



MĒ TA WĒ TĀN
PROGRAMS

Self Defense

**Mondays , 6:00 p.m. to 7:00 p.m.
October 20 to December 1**

**FREE, beginner to intermediate program
for participants 14+.**

**Register in advance of weekly class by
calling 306-653-7676.**

**White Buffalo
Youth Lodge,
602 – 20th Street West.**



YOUTH LODGE



A Place For Children, Youth and Families

saskatoon.ca/metawetan



Remove after Dec 1, 2025