

# We've gone digital!

All of the great arts, culture and recreation programs listed in the Leisure Guide are also available online, anytime.



### Let's connect

View the current Leisure Guide online

saskatoon.ca/leisureguide

Browse and register for Registered Programs with Leisure Online

saskatoon.ca/leisureonline

Check out Drop-in Program times and locations with Leisure Online

saskatoon.ca/leisureonline



Connect with your neighbourhood Community Association to see what they have to offer this season

saskatoon.ca/communityassociations



The City of Saskatoon Leisure Guide is your community source for sports, culture and recreation programs in Saskatoon!

Find a variety of Registered and Drop-in Programs designed to help you get fit or learn a new skill. You'll also find out about sports, culture and recreation opportunities offered by community organizations throughout the city.

The Leisure Guide is available each season two weeks in advance of program registration and can be picked up at any City leisure facility, Saskatoon public library or wherever the StarPhoenix is sold. The Guide is also available online at saskatoon.ca/leisureguide.



# Mark your calendars!

Registration for Spring/Summer programs begins Sunday, March 17, 2024.

2024 Fall Leisure Guide will be available Friday, August 2, 2024.

# Wheelchair Accessibility and Individuals with Special Needs

The City of Saskatoon works to remove barriers to full participation. People with special needs are invited and encouraged to participate in all Recreation & Community Development programs. Please contact the site you are registering at to let us know if you or a member of your family requires assistance to participate in a program. Every effort will be made to address individual needs and ensure a positive experience for all program participants. Accessibility to our facilities is provided with wheelchair ramps, elevators, zero-depth pools, a portable aquatic lift (Shaw Centre) and other amenities.

Should you require assistance to participate in the program of your choice, or would like further information on any of our facilities, call 306-975-3392.



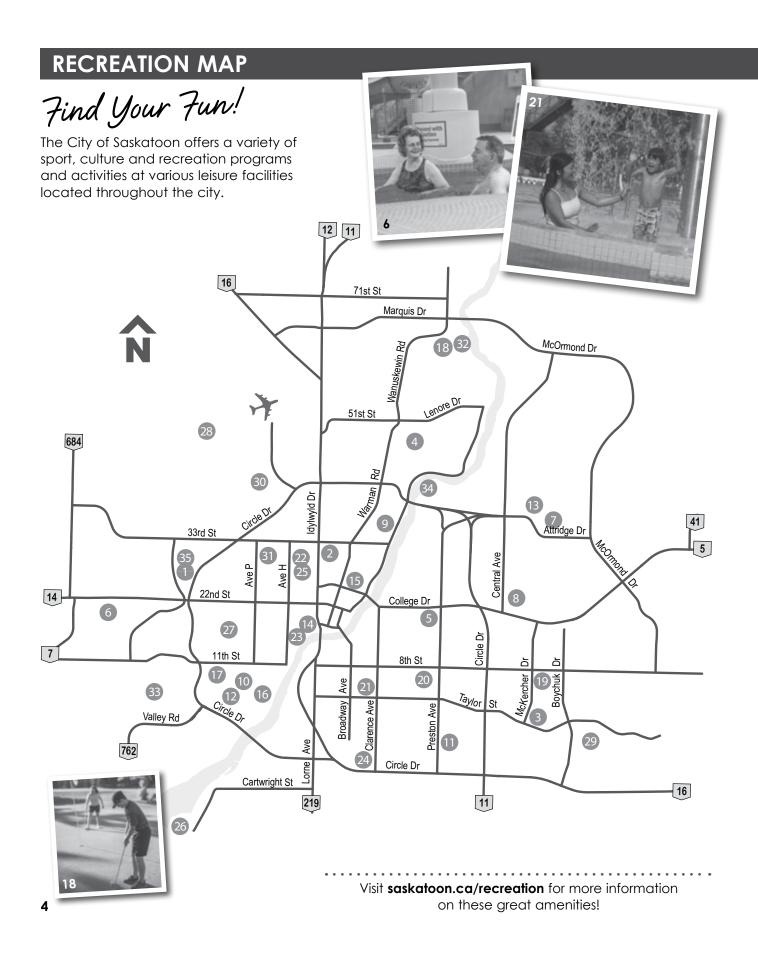
Spring/Summer Leisure Guide cover photo taken at Lathey Pool. Refer to page 42 or visit saskatoon.ca/outdoorpools for information about public, parent & tot and lane swim times, aquafitness and more!

### WHAT'S INSIDE...

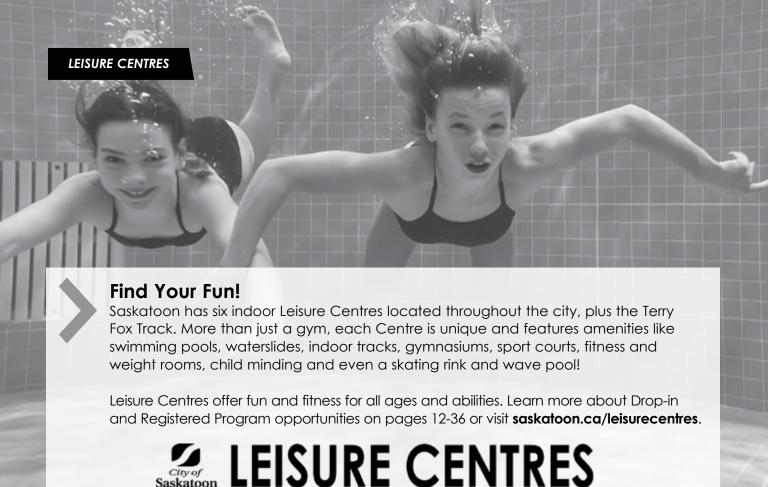
RECREATION MAP	4-5
LEISURE CENTRES	
Cosmo Civic Centre (CCC)	6
Harry Bailey Aquatic Centre (HBC)	7
Lakewood Civic Centre (LWC)	7
Lawson Civic Centre (LCC)	8
Saskatoon Field House (SFH)	8
Shaw Centre (SCC)	9
Terry Fox Track	9
Admission Rates & Options	10-11
Child Minding	
PROGRAMS & ACTIVITIES	40.00
Leisure Centre Drop-in Programs	12-14
Registered Programs	15-35
How to Register	
Lifesaving Society Swim Lessons	
Lesson Level Descriptions	16-18
Parent & Tot, Preschool & Swimmer Lessons	18-22
George Ward Pool (GWP)	18-19
Lathey Pool (LAP)	
Mayfair Pool (MYP)	20
Riversdale Pool (RDP)	20-21
Lakewood Civic Centre (LWC)	21-24
NEW! 5-Day Lesson Sets (LWC & RDP)	22
Lawson Civic Centre (LCC)	24-27
Shaw Centre (SCC)	
Adult Swim Lessons	
Additional Swim Lesson Options	
Preschool Recreation Programs	30
Children Recreation Programs	
Youth Recreation Programs	31
Free Community Programs	
Adult Recreation Programs	
Specialized Wellness Programs	34
Training & Certification Programs	34-36
SEASONAL FUN!	
Golf	37-38
Nutrien Playland at Kinsmen Park	
Gordon Howe Campground	39
Where to Play/Where to Hang	
(Play Programs, Spray Pads & Youth Centres)	40-41
Outdoor Pools	42
Dog Parks	42
Saskatoon Forestry Farm Park & Zoo	43
RENTAL OPTIONS	44
COMMUNITY ASSOCIATIONS	
ADVERTISERS' INDEX	46

# Get in the Guide!

Interested in advertising your community-based sport, culture or recreation organization? Call the Saskatoon StarPhoenix at 204-291-7306.



IND	OOR LEISURE CENTRES		GO	LF COURSES
1	COSMO CIVIC CENTRE 3130 Laurier Drive	6	17	HOLIDAY PARK GOLF COURSE 37 1630 Avenue U South (off 11th Street)
2	HARRY BAILEY AQUATIC CENTRE Closed for 1110 Idylwyld Drive North	7	18	SILVERWOOD GOLF COURSE
3	LAKEWOOD CIVIC CENTRE 1635 McKercher Drive	7	19	WILDWOOD GOLF COURSE 38 4050 8th Street East
4	LAWSON CIVIC CENTRE	8	OU	TDOOR POOLS
5	SASKATOON FIELD HOUSE 2020 College Drive	8	20 21	GEORGE WARD POOL 1915 5th Street East42 LATHEY POOL 815 Taylor Street East42
6	SHAW CENTRE	9	22	MAYFAIR POOL 1025 Avenue F North42
7	TERRY FOX TRACK 150 Nelson Road	9	23	RIVERSDALE POOL 822 Avenue H South42  G PARKS
ICE 8	Closed for the season.  ACT ARENA 107-105th Street East		24 25	AVALON South end of Broadway at Glasgow Street CASWELL
9	ARCHIBALD ARENA 1410 Windsor Street COSMO ARENA		26	Avenue F North and 31st Street West  CHIEF WHITECAP  Access via Saskatchewan Crescent off of
1	3130 Laurier Drive  GORDIE HOWE KINSMEN ARENA		27	Cartwright Street  FRED MENDEL  Avenue W South and 17th Street West
11	1405 Avenue P South (Rentals only) LIONS ARENA		28	HAMPTON North on Range Road 3060, near the airport
12	2205 McEown Avenue		29	HYDE South end of Hyde Park, adjacent to
12	SKATING OVAL Dudley Street & Avenue R South		29	Boychuck Drive  HYDE (SMALL DOGS ONLY)
ОТ	HER ATTRACTIONS		21	North end of Hyde Park adjacent to Boychuck Drive
13	SASKATOON FORESTRY FARMPARK & ZOO, 1903 Forestry Farm Park Drive	.43	30	PAUL MOSTOWAY Richardson Road east of McClocklin Road
14	OUTDOOR FITNESS CIRCUIT AT RIVER LANDING		31	PIERRE RADISSON Between 32nd Street and 33rd Street at Faulkner Crescent
15	NUTRIEN PLAYLAND AT KINSMEN PARK945 Spadina Crescent East		32	SILVERWOOD  Access off Kinnear Avenue or the east
16	1640 Avenue P South (off 11th Street)	.37	33	end of Adilman Drive  SOUTHWEST  Off Valley Road, near Cedar Villa Estates
			34	SUTHERLAND BEACH West off Central Avenue just north of Attridge Drive
			35	CHARLOTTETOWN (SMALL DOGS ONLY) Off Bennet Place, near Cosmo Civic Centre 5



# **COSMO CIVIC CENTRE (CCC)**









3130 Laurier Drive • 306.975.3344 • saskatoon.ca/cosmo

Workout in the fitness and weight room, hit the wallyball court or go for a skate - all under the same roof. Cosmo has both Registered and Drop-in Programs for adults and children, space for meetings or birthday parties and the Carlyle King Branch Library\*\* is a popular stop.

#### **HOURS OF OPERATION\***

Apr 1-May 31
Monday to Friday 9:00 AM-10:00 PM
Saturday 9:00 AM-6:00 PM • Sunday 12:00 PM-6:00 PM
Jun 1-Aug 31
Monday to Friday 9:00 AM-8:00 PM
Saturday & Sunday 12:00 PM-6:00 PM

Closed on statutory holidays. \*Facility hours are subject to change. Check out Drop-in Program times at <a href="mailto:saskatoon.ca/leisureonline">saskatoon.ca/leisureonline</a>.

\*\*Visit saskatoonlibrary.ca for library hours and programming information.

#### **FACILITY FEATURES**

- Gymnasium Fitness & Weight Room Rink WiFi available
- Racquetball & Wallyball Court
   Lockers
   Meeting Rooms
- Theatre Library Multi-Purpose Room



# HARRY BAILEY AQUATIC CENTRE (HBC)







1110 Idylwyld Drive North • saskatoon.ca/harrybailey



Harry Bailey Aquatic Centre closed on March 31, 2023 for a major facility upgrade. Visit **saskatoon.ca/harrybailey** for project updates.

# LAKEWOOD CIVIC CENTRE (LWC)









1635 McKercher Drive • 306.975.2944 • saskatoon.ca/lakewood

Float past the tropical trees, ride the waterslide and enjoy the water features of the beach-entry pool. Be sure to also stop at the Cliff Wright Branch Library\*\*.

#### **HOURS OF OPERATION\***

Apr 1-Jun 30

Monday to Friday 6:00 AM-10:00 PM

Saturday 8:30 AM-8:00 PM • Sunday 10:00 AM-6:00 PM

Jul 1-Aug 31

Monday to Friday 6:00 AM-9:00 PM

Saturday & Sunday 12:00 PM-6:00 PM

\*Facility hours are subject to change. Check out Drop-in Program times at saskatoon.ca/leisureonline.

\*\*Visit <u>saskatoonlibrary.ca</u> for library hours and programming information.

#### **FACILITY FEATURES**

- Zero-depth Leisure Pool Hot Tub Sauna Gymnasium
- Water Spray Features with 150 ft Waterslide
   Lockers
- WiFi available Multi-Purpose Room Child Minding Room Library
- Fitness & Weight Rooms Poolside & Outdoor Decks Meeting Room
- FREE Level 2 EV Charging Station Vending Machines





# LAWSON CIVIC CENTRE (LCC)









### 225 Primrose Drive • 306.975.7873 • saskatoon.ca/lawson

Ride the waves to fun in Saskatoon's only wave pool! Drop in for a fitness class, watch swimming lessons from the treadmill or bring your kids to enjoy the indoor playground. Complete your visit with a browse through the Rusty Macdonald Branch Library\*\*.

#### **HOURS OF OPERATION\***

Apr 1-Jun 30 Monday to Thursday 6:00 AM-10:00 PM Friday 6:00 AM-9:00 PM Saturday 9:00 AM-06:00 PM • Sunday 10:00 AM-6:00 PM Jul 1-Aug 31 Monday to Friday 6:00 AM-9:00 PM

Saturday 12:00 PM-06:00 PM • Sunday 10:00 AM-6:00 PM

\*Facility hours are subject to change. Check out Drop-in Program times at saskatoon.ca/leisureonline.

\*\*Visit saskatoonlibrary.ca for library hours and programming information.



#### **FACILITY FEATURES**

- Zero-depth Wave Pool Water Spray Features Hot Tub Multi-Purpose Room
- Indoor Playground Fitness & Weight Room Poolside & Outdoor Decks WiFi available
- · Lockers · Library · Vending Machines · Sauna · FREE Level 2 EV Charging Station

# **SASKATOON FIELD HOUSE (SFH)**













### 2020 College Drive • 306.975.3354 • saskatoon.ca/fieldhouse

Focus on health and wellness with fitness equipment, a track, sport courts and fitness classes — all under one roof. The six-lane track is great for walkers, joggers, runners and strollers too. Fitness classes range from high-intensity spin classes, to Fit Over 50 programs, to yoga. Challenge a friend to a round of badminton or pickleball on the sports courts when drop-in time is available.

#### **HOURS OF OPERATION\***

Apr 1-May 31

Monday to Friday 6:30 AM-10:00 PM Saturday & Sunday 9:00 AM-5:00 PM

Jun 1-Aug 31

Monday to Friday 6:30 AM-9:00 PM Saturday & Sunday 9:00 AM-3:00 PM

\*Facility hours are subject to change. Check out Drop-in Program times at saskatoon.ca/leisureonline.

#### **FACILITY FEATURES**

- 6-lane, 200 metre Indoor Track
- · Indoor Courts · Dance Studio · Lockers
- Fitness & Weight Room WiFi available
- Steam Room/Sauna
   Multi-Purpose Rooms
- · Child Minding Rooms · Vending Machines



### saskatoon.ca/facilityrentals

# **SHAW CENTRE** (scc)













### 122 Bowlt Crescent • 306.975.7744 • saskatoon.ca/shawcentre

Children love the water sprayers, floating around the rapids and watching the colourful water buckets fill and tip. The waterslide is fun for all with a shallow exit that is perfect for little ones. The fitness centre overlooks the pool and offers excellent variety for your workout, offering weight machines, free weights and treadmills, ellipticals, rowers and cycling. Walkers, joggers, runners and strollers are welcome on the walking track. The Shaw Centre also offers a variety of aquatic and dryland fitness classes. Check the schedule - you may catch a world-class aquatic event in the competitive pool!

#### **HOURS OF OPERATION\***

Apr 1-May 31 Monday to Friday 6:00 AM-10:00 PM Saturday 8:30 AM-9:00 PM • Sunday 9:00 AM-8:00 PM

Jul 1-Aug 31 Monday to Friday 6:00 AM-9:00 PM Saturday & Sunday 9:00 AM-8:00 PM

\*Facility hours are subject to change. Check out Drop-in Program times at saskatoon.ca/leisureonline.

#### **FACILITY FEATURES**

- 10-lane High Performance Competitive Pool
- Diving Boards & Platforms 6-lane Warm-Up Pool
- Family Pool with Waterslide & Water Spray Features
- Portable Aquatic Lift
   Family & Adult Hot Tubs
- Fitness Centre Walking Track Lockers
- Vending Machines Community Gymnasiums
- Multi-Purpose Room Child Minding Room WiFi Available
- Large Playground\*\*\*\*
   Multi-Purpose Fields\*\*\*

\*\*\*Outdoors









# TERRY FOX TRACK (TFT)

150 Nelson Road (inside the Saskatoon Sports Centre) 306.975.3354 • saskatoon.ca/terryfoxtrack

This synthetic sports track is designed for fitness. Circling the indoor soccer fields of the Saskatoon Sports Centre, the lanes measure more than 350 m and are available for rent.

#### **HOURS OF OPERATION\***

Monday to Friday 10:00 AM-1:00 PM\* & 4:00 PM-8:00 PM Saturday & Sunday 10:00 AM-4:00 PM

Closed on statutory holidays.

\*Facility hours are subject to change.

#### **FACILITY FEATURES**

- 2-lane, 365 metre Indoor Track
- Cafeteria (Lobby)
- Lockers





Check out Drop-in Program times and locations on Leisure Online.

# **ADMISSION RATES & MORE**

All general, Bulk Ticket and Leisure Card admission options provide access to Leisure Centre program offerings including: public, family and lane swimming; aquafitness and fitness classes; indoor walking and jogging tracks; fitness and weight rooms; suspension training; open gym, racquet and court sports; and indoor playgrounds for ages seven and under.

To learn more about admission options, visit **saskatoon.ca/admissions** or contact any Leisure Centre (pages 6-9).

#### **GENERAL ADMISSION**

No membership required! Simply pay a general admission to enjoy any indoor Leisure Centre.

	Adult (19+)	Youth (6-18 yrs)	Preschool (0-5 yrs)	Family
Single Admission $^{\dagger}$	\$10.40	\$6.25	FREE	\$20.80
Bulk Tickets (10) <sup>†</sup>	\$86.00	\$51.50	FREE	\$172.00

Prices include applicable taxes.



#### What is a Bulk Ticket?

Buy 10 general admissions at a discounted price. Bulk Tickets never expire and are transferable to family and friends. They also make great birthday gifts or additions to treat bags.



#### **Last Hour Promotion**

Take advantage of the last hour of operation at any Leisure Centre fitness and weight room, walking track and open gym, seven days a week for a \$3.50 admission. Excludes swimming pools, the Terry Fox Track, and badminton and pickleball at Saskatoon Field House.



#### **Child Minding**

Child Minding is FREE with the purchase of a Family General Admission, Family Bulk Ticket or Family LeisureCard.

General Admission is non-refundable.

### **GIFT CARDS**

Leisure Gift Cards are available in any amount and perfect for all ages. Good for use at the Leisure Centres, Outdoor Pools, Indoor Rinks, Saskatoon Forestry Farm Park & Zoo, Golf Courses, Gordon Howe Campground and Nutrien Playland at Kinsmen Park.

#### CHILD MINDING

Child Minding provides a safe and fun environment for children six years of age and under while their parent or guardian participates in a Leisure Centre activity. Offered at the Saskatoon Field House, Lakewood Civic Centre and Shaw Centre. For hours visit saskatoon.ca/leisureonline.



	First Child	Each Additional Child
<b>General Admission</b>	\$3.80/hr	\$2.30/hr
Bulk Ticket (10 hours)	\$31.00	\$18.50

Prices include applicable taxes.

FREE with a Family LeisureCard, Family Bulk Ticket or Family General Admission.

#### THE FINE PRINT

**Family Rates** Family is defined as a group up to seven individuals with a maximum of two adults.

**Children Under 6 Years** Children under the age of six are admitted FREE of charge when accompanied by a parent or guardian. To help children stay safe in and around the water, the City requires that all participants comply with the following policy: "For every two children under the age of six, there must be one adult or responsible youth (16 years or older) within arm's length, supervising the children's water play and activity." The best life preserver for your child is YOU! Infants and toddlers participating in water play must wear an appropriate swim diaper.

**Youth Use of Fitness & Weight Rooms** Youth ages 7-12 are allowed to use cardio equipment only and must be directly supervised by an adult. Youth ages 13-15 are allowed to use cardio and strength equipment and must be directly supervised by an adult (unsupervised if they have a Youth Weight Room Card). Youth must be 16 and older to participate in an instructor-led fitness program.

<sup>&</sup>lt;sup>†</sup> Terry Fox Track: General Admission is \$4.40. Bulk Tickets are \$36.30. Prices include applicable taxes.













### **LEISURECARD**

A LeisureCard provides unlimited access to all six Leisure Centres, plus the City's outdoor pools, indoor rinks and Terry Fox Track. It's the best discount admission option for those who visit a Leisure Centre more than two times per week.

	Adult (19+)	Youth (6-18 yrs)	Family
LeisureCard* (Monthly Rate)	\$57.20	\$34.30	\$114.40
2-Week Trial Pass	\$28.60	\$17.20	\$57.20

Prices include applicable taxes.



#### Corporate LeisureCard

The Corporate LeisureCard is available to businesses and organizations who have a minimum of 25 employees and have their offices physically located in Saskatoon. The Corporate LeisureCard offers the employees of eligible businesses a 20% discount on their LeisureCard purchases, including Family LeisureCards! There is no fee to register.

For more information visit saskatoon.ca/corporateleisurecard.



#### Weight Room Orientation

A 20-minute fitness and weight room orientation is provided with the purchase of every LeisureCard.



#### 2-Week Trial Pass

Not sure if a LeisureCard is right for you? Try it out for two weeks at a discounted rate!

For new LeisureCard customers only. Must present valid photo ID at time of purchase. Non-refundable, non-transferable and no extension for medical, vacation or facility shutdowns.



#### **Child Minding**

Child Minding is FREE with the purchase of a Family LeisureCard, Family Bulk Ticket or Family General Admission.

\* LeisureCards are non-transferable. Refunds not available for one-month cards. Payment plans available for six and 12-month cards.





#### **LeisureCard Reward Programs**

#### **PICK YOUR PERK**

Being a 12-month LeisureCard holder has its perks! Simply sign up for a 12-month LeisureCard, pay either in full or installments, and if your card is still active at the end of its term you will be eligible to pick from one of the following:

**Perk 1 Early Bird Registration.** Enjoy a full-year of 24-hour advance registration access for leisure programs, including swimming lessons!

Perk 2 12 months for the price of 11. Renew your 12-month LeisureCard for the price of 11 months.

Perk 3 \$57.20 PerkCard. Give as a gift or keep for yourself. The promotional \$57.20 PerkCard is valid for one year and can be used towards purchases\* at the following leisure facilities:

- · Leisure Centres · Outdoor Pools · Municipal Golf Courses
- Nutrien Playland at Kinsmen Park Gordon Howe Campground
- · Saskatoon Forestry Farm Park & Zoo · Indoor Rinks \*some facility-specific restrictions apply.

#### REFER A FRIEND

Attention LeisureCard holders! Recommend a LeisureCard to friends and family and if they purchase three months or more your current LeisureCard will be extended by one month!

Some restrictions apply.

For more information on LeisureCard Reward Programs, contact any Leisure Centre (see pages 6-9) or visit <u>saskatoon.ca/admissions</u>.

### LEISURE ACCESS PROGRAM

The Leisure Access Program provides access for eligible low-income residents within the city to participate in City of Saskatoon leisure facilities and programs. The program includes unlimited admission to Drop-in Programs at any indoor Leisure Centre, one registered recreation program per year, complimentary ride tickets for Nutrien Playland at Kinsmen Park and single-use family passes\* to the Western Development Museum. Free child minding is available for children six years of age and under at Lakewood Civic Centre, Shaw Centre and Saskatoon Field House while their parent or guardian participates in a Leisure Centre activity.

To review eligibility criteria or apply online, please visit saskatoon.ca/leisureaccess. Application forms are also available at any Leisure Centre. For further information about the Leisure Access Program call 306-975-3378 or email leisureaccess@saskatoon.ca.

<sup>\*</sup> Family passes are available while supplies last.

# LEISURE CENTRE DROP-IN PROGRAMS



### **Drop-in Programs**

Short on time or scared to commit? Drop-in Programs offer the flexibility of swimming or working out when it is convenient for you. All general, Bulk Ticket and LeisureCard admission options provide drop-in access to Leisure Centre program offerings, including:

- public, family and lane swimming
- aquafitness and fitness classes
- indoor walking/jogging tracks
- fitness and weight rooms; suspension training
- open gym, racquet and court sports
- indoor playground (ages seven and under)

Spring and Summer Drop-in Programs run from April 1 to August 31. Check out Drop-in Program times and locations at **saskatoon.ca/leisureonline**.

# Search for Drop-in Programs Online!



Search for drop-in program information, including facility, fitness and weight room hours, public swim sessions and fitness programs on Leisure Online at **saskatoon.ca/leisureonline**.

NOTE: Some drop-in programs have limited space and patrons are required to reserve a spot either online at **saskatoon.ca/leisureonline** or by phoning the Leisure Centre that offers the program. Drop-in programs requiring a reservation are noted on Leisure Online and can be booked up to 2 days in advance. New sessions open for booking at 7:00 a.m. each day.

Online reservations can be cancelled online by logging into your Leisure Online account and selecting My Account/Cancel a Reserved Drop-in Program. Reservations may also be cancelled by calling any Leisure Centre during regular hours of operation (pages 6-9).







#### **SWIMMING**

Includes access to pool area and amenities during public open times.

**Aqua Walk** Tones muscles and improves cardio health. Should have some knowledge of exercise techniques. Self-directed. Deep Water Aqua Walk is available at Lawson Civic Centre. **LWC, LCC, SCC** 

Family Swim\* Time for families only. LWC, LCC, SCC

**Lane Swim** Self-directed swimming for fitness. 25m and 50m lanes (50m available only at SCC). **LWC**, **LCC**, **SCC** 

Parented Splash Time\* (formerly known as Parent & Tot Swim). For children under the age of six and a supervising adult(s). Children must be within arm's length of an adult at all times (maximum two children per adult). Access to pool space and water features varies at each pool. LWC, LCC, SCC

**Public Swim\*** Open time for everyone. **LWC, LCC, SCC** 

\* Refer to The Fine Print below for the Children Under 6 Years policy.

CCC Cosmo Civic Centre LWC Lakewood Civic Centre LCC Lawson Civic Centre SFH Saskatoon Field House SCC Shaw Centre

#### **RECREATION & SPORT**

Includes access to fitness and weight rooms, indoor tracks and other amenities.

**Badminton** Birdies and racquets not provided. Birdies can be purchased from Customer Service. Book a court up to two days in advance. **SFH** 

**Basketball** An opportunity to play pick-up games. **LWC**, **SCC** 

**Family Gym** Participate together as a family in the gym. Sports equipment is provided for use. **LWC** 

Indoor Playground 7 yrs & under. Climb, slide and run around in a space filled with toys and play equipment. Adult supervision required. LWC, LCC, SCC

Indoor Play Zone 6 yrs & under. Prepare to enter the zone of endless fun and giggles, where kids can run, climb and play to their heart's content in a large space filled with balls, hoops, tunnels and more! Parents/guardians must be present. CCC, LWC, LCC

**Pickleball** Combines elements of tennis, badminton and ping pong. Racquets not provided. Book a court up to two days in advance. **CCC**, **LWC**, **SFH** 

**Public Gym** Participate in your favourite gym activity. **LWC**, **SCC** 

**Racquetball** Racquet sport played in a four-walled court. Bring your own equipment. **CCC** 

**Teen Open Gym** 10-18 yrs. Play basketball with your friends or participate in your favourite gym activity. Supervised by facility staff. FREE! **CCC** 

Wallyball Wallyball court rentals are available in one-hour blocks. Call Cosmo in advance to reserve a court. CCC

#### **GENERAL FITNESS CLASSES**

16 yrs+. Classes offer varying intensity and exercise modifications for fitness levels from basic to advanced.

**Aqua Fitness** Enjoy the unique benefits of a total body workout in shallow water, alternating between cardio and muscle conditioning. No swimming skills required. **LWC, LCC, SCC** 

Aqua HIIT Aqua HIIT (High Intensity Interval Training) combines cardio, core and muscular strength intervals with the added resistance of water. LCC

**Boxercise** Utilizes footwork, sparring, and cardio for a fast paced workout. **SFH. SCC** 

#### THE FINE PRINT

Instructor-led Fitness Classes A separate admission fee (General Admission, Bulk Ticket or LeisureCard) is required for each instructor-led fitness class.

**Youth ages 7-12** Youth ages 7-12 are allowed to use cardio equipment only and must be directly supervised by an adult. Youth ages 13-15 are allowed to use cardio and strength equipment and must be directly supervised by an adult (unsupervised if they have a Youth Weight Room Card). Youth must be 16 and older to participate in an instructor-led fitness program.

**Children Under 6 Years** To help children stay safe in and around the water, the City requires that all participants comply with the following policy: "For every two children under the age of six, there must be one adult or responsible youth (16 years or older) within arm's length, supervising the children's water play and activity." The best life preserver for your child is YOU! Infants and toddlers participating in water play must wear an appropriate swim diaper.

Racquet and Court Sports Badminton and pickleball bookings are one hour in duration. The drop-in admission fee is charged for each hour booked.

#### **PROGRAMS & ACTIVITIES**

# LEISURE CENTRE DROP-IN PROGRAMS

Cardio & Sculpt A combination of cardio and strength building exercises for a complete workout using a variety of equipment. Cardio types include: Step, hi/lo and HIIT. LWC, LCC, SFH

Fitness Yoga Introduces fundamental strength conditioning and flexibility components with yoga-based movement. Not recommended for women who are pregnant. CCC, LWC, LCC, SFH, SCC

Group Cycle Uses varying degrees of tension and techniques through hills, speed drills, intervals, strength and core endurance. SFH, SCC

Group Cycle & Sculpt Alternates beginner/intermediate stationary cycling with intensive muscle conditioning. SFH, SCC

HIIT High Intensity Interval Training classes alternate between high and low intensity exercises. SFH, SCC

#### Intermediate Fitness Yoga

Increase the challenge with the addition of intermediate poses and new variations of beginner poses. Not recommended for women who are pregnant. SFH

Muscle Sculpt Improves flexibility, muscular strength and endurance with a variety of muscle conditioning and stretching techniques with equipment. LWC, LCC, SFH

**Step** Improves cardio endurance with step combinations. LWC

> **CCC Cosmo Civic Centre** LWC Lakewood Civic Centre LCC Lawson Civic Centre SFH Saskatoon Field House **SCC Shaw Centre**



Zumba® Fitness Burn calories and get energized through movements that fuse Latin rhythms and easy to follow steps. Learn the steps to the four basic rhythms of merenque. salsa, cumbia and samba. CCC, LCC, SFH,

#### **GENTLE FITNESS CLASSES**

16 yrs+. Classes offer moderately-paced exercises with a focus on maintaining or restoring functional fitness and mobility.

Chair Yoga Gentle yoga using chair support to improve strength, flexibility and balance. LWC, LCC, SCC, SFH

New! Baby & Me Aqua Fitness Enjoy a 45-minute workout in the water while your baby floats in a seat alongside. Open to all parents and caregivers. It is recommended babies be between the ages of 6 to 18 months. LCC, SCC



#### **Deep Water Aqua Fitness**

Minimizes joint stress using flotation belts to provide support while you work out in the deep end. Tethers may be utilized during class at Shaw Centre. SCC

Functional Fitness Prepares your body for real life movements and daily tasks through strength training, balance, range of motion and mobility exercises. CCC, LCC, SCC

Gentle Aqua Fitness Strengthens muscles and improves mobility, utilizing the buoyancy of waist to chest deep water to reduce the stress on joints. LWC, LCC

Gentle Fitness Yoga A slower paced yoga class with more emphasis on the warm up, basic postures, modifications, gentle strengthening and flexibility. LWC, LCC, SCC

Low Impact & Sculpt Combines cardiovascular, light strength training and flexibility exercises. LWC, LCC

Walk & Sculpt A brisk walk followed by a muscle strengthening routine using hand weights, tubing or other equipment. LWC



Check out Drop-in Program times and locations on Leisure Online.

saskatoon.ca/leisureonline

# Save with the Corporate LeisureCard

Attention business owners and managers! Does your business or organization have 25 or more employees?

We invite you to register your business for the City of Saskatoon Corporate LeisureCard Program and your employees will save 20% on all LeisureCard purchases. A LeisureCard provides unlimited drop-in access to all Leisure Centres, plus the City's outdoor pools, indoor rinks and Terry Fox Track.



14 Visit saskatoon.ca/corporateleisurecard to learn more or register.



### **HOW TO REGISTER**

The first day of registration is busy. Please be patient as it may take several attempts to get through.



### **ONLINE** leisureonline.saskatoon.ca

With Leisure Online, you are able to search and register online for programs at your convenience 24/7. Online registration begins Sunday, March 17 at 6:00 PM.



# Be Prepared!

- To use Leisure Online you will require a username and password. Visit leisureonline.saskatoon.ca prior to registration day to set up your account, if you haven't already done so.
- Classes fill quickly, so be prepared with 2nd and 3rd choices. Make a list with the programs (including codes) you want and your alternate choices.
- Consider registering at other Leisure Centres if your nearest location isn't available.

How to Register continued on next page.

### PHONE 306.975.2800

Phone registrations for Spring and Summer programs start on Sunday, March 17 at 6:00 PM. Call 306-975-2800 during the following dates and times only:

Sunday, March 17 – 6:00 PM to 9:00 PM\* Monday, March 18 – 8:00 AM to 1:00 PM Tuesday, March 19 – 8:00 AM to 1:00 PM

To register by phone after March 19, contact any Leisure Centre (see pages 6-9).

 NOTE: This excludes Private & Semi-Private swim lessons (page 29), which will open on Monday, March 18.



Walk-in registrations for Spring and Summer programs begin Monday, March 18 at 6:30 AM at the following locations:

Cosmo Civic Centre\*, 3130 Laurier Drive Lakewood Civic Centre, 1635 McKercher Drive Lawson Civic Centre, 225 Primrose Drive Saskatoon Field House, 2020 College Drive Shaw Centre, 122 Bowlt Crescent

#### THE FINE PRINT

**Registration Confirmation** All registrations will receive a confirmation receipt by email after payment is complete. The confirmation will identify dates and times of classes, cancelled dates, information on equipment and materials or supplies to bring to your first class. If you do not receive confirmation of your registration within five days, please call the facility where your program is being held.

**Active Families Benefit** The Active Families Benefit is an annual refundable tax benefit that helps Saskatchewan families with the costs of their children's participation in cultural, recreational and sports activities. Families with an annual household income of up to \$60,000 and a child 18 years of age or younger as of the last day of the taxation year, are eligible for a fully refundable tax benefit up to \$150 per child or \$200 per child with a disability. Remember to keep your program receipt for income tax purposes.

**Refunds** All classes are subject to minimum and maximum enrolments. If minimum enrolment is not received, the class will be cancelled and a full refund issued. Other refund instances: • Full refund if cancellation is received seven days prior to course start. 50% refund if cancellation is received less than seven days prior to course start. Full refund if your vacated spot is filled by another registrant before course starts. • 50% refund if cancellation is received after course has started, but no more than 20% completed. • Pro-rated refund for cancellations at any time due to medical reasons (certificate required).

**Prices** All registered program prices include applicable taxes.

**Leisure Online Convenience Fee** Leisure program registrations processed through Leisure Online will be charged an additional \$1.00 (plus GST) convenience fee on each program registration. The convenience fee will come into effect March 1, 2024.

#### **PROGRAMS & ACTIVITIES**

# LIFESAVING SOCIETY SWIM LESSONS

The City of Saskatoon offers Lifesaving Society Canada swim lessons. If your most recent swim lessons were with Red Cross prior to 2023, visit **saskatoon.ca/swimming-lessons** and review the transfer chart before making your class selection or call any Leisure Centre (with a pool) and ask to speak to the Aquatic Technician.





# Swim Lesson Schedule Options

Many class options are available for you and your family's busy life.

Five day swim lesson sets • Daily for 2 weeks
Once per week for 8-10 weeks
Twice per day for 1 week

Twice per week for 4 weeks • Private swim lessons Semi-private swim lessons • Adult swim lessons

#### LESSON LEVEL DESCRIPTIONS

#### PARENT AND TOT (AGES 4-36 MONTHS; PARENTED)

The Lifesaving Society Parent & Tot program structures in-water interaction between parent and child to stress the importance of play, developing water-positive attitudes and skills. Activities and progressions are based on child development, so parents register in the level appropriate for their child's age. Targeted Water Smart<sup>®</sup> drowning prevention messages are an integral part of the Swim for Life<sup>®</sup> program. These messages are delivered in all Parent & Tot levels.

P&T 1	4-12 months	Designed for the 4 to 12-month-old and their caregiver. Focus on introduction to the water.
P&T 2	12-24 months	Designed for the 12 to 24-month- old and their caregiver. Focus on introduction to floating and kicking.
P&T 3	24-36 months	Designed for the 2 to 3-year-old and their caregiver. Focus on independent entries, assisted floats and glides.

<sup>\*</sup> Walk-in registration begins at 9 AM.

### LESSON LEVEL DESCRIPTIONS

#### PRESCHOOL (AGES 3-5 YRS; UNPARENTED)

The Preschool Program gives children a head start on learning to swim. Preschool Programs develop an appreciation and healthy respect for the water before these kids get in too deep. In our five basic aquatic progressions we work to ensure 3 to 5 year olds become comfortable in the water and have fun developing a foundation of water skills. Targeted Water Smart® drowning prevention messages are an integral part of the Swim for Life® program. These messages are delivered in all Preschool levels.

#### Preschool 1

3-5 yrs. We encourage the parent to participate until their child lets them know they can do it themselves. These preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll float and glide on their front and back and learn to get their faces wet and blow bubbles underwater.

#### Preschool 2

3-5 yrs. These preschoolers learn to jump into chestdeep water by themselves, and get in and get out wearing a personal flotation device (PFD). They'll submerge and exhale underwater. Wearing a PFD they'll glide on their front and back.

#### Preschool 3

3-5 yrs. These youngsters will try both jumping and a sideways entry into deep water while wearing a personal flotation device (PFD). They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back.

#### Preschool 4

3-5 yrs. Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do sideways entries and open their eyes underwater. They'll master a short swim on their front wearing a personal flotation device (PFD) and gliding and kicking on their side.

#### Preschool 5

3-5 yrs. These youngsters get more adventuresome with a forward roll entry wearing a personal flotation device (PFD) and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and get a giggle out of whip kick.

#### **SWIMMER** (AGES 6+; UNPARENTED)

The Lifesaving Society Swimmer program makes sure children learn how to swim before they get in too deep. Progressions accommodate swimmers 6 years of age and older, including beginners and swimmers who want to build on the basics. Lots of in-water practice develops solid swimming strokes and skills. Targeted Water Smart® drowning prevention messages are an integral part of the Swim for Life® program. These messages are delivered in all Swimmer levels.

#### Swimmer 1

6+ yrs. These beginners will become comfortable jumping into water with and without a personal flotation device (PFD). They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

#### Swimmer 2

6+ yrs. These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a personal flotation device (PFD). They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).

#### Swimmer 3

6+ yrs. These junior swimmers will dive and do in-water front somersaults and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

#### Swimmer 4

6+ yrs. These intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

#### Swimmer 5

6+ yrs. These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.

#### Swimmer 6

6+ yrs. These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl, and breaststroke, and they'll complain about the 300 m workout.

#### **Rookie Patrol**

8+ yrs. Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving Sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims.

#### Ranger Patrol

8+ yrs. Swimmers develop better strokes over 75 m swims of each stroke. They tackle Lifesaving Sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

#### Star Patrol

8+ yrs. Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.



### LESSON LEVEL DESCRIPTIONS

#### **ADULT SWIMMER (AGES 16+)**

The Adult Swimmer Program is for beginners who may be just starting out or swimmers who just want help with their strokes. Within the Adult Swimmer curriculum, participants set their own goals to develop water confidence and smooth recognizable strokes. Water Smart® education is part of all levels. Instructors should be prepared to adapt these items and awards to accommodate the needs of adult learners and provide the flexibility for them to select the skills they want to learn to achieve their personal swimming goals.

### Adult Swimmer

16+ yrs. You'll work towards a 10-15 m swim on your front and back. You'll do jump entries from the side and recover an object from the bottom in chest-deep water. Improve your fitness and your flutter kick with 4 x 9-12 m interval training.

#### Adult Swimmer 2

16+ yrs. Kick it up a notch working on two interval training workouts of 4 x 25 m kicking and front or back crawl. You'll be able to perform dive entries and demonstrate breaststroke arms and breathing over 10-15 m. You'll be supporting yourself at the surface for 1-2 minutes, and showing off your handstands in shallow water.



Adult 3

16+ yrs. No sweat (or at least none anyone can see). You'll learn eggbeater, stride entries and compact jumps. You'll be doing a 300 m workout and sprinting 25-50 m. You'll master your front crawl, back crawl and breaststroke. Whew!

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
GEORGE	WARD	POOL 1915 5th	Street E	ast		Preschool 5	(Ages 3	-5 yrs)			
						Aug 6-16	M-F	10:40 AM-11:10 AM	9	\$69.25	GW3738-01
Preschool 1	(Ages 3	-5 yrs)				Swimmer 1 (	Ages 64	-)			
Jul 8-19	` M-F	09:05 AM-09:35 AM	10	\$77.25	GW3719-01	Jul 8-19	M-F	09:05 AM-09:35 AM	10	\$77.25	GW3744-01
Jul 8-19	M-F	09:45 AM-10:15 AM	10	\$77.25	GW3719-02	Jul 8-19	M-F	10:35 AM-11:05 AM	10	\$77.25	GW3744-02
Jul 8-19	M-F	11:10 AM-11:40 AM	10	\$77.25	GW3719-03	Jul 8-19	M-F	11:05 AM-11:35 AM	10	\$77.25	GW3744-03
Jul 8-19	M-F	06:00 PM-06:30 PM	10	\$77.25	GW3719-04	Jul 8-19	M-F	11:25 AM-11:55 AM	10	\$77.25	GW3744-04
Jul 22-Aug 2	M-F	09:40 AM-10:10 AM	10	\$77.25	GW3719-05	Jul 8-19	M-F	06:00 PM-06:30 PM	10	\$77.25	GW3744-05
Jul 22-Aug 2	M-F	10:15 AM-10:45 AM	10	\$77.25	GW3719-06	Jul 8-19	M-F	06:35 PM-07:05 PM	10	\$77.25	GW3744-06
Jul 22-Aug 2	M-F	10:50 AM-11:20 AM	10	\$77.25	GW3719-07	Jul 8-19	M-F	07:25 PM-07:55 PM	10	\$77.25	GW3744-07
Jul 22-Aug 2	M-F	11:20 AM-11:50 AM	10	\$77.25	GW3719-08	Jul 8-19	M-F	07:45 PM-08:15 PM	10	\$77.25	GW3744-08
Jul 22-Aug 2	M-F	06:00 PM-06:30 PM		\$77.25	GW3719-09	Jul 22-Aug 2	M-F	09:00 AM-09:30 AM	10	\$77.25	GW3744-09
Jul 22-Aug 2	M-F	06:50 PM-07:20 PM		\$77.25	GW3719-10	Jul 22-Aug 2	M-F	09:35 AM-10:05 AM	10	\$77.25	GW3744-10
Aug 6-16	M-F	09:05 AM-09:35 AM	9	\$69.25	GW3718-01	Jul 22-Aug 2	M-F	10:05 AM-10:35 AM	10	\$77.25	GW3744-11
Aug 6-16	M-F	10:15 AM-10:45 AM	9	\$69.25	GW3718-02	Jul 22-Aug 2	M-F	10:20 AM-10:50 AM	10	\$77.25	GW3744-12
Aug 6-16	M-F	11:25 AM-11:55 AM	9	\$69.25	GW3718-03	Jul 22-Aug 2	M-F	10:45 AM-11:15 AM	10	\$77.25	GW3744-13
Preschool 2	(Ages 3	-5 vrs)				Jul 22-Aug 2	M-F	06:50 PM-07:20 PM	10	\$77.25	GW3744-14
Jul 8-19	M-F	09:10 AM-09:40 AM	10	\$77.25	GW3724-01	Jul 22-Aug 2	M-F	07:25 PM-07:55 PM	10	\$77.25	GW3744-15
Jul 8-19	M-F	10:30 AM-11:00 AM	10	\$77.25	GW3724-02	Aug 6-16	M-F	09:10 AM-09:40 AM	9	\$69.25	GW3743-01
Jul 8-19	M-F	06:50 PM-07:20 PM	10	\$77.25	GW3724-03	Aug 6-16	M-F	10:50 AM-11:20 AM	9	\$69.25	GW3743-02
Jul 22-Aug 2	M-F	09:05 AM-09:35 AM	10	\$77.25	GW3724-04	Swimmer 2 (	Anes 6+	-)			
Jul 22-Aug 2	M-F	11:20 AM-11:50 AM	10	\$77.25	GW3724-05	Jul 8-19	M-F	10:20 AM-10:50 AM	10	\$77.25	GW3749-01
Jul 22-Aug 2	M-F	06:00 PM-06:30 PM	10	\$77.25	GW3724-06	Jul 8-19	M-F	10:50 AM-11:20 AM	10	\$77.25	GW3749-02
Jul 22-Aug 2	M-F	06:50 PM-07:20 PM	10	\$77.25	GW3724-07	Jul 8-19	M-F	11:25 AM-11:55 AM	10	\$77.25	GW3749-03
Aug 6-16	M-F	09:40 AM-10:10 AM	9	\$69.25	GW3723-01	Jul 8-19	M-F	06:35 PM-07:05 PM	10	\$77.25	GW3749-04
Aug 6-16	M-F	10:10 AM-10:40 AM	9	\$69.25	GW3723-02	Jul 8-19	M-F	07:10 PM-07:40 PM	10	\$77.25	GW3749-05
Preschool 3	(Anne 3	-5 vre)				Jul 8-19	M-F	07:25 PM-07:55 PM	10	\$77.25	GW3749-06
Jul 8-19	M-F	10:00 AM-10:30 AM	10	\$77.25	GW3729-01	Jul 22-Aug 2	M-F	09:15 AM-09:45 AM	10	\$77.25	GW3749-07
Jul 8-19	M-F	06:50 PM-07:20 PM		\$77.25	GW3729-02	Jul 22-Aug 2	M-F	09:35 AM-10:05 AM	10	\$77.25	GW3749-08
Jul 22-Aug 2	M-F	09:00 AM-09:30 AM	10	\$77.25	GW3729-03	Jul 22-Aug 2	M-F	10:45 AM-11:15 AM	10	\$77.25	GW3749-09
Jul 22-Aug 2	M-F	06:35 PM-07:05 PM		\$77.25	GW3729-04	Jul 22-Aug 2	M-F	11:25 AM-11:55 AM	10	\$77.25	GW3749-10
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Preschool 4			40	Ф <b>77</b> ОГ	014/0704-04	Jul 22-Aug 2	M-F	07:25 PM-07:55 PM	10	\$77.25	GW3749-12
Jul 22-Aug 2	M-F	10:50 AM-11:20 AM	10	\$77.25	GW3734-01	Aug 6-16	M-F	09:10 AM-09:40 AM	9	\$69.25	GW3748-01
Aug 6-16	M-F	10:40 AM-11:10 AM	9	\$69.25	GW3733-01	Aug 6-16	M-F	11:15 AM-11:45 AM	9	\$69.25	GW3748-02
						Swimmer 3 (					
18						Jul 8-19	M-F	09:25 AM-09:55 AM	10	\$77.25	GW3754-01

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Jul 8-19	M-F	06:50 PM-07:20 PM	10	\$77.25	GW3754-02	Preschool 3	(Ages 3	-5 yrs)			
Jul 22-Aug 2	M-F	10:15 AM-10:45 AM	10	\$77.25	GW3754-03	Jul 8-19	M-F	09:20 AM-09:50 AM	10	\$77.25	LA3729-01
Jul 22-Aug 2	M-F	11:25 AM-11:55 AM	10	\$77.25	GW3754-04	Jul 22-Aug 2	M-F	10:30 AM-11:00 AM	10	\$77.25	LA3729-02
Jul 22-Aug 2	M-F	07:10 PM-07:40 PM		\$77.25	GW3754-05	Jul 22-Aug 2	M-F	12:20 PM-12:50 PM	10	\$77.25	LA3729-03
Aug 6-16	M-F	11:15 AM-11:45 AM	9	\$69.25	GW3753-01	Aug 6-16	M-F	09:15 AM-09:45 AM	9	\$69.25	LA3728-01
~.			3	ψ05.25	OW0700-01	Aug 6-16	M-F	11:05 AM-11:35 AM	9	\$69.25	LA3728-02
Swimmer 4 (A Jul 8-19	Ages or M-F	10:35 AM-11:20 AM	10	\$101.25	GW3759-01	•			Ü	Ψ00.20	2,10,20 02
Jul 8-19	M-F	06:00 PM-06:45 PM		\$101.25	GW3759-02	Preschool 4	(Ages 3 M-F		10	<b>ሱ</b> 77 ባር	1 4 2 7 2 4 0 4
Jul 22-Aug 2	M-F	09:15 AM-10:00 AM	10	\$101.25	GW3759-03	Jul 8-19		09:50 AM-10:20 AM	10	\$77.25	LA3734-01
	M-F	06:00 PM-06:45 PM		\$101.25	GW3759-04	Jul 22-Aug 2	M-F	11:20 AM-11:50 AM	10	\$77.25	LA3734-02
Jul 22-Aug 2 Aug 6-16	M-F	09:20 AM-10:05 AM	9	\$91.00	GW3758-01	Preschool 4/	5 (Ages				
•			3	ψ31.00	GW3730-01	Aug 6-16	M-F	12:20 PM-12:50 PM	9	\$69.25	LA3954-01
Swimmer 5 (A			10	¢404.05	CM2764 04	Swimmer 1 (	Ages 6+	·)			
Jul 8-19	M-F	09:10 AM-09:55 AM	10	\$101.25	GW3764-01	Jul 8-19 `	M-F	09:20 AM-09:50 AM	10	\$77.25	LA3744-01
Jul 8-19	M-F	06:00 PM-06:45 PM		\$101.25	GW3764-02	Jul 8-19	M-F	10:25 AM-10:55 AM	10	\$77.25	LA3744-02
Jul 22-Aug 2	M-F	09:50 AM-10:35 AM	10	\$101.25	GW3764-03	Jul 8-19	M-F	11:45 AM-12:15 PM	10	\$77.25	LA3744-03
Jul 22-Aug 2	M-F	06:00 PM-06:45 PM		\$101.25	GW3764-04	Jul 8-19	M-F	11:55 AM-12:25 PM	10	\$77.25	LA3744-04
Aug 6-16	M-F	09:45 AM-10:30 AM	9	\$91.00	GW3763-01	Jul 8-19	M-F	12:15 PM-12:45 PM	10	\$77.25	LA3744-05
Swimmer 6 (A	laes 61	-)				Jul 22-Aug 2	M-F	09:15 AM-09:45 AM	10	\$77.25	LA3744-06
Jul 8-19	M-F	09:40 AM-10:25 AM	10	\$101.25	GW3769-01	Jul 22-Aug 2	M-F	09:55 AM-10:25 AM	10	\$77.25	LA3744-07
Jul 22-Aug 2	M-F	10:55 AM-11:40 AM	10	\$101.25	GW3769-02	Jul 22-Aug 2 Jul 22-Aug 2	M-F	10:45 AM-11:15 AM	10	\$77.25	LA3744-07 LA3744-08
Jul 22-Aug 2	M-F	07:10 PM-07:55 PM		\$101.25	GW3769-03	Jul 22-Aug 2	M-F		10	\$77.25	
	M-F			\$91.00		Jul 22-Aug 2		11:55 AM-12:25 PM			LA3744-09
Aug 6-16		09:45 AM-10:30 AM	9	φ91.00	GW3768-01	Jul 22-Aug 2	M-F	11:55 AM-12:25 PM	10	\$77.25	LA3744-10
Rookie Patrol	l (Ages	6+)				Aug 6-16	M-F	09:15 AM-09:45 AM	9	\$69.25	LA3743-01
Jul 8-19	M-F	07:10 PM-08:10 PM	10	\$115.75	GW3774-01	Aug 6-16	M-F	09:55 AM-10:25 AM	9	\$69.25	LA3743-02
Ranger Patro	I /Aaac	ET/				Aug 6-16	M-F	10:50 AM-11:20 AM	9	\$69.25	LA3743-03
Jul 8-19	M-F	10:55 AM-11:55 AM	10	\$115.75	GW3779-01	Aug 6-16	M-F	12:15 PM-12:45 PM	9	\$69.25	LA3743-04
			10	φ113.73	GW3/13-01	Swimmer 2 (	Ages 6+	·)			
Star Patrol (A			_			Jul 8-19 `	M-F	09:55 AM-10:25 AM	10	\$77.25	LA3749-01
Aug 6-16	M-F	10:55 AM-11:55 AM	9	\$104.25	GW3783-01	Jul 8-19	M-F	10:25 AM-10:55 AM	10	\$77.25	LA3749-02
						Jul 8-19	M-F	11:05 AM-11:35 AM	10	\$77.25	LA3749-03
						Jul 8-19	M-F	11:40 AM-12:10 PM	10	\$77.25	LA3749-04
LATHEY PO	OOL 8	15 Taylor Street East	ł			Jul 22-Aug 2	M-F	09:55 AM-10:25 AM	10	\$77.25	LA3749-05
		,				Jul 22-Aug 2	M-F	11:10 AM-11:40 AM	10	\$77.25	LA3749-06
Parent & Tot	2 (Ana	12-24 mas)				Jul 22-Aug 2	M-F	11:10 AM-11:40 AM	10	\$77.25	LA3749-07
Jul 22-Aug 2	M-F	12:20 PM-12:50 PM	10	\$77.25	LA3709-01	Aug 6-16	M-F	09:50 AM-10:20 AM	9	\$69.25	LA3748-01
-			10	ψ11.25	LA3103-01	Aug 6-16	M-F	10:30 AM-11:00 AM	9	\$69.25	LA3748-02
Parent & Tot						Aug 6-16	M-F	11:25 AM-11:55 AM	9	\$69.25	LA3748-03
Jul 8-19	M-F	12:20 PM-12:50 PM		\$77.25	LA3714-01	•			Ū	Ψ00.20	27107 10 00
Aug 6-16	M-F	11:45 AM-12:15 PM	9	\$69.25	LA3713-01	Swimmer 3 (			10	<b>Ф77 О</b> Е	LA3754-01
Preschool 1 (	Ages 3	-5 yrs)				Jul 8-19	M-F	09:15 AM-09:45 AM	10	\$77.25	
Jul 8-19 `	M-F	09:15 AM-09:45 AM	10	\$77.25	LA3719-01	Jul 8-19	M-F	09:50 AM-10:20 AM	10	\$77.25	LA3754-02
Jul 8-19	M-F	10:30 AM-11:00 AM	10	\$77.25	LA3719-02	Jul 8-19	M-F	11:10 AM-11:40 AM	10	\$77.25	LA3754-03
Jul 8-19	M-F	11:20 AM-11:50 AM	10	\$77.25	LA3719-03	Jul 22-Aug 2	M-F	09:20 AM-09:50 AM	10	\$77.25	LA3754-04
Jul 8-19	M-F	12:15 PM-12:45 PM	10	\$77.25	LA3719-04	Jul 22-Aug 2	M-F	11:45 AM-12:15 PM	10	\$77.25	LA3754-05
Jul 22-Aug 2	M-F	09:15 AM-09:45 AM	10	\$77.25	LA3719-05	Aug 6-16	M-F	10:10 AM-10:40 AM	9	\$69.25	LA3753-01
Jul 22-Aug 2	M-F	10:30 AM-11:00 AM	10	\$77.25	LA3719-06	Aug 6-16	M-F	11:55 AM-12:25 PM	9	\$69.25	LA3753-02
Jul 22-Aug 2	M-F	11:20 AM-11:50 AM	10	\$77.25	LA3719-07	Swimmer 4 (	Ages 6+	·)			
Aug 6-16	M-F	09:20 AM-09:50 AM	9	\$69.25	LA3718-01	Jul 8-19	M-F	10:30 AM-11:15 AM	10	\$101.25	LA3759-01
Aug 6-16	M-F	10:25 AM-10:55 AM	9	\$69.25	LA3718-02	Aug 6-16	M-F	09:20 AM-10:05 AM	9	\$91.00	LA3758-01
Aug 6-16	M-F	11:20 AM-11:50 AM	9	\$69.25	LA3718-03	=			Ū	ψ01.00	271070001
Aug 6-16	M-F	12:00 PM-12:30 PM		\$69.25	LA3718-04	Swimmer 5 (	U	<b>,</b>			
•			9	φυσ.Ζυ	LA37 10-04	Jul 22-Aug 2	M-F	09:50 AM-10:35 AM	10	\$101.25	LA3764-01
Preschool 2 (			4.5			Aug 6-16	M-F	10:25 AM-11:10 AM	9	\$91.00	LA3763-01
Jul 8-19	M-F	09:55 AM-10:25 AM	10	\$77.25	LA3724-01	Swimmer 6 (	Ages 6+	·)			
Jul 8-19	M-F	11:05 AM-11:35 AM	10	\$77.25	LA3724-02	Jul 22-Aug 2 `	M-F	10:30 AM-11:15 AM	10	\$101.25	LA3769-01
Jul 8-19	M-F	11:40 AM-12:10 PM	10	\$77.25	LA3724-03	J					
Jul 22-Aug 2	M-F	09:20 AM-09:50 AM	10	\$77.25	LA3724-04						
Jul 22-Aug 2	M-F	09:50 AM-10:20 AM	10	\$77.25	LA3724-05						
Jul 22-Aug 2	M-F	11:45 AM-12:15 PM	10	\$77.25	LA3724-06	• • • •	Find	programs an	d reai	ictar on	line at
Aug 6-16	M-F	09:50 AM-10:20 AM	9	\$69.25	LA3723-01				_		
Aug 6-16	M-F	11:10 AM-11:40 AM	9	\$69.25	LA3723-02		اما	sureonline	SUS	kato	on ca
Aug 6-16	M-F	11:40 AM-12:10 PM	9	\$69.25	LA3723-03						JU
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Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
MAYFAIR	POOL	. 1025 Avenue F No	orth			Rookie Patro			10	<b>6445 75</b>	MV2774 04
Preschool 1	(Ages 3	-5 vrs)				Jul 8-19 Aug 6-16	M-F M-F	11:20 AM-12:20 PM 11:25 AM-12:25 PM	10 9	\$115.75 \$104.25	MY3774-01 MY3773-01
Jul 8-19	M-F	09:30 AM-10:00 AM		\$77.25	MY3719-01	Ranger Patro	ol (Ages	6+)			
Jul 8-19	M-F	10:10 AM-10:40 AM		\$77.25	MY3719-02	Jul 22-Aug 2	M-F	11:35 AM-12:35 PM	10	\$115.75	MY3779-01
Jul 22-Aug 2	M-F	09:40 AM-10:10 AM		\$77.25	MY3719-03						
Jul 22-Aug 2	M-F	11:25 AM-11:55 AM	10	\$77.25	MY3719-04						
Aug 6-16 Aug 6-16	M-F M-F	09:35 AM-10:05 AM 11:00 AM-11:30 AM	9 9	\$69.25 \$69.25	MY3718-01 MY3718-02	RIVERSDA	LE PO	OL 822 Avenue H	South		
Preschool 2						<b>Nau</b> / 5-day	y lesson	sets are available	at Rive	ersdale F	ool this
Jul 8-19	M-F	09:45 AM-10:15 AM		\$77.25	MY3724-01	Sum	, mer Re	fer to page 22 for	more in	formatio	า
Jul 8-19	M-F	11:10 AM-11:40 AM	10	\$77.25	MY3724-02	Ourm	11101. 110	101 to page 22 101		ioiiiiatioi	
Jul 22-Aug 2	M-F	10:55 AM-11:25 AM		\$77.25	MY3724-03	Preschool 1	(Ages 3	-5 yrs)			
Aug 6-16	M-F	10:10 AM-10:40 AM	9	\$69.25	MY3723-01	Jul 2-Aug 1	Tu/Th	09:20 AM-09:50 AM	10	\$77.25	RD3719-01
Preschool 3	(Ages 3	-5 yrs)				Jul 2-Aug 1	Tu/Th	10:00 AM-10:30 AM	10	\$77.25	RD3719-02
Jul 8-19	M-F	11:00 AM-11:30 AM	10	\$77.25	MY3729-01	Jul 2-Aug 1	Tu/Th	11:15 AM-11:45 AM	10	\$77.25	RD3719-03
Jul 22-Aug 2	M-F	10:10 AM-10:40 AM	10	\$77.25	MY3729-02	Jul 3-Aug 2	W/F	10:10 AM-10:40 AM	10	\$77.25	RD3719-04
Preschool 4	(Ages 3	-5 vrs)				Jul 3-Aug 2	W/F	10:40 AM-11:10 AM	10	\$77.25	RD3719-05
Aug 6-16	M-F	11:10 AM-11:40 AM	9	\$69.25	MY3733-01	Jul 3-Aug 2	W/F	11:25 AM-11:55 AM	10	\$77.25	RD3719-06
Preschool 4/	5 (Aaes					Preschool 2					
Jul 22-Aug 2	M-F	10:40 AM-11:10 AM	10	\$77.25	MY3953-01	Jul 2-Aug 1	Tu/Th	10:10 AM-10:40 AM	10	\$77.25	RD3724-01
ū				******		Jul 2-Aug 1	Tu/Th	10:50 AM-11:20 AM	10	\$77.25	RD3724-02
<b>Swimmer 1 (</b> Jul 8-19	Ages of M-F	10:05 AM-10:35 AM	10	\$77.25	MY3744-01	Jul 3-Aug 2	W/F	10:10 AM-10:40 AM	10	\$77.25	RD3724-03
Jul 8-19	M-F	11:25 AM-11:55 AM	10	\$77.25 \$77.25	MY3744-01 MY3744-02	Jul 3-Aug 2	W/F	10:40 AM-11:10 AM	10	\$77.25	RD3724-04
Jul 22-Aug 2	M-F	09:30 AM-10:00 AM		\$77.25	MY3744-02	Preschool 3	(Ages 3	-5 vrs)			
Jul 22-Aug 2	M-F	11:20 AM-11:50 AM	10	\$77.25	MY3744-04	Jul 2-Aug 1	Tu/Th	09:30 AM-10:00 AM	10	\$77.25	RD3729-01
Aug 6-16	M-F	09:40 AM-10:10 AM		\$69.25	MY3743-01	Jul 3-Aug 2	W/F	11:15 AM-11:45 AM	10	\$77.25	RD3729-02
Aug 6-16	M-F	10:10 AM-10:40 AM		\$69.25	MY3743-02	Preschool 4		5 vre\			
Aug 6-16	M-F	11:25 AM-11:55 AM	9	\$69.25	MY3743-03	Jul 2-Aug 1	Tu/Th	11:25 AM-11:55 AM	10	\$77.25	RD3734-01
Swimmer 2 (	Ages 6+	·)				Preschool 4/	5 (Ages			·	
Jul 8-19	M-F	09:40 AM-10:10 AM	10	\$77.25	MY3749-01	Jul 3-Aug 2	W/F	09:25 AM-09:55 AM	10	\$77.25	RD3953-01
Jul 8-19	M-F	10:40 AM-11:10 AM	10	\$77.25	MY3749-02	Swimmer 1 (	Anes 6+				
Jul 22-Aug 2	M-F	10:05 AM-10:35 AM	10	\$77.25	MY3749-03	Jul 2-Aug 1	Tu/Th	09:25 AM-09:55 AM	10	\$77.25	RD3744-01
Jul 22-Aug 2	M-F	10:50 AM-11:20 AM		\$77.25	MY3749-04	Jul 2-Aug 1	Tu/Th	09:25 AM-09:55 AM	10	\$77.25	RD3744-02
Aug 6-16	M-F	09:45 AM-10:15 AM		\$69.25	MY3748-01	Jul 2-Aug 1	Tu/Th	10:05 AM-10:35 AM	10	\$77.25	RD3744-03
Aug 6-16	M-F	10:45 AM-11:15 AM	9	\$69.25	MY3748-02	Jul 2-Aug 1	Tu/Th	10:50 AM-11:20 AM	10	\$77.25	RD3744-04
Swimmer 3 (	Ages 6+	.)				Jul 2-Aug 1	Tu/Th	11:25 AM-11:55 AM	10	\$77.25	RD3744-05
Jul 8-19	M-F	10:20 AM-10:50 AM	10	\$77.25	MY3754-01	Jul 3-Aug 2	W/F	09:20 AM-09:50 AM	10	\$77.25	RD3744-06
Jul 8-19	M-F	10:50 AM-11:20 AM	10	\$77.25	MY3754-02	Jul 3-Aug 2	W/F	10:00 AM-10:30 AM	10	\$77.25	RD3744-07
Jul 22-Aug 2	M-F	10:15 AM-10:45 AM	10	\$77.25	MY3754-03	Jul 3-Aug 2	W/F	10:50 AM-11:20 AM	10	\$77.25	RD3744-08
Jul 22-Aug 2	M-F	11:55 AM-12:25 PM		\$77.25	MY3754-04	Jul 3-Aug 2	W/F	11:25 AM-11:55 AM	10	\$77.25	RD3744-09
Aug 6-16	M-F	10:20 AM-10:50 AM	9	\$69.25	MY3753-01	Swimmer 2 (	Ages 6+	.)			
Aug 6-16	M-F	10:50 AM-11:20 AM	9	\$69.25	MY3753-02	Jul 2-Aug 1	Tu/Th	10:10 AM-10:40 AM	10	\$77.25	RD3749-01
Swimmer 4 (	Ages 6+	·)				Jul 2-Aug 1	Tu/Th	10:40 AM-11:10 AM	10	\$77.25	RD3749-02
Jul 8-19	M-F	11:35 AM-12:20 PM	10	\$101.25	MY3759-01	Jul 2-Aug 1	Tu/Th	11:25 AM-11:55 AM	10	\$77.25	RD3749-03
Jul 22-Aug 2	M-F	10:55 AM-11:40 AM		\$101.25	MY3759-02	Jul 3-Aug 2	W/F	10:05 AM-10:35 AM	10	\$77.25	RD3749-04
Aug 6-16	M-F	11:35 AM-12:20 PM		\$91.00	MY3758-01	Jul 3-Aug 2	W/F	10:50 AM-11:20 AM	10	\$77.25	RD3749-05
Swimmer 4/5			-	,		Jul 3-Aug 2	W/F	11:15 AM-11:45 AM	10	\$77.25	RD3749-06
Jul 22-Aug 2	M-F	09:20 AM-10:05 AM	10	\$101.25	MY3957-01	Swimmer 3 (	•				
Swimmer 5 (			-	,		Jul 2-Aug 1	Tu/Th	10:00 AM-10:30 AM	10	\$77.25	RD3754-01
Jul 8-19	M-F	09:20 AM-10:05 AM	10	\$101.25	MY3764-01	Jul 2-Aug 1	Tu/Th	10:50 AM-11:20 AM	10	\$77.25	RD3754-02
Swimmer 5/6			10	ψ101.23	WI 1 0 1 04-0 1	Jul 2-Aug 1	Tu/Th	11:25 AM-11:55 AM	10	\$77.25	RD3754-03
	M-F	<b>ידי)</b> 10:15 AM-11:00 AM	9	\$91.00	MY3960-01	Jul 3-Aug 2	W/F	09:30 AM-10:00 AM	10	\$77.25	RD3754-04
Aug 6-16			Ð	ψ31.00	M I 0500-0 I	Jul 3-Aug 2	W/F	10:50 AM-11:20 AM	10 10	\$77.25 \$77.25	RD3754-05
Swimmer 6 (			10	¢101.05	MV2760 04	Jul 3-Aug 2	W/F	11:25 AM-11:55 AM	10	\$77.25	RD3754-06
Jul 8-19	M-F	10:15 AM-11:00 AM		\$101.25 \$101.25	MY3769-01	Swimmer 4 (			4.5	A404.55	DD0=== 6 :
Jul 22-Aug 2	M-F	10:05 AM-10:50 AM	10	\$101.25	MY3769-02	Jul 2-Aug 1	Tu/Th	09:20 AM-10:05 AM	10	\$101.25	RD3759-01
						Jul 2-Aug 1	Tu/Th	10:35 AM-11:20 AM	10	\$101.25	RD3759-02
						Jul 3-Aug 2	W/F	09:55 AM-10:40 AM	10	\$101.25	RD3759-03
20											

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Swimmer 5 (						Apr 9-May 2	Tu/Th	03:00 PM-03:30 PM	8	\$72.50	LW2715-10
Jul 2-Aug 1	Tu/Th	09:20 AM-10:05 AM	10	\$101.25	RD3764-01	Apr 9-May 2	Tu/Th	05:05 PM-05:35 PM	8	\$72.50	LW2715-11
Jul 3-Aug 2	W/F	09:20 AM-10:05 AM	10	\$101.25	RD3764-02	Apr 9-May 2 Apr 9-May 2	Tu/Th Tu/Th	05:10 PM-05:40 PM 05:45 PM-06:15 PM	8 8	\$72.50 \$72.50	LW2715-12 LW2715-13
Swimmer 6 (A	Ages 6+	+)				Apr 9-May 2	Tu/Th	07:40 PM-08:10 PM	8	\$72.50	LW2715-14
Jul 2-Aug 1	Tu/Th	09:55 AM-10:40 AM	10	\$101.25	RD3769-01	Apr 10-May 29	W	09:45 AM-10:15 AM	8	\$72.50	LW2715-14
Jul 3-Aug 2	W/F	09:20 AM-10:05 AM	10	\$101.25	RD3769-02	Apr 10-May 29	W	04:40 PM-05:10 PM	8	\$72.50	LW2715-16
Rookie Patro	I (Ages	6+)				Apr 10-May 29	W	05:15 PM-05:45 PM	8	\$72.50	LW2715-17
Jul 2-Aug 1	Tu/Th	10:45 AM-11:45 AM	10	\$115.75	RD3774-01	Apr 10-May 29	W	05:55 PM-06:25 PM	8	\$72.50	LW2715-18
Rookie/Rang	er Patro	ol (Ages 6+)				Apr 10-May 29	W	06:50 PM-07:20 PM	8	\$72.50	LW2715-19
Jul 3-Aug 2	W/F	10:45 AM-11:45 AM	10	\$115.75	RD3961-01	Apr 10-May 29	W	07:00 PM-07:30 PM	8	\$72.50	LW2715-20
	••••		. •	ų		Apr 12-May 31	F	09:45 AM-10:15 AM	8	\$72.50	LW2715-21
						Apr 12-May 31	F F	04:50 PM-05:20 PM	8 8	\$72.50	LW2715-22
LAKEWOO	DD CI	VIC CENTRE 10	635 McK	ercher Dr	ive	Apr 12-May 31 Apr 13-Jun 1	г Sa	05:50 PM-06:20 PM 09:35 AM-10:05 AM	8	\$72.50 \$72.50	LW2715-23 LW2715-24
		n May 20; Jul 1; A				Apr 13-Jun 1	Sa	10:15 AM-10:45 AM	8	\$72.50	LW2715-24 LW2715-25
Classes Call	elleu ol	Tiviay 20, Jul 1, Al	ug J.			Apr 13-Jun 1	Sa	11:35 AM-12:05 PM	8	\$72.50	LW2715-26
M / 5-day	lesson	sets are available a	at Lakeu	rood Civir	Centre this	Apr 13-Jun 1	Sa	12:20 PM-12:50 PM	8	\$72.50	LW2715-27
						May 7-30	Tu/Th	09:10 AM-09:40 AM	8	\$72.50	LW2715-28
Spring	g ana S	ummer. Refer to pa	ige zz ic	or more ir	iiomation.	May 7-30	Tu/Th	01:50 PM-02:20 PM	8	\$72.50	LW2715-29
Darant 9 Tat	1 / 1 ~ ~ ~	. 4 12 maa\				May 7-30	Tu/Th	03:00 PM-03:30 PM	8	\$72.50	LW2715-30
Parent & Tot	Su	05:30 PM-06:00 PM	8	\$72.50	LW2700-01	May 7-30	Tu/Th	05:15 PM-05:45 PM	8	\$72.50	LW2715-31
Apr 7-May 26 Apr 8-Jun 3	M	09:10 AM-09:40 AM	8	\$72.50	LW2700-01 LW2700-02	May 7-30	Tu/Th	06:15 PM-06:45 PM	8	\$72.50	LW2715-32
Apr 8-Jun 3	M	05:15 PM-05:45 PM	8	\$72.50	LW2700-02 LW2700-03	May 7-30	Tu/Th	06:50 PM-07:20 PM	8	\$72.50	LW2715-33
Apr 9-May 2	Tu/Th	09:10 AM-09:40 AM	8	\$72.50	LW2700-03 LW2700-04	May 7-30	Tu/Th	07:00 PM-07:30 PM	8	\$72.50	LW2715-34
Apr 9-May 2	Tu/Th	05:40 PM-06:10 PM	8	\$72.50	LW2700-04 LW2700-05	Jul 2-12 Jul 2-12	M-F M-F	09:10 AM-09:40 AM 09:30 AM-10:00 AM	9 9	\$81.50 \$81.50	LW3716-01 LW3716-02
Apr 10-May 29	W	10:20 AM-10:50 AM	8	\$72.50	LW2700-06	Jul 2-12 Jul 2-12	M-F	10:25 AM-10:55 AM	9	\$81.50	LW3716-02
Apr 10-May 29	W	04:40 PM-05:10 PM	8	\$72.50	LW2700-07	Jul 2-12	M-F	11:05 AM-11:35 AM	9	\$81.50	LW3716-04
Apr 10-May 29	W	06:25 PM-06:55 PM	8	\$72.50	LW2700-08	Jul 2-12	M-F	05:10 PM-05:40 PM	9	\$81.50	LW3716-05
Apr 12-May 31	F	10:20 AM-10:50 AM	8	\$72.50	LW2700-09	Jul 2-12	M-F	05:45 PM-06:15 PM	9	\$81.50	LW3716-06
Apr 13-Jun 1	Sa	09:05 AM-09:35 AM	8	\$72.50	LW2700-10	Jul 15-26	M-F	10:00 AM-10:30 AM	10	\$90.75	LW3717-01
May 7-31	Tu/Th	10:20 AM-10:50 AM	8	\$72.50	LW2700-11	Jul 15-26	M-F	10:05 AM-10:35 AM	10	\$90.75	LW3717-02
Jul 2-12	M-F	09:45 AM-10:15 AM	9	\$81.50	LW3701-01	Jul 15-26	M-F	10:40 AM-11:10 AM	10	\$90.75	LW3717-03
Jul 2-12	M-F	05:50 PM-06:20 PM	9	\$81.50	LW3701-02	Jul 15-26	M-F	11:25 AM-11:55 AM	10	\$90.75	LW3717-04
Jul 29-Aug 9	M-F	05:10 PM-05:40 PM	9	\$81.50	LW3701-03	Jul 15-26	M-F	06:20 PM-06:50 PM	10	\$90.75	LW3717-05
Parent & Tot	2 (Ages	s 12-24 mos)				Jul 29-Aug 9 Jul 29-Aug 9	M-F M-F	09:10 AM-09:40 AM 09:45 AM-10:15 AM	9 9	\$81.50 \$81.50	LW3716-07 LW3716-08
Apr 8-Jun 3	M	06:30 PM-07:00 PM	8	\$72.50	LW2705-01	Jul 29-Aug 9	M-F	10:20 AM-10:50 AM	9	\$81.50	LW3716-09
Apr 9-May 2	Tu/Th	02:25 PM-02:55 PM	8	\$72.50	LW2705-02	Jul 29-Aug 9	M-F	10:40 AM-11:10 AM	9	\$81.50	LW3716-10
Apr 10-May 29	W	07:15 PM-07:45 PM	8	\$72.50	LW2705-03	Jul 29-Aug 9	M-F	05:00 PM-05:30 PM	9	\$81.50	LW3716-11
Apr 12-May 31	F	04:40 PM-05:10 PM	8	\$72.50	LW2705-04	Jul 29-Aug 9	M-F	05:35 PM-06:05 PM	9	\$81.50	LW3716-12
Apr 13-Jun 1	Sa	12:20 PM-12:50 PM	8	\$72.50	LW2705-05	Jul 29-Aug 9	M-F	05:50 PM-06:20 PM	9	\$81.50	LW3716-13
May 7-30	Tu/Th	05:05 PM-05:35 PM	8	\$72.50	LW2705-06	Jul 29-Aug 9	M-F	06:35 PM-07:05 PM	9	\$81.50	LW3716-14
Jul 2-12	M-F	10:20 AM-10:50 AM 10:45 AM-11:15 AM	9	\$81.50	LW3706-01	Aug 12-16	M-F	11:25 AM-11:55 AM	10	\$90.75	LW3717-06
Jul 15-26	M-F		10	\$90.75	LW3707-01			06:25 PM-6:55 PM	40	***	
Parent & Tot			_			Aug 19-30	M-F	09:10 AM-09:40 AM	10	\$90.75	LW3717-07
Apr 7-May 26	Su	06:20 PM-06:50 PM	8	\$72.50	LW2710-01	Aug 19-30	M-F	11:15 AM-11:45 AM	10	\$90.75	LW3717-08
Apr 8-Jun 3	M	04:30 PM-05:00 PM	8	\$72.50	LW2710-02	Preschool 2 (		-5 yrs)	_		111/2-2
Apr 13-Jun 1	Sa Tu/Th	11:10 AM-11:40 AM	8	\$72.50	LW2710-03	Apr 7-May 26	Su	05:30 PM-06:00 PM	8	\$72.50	LW2720-01
May 7-30 Jul 2-12	Tu/Th M-F	02:25 PM-02:55 PM	8 0	\$72.50 \$81.50	LW2710-04 LW3711-01	Apr 7-May 26	Su	07:20 PM-07:50 PM	8	\$72.50	LW2720-02
Jul 2-12 Jul 15-26	M-F	06:20 PM-06:50 PM 09:20 AM-09:50 AM	9 10	\$90.75	LW3711-01 LW3712-01	Apr 8-Jun 3 Apr 8-Jun 3	M	10:20 AM-10:50 AM 05:05 PM-05:35 PM	8 9	\$72.50 \$72.50	LW2720-03
Jul 15-26	M-F	06:35 PM-07:05 PM	10	\$90.75	LW3712-01 LW3712-02	Apr 8-Jun 3 Apr 8-Jun 3	M M	05:40 PM-06:10 PM	8 8	\$72.50 \$72.50	LW2720-04 LW2720-05
Jul 29-Aug 9	M-F	11:15 AM-11:45 AM	9	\$81.50	LW3711-02	Apr 9-May 2	Tu/Th	10:20 AM-10:50 AM	8	\$72.50	LW2720-05
-			J	701.00		Apr 9-May 2	Tu/Th	01:15 PM-01:45 PM	8	\$72.50	LW2720-07
Preschool 1	` •		0	\$70 E0	110/2715 01	Apr 9-May 2	Tu/Th	04:35 PM-05:05 PM	8	\$72.50	LW2720-08
Apr 7-May 26 Apr 7-May 26	Su	05:30 PM-06:00 PM 06:05 PM-06:35 PM	8 8	\$72.50 \$72.50	LW2715-01 LW2715-02	Apr 9-May 2	Tu/Th	05:45 PM-06:15 PM	8	\$72.50	LW2720-09
Apr 7-May 26 Apr 7-May 26	Su Su	07:40 PM-08:10 PM	8	\$72.50 \$72.50	LW2715-02 LW2715-03	Apr 9-May 2	Tu/Th	06:25 PM-06:55 PM	8	\$72.50	LW2720-10
Apr 8-Jun 3	M	09:45 AM-10:15 AM	8	\$72.50	LW2715-04	Apr 9-May 2	Tu/Th	06:45 PM-07:15 PM	8	\$72.50	LW2720-11
Apr 8-Jun 3	M	04:30 PM-05:00 PM	8	\$72.50	LW2715-05	Apr 10-May 29	W	09:10 AM-09:40 AM	8	\$72.50	LW2720-12
Apr 8-Jun 3	M	05:20 PM-05:50 PM	8	\$72.50	LW2715-06	Apr 10-May 29	W	05:40 PM-06:10 PM	8	\$72.50	LW2720-13
Apr 8-Jun 3	M	06:25 PM-06:55 PM	8	\$72.50	LW2715-07	Apr 10-May 29	W	06:35 PM-07:05 PM	8	\$72.50	LW2720-14
Apr 9-May 2	Tu/Th	09:45 AM-10:15 AM	8	\$72.50	LW2715-08	Apr 10-May 29	W F	07:40 PM-08:10 PM	8 8	\$72.50 \$72.50	LW2720-15
Apr 9-May 2	Tu/Th	01:50 PM-02:20 PM	8	\$72.50	LW2715-09	Apr 12-May 31		09:10 AM-09:40 AM		φ12.30	LW2720-16
•						Preschool 2 swii	m lesson	s continued on page 2	3 >>		21

### LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)



# New! 5-Day Lesson Sets

5-day lesson sets are available at Riversdale Pool and Lakewood Civic Centre this Spring and Summer. These condensed sets are ideal for participants who don't have the time to dedicate to a full lesson set, need to brush up on one or two skills to finish a level or just want to get more comfortable in the water.

#### RIVERSDALE POOL 822 Avenue H South

Preschool 1	Ages 3	3-5 yrs)			
Aug 26-30	M-F	11:25 AM-11:55 AM	5	\$38.75	RD3976-01
Preschool 2	Ages 3	8-5 yrs)			
Aug 26-30	M-F	11:25 AM-11:55 AM	5	\$38.75	RD3977-01
Swimmer 1 (	Ages 6	+)			
Aug 26-30	M-F	10:50 AM-11:20 AM	5	\$38.75	RD3981-01
Aug 26-30	M-F	10:50 AM-11:20 AM	5	\$38.75	RD3981-02
Swimmer 2 (	Ages 6	+)			
Aug 26-30	M-F	10:10 AM-10:40 AM	5	\$38.75	RD3982-01
Swimmer 3 (A	Ages 6	+)			
Aug 26-30	M-F	10:10 AM-10:40 AM	5	\$38.75	RD3983-01
Swimmer 4 (A	Ages 6	+)			
Aug 26-30	M-F	09:20 AM-10:05 AM	5	\$50.75	RD3984-01
Swimmer 5 (A	Ages 6	+)			
Aug 26-30 `	M-F	09:20 AM-10:05 AM	5	\$50.75	RD3985-01

LAKEWOOD CIVIC CENTRE 1635 McKercher Di	rive
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Parent & Tot	2 (Ages	s 12-24 mos)			
Jun 4-18	Tu/Th	09:10 AM-09:40 AM	5	\$51.00	LW2914-01
Jun 5-19	M/W	09:45 AM-10:15 AM	5	\$51.00	LW2914-02
Parent & Tot	3 (Ages	s 24-36 mos)			
Apr 1-5	M-F	09:10 AM-09:40 AM	5	\$51.00	LW2915-01
Apr 1-5	M-F	04:35 PM-05:05 PM	5	\$51.00	LW2915-02
Jun 4-18	Tu/Th	02:25 PM-02:55 PM	5	\$51.00	LW2915-03
Jun 4-18	Tu/Th	05:15 PM-05:45 PM	5	\$51.00	LW2915-04
Preschool 1	(Ages 3	-5 yrs)			
Apr 1-5	` M-F	09:45 AM-10:15 AM	5	\$51.00	LW2916-01
Apr 1-5	M-F	04:40 PM-05:10 PM	5	\$51.00	LW2916-02
Apr 1-5	M-F	05:45 PM-06:15 PM	5	\$51.00	LW2916-03

Date	Day(s)	Time	#Classes	Fee	Code
Jun 4-18	Tu/Th	09:45 AM-10:15 AM	5	\$51.00	LW2916-04
Jun 4-18	Tu/Th	01:15 PM-01:45 PM	5	\$51.00	LW2916-05
Jun 4-18	Tu/Th	03:00 PM-03:30 PM	5	\$51.00	LW2916-06
Jun 4-18	Tu/Th	04:30 PM-05:00 PM	5	\$51.00	LW2916-07
Jun 4-18	Tu/Th	06:35 PM-07:05 PM	5	\$51.00	LW2916-08
Jun 4-18	Tu/Th	07:40 PM-08:10 PM	5	\$51.00	LW2916-09
Jun 5-19	M/W	10:20 AM-10:50 AM	5	\$51.00	LW2916-10
Jun 5-19	M/W	04:40 PM-05:10 PM	5	\$51.00	LW2916-11
Jun 5-19	M/W	05:45 PM-06:15 PM	5	\$51.00	LW2916-12
Jun 5-19	M/W	06:25 PM-06:55 PM	5	\$51.00	LW2916-13
Preschool 2	(Ages 3	-5 yrs)			
Apr 1-5	M-F	10:20 AM-10:50 AM	5	\$51.00	LW2917-01
Apr 1-5	M-F	05:05 PM-05:35 PM	5	\$51.00	LW2917-02
Apr 1-5	M-F	06:25 PM-06:55 PM	5	\$51.00	LW2917-03
Jun 4-18	Tu/Th	10:20 AM-10:50 AM	5	\$51.00	LW2917-04
Jun 4-18	Tu/Th	01:50 PM-02:20 PM	5	\$51.00	LW2917-05
Jun 4-18	Tu/Th	05:10 PM-05:40 PM	5	\$51.00	LW2917-06
Jun 4-18	Tu/Th	06:25 PM-06:55 PM	5	\$51.00	LW2917-07
Jun 5-19	M/W	09:10 AM-09:40 AM	5	\$51.00	LW2917-08
Jun 5-19	M/W	05:05 PM-05:35 PM	5	\$51.00	LW2917-09
Preschool 3			-	<b>A</b> E4 00	114/0040 04
Apr 1-5	M-F	05:40 PM-06:10 PM	5	\$51.00	LW2918-01
Jun 5-19	M/W	05:40 PM-06:10 PM	5	\$51.00	LW2918-02
Preschool 4 Jun 4-18	Tu/Th	05:40 PM-06:10 PM	5	\$51.00	LW2919-01
Preschool 5			J	ψ51.00	LVV2313-01
Jun 4-18	Tu/Th	07:10 PM-07:40 PM	5	\$51.00	LW2920-01
Swimmer 1 (	Ages 64	-)			
Apr 1-5	M-F	04:30 PM-05:00 PM	5	\$51.00	LW2921-01
Apr 1-5	M-F	05:50 PM-06:20 PM	5	\$51.00	LW2921-02
Apr 1-5	M-F	06:20 PM-06:50 PM	5	\$51.00	LW2921-03
Jun 4-18	Tu/Th	04:35 PM-05:05 PM	5	\$51.00	LW2921-04
Jun 4-18	Tu/Th	05:05 PM-05:35 PM	5	\$51.00	LW2921-05
Jun 4-18	Tu/Th	05:50 PM-06:20 PM	5	\$51.00	LW2921-06
Jun 4-18	Tu/Th	07:05 PM-07:35 PM	5	\$51.00	LW2921-07
Jun 4-18	Tu/Th	07:35 PM-08:05 PM	5	\$51.00	LW2921-08
Jun 5-19	M/W	04:30 PM-05:00 PM	5	\$51.00	LW2921-09
Jun 5-19	M/W	05:50 PM-06:20 PM	5	\$51.00	LW2921-10
Jun 5-19	M/W	06:20 PM-06:50 PM	5	\$51.00	LW2921-11
Swimmer 2 (			_	0=4.00	
Apr 1-5	M-F	05:15 PM-05:45 PM	5	\$51.00	LW2922-01
Apr 1-5	M-F	06:15 PM-06:45 PM	5	\$51.00	LW2922-02
Jun 4-18	Tu/Th	04:40 PM-05:10 PM	5	\$51.00	LW2922-03
Jun 4-18	Tu/Th	05:45 PM-06:15 PM	5	\$51.00	LW2922-04
Jun 4-18	Tu/Th	07:00 PM-07:30 PM	5	\$51.00	LW2922-05
Jun 5-19	M/W	04:35 PM-05:05 PM	5	\$51.00	LW2922-06
Jun 5-19	M/W M/W	05:15 PM-05:45 PM 06:15 PM-06:45 PM	5 5	\$51.00	LW2922-07
Jun 5-19			IJ	\$51.00	LW2922-08
Swimmer 3 (Apr 1-5	Ages 61 M-F	·) 05:10 PM-05:40 PM	5	\$51.00	LW2923-01
Jun 4-18	Tu/Th	06:30 PM-07:00 PM	5	\$51.00	LW2923-01 LW2923-02
Jun 4-18	Tu/Th	07:45 PM-08:15 PM	5	\$51.00	LW2923-02 LW2923-03
Jun 5-19	M/W	05:10 PM-05:40 PM	5	\$51.00	LW2923-04
Juli 0 10	1 V 1/ V V	55. 10 1 IVI-00.TO I IVI	J	ψ01.00	L112020-04



Find programs and register online at

leisureonline.saskatoon.ca

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
		s continued from page		<b>A-7</b> 2 5-		Swimmer 1 (A				<b>ATC</b>	
Apr 12-May 31	F	04:40 PM-05:10 PM	8	\$72.50	LW2720-17	Apr 7-May 26	Su	06:40 PM-07:10 PM	8	\$72.50	LW2740-01
Apr 12-May 31	F	05:10 PM-05:40 PM	8	\$72.50	LW2720-18	Apr 7-May 26	Su	07:05 PM-07:35 PM	8	\$72.50	LW2740-02
Apr 13-Jun 1	Sa	09:05 AM-09:35 AM	8	\$72.50	LW2720-19	Apr 8-Jun 3	_ M_	05:55 PM-06:25 PM	8	\$72.50	LW2740-03
Apr 13-Jun 1	Sa	11:45 AM-12:15 PM	8	\$72.50	LW2720-20	Apr 9-May 2	Tu/Th	04:30 PM-05:00 PM	8	\$72.50	LW2740-04
May 7-30	Tu/Th	09:45 AM-10:15 AM	8	\$72.50	LW2720-21	Apr 9-May 2	Tu/Th	06:30 PM-07:00 PM	8	\$72.50	LW2740-05
May 7-30	Tu/Th	01:15 PM-01:45 PM	8	\$72.50	LW2720-22	Apr 9-May 2	Tu/Th	07:20 PM-07:50 PM	8	\$72.50	LW2740-06
May 7-30	Tu/Th	04:30 PM-05:00 PM	8	\$72.50	LW2720-23	Apr 10-May 29	W	05:05 PM-05:35 PM	8	\$72.50	LW2740-07
May 7-30	Tu/Th	04:40 PM-05:10 PM	8	\$72.50	LW2720-24	Apr 10-May 29	M	07:05 PM-07:35 PM	8	\$72.50	LW2740-08
May 7-30	Tu/Th	06:25 PM-06:55 PM	8	\$72.50	LW2720-25	Apr 12-May 31	F	05:45 PM-06:15 PM	8	\$72.50	LW2740-09
Jul 2-12	M-F	09:10 AM-09:40 AM	9	\$81.50	LW3721-01	Apr 12-May 31	F O-	06:20 PM-06:50 PM	8	\$72.50	LW2740-10
Jul 2-12	M-F	09:45 AM-10:15 AM	9	\$81.50	LW3721-02	Apr 13-Jun 1	Sa	10:30 AM-11:00 AM	8	\$72.50	LW2740-11
Jul 2-12	M-F	10:50 AM-11:20 AM	9	\$81.50	LW3721-03	Apr 13-Jun 1	Sa	11:10 AM-11:40 AM	8	\$72.50	LW2740-12
Jul 2-12	M-F M-F	05:00 PM-05:30 PM	9 9	\$81.50	LW3721-04	May 7-30	Tu/Th	04:40 PM-05:10 PM	8	\$72.50	LW2740-13
Jul 2-12		06:20 PM-06:50 PM		\$81.50	LW3721-05	May 7-30	Tu/Th	05:40 PM-06:10 PM	8 8	\$72.50	LW2740-14
Jul 15-26	M-F	09:20 AM-09:50 AM	10	\$90.75	LW3722-01	May 7-30 Jul 2-12	Tu/Th M-F	07:00 PM-07:30 PM	9	\$72.50	LW2740-15
Jul 15-26	M-F M-F	10:05 AM-10:35 AM	10	\$90.75 \$90.75	LW3722-02 LW3722-03	Jul 2-12 Jul 2-12	M-F	09:25 AM-09:55 AM	9	\$81.50 \$81.50	LW3741-01
Jul 15-26 Jul 15-26	M-F	11:20 AM-11:50 AM	10 10	\$90.75	LW3722-03 LW3722-04	Jul 2-12 Jul 2-12	M-F	10:05 AM-10:35 AM 10:30 AM-11:00 AM	9	\$81.50	LW3741-02
Jul 15-26	M-F	05:10 PM-05:40 PM 05:35 PM-06:05 PM	10	\$90.75	LW3722-04 LW3722-05	Jul 2-12 Jul 2-12	M-F	06:25 PM-06:55 PM	9	\$81.50	LW3741-03 LW3741-04
Jul 15-26 Jul 29-Aug 9	M-F	09:10 AM-09:40 AM	9	\$81.50	LW3721-06	Jul 15-26	M-F	10:45 AM-11:15 AM	10	\$90.75	LW3741-04 LW3742-01
Jul 29-Aug 9	M-F	09:45 AM-10:15 AM	9	\$81.50	LW3721-07	Jul 15-26	M-F	11:20 AM-11:50 AM	10	\$90.75	LW3742-01
Jul 29-Aug 9	M-F	05:00 PM-05:30 PM	9	\$81.50	LW3721-07 LW3721-08	Jul 15-26	M-F	05:00 PM-05:30 PM	10	\$90.75	LW3742-02
Aug 12-16	M-F	10:50 AM-11:20 AM	10	\$90.75	LW3722-06	Jul 15-26	M-F	05:45 PM-06:15 PM	10	\$90.75	LW3742-04
Aug 12-10	IVI-I	05:50 PM-06:20 PM	10	ψ30.73	LVV3722-00	Jul 15-26	M-F	06:40 PM-07:10 PM	10	\$90.75	LW3742-05
Aug 19-30	M-F	09:10 AM-09:40 AM	10	\$90.75	LW3722-07	Jul 29-Aug 9	M-F	09:10 AM-09:40 AM	9	\$81.50	LW3741-05
Aug 19-30	M-F	11:35 AM-12:05 PM	10	\$90.75	LW3722-08	Jul 29-Aug 9	M-F	09:25 AM-09:55 AM	9	\$81.50	LW3741-06
•			10	ψ50.70	LIVOI ZZ 00	Jul 29-Aug 9	M-F	11:15 AM-11:45 AM	9	\$81.50	LW3741-07
Preschool 3 (				<b>Ф</b> 70 го	114/0705 04	Jul 29-Aug 9	M-F	06:25 PM-06:55 PM	9	\$81.50	LW3741-08
Apr 8-Jun 3	M T/Th	06:30 PM-07:00 PM	8	\$72.50	LW2725-01	Aug 12-16	M-F	10:00 AM-10:30 AM	10	\$90.75	LW3742-06
Apr 9-May 2	Tu/Th	05:10 PM-05:40 PM	8	\$72.50	LW2725-02	7 tug 12 10		05:00 PM-05:30 PM	10	ψ50.70	LW0142 00
Apr 9-May 2	Tu/Th	06:30 PM-07:00 PM	8	\$72.50	LW2725-03	Aug 12-16	M-F	10:35 AM-11:05 AM	10	\$90.75	LW3742-07
Apr 10-May 29	W W	04:30 PM-05:00 PM 06:05 PM-06:35 PM	8 8	\$72.50 \$72.50	LW2725-04			05:35 PM-06:06 PM		*****	
Apr 10-May 29	F		8	\$72.50	LW2725-05 LW2725-06	Aug 19-30	M-F	09:25 AM-09:55 AM	10	\$90.75	LW3742-09
Apr 12-May 31 Apr 13-Jun 1	Sa	05:15 PM-05:45 PM 09:40 AM-10:10 AM	8	\$72.50	LW2725-07	Aug 19-30	M-F	10:25 AM-10:55 AM	10	\$90.75	LW3742-10
Apr 13-Jun 1	Sa	10:15 AM-10:45 AM	8	\$72.50	LW2725-07 LW2725-08	Aug 19-30	M-F	11:00 AM-11:30 AM	10	\$90.75	LW3742-11
Apr 13-Jun 1	Sa	12:20 PM-12:50 PM	8	\$72.50	LW2725-09	Swimmer 2 (A	Anes 6+	-)		·	
Jul 2-12	M-F	09:15 AM-09:45 AM	9	\$81.50	LW3726-01	Apr 7-May 26	Su	06:05 PM-06:35 PM	8	\$72.50	LW2745-01
Jul 2-12	M-F	11:25 AM-11:55 AM	9	\$81.50	LW3726-02	Apr 7-May 26	Su	07:55 PM-08:25 PM	8	\$72.50	LW2745-02
Jul 2-12	M-F	05:35 PM-06:05 PM	9	\$81.50	LW3726-03	Apr 8-Jun 3	M	04:40 PM-05:10 PM	8	\$72.50	LW2745-03
Jul 15-26	M-F	09:30 AM-10:00 AM	10	\$90.75	LW3727-01	Apr 8-Jun 3	M	05:05 PM-05:35 PM	8	\$72.50	LW2745-04
Jul 15-26	M-F	10:35 AM-11:05 AM	10	\$90.75	LW3727-02	Apr 9-May 2	Tu/Th	04:35 PM-05:05 PM	8	\$72.50	LW2745-05
Jul 15-26	M-F	06:05 PM-06:35 PM	10	\$90.75	LW3727-03	Apr 10-May 29	W	05:20 PM-05:50 PM	8	\$72.50	LW2745-06
Jul 29-Aug 9	M-F	09:15 AM-09:45 AM	9	\$81.50	LW3726-04	Apr 10-May 29	W	05:50 PM-06:20 PM	8	\$72.50	LW2745-07
Jul 29-Aug 9	M-F	05:35 PM-06:05 PM	9	\$81.50	LW3726-05	Apr 12-May 31	F	06:20 PM-06:50 PM	8	\$72.50	LW2745-08
Aug 12-16	M-F	10:50 AM-11:20 AM	10	\$90.75	LW3727-04	Apr 13-Jun 1	Sa	09:40 AM-10:10 AM	8	\$72.50	LW2745-09
7 tag 12 10		05:50 PM-06:20 PM	10	φοσσ	2110121 01	Apr 13-Jun 1	Sa	11:45 AM-12:15 PM	8	\$72.50	LW2745-10
Aug 19-30	M-F	09:45 AM-10:15 AM	10	\$90.75	LW3727-05	May 7-30	Tu/Th	05:15 PM-05:45 PM	8	\$72.50	LW2745-11
Aug 19-30	M-F	11:00 AM-11:30 AM	10	\$90.75	LW3727-06	May 7-30	Tu/Th	07:35 PM-08:05 PM	8	\$72.50	LW2745-12
Preschool 4 (			. •	φσσσ	2	Jul 2-12	M-F	09:50 AM-10:20 AM	9	\$81.50	LW3746-01
Apr 7-May 26	Ayes 3 Su	-3 yrs) 06:05 PM-06:35 PM	8	\$72.50	LW2730-01	Jul 2-12	M-F	11:30 AM-12:00 PM	9	\$81.50	LW3746-02
Apr 8-Jun 3		05:50 PM-06:20 PM	8	\$72.50		Jul 2-12	M-F	05:10 PM-05:40 PM	9	\$81.50	LW3746-03
	M Tu/Th				LW2730-02	Jul 15-26	M-F	09:30 AM-10:00 AM	10	\$90.75	LW3747-01
Apr 9-May 2 Apr 13-Jun 1	Tu/Th	07:05 PM-07:35 PM 09:05 AM-09:35 AM	8	\$72.50 \$72.50	LW2730-03	Jul 15-26	M-F	09:55 AM-10:25 AM	10	\$90.75	LW3747-02
•	Sa Tu/Th		8 9	\$72.50 \$72.50	LW2730-04 LW2730-05	Jul 15-26	M-F	05:35 PM-06:05 PM	10	\$90.75	LW3747-03
May 7-30 Jul 15-26	M-F	06:25 PM-06:55 PM	8 10	\$90.75	LW3732-01	Jul 29-Aug 9	M-F	09:45 AM-10:15 AM	9	\$81.50	LW3746-04
Jul 29-Aug 9		05:10 PM-05:40 PM	9	\$81.50		Jul 29-Aug 9	M-F	10:40 AM-11:10 AM	9	\$81.50	LW3746-05
ŭ	M-F	06:10 PM-06:40 PM	9	VC.1 Οφ	LW3731-01	Jul 29-Aug 9	M-F	06:05 PM-06:35 PM	9	\$81.50	LW3746-06
Preschool 5 (						Aug 12-16	M-F	10:00 AM-10:30 AM	10	\$90.75	LW3747-04
Apr 7-May 26	Su	07:25 PM-07:55 PM	8	\$72.50	LW2735-01	.5	-	05:00 PM-05:30 PM	-	, · · · <del>-</del>	
Apr 8-Jun 3	M	05:15 PM-05:45 PM	8	\$72.50	LW2735-02	Aug 12-16	M-F	11:40 AM-12:10 PM	10	\$90.75	LW3747-05
Apr 9-May 2	Tu/Th	06:45 PM-07:15 PM	8	\$72.50	LW2735-03	.5	-	06:40 PM-07:10 PM	-	, · · · <del>-</del>	
Apr 13-Jun 1	Sa	11:00 AM-11:30 AM	8	\$72.50	LW2735-04	Aug 19-30	M-F	09:45 AM-10:15 AM	10	\$90.75	LW3747-06
May 7-30	Tu/Th	05:40 PM-06:10 PM	8	\$72.50	LW2735-05	Aug 19-30	M-F	10:40 AM-11:10 AM	10	\$90.75	LW3747-07
Jul 29-Aug 9	M-F	11:15 AM-11:45 AM	9	\$81.50	LW3736-01	Aug 19-30	M-F	11:35 AM-12:05 PM	10	\$90.75	LW3747-08
						<b>U</b>				*	23

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Swimmer 3 (A	Ages 6+					Apr 9-May 2	Tu/Th	05:45 PM-06:30 PM	8	\$95.25	LW2765-03
Apr 7-May 26	Su	07:40 PM-08:10 PM		\$72.50	LW2750-01	Apr 10-May 29	M	05:15 PM-06:00 PM	8	\$95.25	LW2765-04
Apr 7-May 26	Su	08:15 PM-08:45 PM		\$72.50	LW2750-02	Apr 12-May 31 Apr 13-Jun 1	F	06:15 PM-07:00 PM	8 8	\$95.25 \$95.25	LW2765-05 LW2765-06
Apr 8-Jun 3	M T. /TI-	04:40 PM-05:10 PM		\$72.50	LW2750-03	May 7-30	Sa Tu/Th	10:10 AM-10:55 AM 05:50 PM-06:35 PM	8	\$95.25 \$95.25	LW2765-06 LW2765-07
Apr 9-May 2	Tu/Th	07:05 PM-07:35 PM		\$72.50	LW2750-04	Jul 2-12	M-F	11:00 AM-11:45 AM	9	\$107.25	LW3766-01
Apr 9-May 2	Tu/Th W	07:40 PM-08:10 PM		\$72.50 \$72.50	LW2750-05 LW2750-06	Jul 15-26	M-F	10:35 AM-11:20 AM	10	\$119.00	LW3767-01
Apr 10-May 29 Apr 10-May 29	W	04:40 PM-05:10 PM 06:40 PM-07:10 PM		\$72.50 \$72.50	LW2750-06 LW2750-07	Jul 29-Aug 9	M-F	10:25 AM-11:10 AM	9	\$107.25	LW3766-02
Apr 12-May 31	F	04:35 PM-05:05 PM		\$72.50	LW2750-07 LW2750-08	Jul 29-Aug 9	M-F	06:10 PM-06:55 PM	9	\$107.25	LW3766-03
Apr 12-May 31	F	06:25 PM-06:55 PM		\$72.50	LW2750-00 LW2750-09	Aug 12-16	M-F	11:10 AM-11:55 AM	10	\$119.00	LW3767-02
Apr 13-Jun 1	Sa	09:00 AM-09:30 AM	8	\$72.50	LW2750-10			06:10 PM-06:55 PM			
Apr 13-Jun 1	Sa	10:50 AM-11:20 AM	8	\$72.50	LW2750-11	Rookie Patrol	(Ages	6+)			
May 7-30	Tu/Th	05:40 PM-06:10 PM		\$72.50	LW2750-12	Apr 9-May 2	Tu/Th	04:40 PM-05:40 PM	8	\$109.00	LW2770-01
May 7-30	Tu/Th	07:35 PM-08:05 PM	8	\$72.50	LW2750-13	Apr 10-May 29	W	07:10 PM-08:10 PM	8	\$109.00	LW2770-02
Jul 2-2	M-F	10:55 AM-11:25 AM	9	\$81.50	LW3751-01	Apr 13-Jun 1	Sa	11:15 AM-12:15 PM	8	\$109.00	LW2770-03
Jul 2-12	M-F	05:45 PM-06:15 PM		\$81.50	LW3751-02	May 7-30	Tu/Th	04:35 PM-05:35 PM	8	\$109.00	LW2770-04
Jul 15-26	M-F	09:25 AM-09:55 AM	10	\$90.75	LW3752-01	Jul 2-12	M-F	06:10 PM-07:10 PM	9	\$122.50	LW3771-01
Jul 15-26	M-F	11:20 AM-11:50 AM	10	\$90.75	LW3752-02	Jul 15-26	M-F	06:10 PM-07:10 PM	10	\$136.25	LW3772-01
Jul 15-26	M-F	05:00 PM-05:30 PM	10	\$90.75	LW3752-03	Jul 29-Aug 9	M-F	05:00 PM-06:00 PM	9	\$122.50	LW3771-02
Jul 29-Aug 9	M-F	10:00 AM-10:30 AM	9	\$81.50	LW3751-03	Ranger Patro	l (Ages	6+)			
Jul 29-Aug 9	M-F	11:15 AM-11:45 AM	9	\$81.50	LW3751-04	Apr 9-May 2	Tu/Th	04:40 PM-05:40 PM	8	\$109.00	LW2775-01
Jul 29-Aug 9	M-F	06:40 PM-07:10 PM		\$81.50	LW3751-05	Apr 12-May 31	F	05:15 PM-06:15 PM	8	\$109.00	LW2775-02
Aug 12-16	M-F	11:25 AM-11:55 AM	10	\$90.75	LW3752-04	Apr 13-Jun 1	Sa	11:35 AM-12:35 PM	8	\$109.00	LW2775-03
Aug 10 20	M-F	06:25 PM-06:55 PM	10	\$90.75	LW3752-05	May 7-30	Tu/Th	04:35 PM-05:35 PM	8	\$109.00	LW2775-04
Aug 19-30 Aug 19-30	M-F	10:00 AM-10:30 AM 10:25 AM-10:55 AM	10	\$90.75	LW3752-05 LW3752-06	Jul 2-12	M-F	05:50 PM-06:50 PM	9 10	\$122.50	LW3776-01
· ·			10	ψ30.73	LVV3732-00	Jul 15-26 Aug 12-16	M-F M-F	06:10 PM-07:10 PM 10:35 AM-11:35 AM	10	\$136.25 \$136.25	LW3777-01 LW3777-02
Swimmer 4 (			•	<b>#</b> 05.05	114/0755 04	Aug 12-10	171-1	05:35 PM-06:35 PM	10	ψ100.20	LVV3/11-02
Apr 7-May 26	Su	06:50 PM-07:35 PM		\$95.25	LW2755-01	Cton Dotnol (A	C.				
Apr 8-Jun 3	M T/Th	06:15 PM-07:00 PM		\$95.25	LW2755-02	Star Patrol (A			0	¢400.00	LW2780-01
Apr 9-May 2	Tu/Th W	07:00 PM-07:45 PM 04:30 PM-05:15 PM		\$95.25 \$95.25	LW2755-03 LW2755-04	Apr 8-Jun 3 Apr 13-Jun 1	M Sa	05:50 PM-06:50 PM 09:05 AM-10:05 AM	8 8	\$109.00 \$109.00	LW2780-01 LW2780-03
Apr 10-May 29 Apr 10-May 29	W	06:05 PM-06:50 PM		\$95.25	LW2755-05	May 7-30	Tu/Th	06:50 PM-07:50 PM	8	\$109.00	LW2780-03
Apr 10-May 29	W	07:25 PM-08:10 PM		\$95.25	LW2755-06	Jul 15-26	M-F	05:00 PM-06:00 PM	10	\$136.25	LW3782-01
Apr 12-May 31	F	05:25 PM-06:10 PM		\$95.25	LW2755-07	Jul 29-Aug 9	M-F	11:00 AM-12:00 PM	9	\$122.50	LW3781-01
Apr 13-Jun 1	Sa	09:40 AM-10:25 AM	8	\$95.25	LW2755-08					·	
Apr 13-Jun 1	Sa	12:10 PM-12:55 PM		\$95.25	LW2755-09	LAWCON	011 /1 C	CENTRE			
May 7-30	Tu/Th	07:00 PM-07:45 PM		\$95.25	LW2755-10			CENTRE 225 Pri		Orive	
Jul 2-12	M-F	10:00 AM-10:45 AM	9	\$107.25	LW3756-01	Classes cance	elled on	May 20; Jul 1; Aug	5.		
Jul 2-12	M-F	05:00 PM-05:45 PM		\$107.25	LW3756-02						
Jul 15-26	M-F	09:55 AM-10:40 AM	10	\$119.00	LW3757-01	Parent & Tot	1 (Ages	s 4-12 mos)			
Jul 15-26	M-F	11:10 AM-11:55 AM	10	\$119.00	LW3757-02	Apr 7-May 26	Su	05:10 PM-05:40 PM	8	\$72.50	LC2700-01
Jul 15-26	M-F	05:45 PM-06:30 PM		\$119.00	LW3757-03	Apr 8-Jun 3	M	11:15 AM-11:45 AM	8	\$72.50	LC2700-02
Jul 29-Aug 9	M-F	09:50 AM-10:35 AM	9	\$107.25	LW3756-03	Apr 10-May 29	W	09:35 AM-10:05 AM	8	\$72.50	LC2700-03
Jul 29-Aug 9	M-F	05:45 PM-06:30 PM		\$107.25	LW3756-04	Apr 11-May 30	Th	10:05 AM-10:35 AM	8	\$72.50	LC2700-04
Aug 12-16	M-F	10:00 AM-10:45 AM 05:00 PM-05:45 PM	10	\$119.00	LW3757-04	Apr 11-May 30	Th	04:30 PM-05:00 PM	8	\$72.50	LC2700-05
						Apr 12-May 31	F Tu/Th	10:45 AM-11:15 AM 09:35 AM-10:05 AM	8 8	\$72.50 \$72.50	LC2700-06
Swimmer 5 (			_			Jul 2-25 Jul 3-29	Tu/Th M/W	09:30 AM-10:00 AM	8	\$72.50 \$72.50	LC3700-01 LC3700-02
Apr 7-May 26	Su	05:30 PM-06:15 PM	8	\$95.25	LW2760-01	Jul 5-Aug 23	F	11:10 AM-11:40 AM	8	\$72.50	LC3700-02
Apr 8-Jun 3	M T. /TI-	04:30 PM-05:15 PM		\$95.25	LW2760-02	Jul 30-Aug 22	Tu/Th	09:30 AM-10:00 AM	8	\$72.50	LC3700-03
Apr 9-May 2	Tu/Th	05:45 PM-06:30 PM		\$95.25	LW2760-03	Jul 31-Aug 28	M/W	09:00 AM-09:30 AM	8	\$72.50	LC3700-05
Apr 10-May 29 Apr 13-Jun 1	W Sa	05:15 PM-06:00 PM	8 8	\$95.25 \$95.25	LW2760-04 LW2760-05	Jul 31-Aug 28	M/W	05:55 PM-06:25 PM	8	\$72.50	LC3700-06
May 7-30	Tu/Th	10:10 AM-10:55 AM 05:50 PM-06:35 PM		\$95.25 \$95.25	LW2760-05 LW2760-06	Parent & Tot	2 (Ane				
Jul 2-12	M-F	11:00 AM-11:45 AM	9	\$107.25	LW3761-01	Apr 6-May 25	Sa	09:05 AM-09:35 AM	8	\$72.50	LC2705-01
Jul 2-12	M-F	05:00 PM-05:45 PM		\$107.25	LW3761-01	Apr 8-Jun 3	M	05:05 PM-05:35 PM	8	\$72.50	LC2705-02
Jul 29-Aug 9	M-F	10:25 AM-11:10 AM	9	\$107.25	LW3761-03	Apr 9-May 28	Tu	11:20 AM-11:50 AM	8	\$72.50	LC2705-03
Jul 29-Aug 9	M-F	05:00 PM-05:45 PM		\$107.25	LW3761-04	Apr 9-May 28	Tu	05:40 PM-06:10 PM	8	\$72.50	LC2705-04
Aug 12-16	M-F	10:00 AM-10:45 AM	10	\$119.00	LW3762-01	Apr 10-May 29	W	10:10 AM-10:40 AM	8	\$72.50	LC2705-05
•		05:00 PM-05:45 PM		•		Apr 10-May 29	W	05:40 PM-06:10 PM	8	\$72.50	LC2705-06
Swimmer 6 (A	Ages 6+					Apr 11-May 30	Τh	06:30 PM-07:00 PM	8	\$72.50	LC2705-07
Apr 7-May 26	Su	06:50 PM-07:35 PM	8	\$95.25	LW2765-01	Apr 12-May 31	F	04:30 PM-05:00 PM	8	\$72.50	LC2705-08
Apr 8-Jun 3	M	05:40 PM-06:25 PM		\$95.25	LW2765-02	Jul 5-Aug 23 Jul 5-Aug 23	F F	09:30 AM-10:00 AM 06:15 PM-06:45 PM	8 8	\$72.50 \$72.50	LC3705-01 LC3705-02
24			-			Jul 31-Aug 28	M/W	05:05 PM-05:35 PM	8	\$72.50	LC3705-02 LC3705-03
<b>-</b> 7						00. 0 . / lug 20	, * *	33.00 i iii 00.00 i ivi	5	¥, 2.00	200,00 00

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
		es 12-36 mos)	_			Jul 30-Aug 22	Tu/Th	09:00 AM-09:30 AM	8	\$72.50	LC3715-16
Apr 7-May 26	Su	05:30 PM-06:00 PM	8	\$72.50	LC2926-01	Jul 30-Aug 22	Tu/Th	11:25 AM-11:55 AM	8	\$72.50	LC3715-17
Apr 8-Jun 3	M T/Th	12:00 PM-12:30 PM	8	\$72.50	LC2926-02	Jul 30-Aug 22	Tu/Th Tu/Th	05:05 PM-05:35 PM 05:50 PM-06:20 PM	8 8	\$72.50 \$72.50	LC3715-18 LC3715-19
Jul 2-25 Jul 30-Aug 22	Tu/Th Tu/Th	11:15 AM-11:45 AM 11:20 AM-11:50 AM	8 8	\$72.50 \$72.50	LC3926-01 LC3926-02	Jul 30-Aug 22 Jul 31-Aug 28	M/W	09:35 AM-10:05 AM	8	\$72.50	LC3715-19 LC3715-20
Jul 31-Aug 28	M/W	10:10 AM-10:40 AM	8	\$72.50	LC3926-03	Jul 31-Aug 28	M/W	11:25 AM-11:55 AM	8	\$72.50	LC3715-21
-			U	Ψ12.00	L00020-00	Jul 31-Aug 28	M/W	05:00 PM-05:30 PM	8	\$72.50	LC3715-22
Parent & Tot	Sa (Ages	10:25 AM-10:55 AM	8	\$72.50	LC2710-01	Jul 31-Aug 28	M/W	05:40 PM-06:10 PM	8	\$72.50	LC3715-23
Apr 6-May 25 Apr 8-Jun 3	M	04:35 PM-05:05 PM	8	\$72.50	LC2710-01 LC2710-02	Jul 31-Aug 28	M/W	06:25 PM-06:55 PM	8	\$72.50	LC3715-24
Apr 9-May 28	Tu	10:00 AM-10:30 AM	8	\$72.50	LC2710-02	Preschool 1/2	2 (Ages	3-5 vrs)			
Apr 10-May 29	W	10:40 AM-11:10 AM	8	\$72.50	LC2710-04	Apr 8-Jun 3	M	10:45 AM-11:15 AM	8	\$72.50	LC2929-01
Apr 10-May 29	W	04:30 PM-05:00 PM	8	\$72.50	LC2710-05	Preschool 2 (	Anes 3	.5 vrs)			
Apr 12-May 31	F	11:15 AM-11:45 AM	8	\$72.50	LC2710-06	Apr 6-May 25	Sa	09:00 AM-09:30 AM	8	\$72.50	LC2720-01
Jun 4-14	M-F	05:55 PM-06:25 PM	9	\$81.50	LC2711-01	Apr 6-May 25	Sa	09:50 AM-10:20 AM	8	\$72.50	LC2720-02
Jul 3-29	M/W	05:00 PM-05:30 PM	8	\$72.50	LC3710-01	Apr 6-May 25	Sa	10:10 AM-10:40 AM	8	\$72.50	LC2720-03
Preschool 1	(Ages 3	-5 yrs)				Apr 6-May 25	Sa	10:45 AM-11:15 AM	8	\$72.50	LC2720-04
Apr 6-May 25	` Sa	09:00 AM-09:30 AM	8	\$72.50	LC2715-01	Apr 8-Jun 3	М	09:35 AM-10:05 AM	8	\$72.50	LC2720-05
Apr 6-May 25	Sa	09:35 AM-10:05 AM	8	\$72.50	LC2715-02	Apr 8-Jun 3	М	10:05 AM-10:35 AM	8	\$72.50	LC2720-06
Apr 6-May 25	Sa	11:00 AM-11:30 AM	8	\$72.50	LC2715-03	Apr 8-Jun 3	М	04:30 PM-05:00 PM	8	\$72.50	LC2720-07
Apr 7-May 26	Su	05:45 PM-06:15 PM	8	\$72.50	LC2715-04	Apr 8-Jun 3	M	05:20 PM-05:50 PM	8	\$72.50	LC2720-08
Apr 7-May 26	Su	06:20 PM-06:50 PM	8	\$72.50	LC2715-05	Apr 8-Jun 3	M Tu	06:15 PM-06:45 PM 10:10 AM-10:40 AM	8 8	\$72.50 \$72.50	LC2720-09 LC2720-10
Apr 8-Jun 3	М	10:10 AM-10:40 AM	8	\$72.50	LC2715-06	Apr 9-May 28 Apr 9-May 28	Tu	04:30 PM-05:00 PM	8	\$72.50	LC2720-10 LC2720-11
Apr 8-Jun 3	M	10:45 AM-11:15 AM	8	\$72.50	LC2715-07	Apr 9-May 28	Tu	05:05 PM-05:35 PM	8	\$72.50	LC2720-11
Apr 8-Jun 3	M	04:35 PM-05:05 PM	8 8	\$72.50 \$72.50	LC2715-08 LC2715-09	Apr 9-May 28	Tu	05:55 PM-06:25 PM	8	\$72.50	LC2720-13
Apr 8-Jun 3 Apr 8-Jun 3	M M	05:05 PM-05:35 PM 05:45 PM-06:15 PM	8	\$72.50	LC2715-09 LC2715-10	Apr 9-May 28	Tu	06:15 PM-06:45 PM	8	\$72.50	LC2720-14
Apr 8-Jun 3	M	06:30 PM-07:00 PM	8	\$72.50	LC2715-10	Apr 10-May 29	W	10:45 AM-11:15 AM	8	\$72.50	LC2720-15
Apr 8-Jun 3	M	06:50 PM-07:20 PM	8	\$72.50	LC2715-12	Apr 10-May 29	W	04:30 PM-05:00 PM	8	\$72.50	LC2720-16
Apr 9-May 28	Tu	10:35 AM-11:05 AM	8	\$72.50	LC2715-13	Apr 10-May 29	W	05:05 PM-05:35 PM	8	\$72.50	LC2720-17
Apr 9-May 28	Tu	04:30 PM-05:00 PM	8	\$72.50	LC2715-14	Apr 10-May 29	W	06:25 PM-06:55 PM	8	\$72.50	LC2720-18
Apr 9-May 28	Tu	05:05 PM-05:35 PM	8	\$72.50	LC2715-15	Apr 11-May 30	Th	10:05 AM-10:35 AM	8	\$72.50	LC2720-19
Apr 9-May 28	Tu	05:40 PM-06:10 PM	8	\$72.50	LC2715-16	Apr 11-May 30 Apr 11-May 30	Th Th	05:10 PM-05:40 PM 05:40 PM-06:10 PM	8 8	\$72.50 \$72.50	LC2720-20 LC2720-21
Apr 9-May 28	Tu	06:20 PM-06:50 PM	8	\$72.50	LC2715-17	Apr 12-May 31	F	10:05 AM-10:35 AM	8	\$72.50	LC2720-21
Apr 10-May 29	W	10:05 AM-10:35 AM	8	\$72.50	LC2715-18	Apr 12-May 31	F	05:05 PM-05:35 PM	8	\$72.50	LC2720-23
Apr 10-May 29	W	11:20 AM-11:50 AM	8	\$72.50	LC2715-19	Apr 12-May 31	F	05:55 PM-06:25 PM	8	\$72.50	LC2720-24
Apr 10-May 29 Apr 10-May 29	W	04:40 PM-05:10 PM 05:20 PM-05:50 PM	8 8	\$72.50 \$72.50	LC2715-20 LC2715-21	Apr 12-May 31	F	06:20 PM-06:50 PM	8	\$72.50	LC2720-25
Apr 10-May 29	W	05:55 PM-06:25 PM	8	\$72.50	LC2715-21	Jun 4-14	M-F	05:05 PM-05:35 PM	9	\$81.50	LC2721-01
Apr 11-May 30	Th	10:40 AM-11:10 AM	8	\$72.50	LC2715-23	Jul 2-25	Tu/Th	09:00 AM-09:30 AM	8	\$72.50	LC3720-01
Apr 11-May 30	Th	04:35 PM-05:05 PM	8	\$72.50	LC2715-24	Jul 2-25	Tu/Th	05:35 PM-06:05 PM	8	\$72.50	LC3720-02
Apr 11-May 30	Th	05:55 PM-06:25 PM	8	\$72.50	LC2715-25	Jul 2-25	Tu/Th	06:25 PM-06:55 PM	8 8	\$72.50	LC3720-03
Apr 11-May 30	Th	06:30 PM-07:00 PM	8	\$72.50	LC2715-26	Jul 3-29 Jul 3-29	M/W M/W	10:45 AM-11:15 AM 11:25 AM-11:55 AM	8	\$72.50 \$72.50	LC3720-04 LC3720-05
Apr 12-May 31	F	10:10 AM-10:40 AM	8	\$72.50	LC2715-27	Jul 3-29	M/W	05:05 PM-05:35 PM	8	\$72.50	LC3720-06
Apr 12-May 31	F	04:30 PM-05:00 PM	8	\$72.50	LC2715-28	Jul 3-29	M/W	05:35 PM-06:05 PM	8	\$72.50	LC3720-07
Apr 12-May 31	F	05:40 PM-06:10 PM	8	\$72.50	LC2715-29	Jul 3-29	M/W	06:25 PM-06:55 PM	8	\$72.50	LC3720-08
Apr 12-May 31	F	06:15 PM-06:45 PM	8	\$72.50	LC2715-30	Jul 5-Aug 23	F	10:05 AM-10:35 AM	8	\$72.50	LC3720-09
Jun 4-14 Jun 4-14	M-F M-F	04:30 PM-05:00 PM 06:15 PM-06:45 PM	9	\$81.50 \$81.50	LC2716-01 LC2716-02	Jul 5-Aug 23	F	05:05 PM-05:35 PM	8	\$72.50	LC3720-10
Jul 2-25	Tu/Th	10:10 AM-10:40 AM	8	\$72.50	LC3715-01	Jul 5-Aug 23	_ F	06:10 PM-06:40 PM	8	\$72.50	LC3720-11
Jul 2-25	Tu/Th	10:50 AM-11:20 AM	8	\$72.50	LC3715-01	Jul 30-Aug 22	Tu/Th	10:10 AM-10:40 AM	8	\$72.50	LC3720-12
Jul 2-25	Tu/Th	11:20 AM-11:50 AM	8	\$72.50	LC3715-03	Jul 30-Aug 22	Tu/Th	10:50 AM-11:20 AM	8	\$72.50	LC3720-13
Jul 2-25	Tu/Th	05:05 PM-05:35 PM	8	\$72.50	LC3715-04	Jul 30-Aug 22 Jul 30-Aug 22	Tu/Th	05:35 PM-06:05 PM 06:25 PM-06:55 PM	8 8	\$72.50 \$72.50	LC3720-14 LC3720-15
Jul 2-25	Tu/Th	05:50 PM-06:20 PM	8	\$72.50	LC3715-05	Jul 31-Aug 28	Tu/Th M/W	10:45 AM-11:15 AM	8	\$72.50	LC3720-15 LC3720-16
Jul 3-29	M/W	09:00 AM-09:30 AM	8	\$72.50	LC3715-06	Jul 31-Aug 28	M/W	11:30 AM-12:00 PM	8	\$72.50	LC3720-17
Jul 3-29	M/W	10:05 AM-10:35 AM	8	\$72.50	LC3715-07	Jul 31-Aug 28	M/W	05:20 PM-05:50 PM	8	\$72.50	LC3720-18
Jul 3-29	M/W	11:20 AM-11:50 AM	8	\$72.50	LC3715-08	Jul 31-Aug 28	M/W	06:10 PM-06:40 PM	8	\$72.50	LC3720-19
Jul 3-29	M/W	05:00 PM-05:30 PM	8	\$72.50	LC3715-09	Preschool 3 (					
Jul 3-29	M/W	05:40 PM-06:10 PM	8	\$72.50	LC3715-10	Apr 6-May 25	Sa	09:35 AM-10:05 AM	8	\$72.50	LC2725-01
Jul 5-Aug 23	F	10:45 AM-11:15 AM	8	\$72.50	LC3715-11	Apr 7-May 26	Su	06:55 PM-07:25 PM	8	\$72.50	LC2725-02
Jul 5-Aug 23	F	11:30 AM-12:00 PM	8 8	\$72.50 \$72.50	LC3715-12 LC3715-13	Apr 8-Jun 3	М	11:50 AM-12:20 PM	8	\$72.50	LC2725-03
Jul 5-Aug 23 Jul 5-Aug 23	F F	05:00 PM-05:30 PM 05:40 PM-06:10 PM		\$72.50 \$72.50	LC3715-13 LC3715-14	Apr 9-May 28	Tu	10:45 AM-11:15 AM	8	\$72.50	LC2725-04
Jul 5-Aug 23 Jul 5-Aug 23	F	06:25 PM-06:55 PM		\$72.50	LC3715-14 LC3715-15	Apr 10-May 29	W	12:25 PM-12:55 PM	8	\$72.50	LC2725-05
Jul 0 / 109 20	•	55.20 1 N/-00.00 I W	J	ψ, 2.00	E007 10-10						25

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Apr 10-May 29	W	05:15 PM-05:45 PM	8	\$72.50	LC2725-06	Apr 12-May 31	F	06:30 PM-07:00 PM	8	\$72.50	LC2740-26
Apr 11-May 30	Th	05:10 PM-05:40 PM	8	\$72.50	LC2725-07	Jun 4-14	M-F	04:30 PM-05:00 PM	9	\$81.50	LC2741-01
Apr 12-May 31	F	10:40 AM-11:10 AM	8	\$72.50	LC2725-08	Jun 4-14	M-F	06:30 PM-07:00 PM	9	\$81.50	LC2741-02
Jul 2-25	Tu/Th M/W	09:35 AM-10:05 AM	8	\$72.50	LC3725-01	Jul 2-25	Tu/Th	10:05 AM-10:35 AM	8	\$72.50	LC3740-01
Jul 3-29 Jul 5-Aug 23	F	05:40 PM-06:10 PM 09:35 AM-10:05 AM	8 8	\$72.50 \$72.50	LC3725-02 LC3725-03	Jul 2-25	Tu/Th	10:10 AM-10:40 AM	8	\$72.50	LC3740-02
Jul 5-Aug 23	F	05:55 PM-06:25 PM	8	\$72.50	LC3725-04	Jul 2-25 Jul 2-25	Tu/Th Tu/Th	10:45 AM-11:15 AM 11:25 AM-11:55 AM	8 8	\$72.50 \$72.50	LC3740-03 LC3740-04
Jul 30-Aug 22	Tu/Th	09:35 AM-10:05 AM	8	\$72.50	LC3725-05	Jul 2-25	Tu/Th	05:00 PM-05:30 PM	8	\$72.50	LC3740-04 LC3740-05
Jul 31-Aug 28	M/W	10:45 AM-11:15 AM	8	\$72.50	LC3725-06	Jul 2-25	Tu/Th	05:40 PM-06:10 PM	8	\$72.50	LC3740-06
Preschool 4 (	(Ages 3	-5 vrs)				Jul 2-25	Tu/Th	06:30 PM-07:00 PM	8	\$72.50	LC3740-07
Apr 6-May 25	Sa	10:45 AM-11:15 AM	8	\$72.50	LC2730-01	Jul 3-29	M/W	09:35 AM-10:05 AM	8	\$72.50	LC3740-08
Apr 8-Jun 3	M	10:40 AM-11:10 AM	8	\$72.50	LC2730-02	Jul 3-29	M/W	10:00 AM-10:30 AM	8	\$72.50	LC3740-09
Apr 8-Jun 3	M	05:40 PM-06:10 PM	8	\$72.50	LC2730-03	Jul 3-29	M/W	11:15 AM-11:45 AM	8	\$72.50	LC3740-10
Apr 9-May 28	Tu	05:40 PM-06:10 PM	8	\$72.50	LC2730-04	Jul 3-29	M/W	05:05 PM-05:35 PM	8	\$72.50	LC3740-11
Jul 2-25	Tu/Th	11:20 AM-11:50 AM	8	\$72.50	LC3730-01	Jul 3-29	M/W	06:10 PM-06:40 PM	8	\$72.50	LC3740-12
Jul 2-25	Tu/Th	05:05 PM-05:35 PM	8	\$72.50	LC3730-02	Jul 5-Aug 23	F	09:00 AM-09:30 AM	8	\$72.50	LC3740-13
Jul 30-Aug 22	Tu/Th	10:05 AM-10:35 AM	8	\$72.50	LC3730-03	Jul 5-Aug 23 Jul 5-Aug 23	F F	09:45 AM-10:15 AM 10:00 AM-10:30 AM	8 8	\$72.50 \$72.50	LC3740-14 LC3740-15
Preschool 4/5	5 (Ages					Jul 5-Aug 23	F	10:55 AM-11:25 AM	8	\$72.50	LC3740-13
Apr 9-May 28	Tu	11:10 AM-11:40 AM	8	\$72.50	LC2932-01	Jul 5-Aug 23	F.	05:20 PM-05:50 PM	8	\$72.50	LC3740-17
Apr 10-May 29	W	11:15 AM-11:45 AM	8	\$72.50	LC2932-02	Jul 5-Aug 23	F	05:50 PM-06:20 PM	8	\$72.50	LC3740-18
Apr 12-May 31	F	11:20 AM-11:50 AM	8	\$72.50	LC2932-03	Jul 30-Aug 22	Tu/Th	09:35 AM-10:05 AM	8	\$72.50	LC3740-19
Jul 3-29	M/W F	10:40 AM-11:10 AM 11:30 AM-12:00 PM	8 8	\$72.50 \$72.50	LC3932-01 LC3932-02	Jul 30-Aug 22	Tu/Th	10:45 AM-11:15 AM	8	\$72.50	LC3740-20
Jul 5-Aug 23 Jul 31-Aug 28	M/W	10:05 AM-10:35 AM	8	\$72.50	LC3932-02 LC3932-03	Jul 30-Aug 22	Tu/Th	05:00 PM-05:30 PM	8	\$72.50	LC3740-21
Preschool 5 (			U	Ψ12.00	L00002-00	Jul 30-Aug 22	Tu/Th	05:40 PM-06:10 PM	8	\$72.50	LC3740-22
Apr 6-May 25	Sa	11:20 AM-11:50 AM	8	\$72.50	LC2735-01	Jul 30-Aug 22	Tu/Th	06:30 PM-07:00 PM	8	\$72.50	LC3740-23
Apr 9-May 28	Tu	05:05 PM-05:35 PM	8	\$72.50	LC2735-02	Jul 31-Aug 28	M/W	09:35 AM-10:05 AM	8	\$72.50	LC3740-24
Apr 11-May 30	Th	06:20 PM-06:50 PM	8	\$72.50	LC2735-03	Jul 31-Aug 28 Jul 31-Aug 28	M/W M/W	10:10 AM-10:40 AM 05:35 PM-06:05 PM	8 8	\$72.50 \$72.50	LC3740-25 LC3740-26
Apr 12-May 31	F	04:30 PM-05:00 PM	8	\$72.50	LC2735-04	Jul 31-Aug 28	M/W	06:15 PM-06:45 PM	8	\$72.50	LC3740-20 LC3740-27
Jul 30-Aug 22	Tu/Th	05:05 PM-05:35 PM	8	\$72.50	LC3735-01	=			U	Ψ12.50	L00140-21
Swimmer 1 (A	Aaes 6+	.)				Swimmer 2 (A Apr 6-May 25	Ages or Sa	10:10 AM-10:40 AM	8	\$72.50	LC2745-01
Apr 6-May 25	Sa	09:00 AM-09:30 AM	8	\$72.50	LC2740-01	Apr 7-May 26	Su	06:05 PM-06:35 PM	8	\$72.50	LC2745-01 LC2745-02
Apr 6-May 25	Sa	09:35 AM-10:05 AM	8	\$72.50	LC2740-02	Apr 8-Jun 3	M	05:10 PM-05:40 PM	8	\$72.50	LC2745-02
Apr 6-May 25	Sa	10:30 AM-11:00 AM	8	\$72.50	LC2740-03	Apr 8-Jun 3	М	06:15 PM-06:45 PM	8	\$72.50	LC2745-04
Apr 6-May 25	Sa	11:20 AM-11:50 AM	8	\$72.50	LC2740-04	Apr 8-Jun 3	M	06:50 PM-07:20 PM	8	\$72.50	LC2745-05
Apr 7-May 26	Su	06:40 PM-07:10 PM	8	\$72.50	LC2740-05	Apr 9-May 28	Tu	04:30 PM-05:00 PM	8	\$72.50	LC2745-06
Apr 7-May 26	Su M	07:30 PM-08:00 PM 11:25 AM-11:55 AM	8 8	\$72.50 \$72.50	LC2740-06 LC2740-07	Apr 9-May 28	Tu	05:10 PM-05:40 PM	8	\$72.50	LC2745-07
Apr 8-Jun 3 Apr 8-Jun 3	M	04:30 PM-05:00 PM	8	\$72.50	LC2740-08	Apr 9-May 28	Tu	06:15 PM-06:45 PM	8	\$72.50	LC2745-08
Apr 8-Jun 3	M	05:45 PM-06:15 PM	8	\$72.50	LC2740-09	Apr 9-May 28	Tu	06:50 PM-07:20 PM	8	\$72.50	LC2745-09
Apr 8-Jun 3	М	05:55 PM-06:25 PM	8	\$72.50	LC2740-10	Apr 10-May 29 Apr 10-May 29	W	05:05 PM-05:35 PM 05:50 PM-06:20 PM	8 8	\$72.50 \$72.50	LC2745-10 LC2745-11
Apr 8-Jun 3	М	06:20 PM-06:50 PM	8	\$72.50	LC2740-11	Apr 10-May 29	W	06:30 PM-07:00 PM	8	\$72.50	LC2745-11 LC2745-12
Apr 9-May 28	Tu	04:30 PM-05:00 PM	8	\$72.50	LC2740-12	Apr 11-May 30	Th	04:35 PM-05:05 PM	8	\$72.50	LC2745-13
Apr 9-May 28	Tu	05:45 PM-06:15 PM	8	\$72.50	LC2740-13	Apr 11-May 30	Th	05:55 PM-06:25 PM	8	\$72.50	LC2745-14
Apr 9-May 28	Tu	06:50 PM-07:20 PM	8	\$72.50	LC2740-14	Apr 11-May 30	Th	06:20 PM-06:50 PM	8	\$72.50	LC2745-15
Apr 10-May 29	W	04:30 PM-05:00 PM	8	\$72.50	LC2740-15	Apr 12-May 31	F	05:10 PM-05:40 PM	8	\$72.50	LC2745-16
Apr 10-May 29	W	05:40 PM-06:10 PM	8	\$72.50	LC2740-16	Apr 12-May 31	F	05:40 PM-06:10 PM	8	\$72.50	LC2745-17
Apr 10-May 29 Apr 11-May 30	W Th	06:15 PM-06:45 PM 11:15 AM-11:45 AM	8 8	\$72.50 \$72.50	LC2740-17 LC2740-18	Jun 4-14	M-F	05:40 PM-06:10 PM	9	\$81.50	LC2746-01
Apr 11-May 30	Th	04:30 PM-05:00 PM	8	\$72.50	LC2740-19	Jul 2-25	Tu/Th	09:30 AM-10:00 AM	8	\$72.50	LC3745-01
Apr 11-May 30	Th	05:20 PM-05:50 PM	8	\$72.50	LC2740-20	Jul 2-25	Tu/Th	11:15 AM-11:45 AM	8	\$72.50	LC3745-02
Apr 11-May 30	Th	05:45 PM-06:15 PM	8	\$72.50	LC2740-21	Jul 2-25 Jul 3-29	Tu/Th M/W	06:10 PM-06:40 PM 10:05 AM-10:35 AM	8 8	\$72.50 \$72.50	LC3745-03 LC3745-04
Apr 11-May 30	Th	06:55 PM-07:25 PM	8	\$72.50	LC2740-22	Jul 3-29	M/W	11:15 AM-11:45 AM	8	\$72.50	LC3745-05
Apr 12-May 31	F	09:35 AM-10:05 AM	8	\$72.50	LC2740-23	Jul 3-29	M/W	06:15 PM-06:45 PM	8	\$72.50	LC3745-06
Apr 12-May 31	F	04:35 PM-05:05 PM	8	\$72.50	LC2740-24	Jul 5-Aug 23	F	10:20 AM-10:50 AM	8	\$72.50	LC3745-07
Apr 12-May 31	F	05:05 PM-05:35 PM	8	\$72.50	LC2740-25	Jul 5-Aug 23	F	10:35 AM-11:05 AM	8	\$72.50	LC3745-08
						Jul 5-Aug 23	F	11:20 AM-11:50 AM	8	\$72.50	LC3745-09
						Jul 5-Aug 23	_ F	05:35 PM-06:05 PM	8	\$72.50	LC3745-10
	Find	programs an	d regi	ster o	nline at	Jul 30-Aug 22	Tu/Th	10:10 AM-10:40 AM	8	\$72.50	LC3745-11
	lois	ureonline	600	kata	on ca	Jul 30-Aug 22	Tu/Th	10:40 AM-11:10 AM	8	\$72.50	LC3745-12
*••	ICI			Kuit	Joil.Cu	Jul 30-Aug 22 Jul 30-Aug 22	Tu/Th Tu/Th	11:20 AM-11:50 AM 06:10 PM-06:40 PM	8 8	\$72.50 \$72.50	LC3745-13 LC3745-14
24						Jul 30-Aug 22 Jul 31-Aug 28	Tu/Th M/W	09:30 AM-10:00 AM	8	\$72.50 \$72.50	LC3745-14 LC3745-15
26	•					54. 51 / kg 20	* *	55.557 NVI 15.05 ANI	J	ψ. 2.00	2001-10-10

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Jul 31-Aug 28 Jul 31-Aug 28	M/W M/W	11:20 AM-11:50 AM 05:50 PM-06:20 PM	8 8	\$72.50 \$72.50	LC3745-16 LC3745-17	Jul 15-26 Jul 29-Aug 9	M-F M-F	11:00 AM-11:30 AM 10:45 AM-11:15 AM	10 9	\$90.75 \$81.50	SC3702-01 SC3701-01
Swimmer 3 (A	aes 6+	)				Parent & Tot 2	2 (Ages	12-24 mos)			
Apr 6-May 25	Sa	10:10 AM-10:40 AM	8	\$72.50	LC2750-01	Apr 6-May 25	Sa	09:00 AM-09:30 AM	8	\$72.50	SC2705-03
Apr 6-May 25	Sa	11:05 AM-11:35 AM	8	\$72.50	LC2750-02	Apr 11-May 30	Th	05:50 PM-06:20 PM	8	\$72.50	SC2705-01
Apr 8-Jun 3	M	05:10 PM-05:40 PM	8	\$72.50	LC2750-03	Apr 12-May 31	F	04:00 PM-04:30 PM	8	\$72.50	SC2705-02
Apr 8-Jun 3	M	05:40 PM-06:10 PM	8	\$72.50	LC2750-04	Jul 2-12	M-F	10:10 AM-10:40 AM	9	\$81.50	SC3706-01
Apr 9-May 28	Tu	04:35 PM-05:05 PM	8	\$72.50	LC2750-05	Aug 12-23	M-F	11:30 AM-12:00 PM	10	\$90.75	SC3707-02
Apr 9-May 28	Tu	06:30 PM-07:00 PM	8	\$72.50	LC2750-06	Parent & Tot 3	3 (Ages	s 24-36 mos)			
Apr 10-May 29	W	05:55 PM-06:25 PM	8	\$72.50	LC2750-07	Apr 9-May 28	Tu	06:15 PM-06:45 PM	8	\$72.50	SC2710-01
Apr 11-May 30	Th	05:45 PM-06:15 PM	8	\$72.50	LC2750-08	Apr 11-May 30	Th	06:35 PM-07:05 PM	8	\$72.50	SC2710-02
Apr 12-May 31	F	05:45 PM-06:15 PM	8	\$72.50	LC2750-09	Apr 12-May 31	F	06:00 PM-06:30 PM	8	\$72.50	SC2710-03
ul 2-25	Tu/Th	10:40 AM-11:10 AM	8	\$72.50	LC3750-01	Jul 2-12	M-F	11:30 AM-12:00 PM	9	\$81.50	SC3711-02
ul 3-29	M/W	10:10 AM-10:40 AM	8	\$72.50	LC3750-02	Jul 29-Aug 9	M-F	11:30 AM-12:00 PM	9	\$81.50	SC3711-01
lul 3-29 Iul 5-Aug 23	M/W F	06:15 PM-06:45 PM 10:10 AM-10:40 AM	8 8	\$72.50 \$72.50	LC3750-03 LC3750-04	Aug 12-23	M-F	10:10 AM-10:40 AM	10	\$90.75	SC3712-02
lul 5-Aug 23	F	06:30 PM-07:00 PM	8	\$72.50	LC3750-04 LC3750-05	Preschool 1 (A	Ages 3				
lul 30-Aug 22	Tu/Th	10:45 AM-11:15 AM	8	\$72.50	LC3750-05	Apr 6-May 25	Sa	09:00 AM-09:30 AM	8	\$72.50	SC2715-10
lul 31-Aug 28	M/W	11:20 AM-11:50 AM	8	\$72.50	LC3750-07	Apr 6-May 25	Sa	09:50 AM-10:20 AM	8	\$72.50	SC2715-11
lul 31-Aug 28	M/W	06:30 PM-07:00 PM	8	\$72.50	LC3750-08	Apr 6-May 25	Sa	11:00 AM-11:30 AM	8	\$72.50	SC2715-12
			-	<b>*</b> · = · · ·		Apr 9-May 28	Tu	04:50 PM-05:20 PM	8	\$72.50	SC2715-01
<b>Swimmer 4 (<i>F</i> </b> apr 6-May 25	Sa	09:40 AM-10:25 AM	8	\$95.25	LC2755-01	Apr 9-May 28	Tu	06:00 PM-06:30 PM	8	\$72.50	SC2715-03
Apr 8-Jun 3	M	04:30 PM-05:15 PM	8	\$95.25	LC2755-02	Apr 11-May 30	Th	04:40 PM-05:10 PM	8	\$72.50	SC2715-04
Apr 9-May 28	Tu	05:05 PM-05:50 PM	8	\$95.25	LC2755-02	Apr 11-May 30	Th	05:25 PM-05:55 PM	8 8	\$72.50 \$72.50	SC2715-05 SC2715-06
Apr 10-May 29	W	04:30 PM-05:15 PM	8	\$95.25	LC2755-04	Apr 11-May 30 Apr 11-May 30	Th Th	06:50 PM-07:20 PM 07:10 PM-07:40 PM	8	\$72.50	SC2715-00 SC2715-07
Apr 11-May 30	Th	04:30 PM-05:15 PM	8	\$95.25	LC2755-05	Apr 12-May 31	F	04:00 PM-04:30 PM	8	\$72.50	SC2715-07
Apr 12-May 31	F	05:05 PM-05:50 PM	8	\$95.25	LC2755-06	Apr 12-May 31	F	06:35 PM-07:05 PM	8	\$72.50	SC2715-09
lun 4-14	M-F	05:05 PM-05:50 PM	9	\$107.25	LC2756-01	Jul 2-12	M-F	09:00 AM-09:30 AM	9	\$81.50	SC3716-03
ul 2-25	Tu/Th	10:00 AM-10:45 AM	8	\$95.25	LC3755-01	Jul 2-12	M-F	09:35 AM-10:05 AM	9	\$81.50	SC3716-04
ul 2-25	Tu/Th	05:00 PM-05:45 PM	8	\$95.25	LC3755-02	Jul 15-26	M-F	09:00 AM-09:30 AM	10	\$90.75	SC3717-03
ul 3-29	M/W	05:35 PM-06:20 PM	8	\$95.25	LC3755-03	Jul 15-26	M-F	10:10 AM-10:40 AM	10	\$90.75	SC3717-04
ul 5-Aug 23	_ F	10:10 AM-10:40 AM	8	\$95.25	LC3755-04	Jul 15-26	M-F	11:35 AM-12:05 PM	10	\$90.75	SC3717-05
lul 30-Aug 22	Tu/Th	10:00 AM-10:45 AM	8	\$95.25	LC3755-05	Jul 29-Aug 9	M-F	09:35 AM-10:05 AM	9	\$81.50	SC3716-01
ul 30-Aug 22	Tu/Th	06:15 PM-07:00 PM	8	\$95.25	LC3755-06	Aug 12-23	M-F	09:00 AM-09:30 AM	10	\$90.75	SC3717-06
Swimmer 4/5	` . •		0	<b></b>	1 00000 04	Aug 12-23	M-F	09:35 AM-10:05 AM	10	\$90.75	SC3717-07
Jul 31-Aug 28	M/W	05:00 PM-05:45 PM	8	\$95.25	LC3938-01	Preschool 2 (A			_		
Swimmer 5 (A						Apr 6-May 25	Sa	09:35 AM-10:05 AM	8	\$72.50	SC2720-09
Apr 6-May 25	Sa	10:45 AM-11:30 AM	8	\$95.25	LC2760-01	Apr 6-May 25	Sa	10:50 AM-11:20 AM	8	\$72.50	SC2720-10
Apr 8-Jun 3	M	06:20 PM-07:05 PM	8	\$95.25	LC2760-02	Apr 6-May 25	Sa	11:25 AM-11:55 AM	8 8	\$72.50 \$72.50	SC2720-11 SC2720-01
Apr 10-May 29	W	04:30 PM-05:15 PM	8	\$95.25	LC2760-03	Apr 9-May 28 Apr 9-May 28	Tu Tu	05:25 PM-05:55 PM 06:35 PM-07:05 PM	8	\$72.50	SC2720-01
Apr 11-May 30	Th	06:15 PM-07:00 PM	8	\$95.25	LC2760-04	Apr 11-May 30	Th	06:00 PM-06:30 PM	8	\$72.50	SC2720-02
Jul 2-25	Tu/Th	05:40 PM-06:25 PM	8	\$95.25	LC3760-01	Apr 11-May 30	Th	06:25 PM-06:55 PM	8	\$72.50	SC2720-05
lul 30-Aug 22 Iul 31-Aug 28	Tu/Th M/W	05:40 PM-06:25 PM 10:00 AM-10:45 AM	8 8	\$95.25 \$95.25	LC3760-02 LC3760-03	Apr 12-May 31	F	05:10 PM-05:40 PM	8	\$72.50	SC2720-06
ŭ			U	ψ33.23	LO3700-03	Apr 12-May 31	F	06:00 PM-06:30 PM	8	\$72.50	SC2720-07
Swimmer 5/6	·		•	00= 0=	1.00044.04	Apr 12-May 31	F	06:35 PM-07:05 PM	8	\$72.50	SC2720-08
ul 30-Aug 22	Tu/Th	11:15 AM-12:00 PM	8	\$95.25	LC3941-01	Jul 2-12	M-F	09:50 AM-10:20 AM	9	\$81.50	SC3721-03
ul 30-Aug 22	Tu/Th	05:00 PM-05:45 PM	8	\$95.25	LC3941-02	Jul 2-12	M-F	10:45 AM-11:15 AM	9	\$81.50	SC3721-04
Swimmer 6 ( <i>F</i>	∖ges 6+					Jul 15-26	M-F	09:35 AM-10:05 AM	10	\$90.75	SC3722-03
Apr 6-May 25	Sa	09:00 AM-09:45 AM	8	\$95.25	LC2765-01	Jul 15-26	M-F	10:25 AM-10:55 AM	10	\$90.75	SC3722-04
Apr 10-May 29	W	06:15 PM-07:00 PM	8	\$95.25	LC2765-02	Jul 29-Aug 9	M-F	09:00 AM-09:30 AM	9	\$81.50	SC3721-01
Apr 11-May 30	<u>T</u> h	05:05 PM-05:50 PM	8	\$95.25	LC2765-03	Jul 29-Aug 9	M-F	10:10 AM-10:40 AM	9	\$81.50	SC3721-02
Apr 12-May 31	F Tu/Th	06:15 PM-07:00 PM	8	\$95.25	LC2765-04	Aug 12-23	M-F	09:50 AM-10:20 AM	10	\$90.75	SC3722-05
Jul 2-25	Tu/Th	06:15 PM-07:00 PM	8	\$95.25	LC3765-01	Aug 12-23	M-F	10:45 AM-11:15 AM	10	\$90.75	SC3722-06
						Preschool 3 (A			0	\$70 F0	SC070E 07
SHAW CFI	NTRF 1	22 Bowlt Crescent				Apr 6-May 25 Apr 9-May 28	Sa Tu	10:15 AM-10:45 AM 05:10 PM-05:40 PM	8 8	\$72.50 \$72.50	SC2725-07 SC2725-01
						Apr 9-May 28	Tu	07:10 PM-07:40 PM	8	\$72.50	SC2725-01
Classes cance	eiled on	Aug 5.				Apr 11-May 30	Th	05:25 PM-05:55 PM	8	\$72.50	SC2725-02
Davant 0 T-1	4 (4 ~	. 4.10 m\				Apr 11-May 30	Th	06:35 PM-07:05 PM	8	\$72.50	SC2725-03
Parent & Tot			0	<u>ቀ</u> 70 ፫0	000700 04	Apr 12-May 31	F	04:35 PM-05:05 PM	8	\$72.50	SC2725-05
Apr 9-May 28	Tu	04:35 PM-05:05 PM	8	\$72.50	SC2700-01		F.	05:10 PM-05:40 PM	8	\$72.50	SC2725-06
Apr 12-May 31	F	04:35 PM-05:05 PM	8	\$72.50	SC2700-02	Apr 12-May 31		03. TO FIVE-03.40 FIVE	U	ψ1 Z.JU	302723-00

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Jul 2-12	M-F	10:10 AM-10:40 AM	9	\$81.50	SC3726-03	Swimmer 3 (A	Aaes 6+	·)			
Jul 15-26	M-F	09:00 AM-09:30 AM	10	\$90.75	SC3727-02	Apr 6-May 25	Sa	09:35 AM-10:05 AM	8	\$72.50	SC2750-07
Jul 29-Aug 9	M-F	09:35 AM-10:05 AM	9	\$81.50	SC3726-01	Apr 6-May 25	Sa	10:50 AM-11:20 AM	8	\$72.50	SC2750-08
Jul 29-Aug 9	M-F	11:20 AM-11:50 AM	9	\$81.50	SC3726-02	Apr 9-May 28	Tu	05:45 PM-06:15 PM	8	\$72.50	SC2750-01
Aug 12-23	M-F	10:10 AM-10:40 AM	10	\$90.75	SC3727-03	Apr 9-May 28	Tu	07:25 PM-07:55 PM	8	\$72.50	SC2750-02
Preschool 4 (	Ages 3	-5 yrs)				Apr 11-May 30	Th	05:50 PM-06:20 PM	8	\$72.50	SC2750-03
Apr 6-May 25	Sa	11:35 AM-12:05 PM	8	\$72.50	SC2730-03	Apr 11-May 30	Th	07:25 PM-07:55 PM	8	\$72.50	SC2750-04
Apr 9-May 28	Tu	06:20 PM-06:50 PM	8	\$72.50	SC2730-01	Apr 12-May 31	F	05:45 PM-06:15 PM	8	\$72.50	SC2750-05
Apr 12-May 31	F	04:35 PM-05:05 PM	8	\$72.50	SC2730-02	Apr 12-May 31	F	06:35 PM-07:05 PM	8	\$72.50	SC2750-06
Jul 15-26	M-F	11:35 AM-12:05 PM	10	\$90.75	SC3732-01	Jul 2-12	M-F	10:45 AM-11:15 AM	9	\$81.50	SC3751-02
Preschool 5 (	Ages 3	-5 vrs)				Jul 15-26	M-F	09:35 AM-10:05 AM	10	\$90.75	SC3752-02
Apr 11-May 30	Th	04:40 PM-05:10 PM	8	\$72.50	SC2735-01	Jul 15-26	M-F	10:25 AM-10:55 AM	10	\$90.75	SC3752-04
Apr 12-May 31	F	04:00 PM-04:30 PM	8	\$72.50	SC2735-02	Jul 29-Aug 9	M-F	09:00 AM-09:30 AM	9	\$81.50	SC3751-01
Jul 29-Aug 9	M-F	10:10 AM-10:40 AM	9	\$81.50	SC3736-01	Aug 12-23	M-F	10:45 AM-11:15 AM	10	\$90.75	SC3752-03
·				*******		Swimmer 4 (A	∖ges 6+				
Swimmer 1 (A			0	¢72.50	CC2740 00	Apr 6-May 25	Sa	09:00 AM-09:45 AM	8	\$95.25	SC2755-09
Apr 6-May 25	Sa	09:05 AM-09:35 AM	8 8	\$72.50 \$72.50	SC2740-08 SC2740-09	Apr 6-May 25	Sa	10:10 AM-10:55 AM	8	\$95.25	SC2755-10
Apr 6-May 25	Sa Sa	10:25 AM-10:55 AM 11:25 AM-11:55 AM	8	\$72.50	SC2740-09 SC2740-12	Apr 6-May 25	Sa	11:00 AM-11:45 AM	8	\$95.25	SC2755-11
Apr 6-May 25 Apr 9-May 28	Sa Tu	05:10 PM-05:40 PM	8	\$72.50	SC2740-12 SC2740-11	Apr 9-May 28	Tu	04:35 PM-05:20 PM	8	\$95.25	SC2755-01
Apr 9-May 28	Tu	06:00 PM-06:30 PM	8	\$72.50	SC2740-01	Apr 9-May 28	Tu	05:25 PM-06:10 PM	8	\$95.25	SC2755-02
Apr 9-May 28	Tu	06:55 PM-07:25 PM	8	\$72.50	SC2740-01	Apr 9-May 28	Tu	06:50 PM-07:35 PM	8	\$95.25	SC2755-03
Apr 11-May 30	Th	05:15 PM-05:45 PM	8	\$72.50	SC2740-02	Apr 11-May 30	Th	04:35 PM-05:20 PM	8	\$95.25	SC2755-04
Apr 11-May 30	Th	06:25 PM-06:55 PM	8	\$72.50	SC2740-04	Apr 11-May 30	Th	05:10 PM-05:55 PM	8	\$95.25	SC2755-05
Apr 11-May 30	Th	07:10 PM-07:40 PM	8	\$72.50	SC2740-05	Apr 12-May 31	F	05:10 PM-05:55 PM	8	\$95.25	SC2755-06
Apr 12-May 31	F	04:00 PM-04:30 PM	8	\$72.50	SC2740-06	Apr 12-May 31	F	05:40 PM-06:25 PM	8	\$95.25	SC2755-07
Apr 12-May 31	F	06:35 PM-07:05 PM	8	\$72.50	SC2740-07	Apr 12-May 31	F	06:20 PM-07:05 PM	8	\$95.25	SC2755-08
Jul 2-12	M-F	09:00 AM-09:30 AM	9	\$81.50	SC3741-06	Jul 2-12 Jul 2-12	M-F M-F	10:05 AM-10:50 AM 11:20 AM-12:05 PM	9 9	\$107.25	SC3756-02
Jul 2-12	M-F	10:55 AM-11:25 AM	9	\$81.50	SC3741-07	Jul 2-12 Jul 15-26	M-F	09:00 AM-09:45 AM	10	\$107.25 \$119.00	SC3756-03 SC3757-03
Jul 2-12	M-F	11:30 AM-12:00 PM	9	\$81.50	SC3741-08	Jul 15-26	M-F	10:10 AM-10:55 AM	10	\$119.00	SC3757-03
Jul 15-26	M-F	09:50 AM-10:20 AM	10	\$90.75	SC3742-04	Jul 29-Aug 9	M-F	11:20 AM-12:05 PM	9	\$119.00	SC3756-01
Jul 15-26	M-F	11:00 AM-11:30 AM	10	\$90.75	SC3742-05	Aug 12-23	M-F	11:20 AM-12:05 PM	10	\$119.00	SC3757-05
Jul 15-26	M-F	11:20 AM-11:50 AM	10	\$90.75	SC3742-06	•			10	ψ113.00	303737-03
Jul 29-Aug 9	M-F	09:00 AM-09:30 AM	9	\$81.50	SC3741-01	Swimmer 5 (A			_		
Jul 29-Aug 9	M-F	09:50 AM-10:20 AM	9	\$81.50	SC3741-02	Apr 6-May 25	Sa	10:10 AM-10:55 AM	8	\$95.25	SC2760-04
Jul 29-Aug 9	M-F	10:10 AM-10:40 AM	9	\$81.50	SC3741-04	Apr 9-May 28	Tu	04:35 PM-05:20 PM	8	\$95.25	SC2760-01
Jul 29-Aug 9	M-F	10:45 AM-11:15 AM	9	\$81.50	SC3741-03	Apr 11-May 30	Th	04:35 PM-05:20 PM	8	\$95.25	SC2760-02
Jul 29-Aug 9	M-F	11:20 AM-11:50 AM	9	\$81.50	SC3741-05	Apr 12-May 31	F	04:35 PM-05:20 PM	8	\$95.25	SC2760-03
Aug 12-23	M-F	09:00 AM-09:30 AM	10	\$90.75	SC3742-07	Jul 15-26	M-F	09:00 AM-09:45 AM	10	\$119.00	SC3762-01
Aug 12-23	M-F	10:55 AM-11:25 AM	10	\$90.75	SC3742-08	Jul 29-Aug 9	M-F	09:00 AM-09:45 AM	9	\$107.25	SC3761-01
Aug 12-23	M-F	11:30 AM-12:00 PM	10	\$90.75	SC3742-09	Aug 12-23	M-F	10:05 AM-10:50 AM	10	\$119.00	SC3762-02
Swimmer 2 (A	∖aes 6+	·)				Swimmer 6 (A	∖ges 6+				
Apr 6-May 25	Sa	09:40 AM-10:10 AM	8	\$72.50	SC2745-08	Apr 9-May 28	Tu	06:35 PM-07:20 PM	8	\$95.25	SC2765-01
Apr 6-May 25	Sa	10:15 AM-10:45 AM	8	\$72.50	SC2745-09	Apr 11-May 30	Th	06:00 PM-06:45 PM	8	\$95.25	SC2765-02
Apr 9-May 28	Tu	04:35 PM-05:05 PM	8	\$72.50	SC2745-01	Apr 12-May 31	F	05:45 PM-06:30 PM	8	\$95.25	SC2765-03
Apr 9-May 28	Tu	05:25 PM-05:55 PM	8	\$72.50	SC2745-02	Jul 2-12	M-F	09:00 AM-09:45 AM	9	\$107.25	SC3766-01
Apr 9-May 28	Tu	07:30 PM-08:00 PM	8	\$72.50	SC2745-03	Aug 12-23	M-F	09:00 AM-09:45 AM	10	\$119.00	SC3767-02
Apr 11-May 30	Th	04:35 PM-05:05 PM	8	\$72.50	SC2745-04	Ranger Patro	I (Ages	6+)			
Apr 11-May 30	Th	05:15 PM-05:45 PM	8	\$72.50	SC2745-10	Apr 9-May 28	`Tu	06:50 PM-07:50 PM	8	\$109.00	SC2775-01
Apr 11-May 30	Th	06:00 PM-06:30 PM	8	\$72.50	SC2745-05	Apr 12-May 31	F	04:35 PM-05:35 PM	8	\$109.00	SC2775-02
Apr 12-May 31	F	04:00 PM-04:30 PM	8	\$72.50	SC2745-06	Jul 29-Aug 9	M-F	10:25 AM-11:25 AM	9	\$122.50	SC3776-01
Apr 12-May 31	F	05:25 PM-05:55 PM	8	\$72.50	SC2745-07	Rookie Patrol	εαπΔ) Ι	6+)			
Jul 2-12	M-F	09:35 AM-10:05 AM	9	\$81.50	SC3746-03	Apr 6-May 25	Sa	11:00 AM-12:00 PM	8	\$109.00	SC2770-02
Jul 2-12	M-F	11:20 AM-11:50 AM	9	\$81.50	SC3746-04	Apr 9-May 28	Tu	05:45 PM-06:45 PM	8	\$109.00	SC2770-02
Jul 15-26	M-F	09:50 AM-10:20 AM	10	\$90.75	SC3747-03	Jul 2-12	M-F	09:00 AM-10:00 AM	9	\$109.00	SC3771-01
Jul 15-26	M-F	10:45 AM-11:15 AM	10	\$90.75	SC3747-04	Aug 12-23	M-F	09:00 AM-10:00 AM	10	\$136.25	SC3772-02
Jul 15-26	M-F	11:00 AM-11:30 AM	10	\$90.75	SC3747-05				.0	¥100.20	555.12 02
Jul 29-Aug 9	M-F	09:35 AM-10:05 AM	9	\$81.50	SC3746-01	Star Patrol (A				<b>#400.00</b>	000700 00
Jul 29-Aug 9	M-F	10:45 AM-11:15 AM	9	\$81.50	SC3746-02	Apr 6-May 25	Sa	09:05 AM-10:05 AM	8	\$109.00	SC2780-02
Aug 12-23	M-F	09:35 AM-10:05 AM	10	\$90.75	SC3747-06	Apr 11-May 30	Th	07:00 PM-08:00 PM	8	\$109.00	SC2780-01
Aug 12-23	M-F	11:20 AM-11:50 AM	10	\$90.75	SC3747-07	Jul 2-12	M-F	10:25 AM-11:25 AM	9	\$122.50	SC3781-01
						Aug 12-23	M-F	10:25 AM-11:25 AM	10	\$136.25	SC3782-02

Code

### LIFESAVING SOCIETY SWIM LESSON LISTINGS (ADULT) #Classes

	- 3(-7				- 7(-7		
CEODO	SE WARD PO						
GEURU	JE WAKD PU	JUJL 1915	5th Street Fast		THE RESERVE OF THE PERSON NAMED IN	 An improvement that the last	

Date

Code

Day(s)

Adult Swimmer 1										
Jul 8-19	M-F	06:00 PM-06:45 PM	10	\$127.00	GW3908-01					
Jul 8-19	M-F	07:25 PM-08:10 PM	10	\$127.00	GW3908-02					
Jul 22-Aug 2	M-F	07:25 PM-08:10 PM	10	\$127.00	GW3908-03					
Adult Swimme	er 2									
Jul 22-Aug 2	M-F	06:00 PM-06:45 PM	10	\$127.00	GW3910-01					

#### MAYFAIR POOL 1025 Avenue F North

Adult	Swimmer	1

Date

Jul 22-Aug 2	M-F	09:15 AM-10:00 AM	10	\$127.00	MY3908-01
Aug 6-16	M-F	09:20 AM-10:05 AM	9	\$114.50	MY3965-01

#### RIVERSDALE POOL 822 Avenue H South

Adult Swimmer 1

Jul 3-Aug 2 09:45 AM-10:30 AM \$127.00 RD3908-01

#### LAKEWOOD CIVIC CENTRE 1635 McKercher Drive

#### **Adult Swimmer 1**

Apr 7-May 26	Su	08:00 PM-08:45 PM	8	\$119.75	LW2901-01
Apr 9-May 2	Tu/Th	07:20 PM-08:05 PM	8	\$119.75	LW2901-02
Adult Swimm	ner 2				
Apr 7-May 26	Su	07:40 PM-08:25 PM	8	\$119.75	LW2902-01
May 7-30	Tu/Th	07:25 PM-08:10 PM	8	\$119.75	LW2902-02



#### LAWSON CIVIC CENTRE 225 Primrose Drive

#### Adult Swimmer 1

/ taut Ommini	· ·				
Apr 10-May 29	W	11:55 AM-12:40 PM	8	\$119.75	LC2901-01
Apr 12-May 31	F	11:55 AM-12:40 PM	8	\$119.75	LC2901-02
Jul 3-29	M/W	10:35 AM-11:20 AM	8	\$119.75	LC3901-01
Jul 5-Aug 23	F	05:00 PM-05:45 PM	8	\$119.75	LC3901-02
Adult Swimme	er 2				
Apr 9-May 28	Tu	06:15 PM-07:00 PM	8	\$119.75	LC2902-01
Jul 31-Aug 28	M/W	10:40 AM-11:25 AM	8	\$119.75	LC3902-01

#### SHAW CENTRE 122 Bowlt Crescent

#### Adult Swimmer 1

Apr 11-May 30 07:00 PM-07:45 PM \$119.75 SC2901-01

Love to swim? With the purchase of a LeisureCard you can enjoy unlimited access to public swim times.

### ADDITIONAL SWIM LESSON OPTIONS

Note: registration for Private & Semi-Private swim lessons will open on Monday, March 18.

#### **Private Swim Lessons**

Receive personalized attention with one-on-one private swim lessons. With the instructor's full attention, these half-hour sessions are an excellent opportunity to get to the next level of development. Available at Lakewood Civic Centre and Lawson Civic Centre. Call any facility for more information or to register.

Youth 1 session \$39.00 • 3 sessions \$114.00 • 5 sessions \$186.00 Adult 1 session \$43.25 • 3 sessions \$123.25 • 5 sessions \$201.25

#### **Semi-Private Swim Lessons**

Groups of two receive personalized instruction in semi-private swim lessons. Available at Lakewood Civic Centre and Lawson Civic Centre. Call any facility for more information or to register. All sessions are half-hour; prices are per person.

**Youth** 1 session \$29.25 • 3 sessions \$83.75 • 5 sessions \$136.25 Adult 1 session \$34.00 • 3 sessions \$96.50 • 5 sessions \$156.75

# Stay Connected! Subscribe to the Leisure eNewsletter

Visit saskatoon.ca/leisurecentres to sign up for updates on Leisure Centre programming, the Leisure Guide and other seasonal leisure facilities and attractions.

The eNewsletter is sent out five to six times a year and you can unsubscribe at any time.



# PRESCHOOL RECREATION PROGRAMS

#### **LEARN TO SKATE**

#### Preschool Learn to Skate

3-5 yrs. This recreational program will help your child become comfortable on the ice, while learning fundamental skills such as balance and how to steer. No experience required. Each participant must bring their own skates and helmet; without these they will not be allowed on the ice. Skate aids are prohibited on the ice during the class. (Note: unparented class).

#### **ACT Arena**

Apr 22-May 8	M/W	06:00 PM-06:30 PM	\$62.50	AC2377-01
Apr 23-May 9	Tu/Th	06:45 PM-07:15 PM	\$62.50	AC2377-02

#### Parent & Tot Learn to Skate

3-5 yrs. Kids will have fun learning how to skate with their parent or guardian helping along the way. Instructors are on the ice to teach the basic fundamentals of skating. One parent or guardian must be on the ice at all times with their child. Each participant must bring their own skates and helmet; without these they will not be allowed on the ice. **ACT Arena** 

Apr 23-May 9 Tu/Th 06:00 PM-06:30 PM \$56.25 AC2376-01

#### New! LIL' MOVERS PROGRAMS

3-5 yrs. Run, hop, throw and roll! Children will develop fundamental movement skills through games and activities in these fun, instructor-led programs. Participants need to have indoor running shoes and a water bottle.

#### Lil' Movers Active Games

Children will develop fundamental movement skills while playing games and having fun.

#### Lakewood Civic Centre

Apr 14-May 12	Su	09:15 AM-10:00 AM	\$46.00	LW2401-01
May 26-Jun 23	Su	09:15 AM-10:00 AM	\$46.00	LW2401-02
Lawson Civic C	entre			
Apr 7-May 5	Su	02:30 PM-03:15 PM	\$46.00	LC2401-01
Apr 12-May 10	F	11:30 AM-12:15 PM	\$46.00	LC2401-02
May 26-Jun 23	Su	03:30 PM-04:15 PM	\$46.00	LC2401-03
Shaw Centre				
May 18-Jun 15	Sa	10:15 AM-11:00 AM	\$46.00	SC2401-01
•				



Find programs and register online at

leisureonline.saskatoon.ca

#### New! MINI MOVERS PROGRAMS

2-3 yrs. Toddlers will develop fundamental movement skills through games, and activities in these fun, instructor-led programs. Participants need to have indoor running shoes and a water bottle. Parent/Guardian participation is encouraged.

#### Mini Movers Active Games

Toddlers will develop fundamental movement skills while playing games and having fun

naving tun.					
Lakewood Civic	Centre				
Apr 13-May 11	Sa	10:15 AM-11:00 AM	\$46.00	LW2402-01	
May 25-Jun 22	Sa	09:15 AM-10:00 AM	\$46.00	LW2402-02	
May 26-Jun 23	Su	10:15 AM-11:00 AM	\$46.00	LW2402-03	
Lawson Civic Ce	ntre				
Apr 7-May 5	Su	03:30 PM-04:15 PM	\$46.00	LC2402-01	
May 24-Jun 21	F	10:30 AM-11:15 AM	\$46.00	LC2402-02	
May 26-Jun 23	Su	01:30 PM-02:15 PM	\$46.00	LC2402-03	
Shaw Centre					
May 18-Jun 15	Sa	09:15 AM-10:00 AM	\$46.00	SC2402-01	

#### PRESCHOOL SPORT

#### **Sporty Stars**

3-5 yrs. An instructor will introduce children to a variety of sports including soccer, floor hockey and basketball. Something new each week.

Lakewoo	d Civic (	Centre			
Apr 13-Ma	ıy 11	Sa	09:15 AM-10:00 AN	A \$46.50	LW2364-01
Apr 13-Ma	y 11	Sa	11:15 AM-12:00 PN	Л \$46.50	LW2364-02
Apr 14-Ma	y 12	Su	10:15 AM-11:00 AN	A \$46.50	LW2364-03
May 25-Ju	n 22	Sa	10:15 AM-11:00 AN	A \$46.50	LW2364-04
May 26-Ju	ın 23	Su	11:15 AM-12:00 PN	Л \$46.50	LW2364-05
Lawson (	Civic Cer	ntre			
Apr 12-Ma	ıy 10	F	10:30 AM-11:15 AN	Л \$46.50	LC2364-02
Apr 14-Ma	y 5	Su	01:30 PM-02:15 PN	Л \$46.50	LC2364-01
May 24-Ju	in 21	F	11:30 AM-12:15 PN	Л \$46.50	LC2364-03
May 26-Ju	ın 23	Su	02:30 PM-03:15 PN	Л \$46.50	LC2364-04

#### PROGRAMS & ACTIVITIES

# CHILDREN RECREATION PROGRAMS

#### LEARN TO SKATE

#### Children Learn to Skate

6-9 yrs. This recreational program will help your child become comfortable on the ice, while learning fundamental skills such as balance and how to steer. No experience required. Each participant must provide their own skates and helmet; without these they will not be allowed on the ice. Skate aids are prohibited on the ice during the program. (Note: unparented class). **ACT Arena** 

 April 22-May 8
 M/W
 06:45 PM-07:30 PM
 \$72.75
 AC2306-01

 April 23-May 9
 Tu/Th
 07:30 PM-08:15 PM
 \$72.75
 AC2306-02



# CHILDREN RECREATION PROGRAMS

#### CHILDREN SPORT

#### Learn to Basketball

Join us for three days of skills and fundamentals of basketball. Time for recreational play included.

#### Cosmo Civic Centre

Tu-Th	02:45 PM-04:15 PM	\$0.00	CC3326-01
Tu-Th	02:45 PM-04:15 PM	\$0.00	CC3326-02
Tu-Th	04:15 PM-05:45 PM	\$0.00	CC3325-01
Tu-Th	04:15 PM-05:45 PM	\$0.00	CC3325-02
	Tu-Th	Tu-Th 02:45 PM-04:15 PM Tu-Th 04:15 PM-05:45 PM	Tu-Th 02:45 PM-04:15 PM \$0.00  Tu-Th 04:15 PM-05:45 PM \$0.00

#### Learn to Soccer

Join us for three days of skills and fundamentals of soccer. Time for recreational play included.

#### Cosmo Civic Centre

(7-9	vrs)

Jul 2-4 (10.12 vrs)	Tu-Th	02:45 PM-04:15 PM	\$0.00	CC3332-01
( <b>10-12 yrs)</b> Jul 2-4	Tu-Th	04:15 PM-05:45 PM	\$0.00	CC3331-01

#### Learn to Floor Hockey

Join us for three days of skills and fundamentals of floor hockey. Time for recreational play included.

#### Cosmo Civic Centre

(7	-6	)	y	rs)

Jul 16-18	Tu-Th	02:45 PM-04:15 PM	\$0.00	CC3329-01
( <b>10-12 yrs)</b> Jul 16-18	Tu-Th	04:15 PM-05:45 PM	\$0.00	CC3328-01

#### Sport Mash-up

6-10 yrs. Basketball, soccer, floor hockey, badminton, flag football... try them all! This program introduces your child to a variety of sports, in a noncompetitive environment. Basic drills and a fun game happen each week.

**Lakewood Civic Centre** 

May 25-Jun 22	Sa	11:15 AM-12:15 PM	\$58.75	LW2363-01
Shaw Centre May 18-Jun 15	Sa	11:15 AM-12:15 PM	\$58.75	SC2363-01

#### **Kicks for Kids**

6-9 yrs. Recreational soccer fun! Learn new skills, practise drills and enjoy a fun game.

#### **Lakewood Civic Centre**

Apr 14-May 12	Su	11:15 AM-12:15 PM	\$64.75	LW2323-01
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#### **CAMPS**

#### Sport & Splash Camp

Run, jump, kick, throw, skip, slide, dive and dash. A perfect full-day camp for kids who like to have fun and keep active. Campers will participate in a daily recreational swim and try their hand at a variety of non-competitive sports, games and activities.

#### Shaw Centre (7-12 yrs)

Apr 1-5	M-F	09:00 AM-04:00 PM	\$195.75	SC2360-01
Jul 15-19	M-F	09:00 AM-04:00 PM	\$195.75	SC3360-01
Jul 22-26	M-F	09:00 AM-04:00 PM	\$195.75	SC3360-02
Lawson Civic	Centre (7-1	2 yrs)		
Jul 2-5	Tu-È	09:00 AM-04:00 PM	\$156.50	LC3359-01
Jul 8-12	M-F	09:00 AM-04:00 PM	\$195.75	LC3360-01

**Extended Drop-off & Pick up** is available for children registered in the Sport & Splash Camp who need to be dropped off early or picked up late.

#### Shaw Contro

Snaw Centre				
Apr 1-5	M-F	08:00 AM-09:00 AM	\$39.25	SC2311-01
		04:00 PM-05:00 PM		
Jul 15-19	M-F	08:00 AM-09:00 AM	\$39.25	SC3311-01
		04:00 PM-05:00 PM		
Jul 22-26	M-F	08:00 AM-09:00 AM	\$39.25	SC3311-02
		04:00 PM-05:00 PM		
Lawson Civic Cer	ntre			
Jul 2-5	Tu-F	08:00 AM-09:00 AM	\$31.50	LC3312-01
		04:00 PM-05:00 PM		
Jul 8-12	M-F	08:00 AM-09:00 AM	\$39.25	LC3311-01
		04:00 PM-05:00 PM		

### YOUTH RECREATION PROGRAMS

**PROGRAMS & ACTIVITIES** 

# YOUTH PERSONAL TRAINING & FITNESS CONSULTATIONS

#### **Personal Training**

13-18 yrs. For those looking for specific results from their exercise program. A Certified Personal Trainer will design and monitor each workout based on your needs. One-hour sessions determined by you and your trainer.

\$135.75
LW3349-01
LC3349-01
FH3349-01
SC3349-01
\$271.75
LW3348-01
LC3348-01
FH3348-01
SC3348-01
\$498.25
LW3347-01
LC3347-01
FH3347-01
SC3347-01

#### Introduction to Youth Weight Room Training

13-15 yrs. A Certified Personal Trainer will guide you through the proper use of the cardio and weight training equipment at the Leisure Centre of your choice. After the session you will leave with a Youth Weight Room Card that allows you to use the fitness and weight room without supervision.

\$40.50
LW3381-01
LC3381-01
FH3381-01
SC3381-01

#### Youth Weight Training

13-18 yrs. Learn the proper use of the cardio and weight training equipment at the Leisure Centre of your choice. You will leave with a personalized program.

1-hour session	\$61.50
Lakewood Civic Centre	LW3372-01
Lawson Civic Centre	LC3372-01
Saskatoon Field House	FH3372-01
Shaw Centre	SC3372-01

# FREE COMMUNITY PROGRAMMING

#### **UPCOMING PROGRAMS & EVENTS**

For more information about these FREE programs and events, visit <u>leisureonline.saskatoon.ca</u> or call 306-975-3378. Pre-registration is required unless otherwise noted.

#### **School Break Camp**

10-14 yrs. Free! Join us during the school break for three days of sports and activities led by qualified instructors. Register for as many sessions as you would like. Visit leisureonline.saskatoon.ca or call any Leisure Centre

to register.				
Musical Theatre	Apr 2	Tu	09:00 AM-12:00 PM	CD2380-01
SaskExpress (Bay 40 -	368 Edson	Street	·)	
Archery	Apr 2	Tu	01:00 PM-04:00 PM	CD2380-02
Cosmo Civic Centre (31	30 Laurier	Drive)		
Indoor Curling	Apr 3	W	09:00 AM-10:00 AM	CD2380-03
Cosmo Civic Centre (31	30 Laurier	Drive)		
Cookie Decorating	Apr 3	W	10:00 AM-12:00 PM	CD2380-04
Cosmo Civic Centre (31	30 Laurier	Drive)		
<b>Dreamcatcher Making</b>	Apr 3	W	01:00 PM-04:00 PM	CD2380-05
Cosmo Civic Centre (31	30 Laurier	Drive)		
Badminton	Apr 4	Th	09:00 AM-12:00 PM	CD2380-06
Riverside Badminton &	Tennis Clui	b (645	Spadina Crescent)	
Learn to Golf				CD2380-07
Ramada Golf Dome (80	6 Idylwyld i	Drive I	Vorth)	

Looking for more fun activities for youth? Check out Sport & Splash Camp on page 31 and Where to Hang on page 41.

### MÈ TA WÈ TÀN PROGRAMS





Mè Ta Wè Tàn programs are a fun way for all ages to learn more about Indigenous traditions and get active in sport, culture and recreation. Connect with others with similar interests and experience something new in a comfortable environment. All programs are FREE!

Watch for the Mè Ta Wè Tàn Travelling Van in your area this summer. Refer to page 41 for more information.

For more information on programs including dates and times, visit saskatoon.ca/metawetan or call 306-975-3378.

### **PROGRAMS & ACTIVITIES**

# **ADULT RECREATION PROGRAMS**

#### **BEGINNER FITNESS**

Classes offer fitness opportunities, resources and education for those new or returning to an active lifestyle. Class content is designed to build confidence and ensure participant safety.

#### Introduction to Pickleball

Pickleball combines elements of badminton, tennis and table tennis and is great for all ages and skill levels. Participants will learn the basics of the sport in a friendly environment. Equipment is provided. Space is limited, please call the facility in advance to reserve a spot. Sackatoon Field House

Saskaluuli	rieiu nouse
Apr 15-29	M

Apr 15-29	M	07:00 PM-08:00 PM	\$35.75	FH2320-01
Apr 15-29	M	08:00 PM-09:00 PM	\$35.75	FH2320-02
May 6-27	M	07:00 PM-08:00 PM	\$35.75	FH2320-03
May 6-27	M	08:00 PM-09:00 PM	\$35.75	FH2320-04
Cosmo Civi	c Centre			
May 4-18	Sa	09:15 AM-10:15 AM	\$35.75	CC2320-01

#### **Learn to Group Cycle**

An indoor ride can be just as thrilling as outdoor when you are taught how to pace, visualize and ride as a team. Hills, drills, core and technique are all included.

#### **Shaw Centre**

Jun 2-16	Su	09:15 AM-10:15 AM	\$15.00	SC2333-01
Saskatoon Fie	eld House			
Apr 2-16	Tu	06:45 PM-07:45 PM	\$15.00	FH2333-01



#### Learn to Pole Walk

Step into a fun cardiovascular workout! Simplified moves and supported instruction will help you master the basic moves.

#### Saskatoon Field House

01:30 PM-02:30 PM FH2330-01 Apr 14-28 \$15.00



# **ADULT RECREATION PROGRAMS**

#### Learn to Fitness Yoga

No flexibility experience required. This intro to yoga will show you that yoga truly is for every 'body'. Breathing and technique of a sun salutation and other poses are taught with the support and instruction needed to master these moves.

920	katoon	Fial	4 L	lauca

	06:30 PM-07:30 PM	\$15.00	FH2327-01
IVI	00.30 T WI-07.30 T WI	ψ13.00	1112021-01
F	07:00 PM-08:00 PM	\$15.00	SC2327-01
	M F		M 06:30 PM-07:30 PM \$15.00

# ADULT PERSONAL TRAINING & FITNESS CONSULTATIONS

Each personal training session includes a one-hour personal consultation to discuss your specific needs and goals. This is an opportunity for you and your trainer to meet, build rapport and gather the information needed to develop an action plan.

#### Semi-Private Trainina

A Certified Personal Trainer will design and monitor each workout based on your needs. One-hour sessions determined by you and your trainer. Register together.

6 sessions Lakewood Civic Centre Lawson Civic Centre Saskatoon Field House Shaw Centre	\$260.75* LW3356-01 LC3356-01 FH3356-01 SC3356-01
11 sessions Lakewood Civic Centre Lawson Civic Centre Saskatoon Field House Shaw Centre	\$460.00* LW3355-01 LC3355-01 FH3355-01 SC3355-01

<sup>\*</sup>Price per person

#### **Personal Training**

A Certified Personal Trainer will design and monitor each workout based on your needs. One-hour sessions determined by you and your trainer.

\$171.00
LW3346-01
LC3346-01
FH3346-01
SC3346-01
\$342.25
LW3345-01
LC3345-01
FH3345-01
SC3345-01
\$619.25
LW3344-01
LC3344-01
FH3344-01
SC3344-01

#### **Revamp Your Workout**

Have you been working out for a while but have yet to reach your goal? Maybe it's time to change it up! Our fitness consultants have the experience and creativity to put the burn back into your workout to get the results you want.

1 hour consultation & 1 hour training	\$90.75
Lakewood Civic Centre	LW3353-01
Lawson Civic Centre	LC3353-01
Saskatoon Field House	FH3353-01
Shaw Centre	SC3353-01

#### **Home Fitness**

Our fitness consultants will design a home training option that fits your needs and lifestyle with minimal equipment. Consultation and training will occur at the Leisure Centre of your choice.

1 hour consultation & 1 hour training	\$90.75
Cosmo Civic Centre	CC3317-01
Lakewood Civic Centre	LW3317-01
Lawson Civic Centre	LC3317-01
Saskatoon Field House	FH3317-01
Shaw Centre	SC3317-01

#### **Adult Basic Weight Training**

For the absolute beginner. A machine based program to ensure maximum safety and ease of use. A great start to lifelong fitness.

1 hour program	\$67.50
Lakewood Civic Centre	LW3302-01
Lawson Civic Centre	LC3302-01
Saskatoon Field House	FH3302-01
Shaw Centre	SC3302-01

#### **GENERAL FITNESS**

Classes offer varying intensity and exercise modifications for fitness levels from basic to advanced.

#### Mommy and Me Muscle Fusion

Bring baby for a fun, challenging workout with the opportunity to connect with other moms in your community. Experience a combination of cardio, muscular endurance, postnatal specific core work and flexibility. Benefit from increased energy, improved posture, less aches and pains and a stronger core. This is a great next step for those who have participated in the Mommy & Me Strollfit class or for those who just need a little more challenge. A baby carrier is recommended. Fussy baby? No problem! It is recommended moms be six weeks postpartum (8+ weeks for caesarean).

Saskatoon Field House

Apr 2-30 Tu/Th 10:45 AM-11:30 AM \$58.75 FH2338-01



Make time for you! Available at the Saskatoon Field House, Lakewood Civic Centre and Shaw Centre.

See page 10 or visit <u>saskatoon.ca/leisureonline</u> for hours.

#### Mommy and Me Strollfit

Perfect for new parents and their babies. Combines walking the track with your baby as well as muscle strengthening and postnatal core-specific work. It is recommended moms be six weeks postpartum (8+ for caesarean).

Saskatoon Field House

Apr 1-24 M/W 10:45 AM-11:30 AM \$58.75 FH2339-01 Apr 29-May 29 M/W 10:45 AM-11:30 AM \$58.75 FH2339-02

#### Strollin' & Polin'

Take in and enjoy the many benefits of pole walking during this friendly, social, fitness program. The instructor will lead you through an hour-long session incorporating pole walking, strength and stretch components. Poles are provided and are optional during this program.

#### Saskatoon Field House

Apr 8-29	M/W/F 01:15 PM-02:15 PM	\$52.50	FH2365-01
May 3-31	M/W/F 01:15 PM-02:15 PM	\$52.50	FH2365-02

33

#### **PROGRAMS & ACTIVITIES**

# SPECIALIZED WELLNESS PROGRAMS



#### The First Step Program™

This program offers supervised exercise and education components for individuals looking to make exercise a regular part of their life. It is designed for those with pre-diabetes, diabetes, high blood pressure, arthritis, osteoporosis, increased body weight, cancer, abnormal cholesterol and/or chronic kidney disease. You can begin at any time. For more information or to register, call 306-975-3121 or visit saskatoon.ca/firststep.



EFIRST STEP

#### Saskatoon Field House

4 month program\* Tu & Th 8:00 AM-11:30 AM and/or 4:30 PM-07:30 PM\*\*

\* A graduate program is available after completion for continued support 3 times/week.

The First Step Program<sup>TM</sup> is provided in partnership with the City of Saskatoon and Saskatchewan Health Authority.

#### Minds in Motion®

A community-based fitness and social activity program incorporating physical activity and mental stimulation for those with early symptoms of Alzheimer's disease and other dementias to enjoy with a family member or friend. Develop new friendships in a relaxed atmosphere with others living similar experiences. For more information, contact Connie at 1-800-263-3367, by email at mindsinmotion@alzheimer.sk.ca, or visit <a href="mailto:alzheimer.ca/sk">alzheimer.ca/sk</a>. To register call the Saskatoon Field House at 306-975-3354.

#### Saskatoon Field House

Apr 23-Jun 11 Tu 01:30 PM-03:30 PM \$25 FH2504-01 Minds in Motion® is provided in partnership with the City of Saskatoon and the Alzheimer Society of Saskatchewan and Information Services Corporation.

#### Neuro (Stroke) and Parkinson's Exercise Program

These programs are supervised by an exercise therapist through the Saskatchewan Health Authority with the aim to improve functional ability through improving fitness. The program includes stretching, strengthening, balance and mild aerobic activities. For more information or to register, call 306-655-4595.

#### Saskatoon Field House

Neuro (Stroke) Exercise

Tu, Th 01:15 PM-02:45 PM

Parkinson's Exercise

M, W, F 02:45 PM-03:45 PM

#### **PROGRAMS & ACTIVITIES**

# **TRAINING & CERTIFICATION PROGRAMS**

NOTE: Pre-registration is required for most items listed in this section. For details on how to register, see page 15 unless other instructions are provided in the course details.

Full attendance is mandatory for training and certification programs.

#### FIRST AID & CPR CERTIFICATION

#### Red Cross Standard First Aid & CPR and AED Course

Learn Standard First Aid, CPR and AED skills in this certification course. Fee does not include manual cost of \$28.61 (applicable taxes included). 100% attendance is mandatory.

#### Cosmo Civic Centre

Apr 20 & 21	Sa/Su	09:00 AM-05:30 PM	\$152.50	CC2609-01
Jun 8 & 9	Sa/Su	09:00 AM-05:30 PM	\$152.50	CC2609-02
Jul 11 & 12	Th/F	09:00 AM-05:30 PM	\$152.50	CC3609-01
Aug 24 & 25	Sa/Su	09:00 AM-05:30 PM	\$152.50	CC3609-02

# Red Cross Standard First Aid & CPR and AED Recertification

Annual recertification is recommended. Refresh your First Aid, CPR and AED skills in this course. A current certification is required to register. 100% attendance is mandatory.

#### Cosmo Civic Centre

Jun 2	Su	09:00 AM-05:30 PM	\$88.50	CC2610-01
Jul 10	W	09:00 AM-05:30 PM	\$88.50	CC3610-01



Find programs and register online at

leisureonline.saskatoon.ca

#### LIFESAVING & GUARDING

#### Lifesaving Society Bronze Star

The Lifesaving Society's Bronze Star develops swimming proficiency, lifesaving skill and personal fitness. Candidates refine their stroke mechanics, acquire self-rescue skills, and apply fitness principles in training workouts. Bronze Star is excellent preparation for success in Bronze Medallion and provides a fun introduction to lifesaving sport. Fee does not include manual cost of \$41.95 (applicable taxes incuded), which is also required for Bronze Medallion and Bronze Cross. 100% attendance is mandatory.

#### **Lakewood Civic Centre**

Apr 7-May 26	Su	05:30 PM-07:00 PM	\$127.25	LW2605-01
Aug 26-30	M-F	04:45 PM-07:15 PM	\$127.25	LW3605-01

#### Lifesaving Society Bronze Medallion

Prerequisites: Minimum 13 years of age or Bronze Star. Bronze Medallion challenges the candidate both mentally and physically. Judgment, knowledge, skill, and fitness – the four components of water rescue – form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross. Fee does not include manual cost of \$41.95 (applicable taxes included). 100% attendance is mandatory.

_awson	CIVIC	Centre

Apr 7-May 26	Su	05:30 PM-08:00 PM	\$162.25	LC2604-01
Jun 23-Aug 25	Su	05:30 PM-08:00 PM	\$162.25	LC3604-01
Lakewood Civic C	entre			
Jun 10, 17 & 24	M	04:30 PM-07:00 PM	\$162.25	LW2604-01
Jun 5, 12, 19 & 26	W	04:30 PM-08:00 PM		
July 5	F	06:00 PM-10:00 PM	\$162.25	LW3604-01
July 6 & 13	Sa	07:30 AM-12:00 PM		
Jul 7 & 14	Su	07:30 AM-12:00 PM		
Aug 19-30	M-F	09:45 PM-12:00 PM	\$162.25	LW3604-02

<sup>\*\*</sup> Exercise sessions start small and progress to 60+ minutes.

# **TRAINING & CERTIFICATION PROGRAMS**





#### **BECOME A LIFEGUARD!**

As a City of Saskatoon Lifeguard you will...

- Earn \$\$\$ Be a role model Work as part of a team
- Build confidence and life skills Earn bathing suit reimbursements
- Meet new friends Receive a free LeisureCard to use at City facilities
- Eligible for free recertification of awards
- Receive medical and dental benefits
- Have flexibility to choose your hours of availability

For more employment\* information contact 306-975-2944.

\* To obtain employment as a Lifeguard with the City of Saskatoon, both the Lifesaving Society National Lifeguard Award and the Lifesaving Society Combined Swim for Life and Lifesaving Instructor Program must be completed.

#### STEPS TO BECOMING A LIFEGUARD

- 1 LIFESAVING SOCIETY BRONZE MEDALLION Pre-requisites: 13 years old or Lifesaving Society Bronze Star
- 2 LIFESÄVING SOCIETY BRONZE CROSS Pre-requisites: Lifesaving Society Bronze Medallion
- 3 STANDARD FIRST AID/CPR-C AED Pre-requisites: None
- 4 LIFESĂVING SOCIETY NATIONAL LIFEGUARD AWARD (NLA) Pre-requisites: 15 years old, Standard First Aid & CPR "C" or Aquatic Emergency Care, Lifesaving Bronze Cross

LIFESAVING SOCIETY COMBINED SWIM FOR LIFE & LIFESAVING INSTRUCTOR PROGRAM Pre-requisites: 15 years old, Lifesaving Society Bronze Cross Award (need not be current)

#### Lifesaving Society Bronze Cross

Prerequisites: Bronze Medallion. The Lifesaving Society's Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a prerequisite for advanced training in the Society's National Lifeguard and leadership certification programs. Fee does not include manual cost of \$41.95 (applicable taxes included). 100% attendance is mandatory.

Lawson Civic Ce	entre			
Apr 7-May 26	Su	05:15 PM-08:00 PM	\$162.25	LC2603-01
Jun 23-Aug 25	Su	05:15 PM-08:00 PM	\$162.25	LC3603-01
Lakewood Civic	Centre			
Jun 4-25	Tu/Th	04:30 PM-08:00 PM	\$162.25	LW2603-01
Jul 19	F	06:00 PM-10:00 PM	\$162.25	LW3603-01
Jul 26	F	06:00 PM-08:00 PM		
Jul 20 & 27	Sa	07:30 AM-12:00 PM		
Jul 21 & 28	Su	07:30 AM-12:00 PM		

#### Lifesaving Society National Lifeguard Award

15 yrs+. Pre-requisite: Bronze Cross and Standard First Aid, CPR C and AED certification. Builds on fundamental skills, knowledge and values taught in the lifesaving awards to further the development of the practical skills required of lifeguards. Fee does not include manual cost of \$45.15 (applicable taxes included). 100% attendance is mandatory.

#### Shaw Centre

Apr 1-5	M-F	08:00 AM-05:30 PM	\$239.75	SC2606-01
Jul 8-12	M-F	08:00 AM-05:30 PM	\$239.75	SC3606-01

#### Lifesaving Society National Lifeguard Recertification

Pre-requisite: Proof of National Lifeguard Award certification. This is a recertification course for the National Lifeguard Award, which must be done every two years in order to remain certified.

#### **Shaw Centre**

Jun 9	Su	12:00 PM-04:00 PM	\$82.00	SC2607-01
Jul 21	Su	12:00 PM-04:00 PM	\$82.00	SC3607-01

# Combined Lifesaving Society Lifesaving Instructor Course

Pre-requisite: 15 years old and Bronze Cross award (need not be current). This leadership course provides candidates with theory, knowledge and skill, and practice to become certified and teach the following Lifesaving Society programs and awards:

- Swim for Life Program: Parent & Tot, Preschool, Swimmer, Adult Swimmer and Fitness Swimmer
- Canadian Swim Patrol Program: Rookie Patrol, Ranger Patrol and Star Patrol levels
- CPR and AED
- Bronze Star
- · Bronze Medallion\*
- · Bronze Cross\*

Fee does not include manual cost of \$99.75 (applicable taxes included). \*Mentorship required to become Examiner

#### Lakewood Civic Centre

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Apr 1-5	M-F	12:00 PM-10:00 PM	\$359.00	LW2601-01	
Jun 7 & 14	F	06:00 PM-10:00 PM	\$359.00	LW2601-02	
Jun 8 & 15	Sa	08:00 AM-05:30 PM			
Jun 9 & 16	Su	08:00 AM-05:30 PM			
Aug 9 & 16	F	06:00 PM-10:00 PM	\$359.00	LW3601-01	
Aug 10 & 17	Sa	08:00 AM-05:30 PM			
Aug 11 & 18	Su	08:00 AM-05:30 PM			

#### **PROGRAMS & ACTIVITIES**

# **TRAINING & CERTIFICATION PROGRAMS**



# SPRA FITNESS LEADERSHIP CERTIFICATION PROGRAM

Becoming a fitness leader requires a minimum of two Saskatchewan Parks and Recreation Association (SPRA) courses. Each course has a written exam following the course and every certification requires a practical assessment. Participants must complete CPR and Standard First Aid prior to certification. For more information on the SPRA Fitness Leadership Certification Program visit spra.sk.ca.

# STEPS TO BECOMING A CERTIFIED SPRA FITNESS INSTRUCTOR

- EXERCISE THEORY COURSE Prerequisite: 16 years old.
- 2 Then select one or more courses:
  - **a** GROUP EXERCISE FUNDAMENTALS COURSE <u>Plus one or more</u> GROUP SPECIALTY COURSES:
    - Total Body Conditioning
    - Step and Choreography
    - Group Cycle
    - Fitness Yoga
  - **b** AQUATIC EXERCISE COURSE
  - c EXERCISE FOR OLDER ADULTS COURSE

#### How to Become a Certified Fitness Instructor

16 yrs+. This free information session will review the application process and requirements to become a City of Saskatoon contract fitness instructor. We will review the courses required to teach the National Fitness Leadership Alliance certifications (exercise theory, group exercise, aquatic exercise, etc). We will also discuss the City's mentoring program, bursary program and the benefits of being a fitness instructor for the City and neighbourhood Community Associations.

Virtual Session

Apr 2 Tu 06:00 PM-07:30 PM FREE VT2318-01

#### **SPRA Exercise Theory Course**

16 yrs+. A 24-hour course introduces basic exercise theory, nutrition, anatomy, physiology, communication and leadership. Written exam is held at the conclusion of the course. Manual and pre-course information can be picked up at the host site one week prior to start date. Fee does not include manual cost of \$72.45 (applicable taxes included).

Cosmo Civic Centre

Apr 19 & 26 F 06:00 PM-10:00 PM \$329.75 CC2613-01 Apr 20 & 27 Sa 09:00 AM-05:00 PM

36

#### **SPRA Aquatic Exercise Course**

16 yrs+. Pre-requisite: SPRA Group Exercise Fundamentals Course. This 20-hour course will increase your knowledge and confidence level in leading a group exercise class in the water. An individualized practical component must be completed following the course for certification. Course manual and pre-course information can be picked up from the host site one week prior to course start date. Practical exam fee of \$50 is not included in registration fee and is payable on exam day. Fee does not include manual cost of \$61.95 (applicable taxes included).

#### Lawson Civic Centre

Jun 14 F 06:00 PM-10:00 PM \$285.00 LC2624-01 Jun 15 & 22 Sa 09:00 AM-05:00 PM

#### **SPRA Group Exercise Fundamentals Course**

16 yrs+. Pre-requisite: SPRA Exercise Theory Module. A 12-hour course covering a variety of topics for leading group exercise classes including leadership, safety, class design, use of music, movement and cuing, exercise analysis and more. Fee does not include manual cost of \$56.70 (applicable taxes included).

#### Saskatoon Field House

May 24 F 06:00 PM-10:00 PM \$230.50 FH2614-01 May 25 Sa 09:00 AM-05:00 PM

#### SPRA Step and Choreography Specialty Course

16 yrs+. Pre-requisite: SPRA Group Exercise Fundamentals Course. This 8-hour practical-based course covers specific information for planning and developing floor-based land choreography and step classes. Practical exam fee of \$50 is not included in registration fee and is payable on exam day. Saskatoon Field House

May 26 Su 09:00 AM-05:00 PM \$124.75 FH2623-01

Note: SPRA Exercise for Older Adults, Group Cycle, Fitness Yoga Specialty and Total Body Conditioning Specialty Courses will be offered in upcoming seasons. Watch for more details!

#### OTHER TRAINING OPPORTUNITIES

#### High Five Principles of Healthy Child Development Workshop

16 yrs+. This 4-hour virtual training workshop equips front-line leaders working with children aged 4 to 12 to understand what is required to ensure each child's social, emotional and cognitive needs are met. Participants will learn activities, tips and resources to enhance their relationships with the children and how to create a child-centred program. Participants who successfully complete the training receive a certificate and are provided with an additional complimentary online training course; Healthy Minds for Healthy Children. Participants must be Saskatchewan residents to register. **Virtual Session** 

Jun 1 Sa 01:00 PM-05:00 PM \$80.25 VT2648-01

#### **EMPLOYMENT OPPORTUNITIES**

#### **Qualified Instructors Wanted**

The City of Saskatoon maintains a registry which is used to place paid instructors with the Leisure Centres and local Community Associations for recreation, art and cultural programming. If you are interested in being placed in the registry, contact instructors@saskatoon.ca or call 306-975-3378.

#### Mè Ta Wè Tàn Centre Program Leaders Wanted

Mè Ta Wè Tàn Programs are offered at various locations in the community and provide sport and recreation programming with a focus on Indigenous culture for children and youth. Training is provided. For more information including responsibilities, qualifications and hours of work, contact the Indigenous Recreation Programmer at kathleen.stone@saskatoon.ca or call 306-975-3378.





#### Spring into summer!

Spring is here and things are heating up! Saskatoon has great programs and amenities for all ages and interests. Gather the family for a day at the pool, plan a quiet staycation at Gordon Howe Campground, drop in at a youth centre, practise your golf swing or soar high above the city on the Ferris wheel at Nutrien Playland. We've got everything you need to make your summer one to remember.

#### GOLF

Swing into summer! The City of Saskatoon operates three municipal golf courses that provide a level of play for everyone from the beginner to advanced golfer. Each is unique – give them all a try.

Visit **saskatoon.ca/golf** for season opening information.

We look forward to seeing you this season.

#### **HOLIDAY PARK** 1630 Avenue U & 11th Street • 306-975-3325

Holiday Park is a facility everyone will enjoy. The 18-hole championship course and Executive 9 provide options for every level of play. Amenities include driving range, lounge, practice putting green, pro shop, lounge, concession and PGA of Canada instruction.

	s include	Adults	Seniors	Young Adult	Juniors	Juniors	Junior Junior
	cable taxes.	(23-64 yrs)	(65+)	(19-22 yrs)	(18 yrs)	(13-17 yrs)	(12 & under)
Gree	en Fees						
M-Th	18 Holes	\$58.00	\$46.50	\$46.50	\$30.65	\$29.00	n/a
	9 Holes	\$35.00	\$28.00	\$28.00	\$18.50	\$17.50	n/a
	Executive 9	\$29.00	\$23.50	\$23.50	\$15.30	\$14.50	\$9.00
F-Su	18 Holes	\$63.00	\$50.50	\$50.50	\$33.30	\$31.50	n/a
	9 Holes	\$38.00	\$30.50	\$30.50	\$20.10	\$19.00	n/a
	Executive 9	\$32.00	\$26.00	\$26.00	\$18.00	\$17.00	\$10.00
Club	6 Pack						
M-Su	18 Holes	\$300.00	\$240.00	\$240.00	\$159.00	\$150.00	n/a
	9 Holes	\$180.00	\$144.00	\$144.00	\$96.00	\$90.00	n/a
	Executive 9	\$150.00	\$123.00	\$123.00	\$84.00	\$78.00	\$48.00

#### **SEASONAL FUN!**





#### **SILVERWOOD** 3503 Kinnear Avenue • 306-975-3314

Saskatoon's only par 3, 18-hole course is excellent for all individuals. Quick rounds, beautiful scenery, and focus on the short game are some of the highlights. Amenities include driving range, practice putting green, pro shop, concession and PGA of Canada instruction.

	s include	Adults	Seniors	Young Adult	Juniors	Juniors	Junior Junior
	able taxes.	(23-64 yrs)	(65+)	(19-22 yrs)	(18 yrs)	(13-17 yrs)	(12 & under)
Gree	en Fees						
M-Th	18 Holes	\$38.00	\$30.50	\$30.50	\$15.30	\$14.50	\$14.50
	9 Holes	\$23.00	\$18.50	\$18.50	\$9.55	\$9.00	\$9.00
F-Su	18 Holes	\$41.00	\$33.00	\$33.00	\$18.00	\$17.00	\$17.00
	9 Holes	\$25.00	\$20.00	\$20.00	\$10.60	\$10.00	\$10.00
Club	6 Pack						
M-Su	18 Holes	\$198.00	\$159.00	\$159.00	\$84.00	\$78.00	\$78.00
	9 Holes	\$120.00	\$96.00	\$96.00	\$51.00	\$48.00	\$48.00

#### **WILDWOOD** 4050 8th Street East • 306-975-3320

This 18-hole, par 70 course provides enjoyment for all levels of play. The layout is walkable for most players and the small, elevated greens require accurate approach shots. Amenities include practice putting green, pro shop, concession and PGA of Canada instruction.

	s include	Adults	Seniors	Young Adult	Juniors	Juniors	Junior Junior
	cable taxes.	(23-64 yrs)	(65+)	(19-22 yrs)	(18 yrs)	(13-17 yrs)	(12 & under)
Gree	en Fees						
M-T	18 Holes	\$44.00	\$35.50	\$35.50	\$23.30	\$22.00	\$14.50
	9 Holes	\$26.50	\$21.50	\$21.50	\$14.30	\$13.50	\$9.00
F-Su	18 Holes	\$47.00	\$38.00	\$38.00	\$25.90	\$24.50	\$17.00
	9 Holes	\$28.50	\$23.00	\$23.00	\$15.30	\$14.50	\$10.00
Club	6 Pack						
M-Su	18 Holes	\$228.00	\$183.00	\$183.00	\$120.00	\$117.00	\$78.00
	9 Holes	\$138.00	\$111.00	\$111.00	\$75.00	\$72.00	\$48.00



#### THE FINE PRINT

#### **Booking Tee Times**

Tee times are recommended by booking online at saskatoon.ca/golf, calling the course directly, or in person at the pro shop. Online booking for 9 or 18 holes can be made for groups of 1-4 players. A valid email address is required to make tee time reservations online.

#### **Cart Rentals**

Seasonal and daily cart rentals are available at Holiday Park and Wildwood.

Per seat: \$685.00/season\* \$25.00/18 holes \$16.00/9 holes

\* Unlimited use.

#### **Powercart Trackage**

Allows individuals to use a privately owned cart on the course.

\$725.00/season

\$45.00/daily (Holiday Park/Wildwood) \$15.00/daily (Silverwood)

#### **Season Passes**

More greens for your green! A season pass<sup>^</sup> allows you to play as often as you wish and is available for all three courses. Visit saskatoon.ca/golf for rates. Plus, receive a driving range season pass at no extra charge with purchase. Good for use at Holiday Park and Silverwood driving ranges. (\$475.00 value)

^ Non-transferable. Can be used at any of the municipal courses for reduced rates (does not include special booking or other privileges).

### Specials!

**Club 6 Pack** Purchase six rounds at a discounted rate. Available for 9 and 18 holes. Club 6 Packs do not expire. Refer to rates in charts.

Gift Card Available in any amount.

#### Stay Connected! Subscribe to the Leisure eNewsletter

Visit saskatoon.ca/leisurecentres to sign up for updates on Leisure Centre programming, the Leisure Guide and other seasonal leisure facilities and attractions.

The eNewsletter is sent out five to six times a year and you can unsubscribe 38 at any time.





#### saskatoon.ca/nutrienplayland

Celebrate the magic of play at Nutrien Playland, located in Kinsmen Park, with three star attractions that delight children and adults alike.

Soar high above the city on the Ferris wheel, take a twirl on a bright and cheery carousel animal, or hop aboard for a whistle-stop tour on the Canpotex Train – a park favourite! This replica modern-day freight train rolls along a 626 m loop.

Follow the pathways around the park or run free in the play areas. Work the pumps, troughs and valves in the water area or tackle the log climber and double cable ride in the sand. With many beautiful trees and rocks in the natural play space, it's easy to forget you're in the city centre. The play area is always open and there are no admission fees.





#### Open May 12 through September 2

#### **HOURS OF OPERATION**

May 12 to 02:30 PM-08:00 PM\* M-F June 30 10:00 AM-08:00 PM Sa & Su

\*May 20 hours: 10:00 AM-08:00 PM

July 1 to 10:00 AM-08:00 PM M-F September 2 10:00 AM-08:00 PM Sa & Su

**TICKETS** Single Ride \$3.00 • Play Pack (12 tickets) \$30.00 *Prices include applicable taxes.* 

**INCLEMENT WEATHER CLOSURES** Nutrien Playland will clear all rides immediately if thunder or lightning occurs. The Ferris wheel cannot run in steady rain conditions or if wind gusts exceed 52 km per hour. Check saskatoon.ca/service-alerts for updates.

**RENTALS ARE AVAILABLE!** Refer to page 44 for more information.

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Parking is available at the Nutrien Playland parking lot, Nutrien Wonderhub and north of the YWCA (off Kinsmen Avenue).





Nutrien Playland at Kinsmen Park is owned and operated by the City of Saskatoon and is proudly sponsored by:

**Nutrien** 



Canpotex



#### **GORDON HOWE CAMPGROUND**

#### Open April 16 through October 14

Gordon Howe Campground is Saskatoon's hidden gem, where nature meets the convenience of the city! Shaded sites canopied by mature trees, or bright and sunny family gathering spots — the choice is yours. Enjoy all the services and amenities you need for a memorable camping experience.



- 135 serviced sites including pull-through RV and tent sites
- Manager on site 24 hours/day
- Shaded and sunny sites
- · Paved, well-lit roads
- Barbecues and picnic tables
- Laundry facilities
- Washrooms and free showers
- Convenience store
- Free wireless Internet access
- Firewood available
- · Playground · Sani-Station



Book online!\*saskatoon.ca/camp

## Cool off on your own time!

Find some fun at a Spray Pad or Paddling Pool location near you. Visit **saskatoon.ca/play** for more information including hours of operation and to view an interactive map. •

#### SPRAY PADS

FREE! Spray Pads operate\* from 10 a.m. to 8 p.m., daily. Open June 1 to September 2.

NEIGHBOURHOOD	ADDRESS
Arbor Creek**	1015 Kenderdine Rd
Briarwood	602 Briarwood Rd
Brighton**	550 Brighton Blvd
Dundonald	162 Wedge Rd
Erindale	225 Kenderdine Rd
Evergreen	826 Manek Rd
Exhibition	120 Isabella St
Forest Grove	501-115th St
Hampton Village	1087 Hampton Crcl
Holliston	1905 5th St E
Kensington**	Kensington Ln N
Lakeridge	305 Waterbury Rd
Mayfair	1615 Ave D N
Nutrien Playland at Kinsmen Park**	945 Spadina Cres E
Parkridge	1219 McCormack Rd
Pleasant Hill	220 Ave U S
Riverlanding**	Friendship Park, Spadina Cres E
River Heights	60 Ravine Dr
Rosewood	205 Olson Ln
Silverspring	738 Konihowski Rd
Silverwood Heights*	403 Silverwood Rd
Stonebridge	155 Stonebridge Common
Willowgrove	903 Stenrud Rd

<sup>\*</sup> During the school day Spray Pads are turned off during lunch and recess.

#### SUMMER PLAY PROGRAM (2-12 YRS)

FREE! Drop in for waterplay, sports, crafts, games, music and more!
All Spray Pad and Paddling Pool locations listed offer the Summer Play Program unless otherwise indicated.

The Summer Play Program will be offered beginning July 2.







#### PADDLING POOLS

FREE! Paddling Pools are open from July 2 to August 21.
Paddling Pools operate during the Summer Play Program only.
Visit <a href="mailto:saskatoon.ca/play">saskatoon.ca/play</a> for hours of operation.

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NEIGHBOURHOOD	ADDRESS			
Adelaide	10 Mackenzie Cres			
Avalon	2602 Broadway Ave			
Brevoort Park	3 Webb Cres			
Buena Vista	Closed summer 2024 for park upgrade.			
Caswell Hill	415 31st St W			
College Park	131 Campion Cres			
Confederation Park	24 Pearson Pl			
East College Park	4215 DeGeer St			
Eastview	1140 East Centre			
Fairhaven	495 Forrester Rd			
Greystone Heights	2711 Main St			
Holiday Park	1320 Ave P S			
King George	831 Ave M S			
Lakeview	203 Whiteshore Cres			
Lawson Heights	748 Redberry Rd			
Massey Place	3110 Massey Pl			
Meadowgreen	2507 18th St W			
Montgomery Place	3229 Caen St			
Mount Royal	433 Ave T N			
North Park	1416 7th Ave N			
Nutana	506 Clarence Ave S			
Pacific Heights	3640 Centennial Dr			
Queen Elizabeth	1806 Albert Ave			
Riversdale	413 Ave J S			
Silverwood Heights	302 Russell Rd			
South Nutana Park	2520 Jarvis Drive			
Sutherland	120 113th St			
Westmount	310 Ave L N			
Westview Heights	2230 Richardson Rd			
Wildwood	203 Rosedale Rd			

Children Under 6 Years Children under the age of 6 must be supervised by an adult or responsible youth (12 years or older) at all times during Play Program hours. To help preschool age children stay safe in and around the water, the City of Saskatoon requires that all participants comply with the following policy: "For every two children under the age of six, there must be one adult or responsible youth (12 years or older) within arm's length, supervising the children's water play and activity."



Due to unforeseen circumstances, program and facility hours are subject to change. Visit **saskatoon.ca/service-alerts** for location closure notifications.

<sup>\*\*</sup> Summer Play Program not offered at this location.

### Come hang with us!

Beat summer boredom at a Youth Centre, Skateboard Site or a Travellina Program location near you. These programs are a great way for youth to get active, meet new friends and have some fun. Visit saskatoon.ca/youth for more information including hours of operation and to view an interactive map.

#### YOUTH CENTRES (12-16 YRS)

FREE! Drop-in for sports, games, music or just hang with your friends. Program leaders plan daily activities to meet the unique interests and needs of local youth. Open weekdays from July 2 through August 15. Visit saskatoon.ca/youth for hours of operation.

NEIGHBOURHOOD	ADDRESS
Confederation Park	3555 miyo-wâhkôhtowin Rd
Dundonald	202 Sumner Cres
Eastview	3035 Arlington Ave
Forest Grove	302 Kellough Rd
Silverwood Heights	274 Russell Rd

#### Mè Ta Wè Tàn Youth Centres (10-14 yrs) Holiday Park 1205 Ave N S Pleasant Hill 327 Ave N S Westmount 411 Ave J N

Special Focus Youth Centres Lakewood (sports only) 1635 McKercher Dr

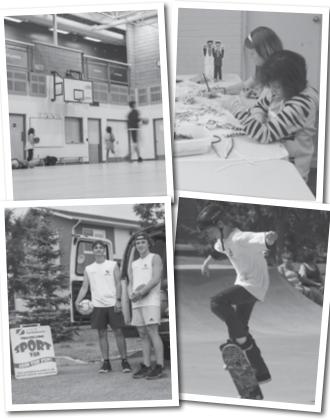
#### TRAVELLING PROGRAMS

FREE! Youth are invited to participate in a variety of sports and activities with our skilled leaders who travel to different sites each day. Equipment is provided. Travelling Programs are available weekdays from July 2 through August 15. Visit saskatoon.ca/youth for hours of operation.

LOCATION	ADDRESS	DAY/TIME				
Travelling Summer Play Van						
Dr. J. Valens Park	1626 1st Ave N	M-Th; 11:30 AM-2:30 PM				
River Landing	409 3rd Ave S	M; 3-6:30 PM				
Briarwood Park	602 Briarwood Rd	Tu; 3-6:30 PM				
Les Kerr Park	501-115th St	W; 3-6:30 PM				
Optimist Park	413 Ave J S	Th; 3-6:30 PM				
Charlottetown Park	3130 Laurier Dr (behind Cosmo Civic Ce	F; 1:30-5 PM ntre)				

#### Mè Ta Wè Tàn Travelling Van

Watch for the Mè Ta Wè Tàn Travelling Van in your area or ask the Recreation Program Leaders for more details. For more information, please contact 306-975-3378 or visit saskatoon.ca/metawetan.





#### Find a location near you!

Visit saskatoon.ca/youth for more information and to view an interactive map.

#### SKATEBOARD SITES & PROGRAM

FREE! Practise your boarding and learn new tricks from skilled skateboard leaders! Bring your deck and safety gear or use our equipment\*. Program travels to a different skate site each day between July 2 through August 15\*\*.

LOCATION	ADDRESS
Charlottetown Park	3130 Laurier Dr (behind Cosmo Civic Centre)
Forest Park	215 Nelson Rd (adjacent to Centennial Collegiate)
Lakewood Park***	1635 McKercher Rd (beside Lakewood Civic Centre)
Lions Skate Park	622 Spadina Cres W (Victoria Park)
Morris T. Cherneskey Park	122 Bowlt Cres (beside Shaw Centre)
Umea Park	225 Primrose Dr (behind Lawson Civic Centre)
W.W. Ashley Park	815 Taylor St (beside Lathey Pool)

- \* Equipment loans available only when Skateboard Program is on site.
- \*\* Skateboard Program is closed on August 5.
- \*\*\* Skateboard Program not offered at this location.



Due to unforeseen circumstances, program and facility hours are subject to change. Visit saskatoon.ca/service-alerts for location closure notifications.

#### **OUTDOOR POOLS**

## Make a splash!

Beat the heat and have some fun at one of the City of Saskatoon's outdoor pools. With four locations across the city, outdoor pools offer a variety of drop-in activities for people of all ages including lane swimming, aquafitness and more.

For up-to-date drop-in schedules, visit saskatoon.ca/leisureonline.



#### **George Ward Pool**

1915 5th Street E 306-975-3350 Open June 18-August 18 (Two springboards)

#### **Lathey Pool**

815 Taylor Street E 306-975-3333 Open June 7-August 25 (Waterslide and spray features)

#### **Mayfair Pool**

1025 Avenue F N 306-975-3352 Open June 12-August 18 (Waterslide, spray features and springboard)

#### Riversdale Pool

822 Avenue H S 306-975-3353 Open June 5-September 2 (Waterslide and two springboards)

#### saskatoon.ca/outdoorpools

#### **ADMISSION RATES**

Prices include applicable taxes.	Adult (19+)	Youth (6-18 yrs)	Preschool (0-5 yrs)	Family*
Single Admission	\$9.35	\$5.60	FREE	\$18.70
Bulk Tickets (10)	\$77.00	\$46.00	FREE	\$154.00

- \* Family is defined as a group of up to seven individuals with a maximum of two adults.
- A Buy 10 general admissions for a discounted price! Bulk Tickets never expire and are transferable to family and friends.

#### Children Under Six Years

To help children stay safe in and around the water, the City of Saskatoon requires that all participants comply with the following policy: "For every two children under the age of six, there must be one adult or responsible youth (16 years or older) within arm's length, supervising the children's water play and activity." The best life preserver for your child is YOU! Infants and toddlers participating in water play must wear an appropriate swim diaper.

Did you know? With the purchase of a LeisureCard you can enjoy unlimited access to the outdoor pools. See page 11.

#### **SEASONAL FUN!**

#### DOG PARKS



Dog parks are naturalized spaces where dogs are permitted to be off-leash while under the control of their owner. Ensure your dog remains on a leash until in the Dog Park and don't forget to Scoop the Poop! Find a dog park near you on pages 4-5 or visit saskatoon.ca/dogparks.

**DOG PARKS FOR SMALL DOGS** Dedicated off-leash areas for small dogs are available at Charlottetown and Hyde Dog Parks. Dogs must be under 40 cm (16") at the shoulder and less than 9 kg (20 lbs). Visit <u>saskatoon.ca/dogparks f</u>or more information.

**DOG DAY OF SUMMER** Dog Day of Summer returns to Mayfair Pool on August 20, 2024. Visit <u>saskatoon.ca/dogdayofsummer</u> for the latest updates. Registration opens July 9, 2024.

**PET LICENSE** A valid Pet License is required to access any dog park or to participate in Dog Day of Summer. Visit <u>saskatoon.ca/petlicensing</u> to learn about the many benefits of Pet Licensing or to purchase or renew your annual license online.

#### 1903 Forestry Farm Park Drive • 306-975-3382 • saskatoon.ca/zoo

ZOO HOURS		PARK HOURS	
April 1-30	10:00 AM-04:00 PM	Apr 1-14	07:30 AM-04:30 PM
May 1-Sep 2	09:00 AM-05:00 PM	Apr 15-30	07:30 PM-07:00 PM
		May 1-Sep 2	07:30 AM-09:00 PM



Rekindle a sense of childhood wonder with a trip to the Saskatoon Forestry Farm Park & Zoo. Meet an impossibly cute mob of meerkats, beautiful Arctic wolves, majestic grizzly bears and many other species at Saskatchewan's only CAZA accredited zoo.

#### **ZOO ADMISSION RATES** (April 1-October 31)

Prices include applicable taxes.	Adult (19+)	Youth (6-18 yrs)	Preschool (0-5 yrs)	Family*
<b>Daily Admission</b>	\$15.75	\$9.50	FREE	\$31.50
Season Pass	\$60.00	\$36.00	FREE	\$120.00

Group Rates available for eight or more people (\$1.00 off each individual daily admission rate). 
\* Family is defined as a group of up to seven individuals with a maximum of two adults.

PARKING FEE (May 1-September 2) 60% of parking fee supports redevelopment	Daily Season Pass projects at the Zoo.	\$5.00/vehicle \$20.00
DAILY FISHING PERMIT FEE (May 1-October 31)	Adult Youth	\$3.00 \$2.00

#### What's New at the Zoo?

Ring-tailed lemurs, naked mole rats and so much more! Learn more about the wild and wonderful animals at the Zoo aboard the Kinsmen Express II Train (guided tours return May 1). Immerse yourself in nature at the Prairie Butterfly House (opening in June) and don't forget the Small Mammal House and Affinity Learning Centre! Visit <a href="mailto:saskatoon.ca/zoo">saskatoon.ca/zoo</a> for the latest updates.

#### **Zoo Season Pass**

A Zoo Season Pass gives you free admission, free parking, invitations to special events, and free or discounted admissions at participating zoos across Canada. Visit saskatoon.ca/zoo for more information.

#### Forestry Farm Park

Discover carefully crafted garden spaces, picnic sites, fishing pond, walking trails, a naturally-themed playground and so much more at the Forestry Farm Park. Whether your visit is lively and exciting or quietly reflective, the experience is sure to be a memorable one.

#### **Rental Facilities**

The hall, Lions Pavilion, gazebo, Forestry Farm House and wedding garden are available for private rental. Functional, quiet and secluded, these areas provide an enchanting backdrop for gatherings of all kinds. Call 306-975-3382 or visit saskatoon.ca/zoorentals for information.

#### Saskatoon Zoo Foundation

The Saskatoon Zoo Foundation raises funds for capital projects and improvements within the Zoo while connecting citizens to nature through education, research and conservation. Help build the bears a new home and donate today at saskatoonzoofoundation.ca.

The 25th Annual ZOOGALA presented by SaskMilk will be held on June 7.





#### **EdZOOcational Opportunities**

The Saskatoon Zoo Society offers a variety of curriculum-based education programs for all ages. For more information or to register, visit <u>saskatoonzoosocietv.ca</u> or call 306-975-3395.

Additional onsite and virtual programs are available for school groups, preschools, homeschoolers, senior groups and more. Visit our website for a full listing of programs and events.

#### Easter Break Zoo Camp (7-12 yrs)

Apr 2-5 Tu-F 09:00 AM-04:00 PM \$250

#### Zoo Crew PD Days (5-12 yrs)

Mar 4 M 09:00 AM-04:00 PM \$50 Jun 3 M 09:00 AM-04:00 PM \$50 Jun 28 F 09:00 AM-04:00 PM \$50

#### Summer Zoo Camp (7-12 yrs)

Registration opens Mar 18 (members) & Mar 25 (non-members). Jul & Aug M-F 09:00 AM-04:00 PM \$250-\$300/week

#### Summer Interpretive Programming (all ages)

Jul 3-Aug 25 W-Su 10:00 AM-03:00 PM FREE with Zoo admission

#### Birthday Parties at the Zoo (3-12 yrs)

Available on Saturdays and Sundays. \$250-\$275 plus PST.

#### Fall Animal Antics Preschool Program (4-5 yrs)

Sep 11-Oct 30 Registration Opens on Jul 8.

The Saskatoon Forestry Farm Park & Zoo is a City of Saskatoon facility working with the Friends of the Forestry Farm House, Saskatoon Zoo Foundation, Saskatchewan Perennial Society and the Saskatoon Zoo Society.

#### RENTAL OPTIONS









## Find Your Space!

Bored with boardrooms? Parties aren't panning out? Seeking an unconventional convention or event venue? The City of Saskatoon offers a wide range of unique event options from portable stages, outdoor facilities, scenic River Landing venues, sports fields, Leisure Centres and rinks.

Learn more about rental options for any occasion at saskatoon.ca/facilityrentals.



Pick up a copy of the Recreation Facility Rental Options guide at any Leisure Centre or <u>saskatoon.ca/facilityrentals</u>.

#### **INDOOR LEISURE CENTRES**

Leisure Centres can accommodate groups for almost every kind of occasion. For bookings, contact Customer Service at the Leisure Centre of your choice:

Cosmo Civic Centre • 306-975-3344 Harry Bailey Aquatic Centre\* • 306-975-3003 Lakewood Civic Centre • 306-975-2944 Lawson Civic Centre • 306-975-2951 Saskatoon Field House • 306-975-3354 Shaw Centre • 306-975-7772

Rental space is available outside of scheduled programming.

#### **AMENITIES & STAFF CHARGES**

Bookings for meeting and multi-purpose rooms include standard meeting set-up of up to 25 chairs and four tables set up in theatre, boardroom or classroom style. Additional charges may apply for setup, clean-up and repair to any rented facility. These fees will be assessed by the Site Administrator in conjunction with the Building Operator and may be billed post event if necessary. Pool rentals will incur additional charges for Lifeguard staff. Additional charges may apply.

Hourly Rentals (\*All rates effective September 1, 2023 to August 31, 2024; GST extra)

RENTAL SPACE	HOURLY FEE*	ссс	LWC	LCC	нвс	SFH	scc
Small Meeting Room	\$21.90	•	•		$>\!$	•	•
Large Meeting Room	\$32.80	•			$>\!\!<$		•
Multi-Purpose Room	\$32.80	•	•	•	$>\!\!<$	•	•
Theatre	\$32.80	•			><		
Gymnasium	\$54.70	•	•		><		•
Competitive Pool	\$287.80				Diving Boards 8 Lanes		Diving Boards 50m, 10 Lanes
Leisure Pool	\$153.70		Waterslide 25m, 4 Lanes	Wave Pool 25m, 4 Lanes	25m, 6 Lanes		
Warm Up Pool	\$115.30				>>		25m, 6 Lanes
Family Pool	\$115.30				$\times$		Waterslide & Watertoys
Indoor Track	\$153.70 \$76.85				>>	200m 6 Lanes	165m 3 Lanes
Sports Court	\$38.50				><	•	
Wallyball Court	\$20.50^	•			$\times$		
Track Warm-Up Area	\$43.80				><	•	

Additional charges are added to after hours rentals. Inquire for details. ^Price includes applicable taxes.

CCC Cosmo Civic Centre • HBC Harry Bailey Aquatic Centre • SCC Shaw Centre LCC Lawson Civic Centre • LWC Lakewood Civic Centre • SFH Saskatoon Field House

#### PARKS, SPORTS FIELDS & ATTRACTIONS

Rink & Sports Field Rentals

There are a number of outdoor sport fields and indoor rinks located throughout Saskatoon that offer various levels of hosting capabilities.

Unique Facility Rental & Booking Opportunities:

- Park & River Landing Event Space
- Vimy Memorial Band Shell
- Saskatoon Forestry Farm Park & Zoo (call 306-975-3382 for information)

 Nutrien Playland at Kinsmen Park (call 306-975-2951 for information)

#### For more information:

For more information regarding rink, sports field, other unique facility rentals or assistance in selecting a location that is right for your event, contact the Allocations Office at allocations@saskatoon.ca.

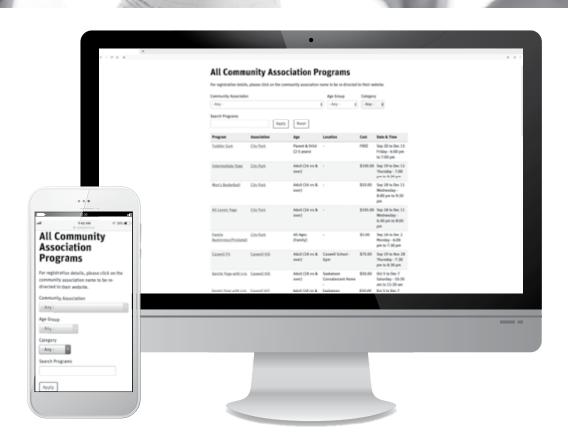
<sup>\*</sup> Harry Bailey Aquatic Centre is closed for facility upgrades.

#### **COMMUNITY ASSOCIATIONS**



## Search Online for Community Association Programs Across Saskatoon!

Community Associations are volunteer-run groups that organize neighbourhood events, operate outdoor rinks and offer low-cost sport, culture and recreation programs in neighbourhoods throughout the city. To find the perfect Spring or Summer program for you and your family, visit the new search function at **saskatoon.ca/communityassociations** or refer to your Community Association's newsletter, website or Facebook page. You can also contact Community Development at 306-975-3378 to be connected to your Community Association.



Check out the City of Saskatoon's new search tool at **saskatoon.ca/communityassociations** to find the best neighbourhood programs for your interests, age and location.

## **ADVERTISERS**

Promote your community-based sport, culture and recreation programs and classes with us! Thousands of copies of the City of Saskatoon Leisure Guide are distributed throughout the city as well as found online. To advertise in the next Leisure Guide, call The StarPhoenix at 204-291-7306.

#### ART

Remai Modern Art Camps......61,64

#### **MUSIC**

#### **SCHOOLS & PRESCHOOLS**

Code Ninja Saskatoon	60
Eastview Centre for Early Learning	58
Saskatoon Pre-School Foundation	56, 62
Speech Language Network	53

#### **ASSOCIATIONS & CLUBS**

Nutana Lawn Bowling Glub	48,	62
Nutrien Wonderhub		.55
Saskatoon Soaring Club		58

#### **SPORTS & FITNESS**

Astra Soccer Academy	54
Riverside Badminton & Tennis Club	59
Royal City Soccer Club	59
Saskatoon Mini Rugby	49
Saskatoon Minor Hockey Association	60
Saskatoon Ultimate Disc-Sport Society	58
Saskatoon Youth Soccer	48
We Move SK	56

#### **CRAFTS & HOBBIES**

Saskatoon Public Library

Learning Programs & Fun	50,	11
Solar Gardens		63
Wet Paint Pottery		57

#### 3 SUMMER CAMPS

7	Gamp rapawingo	O
•	SCI-FI Science Camps5	5
	Usask Huskies Kids Camps4	7
	Usask Kids Camps6	0

#### **DRAMA & DANCE**

SaskExpress Musical Theatre Studio ......58

WATER SPORTS	
Saskatoon Canoe Club	54
Saskatoon Rowing Club	62
The Diving Center	54

#### **MARTIAL ARTS**

# 2024 FUTURE HUSKIES SUMMER CAMPS





#### LAWN BOWLING!!!

Good, I have your attention.

Are you looking to try a new sport? Are you looking for a social activity? How about something competitive? Nutana Lawn Bowling Club offers all of that and then some!

We even have a Rec League. I repeat, "REC" league.

Lawn Bowling is literally a sport for all ages. We are an inclusive community and all are welcome!

For more information: nutanalawnbowlingclub.ca

Buena Vista Park will be closed for upgrade and renovations, but we are not!

"This is how we Roll"

#### May-Aug 2024

Open House May 11th, 1-4 pm

Learn to Bowl Lessons: May 14, 16, 21 & 23

Opening Day - Victoria Day
May 20th, 2-6 pm
(Members Only)

National Bowls Day June 1st, 10 am to 4 pm

#### SASKATOON YOUTH SOCCER INC.



#### **Registration:**

Register with Community or Zone Association according to birth year.

Community coordinates registration, coaches, and equipment, and practices.

Zone coordinates registration, coaches, equipment, and additional player development.

Tentative Game Days, Registration Dates, and Contact Information for Community and Zone Associations will be updated on our website as early as Feb 1st for Outdoor Season and June 1st for Indoor Season

#### **Outdoor Season 2024:**

Register in February to early March

Under-5 – Under-9: May 1 – Jun 27 (8 games) Under-11 – Under-19: Apr 26 – Jun 27 (8-10 games)

Birth Year	Outdoor 2024	Register With:
2020-21	Parent-Tot	Saskatoon Youth Soccer
2019	Under-5	Community Association
2017-18	Under-7	Community or Zone Association
2015-16	Under-9	Community or Zone Association
2013-14	Under-11	Zone of Residence (boundaries)
2011-12	Under-13	Zone of Residence (boundaries)
2009-10	Under-15	Zone of Residence (boundaries)
2007-08	Under-17	Zone Association of choice
2005-06	Under-19	Zone Association of choice

#### **Indoor Season 2024-25:**

Register in June to early September

Under-5 – Under-9: Oct 19 – Mar 16 (15 games) Under-11 – Under-13: Oct 19 – Mar 9 (15-18 games) Under-15 – Under-19: Nov 1 – Mar 9 (15-16 games)

Birth Year	Indoor 2024-25	Register With:
2021-22	Parent-Tot	Saskatoon Youth Soccer
2020	Under-5	Community Association
2018-19	Under-7	Community or Zone Association
2016-17	Under-9	Community or Zone Association
2014-15	Under-11	Zone of Residence (boundaries)
2012-13	Under-13	Zone of Residence (boundaries)
2010-11	Under-15	Zone of Residence (boundaries)
2008-09	Under-17	Zone Association of choice
2006-07	Under-19	Zone Association of choice



CONTACT US:

saskatoonyouthsoccarca 306-975-3413







PANAĜÔ













NU-TREND

NDUSTRIES INC

O-operators



Saskatoon

**SUMMER 2024:** 

Free Summer Drop-In Soccer for All Ages Mon to Fri, July 2nd to Aug 22nd
WIERE Various City of Saskatoon Playgrounds





52 Sask Lotteries

Tim Hortons

#### Looking for a place to play?



Built BY soccer, FOR soccer

#### **YOUTH & ADULT SOCCER LEAGUES & PROGRAMS**

THE home of soccer for all ages & abilities! Visit saskatoonsoccer.com & our social media for details. FIELD & ROOM RENTALS Our two facilities offer hardcourt. indoor & outdoor turf surfaces, beach volleyball/soccer courts & boardrooms - ideal for a variety of sports & events. Call to discuss your requirements - we'd love to help! **BIRTHDAY PARTIES/TEAM WINDUPS We supply the field** (your choice of sports), you pick the food & bring the cake!

150 Nelson Road



Saskatoon Sports Centre

WALKING SOCCER Drop-in, non-competitive, ideal for mobility issues. Instructor on site. Great for socializing. Wednesdays 10:30am - 12pm; Fridays \* 3 - 4 pm. \$6/person LUNCH TIME DROP-IN SOCCER Gather co-workers, friends & family for a midday game. Mon-Fri \* 11am - 2pm; \$6/person FITNESS CENTRE Cardio & strength training machines. Mon-Fri 5 - 9pm & Sat/Sun 10am - 4pm. TERRY FOX WALKING TRACK \*Check details with City\* A City of Saskatoon service. \$4.40 drop-in or Leisure Card. BEACH VOLLEYBALL Competitive & Rec leagues & NEW Drop in!

All ages welcome. See our website for details & links.





219 Primrose Drive

INDOOR WALKING PROGRAM Sprung floors provide a comfortable walking surface with 65% less joint fatigue. Mon-Fri, 8am - 2pm; \$5 drop-in, \$35/mo, \$120/season. INDOOR PLAYGROUP Huge play spaces full of riding cars & toys! \$6/child; 10 punch card \$50. Mon-Fri \* 9:30 - 11:45am. Adults & under 1 are free. If o TODDLER BIRTHDAY PARTIES Mon-Fri \* 9am - 1pm \$60/party

unlimited kids! In conjunction with Indoor Playgroup. PICKLEBALL Mon-Fri \* programs on 8 new courts! 4-5 daily times to choose from. Register at saskatoonpickleballinc.ca.

\* Please check our website under Sports & Programs or call for the latest details regarding summer schedules.

bookings@saskatoonsoccer.com 306-975-3423 info@saskatoonsoccer.com 306-975-3400 www.saskatoonsoccer.com

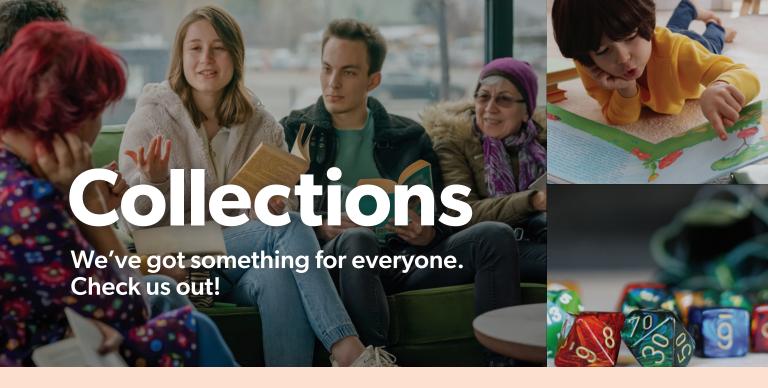




#### SASKATOON JUNIOR RUGBY LEAGUE

April 15 - July 20 | Ages 13-18 (U15 & U18 teams) 10 Game Days + Weekly Practices





#### **Book Club in a Bag**

With hundreds of titles available, these bags contain 10 copies of the same book so groups can read and discuss it together. We also have English Language Learning (ELL) options for newcomer groups! saskatoonlibrary.ca/book-club-in-a-bag

#### **Bookworm Bags**

This collection features 10 books on a theme that can be read to children or they can read to themselves! saskatoonlibrary.ca/bookworm-bags

#### **Roleplaying Game (RPG) Kits**

RPGs are a great way to combine your imagination and love of games. You supply the team, we'll take care of the rest! Current offerings include Dungeons & Dragons and Pathfinder.

saskatoonlibrary.ca/rpg







## **Events**

Looking for entertainment and learning opportunities that won't bust your budget? We offer free events for all ages, interests and abilities!

#### **Kids**

Book Camps Crafts Coding Performances STEAM Storytimes

#### **Teens**

Board Games Homework Help 2SLGTBQ+ Book Club Video Gaming Writing Workshops

#### **Adults**

Author Readings
Book Clubs
Careers & Employment
Computers & Technology
Financial Planning
Health & Wellness

Legal Help Newcomer Supports Performances Speakers Writing Workshops

#### **Summer at SPL**

From reading clubs to Performers on Parade, we've got great events planned.

Check our events calendar and social media for updates! saskatoonlibrary.ca/events











Are you worried that you or your child isn't speaking enough?

Do you or your child struggle to put ideas into words?

Can interacting socially with others be challenging?

Do you ever fell like your mouth doesn't listen to your brain?

#### We can help!

- · Speech, Voice & Stuttering Therapy
- Tongue Thrust & Myofunctional Therapy
- Enunciation & Speech Skills
- Social Language Thearpy
- Language Comprehension & Expression
- Professional Communication & Training
- Cochlear Implant Habilitation
- Cognitive Communication Therapy (Acquired Brain Injury & Post Stroke)
- And more...

## Occupational

Does you child have difficulties participating in everyday activities?

Do you or your child have trouble focusing when completing tasks?

Does your child have difficulty with their pencil grasp or fine motor skills?

#### We can help!

- · Play Skills: turn taking, sharing, etc.
- Find & Gross Motor Skill Development
- · Attention, Memory & Executive **Functioning Support**
- · Self-Card Skills: dressing, eating, bathing, etc.
- Sensory Processing Strategies
- · Social & Emotional Awarness and Coachina
- · ADHD Education and Managmenet
- And more...

Does your child struggle to keep up in the classroom?

Is your child struggling with anxiety, stress, or always getting into trouble?

Is your child showing signs of lagging behind in their learning or play skills?

#### We can help!

- Clinical Psychology Consultation and Follow Up
- Psychoeducational Assessments
- Behavioural Assessments
- Learning Disorder Diagnosis
- ADHD / Anxiety Diagnosis & Coaching
- School & Self Esteem Supports
- · Developmental Delays
- Peer Relationships
- Parenet & Client Education
- And more...

Booking now!

#### Unlock your potential, gain confidence and express your unique self to the world!



For access to active daily living, communication, learning tips and information about your upcoming programs, sign up for our monthly newsletter at



thesin.com

**t**. 306-933-3222

thesinca

sln.speech.ot.therapy.yxe

Services may be covered and/or partially covered by your extended health care benefits. Other funding options may be accessed in Saskatoon on a case by case basis.



Occupational Therapy | Speech-Lanugage Therapy | Psychology Services

#### **Featured Programming:**

#### Social Explorers - Child & Parent

 The goal of this program is for you & your child, who has an autism diagnosis & completed our Early Social Communication Program (ESCP), to interact with each other to build their play & social interaction skills. This group is offered as an 8 week program and meets one-two times per month.

#### Social Ninjas - ages 8-12

This group is designed to foster friendships among participants, build self-confidence, explore independence and find productive, thoughtful ways to communicate with those in their environment. This group is offered as an 8 week program.

#### Breakfast Club - ages 15+

 The Social Language Breakfast Club is designed to support teens and young adults as they transition between life stages. The group helps encourage more balanced and positive experiences as they integrate into varied settings with increased dynamic expectations. This group is offered as an 8 week program.

#### Academic Executive Functioning - 21+

 This program focuses on supporting young adults as they gain independence & the skills necessary to navigate through early adulthood transitions into post secondary school and/or the workforce.
 This group is offered as an 8 week program.

#### Adult, Teen, Child Therapy Services are available as:

- Direct Sessions
- Group Programming
- Assessment, Review & Treatment Planning
- Family Coaching
- Psychoeducational & Behaviour Assessments

#### **More Group Programming:**

#### Avesome Augmentative Communicators

 Designed for children ages 3-10 years of age who use visuals or iPads to support their communication.

#### Kids Chat Group

 Designed for children ages 3-8 years of age who may have speech, language or social language delays.

#### Speech Pals Group

 Designed for children ages 3-10 years of age who are working on specific speech sounds.

#### **Emotion Renegades**

 Designed for children ages 7-12 years of age who would benefit from learning more about emotions.

#### Unlock your potential, gain confidence and express your unique self to the world!



For access to active daily living, communication, learning tips and information about your upcoming programs, sign up for our monthly newsletter at thesin.com thesin.com

( 306-933-3222

() thesinca

sln.speech.ot.therapy.yxe

Services may be covered and/or partially covered by your extended health care benefits. Other funding options may be accessed in Saskatoon on a case by case basis.



We offer recreational kayaking and canoeing and marathon canoeing





## **ASTRA Soccer Academy**

#### **Reach Your Full Potential**

ASTRA Soccer Academy is recognized by the Canadian Soccer Association as achieving the highest standards in youth soccer programming and earned the National Youth Club License designation in 2022. This means that regardless of your child's age or experience in soccer, we have a developmentally appropriate program that aims to ignite a passion for the game of soccer while also teaching the skills that are necessary to enjoy a lifetime of soccer. ASTRA programs are not zoned, meaning that players from all over Saskatoon and surrounding areas can enjoy the benefits of ASTRA Soccer Academy training!

#### **Programs - Outdoor 2024**

Under 3 (2021 & 2022) - HappyFeet Program - 6 Week Blocks Offered Year-Round Under 5 (2019 & 2020) - HappyFeet Program - 6 Week Blocks Offered Year-Round Under 7 (2017 & 2018) - Grassroots - May - June, July, Sept - Oct Under 9 (2015 & 2016) - Developmental & Skill Centre Programs - May-June, July, Sept-Oct Under 11 (2013 & 2014) - Developmental & Skill Centre Programs - May-June, July, Sept-Oct Under 13 (2011 & 2012) - Developmental Programs (2 days per week) - May-June, July, Sept-Oct Under 13 (2011 & 2012) - Supplemental Skill Programs (1 day per week) - May-June, Sept-Oct Under 15 (2009 & 2010) - Supplemental Skill Programs (1 day per week) - May-June, Sept-Oct Under 17 (2007 & 2008) - Supplemental Skill Programs (1 day per week) - May-June, Sept-Oct Adult Programs (18+) - See website for details about adult training and 5v5 league play

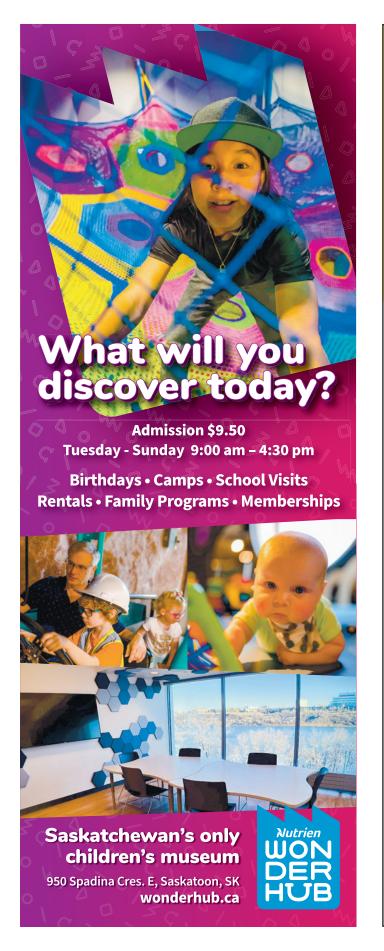
#### Camps - Outdoor 2024

August Camps open to U7, U9, U11, and U13 age groups. Check www.astrasoccer.ca for details

AstraSoccer.ca info@astrasoccer.ca or 306-291-6839







## SCIENCE CAMPS

ADVENTURE BEGINS AT CAMP

SCI-FI combines fun with science and technology through hands-on activities and experiments.

VetMed, Health Science,
Nutrition, Chemistry,
Engineering, Computer Science and more
Programming for grades
1 and up!

TO LEARN MORE ABOUT
OUR SUMMER
PROGRAMS PLEASE
VISIT:

scifi.usask.ca

CALL
306-966-7755

OR EMAIL
science.camps@usask.ca







## We Believe in Brighter Futures!

SPF provides tuition subsidies to send a child to preschool! More information and application form on the SPF website:

www.spf.sk.ca

or email:

saskatoonpreschoolfoundation@spf.sk.ca



## 12 WEEK SESSION STARTING APRIL 8, 2024

- No recitals, dress codes, or costumes
- Make up classes permitted
- Family discounts

#### WePlay WeLearn WeGrow WeMove

Adult Fitness

Prenatal Classes

Postnatal Fitness

Music Together

Dance & Tumbling











## **SUMMER CAMPS WITH WE MOVE**

#### AGES 3 & UP

- New Themes Weekly
- Monthly Discounts
- Sports
- Dance
- Yoga
- Tumbling

- Hip Hop
- Games
- Arts & Crafts
- Mini Golf
- Outdoor Games& Picnics

SAVE 15%
PROMO CODE:
EARLY BIRD 2024

Must book & complete full payment by May 15th, 2024

to qualify.

JULY 2 - AUGUST 30

Half Day & Full Day Camp Options Available



√ Move

WWW.WEMOVESK.COM INFO@WEMOVESK.COM

(306) 250-7885 - LOCATED IN MARKET MALL - 2325 PRESTON AVE OUTSIDE ACCESS ON MCEOWN AVE



## Wet Paint Pottery

## Kids Art Camps

Imaginations run wild in our week-long art camps!

Join us as we create amazing projects in a variety of art mediums such as pottery, canvas painting, mixed media, collage and so much more!

#### **Earth Warrior Camp**

Dates: April 1 - 5

#### MYTHICAL MAYHEM CAMP

Dates: July 8 – 12 Aug. 12 – 16

July 22 – 26 Aug. 26 – 30

#### COSMIC CHAOS CAMP

Dates: July 15 – 19 Aug. 19 – 23

July 29 – Aug. 2

Times: Mon-Fri 9:00-5:00

Ages: 8 and up

Cost: \$360 (includes all supplies)
Register at wetpaintpottery.com



## Can't make it to camp? Drop-in painting is available 7 days a week for all ages!

- Pottery Painting
- Canvas Painting (13+)
- Splatter Painting
- Parties & Events
- Corporate Teambuilding
- Wednesday Workshop (13+)
- Thursday Ladies Night (13+)
- Friday Date Night Deals
- Saturday Student Night Deals
- Custom Pottery To-Go Kits

Find us on social media @wetpaintpottery



#### **EASTVIEW CENTRE FOR** EARLY LEARNING CO-OP

Located year-round in E'cole Alvin Buckwold School, qualified, licensed, professional. Early Childhood Educators provide full-time, part-time or casual childcare for ages 3-12. Mon.-Fri., 7AM to 6PM. Government subsidized spaces are available.

HOME AWAY FROM HOME

#### NEED SUMMER CHILDCARE?

Join the fun! In addition to our featured services, summer activities may include but are not limited to: regularly supervised access to the schools playground, library and gymnasium, lunch and two snacks will be provided. multiple weekly excursions with transportation on a chartered bus, and two weeks of swimming lessons at George Ward Swimming Pool.

> Limited space available for July and August. Please contact for availability

(306) 683-8393 eastviewcentre.director@sasktel.net

## SASKATOON

#### www.soar.sk.ca/ssc

Thrill to the quiet beauty of glider flight, high in the sky, free as a bird, powered by the natural energy of the atmosphere!

Introductory Flights

GIFT CERTIFICATES AVAILABLE



**Ground School & Flight Instruction Available** For Canadian Glider Pilot Licence The club flies weekends at the Cudworth Airport, Cudworth, SK

**April - October** 

For more information email us at saskatoonsoaringclub@gmail.com



#### NO SCHOOL? NO PROBLEM!

Stay active this summer with our summer camps and intensives!



#### PERFORMANCE INTENSIVE

TWO WEEKS



Perform in 6 full shows of this 60-minute musical adapatation!

**AGES 8-20** 

#### **SUMMER STAGE** CAMPS

Work with theatre artists to explore voice, dance, and drama!

AGES 6-13

#### SUMMER BLAST DANCE INTENSIVE

THREE DAYS

Experience new styles and learn fresh choreography!

AGES 6+

#### **SPARKLE** PRE-SCHOOL CAMPS

ONE WEEK / HALF DAYS

Each camper will make amazing memories as they explore singing, dancing, acting, crafts, and more!

AGES 3-5





#### SASKEXPRESS.COM/YXE-SUMMER

## SUDS



Saskatoon Ultimate Frisbee



Adult & Youth **Programs** Year-Round



Coed & Gender Leagues

- **Fun & Exciting**
- **Affordable**
- Easy to Learn
- **Grassroots Sport**







m saskatoonultimate.org



@vxeulti

Saskatoon Ultimate Disc Sport Society





## Classes available for all family members!

midwestkarate.com 306-382-7434







## Play Badminton

**Non-Members Welcome!** 

Drop-in rate: \$15/hr/player
Join an evening league or mixer
Book us for a company event!



#### **Matinee Guest Pass**

One per player. Can only be used once.

Use during matinee hours only:

Monday-Friday: 11:00am-4:00pm

Show this ad at the front desk when checking

#### **Contact Us**

T: 306.242.5584 E: info@saskatoonriverside.com A: 645 Spadina Crescent West W: www.saskatoonriverside.com







Visit **kidscamps.usask.ca** for more information and to register.





2024-2025 SASKATOON MINOR HOCKEY REGISTRATION

#### Online registration opens June 1, 2024

Register online with your home zone. Open to players born from 2007-2019

For more information:

www.smha.sk.ca smha@sasktel.net 306-244-1363



Ages 6-12

July 2–5 July 15–19 July 22–26 July 29–August 2 August 6–9 August 12–16





Calling all creative kids! This summer, join Remai Modern summer art camps to unleash your inner artist.

- Explore the museum's inspiring exhibitions
- Make art of all kinds using different techniques and mediums (materials are provided)
- Learn from Remai Modern's engaging and knowledgeable team, all of whom are artists themselves





\$250 members, \$350 non-members Camps run from 9 AM–4 PM. Extended care available from 8–9 AM and 4–5 PM, \$50. Want to learn more about membership? Contact membership@remaimodern.org



#### **Auditions**



For 2024-2025 Performing Season May and June 2024

Phoebe Voigts, Artistic Director

The Saskatoon Children's Choir offers young singers a rich and challenging experience. All young people between the ages 7-14 who enjoy singing are welcome to audition.









For more information or to book an audition, please call **306-249-3927** (office land line) or email <u>ritamcleod@shaw.ca</u> <u>www.saskatoonchildrenschoir.org</u>

## Saskatoon Preschool Foundation

## We Believe in Brighter Futures!

SPF provides tuition subsidies to send a child to preschool! More information and application form on the SPF website:

www.spf.sk.ca

or email: saskatoonpreschoolfoundation@spf.sk.ca



#### **LAWN BOWLING!!!**

Good, I have your attention.

Are you looking to try a new sport? Are you looking for a social activity? How about something competitive? Nutana Lawn Bowling Club offers all of that and then some!

We even have a Rec League. I repeat, "REC" league.

Lawn Bowling is literally a sport for all ages. We are an inclusive community and all are welcome!

For more information: nutanalawnbowlingclub.ca

Buena Vista Park will be closed for upgrade and renovations, but we are not!

"This is how we Roll"

#### May-Aug 2024

Open House May 11th, 1-4 pm

Learn to Bowl Lessons: May 14, 16, 21 & 23

Opening Day - Victoria Day May 20th, 2-6 pm (Members Only)

National Bowls Day June 1st, 10 am to 4 pm



## SOLAR GARDENS SUCCULENT BOWL CLASSES

MAKE & TAKE A 10" TERRA COTTA SUCCULENT BOWL with ROGER

still ONLY

\$65 plus taxes

In 2024 we are pleased to offer our PUBLIC succulent classes both in the city and at the Solar Gardens acreage near Pike Lake

<u>CITY</u> <u>classes</u>\* are offered at the TREATS CAFE indoor courtyard in the Lawson Heights Mall on the following dates at 1:30 pm:

SATURDAY MAY 11 MOTHER'S DAY SUNDAY MAY 12 VICTORIA DAY MONDAY MAY 20

ACREAGE classes are held at the Solar Gardens acreage on the following dates at 1:30 pm:

SATURDAY JUNE 1 SUNDAY JUNE 2 SATURDAY JUNE 8 SUNDAY JUNE 9 SATURDAY JUNE 15 FATHER'S DAY SUNDAY JUNE 16



\*private classes for groups of 4 people or more can be arranged in the city location year-round

To register email: solargardenclasses@gmail.com

Please allow approx 2 hours for the succulent bowl class

Visit www.SolarGardens.ca for more info



Ages 6-12

July 2-5
July 15-19
July 22-26
July 29-August 2
August 6-9
August 12-16





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Register at remaimodern.org/artcamp



\$250 members, \$350 non-members Camps run from 9 AM–4 PM. Extended care available from 8–9 AM and 4–5 PM, \$50. Want to learn more about membership? Contact membership@remaimodern.org