



CO-ED ADULT FITNESS BOOT CAMP

Boost your energy, build strength and have fun as you rotate through a variety of fitness stations under the direction of a certified fitness instructor. This class welcomes participants of all skill levels, ages 18+.

Registration is required.
Call 306-975-3378 to register.

Cosmo Civic Centre

3130 Laurier Drive

Thursdays, 6:00 p.m. to 7:00 p.m.

January 19 to March 26, 2026



saskatoon.ca/metawetan