and this effect was associated with reduction in blood levels of bad cholesterol and oxygen radicals, and increase in the blood levels of good cholesterol. Flaxseed oil did not prevent the development of atherosclerosis.
- ii. Slowing of progression of atherosclerosis: In subjects who already have atherosclerosis, the potential benefits of flaxseed and its components or any drug would be if they slow the progression of atherosclerosis and/or regress the already developed atherosclerosis. Dr. Prasad has shown that flax lignin complex slows the progression of atherosclerosis by 31% and this associated with its antioxidant activity.Sdg slows the progression of atherosclerosis.
- iii. Regression of Atherosclerosis. Regression of atherosclerosis means that the drug reduces the already developed atherosclerosis. SDG and flax lignin complex regressed atherosclerosis.

**II** .Hypertension:

- Dr. Prasad reported that SDG is a very long acting blood pressure lowering agent and this effect is mediated through guanylate cyclase enzyme and through inhibiting angiotensin converting enzyme (ACE). Other ACE inhibitors are in the market for the treatment hypertension.
- III. Angiogenesis( formation of new blood vessels) in the heart:

Heart attacks occurs when the blood blood vessels of the heart is narrowed or blocked. Any drug which can regenerate new blood vessels would protect the heart from damage. We have shown that SDG compound generated m new blood vessels in the heart and

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hence protected the heart from injury after blockage of the arteries of the heart. We have also shown that SDG reduces the remodeling of heart after the heart attack.

**IV.Diabetes**:

Incidence of diabetes is very high in Saskatchewan and Canada, and worldwide. It is very high, especially in aboriginal people in Canada. The complications of diabetes include, herat disease( heart attack, chest pain), stroke, neuropathy (nerve damage), nephropathy (kidney damage), retinopathy (eye damage), and foot damage (foot ulcer, amputation). Oxygen radicals have been implicated in the development of diabetes. Dr. Prasad investigated the effects of SDG (flaxseed component) on type 1 and type 2 diabetes. He showed that SDG treatment prevented the development of type 1 diabetes by 75% and this effect was associated with reduction in the oxygen radicals. SDG prevents the development of type 2 diabetes by 73-75% and delays the development of diabetes.

. Outcome of studies on flaxseed and its components:

A. Benefits :

Flaxseed and its components would be of value in (as)

a. the prevention, slowing of progression and regression of atherosclerosis, heart attack, stroke and peripheral vascular diseases.

b. Prevention and treatment of hypertension (high blood pressures).

c. Prevention and treatment diabetes. The use of flaxseed and its compounds in families with a history of diabetes would prevent the development of diabetes and its complications. It will be of great value for the prevention of diabetes in First Nation people where diabetes is very rampant.

d. lowering bad cholesterol and raising good cholesterol.

e. an antioxidant like vitamin, ETC.

- B. Patents:Dr. Prasad was granted EIGHT PATENTS (5 USA and 4 Canadian patents) for his work on the medical uses of flaxseed and its components.
- C. FDA (Food and Drug Administration) of USA and Health Canada (Canada's Natural Health Products Directorate) Approval:

FDA and Health Canada have approved BeneFlax<sup>R</sup> (Flax Lignin Complex compound) as sole therapeutic, nutraceuticals or adujuvant therapy for hypercholesterolemia, atherosclerosis, heart disease, stroke, hypertension, and diabetes and as an antioxidant in 2007.

D. Commercialization and Royalty:

Archer Daniel Midland (ADM) has signed a contract to produce and market the the products as nutraceuticals and pharmaceuticals. FDA approval was granted in 2006 and ADM launched marketing in 2007. The royalty was paid to the University of Saskatchewan and the discoverer (Dr. Prasad).

## SIGFICANCE OF THIS STUDY

This new discovery has three benefits: Patient health, social impact and economic impact.

- A. Patients health: The use of flaxseed and its components would improve the health of patient by preventing the development of certain diseases and slowing the progression and regressing the disease.
- B. Social impact: The morbidity and mortality associated with the heart disease, stroke, hypertension, and diabetes their complications will be reduced/ prevented. This will reduce the burden of illness to the society, and the overall health care costs, and permit these individuals to return to work place and be productive members of the society.
- C. Economic impact: The economic impact is very high. Firstly, the demand offlaxseed and its components will increase which will require an increase in flaxseed production and hence an increase in employment in rural areas of flax growing provinces like Saskatchewan, Alberta and Manitoba, and help the economy. This will bring valueadded economic benefits to the flax growers of Canada and improve the rural economy. Secondly, prevention and cure of these diseases with flaxseed and its components will markedly reduce the health care costs, social and economic burden to society.

## 2. PHASE INVARIANT SIGNATURE ALGORHYTHM FOR EARLY DETECTION, LOCALIZATION AND QUANTIFICATION OF ISCHEMIC HEART DISEASE

Ischemic heart disease is due to blockage of the artery supplying the heart. Ischemic heart disease results in chest pain, heart attack and heart failure. When individual gets chest pain, it already too late. I wanted to develop an equipment which could detect ischemic heart disease much earlier than common electrocardiogram (ECG). Normal ECG is recorded at 60 cycles. There are lots of information available when recorded at very high frequency. In collaboration with an engineer, a machine called Phase Invariant Signature Algorhythm (PISA) was developed. This concept uses high frequency electrocardiogram (5-12 kilohertz). The graphic representation of the characteristic properties of cardiac system processed by PISA is called PISA signature and is straight line in healthy heart. Any ischemic or infection gives spikes locked to particular phase of ECG. Healthy heart has phase-invariant signature but diseased heart has variant signature. This machine can detect ischemic heart disease much earlier than normal ECG, biochemical markers and histology. I went to Wadsworth Medical center, UCLA for one year on sabbatical leave to test this machine in patients with ischemic heart disease. I tested this machine on more than 100 patients. This is a noninvasive method for detection of ischemic heart disease at a very early stage, quantification and localization of ischemic heart disease. This concept has been tried in USA and Sweden

We published – papers.We obtained Canadian Copyright( 302414/321) in early nineteen eighty. The concept was licensed to a company in USA.

This device will allow the physicians to detect the ischemic heart disease much earlier – early enough to start treatment before the condition worsened. It will the save the life and prevent complications and related misery. It will reduce the health care cost reduce the socio-economic cost. locally, nationally and worldwide.

## 3. sRAGE, A PREDICTOR OF RESTENOSIS FOLLOWING IMPLANTATION OF STENT IN THE BLOCKED CORONARY ARTERY

Chest pain and heart attack (ischemic heart disease) is due to narrowing and/or blockage of coronary artery supplying the blood to the heart. One of the treatment of the ischemic heart disease is to put a permanent stent (tube) in the blocked artery or arteries to allow the blood to circulate unobstructed to the heart muscle. This is a minimally invasive procedure to relieve chest pain, improve prognosis and minimize or stop heart attack without having to undergo heart surgery and is called Percutaneous Transluminal Coronary Angioplasty (PTCA). The problem with this procedure is that the blood vessels get blocked again with time and this is called restenosis. Restenosis is a major adverse outcome for long -term success after stent implantation. The restenosis is very high with a kind of stent called bare metal stent. Presently there is no technology available for predicting restenosis in patients who undergo stent implantation. His laboratory developed a marker which can tell which of the patients undergoing stent implantation will develop restenosis after stent implantation. He showed that a low levels of a chemical called soluble receptor for advanced glycation end products (sRAGE) in the blood before stent implantation can predict the development of restenosis. This (sRAGE) biomarker will predict which patient undergoing stent implantation will develop restenosis following stent implantation.

**SIGNIFICANCE**: Firstly, this prediction will allow the physicians/cardiologists to treat the patient with agents that increases the levels sRAGE and decrease the levels of advanced glycation end products (AGEs) before and after stent implantation. the treatment will reduce/prevent the development of restenosis. Secondly, this prediction will allow the cardiologists to select type of stent where restenosis is less common but side effects and costs are greater than bare metal stents.

This type of decision making process will reduce the incidence of restenosis following stent implantation and associated health care costs, suffering and other social and economic burden to the society.

He received an US patent for this discovery in 2013.

## 4. AGEs/sRAGE a universal biomarker/risk factor for diseases

The concept was that low levels of sRAGE in the blood is a biomarker of the diseases. Dr. Prasad, however, has reported that it is not the low blood levels of sRAGE but the elevated level of the ratio of AGEs/sRAGE is the universal biomarker/risk marker of the diseases such as ischemic heart disease, diabetes, chronic kidney disease, etc. This concept is being accepted by the research community.

## **B.** EXCEPTIONAL DEDICATION TO SERVICE TO THE CITY OF SASKATOON, PROVINCE OF SASKATCHEWAN, CANADA AND INTERNATIONALLY 1. Academic service:

Dr. Prasad was full professor in the department of physiology, college of medicine, University of Saskatchewan from 1973 to 1997. During that period, he taught medical students, residents, and did research. He received Preclinical Teacher of the year Award twice from medical students for excellence in teaching. Twenty-eight students received MSc. and PhD degree under his supervision. One student received BSc. degree in Medicine under his supervision. He supervised 13 post-doctoral fellows, 9 clinical research fellows, 3 visiting professors from china and Russia and 1 medical student from UK. He published 250 full length papers in refereed journals, 32 book chapters and 234 abstracts. He gave 135 invited presentations in national and international conferences . He co-edited a large Textbook of Angiology(1362 pages) in 2000 for the benefits of physicians, cardiologists, cardiovascular surgeons, interns and residents, medical; students, and other allied health professionals. Royalty from the book was donated to the International College of Angiology.

## 2. Academic and other services after retirement in 1997:

He retired as professor emeritus in 1997. The followings are his achievements after his retirements. Since 19 years, he is still doing research, training graduate students, mentoring clinical researchers, and doing some teaching. After retirement, he has published 93 full length papers in refereed journals and 20 book chapters, co-edited a large Textbook of Angiology (1362 pages) and gave 59 invited presentations internationally. Six students received MSc./PhD degree under his supervision. He served on the advisory committee of 10 MSc./PhD students and supervised 2 post-doctoral fellows. He was external examiner for 13 MSc./PhD students. He was granted 10 USA and Canadian patents for his scientific discoveries. He got USA and Canadian FDA approval for flaxseed compound for health benefits. After his retirements he received 10 prestigious awards for academic achievements and service to the community worldwide. He is still serving the International College of Angiology in the capacity of Chairman of the Board of Directors and Consulting editor of International journal of Angiology. He is still doing research at the University of Saskatchewan and in collaboration with a heart surgeon at the Yale University School of Medicine, New Haven, Connecticut, USA. I do not know anybody serving the academic community for 19 years without any remuneration. This is highly praiseworthy.

## 3. International service which brings name to Saskatoon, province of Saskatchewan, Canada

a. Dr. Prasad has served in numerous international organizations, including International College of Angiology, American College of angiology, and International Academy of Cardiology. His extensive and quality service in International College of Angiology is very praiseworthy. International College of Angiology (ICA) is a nonprofit organization comprised of cardiologists, cardiac and thoracic surgeons, internists, vascular surgeons, organ transplant surgeons, neurologists, nephrologists, interventional radiologists, anesthetics and basic scientists from all over the world. He joined the ICA in 1974 and became its vice-president in 1988. He worked very hard with Professor John B. Chang, adjunct Clinical Professor of Albert Einstein college of medicine, New York and chairman board of directors of ICA to improve the status of the ICA. He was the key member of the ICA. He became President and member of the board of directors of the ICA in 1995. He stayed as president for two years and remained member of the board of directors till 2015. He became chairman of the scientific committee in 1995 and remained in that position till 2015.

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He became the Chairman of the Board of Directors of ICA in 2015. He has been the Chairman of the John B. Chang Research Achievement award and young investigator award committee since 1996. He was very much involved in the establishment of a new journal called International Journal of Angiology (IJA). First he was the senior editor of the editorial board of the IJA and then became the consulting editor of the IJA. He worked hard to improve the stature of the ICA and IJA.

Based on his excellence in academic career, research and service to the International College of Angiology, the ICA honored him with following four distinguished awards.

- I. **Professor John B. Chang Research Achievement Award** for excellence in research and scholarly activity at the 27<sup>th</sup> Annual World Congress of ICA in Helsinki, Finland, 1995.
- II. **Distinguished Service Award** for significant contributions in cardiovascular medicine, and valuable long-term service to International College of Angiologyfor promotion of research, education and health, at 50<sup>th</sup> Annual World Congress in Insbruck, Austria, 2012.
- III. **Professor Kailash Prasad Oration Lecture** was established by International College of Angiology to honour Dr. Prasad. This lecture is given annually at the Annual World Congress of ICA.
- IV. Lifetime Achievement Award was presented by International College of Angiology in recognition of exceptional accomplishment in the field of research, promotion of education, , service to the International College of Angiology, humanity, leadership, and inspiration to younger generation of physicians at the 58<sup>th</sup> Annual World Congress in Prague, Czech Republic, 2016.

He was vice-president of the American College of Angiology for 4 years. He has been very much involved in the International Academy of Cardiology. He was a member of the Substance Abuse Committee of the American Society of Clinical Pharmacolgy and Therapeutics. He had been member of the International scientific advisory committee for conferences in other countries. He has been chairman and co-chairman of scientific session in national and international conferences. Member, Saskatoon Health Oasis, 1999-2005..

Member, Saskatoon Tri-Hospital Cardiac Rehabilitation Program, 1998-2000

He has been member of the editorial board of 9 medical journals. He has been a member of 12 national and international medical societies.

His services to these organizations were very much appreciated by these organizations.

### b. Public and Community Service:

I gave public presentations and TV interviews on the following occasions.

Annual Meeting of Flax Growers Western Canada. Topic: Flax in Health Research (video). January 11, 1999.

Annual Meeting of Flax Growers Western Canada. Topic: Uses of Flaxseed and its Components. January 1997.

- CBC-TV: Vitamin and garlic and cardiovascular diseases.
- CBC-TV: Flaxseed and SDG in prevention of hypercholesterolemic atherosclerosis.
- French Language Network of CBC TV has a 15 minute broadcast or Flaxseed Lignans (SDG) on hypercholesterolemic atherosclerosis on Feb. 2, 1997.
- Live interview on CBC Radio, Windsor station on Aug. 12, 1996 on Medical Uses of Flaxseed and its Lignans (SDG).
- Saskatoon Tri-Hospital Cardiac Rehabilitation Program; Coronary Artery Rehabilitation Group Education Program. Topic: "Antioxidants in the Prevention and Treatment of Cardiovascular Disease".
- University to the People Program Series, Midtown Plaza. Topic: "Role of Garlic and Other Antioxidants in Preventing Heart Disease", February 14, 1995.
- Therapeutic Update '94. Topic: "Antioxidant Therapy", June 9, 1994.
- University to the People Program Series, Midtown Plaza. Topic: "Prevention of Side Effects of High Blood Cholesterol by Vitamin E and Garlic", October 19, 1993.

Dr. Prasad is very well known for his accomplishments in science and service nationally and internationally. His national and international reputation brings name to Saskatoon, Saskatchewan, and Canada.

C. Honours and Awards:

:

Dr. Prasad received 45 honours and awards including:

- Lifetime Achievement Award was presented by International College of Angiology in recognition of exceptional accomplishment in the field of research, promotion of education, service to International College of Angiology, humanity, leadership, and inspiration to younger generation of physician at the 57<sup>th</sup> Annual World Congress held in Jakarta, Indonesia, Oct.2, 2015.
- 2) Earned D.Sc. degree Award by University of Saskatchewan of Saskatchewan, Saskatoon Saskatchewan, Canada, June, 2015.
- 3) **Prime of Life Achievement Award** by University Saskatchewan Retirees Association, September 22, 2014. This award recognizes the achievements and recognitions after formal retirement from the University of Saskatchewan.
- 4) Bharat Gaurav Award (Pride of India Award) and Certificate of Excellence was presented to Dr. Kailash Prasad by Dr. Bhisma Narain Singh, former Governor of Tamilnadu and Assam, and the Honourable Mr. Rajeeb Shukla, minister for parliamentary affairs government of India, in recognition for his contributions and

dedication to worthy causes and his life-time achievements representing India as an expatriate at the ceremony held at the Global Friendship Day, sponsored by the India International Friendship Society, on January 9<sup>th</sup>, 2014.

- 5) Distinguished Service Award from International College of Angiology for significant contributions for cardiovascular medicine and valuable long term service to International College of Angiology to promote research, education and health. 54<sup>th</sup> Annual Congress, Innsbruck, Austria, Sept 14-16, 2012.
- 6) Prof. Kailash Prasad Oration Lecture established by International College of Angiology (ICA) at 49<sup>th</sup> Annual World Congress, ICA, Vancouver, July 20-24, 2007.
- 7) Ken Bowman Life-Time Research Achievement Award for Excellence in Cardiovascular Research, Institute of Cardiovascular Sciences, St. Boniface General Hospital Research Centre and Faculty of Medicine, University of Manitoba, Canada, November 7, 2008.
- 8) Saskatchewan Centennial Medal from the Government of Saskatchewan for excellence in research and technology. This medal recognizes individuals who have made significant contributions to the Province of Saskatchewan. February 17, 2006.
- 9) Golden Wheel Award for excellence in science and technology from Rotary Club of Saskatoon, 2005.
- 10) Innovation Award for creation of new technology for uses of flaxseed and its components from University of Saskatchewan and Innovation Place, 2003.
- 11) John B. Chang Research Achievement Award for excellence in research and scholarly activity at 27<sup>th</sup> World Congress of International College of Angiology in Helsinki, Finland, 1995.

## SUMMARY OF CURRICULUM VITAE

Name:	Kailash Prasad	
Office Addr	ess: Department of Physiology College of Medicine University of Saskatchewan 107 Wiggins Road Saskatoon SK S7N 5E5 CANADA Phone: 306 966-6539 Email: k.prasad@usask.ca	
Home Addre		
	358 Assiniboine Drive	
	Saskatoon, SK	
	S7K 3Z2, Canada	
Citizenship:	Canadian	
Academic C	redentials:	
Degrees:	<ul> <li>B.Sc. (Distinction) – Patna University India, 1952</li> <li>M.B.B.S. (Hons) – Bachelor of Medicine and Bachelor of Surgery; Bihar University, India, 1957</li> <li>M.D. – Delhi University, India, 1961. This is specialization degree after M.B.B.S.</li> <li>Ph.D. – University of Alberta, Canada, 1967</li> <li>D.Sc. (earned) – University of Saskatchewan, Canada, 2015</li> </ul>	
Fellowships:		
F.I.A.C.S.	- Fellow of the International Academy of Cardiovascular Sciences, 2002	

- F.R.C.P. C Fellow of the Royal College of Physicians of Canada, 1996
- F.A.C.A. Fellow of American College of Angiology, 1980
- F.A.C.C. Fellow of American College Cardiology, 1976
- F.I.C.A. Fellow of International College of Angiology, 1974

## **Academic Appointments:**

-Professor Emeritus, Dept. of Physiology, 1997 - present.

-Adjunct Professor, Dept. of Medicine, 2000-2005

-Associate Member, Dept. of Medicine, 1994-2000

-Associate Member, Dept. of Pathology, 1991-2001

-Acting Head, Dept. of Physiology, July, 1987 – June 1988

-Visiting Professor, Division of Cardiology, Wadsworth Medical Center, UCLA, U.S.A., July 1980-June 1981

-Professor of Physiology, 1976-1997

-Associate Professor, Physiology, 1973-1976

-Associate Professor, Pharmacology, Univ. of Alberta, 1972-1973

-Assistant Professor, Pharmacology, Univ. of Alberta, 1967-1972

Honors and Awards: Total 45, including:

- Lifetime Achievement Award was presented by International College of Angiology in recognition of exceptional accomplishment in the field of research, promotion of education, service to International College of Angiology, humanity, leadership, and inspiration to younger generation of physician at the 58<sup>th</sup> Annual World Congress held in Prague, Czech Republic, June 2,2016.
- 2) Earned D.Sc. degree Award by University of Saskatchewan of Saskatchewan, Saskatchewan, Canada, June, 2015.
- 3) **Prime of Life Achievement Award** by University Saskatchewan Retirees Association, September 22, 2014. This award recognizes the achievements and recognitions after formal retirement from the University of Saskatchewan.
- 4) Bharat Gaurav Award (Pride of India Award) and Certificate of Excellence was presented to Dr. Kailash Prasad by Dr. Bhisma Narain Singh, former Governor of Tamilnadu and Assam, and the Honorable Mr. Rajeeb Shukla, minister for parliamentary affairs government of India, in recognition for his contributions and dedication to worthy causes and his life-time achievements representing India as an expatriate at the ceremony held at the Global Friendship Day, sponsored by the India International Friendship Society, on January 9<sup>th</sup>, 2014.
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- 11) John B. Chang Research Achievement Award for excellence in research and scholarly activity at 27<sup>th</sup> World Congress of International College of Angiology in Helsinki, Finland, 1995.
- 12) **Poster and Oral Presentation Awards for Research** 22.
- 13) **Pre-clinical Teacher of the Year Award** twice. (1981, 1989)
- 14) **Research Scholar, Senior Research Fellow, and Research Fellow** from the Canadian Heart Foundation.

### **Research Supervisor:**

- i) Graduate Student Thesis (Ph.D./M.Sc.) 29
- ii) Post-doctoral Fellow 13
- iii) Visiting Scientist from Russia and China 3
- iv) Clinical Research Fellow/Associate 9
- v) Visiting Student Researcher from UK 1
- vi) Member, M.Sc. and Ph.D. Supervisory Committee 21

### **Research Publications:**

- Full length refereed papers 255
- Congress presentations and abstracts 232
- Invited symposia/special presentations 135
- Invited reviews and book chapters 37
- Book Co-editor of "Textbook of Angiology", 1362 pages, 2000
- Research work incorporated in numerous books
- Books -review 3

Patents:

**Granted** U.S. patents --6 Canadian patents - 4

## **Copyright:** 1-copyright (granted). Phase Invariant Signature Algorithm (PISA) based on high frequency electrocardiogram has been developed for detection of ischemic heart disease in very early stages and to quantify and locate ischemic damage.

**Drug Approval:** FDA (Food and Drug Administration of USA) and Health Canada (Canada Natural Health Products Directorate) Approval of **BeneFlax**<sup>®</sup> for health benefit. FDA and Health Canada have approved **BeneFlax**<sup>®</sup> (Flax Lignin Complex compound) as sole therapeutic, nutraceuticals or adujuvant therapy for hypercholesterolemia, atherosclerosis, heart disease, stroke, hypertension, and diabetes and as an antioxidant in 2007. The company (ADM) launched the product in the market in March, 2007.

## **Present Research Interest:**

- 1. Oxygen radicals in health and disease.
- 2. PISA method for early detection and quantification of ischemic heart disease.
- 3. Flaxseed in health and disease.
- 4. Biomarkers in cardiovascular disease.
- 5. Atherosclerosis-mechanism and treatment.
- 6. AGEs-RAGE axis and cardiovascular disease, diabetes, end-stage renal disease and hyperthyroidism

### **Research Grants:**

K. Prasad	\$2,327,900.00
K. Prasad and Co-applicant	\$1,377,336.00
Total	\$3,705,236.00

## **Most Significant Research Contributions:**

### 1. Oxygen Radicals and Cardiovascular Disease:

I have been involved with the role of oxygen radicals in the pathophysiology of cardiovascular diseases including heart failure, hypercholesterolemic atherosclerosis, ischemia/reperfusion cardiac injury during cardiopulmonary bypass, hemorrhagic and endotoxic shock and diabetes. My laboratory was the first to report the role of oxygen radicals in the above mentioned condition and the effectiveness of antioxidant in them. These basic researches have clinical applications and have/are being tried in patients with some of these diseases/conditions.

## 2. Single Cell Electrical Activity of Human Heart:

I have investigated the effects of electrolytes, glucose and other therapeutic agents used in cardiovascular diseases on the single cell electrical activity of human heart to understand the mechanism of cardiac contraction and the beneficial effects of therapeutic agents. These studies have opened new window of opportunities for understanding the mechanism of drug action using electrical activity of human cardiac cell which is better than using animal cardiac tissue. I was the first to report the single cell electrical activity in human heart in 1968.

### 3. Medical Users of Flaxseed and Its Components:

I have done the research on the flaxseed and its components [oil, secoisolariciresino] diglucoside (SDG) and its metabolites secoisolariciresinol, enterodiol, enterolactone and flax lignan complex] for the last 16 years. Flaxseed and its components have antioxidant activity. SDG and lignan complex have lipid lowering, anti-atherosclerotic, hypotensive and hypoglycemic activity. Flax oil does not affect serum lipid and glucose. Flax seed, SDG and flax lignan complex suppress the development of atherosclerosis but flax oil does not have these effects. Anti-atherosclerosis effect of flax seed is not due to its oil contents but due to its lignan contents. Both SDG and flax lignan complex slow the progression of atherosclerosis, but only SDG produce regression of atherosclerosis. SDG lowers blood pressure and prevent the development of type 1 and type 2 diabetes. I have the first to report the above attributes of flaxseed and its components. The above attributes of flaxseed components would be a value in preventing, slowing of progression and regression of coronary artery disease and diabetes. The morbidity and mortality associated with coronary artery disease, stroke, hypertension and diabetes, and their associated complications would be reduced/prevented. The economic impact of this flax seed research is very high. Firstly, prevention and cure of the above mentioned disease with flax seed components will markedly reduce the health care costs, and social and economic burden to society. Secondly, this development will bring value added economic benefit to flax growers of Canada and will improve rural economic.

I have been granted eight patents on the users of flax seed and its components. Archer Daniel Midland (ADM) has signed contract to produce and market the products as a nutraceuticals and pharmaceuticals. The compound flax seed lignan complex received the FDA approval for health benefit in Sept 2006 and ADM launched the product in the market in March 2007. My work on the flax seed and its components are very well-known worldwide. It has also created a rush on the research in this field.

## 4. Phase Invariant Signature Algorithm (PISA) for Detection of Incipient Ischemic Heart Disease:

The PISA system which is based on the high frequency of electrocardiogram, was developed in collaboration with Dr. M.M. Gupta to detect ischemia heart disease in the very early stage, and to quantify and localize ischemic injury. This is a non-invasion method. Early diction will help in early treatment and cure and will avoid late complications and social economic burden to the society. This concept has been tried and used in USA and Sweden.

## 5. Hydroxyl Radical Mediated Acetylcholine-Induced Vasodilation:

My laboratory was the first to report that acetylcholine-induce vasodilation is mediated by hydroxyl radicals. According to the old hypothesis, acetylcholine increases nitric oxide (NO) which stimulates guanylate cyclase to produce cyclic GMP which induces vasodilation. According our findings, acetylcholine increases NO which combines with superoxide onion to produce hydroxyl radical. This hydroxyl radical stimulates guanylate cyclase to produce cyclic GMP which in turn induces vasodilation. This study has made advancement in the mechanism of vasodilatory action of acetylcholine at the molecular level.

6. Soluble Receptor for Advanced Glycation End Products (sRAGE), Acute Coronary Syndrome and Restenosis Following Percutaneous Coronary Intervention (Post-PCI):

My laboratory has shown that low level of serum soluble receptor for advanced glycation end products (sRAGE) is diagnostic of acute coronary syndrome and that low level of sRAGE is a predictor of post-PCI restenosis. These findings have two clinical implications, i) Individuals with low levels of serum sRAGE are prone to develop acute coronary syndrome. ii) Low serum levels of SRAGE in patient undergoing percutaneous coronary interventions (PCI) are prone to develop restenosis following PCI.

Restenosis is a major adverse outcome for long-term success after stent implantation. Restenosis with bare metal stent implantation is very high (35% - 45%) as compared with drug eluting stent (<10%). These tests will be use for in predicting post-PCI restenosis and will help in directing in developing treatment modalities for increasing sRAGE and reducing advanced glycation end products. The data of this invention will allow the cardiologist to select type of stent to be implanted in the patients with coronary artery disease. This type of decision making process will reduce the incidence the restenosis following stent implantation and the associated health care cost, suffering and other social and economic burden to the society.

## 7. Role of AGEs-RAGE Axis in the pathophysiology of Aortic Aneurysm, Hypertyroidism, End Stage Renal Disease, and Diabetes.

## **Consulting Works:**

- 1. Cherney industries, Minneapolis, Minnesota (1984 1986)
- 2. Electronic for medicine, Honeywell Canada and USA (1982-1983)

## **Teaching:**

- 1. Medical students since 1958-1997
- 2. Undergraduate and postgraduate teaching in Pharmacology (1967-1973) and Physiology (1973-2009).
- 3. Residents and Fellows in Cardiology.
- 4. School of Public Health

**Reviewer of manuscripts:** 23 journals

Reviewer of Research and Fellowship applications: National and International granting agencies (6 countries)

External Examiner for Ph.D. Thesis: 22 students

Membership and Fellowship: 18 medical and scientific societies

Member, Editorial board: 8 scientific journals and consulting editor of 1 Journal.

**Offices held in International Professional Societies:** 

- i) Chairman, Board of Directors, International College of Angiology (Dec.2015-present)
- ii) **President**, International College of Angiology (1995-97)
- iii) Member, Board of Directors International College of Angiology (1995-present)
- iv) Vice-president International College of Angiology (1990-1914)
- v) Chairman, Scientific Committee International College of Angiology (1994-2015)
- vi) Chairman, John B. Chang Research Achievement award committee- International College of Angiology (1996-present)
- vii) Chairman, Poster award committee, International College of Angiology (1990-2015)
- viii) Vice-President, American College of Angiology (1993-1999)
- Member, International Scientific Committee of Oxygen radicals and antioxidant biotechnology, Calcutta, India (1993)
- Member International Scientific Committee for Indian Society of Atherosclerosis
   Research Conference, Annamalai University, Chidambaram, Tamilnadu, India (2008)
- Member, Substance Abuse Committee American Society for Clinical Pharmacology and Therapeutics (1992-2000)

### Offices held in National research organization:

- i) Medical advisory committee of Heart and Stroke Foundation of Saskatchewan
- ii) Scientific officer Canadian Heart Foundation

## Reviewer for National and International research-grant agencies: (8)

## Expertise Sought for Critical Appraisal for Candidates for Promotion to Clinical Professor and Professor for other Universities

- i) University of California, Los Angeles
- ii) The Bruce Rapport Faculty of Medicine, Haifa, Israel
- iii) Albert Einstein College of Medicine, New York
- iv) The Hong Kong University of Science and Technology, Hong Kong
- v) University of Manitoba
- vi) University of Newfoundland
- vii) University of Kentucky, Lexington, Kentucky

## Audio-visual Tapes Prepared for Teaching: 14 tapes

**Guest Lecturer:** 

## **Public and Community Contributions**

Public lectures and television appearances: 12

## **Proposed Location for Reconciliation Circle**



## Letter of Support for Reconciliation Circle

May 23, 2017

I support changing the name of a portion of Victoria Park to Reconciliation Circle.

The specific portion will be where reconciliation activities are held and where the statue will be placed.

SHILLEY ISBISTER CUMFI Robin Bendig Great Plains College Danne Speidel SASK POLYTECH Sento SHR. Neal Kewistep Rehim Kaneunydaho Delvin Koneunyatiko CSCS-FNMIE Un Vangaset bruber Margaret Gruber St. John's Anglican Isailly Mary Ann Assailly Cathedral On tread argueinh Joan Cole-Heine Saskatoon Rative Ministry fre Parent Ditragi Stelling Berty glle The Amber Clare Saskatoon Food Bank + Learning Citre JOHN STEWART CHEP Good Dop INC. Colleed Hamilton allow Onep Doch Scal Inc. Carrie Horachele Shift Development Rhett Sangster Office of the Treat omaissim TIOradanon Efimolf OTC, indigenous Graduate students' council DEREK TADNIS2 niversity A

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Roger Carailly



Sharissa Henithe Sarah Kerwacki

Julie Fleming Juarez.

TRWA KAM (personal)

Alanis Latond

Office of the Treaty Commissioned

melanie st. Juse (personal) BRAD BIRD (Personal)

Dartene 1) Bordon Tootoosis OKemaysin 2) Iskwewwe Sicotte 2) Iskwewwe Ewichiwitochike (Women Walking Together)

Rev. David Moors Mayfair United Churd. Neysa Gee Sastation Community Service Village

SHARISSA HANTKE garanceracki

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