

# 2024 Saskatoon Point-in-Time Homelessness Count

# Niloofar Nili, Isobel M. Findlay, and Rosmary Martinez Rueda



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The opinions and interpretations in this report are those of the authors and do not necessarily reflect those of the Government of Canada.

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We are also grateful for the partnership with the City of Saskatoon and staff who coordinated the Count, as well as the invaluable contributions of the City of Saskatoon's Long-Range Planning Section, Planning and Development Department. Many thanks to Saskatoon Housing Initiatives Partnership (SHIP) and the leadership of Robert Lafontaine (Executive Director); Marcia Wolinski (Operations Manager); Sherry Olson (Executive Assistant); and Brenna Sych (Community Engagement Manager [HIFIS]) and Team (Chandima Harsha Karunanayake and Peter Nguyen) for training on HIFIS Lite and technical support for data entry.

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Planning and implementing the 2024 Point-in-Time (PiT) Homelessness Count on October 8, 2024, was an enormous community effort involving individuals, agencies, shelters, and community-based organizations delivering services and supports as well as the City, SHIP, and Community-University Institute for Social Research (CUISR) teams. Planning and preparation began in April 2024 to meet the federal deadline to complete the national, coordinated count between October 1 and November 30, 2024. Count Day went as smoothly as it did thanks to the invaluable Command Staff Team.

We are also thankful to those who helped deliver seven in-person training sessions plus an optional supplementary session for volunteers over four days (September 23 and 24 and October 2 and 3). Special thanks to Rob Garrison, Transit Security Advisor at the City of Saskatoon, and to David Fineday, Dr. Andrew Bigsmoke, and Melissa Naytowhow who shared their powerful stories and deep knowledge born of lived expertise to increase understanding of those whose voices are so often left unheard, to add to trauma-informed approaches, and to help reduce risk and ensure the safety and comfort of volunteer surveyors and respondents.

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To all those who participated in the survey component of the 2024 PiT Count, we express our gratitude. Their reflections added importantly to the local portrait of housing and homelessness. We deeply appreciate those who gave their time to share their experiences of homelessness, what has helped or hindered in their efforts to find stable, secure, affordable, and appropriate housing. Their contributions help us to get a better understanding of the barriers they face, their service use patterns, their aspirations and unmet needs, and to identify what might improve their housing situation. Their voices and experiences are woven throughout the pages of this report.

We also gratefully acknowledge the **over 200 volunteers**, including those who surveyed in mobile and stationary sites, those who surveyed at shelters and encampments, and those supporting count day logistics. Our sincere thanks to our volunteer surveyors, without whom the PiT Count would not have been possible. They gave their time and expertise, participated in a required three-hour training session, and conducted interviews with participants on the streets, at shelters, or at encampments. in 24 hours from 11:00 a.m. to 11:00 p.m. on October 8. We are also thankful to those volunteers who responded to the volunteer survey and helped ensure ongoing learning about how to design and implement effective PiT Counts.

SHIP, the City of Saskatoon and CUISR would also like to express our heartfelt thanks to the following organizations for their participation in Saskatoon's 2024 PiT Count:

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- Canadian Centre for Housing Rights
- Central Urban Métis Federation Inc. (CUMFI)
- City of Saskatoon Mapping and Research, Long Range Planning
- Crocus Co-operative
- David Fineday Smudge On
- EGADZ
- Elizabeth Fry Society of Saskatchewan
- Friendship Inn
- John Howard Society of Saskatchewan
- Lived Experts
- Métis Nation–Saskatchewan (MN-S)
- OUTSaskatoon
- Oxford House
- Persons Living with AIDS (PLWA) Network
- Prairie Harm Reduction

- Quint Development Corporation
- Sanctum Care Group
- Saskatchewan Health Authority
- Saskatoon Crisis Intervention Service (SCIS)
- Saskatoon Fire
- Saskatoon Food Bank & Learning Centre
- Saskatoon Interval House
- Saskatoon Police Service
- Saskatoon Poverty Reduction
   Partnership
- Saskatoon Public Library
- Saskatoon Transit
- Saskatoon Tribal Council
- Station 20 West
- STR8UP
- The Bridge
- The Salvation Army
- United Way of Saskatoon and Area
- YWCA

## HIGHLIGHTS AND KEY FINDINGS

Ensuring that "everyone counts" in Point-in-Time (PiT) Homelessness Counts is a key resource to address homelessness by giving a human face to the statistics and helping design policy and program investments that ensure that all residents have access to safe, affordable, and appropriate housing. Despite housing as a human right being recognized by international covenant and the 2019 National Housing Strategy Act, the housing and health crisis has aggravated vulnerabilities, leaving many with nowhere safe to go and the heightened visibility of street homelessness.

The sixth Saskatoon PiT Homelessness Count—and third as part of Reaching Home's national coordinated PiT Count—including an indoor and outdoor enumeration, street needs assessment, and public perception survey, was held in Saskatoon on October 8, 2024. The 2024 Count built on the learning from Saskatoon counts in 2008, 2012, 2015, 2018, and 2022, while adapting to the requirements of the fourth national coordinated PiT Count. Using a "snapshot" approach to collect the data, the PiT Count aimed to capture chronic homelessness and establish a better understanding of the trends among homeless populations, how local trends compare with national trends, and determine appropriate programs and services according to needs. To produce a **comprehensive and multi-faceted picture of homelessness** in Saskatoon, the count survey (indoor and outdoor) included these components:

- Retained a **Public Perceptions** survey component (Part One), a **unique feature** of the Saskatoon 2015, 2018, and 2022 counts, engaging all people encountered on count day in a **community conversation**.
- Retained the enumeration of **"hidden homeless,"** which is defined as individuals experiencing hidden homelessness and includes those living temporarily with others without guaranteed residency (i.e., couch surfing) and staying in short term rentals without secure tenure (i.e., self-funded hotel/motel). However, hidden homelessness is not included in the 2024 "core enumeration"; that is, the total number of people experiencing visible homelessness (those who stayed in shelters, domestic violence shelters, encampments and other unsheltered locations on the night of the PiT Count) as well as those who are staying in a transitional housing program.
- Added **encampments** as part of the core enumeration.
- Retained 28 mobile study areas and 15 stationary locations, including 3 shelters.
- Included the **mandatory 15** Core Questions in Part Two of the survey—including in question 11 (at the request of Indigenous representatives on the 2020 Community Advisory Committee, the 2022 Knowledge Keepers Advisory Board, and confirmed by the 2024 Community Advisory Committee [CAC]) an option to list residential school/intergenerational trauma to make it a visible critical factor and not subsume it within mental health issues. Question 2b about any children in foster care was added at the request of the 2024 CAC.
- Incorporated 7 additional questions relevant to the local context (approved by CAC).
- Included both **an ice breaker** and **honorarium** to thank participants for their time and knowledge, respecting the principle of informed consent as defined by the USask Research Ethics Board and explained in the survey information sheet as well as by

Housing, Infrastructure and Communities Canada where honoraria are at levels that will not unduly influence.

These additional data sources are included in the discussion of results:

- Data from the Homeless Individuals and Families Information System (HIFIS).
- Administrative data submitted by emergency shelters, motels/hotels, transitional housing, and systems (hospital, police holding cells, detox).
- Observational data representing those who were perceived to be without shelter but wished not to be surveyed.

**N.B. Only completed surveys include the full survey data**; HIFIS data included age, gender, and ethnicity; observational reports included age and gender estimates only; and some administrative data included age, gender, and ethnicity, but some administrative data gave no demographic data. That is why the numbers (n) associated with different questions differ.

#### **Summary of Results**

1,499, including 315 children and 175 youth, experiencing homelessness on October 8, 2024

#### Core Question Responses

A total of **1,499 people** were counted as without permanent shelter, **including 315 children** and **175 youth**:

- **294 unsheltered**, including 3 seniors (65+), 88 older adults (45-64), 157 adults (25-44), 24 youth (13-24), 18 children (0-12), and 4 of unspecified age, were counted in the outdoor survey; **a further 116 were observed to be unsheltered** (1 senior, 7 older adults, 37 adults, 1 youth, and 70 of unspecified age).
- 2 seniors, 12 older adults, 22 adults, 7 youth, 8 children and 1 unspecified for **52 were counted in encampment surveys;** a further **10** of unspecified age were observed in encampments.
- **658 sheltered**, including 18 seniors, 76 older adults, 188 adults, 131 youth, 199 children, and 46 unspecified, were reported in HIFIS Shelter data and administrative data submitted by other emergency shelters, transitional housing, and hotels/motels.
- Beyond the core enumeration, **339**, including 2 seniors, 67 older adults, 96 adults, 12 youth, 84 children, and 78 of unspecified age, were counted as "**hidden homeless**" in the outdoor survey; reported **systems data added 30** individuals (including 6 children).

**Numbers have almost tripled since the 2022 count** reported 550, including 26 children and 84 youth. Without safe, reliable, and consistent housing, those experiencing hidden homelessness face unusual difficulties in navigating and accessing programs and services.

While many of those experiencing homelessness were located in the core, downtown, and the west side, there were also significant numbers located in neighbourhoods across the city consistent with the identification of encampments across city neighbourhoods.

#### **Emergency Shelter Use**

The 2019 National Shelter Study update (HICC, 2022) saw on an average night 14,400 people staying in shelters, which marks a decrease by 4,155 from 2018 (18,555). The national decreased shelter use trend reflects a reduction of 23.9% since 2005, although demand remains high and shelter stays are ranging longer (stays over 31 days increased 72.2% since 2005). All shelters were at 92.3% occupancy and family shelters were at 104.2% occupancy. Whereas gender and age distribution remained stable, the proportion identifying as refugees and refugee claimants has been increasing since 2014, while Indigenous people were conspicuously overrepresented at 30.5% although only 4.9% of the national population (HICC, 2022).

Of those surveyed in Saskatoon from the 2024 PiT Count, **66.5% reported shelter use** in the past year (down from 77% in 2022), while 33.5% had not. This pattern is similar for adults and older adults (65.7% and 68% respectively), while a **higher percentage of youth (45.1%) reported not using shelters** when compared to other age groups. In contrast, seniors were the most likely to use shelters, with 86.7% reporting shelter stay.

#### Family Members or Others Staying with Survey Respondents on Count Night

Among family members staying with survey respondents on count night, the largest group consisted of children or dependents (37.3%), followed by partners (30.5%) and other adults, including family or friends (27.5%). A smaller proportion (4.7%) were pets.

#### Children in Foster Care

In addition to the core question about family members staying with them tonight, individuals were also asked if they had any children in the foster care system: the majority (72.98%) reported that they do not have children in foster care, while 27.02% indicated that they do.

#### 64% chronic homelessness

#### Chronic Homelessness

Of those experiencing homelessness, 64% (up from 59% in 2022) reported chronic homelessness (without a permanent address for more than six months or 180 days or recurrent homelessness over the past three years that is at least 18 months or 546 days), while 36% reported non-chronic homelessness (for less than 6 months or 180 days in a year or recurrent homelessness over three years that is less than 18 months or 546 days). Additionally, 71.4% of respondents reported experiencing homelessness for about half or more of the past three years, while 28.6% experienced homelessness for less than half of that period.

50.3% first experienced homelessness as adults, 8.8% as children, and 39.9% as youth

#### First Experience of Homelessness

While 50.3% of respondents first experienced homelessness as adults, 8.8% were children (0-12) and 39.9% were youth (13-24).

#### **Respondent Demographics**

Saskatoon's homelessness population is largely adults (50.1%)— (close to the 2022 PiT Count finding of 47% adults)—with youth (11.7%), children (21%), and seniors (1.7%). Although 15.5% were of unspecified age, the homeless population continues to be largely male (50.1%) and individuals self-identifying as Indigenous (80.7%); 81.2% indicated that they identify as Indigenous only. Other racial identifies were selected by a small number of respondents: 14.10% identified as White, 1.5% as Black-African, 0.94% as Asian-South, 0.56% each as Asian-East, Black Canadian/American, and Black Afro-Caribbean, 0.38% as Latin American, and 0.19% as Asian-South-East.

50.1% adult 32.7% children and youth 50.1% male 80.7% Indigenous

Immigrant, refugee, or refugee claimants accounted for only 4.2% and the military or RCMP for only 2.7% of respondents.

Almost 90% reported being straight or heterosexual; of 629 respondents, 8.3% reported being bisexual, two-spirit, pansexual, asexual, gay, questioning, while 1.1% were unspecified.

29.6% had "always" lived in Saskatoon; 60.8% had been a resident for more than 5 years

#### Length of Residence in Saskatoon

Overwhelmingly, respondents were long-term Saskatoon residents: 29.6% had "always" lived in Saskatoon, while 60.8% had been a resident for over 5 years. The majority of respondents who indicated that they migrated to Saskatoon came from another location in Saskatchewan (70.38%) followed by Alberta (11.96%); only 1.63% came from outside Canada.

50.8% had experience of foster care

#### Experience with Foster Care

Consistent with national trends, 50.8% had been in foster care (slightly decreased from the 2022 figure of 54.8%).

82.3% reported substance use issue; 60.6%, mental health issue; 57.3%, illness or medical condition; 52.9%, residential school/intergenerational trauma; 48%, physical limitations; 39.2%, learning or cognitive limitations; 37.1%, issues related to senses such as hearing or seeing; 29.2%, an acquired brain injury

#### Health Challenges

Those experiencing homelessness face many health challenges as well as significant barriers to accessing health care. A total of 82.3% reported dealing with a substance abuse issue, 60.6% reported a mental health issue, 57.3% managed an illness or medical condition, 52.9% reported experiencing residential school / intergenerational trauma, 48% reported a physical limitation, 39.2%, learning or cognitive limitations, 37.1% had issues related to senses such as hearing or seeing, and 29.2% reported having an acquired brain injury—symptoms that, we are warned, should not be mistaken for the sources of homelessness.

The category of residential school/intergenerational trauma was uniquely added to the survey in Saskatoon respecting Indigenous requests confirmed by the previous Knowledge Keepers Advisory Board and both the previous and current Community Advisory Committee, based on feedback that the trauma not be subsumed under mental health and therefore become invisible. This trauma needs to be understood as a significant risk factor. Still, the response rate may understate the case given that non-Indigenous respondents may have answered.

#### **Causes of Housing Loss**

The diverse reasons for housing loss are presented in six categories consistent with national trends: Housing and financial issues, Conflict, Experience of Discrimination, Experience of abuse, Health or corrections, and other reasons. **Insufficient income** was cited as the major reason for housing loss (32.8% of 607 respondents). Other factors included **conflicts** with landlords (11.4%); unfit/ unsafe housing (10.2%), discrimination (5.3%) or complaints (5.9%), while 2.8% left the community. **Home is not always a safe place**: conflict with spouse/partner (13.7%), with friend/roommate (3.0%), and with parent/guardian (6.3%) were leading reasons. Under the health or corrections category, **substance use** (19.6%), mental health (3.8%), incarceration (6.1%), and physical health (3.6%) were cited as the most common reasons for housing loss, suggesting the importance of addressing health and substance use issues.

#### **Eviction and Housing Loss**

In total, **55.1% highlighted that eviction was a cause of housing loss**—a high percentage that adds to the picture of housing loss related to insufficient income.

51.73% lost their housing in the last one to five years

Over half of respondents (51.73%) had lost housing between one to five years earlier, 12.11% more than five years earlier, 11.25% 6-12 months earlier, while 24.91% of the respondents lost their housing within the last 6 months.

#### Sources of Income

Sources of income remain increasingly problematic since the 2008 count when sheltered homeless reported formal (45%) and even full-time (70%) employment. Since 2012, "welfare" has become the main source while employment reduced to 10% (2012), 8% (2015), 3.69% in 2018, 6.3% in 2022, and 2.5% (full-time) and 1.9% (part-time) in 2024. A total of 48.9% of 2024 respondents reported welfare or social assistance for income (61.1% in 2022). Disability benefits (20.8%) was identified as the second most important source of income. Other government assistance programs also played a role, including GST/HST refunds (5.8%), seniors' benefits such as CPP, OAS, and GIS (2.5%), and child and family tax benefits (2.2%). Informal income sources were a source of income for 13.6% (down from 2022's 21.1%).

#### **Additional Survey Question Responses**

#### Education Profile

The largest percentage of respondents (41.9%) had completed some high school, while another 30.4% had completed high school, 10.7% had some postsecondary, 6.2% had graduated post-secondary, and 1.1% had graduate degrees. The percentages for total high school selections are up from 2022 (36.5% completed some high school and 26.9% had completed high school). The numbers remained almost unchanged from 2022 for those with some post-secondary education and those with a graduate degree (10.65% and 1% respectively in 2022). However, a lower percentage of participants reported having graduated from post-secondary education (15.4% in 2022).

#### **Experience** of Violence

Approximately 67% had experienced violence while homeless: 66.2% of men, 69.1% of women, 100% of nonbinary people, and 70% of two-spirit people. The unsheltered population (73.2%) and those in encampment (73.1%) were more likely to be victims of violence than sheltered population at 59.7%. Those reporting hidden homelessness (63.8%) also experienced violence at a higher rate than the sheltered population.

#### Housing Services and Barriers to Housing

Not surprisingly, most respondents indicated that having more money (88.2%) and getting help to find affordable places (81.6%) were most important. This is consistent with the finding that financial challenges were the major cause of homelessness. Other needs included assistance with housing applications (71.7%), help with

transportation to see housing (69.8%), and help getting I.D. (59.1%), giving a strong sense of the barriers those in poverty face. Health challenges are also important; respondents listed mental health support (57.4%), harm reduction support (51.9%). help in addressing health needs (50.7%), and disability accessibility (37%) as well as managing alcohol issues (35.3%).

Interestingly, confirming a trend across the country where they have become vital community gathering spaces linking people to key resources, **libraries** 

were the most used service both in terms of number of users (77.9%) and frequency of visits by all respondents (56620 estimated visits). Saskatoon Food Bank was second at 70.2% (4737 estimated visits), shelters at 61% (6408 estimated visits), health clinics at 56% (4526 estimated visits), emergency rooms at 53.2%, drop-ins at 50.3% (28754 estimated visits), and hospitals at 45.4% (2130 estimated visits and 2778 days spent hospitalized) topped the lists, reinforcing the links between homelessness and health. Other services mentioned by survey respondents included days spent in jail (6548), churches (4780),), and children and family support (3444). underlining the health and justice costs of homelessness. Of the 623 respondents, 46.4% reported

**experiencing service restrictions or denial of services**, while of the 605 respondents, **32.1% reported the services helped them to find housing**, listing Saskatoon Tribal Council, Prairie Harm Reduction, and Quint as most helpful.

#### Waiting List for Housing

Over **30% (30.7%) reported being on a waiting list** for housing. 74.82% of the respondents indicated that they have been on a waiting list for 60 or more days. Saskatoon Tribal Council's Cress Housing (22.4%), Saskatoon Housing Authority (18.4%), Quint (15.2%), and CUMFI

66.2% men, 69.1% women, 100% non-binary people, 70% twospirit people, 73.2% unsheltered, 59.7% sheltered, and 63.8% hidden homeless experience violence.

Libraries, food bank, shelters, health clinics, emergency rooms, dropins, hospitals most used services in past year (12%) topped the list of housing providers. Among the 125 respondents, 22 (17.6%) reported being on more than one housing waiting lists.

#### **Concluding Thoughts**

Many offered thoughts on systemic and other barriers, as well as supports that could make a difference. Participants highlighted the need for **improved addiction treatment**, **mental health care**, **and access to essential services such as ID assistance**, **food security**, **transportation**, and healthcare for individuals experiencing homelessness. They emphasized **expanding training programs**, **employment opportunities**, and **affordable housing** with support for lease requirements. They called for public education to reduce **stigma** and **better responses to domestic violence**, including increased shelter services for women at risk.

#### **Public Perceptions of Homelessness**

In the public perceptions section of the survey where all members (housed and unhoused) of the community are surveyed, **approximately 95% of respondents were clear on the seriousness of homelessness in Saskatoon**, marking an increase from 88% in the 2022 count and 77% in 2015. The results show that the community has a heightened awareness of the seriousness of homelessness and is also aware of organisations that support people experiencing homelessness, including the top six:

- Salvation Army (40.3%)
- CUMFI- Central Urban Métis Fédération Inc (33.2%)
- Saskatoon Tribal Council (32.4%)
- Saskatoon Friendship Inn (26.4%)
- Prairie Harm Reduction (22.98%)
- YWCA (21.2%)

The top five reasons given for homelessness as perceived by both housed and unhoused survey respondents were addictions (51.4%), lack of affordable housing (49.7%), lack of employment (24%), discrimination (20.5%), and physical or mental health (18.1%). Additional reasons included criminal record, inability to pay damage deposits, unsafe housing, and lack of references. If the reasoning does not align perfectly with the reasons given for their own experience of homelessness in Part Two survey responses, even though the majority of Part One respondents were unhoused, it may be that they are making a distinction between what they consider reasons for the broader phenomenon and for their own personal experience.

Anyone and everyone, youth, people with disabilities, those with mental health issues and history of trauma, single parents, First Nations, Indigenous people, people with addictions, and unemployed individuals are perceived to be at greatest risk of homelessness

The public perception of those most at risk for experiencing homelessness are anyone and everyone including youth, people with disabilities, individuals facing mental health issues or a

history of trauma, single parents, First Nations and Indigenous people, those struggling with addictions, the unemployed, and, broadly, **everyone.** 

Community suggestions for addressing homelessness centred on **housing and shelters**, emphasizing the need for **affordable housing** options. Participants highlighted the importance of **support programs**, **mental health and addiction services**, and increased **funding**. The suggestions also included initiatives to **build better houses** for those in need. Importantly, the community recognized that **increased public awareness** could foster greater **support** and **help**, connecting individuals with available **jobs** and other opportunities. These findings underscore the community's recognition of the need for a comprehensive approach that addresses not only housing affordability but also support services, mental health care, and systemic barriers to effectively reduce homelessness in the city.

#### Homelessness and Saskatoon's Population

Saskatoon is experiencing significant growth. According to Statistics Canada, since 2015, Saskatoon's population has grown by about 57,150 with an average annual population growth rate of 2.27%. The population at the last PiT count (2022) was approximately 281,418, while as of July 1, 2024, the population was estimated to be 308,626. With rapid population growth, the number of people experiencing homelessness can also be expected to rise.

Since the COVID-19 pandemic, both the number and rate of homelessness have been steadily increasing. This upward trend is driven by various factors, including the increasing cost of living, declining vacancy rates, and the lasting effects of the pandemic. These combined factors have resulted in the highest number of individuals recorded in a PiT Count since the first one was conducted in 2008.

### Previous PiT Counts

It is important to acknowledge the limitations in comparing the findings with previous count findings in 2008 (228 adults and 32 children), 2012 (368 adults and 11 children), 2015 (405 adults and 45 children), 2018 (475 including 11 children), 2022 (550 including 26 children) given differences in research design and timing, different definitions of age groups, changes to the core enumeration including the addition of encampments, and different socio-economic conditions. However, certain findings have remained consistent over time and cannot be ignored.

All age groups are impacted by homelessness. Indigenous people are overrepresented and unduly impacted. Service use patterns show the human costs of heavy reliance on costly health and justice services. The findings give opportunity to work together to address costly systemic inequities and contribute to the reconciliation narrative promoted by the Truth and Reconciliation Commission's Calls to Action.

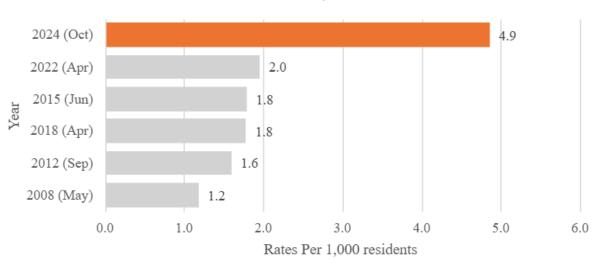
	2008	2012	2015	2018	2022	2024
Date of the Count	22-May	24- Sep	22- Jun	18-Apr	28-Apr	8-Oct
Total sheltered and unsheltered	260	379	450	475	550	1499
Outside (Adults)	17%	27%	9%	18.95%	5.50%	14.4%*
Sheltered (Adults)	77%	73%	80%	56.40%	24.40%	12.5%*
Total Children	12%	3%	10%	2.30%	4.70%	21%*
Total Hidden Homelessness	-	-	35 or 7.8%	86 or 18.1%	30 or 5.5%	339 or 22.6%
Total Self-Identified Indigenous People	47%	66%	45%	85.50%	90.10%	80.70%
On Waiting List for Housing	20%	14%	27%	26.10%	39%	30.7%**

Findings Across Saskatoon Point-in-Time Homelessness Counts (2008-2024)

\* For the 2022 and 2024 PiT Count, a child was defined within the 0-12 years range. Those from 13-24 years were defined as youth, while only those between 25 and 44 were defined as adults, those between 45 and 64 as older adults; seniors were 65+.

\*\* This rate is calculated from those who responded to question 21a of the survey, n = 583 (2024).

#### Rate of Homelessness per 1,000 persons in Saskatoon (2008-2024)



Homeless Rate per 1,000 persons in Saskatoon (2008 - 2024)

## **INTRODUCTION**

A housing crisis persists in Saskatoon and across Canada despite **housing being acknowledged as a human right** so critical to human development (National Housing Strategy Act, 2019; United Nations, 1966); despite lessons learned about "**the suffering of being homeless**" during the COVID-19 pandemic (Doll et al., 2022, p. 11); and despite **federal reinvestment** in affordable housing under the National Housing Strategy after decades of disinvestment (Olauson et al., 2022; Sutter, 2016). The costly phenomenon of homelessness (and the **related health crisis**) continues to rise despite **some success with Housing First, Rapid re-housing, Indigenous-led initiatives, outreach services and other prevention strategies** documented here and in the 2018 and 2022 Saskatoon Point-in-Time Homelessness Counts (Findlay et al., 2018; Kunzekweguta et al., 2022). Homelessness and housing precarity persist despite innovative community collaborations in Saskatoon and elsewhere to fill information and service gaps (Alhassan et al., 2021; Doll et al., 2022; Safe Community Action Alliance, 2020; SPRP, 2021). Indeed, housing precarity is a growing and increasingly visible concern with outdoor or rough sleeping and encampments on the rise in Saskatchewan and across Canada (Falvo, 2021a).

In Saskatoon, the **number of encampments tripled in 2023** when shelters and warming centres were over capacity and the Fire Chief reported concerns about people's **"health, with frostbite, losing extremities," losing fingers and in one case eight toes** as a result (Sorokon, 2024a). In September 2024, Saskatoon Fire Department reported a doubling of the numbers of the precariously housed (possibly reaching 970 by end of year), shelters untypically full all summer, and **932 encampments in 69 neighbourhoods across the city** (Sorokon, 2024b).

#### Housing and Health

The stability, affordability, and quality of housing are well-established critical social determinants of health, significantly affecting various aspects of an individual's health and wellbeing (D'Alessandro & Appolloni, 2020; Forchuk et al., 2016; Krieger & Higgins, 2002; Rolfe et al., 2020). As a fundamental component of public health strategies aimed at improving community health, housing plays a crucial role in the complex interplay of factors shaping population health outcomes (Commission on Social Determinants of Health, 2008; D'Alessandro & Appolloni, 2020; Reece, 2021). Despite the challenges in isolating the specific effects of housing conditions due to their complex interactions with broader social and economic determinants (D'Alessandro & Appolloni, 2020), studies consistently demonstrate that a lack of stable housing negatively impacts an individual's health (D'Alessandro & Appolloni, 2020).

Chronic homelessness is associated with higher rates of physical health issues, including malnutrition, chronic pain, infectious and respiratory diseases, and increased mortality rates (Onapa et al., 2022). Mental health is also significantly affected, with higher prevalence of severe mental illnesses among populations experiencing homelessness (D'Alessandro & Appolloni, 2020; Fazel et al., 2008; Onapa et al., 2022), particularly impacting mothers (Reece, 2021; Suglia et al., 2011). In fact, the **extreme stress associated with homelessness** can be conceptualized as **a form of trauma** that can directly impact maternal mental health and birth outcomes (Carrion et al., 2015; Osypuk et al., 2012; Reece, 2021; Suglia et al., 2011). Notably, even children who experienced homelessness only in utero show higher rates of hospitalization and poorer overall health (Sandel et al., 2018).

For infants and young children, homelessness represents extreme stress and deprivation during critical brain development periods, potentially contributing to developmental delays (Cutts et al., 2011; D'Alessandro & Appolloni, 2020; Fanning, 2021). The strong correlation between infant mortality rates and broader measures of overall societal well being such as the Human Development Index (Lee et al., 1997; Reece, 2021) further emphasizes the importance of addressing homelessness as part of efforts to improve health outcomes and reduce disparities.

#### **Housing First**

Taking its name from its basic principle to house people first and support them with services they need to remain housed, Housing First is a rights-based, unconditional approach recognizing that people deserve housing so vital for recovery, that people should have choice in the kind and location of housing, and that different people have different needs and capacities (Canadian Housing First Network, 2024; Groton, 2013; Homeless Hub, n.d.). Not only can Housing First effectively end homelessness, but it can also save health and justice sector costs (Falvo, 2021b). In Saskatoon, such findings have been mirrored in United Way of Saskatoon and Area's Journey Home Housing First program, which is delivered by Saskatoon Crisis Intervention Service. United Way's *Annual Report 2021-2022* reported 115 men and women with high acuity needs successfully housed to date—many within three weeks; its 2021 *Journey Home Update* reported **cost avoidance of \$820,425** represented by the reduced service use by those 40 Journey Home participants who agreed to have their data tracked and shared.

These Housing First initiatives along with community plans to end homelessness rely for their evidence-based program decisions on shelter data from the Homeless Individuals and Families Information System (HIFIS) and from PiT Counts across the country.

#### **PiT Homelessness Counts**

A PiT Count provides a snapshot of community homelessness that captures numbers, demographics, service usage, and other measurements-and does so quite literally at one point in time, typically a single day. The PiT methodology is a tool that enumerates and surveys those who are experiencing sheltered, unsheltered, or transitional homelessness-what Reaching Home calls the "core population" under study—in communities across Canada. PiT Counts may also include systems homelessness in hospitals, detox, detention, or jails-and so-called "hidden homeless" or "couch surfers," the provisionally accommodated without immediate prospect of permanent housing, although not within the "core enumeration" in 2024 (Housing, Infrastructure and Communities Canada [HICC], 2024a). It can also be an important means of reaching people who have not otherwise accessed services. Because PiT Counts enumerate individuals experiencing homelessness during one specific time, they are admittedly underestimates of actual numbers because of methodological, logistical, and other challenges. Nevertheless, PiT Count estimates provide an important source of data for local program planning and monitoring on characteristics and contexts of those experiencing homelessness. If conducted over time, PiT Counts can demonstrate progress or indicate barriers towards reducing homelessness in a community and support evidence-based interventions (HICC, 2024a).

In addition to examining sub-populations (youth, persons with disabilities, immigrants, veterans, and Indigenous people), the PiT Count's enumeration aims to identify the size and composition

of the **chronically homeless** population who have experienced homelessness for six months (180 days) or more in the past year or recurrent homelessness over three years that is at least 18 months (546 days) (HICC, 2024a).

To better understand the trends among homeless populations and determine appropriate programs and services according to needs, the survey's street needs assessment also explores issues around migration and immigration; disabilities; use, accessibility, and barriers to services; and orientation to systems to find housing, employment, health and education (HICC, 2024a).

#### Infrastructure Canada's Nationally Co-ordinated PiT Count, 2020-2022

In 2016, the first nationally coordinated count (with standardized definitions and methods to support comparability, rigour, and reliability) was conducted in **32 designated communities** across Canada. With access to training, a guide, toolkit, and other online resources on the Community Workspace on Homelessness, that national count found 5,954 experiencing homelessness, including 1,417 unsheltered and 2,832 sheltered (ESDC, 2016a). The 2018 coordinated count between March 1 and April 30 expanded to **61 communities** from every province and territory across Canada (urban, suburban, rural, and remote) and counted 32,005 experiencing homelessness: 14% unsheltered, 65% sheltered, and 21% in transitional facilities; 60% reported chronic homelessness, 50% reported the first experience of homelessness before the age of 25, and 59% reported living in the community always or for five or more years (ESDC, 2019). The majority (62%) were male, 36% were female, and 2% self-identified as gender diverse—of whom youth were the largest group at 21% to so self-identify (ESDC, 2019). While Indigenous people represent 5% of the Canadian population, they accounted for a disproportionate 30% of respondents and a higher 37% of those reporting unsheltered locations and 47% of those reporting hidden homelessness (ESDC, 2019).

The 2020-2022 nationally coordinated PiT count expanded its timescale (March 2020 to December 2022) to address pandemic risks and again expanded its reach: to **87 communities** where **40,713 were enumerated in 72 communities**. Among 67 communities that implemented PiT counts in 2018 and 2020-2022, they saw a **20% homelessness increase** (Infrastructure Canada, 2024):

- 88% increase in unsheltered homelessness
- 125% increase in unsheltered and 57% increase in sheltered among late pandemic counts
- 69% reported chronic homelessness (up from 60% in 2018); Indigenous respondents highest at 75%.
- 44% experienced homelessness for the first time before age 25.
- 45% of youth had experience of foster care or child welfare (associated with chronic homelessness and increased health issues).
- 85% reported at least one health challenge; 67% reported more than one.
- Substance use (61%) and mental health issues (60%) were most reported.
- Insufficient income (28%) was the top reason for housing loss.
- Indigenous people (31%: 24% First Nations, 6% Métis, 2% Inuit) were overrepresented.

#### **Indigenous Homelessness**

As Infrastructure Canada (2024) makes clear, the experience of homelessness can vary enormously across different groups: for example, Indigenous people, youth, and women are less likely to access shelters and are therefore underrepresented in administrative data. As Patrick (2014) argues, it is important not to naturalize or pathologize these patterns but to understand the "multilayered discrimination and disadvantage Aboriginal Peoples face," the uniqueness and diversity of their experiences as a result of intergenerational trauma, as well as their resilience and agency (p. 11). Understanding the meaning of "home," "social relations," and "cultural connections," Patrick argues, is key to addressing the issue: "Being without a place to call home is one of the most severe manifestations of marginalization and deprivation in our society" (p. 11). In consultation with Indigenous scholars, knowledge keepers, elders, and experts nationally and regionally, the Canadian Observatory on Homelessness published an Indigenous definition of homelessness, similarly stressing not the lack of habitation but a "composite lens of Indigenous worldviews," as identified by the Aboriginal Standing Committee on Housing and Homelessness, 2012 (cited by Thistle, 2017, p. 6)

Thistle (2017) stresses that "Indigenous homelessness ... is best understood as the outcome of historically constructed and ongoing settler colonization and racism that have displaced and dispossessed First Nations, Métis and Inuit Peoples from their traditional governance systems and laws, territories, histories, worldviews, ancestors and stories" (p. 6). A state assault on "Indigenous social systems, cultures and worldviews," destabilizing and traumatizing individuals and communities, is at the heart of Indigenous homelessness causing symptoms-"intemperance, addiction and street-engaged poverty"-that should not be mistaken for the source of that homelessness. "Racism and discrimination" as well as chronic government underfunding add layers of "systemic and societal barriers, such as a lack of affordable and appropriate housing, insufficient and culturally inappropriate health and education services, irrelevant and inadequate employment opportunities, and a crumbling infrastructure in First Nations, Inuit, and Métis communities." These same destructive factors undermine individual and community efforts to achieve "a healthy 'sense of place,' as well as a healthy sense of identity," displacing people into "unviable, marginal geographic spaces" where disadvantage is "normalized" (Thistle, 2017, pp. 7-8). Understanding the twelve dimensions of an Indigenous definition of homelessness is vital (Thistle, 2017, pp. 10-12).

Equally important are the Truth and Reconciliation Commission's (2015) Calls to Action endorsed by the federal government's Advisory Committee on Homelessness (ESDC, 2018a) in guiding actions to remedy the situation of homelessness, including youth homelessness discussed below. The calls relevant to child welfare (Calls 1-5), education (Calls 6-12), language and culture (Call 13), health (Calls18-24), and justice (Calls 25-42) are especially important.

#### **Youth Homelessness**

Although youth are variously defined in the literature, for the purpose of PiT Counts, youth are defined as those aged 13 to 24 (Infrastructure Canada, 2024). Youth, and especially those aging out of care, "represent **the most precariously positioned Canadians** and if left at risk, they will form the next generation of homeless Canadians sleeping rough on streets or hidden in substandard living conditions. **All orders of government have a duty to support our youth**," according to Parliamentary Secretary to the Minister of Families, Children and Social

Development Adam Vaughan, M.P. (ESDC, 2018b). Indigenous youth represent a significant portion of this population—as high as 30% in Vancouver, for example and also of the specifically "hidden homeless" (Patrick, 2014, p. 32); they represent 30.6% of overall youth homelessness (Gaetz et al., 2016). Racialized youth represent 28.2% and newcomer youth represent 10% of youth homelessness; males account for 57.6%, females for 36.4%, and those defining themselves as LGBTQ2S+ for 29.5%, and transgender or gender non-binary account for 6.1% (Gaetz, et al., 2016). In fact, researchers widely acknowledge the role of **the child welfare system as "a strong arm of colonization"** perpetuating mainstream rather than Indigenous assessments of the best interests of children and families (Baskin, 2013, p. 406).

Youth homelessness, then, has systemic, structural, and individual causes; the early experience of homelessness (over 40% report a first experience before age 16) equates with both **"increased hardship"** and **"greater adversity"** on the streets and **multiple homelessness episodes** reported by 75.9% (Gaetz et al., 2016, p. 7). Between 60% and 70% "leave family environments where they have experienced interpersonal violence, including physical, sexual and/or emotional abuse"; domestic violence, and exposure to addictions and mental health issues are also factors (Gaetz, et al., 2013, pp. 3-4). Youth who self-identify as LGBTQ2S+ and transgender are "more likely to report parental conflict and childhood physical, sexual, and/or emotional abuse" and child protection experience as paving the way to homelessness (Gaetz et al., 2016, p. 8). Broader systemic factors include poverty, food insecurity, inadequate housing, discrimination, and limited access to education and employment opportunities (Gaetz et al., 2013; Gaetz et al., 2016). The result traps 20% of these youth in chronic homelessness (Gaetz, et al., 2016).

Despite such disadvantage and a keen awareness of "structural injustices," Indigenous youth often form peer support networks for survival and "a sense of community." This is not the popular image of youth homelessness often associated with danger and delinquency (Baskin, 2013; Gaetz, et al., 2013). Indigenous girls are at particular risk of exploitation and abuse; Lesbian, Gay, Bisexual, Transgender, Queer and Two-Spirited youth (LGBTQ2S+) representing 28% of homeless youth (Gaetz, et al., (2016) also experience "unique and intersecting forms of social suffering" (Patrick, 2014, pp. 34-35). Holistic programs to support employment and cultural reintegration have been successful in reducing homelessness (Patrick, 2014) and are a key part of Gaetz et al.'s (2016) recommendations focused on prevention, Housing First for youth, systems integration, addressing educational challenges, fostering resilience and mental health supports, and fortifying natural supports.

#### Women and Homelessness

Women are **"often the first to lose their housing and last to be housed"** (ESDC, 2018b, p. 3), facing systemic barriers to exercising their right to housing, including Eurocentric definitions of homelessness focused on chronic and visible homelessness that exclude women's specific experience of gender-based violence and hidden homelessness (Canadian Centre for Housing Rights, 2023; Canadian Centre for Housing Rights et al., 2024). Failures in housing policy put women and the gender-diverse at risk, while **financialization of housing** depends deeply on "disruption and elimination of Indigenous ways of knowing and living" (Canadian Centre for Housing Rights et al., 2024, p. 5). Those failures coupled with the failure to address socioeconomic gaps between Indigenous and non-Indigenous people spell the failure to address root causes of the vulnerability of women and the gender diverse (Canadian Centre for Housing

Rights et al., 2024). Similarly, the failure to implement more than two of the Missing and Murdered Indigenous Women and Girls (MMIWG) Inquiry Report (2019) Calls for Justice means that we still await critical "investments in housing, with important emphasis on culturally appropriate supportive housing models, led by and for Indigenous women and gender-diverse people" (Canadian Centre for Housing Rights et al., 2024, p. 5). Calls for Justice 4.7, 16.19, and 18.25 ask all governments to support funding of shelters, safe spaces, transitional homes, second-stage housing, and services for Indigenous women, girls, and the gender-diverse.

Close to 50% of those experiencing homelessness in Canada are women, girls, and the gender diverse representing different reasons for homelessness (poverty, domestic violence, abuse, addictions, mental & physical health, childcare) and diverse ways of navigating homelessness: 90% families in emergency shelters are women-led (Canadian Centre for Housing Rights, 2023). Based on intersecting forms of identity (race, abilities, ethnicity, immigration status), women face multiple forms of oppression as well as insufficient gender-specific, transitional and permanent affordable housing. When only 13% of shelter capacity is for women, they are more likely to turn to couch surfing—and to face violence and exploitation. Without national data on hidden homelessness, policy and programs responses remain inadequate (Canadian Centre for Housing Rights, 2023). Indigenous women are "15 times more likely to use an emergency shelter than non-Indigenous women" and "16 times more likely to be murdered or missing than white women"—statistics that call for more Indigenous-led housing solutions (Canadian Centre for Housing Rights, 2023).

#### Hidden Homelessness

Government policy focused on ending chronic homelessness has rendered invisible the experiences of hidden homelessness popularized as "couch surfing," phrasing that adds to the invisibilities of dangers and exploitation felt disproportionately by Indigenous women, girls, and the gender-diverse (Canadian Centre for Housing Rights [CCHR] et al., 2024). That dominant methods such as PiT counts, street needs assessments, and by-name lists are understood to be "largely unable to capture experiences of hidden homelessness" adds to difficulties in tracking hidden homelessness—and leads to severe service and support gaps and a much needed rights-based and gender-based approach (CCHR et al., 2024, p. 15).

Based on the following three principles of a Housing Solutions Lab, CCHR (2024) aimed to develop data collection approaches that would better address the risk of hidden homelessness leading to severe, complex, and traumatizing forms of homelessness:

- 1. Include representation and participation of all the actors interacting with the issue.
- 2. Seek to understand and solve problems from multiple perspectives.

3. Test ideas and prototypes to determine what works best to address the problem. (p. 3). Proactive, preventative measures are required to build a housing system responsive to root causes and capable of developing effective interventions (p. 3). Policy recommendations are based on these research findings:

- Hidden homelessness offers a space "for preventing homelessness."
- Evictions and low income are "important factors for losing housing."
- "Hidden homelessness comes with a great level of uncertainty and risks."
- "Culturally competent and gender-sensitive care" for hidden homelessness is "key."
- Those who host often do so "without the proper resources or tools."
- "City-wide data collection" is "key. . . to better understand all forms of homelessness." (CCHR, 2024, pp.5-6)

As well as targeted funding, a GBA+ lens, Indigenous-led approach, and formal, collaborative solutions, CCHR (2024) recommends: "Access to information, ongoing reporting, and options to collect data that contains quantitative information, and allows people to provide context and meaning to their experiences, is key to support evidence-based decision-making in addressing all forms of homelessness, including hidden homelessness" (p. 7).

For the 2024 PiT Count, HICC (2024a) advises that hidden homelessness should be surveyed (and can even be targeted in magnet events, for instance), even if "it is not possible to measure the extent of hidden homelessness using the PiT Count methodology" and "hidden homelessness is not a Core Location for the enumeration" (pp. 11-12). The rationale is that "people experiencing hidden homelessness are unlikely to be in the count locations and in most cases it is not possible to search overnight locations where people experiencing hidden homelessness are staying overnight" (p. 25). Surveying by contrast aims to better understand the needs of those experiencing hidden homelessness.

#### The 2024 PiT Homelessness Count in Saskatoon

Against this background and context, on October 8, 2024, the community led by a partnership of the City of Saskatoon, Saskatoon Housing Initiatives Partnership (SHIP)—the Community Entity for Reaching Home: Canada's Homelessness Strategy—and Community-University Institute for Social Research (CUISR), University of Saskatchewan, conducted the sixth Saskatoon Point-in-Time (PiT) Homelessness Count, the third completed in the context of the Reaching Home nationally coordinated count in an effort to achieve the following:

- Fill data gaps
- Put a human face on the statistics
- Deepen understanding of the challenges and barriers
- Identify possible solutions to prevent, reduce, and even end homelessness.

The next section presents the methodology including data sources, ethics approval, and the processes undertaken to prepare the survey instruments and train volunteers as well as debrief within the partner team and with the Community Advisory Committee. Following the methodology section, this report presents findings from the various data sources, discussing what they mean for those individuals and families facing homelessness; for service planning, design, and delivery; and for strategies to reduce or eradicate homelessness in Saskatoon.

## **METHODOLOGY**

This 2024 coordinated PiT Count built upon the findings and recommendations from previous Saskatoon PiT Counts to 2022, while respecting the 12 core and 5 recommended standards set by HICC (2024a) to count the number of individuals and families experiencing sheltered, unsheltered, transitional, and observed homelessness in Saskatoon on Tuesday, October 8, 2024. The 2024 PiT Count has five main components or data sources for the core enumeration:

- An unsheltered or outdoor enumeration surveying individuals and families experiencing homelessness, the "absolute homeless" (with no permanent residence or housing alternative, including shelters, safe or transitional housing), and their service use patterns and needs (street needs assessment). For the first time in 2024 **encampments were added** given their high visibility and unique experiences.
- A sheltered or indoor enumeration surveying those individuals and families who are staying in emergency shelters and transitional housing.
- Data from the Homeless Individuals and Families Information System (HIFIS) for October 8, 2024;
- Administrative data for October 8 from participating shelters and transitional housing;
- Observational data regarding those perceived to be without shelter but unable or unwilling to be surveyed.

In addition to data from the "core enumeration," **public systems** (hospitals, corrections, detox facilities) data were used to support local planning, while surveys of the "**hidden homeless**" population helped add to understanding of their needs. The outdoor and indoor surveys also included Part One, a survey (5 community questions) of public perceptions of and attitudes about homelessness in Saskatoon. These questions were carried over from the 2015, 2018, and 2022 Saskatoon surveys, and aimed to give a comprehensive and multi-faceted picture of housing and homelessness in Saskatoon. Part One engaged all members of the public to capture public understanding on the main reasons for homelessness and those most impacted by it, on what is being or could be done, and which local organizations existed to support the homeless population. The strategy also made surveyors' initial contact more comfortable and reduced potential social stigma associated with a PiT count survey. Reporting and highlighting respondent comments throughout the Findings section importantly gives voice to those who are often under-represented in policy and program decision-making.

**N.B. Only completed surveys include the full survey data (15 core questions and 7 local questions—see Appendices A and C)**; HIFIS data include age, gender, citizenship, veteran status, Indigenous identity, and ethnicity; observational reports include age and gender estimates only; and some administrative data include age, gender, and ethnicity. That is one reason (along with the right to skip or not answer questions) that the numbers (n) associated with different questions differ in the findings.

Contextual factors, such as **weather conditions**, can influence who are on the streets or who seek shelter. Saskatoon experienced an unseasonably mild fall with early October experiencing overnight temperatures hovering around the minus 2 degrees to plus 3 degrees Celsius and daytime temperatures ranging from 10 degrees to 22 degrees Celsius from October 1-7. On

October 8 for the count day, the temperature rose to 23 degrees Celsius with a low of 3 degrees overnight (Accu Weather, 2024). By comparison, the 2022 count day (April 28) saw a high of 18 degrees Celsius; the 2018 count day saw a high of 9 degrees and a low of 6 degrees Celsius; on the June 22, 2015, PiT Count day, the temperature reached a high of 26 degrees and a low of 7 degrees Celsius; while the temperature for the September 24, 2012, count ranged between 20 and 10 degrees Celsius; and the average temperature in May (2008 count) was 4.5-18.4 degrees Celsius (Kunzekweguta et al, 2022). The unusually warm weather on October 8 saw people out enjoying the sunshine making for relatively busy streets.

#### **Ethics Review**

The 2024 PiT Homelessness Count was approved by amendment by the University of Saskatchewan Behavioural Research Ethics Board (REB) on September 2, 2024 (BEH #18-41). The count was conducted in adherence with all standards required under behavioural ethics institutional policies. An honorarium in the form of \$10 cash and a transit pass and icebreaker of reusable bag, water bottle, and granola bar, and housing and services pocket card were included to thank the participants of the unsheltered and sheltered homelessness surveys. While they importantly respect those with lived experience, such honoraria should also respect the principle of informed consent, not be used to promote or attract participation, and should be at levels (not more than \$20) that will not unduly influence (Canadian Observatory on Homelessness, n.d.).

#### **Community Advisory Committee**

The success of previous Saskatoon PiT Counts depended significantly on the inter-organizational cooperation among numerous agencies forming a Community Advisory Committee (CAC), something recommended throughout the planning also by HICC (2024a). The PiT Count coordinator relied on databases of previous CACs to identify and invite CAC members. The following were active and engaged members throughout planning, implementation, and data analysis review. Their advice importantly helped refine survey questions, survey order and wording, identified additional agencies and organizations that needed consulting, advised on the count date, the locations that needed to be added to the study areas map, and various other aspects. Several also volunteered on count day or lent their outreach workers as well as advising on data analysis and dissemination.

- Canadian Centre for Housing Rights (CCHR)
- City of Saskatoon
- Community-University Institute for Social Research (CUISR), USask
- Coordinated Access
- CUMFI
- EGADZ
- Elder Marlene Conron
- Elizabeth Fry Society of Saskatchewan
- Emergency Management Organization
- Friendship Inn
- Lived expert David Fineday
- Métis Nation-Saskatchewan
- Prairie Harm Reduction
- Quint Development Corporation
- Saskatchewan Health Authority

- Saskatoon Crisis Intervention Service (SCIS)
- Saskatoon Fire
- Saskatoon Housing Initiatives Partnership (SHIP)
- Saskatoon Police Service
- Saskatoon Poverty Reduction Partnership
- Saskatoon Transit
- STC Emergency Wellness Centre
- STC- Saweyihitotan
- STC-White Buffalo Youth Lodge/CAB Chair
- Station 20 West
- The Salvation Army
- United Way of Saskatoon and Area
- YWCA

#### Volunteer Recruitment and Training

#### Volunteer Recruitment

Volunteer surveyors were recruited through a multi-pronged approach. In addition to City, SHIP, and CUISR efforts through their networks and listservs, through social and local media, the PiT Count Coordinator responsible for recruitment used Microsoft Forms as an online registration system. These approaches ensured a skilled and committed volunteer base and the return of some experienced volunteers. Over 200 volunteers registered: people with lived experience, administrators, academics, students, retirees, individuals from the service sector, health, policing, fire, fire community support, alternative support officers, outreach workers, City Councillors, and City, SHIP, and CUISR staff. Because of established networks, many of the volunteers also had health, social work, or psychology backgrounds.

#### Volunteer Training

Comprehensive volunteer training (including City Transit Safety Advisor advice on safety) was a condition of ethical clearance from the Behavioural Research Ethics Board, University of Saskatchewan. All volunteers, regardless of background or experience, were required to attend one of seven three-hour training session (and an optional supplementary session) at Station 20 West.

The training package shared with volunteers before training highlighted select historical and current literature on homelessness issues in Canada as well as Saskatoon's experience with previous counts to provide volunteers with a broad background and context for their surveying duties. It also explained roles and responsibilities related to the coordinated national PiT Count and its core and recommended standards. This contextual information and a panel presentation by those with lived experience was a necessary foundation to build community resources, clarify ethical obligations, and support a trauma-informed approach to administering the surveys. Special attention was given to ethical issues related to surveying youth. Though PiT Counts are "designed to be minimally invasive," they must be conducted with due regard to issues of consent, respect, equity, confidentiality, and privacy. Also, although parental consent is typically required for research participants under 18, for those experiencing homelessness, parental consent may be "neither feasible nor desirable" (Canadian Observatory on Homelessness, 2017). So long as youth under 18 give consent and are in no distress, they could be surveyed.

If researchers determined a child was in need of protection, was being exploited, or was in danger, there was an obligation to report to child welfare agencies and/or police (such situations overriding concerns about confidentiality). Researchers had to inform the survey respondents of this fact when/if they became aware of the participant's age. In the light of possible adverse consequences, decisions would be made in consultation with the Command Staff at headquarters (and street service agencies and/or police). Volunteers were also advised of debrief and counselling opportunities available for youth and for themselves should they experience distress.

Survey protocol training covered how to approach and interview potential respondents in a manner that does not expose either the interviewer or respondent to increased risk. In addition to reviewing the surveys (core, additional, and community questions), volunteers were also instructed on logistical matters, including what to bring (or not) and what to wear for the count.

All volunteers signed an oath of confidentiality, a University of Saskatchewan waiver, and a photograph release form.

#### Mapping of Study Areas

To select the geographical study areas for the PiT Count, a "known-locations" street intercept approach (Infrastructure Canada, 2024) was used with advice from the Community Advisory Committee. Under this approach, suggestions are made for locations where teams of volunteers will survey based on local knowledge of where those experiencing homelessness would be located. After consultations, the map in figure 1 (along with individual area maps to guide volunteer surveyors) was produced by the City of Saskatoon's Planning and Development Department.

The city was divided into 28 mobile study areas and included 15 stationary locations, including 3 shelters (up from 23 in 2022, 27 in 2015, 19 in 2012, but marginally down from 44 in 2018). In the case of mobile study areas, the volunteer surveyors canvassed the area on foot during their shifts. The stationary locations were in gathering places and high traffic areas, which provided a community presence for the count and allowed people the opportunity to be counted if they wished to participate.

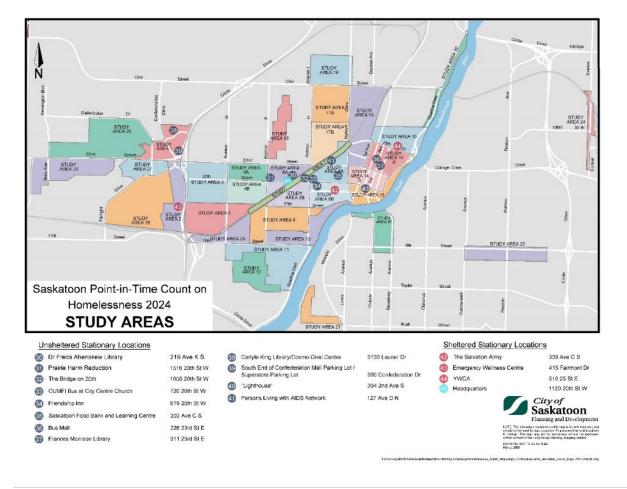


Figure 1: 2024 PiT Homelessness Count Map of Study Areas

#### Headquarters

The PiT Count Coordinator, the Command staff team, and CUISR researchers at headquarters served as points of contact for any questions that arose during PiT Count day and allowed for timely responses to issues and revised protocols. All volunteer surveyors gathered at headquarters to meet their survey team, sign in, and receive all relevant PiT Count materials. They returned to headquarters with the collected surveys and participated in a debrief following their volunteer shifts. Station 20 West acted as headquarters because of its flexible space, catering capacity, and centralized location within the study areas of core neighbourhoods and central business district.

#### The Count

The count (enumeration) was conducted between 11:00 a.m. and 11:00 p.m. on Tuesday, October 8<sup>th</sup>, 2024. It was renewed the morning of October 9<sup>th</sup> between 8am and 10am specifically for encampments. Survey teams, consisting of at least three individuals walked along streets and public places included within their assigned survey area and other locations where people were likely to be (e.g. parks, train tracks, etc.). Alternatively, teams were available to survey individuals at stationary locations and high traffic areas as well as at shelters. The PiT Count survey used a set of standardized questions administered by over 200 trained volunteers. Each group was pre-assigned a study area and walking route. The study areas and stationary locations were determined through engagement with the PiT Count Advisory Committee.

Given the extensive geographical coverage and the range of survey questions, this portion of the count captured individuals experiencing various forms of homelessness. This included not only those staying in unsheltered or emergency shelter situations but also a significant number of individuals experiencing hidden homelessness.

A total of 783 people were approached by PiT Count volunteers and consented to participate in the survey. Of those, 111 individuals were excluded from the survey Part Two because they indicated that they had a safe and/or permanent place to stay on the night of the count. This left 672 individuals included in the survey. As respondents had the option to skip individual questions, the analysis presented in this report is based on a maximum of 672 respondents. Where individuals elected to skip specific questions, the actual number of respondents is indicated.

#### Unsheltered or Outdoor Survey

Volunteer surveyors approached all individuals in their study area, introduced themselves, and described the purpose of the PiT homelessness count. The survey opened with a statement assuring that participation was voluntary, names would not be recorded, and people could skip any question or stop the interview at any time. Two screening questions were asked of all participants to determine (a) that they had not already been interviewed and (b) that they were willing to answer the questions. A third screening question after the completion of part 1, the public perception questions, asked where the person would be staying that night (Appendix A). If the respondents selected response "someone else's place", then a follow up question C1 (Do you

have access to a permanent residence where you can safely stay as long as you want?) was asked to verify and screen in for hidden homelessness. If the answer was "motel/hotel" (self-funded) or "hospital, treatment centre, jail, prison, or remand centre," again, a follow up question C1 was asked to verify whether that person is temporarily in these locations and that they have access to a permanent residence where they could safely stay as long as they wanted. If the answer was "own apartment/house," the person was thanked and informed that the survey was complete.

For all those who answered that they were staying at the following locations—homeless shelter (emergency, family or domestic violence shelter); hotel/motel (funded by Social Services or homeless program), transitional shelter/housing; unsheltered public space (e.g., street, alley, park, bus shelter, forest, or abandoned building), encampment or vehicle (car, van, RV, truck, boat)—or selected unsure (and indicated probable location) were asked to participate in part 2 of the survey. Part 2 had 15 core questions asked across all count communities. Question 11 (Have you been experiencing difficulties related to any of the following?) was modified at the request of Indigenous representatives on the 2020 CAC, endorsed by the 2022 Knowledge Keepers Advisory Board, and endorsed by the 2024 CAC to include an option to list residential school/intergenerational trauma to make it a visible critical factor, and not subsume it within mental health issues. The CAC also asked for the inclusion of a question about children currently in the foster care system (2b). A set of 7 additional questions were endorsed and augmented by the CAC to provide evidence for implementation strategies for programs that aim to reduce or end homelessness in Saskatoon.

Because of the difficulties involved with administering consent forms to the population under study, agreeing to complete the survey constituted informed consent. As well as the screening questions on the survey, all participants received an information sheet outlining study funding and purpose, reinforcing roles and responsibilities, potential risks and benefits, and advice on where findings will be shared, REB approval, as well as responsibility for data storage and security. If an individual did not provide consent or the surveyor was unable to complete the questionnaire, observation data were used in its place. Observations were recorded on a tally sheet (Appendix B). The observation tally sheet includes data on the person's outdoor location, appearance, gender, estimated age, potential reasons for the surveyor belief that the individual may be homeless, and reasons that the survey could not be completed. The **encampment enumeration sheet** (Appendix D) is tailored to capture the specific encampment circumstances.

#### Sheltered or Indoor Survey

The indoor survey (Appendix C) was conducted during the same time as the outdoor survey. The following select shelter facilities were surveyed: Salvation Army, YWCA, and Saskatoon Tribal Council Emergency Wellness Centre. The survey also helps in demonstrating the number of people being turned away and who end up using a variety of non-shelter services such as emergency rooms and correctional centres.

### HIFIS Data

The Homeless Individuals and Families Information System (HIFIS) is an information system developed by the Government of Canada. HIFIS is an initiative of Reaching Home: Canada's Homelessness Strategy committed to data collection and case management in support of a national picture of homelessness. Regularly updated, HIFIS "enables participating service

providers within the same community to access, collect, and share local real-time homelessness data to ensure individuals and families accessing services are prioritized and referred to appropriate services at the correct time" (HICC, 2024b).

The HIFIS data include information about age, gender, citizenship, veteran status, Indigenous identity, and ethnicity. Individual shelters deploy the software on site to track shelter usage and share baseline data nationally and locally. On a long-term basis, the HIFIS data help in portraying a better picture of the inflow—number of shelter users who are new to the shelter system—and the outflow or number who do not return, as well as capturing the shelter population that is "stable" (HPS, 2018). 2024 HIFIS data were collected at four **emergency shelter** locations: Saskatoon Interval House, Saskatoon Tribal Council Emergency Wellness Centre, Salvation Army, and YWCA.

#### Data Entry and Analysis

Good quality data are important for an accurate picture of homelessness in Canada to direct policy and program development and to measure the progress made by existing homelessness programs and initiatives. After data cleaning by the principal researcher Isobel Findlay and team of Michael Kowalchuk, Niloofar Nili, and Rosmary Martinez Rueda, the data were entered in HIFIS-Lite customized by the Community Engagement Manager (HIFIS). All the mandatory core, additional, and community survey questions were entered into HIFIS-Lite for those that met the screening criteria. Both sets of data were entered in separate spreadsheets that then needed to be merged with the HIFIS-Lite database after cleaning of the databases. As an electronic records management database, HIFIS-Lite provided a relatively easy means of storing and sharing data among communities, HICC, and other researchers (HICC, 2024 a, b). But since it did not accept entry of all data, it was also limited in its typical ability to produce reports and download entered data in various formats.

The analysis followed the HICC suggested methods and strategies. Therefore, a few suggestions and assumptions had to be built into the analysis frame for the collected survey data. For instance, all non-responses contributed by refusal to complete the questions, non-contact, or in misunderstanding survey questions were to be removed from the samples (Gideon, 2012). This step was important in cleaning the data because the informed consent gave participants the right to withdraw or skip any questions they did not choose to answer.

With the removal of non-responses from the samples, the response rates were in themselves nonweighted in reflecting the participation rates in the PiT Count survey (Groves & Lyberg, 2010; Sarndal & Lundstrom, 2005). For this reason, the sample (n) size is offered in the analysis, and further explanations are also offered to clarify the changing sample size. To avoid unrealistic extrapolation, no regression analysis was performed on the data. The analysis relied on descriptive statistics and comparisons of trends among the previous PiT Count years.

To minimize data processing errors in the data entry phase that may result inadvertently from activities such as coding of open-ended questions, data entry of close-ended questions, data cleaning, imputation of missing data, and data reporting or tabulation (Bautista, 2012; Groves & Lyberg, 2010), the research assistant and research coordinator performed the data management tasks together. Additionally, frequent sharing of the database output with the research team also

occurred throughout the data entry and analysis phase. Such quality assurance and control are a necessary step in survey data entry to ensure accuracy and reliability (Gideon, 2012).

#### **Volunteer Feedback**

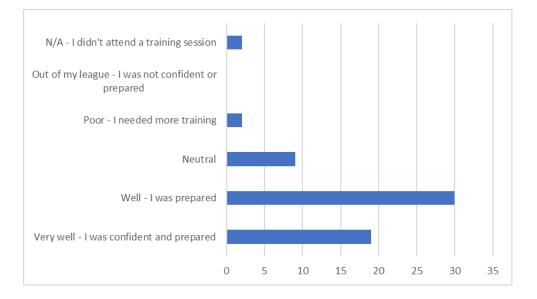
The 2024 PiT Count volunteer experience survey was circulated to 190 volunteers post-count. A total of 62 responses were received, reflecting a 32.6% response rate. Volunteers provided feedback on several aspects of Pit Count and volunteer experience.

#### **Recruitment Strategy**

- 67.7% found the volunteer registration form very easy, 16.1% fairly easy, and 14.5% neutral.
- Pre-count communication was rated very easy by 50%, fairly easy by 29%, while 1.6% found it very difficult.

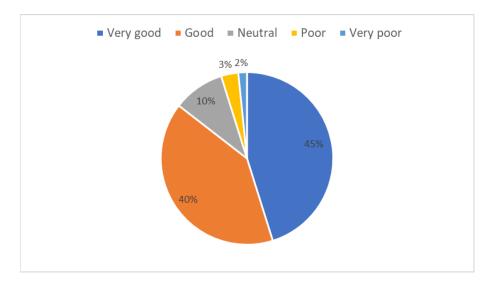
#### Volunteer Training Sessions

- Around 20 reported being confident and very well prepared.
- A total of 30 volunteers felt well-prepared after training.
- A smaller number remained **neutral** in confidence.
- Very few indicated needing **more training** or feeling **unprepared**.
- 64.5% felt the training session length was appropriate, while 30.6% said somewhat.
- 79% found the training schedule (date and time) convenient, 17.7% somewhat convenient, and 3.2% not convenient.
- 72.6% saw value in the lived-experience panel.
- 80.6% found the safety presentation valuable.



#### PiT Count coordination and logistics

- 45% of volunteers rated the coordination and logistics as **very good**.
- 40% considered them **good**.
- 10% were **neutral**.
- 3% found them **poor**.
- 2% rated them as **very poor**



#### Volunteer Safety

- 87% of volunteers reported not feeling unsafe during their experience.
- 13% indicated that they or their team felt unsafe at some point.

#### Ice Breaker

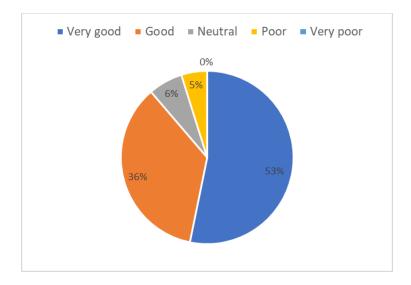
- 72% of volunteers found the ice breaker (water, granola bars) appropriate
- 26% were neutral
- 2% said it was not appropriate

#### Honoraria

- 74% of volunteers found the honoraria (\$10, bus pass) appropriate
- 26% were neutral
- 2% said it was not appropriate

#### Overall experience as a volunteer for the 2024 PiT Count

- 53% rated it very good
- 36% rated it good
- 6% were neutral
- 5% rated it poor



#### **Overall Volunteer Experience**

- 50% strongly agreed that their work had a positive impact, while 25.8% slightly agreed.
- 74.2% strongly agreed their contributions were important to the PiT Count.
- 69.4% found the volunteer work personally impactful.

#### Likelihood of volunteering for a future PiT Count

- 79% of volunteers indicated that they are very likely to volunteer for a future PiT Count.
- 13% stated they are somewhat likely to volunteer again.
- 5% of volunteers mentioned they are somewhat unlikely to participate in the future.
- 1% said they are neither likely nor unlikely to volunteer again.
- 2% of volunteers expressed that they are very unlikely to volunteer in the future.



## FINDINGS: SURVEY RESULTS

Five main sources of data are reported and included in the analysis and discussion of the results:

- 1. An unsheltered or outdoor enumeration surveying individuals and families experiencing homelessness, the "absolute homeless" (with no permanent residence or housing alternative), and their service use patterns and needs (street needs assessment). For the first time **in 2024**, **encampments were added** as a distinct category because of the high visibility and unique experiences of those in encampments.
- 2. A sheltered or indoor enumeration surveying those individuals and families who are staying in emergency shelters and transitional housing.
- 3. Data from the Homeless Individuals and Families Information System (HIFIS) for October 8, 2024;
- 4. Administrative data for October 8 from participating shelters and transitional housing, hotels/motels;
- 5. Observational data regarding those perceived to be without shelter but unable or unwilling to be surveyed.

In addition to the "core enumeration" represented by these five data sources, **public systems** (hospitals, corrections, detox facilities) data aimed to support local planning, while surveys of the "**hidden homeless**" population helped add to understanding of their service and other needs.







#### **Estimated Count Numbers**

In total, 1,499 people were surveyed, observed, or reported by the five main data collection methods in the 2024 Saskatoon PIT Count (Table 1). Of those experiencing homelessness, 500 were adults (age 25-44) (33.4%); 250 older adults (45-64) (16.7%); 26 seniors (age 65+) (1.7%); 175 youth (age 13-24) (11.7%); and 315 children (age 0-12) (21.0%). A total of 233 individuals had no age specified.

- **294 unsheltered**, including 3 seniors, 88 older adults, 157 adults, 24 youth, 18 children, and 4 of unspecified age, were counted in the outdoor survey; **a further 116 were observed to be unsheltered** (1 senior, 7 older adults, 37 adults, 1 youth, and 70 of unspecified age).
- 2 seniors, 12 older adults, 22 adults, 7 youth, 8 children and 1 unspecified for 52 were counted in encampment surveys; a further 10 of unspecified age were observed in encampments.
- **658 sheltered**, including 18 seniors, 76 older adults, 188 adults, 131 youth, 199 children, and 46 unspecified, were reported in HIFIS Shelter data and administrative data submitted by other emergency shelters, transitional housing, and hotels/motels.

Beyond the core enumeration, **339**, including 2 seniors, 67 older adults, 96 adults, 12 youth, 84 children, and 78 of unspecified age, were counted as **"hidden homeless"** in the outdoor survey; reported **systems data added 30** individuals (including 6 children).

While many of those experiencing homelessness surveyed, observed, and reported were in the core, downtown, and neighbourhoods to the west of downtown, there were also significant numbers located in neighbourhoods across the city consistent with the identification of encampments across city neighbourhoods.

Age group	Unshelt ered	Unshelt ered Observ ed	Transiti onal Shelter	Hotel/motel	Emergency Shelter	System Data	Hidden Homeless ness	Encam pment	Total	Percent age
Child (0-12)	18	0	161	6	32	6	84	8	315	21.0
Youth (13-24)	24	1	115	0	16	0	12	7	175	11.7
Adult (25-44)	157	37	99	10	79	0	96	22	500	33.4
Older adult (45-64)	88	7	19	0	57	0	67	12	250	16.7
Senior (65+)	3	1	2	0	16	0	2	2	26	1.7
Unspec ified age	4	70	46	0	0	24	78	11	233	15.5
Reporte d	294	116	442	16	200	30	339	62	1499	100

Table 1.	Total number	of individuals s	urveved. observed	l or reported to ex	perience homelessness
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# "Have leaders see what we go through. Walk a mile in our shoes. We are people, we have feelings too."— Respondent

#### **Emergency Shelter Use**

The National Shelter Study (2005-2016) reported over 15,400 emergency shelter beds at about 400 emergency shelters across Canada (Employment and Social Development Canada, 2016b). Although the number of shelters and beds remained stable between 2005 and 2016, the demand for shelter beds increased. The average occupancy rate at emergency shelters in 2016 was 91% and approximately 14,000 Canadians slept in an emergency shelter on an average night. Even though there was a decrease in the number of people using the emergency shelters in Canada in 2016 compared to 2005, these people were using shelters for a longer period of time (Employment and Social Development Canada, 2016b). The 2019 update (HICC, 2022) based on HIFIS data and data from provincial and municipal partners with data sharing agreements with the federal government represented 251 or over half of the emergency shelters across the country (excluding domestic violence shelters, temporary shelters, and transitional housing). An average night saw 14,400 people staying in shelters, a drop of 4,155 from 2018, continuing the decreased use trend with a reduction of 23.9% since 2005, although demand remains high and stays longer (stays over 31 days increased 72.2% since 2005). All shelters were at 92.3% occupancy and family shelters were at 104.2% occupancy. Whereas gender and age distribution remained stable, the proportion identifying as refugees and refugee claimants has been increasing since 2014, while Indigenous people were conspicuously overrepresented at 30.5% although only 4.9% of the population (HICC, 2022).

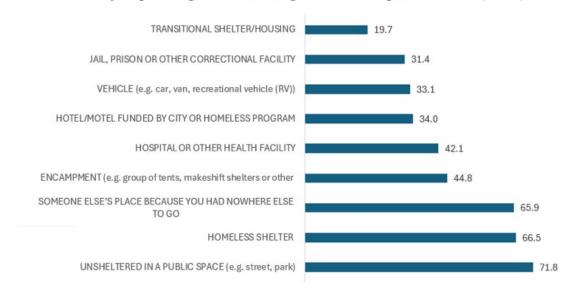
Of the 656 people who answered the question around shelter use in the 2024 Saskatoon PiT Count, 66.5% stayed in shelters (Table 2). The distribution of shelter use is similar for adults and older adults, with 65.7% and 68% having stayed in shelters, respectively. Notably, a higher percentage of youth (45.1%) reported not using shelters when compared to other age groups. In contrast, seniors were the most likely to use shelters, with 86.7% reporting shelter stays. These findings suggest differences in shelter use across age groups, with youth being less likely to access available shelter services. As seen in studies (Gaetz et al., 2013; ESDC, 2018b, ESDC, 2019), youth often experience homelessness in efforts to escape violence at home, but they may put themselves at further risk when opting for coping strategies outside shelters.

Shelter use	Youth (13- 24)		Adul 44)	ts (25-	Older a (45-64)		Senio (65+)		Unspe age	ecified	Total	
	n	%	n	%	n	%	n	%	n	%	n	%
Stayed in shelters	28	54.9	238	65.7	149	68.0	13	86.7	8	88.9	436	66.5
Did not stay in shelter	23	45.1	124	34.3	70	32	2	13.3	1	11.1	220	33.5
Total	51	100	362	100	219	100	15	100	9	100	656	100

Table 2.	Shelter use in t	the past year
1 uore 2.	Sherter use in t	me pust yeur

When asked about specific locations where they had spent one night in the last year, the distribution in Figure 2 shows a large majority remaining in unsheltered locations followed by homeless shelters and couch surfing or hidden homelessness.

#### Figure 2. Have you spent at least one night in any of the following locations in the past year?



Have you spent 1 night in the following locations in the past 12 months? (n=656)

#### "Shelter is needed downtown. Otherwise, people will freeze"- Respondent

#### Who is experiencing homelessness?

In this section, demographic and other information is provided to give an in-depth picture of the people who are currently experiencing homelessness in Saskatoon, their immigration status where relevant, home location before coming to Saskatoon, length of time living in Saskatoon, First Nations, Métis, or Inuit status, and/or other racial identities, military or RCMP service, foster care and/or residential school experience as well as medical, mobility, or other health conditions, gender identity and sexual orientation, and causes of homelessness.

#### "My home is my body. I just don't have a house."—Respondent

Table 3 represents the responses to the question about family members or anyone else staying with respondents.

Family member	Number	Percentage
Child(ren)/Dependent(s)	110	37.3
Other Adult (Can include other family or friends)	81	27.5
Partner	90	30.5
Pet(s)	14	4.7
Total	295	100.0

Table 3. Family members staying with survey respondents on count night

In addition to the core question about family members staying with them tonight, individuals were also asked if they had any children in the foster care system (Table 4). The majority of respondents (72.98%) reported that they do not have children in foster care, while 27.02% indicated that they do.

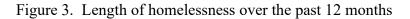
#### "Open eyes and ears. Put yourself in people's shoes." — Respondent

Response	Number	Percentage
No	424	72.98
Yes	157	27.02
Total	581	100

Table 4. Do you have any children in foster care?

#### **Chronic Homelessness**

Almost two thirds (64%) of respondents reported experiencing chronic homelessness. Figure 3 marks an increase from 59% reported in the 2022 Saskatoon PiT count (Kunzekweguta et al., 2022) and is close to the increase from 60% in 2018 to 69% in the 2020-2022 nationally coordinated count (Infrastructure Canada, 2024) despite the National Housing Strategy goal to reduce chronic homelessness by 50% by 2027-2028 (HICC, 2025).



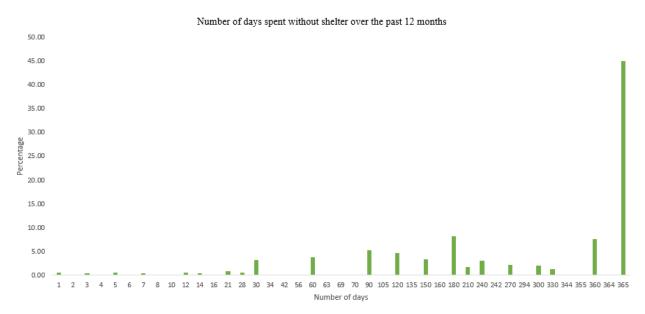
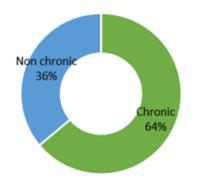


Figure 4. Chronic Homelessness

Chronic homelessness begins at 6 months (183 days)



When asked about their experiences with homelessness over the past three years, 71.4% of respondents reported homelessness for about half or more of this period, while 28.6 indicated experiencing homelessness for less than half of the time (Table 5).

Response	Number	Percentage
Less than half	174	28.6
About half or more	435	71.4
Total	609	100

Table 5. Experience of homelessness over the past 3 years

#### "I hope we do not lose any more people before something is done." — Respondent

## **First Experience of Homelessness**

The survey asked about the age at which individuals first experienced homelessness. Table 6 shows that 8.8% of individuals first experienced homelessness during childhood, 39.9% in their youth, 34.1% in their early adulthood, 16.2% in older adulthood, and 1.0% in their senior years. 48.7% first experienced homelessness as children or youth, which is above the 2020-2022 national coordinated count average of 44% (Infrastructure Canada, 2024). This finding reinforces research studies that associate early experience with both "increased hardship" before and "greater adversity" after homelessness as well as heightened risk for multiple episodes and chronic homelessness (Gaetz et al., 2016, p. 7). The John Howard Society of Ontario et al. (2022) warn that such youth "become adults trapped in the cycle" of homelessness and/or incarceration.

# "Give people a chance who are not the same. People need an opportunity to prove it. It is so frustrating." — Respondent

	Unsheltered		eltered Sheltered surveyed		Hidden homelessness		Encampment		Total	Total	
			•	-		1		%			
	n	%	n	%	n	%	n	70	n	%	
Child (0-12)	32	11.9	9	6.6	9	5.3	5	10.2	55	8.8	
Youth (13-24)	117	43.5	50	36.8	62	36.5	20	40.8	249	39.9	
Adult (25-44)	90	33.5	44	32.4	62	36.5	17	34.7	213	34.1	
Older Adults (45-64)	29	10.8	28	20.6	37	21.8	7	14.3	101	16.2	
Senior (65+)	1	0.4	5	3.7	0	0	0	0	6	1.00	
Total	269	100	136	100	170	100	49	100	624	100	

Table 6. Age group	distribution at	first episode	of homelessness

#### "I wish I wasn't homeless and had somewhere to go. . . . It is safer in the alley than shelter homes." — Respondent

#### **Immigrants and Refugees**

Out of 758 respondents, 4.2% indicated that they came to Canada as immigrants (Table 7), marking an increase from the 2022 Saskatoon figure of 1.7% (Kunzekweguta et al., 2022).

Table 7. Did you come to Canada as an immigrant, refugee or a refugee claimant

Response	Number	Percentage
No	726	95.8
Yes	32	4.2
Total	758	100

#### **Relationship with Saskatoon and Saskatchewan**

Majority of respondents (70.7%) indicated they had lived in Saskatoon for a length of time, and 29.6% indicated that they have "always been" in Saskatoon (Table 8), which marks a reduction from the 2022 figure of 31.2% (Kunzekweguta et al., 2022).

Table 8. How long have you been in Saskatoon

Response	Number	Percentage
Always been here	186	29.6
length of time	443	70.4
Total	629	100

In general, the results suggest that the majority of people who are experiencing homelessness have long-term relationships with the province and with Saskatoon in particular. Of those who migrated from places outside Saskatoon, 70.38% came from other locations within Saskatchewan, although a largely new phenomenon is reported in those coming from the US

(Figure 5). No respondent in 2022 reported coming from outside Canada; in 2018 only one reported coming from another country: the Philippines (Findlay et al., 2018).

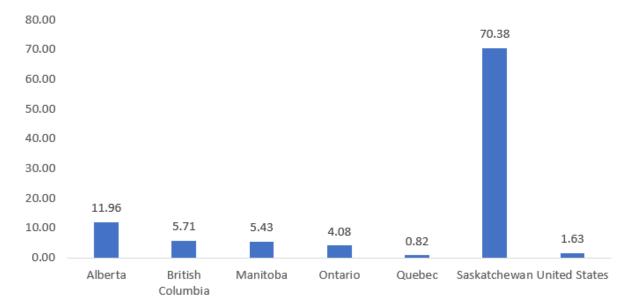
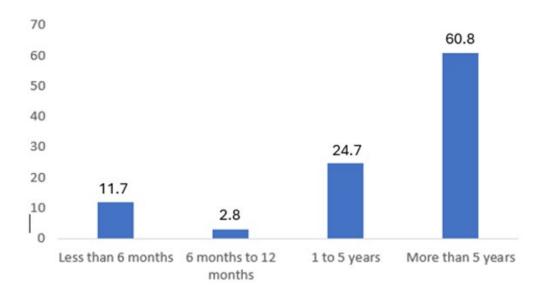


Figure 5. Home location before coming to Saskatoon

In addition to the 29.6% who have "always been here," close to two thirds (60.8%) of those who came from other places have lived in Saskatoon for more than 5 years, 24.7% for 1-5 years, 2.8% for 6-12 months, and 11.7% for less than 6 months. In other words, most of the respondents are long-term residents of Saskatoon (Figure 6).

Figure 6. Length of time respondents have lived in Saskatoon



#### **Indigenous Identity**

Table 9 shows the distribution of those who identified as First Nations (with or without status), having Indigenous Ancestry, Inuit, Métis, or non-Indigenous ethnicity in four categories — unsheltered, sheltered, encampment, and hidden homelessness. Of those experiencing homelessness, 70.1% identified as First Nations, 0.2% Indigenous Ancestry, 0.3% Inuit, 10.1% Métis, and 19.3% identified as non-Indigenous. In the 2024 PiT Count, Indigenous peoples represented a disproportionate number of those experiencing homelessness (80.7%) compared to those identifying as non-Indigenous (19.3%). This marks a decrease from the 2022 Saskatoon figure of 90.1% (Kunzekweguta et al., 2022). Nevertheless, the figure continues the widely remarked overrepresentation of Indigenous peoples among those experiencing homelessness across Canada (Gaetz et al., 2016). By contrast, the 2020-2022 nationally coordinated count included 31% reporting Indigenous identity while representing just 5% of the Canadian population (Infrastructure Canada, 2024).

	Unsheltered		Jnsheltered Sheltered H		Hidden	1	Encampmen		Total	Total	
	survey	veyed reported		homel	essness	t					
	n	%	n	%	n	%	n	%	n	%	
Yes, First Nations	222	78.2	241	59.1	148	82.2	37	71.15	648	70.1	
Yes, Indigenous	0	0.0	0	0.0	0	0	2	3.85	2	0.2	
Ancestry		0.0	v	0.0	Ū		2	5.05	2	0.2	
Yes, Inuit	2	0.7	0	0.0	1	0.6	0	0.00	3	0.3	
Yes, Métis	35	12.3	36	8.8	13	7.2	9	17.31	93	10.1	
Non-Indigenous	25	8.8	131	32.1	18	10	4	7.69	178	19.3	
Total	284	100	408	100	180	100	52	100	924	100	

Table 9. Indigenous identity or ancestry and non-Indigenous representation

Respondents were asked whether they identified with any other racial identities: 81.2% indicated that they identify as Indigenous only; 14.10% identified as White, 1.5% as Black-African, 0.94% as Asian-South, 0.56% each as Asian-East, Black Canadian/American, and Black Afro-Caribbean, 0.38% as Latin American, and 0.19% as Asian-South-East (Table 10).

Table 10. Additional racial identities

Racial Identity	n	%
Identify As Indigenous Only	432	81.20
White (e.g. European, French, Ukrainian, Euro-Latinx)	75	14.10
Black-African (e.g., Ghanaian, Ethiopian, Nigerian)	8	1.50
Asian-South / IndoCaribbean (e.g., Indian, Pakistani, Sri Lankan)	5	0.94
Black-Canadian/American	3	0.56
Black-Afro-Caribbean / Afro-Latinx (e.g., Jamaican, Haitian)	3	0.56
Asian-East (e.g. Chinese, Korean, Japanese)	3	0.56
Latin American (e.g. Brazilian, Mexican, Chilean, Cuban)	2	0.38
Asian-South-East (e.g., Filipino, Vietnamese, Cambodian, Malaysian)	1	0.19
Total	532	100.00

## "Help us homeless find home without discrimination against us. Stop pushing natives away; we are not bad people. Support us as supporting immigrants."— Respondent

#### **Canadian Military and RCMP Veterans**

Infrastructure Canada (2024) reported that veterans in Canada represented 4% of the homelessness population, while less than 1% reported being RCMP veterans and less than 1% identifies as veterans of both (2% of the Canadian population identified as veterans in the 2021 census). Of those surveyed in Saskatoon, 2.7% indicated that they served in the Military (Table 11)—a number up from 1.7% in the 2022 Saskatoon PiT count (Kunzekweguta et al., 2022). Veterans can be at a greater risk for homelessness as a result of traumatic brain injury, sexual trauma (especially for women), lack of strong support networks, lack of transferrable employment skills, low living wage jobs, and shortage of affordable housing. At times these factors are also combined with post-traumatic stress disorder and/or mental health illness or substance abuse to increase the risk of experiencing homelessness, according to the US National Alliance to End Homelessness (2021).

Response	Number	Percentage
No	681	97.3
Yes	19	2.7
Total	700	100

Table 11. Have you ever served in the Canadian Military or RCMP?

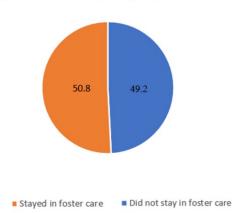
## Foster Care and Youth Group Home

Figure 7 represents those experiencing homelessness who have been in the foster care system or a youth group home. In Saskatchewan, foster care "provides a safe family environment to children who have been removed from their homes because of abuse, neglect, or life-threatening conditions" in one of four types (emergency, short-term, long-term, and therapeutic) of care (Government of Saskatchewan, 2022). A group home is a "non-parental, supervisory personal care and programming for youths" provided in a single-family dwelling (Government of Saskatchewan, 2011). Despite such positive descriptions of foster care in Saskatchewan, a number of researchers (Gaetz et al., 2016; Nichols, 2017; Nichols et al., 2017, for example) underline why Indigenous and LGBTQ2S+ youth are overrepresented in a child welfare system that is "a strong arm of colonization" perpetuating mainstream assessments of the best interests of children and families at the expense of Indigenous views and experiences (Baskin, 2013, p. 406).

Over half (50.8%) of those experiencing homelessness (n=650) either went through the foster care system or were in a youth group home (Figure 7), a slight decrease from the 55% reported in the 2022 count. When children and youth "age out" of the child welfare system, they lose access to system supports while being expected to live as independent adults. As a result, these youth are at risk of experiencing homelessness when they do not have the same education levels and employment opportunities as their peers in the general population, which results in unstable income and the risk of unstable housing. Often, young people leaving foster care or a group

home have no familial support and face challenges such as multiple placements throughout their childhood, history of trauma, and mental health issues (Rosenberg & Kim, 2018). As a result 25%-50% of youth leaving the foster care system experience precarious housing (Dworsky & Courtney, 2009) and such detrimental effects as mental or physical disability, anxiety, as well as losing cultural and community ties that could nourish a balanced self-identity (Bruskas, 2008; Marquis et al., 2008; Rose, 2006). For those aging out of the foster care system, many fail to graduate from high school (44% graduate high school versus 81% in the general population), and with limited support may resort to crime and substance use that cost an estimated \$7.5 billion over ten years in lost opportunities for individuals, governments, and business (Bounajm et al., 2014).

Figure 7. Percentage of respondents with foster care or group home experience



Stayed in foster care or youth group home (n=650)

## "Give everyone a chance. Don't discriminate. Give people the benefit of doubt. Make people feel like a civilian." — Respondent

## **Health Challenges**

Those experiencing homelessness face many health challenges with 82.3% reporting dealing with a substance abuse issue, 60.6% reporting a mental health issue, 57.3% managed an illness or medical condition, 52.9% reported experiencing residential school / intergenerational trauma, 48% had a physical limitation, 39.2% learning or cognitive limitations, 37.1% had issues related to senses such as hearing or seeing, and 29.2% reported having an acquired brain injury (Table 12). The relationship between homelessness and health is complex; homelessness and poverty can contribute to health issues and people's health challenges can in turn contribute to poverty and homelessness (Benfer et al., 2021; Chenier, 1999). The strong link between housing and health is often overlooked— **"housing is health care"** (National Health Care for the Homeless Council, 2019). People experiencing homelessness are more susceptible to dying prematurely and may also face significant barriers to accessing health care (Hwang, 2001; National Health Care for the Homeless Council, 2019). The category of residential school/intergenerational trauma was uniquely added to the survey in Saskatoon respecting Indigenous requests that the trauma not be subsumed under mental health and therefore become invisible. This trauma needs

to be understood as a significant risk factor for Indigenous homelessness. The percentage may underestimate given that some non-Indigenous respondents could have responded.

Health challenges	Numbe	r of resp	ponses	Percentage experiencing challenges
	Total	Yes	No	
Substance use	542	446	96	82.3
Mental health issue	619	375	244	60.6
Illness or medical condition	604	346	258	57.3
Residential school/intergenerational trauma	596	315	281	52.9
Physical mobility	637	306	331	48.0
Learning or cognitive limitation	617	242	375	39.2
Senses, such as seeing or hearing	518	192	326	37.1
Acquired brain injury	609	178	431	29.2

Table 12. Health challenges

#### "More support for those with mental health issues. More acceptance, a second chance." — Respondent

### Gender Identity and Sexual Orientation

Gender identity is defined as each person's "internal feeling" and individual experience of gender. It is their sense of being a woman, a man, both, neither, or anywhere along the gender spectrum. A person's gender identity may be the same as, or different from, their birth-assigned sex. A person's understanding of their gender may change (Abramovich, 2013; Government of Canada, 2020). Sexual orientation is a "person's physical, romantic and/or emotional attraction to, and/or intimate relations with, individuals of a different gender, the same gender, no gender, or more than one gender (Government of Canada, 2020). See Table 13 for self-reported gender identity. Just over half of those experiencing homelessness are males (50.1%), while females represented 46.7%, two spirit represented 1.5%, trans man (1.1%), non-binary (0.4%), and not specified (0.2%) of the group (Table 13).

Gender identity	Sheltered reported	Unsheltered	Encampment	Hidden homelessness	Total	Percentage
Man / Male	190	168	24	84	466	50.1
Woman/ Female	209	109	25	91	434	46.7
Two Spirit	4	6	2	2	14	1.5
Transgender	10	0	0	0	10	1.1
Non-binary	1	3	0	0	4	0.4
Not specified	0	1	1	0	2	0.2
Total	414	287	52	177	930	100

Table 13. Reported homelessness and gender identity

#### "It is very hard for a single woman to get placement anywhere. Men have Salvation Army; women do not. Women with kids take all the spaces and there is nowhere left for a single woman without kids."—Respondent

Of the 629 who were willing to respond to the question about their sexual identity, 90.6% selfreported their sexual orientation as straight/heterosexual, while 8.3% reported being bisexual, two-spirit, pansexual, asexual, gay, questioning, while 1.1% were unspecified (Table 14). Noting increasing LGBTQQ2S+ youth homelessness, Abramovich (2013) urged more specialized services given the risk to their safety and wellbeing in the face of discrimination despite increased acceptance of sexual diversity.

Sexual orientation	Number	Percentage
Straight / Heterosexual	570	90.6
Bisexual	27	4.3
Two-Spirit	8	1.3
Pansexual	5	0.8
Asexual	2	0.3
Gay/Lesbian	8	1.3
Questioning	2	0.3
Unspecified	7	1.1
Total	629	100.0

Table 14. Reported homelessness and sexual orientation

## "Take stigma away. Stop mocking people. It is simple: we are all equal." — Respondent

#### **Causes of Housing Loss**

Reasons for housing loss are presented below in six categories consistent with national trends: housing and financial issues, Conflict, Experience of Discrimination, Experience of abuse, health or corrections, and other reasons. The results presented in Table 15 confirm that the reasons for housing loss are diverse. Under the housing and financial category, the lack of income was cited as the major reason for housing loss (representing 32.8% of 607 respondents). Approximately 10% indicated that the housing was unsafe, while 3.5% experienced discrimination by landlords. Additionally, 5.9% reported complaints (e.g., pets, noise, or damage) as a reason for housing loss, and 3.3% cited building sales or renovations.

As Table 15 shows, home is not always a safe place. Conflict with a spouse or partner (13.7%) and conflict with landlord (11.4%) were notable reasons under interpersonal and family issues. Abuse was also a factor, with 4.1% reporting abuse by a spouse or partner, 2.8% reporting abuse by a landlord, and smaller percentages citing abuse from a parent or guardian (0.7%). Under the health or corrections category, substance use (19.6%), mental health issues (3.8%), and physical

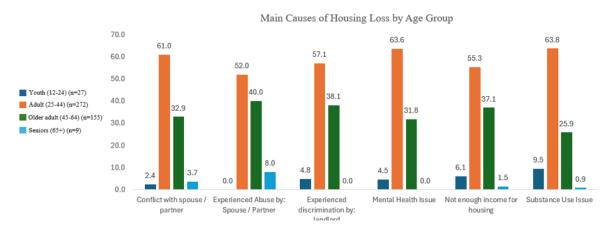
health issues (3.6%) were cited as the most common reasons for housing loss, suggesting the importance of addressing health and substance use challenges. Incarceration and hospitalization were mentioned by 6.1% and 1.6% of respondents, respectively. Participants also reported *other reasons* for losing housing (4.2%), which, while less common, reflect the complexity of housing loss. These included alcohol use, family-related decisions, involvement in gang activity, trusting wrong people, the impact of COVID-19, children causing damage to the home, a roommate's failure to pay rent, and personal desire for freedom.

Classification	Reason for housing loss	Number (n=607)	Percentage
Housing and	Not enough income for housing	199	32.8
Financial Issues	Unfit / unsafe housing condition	62	10.2
	Building sold or renovated	20	3.3
	Owner moved in	1	0.2
Conflict	Conflict with spouse / partner	83	13.7
	Conflict with landlord	69	11.4
	Conflict with parent / guardian	38	6.3
	Conflict with other (i.e. friend or roommate)	18	3.0
Experienced	Experienced discrimination by landlord	21	3.5
Discrimination	Experienced discrimination by spouse / partner	8	1.3
by	Experienced discrimination by parent / guardian	3	0.5
Experienced	Experienced abuse by spouse / partner	25	4.1
Abuse by	Experienced abuse by landlord	17	2.8
	Experienced abuse by parent / guardian	4	0.7
Health or	Substance use issue	119	19.6
Corrections	Mental health issue	23	3.8
	Physical health issue/disability	22	3.6
	Hospitalization or treatment program	10	1.6
	Incarceration (jail or prison)	37	6.1
Others	Death or departure of a family member	38	6.3
	Complaint (e.g. noise / damage)	36	5.9
	Left the community / relocated	17	2.8
	Other (pets)	4	0.7
	Other reason	26	4.3

Table 15. Causes of recent housing loss

The reasons for housing loss tend to vary across age groups (Figure 8). Conflict with a spouse or partner was a major factor, especially for adults (61.0%) and older adults (32.9%), while it was less common among youth (2.4%) and seniors (3.7%). Experiences of abuse by a spouse or partner were also significant, particularly among adults (52.0%) and older adults (40.0%), but were reported at lower rates by seniors (8.0%). Discrimination by a landlord was most frequently cited by adults (57.1%) and older adults (38.1%), while youth (4.8%) reported it at lower rates, and no seniors mentioned it as a factor. Mental health issues played a significant role, especially for adults (63.6%) and older adults (31.8%), while only 4.5% of youth reported this reason, and no seniors did. Financial challenges, not having enough income for housing, were commonly cited, particularly by adults (55.3%) and older adults (37.1%), while youth (6.1%) and seniors

(1.5%) reported them less frequently. Substance use was another key factor, affecting adults the most (63.8%), followed by older adults (25.9%), while youth (9.5%) and seniors (0.9%) mentioned it less frequently. For youth, the most commonly reported reason for housing loss was substance use (9.5%). Among seniors, the most frequently cited factor was experiencing abuse by a spouse or partner (8.0%).



#### Figure 8. Most common causes of housing loss

## "Homeless people do not have phones and there are no phones to use. When asked for phone, it is embarrassing to say you do not have a phone." — Respondent

#### **Eviction and Housing Loss**

When asked whether their most recent housing loss was related to an eviction (a new core question in 2024), more than half of participants (55.1%) reported that eviction was a cause of housing loss (Table 16).

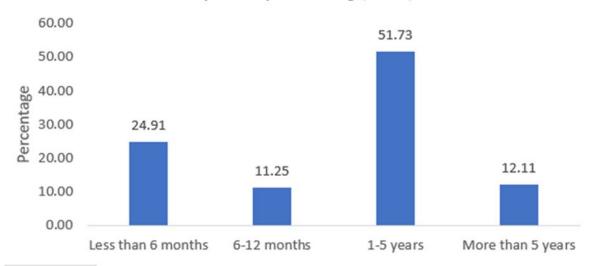
Response	Number	Percentage
No	279	44.9
Yes	343	55.1
Total	622	100

Table 16. Eviction and housing loss

#### When did you lose your housing?

As can be seen in Figure 9, over half of the respondents (51.73%) had lost housing between one to five years earlier, 12.11% more than five years earlier, 11.25% of the respondents lost their housing 6-12 months earlier, while 24.91% had lost housing within the last 6 months. Prolonged homelessness has direct and indirect impacts on mental health (Benfer et al, 2021; Hwang, 2001; McNeil et al., 2014). The delays in finding lasting solutions to the housing challenges might be undermining efforts to address mental and physical health and substance use issues, among other things, given causalities that are identified in Table 15 above.

Figure 9. When did people lose housing?



When did you lose your housing (n=578)

#### **Sources of Income**

Social assistance or welfare (48.9%) was identified as the most common source of income among respondents. The second most frequently reported source was disability benefits (20.8%). Other government assistance programs also played a role, including GST/HST refunds (5.8%), seniors' benefits such as Canada Pension Plan (CPP), Old Age Security (OAS), and Guaranteed Income Supplement (GIS) (2.5%), and child and family tax benefits (2.2%). However, with the increasing cost of living, the income from these sources is barely sufficient to cover basic needs.

A living wage in Saskatchewan is calculated to require an hourly rate of \$18.95 per hour in Saskatoon that would still give only a "bare-bones budget"; the minimum wage is \$15 per hour, the lowest in the country (along with Nova Scotia and Alberta) (CIC Times, 2024) in a province with a poverty rate of 11.1% that is above the national average of 9.9%, while child (under 18) poverty at 10.2% is the highest provincial rate in the country and the youth (18-24) rate at 15% also exceeds the national average of 14% (Food Banks Canada, 2024). There were few cases where individuals indicated that they get income from informal income sources (e.g., bottle returns, panhandling) (13.6%), casual employment (3.3%), full-time employment (2.5%), and part-time employment at 1.9%. Employment insurance was a source of income for 1.4% of respondents. Additionally, some individuals relied on financial support from family or friends (3.9%) or received assistance from a service agency (1.7%). Reliance on less sustainable sources of income such as money from family and friends is worrying and might perpetuate the problem of homelessness given financial challenges were identified as the most common cause of housing loss. See Table 17.

Classification	Source of Income	Number (n=638)	Percentage
Formal/Informal	Informal income sources (e.g. bottle returns, panhandling)	87	13.6
Work	Casual employment (e.g. contract work)	21	3.3
	Full-time employment	16	2.5
	Part-time employment	12	1.9
Benefits	Employment insurance	9	1.4
	Disability benefit (Saskatchewan Assured Income for Disability, commonly known as SAID)	133	20.8
	Welfare / Social assistance (Saskatchewan Income Support, commonly known as SIS)	312	48.9
	GST / HST refund	37	5.8
	Seniors' benefits (e.g. CPP / OAS / GIS)	16	2.5
	Child and family tax benefits	14	2.2
	Veteran / Veterans Affairs Canada (VAC) benefits	0	0.0
Other	Money from family / friends	25	3.9
	Other money from a service agency	11	1.7
No income		131	20.5

Table 17. What are your sources of income?

## "I cannot get income because I have no address."—Respondent

#### **Education Profile of Those Experiencing Homelessness**

In the first of the additional, local questions, a total of 41.9% of respondents highlighted that they reached some high school, while approximately 30% indicated that they were high school graduates (Figure 10). Cumulatively, those who did some high school and those who were high school graduates accounted for over 72.3% marking an increase from the 2022 figure of 63%. Those who attained some post-secondary accounted for 18%, including individuals who had some postsecondary (10.7%), had graduated postsecondary (6.2%), or even completed a graduate degree (1.1%). Given that income was identified as one of the main factors, it is crucial to ensure that individuals who attained these levels of education can find employment that pays living wages.

# "More opportunities for people. Make education accessible. Put programs in shelters." — Respondent

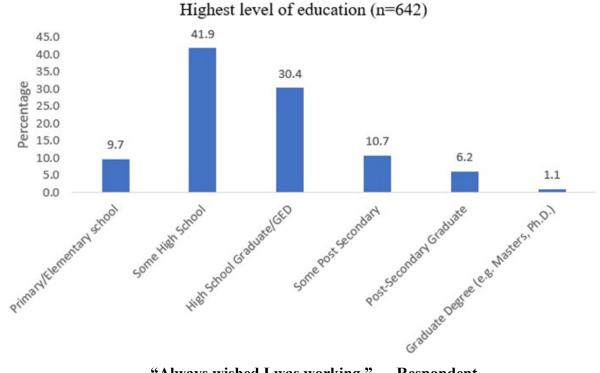
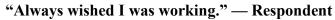


Figure 10. Education profile of individuals experiencing homelessness



#### **Experience of Violence**

One of the concerns about homelessness is the lack of safety individuals face. Approximately 67% of the respondents indicated that they were victims of violence while experiencing homelessness (Table 18). Violence was reported across all gender groups (Table 19). Among respondents, 66.2% of men, 69.1% of women, 70% of Two-Spirit individuals, and 100% of nonbinary and unspecified-gender individuals reported experiencing violence. These findings indicate that violence is a widespread issue among individuals experiencing homelessness, with particularly high rates among non-binary and unspecified-gender individuals. The rising hate crimes against the LGBTQ2S+ community are among the motivations for the 5-year, \$100 million federal action plan announced in August 2022 to address the ongoing inequities and advance the rights of Two-Spirit, lesbian, gay, bisexual, transgender, queer, intersex and additional sexually and gender diverse people in Canada (Government of Canada, 2022a).

Response	Unshelt surveye	1	Shelt surve		Encampment		Hidden	homelessness	All	
	n	%	n	%	n	%	n	%	Ν	%
Yes	199	73.2	80	59.7	38	73.1	111	63.8	428	67.7
No	73	26.8	54	40.3	14	26.9	63	36.2	204	32.3
Total	272	100	134	100	52	100	174	100	632	100

Table 18. Victim of violence while experiencing homelessness

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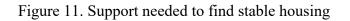
Response	Man/ male		Female/ Woman		Non-binary		Two Spirit	
	n	%	n	%	n	%	n	%
Yes	229	66.2	183	69.1	3	100	7	70
No	117	33.8	82	30.9	0	0	3	30
Total	346	100	265	100	3	100	10	100

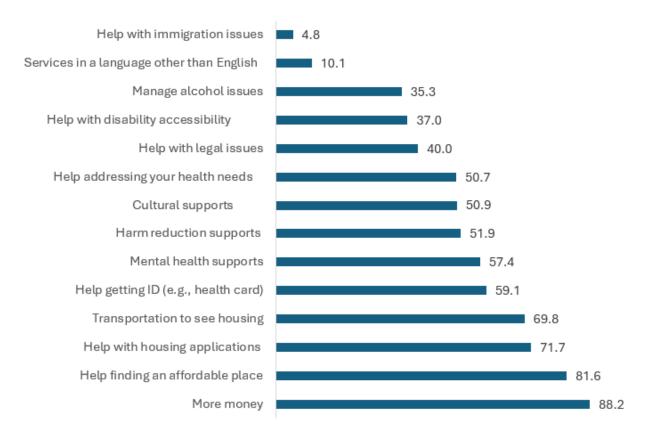
## "Abuse pushes people to not seek help."—Respondent

## Supports to Help Secure Stable, Affordable Housing

When asked what would help them find stable, affordable housing, respondents offered several suggestions (Figure 11). Not surprisingly, most respondents indicated that having more money (88.2%) and help to find affordable places (81.6%) were most important. This is consistent with the finding that financial challenges were the major cause of homelessness. Other important suggestions were assistance with housing applications (71.7%) and help with transportation to see housing (69.8%), giving a strong sense of the barriers those in poverty face. If the application process is complicated, it becomes problematic for those with limited financial, technological, or other resources to get housing. For example, challenges with connectivity could limit people from completing applications online. In other instances, viewing housing could require multiple trips and this becomes an obstacle to people who are resource constrained. Another suggestion closely related to the help with the application process is the assistance needed with getting IDs (59.1%). If one does not have ID, or if one loses pieces of ID, then one cannot access most of the services. The other suggestions are related to solving health challenges. Respondents highlighted that they need mental health support (57.4%), harm reduction support (51.9%), help in addressing health needs (50.7%), help with disability accessibility (37%), and managing alcohol issues (35.3%). Most of the suggested solutions directly address the problems identified in Table 12: Health Challenges and Table 15: Causes of recent housing loss.

#### "Provide more support and programs. Help people understand. Be patient with people." — Respondent





## "Professionals need to listen to people more closely rather than assuming. Respecting is important."—Respondent

#### Services Used While Experiencing Homelessness

Of services used by people experiencing homelessness in the last year (Figure 12), the library continues to be cited as the most used (77.9%). Individuals indicated that they visited the library almost daily, translating to approximately 56,620 times (Figure 13). This finding is consistent with both the 2018 and 2022 finding and with the well-documented changing role of libraries (Wahler et al., 2019, for example) where those experiencing homelessness can find "hope, refuge, and community" (Reith & Huncar, 2014). As one would expect, food bank, shelters, health clinics, emergency rooms, drop-ins, hospitals, and ambulances were among the most used services. These findings represent further testimony that when combating homelessness, a comprehensive, coordinated and not siloed approach is required—and underline the human and health services costs associated with emergency, ambulance, hospital, health clinic, mental health, and detox use.

#### Figure 12. Services that were used in the past 12 months

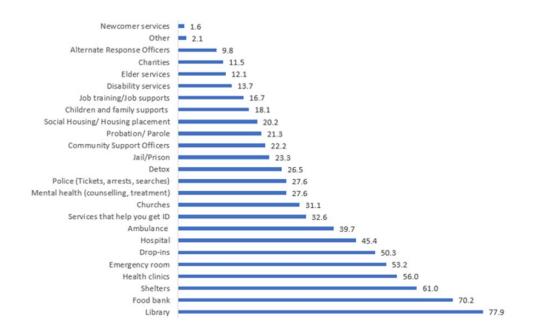
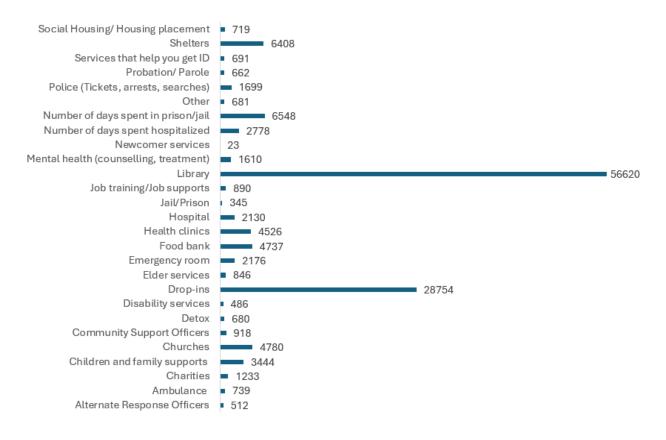


Figure 13. Number of times services were used in the past year



In the following questions, participants were asked whether they had faced service restrictions or been denied services in the past year. Of the 623 respondents, 46.4% reported experiencing service restrictions or denial of services, while 53.6% indicated that they had not (Table 20). These findings suggest that nearly half of the participants encountered barriers to accessing services within the past year.

Response	Number	Percentage
No	334	53.6
Yes	289	46.4
Total	623	100

Table 20. Service Restrictions in the past year

Of those answering the question (n=605), 32.1% indicated that the services they used helped them find housing (Table 21). Again, this shows that support organizations have a direct or indirect impact on reducing homelessness. It is important to identify the links among organizations and enhance coordination to combat homelessness.

Response	Sheltered	Unsheltered	Hidden homelessness	Encampment	All	Percentage
Yes	64	56	58	16	194	32.1
No	67	203	109	32	411	67.9
Total	131	259	167	48	605	100

Table 21. Of services used, are any helping you find housing?

Of the 121 respondents who answered the follow-up question asking to list the services that helped, 13.2% indicated that Saskatoon Tribal Council (STC) helped them find housing, followed by Prairie Harm Reduction (11.6%), and Quint (9.1%). Other services reported by participants included drop-ins, Central Urban Métis Federation Inc. (CUMFI), and YWCA as well as placement services, and 601 Outreach (Table 22). This help could take the form of either sharing information, directing individuals to the right places, or even assisting with completing applications. It is important to equip these services with adequate resources and information so that they can effectively provide help for people who are experiencing homelessness.

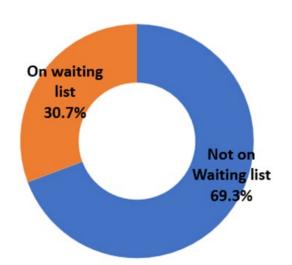
Organization	Number (n=121)	Percentage	
Saskatoon Tribal Council (STC)	16	13.2	
Prairie Harm Reduction	14	11.6	
QUINT Development Corporation	11	9.1	
Drop-ins	10	8.3	
Central Urban Métis Federation Inc. (CUMFI)	9	7.4	
Persons Living with AIDS Network of Saskatchewan (PLWA)	8	6.6	
601 Outreach Centre	7	5.8	
Social Housing/ Housing placement	7	5.8	
West Side Community Clinic	7	5.8	
YWCA	7	5.8	
15. Children and Family Support	5	4.1	
Community Outreach and Support (COAST)	5	4.1	
Library	5	4.1	
Salvation Army	6	5.0	
Shelters	5	4.1	
Churches	3	2.5	
HIV AIDS Response Team (HART)	3	2.5	
Saskatoon Housing Authority (SHA)	3	2.5	
Camponi Housing Corporation	2	1.7	
Detox	2	1.7	
Health Clinics	2	1.7	
Addiction Centre	1	0.8	
CLASSIC Law	1	0.8	
Crocus Co-operative	1	0.8	
EGADZ	1	0.8	
Emergency rooms	1	0.8	
FAMILIA	1	0.8	
FASD Network of Saskatchewan	1	0.8	
Saskatoon Food Bank	1	0.8	
Haven Family Connections	1	0.8	
Hospital	1	0.8	
Job training	1	0.8	
John Howard Society	1	0.8	
Jordan's Principle	1	0.8	
Mental Health (Counselling treatment)	1	0.8	
Police	1	0.8	
Sanctum Care Group	1	0.8	
Senior Housing	1	0.8	
Str8up	1	0.8	
Stewart Properties	1	0.8	

Table 22. List of services helping people to find housing

### Waiting List for Housing

When respondents were asked whether they were on one or more waiting lists for housing, 30.7% of respondents indicated that they were on a waiting list (Figure 14). A greater proportion (69.3%) of respondents indicated that they were not on a waiting list. This might suggest that many of the people experiencing homelessness may either be unaware of the services or face challenges in accessing these services—consistent with the emphasis on deficits of income, transportation, ID, and health and other supports that were mentioned in Figure 11 above.

Figure 14. Respondents on waiting list to get housing



Respondents on waiting list to get housing (n=583)

Respondents on waiting lists (n=125) provided the name of the organisations with which they registered (Table 23). Among the 125 respondents, 22 reported being on more than one housing waiting lists. Most respondents mentioned Saskatoon Tribal Council's Cress Housing (22.4%), Saskatoon Housing Authority (SHA) (18.4%), Quint (15.2%), and CUMFI (12%).

Organization	Number (n=125)	Percentage
Saskatoon Tribal Council - Cress Housing	28	22.4
Saskatoon Housing Authority (SHA)	23	18.4
QUINT	19	15.2
CUMFI - Central Urban Métis Fédération Inc.	15	12
Main Street	8	6.4
Camponi Housing	6	4.8
Metis Nation Saskatchewan	6	4.8
Low-income housing	4	3.2
YWCA	4	3.2
Persons Living with AIDS Network of Saskatchewan (PLWA)	3	2.4
Salvation Army	3	2.4
HIV AIDS Response Team (HART)	2	1.6
John Howard Society	2	1.6
Progressive Property Management	2	1.6
Reserve	2	1.6
Senior Housing	2	1.6
Shelters	2	1.6
Transitional housing	2	0.8
The Bridge on 20th	1	0.8
601 Outreach Centre	1	0.8
Avenue Living	1	0.8
Crocus Co-operative	1	0.8
North Star Supportive Housing	1	0.8
Prairie Harm Reduction	1	0.8
Riversdale Housing	1	0.8
Sanctum Care Group	1	0.8
SHIP	1	0.8
Stewart Properties	1	0.8
Saskatoon Indian & Métis Friendship Centre	1	0.8

Table 23. Waiting list location

Some of the people have been on the waiting list for a long time. Cumulatively, 74.82% of the respondents indicated that they have been on a waiting list for 60 or more days. Longer waiting periods can push people to unsafe options. See Table 24.

Number of days	Number of responses (n=146)	Percentage
1	1	0.68
5	1	0.68
7	6	4.08
11	1	0.68
14	3	2.04
21	4	2.72
30	20	13.61
60	12	8.16
70	1	0.68
90	24	16.33
120	6	4.08
150	1	0.68
180	17	11.56
240	2	1.36
330	1	0.68
360	1	0.68
365	21	14.29
540	5	3.40
730	9	6.12
870	1	0.68
1095	6	4.08
2920	1	0.68
3650	1	0.68
4380	1	0.68

Table 24. Length of time on waiting list

## **Concluding Thoughts of Survey Respondents**

When respondents were asked if they had anything important to add that was not covered during the survey, many took the opportunity to share their thoughts on the current housing situation, its symptoms and underlying causes as well as myths that need addressing. The study participants underscored several critical areas for improvement in addressing homelessness, particularly, the need for enhanced support services for addiction treatment and mental health care and improved access to essential services for individuals experiencing homelessness, including ID services, food security, transportation, healthcare, and other community-based support systems. Furthermore, the respondents highlighted the necessity of expanding training programs and employment opportunities as a way out of homelessness. Access to affordable housing, coupled with support to meet lease requirements, was identified as a crucial factor in achieving housing stability. From the participants' perspective, there is a pressing need for public education and awareness campaigns to combat discrimination and stigma associated with homelessness.

Finally, participants called for more effective responses to address domestic violence more effectively including expanding shelter services for women at risk (Figure 15).

Figure 15. Concluding thoughts of survey respondents

- Better housing options with lower rents
- Better addiction and mental health services
- ♦ More job opportunities
- Financial support for low-income individuals
- ♦ More community support, including more education programs and job opportunities
- Help with basic needs, such as food, hygiene facilities, and identification services.
- ♦ Increased awareness and support for Indigenous people
- ♦ Increased awareness of homelessness and its barrier
- ♦ Less talk, more action to address homelessness and housing struggles
- ♦ Action on domestic violence (DV), including DV shelters for women at risk
- More communication between services and organizations
- ◆ Making public services easier to use for people with disabilities and seniors
- ♦ Addressing discrimination in housing, employment, and social services.

# "I really don't care. I never thought I would be doing this hard of drugs. I just do not care." — Respondent

#### **Public Perceptions of Homelessness**

General questions about homelessness were asked of all the people who were intercepted on the day of the count to gauge public understanding and perceptions. The responses to these questions were obtained from 783 total surveys, although not all answered each of these Part One questions. The results show that the community is aware of organisations that support people experiencing homelessness. The most identified organisations are Salvation Army (40.3%), CUMFI (33.2%), Saskatoon Tribal Council (STC) (32.4%), Friendship Inn (26.4%), Prairie Harm Reduction (22.9%), and YWCA (21.2%) (Table 25). But there was also good knowledge of many other organisations listed in the table below. In addition, other organizations mentioned are listed below in Table 25.

Organization	Total (n=632)	Percentage
Salvation Army	255	40.3
CUMFI- Central Urban Métis Fédération Inc.	210	33.2
Saskatoon Tribal Council	215	34.02
Saskatoon Indian and Métis Friendship Centre	191	30.2
Friendship Inn	167	26.4
Prairie Harm Reduction	145	22.9
YWCA	134	21.2
Saskatoon Food Bank	112	17.7
White Buffalo Youth Lodge	64	10.1
УМСА	64	10.1
Persons Living with AIDS Network of Saskatchewan (PLWA)	54	8.5
The Bridge	51	8.1
Saskatoon Interval House	38	6.0
The Lighthouse	37	5.9
Quint Development Corporation	34	5.4
601 Outreach	25	4.0
EGADZ	19	3.0
Haven Kids House	13	2.1
West Side Community Clinic	11	1.7
Library	7	1.1
Elizabeth Fry Society of Saskatchewan	7	1.1
Church	5	0.8
STR8 UP	4	0.6
Saskatchewan Social Services—Income Assistance	4	0.6
Camponi Housing	3	0.5
Detox Centre	3	0.5
Fairlight Veterinary Services	3	0.5
Métis Nation Saskatchewan	3	0.5
Sanctum Care Group	3	0.5
COAST	2	0.3
FASD Network of Saskatchewan	2	0.3
John Howard Society of Saskatchewan	3	0.5
Jordan's Principle	2	0.3
Saskatoon Crisis Intervention	2	0.3
SHIP	2	0.3

Table 25. Public awareness of organisations that help people experiencing homelessness

When asked if homelessness is an issue in Saskatoon, 95.1% of housed respondents said that homelessness was "very serious" or "quite serious" compared to 94.4% of those experiencing homelessness. This is an increase from the 2022 Saskatoon PiT Count which reported 87.9% of housed and 88.5% of those experiencing homelessness stating it as "very serious" or "quite serious" and the 77% result in 2015. A small percentage of people considered homelessness to be "not serious" or "as expected" (Figure 16).

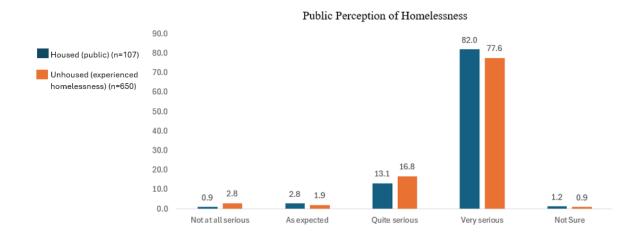
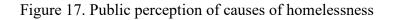
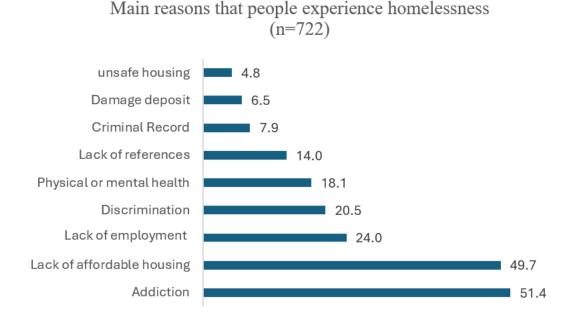


Figure 16. Public perception of severity of homelessness

The public listed the main causes of homelessness as addictions (51.4%), lack of affordable housing (49.7%), lack of employment (24%), discrimination (20.5%) physical and mental health (18.1%%), and lack of references (14%). Criminal record, inability to pay the damage deposit, and unsafe housing were also mentioned as causes of homelessness (Figure 17). If the reasoning does not align perfectly with the reasons given for their own experience of homelessness in Part Two survey responses, even though the majority of Part One respondents were unhoused, it may be that they are making a distinction between what they consider reasons for the broader phenomenon and for their own personal experience.

# "Please, please, could you build better and more housing for homeless people. Winter is coming." — Respondent





Additional causes of homelessness identified by respondents include intergenerational trauma, financial instability (money and income), high cost of rent and cost of living, lack of education opportunities, evictions, systems issues, landlords, racism, mental health challenges, barriers in accessing social services, inadequate support and resources (Figure 18). Other contributing factors include family conflicts, loss of family members, drugs, experiences of abuse and domestic violence.

Figure 18. Additional causes identified by respondents



#### "When you need to rent a place you can't have a criminal record—you are not allowed to be in an apartment by landlord."—Respondent

Public perception identifies several groups as particularly vulnerable to homelessness, including youth, children, people with disabilities, individuals facing mental health issues or a history of trauma, single parents, First Nations and Indigenous people more generally, those struggling with addictions, the unemployed, and, broadly, **everyone**.

Figure 19. Perceptions of those experiencing homelessness

trauma family poor anybody living poverty social disability diabilities parent discriminate elders health income money singles families unemployed aboriginal addicted children everyone adults impacted young general addictions single parents middle specifically abused kids first people ages mental aged programs alcoholics couples nations youth indigenous native addiction lower disabled women mothers elderly disabilities everybody older seniors addicts issues just anyone immigrants assistance affected help natives working homelessness individuals

Community suggestions for addressing homelessness centred on **housing and shelters**, emphasizing the need for **affordable housing** options. Participants highlighted the importance of **support programs**, **mental health and addiction services**, and increased **funding**. The suggestions also included initiatives to **build better houses** for those in need. Importantly, the community recognized that **increased public awareness** could foster greater **support** and **help**, connecting individuals with available **jobs** and other opportunities. See Figure 20. These findings underscore the community's recognition of the need for a comprehensive approach that addresses not only housing affordability but also support services, mental health care, and systemic barriers to effectively reduce homelessness in the city.

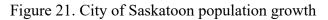
#### "Work as a community; make it less stressful for those who are less fortunate."— Respondent

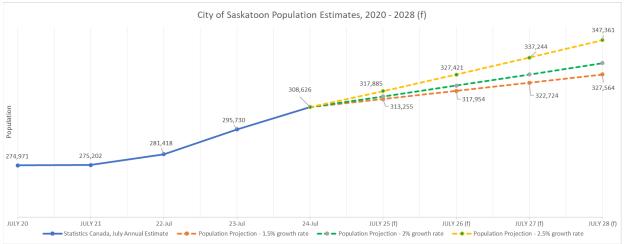


Figure 20. Suggested solutions to reducing homelessness

## DISCUSSION OF LOCAL CONTEXT

In the last 10 years, Saskatoon has experienced significant population growth, most notably in the last three years. The City of Saskatoon (2025) reports that since 2015, the population has grown by about 57,150 with an average annual population growth rate of 2.27% (City of Saskatoon, 2025; Statistics Canada, 2024). The population at the last PiT count (2022) was approximately 281,418, while as of July 1, 2024, the population was estimated to be 308,626 (Figure 21).





Source: Statistics Canada (2024) and City of Saskatoon (2025)

During the height of the COVID-19 pandemic, the Saskatoon Census Subdivision (CSD) largely saw minimal growth (231 people or .08% from 2020 to 2021) as immigration patterns were frozen with pandemic-related restrictions. After the restrictions were lifted from the COVID-19 pandemic starting in 2022, population levels both in Saskatoon and around Canada spiked. Since 2022, Saskatoon's CSD population is estimated to have increased by 33,424 people. This is a 4.05% annual average over the last three years. The last two years alone have seen a 5.09% (14,312) increase in 2023 and a 4.36% (12,986) increase in 2024. These are the largest increases experienced in the city since World War II. To put these numbers in perspective, the 20-year historical annual average has been 2.45% (averaging an increase of 5,076 people per year). See Table 26.

				Eat City o	fCackataa	n Notural I	ncrease (8	20/ Chara)			
							· · ·	<u> </u>			
Year	14-15	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23	23-24	Average
Population	1,854	2,005	1,789	1,827	1,663	1,603	1,321	1,255	869	851	1,542
Annual % Change		8.1%	-10.8%	2.1%	-9.0%	-3.6%	-17.6%	-5.0%	-30.8%	-2.1%	-7.3%
			Est.	City of Sas	katoon Int	raprovinci	al Migratio	on (83% Sha	are)		
Year	14-15	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23	23-24	Average
Population	1,166	1,534	2,100	1,916	1,671	1,854	1,077	982	1,803	1,589	1,614
Annual % Change			36.9%	-8.8%	-12.8%	11.0%	-41.9%	-8.8%	83.6%	-11.9%	-4.1%
			Est.	City of Sas	katoon Int	erprovinci	al Migratio	on (83% Sh	are)		
Year	14-15	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23	23-24	Average
Population -	- 916	- 1,150	- 1,614	- 2,467	- 2,586	- 3,171	- 2,345	- 2,888	- 2,245	- 2,229	- 2,317
Annual % Change		25.5%	40.3%	52.8%	4.8%	22.6%	-26.0%	23.2%	-22.2%	-0.7%	19.6%
	Est. City of Saskatoon International Migration (83% Share)										
Year	14-15	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23	23-24	Average
Population	3,475	4,809	4,929	5,163	5,004	5,070	2,752	5,949	10,088	8,610	4,811
Annual % Change		38.4%	2.5%	4.7%	-3.1%	1.3%	-45.7%	116.1%	69.6%	-14.6%	12.7%

Table 26. City of Saskatoon Population Increases 2014-2024

Source: Statistics Canada (2024) and City of Saskatoon (2024)

These population increases were largely driven by international migration. The estimated Saskatoon CSD share (based on an estimated 83% of Saskatoon's Census Metropolitan Areas due to CSD numbers not being released by Stats Canada) added 5,949 in 2022, 10,088 in 2023, and 8,610 in 2024. Intraprovincial migration was next highest in these years (982 in 2022, 1,803 in 2023, and 1,589 in 2024). The natural increase component (births – deaths) has not recovered since COVID and remains significantly below the 10-year average since 2022. Interprovincial migration continues to remain elevated since beginning to rise in 2016.

The population growth numbers experienced from 2020-2024 are considered outliers. Near zero growth during the height of the pandemic mixed with unprecedented growth due to federal immigration policies created growth far outside typical growth rates. With immigration changes occurring at the federal level, it's expected that Saskatoon will begin to return to a normal annual growth rate in the 2.0%-2.5% growth range beginning in 2025.

Going forward, international migration will continue to drive most of the growth in the city, even with cuts in immigration numbers with updated federal policy. Deaths since the pandemic continue to be elevated since the COVID-19 pandemic started and births have continued to drop since 2020. There's also limited growth potential in intraprovincial migration. If the continued trends of large negative interprovincial migration continue, growth rates might stagnate should international migration slow significantly. (City of Saskatoon, 2025).

Over the last three years, Saskatoon saw increased housing starts. An estimated 7,161 new housing units were added to city's existing housing stock. A large portion of this increase was driven by multi-unit dwellings (5,035) as shown in Table 27. With the large population increase experienced in the last three years, vacancy rates have plummeted to 2% for purpose-built rental in both 2023 and 2024 (CMHC, 2024). It's important to note that the vacancy rate includes market rental units and may not accurately represent affordable rental vacancy rate.

Table 28 shows growth rates and dwelling unit demand based on 2.4 persons per household metric found in the 2021 Census. If Saskatoon, were to continue to experience elevated population growth as experienced in 2023 and 2024, the current building starts would not cover potential housing demand. Even at a 2% growth rate, housing demand is currently outstripping supply.

Year	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Total	1,911	1,493	1,592	1,372	1,176	1,699	2,345	2,373	2,444	2,344
Dwellings										
Single										
Unit	688	776	818	586	524	598	747	700	630	796
Dwellings										
Multi-										
Unit	1,223	717	774	786	652	1,101	1,598	1,673	1,814	1,548
Dwellings										

Table 27. Housing start numbers, 2015-2024 (City of Saskatoon, 2025)

Source: CMHC (2024)

Table 28. Population Growth 2025-2027

	2025		2026		20	27	TOTAL		
Growth Rate	Population Growth (persons)	Dwelling Unit Demand (dwellings)	Population Growth (persons)	Dwelling Unit Demand (dwellings)	Population Growth (persons)	Dwelling Unit Demand (dwellings)	Population Growth (persons)	Dweiling Unit Demand (dweilings)	
2.00%	5,904	2,460	6,022	2,509	6,143	2,559	18,069	7,529	
2.50%	7,380	3,075	7,565	3,152	7,754	3,231	22,698	9,458	
3.00%	8,856	3,690	9,122	3,801	9,395	3,915	27,373	11,406	
3.50%	10,332	4,305	10,694	4,456	11,068	4,612	32,094	13,372	
4.00%	11,808	4,920	12,280	5,117	12,772	5,322	36,860	15,358	
4.50%	13,284	5,535	13,882	5,784	14,507	6,044	41,673	17,364	
5.00%	14,760	6,150	15,498	6,458	16,273	6,780	46,532	19,388	

Source: 2024 City of Saskatoon Growth Monitoring Report – Mapping & Research

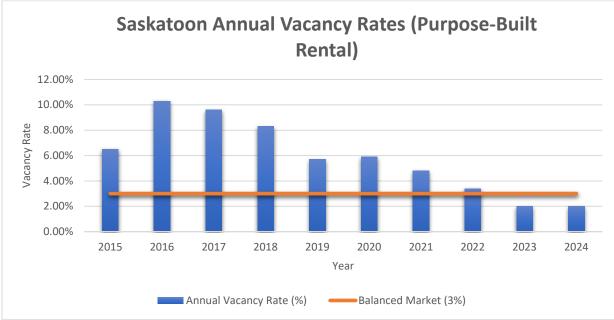


Figure 22. Saskatoon annual vacancy rates, 2012-2021

Source: CMHC Rental Market Report (February 2024)

Average rental rates in the city of Saskatoon increased in the last year going from \$1,257 in October 2023 to \$1,369 in October 2024. 3 bedroom+ saw the largest increase going from \$1,488 to \$1,657 (Figure 23). With lower vacancy rates and increased population, rental prices will continue to face pressure until supply catches up with demand.

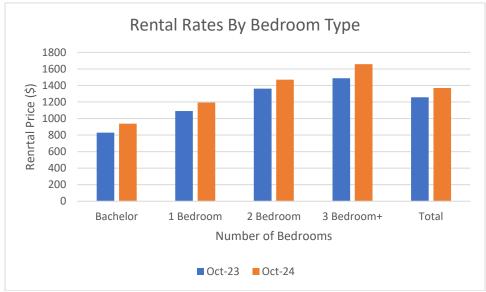


Figure 23. Average rental rates in city of Saskatoon by bedroom type

Source: CMHC Rental Market Survey (2024)

The City of Saskatoon is currently working on a new housing strategy and as such the previous attainable housing business plan is on pause while new programs are being developed. On February 28, 2024, the federal government announced under the Housing Accelerator Fund (HAF), that they had accepted the City's Housing Action Plan proposal and that \$41.325 million will be provided to the City of Saskatoon to fast track under the Housing Accelerator Fund.

The 2024 statistics on sale prices (Figure 24) show the MLS benchmark for residential units. Since the Covid-19 pandemic, the cost of housing has dramatically increased. The average MLS price in 2019 was \$315,127 to \$377,000 in 2023. The demand for housing has remained strong in the city even with interest rates sharply rising beginning in 2022.

Figure 24. MLS benchmark price for residential units, 2015-2024

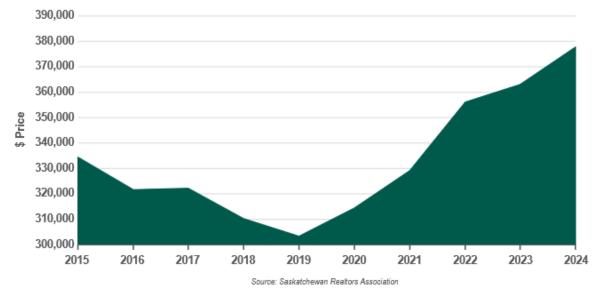


Figure 10: MLS Benchmark Price for Residential Units (January 2015 - 2024)

Accompanied with the increased median price of homes, there has been significant real GDP growth since 2021 in the Saskatoon CMA. The year 2022 saw a 6.3% increase, 2023 saw a 4% increase and, and 2024 saw a 3.1% increase (with inflationary effects removed). Previously high inflation found shortly after the height of the pandemic has eased with Saskatchewan's inflation coming in at 2.4% from January 2024 – January 2025. Rental accommodations have been found to be a significant source of inflation in Saskatoon as they risen by almost 20% in the last two years.

Increased capacity to respond to homelessness since the 2008, 2012, 2015, 2018, 2022, and 2024 PiT counts need to be considered when attempting to draw comparisons across the five Saskatoon PiT counts (see Figure 25). We also need to consider research design and scheduling changes between 2008 and 2024. Similarly, no comparisons can be drawn without understanding the limitations and the strengths of the PiT methodology.

Source: City of Saskatoon (2024)

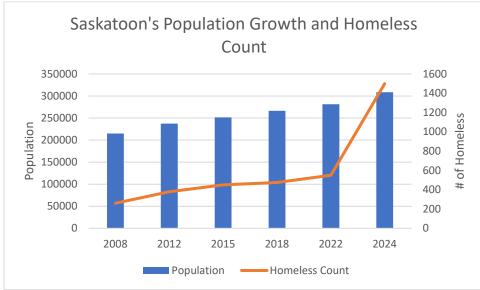


Figure 25. Saskatoon's population growth and PiT homelessness Counts

Source: City of Saskatoon, 2025

#### Limitations

Like all PiT homelessness counts, the 2024 Saskatoon count underestimates the number of people who are experiencing homelessness at any one time. Even though we started early in 2024 and had excellent supports from the City, SHIP, and CUISR, as well as a record number of volunteers, we still had to make choices. Despite excellent resources and expansion to new areas, we still could not reach all parts of the city (see Figure 1), some people did not wish to be identified as homeless, some had experienced homelessness in recent months or days but were housed on count day, and some were not possible to find.

Hence, it must be well understood when interpreting findings that a PiT methodology produces a snapshot rather than an actual or accurate number of people experiencing homelessness. Comparisons across years and jurisdictions are to be approached with caution and not as an accurate portrayal of homelessness trends despite efforts to standardize methodology, share standards, definitions, screening, and questions. Longitudinal comparisons require a rigorous application of an identical methodology at each point where the research is done. While the survey instrument has been reasonably consistent over the six Saskatoon counts, other elements of the methodology such as switching seasons over time, including hidden homelessness in 2015, 2018, 2022 and 2024 adding a Magnet Event (targeting youth in 2018), and the increased ability of HIFIS to provide data in 2015, 2018, 2022 and 2024 all mean that the coverage for each survey is different and therefore makes quantitative, historical comparisons unreliable. Similarly, the 2008, 2012, and 2015 counts defined children as those 18 years of age and under and adults as those 19 and over, while the current coordinated count defined children as those 12 years and under, youth as 13-24 years old, and adults as 25-44 and older adults as 45-64 years. More significantly for a PiT methodology for homelessness counts is that the nature of the subjects means the coverage or sampling frame for research subjects can never be determined with any

degree of accuracy. To illustrate this, compare the Canadian Census and National Household Survey (NHS) to a PiT on homelessness. The Census/NHS are PiTs; every five years the Census asks respondents to complete a survey that describes individual and household characteristics as of the Census Day. The difference of course is that the Census actually puts the survey instrument into virtually every household, a 100% sampling frame. The PiT Counts cannot achieve a known coverage.

#### Strengths

The 2024 count continued to build on the learning from counts in Saskatoon in 2008, 2012, 2015, 2018, and 2022 while accommodating the new standards and methodology of the federal government's Reaching Home: Canada's Homelessness Strategy 2024 coordinated PiT Count— and profiting from the extensive resources on the online portal of the Community Workspace on Homelessness hosted by the Canadian Observatory on Homelessness. It profited too from more lead time, promotional strategies, ensuring volunteer recruitment success, bringing the Saskatoon community together in action and awareness to address homelessness. Volunteer input in 2022 and 2024 have strengthened PiT design and outcomes. With better understanding of the community-level service use and gaps provided by the additional contextually sensitive questions and data, organizations can respond appropriately and represent the needs in the community.

When funded by the federal government, results from the counts inform decision-making and program planning at several levels. Funding allocations direct priorities and draw attention to social needs. Specifically, the national government's direction towards standardization of the homelessness survey, and continued funding for local counts will better allow comparability of findings across jurisdictions and advance the relevance and applicability of the work.

Discussing and reflecting on the findings of the research is important in order to increase public awareness and understanding of the complexity of the issue—and to reduce social stigma, while strengthening community commitment to support needed investments and change.

For all the differences across 2008, 2012, 2015, 2018, 2022, and 2024 counts (Table 29), some findings remain consistent and telling over time, reinforcing the sources and costs of factors that amplify the cycles of poverty and homelessness. All age groups are impacted by homelessness. Indigenous people are overrepresented. Service use patterns show heavy reliance on libraries, fulfilling new and important functions in communities across Canada, as well as Saskatoon Food Bank, shelters, health clinics, emergency rooms, drop-ins, and hospitals, reinforcing the links between homelessness and health.

Survey responses also show that most services did not help in finding housing; only 32.1% did receive help. Sources of income have become increasingly problematic since 2008 when formal (45%) and even full-time (70%) employment for those employed were associated with homelessness. Since then, social services or "welfare" have become the main sources of income (48.9% of 2024 respondents reported welfare or social assistance—down from 61.1% in 2022). Disability benefits (20.8%) was identified as the second most important source of income. Other government assistance programs also played a role, including GST/HST refunds (5.8%), seniors' benefits such as CPP, OAS, and GIS (2.5%), and child and family tax benefits (2.2%). Informal

income sources were a source of income for 13.6% (down from 2022's 21.1%). Family and friends are important sources at 3.9%. Informal income sources were a source of income for 13.6% (down from 2022's 21.1%).

	2008	2012	2015	2018	2022	2024
Date of the Count	May 22	September 24	June 22	April 18	April 28	October 8
Total sheltered and unsheltered	260	379	450	475	550	1499
Outside (Adults)	17%	27%	9%	18.95%	5.5%	14.4%*
Sheltered (Adults)	77%	73%	80%	56.4%	24.4%	12.5%*
Total Children	12%	3%	10%	2.3%	4.7%	21%*
Total Hidden	-	-	35 or	86 or	30 or	339 or
Homelessness			7.8%	18.1%	5.5%	22.6%
Total Self-	47%	66%	45%	85.5%	90.1%	80.7%
Identified						
Indigenous People						
On Waiting List	20%	14%	27%	26.1%	39%	30.7%**
for Housing						

Table 29. Findings across Saskatoon PiT Homelessness Counts (2008, 2012, 2015, 2018, 2022, and 2024)

\* For the 2022 and 2024 PiT Count, a child was defined within the 0-12 years range. Those from 13-24 years were defined as youth, while only those between 25 and 44 were defined as adults, those between 45 and 64 as older adults; seniors were 65+.

\*\* This rate is calculated from those who responded to question 21a of the survey, n = 583 (2024).

First documented in 2012, participation in the Canadian Armed Forces rose from 4.3% in 2012, 10% in 2015, 2.5% in 2018, and dropped further to 1.7% in 2022 for the military and RCMP combined before rising again to 2.7% in 2024.

In 2012, 38% had experienced physical violence while living outside (sheltered homeless at 28% less likely to be victimized than those living outdoors at 44% and women more likely at 48% compared to 33% for men). In 2015, 46% had experienced violence living outdoors, while in 2018, 69.5% reported such violence (80.4% in unsheltered situations, 58.1% in sheltered situations, and 75.6% of those experiencing hidden homelessness). 2022 saw the total number reporting violence rise to 68.3% (70.8% in unsheltered situations, 70.7% in sheltered situations, and 59.1% of those experiencing hidden homelessness). High rates of victimization were reported across gender: 70% men, 63.6% women, 100% of transgender men/women, 66.7% two-spirit respondents. High levels persisted in 2024: 67% had experienced violence while homeless: 66.2% of men, 69.1% of women, 100% of non-binary people, and 70% of two-spirit people. The unsheltered population (73.2%) and encampment population (73.1%) were more likely to be victims of violence than sheltered population at 59.7%. Those reporting hidden homelessness (63.8%) also experienced violence at a higher rate than the sheltered population.

Close to half of respondents in 2012 had lived with foster families during childhood (even for indoor and outdoor respondents); 16% had remained in foster care until 18 years of age. In 2015,

45% had lived with foster families during childhood while only 11% (3% outdoors and 14% indoors respondents) remained in foster care until 18 years of age. In 2018, 52.6% reported involvement with foster care or group homes and 20.3% remained there until they turned 18; in 2022, 54.8% of those who answered the question had foster care experience; and in 2024 50.8% had been in foster care (Table 30).

	2008	2012	2015	2018	2022	2024
Veteran	-	4%	10%	2.5%	1.7%	2.7%
Experience of	-	38%	46%	69.5%	68.3%	67.7%
<b>Physical Violence</b>						
Persons Lived in	-	46%	45%	52.6%	54.8%	50.8%
Foster Care or Group						
Home						

Table 30. Other findings across 2008-2024 PiT Counts

#### CONCLUSION

The 2024 PiT Count used five data sources for an enumeration and survey of people experiencing homelessness in Saskatoon within a 24-hour period. During the 2024 PiT Count, 1,499 people were identified as experiencing homelessness, including hidden homelessness and systems, marking the highest recorded count in Saskatoon's history. Notable trends include:

- Over 80% of participants identified as Indigenous, despite making up only 11.5% of Saskatoon's total population.
- 50.8% of respondents had been involved in foster care or youth group homes during their adolescence.
- 48.7% reported the first experience of homelessness as children or youth.
- 55.1% reported evictions as a cause of housing loss.
- Of other reasons for housing loss, 32.8% reported insufficient income as the top reason.
- Chronic homelessness at 64% marked an increase from the 2022 Saskatoon figure of 59%.
- 66.2% of men, 69.1% women, 100% non-binary people, and 73.2% unsheltered experienced violence while homeless.

These statistics present a snapshot of the landscape of homelessness in Saskatoon. Pathways to homelessness are complex, varied, and overlapping, and the results of the Count enable us to identify gaps in service provision and illuminate potential areas for intervention.

For a sixth time, the Saskatoon community came together in record numbers to support the 2024 PiT Homelessness Count on October 8<sup>th</sup> to support a greater understanding of the multi-faceted dimensions of this pressing national concern and the persistence of individuals experiencing homelessness, including chronic homelessness. While we have acknowledged the complexities of comparing data from previous PiT Homelessness Counts, **some findings recur with such consistency that they cannot be ignored. They underline who, especially Indigenous peoples, are most impacted by factors that exacerbate the cycles of poverty and homelessness.** 

Despite some concerted efforts adding to the city's capacity to address homelessness, Saskatoon still faces record numbers of individuals experiencing homelessness. This report has **aimed to give life to the numbers** by giving voice to those experiencing homelessness so that together we can help address **costly systemic inequities** and contribute to the reconciliation narrative promoted by the Truth and Reconciliation Commission's (2015) Calls to Action. As responses to the question about who are most impacted by homelessness make clear, **nobody escapes the human and financial costs of homelessness**.

Barriers to finding permanent housing remain insufficient income. Most respondents indicated that having more money (88.2%) and getting help to find affordable places (81.6%) were most important. Other needs included assistance with housing applications (71.7%), help with transportation to see housing (69.8%), and help getting I.D. (59.1%), giving a strong sense of the barriers those in poverty face. Health challenges are also important; respondents listed mental

health support (57.4%), harm reduction support (51.9%). help in addressing health needs (50.7%), and disability accessibility (37%) as well as managing alcohol issues (35.3%).

The public perception component added since the 2015 PIT methodology remains well received. **Respondents (housed at 95.1% and unhoused at 94.4%) understood the homelessness situation in Saskatoon to be a serious issue** and pointed to such reasons as **addictions** (51.4%), lack of affordable housing (49.7%), lack of employment (24%), discrimination (20.5%), and physical or mental health (18.1%).

Interestingly, public understanding of who are most impacted still does not match findings in the literature or Saskatoon's own PiT Count findings showing Indigenous peoples as disproportionately impacted. Community suggestions for addressing homelessness centred on **housing and shelters**, emphasizing yet again the need for **affordable housing** options. Participants highlighted the importance of **support programs**, **mental health and addiction services**, and increased **funding**. The suggestions also included initiatives to **build better houses** for those in need. Importantly, the community recognized that **increased public awareness** could foster greater **support** and **help**, connecting individuals with available **jobs** and other opportunities. These findings underscore the community's recognition of the need for a comprehensive approach that addresses not only housing affordability but also support services, mental health care, and systemic barriers to effectively reduce homelessness in the city.

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#### **APPENDIX A: Unsheltered or Outdoor Survey**





#### UNSHELTERED SCREENING TOOL

#### 2024 Point-in-Time Homelessness Outdoor Survey

Hello, my name is and I'm a volunteer for the Saskatoon housing needs survey.
We are conducting a survey to provide better programs and services to people experiencing homelessness. The survey takes about 10 minutes to complete.

- Participation is voluntary and your name will not be recorded.
- This survey asks about personal experiences. You can choose to skip any question or to stop the interview at any time.
- Results will contribute to the understanding of homelessness across Canada and will help develop programs and services that prevent and end homelessness.
- If you require supports at any time, please let us know.

#### Screening Questions

- A. Have you answered this survey with a person with this PiT crew button?[YES: Thank and end survey][NO: Go to B]
- B. Are you willing to participate in the survey?
   [YES: Complete Part One before Going to C] applicable]

[NO: Thank and tally, if





#### PART ONE: COMMUNITY QUESTIONS

### 1. Do you know of any organizations that help those who are experiencing homelessness in Saskatoon? (Do not read the options; may prompt).

0	Prairie Harm Reduction	0	Saskatoon Indian and Métis Friendship
0	Saskatoon Interval House	Ū	Centre
0	Salvation Army	0	Saskatoon Food Bank & Learning Centre
0	YWCA	0	Saskatoon Friendship Inn
0	YMCA	0	White Buffalo Youth Lodge
0	Haven Kids' House	0	PLWA Network (Persons Living with AIDS
0	CUMFI – McLeod House		Network).
0	CUMFI – Infinity House	0	Other:
	2	0	Don't know
		0	Decline to answer

## 2. **Do you think homelessness is an issue in Saskatoon** (on a scale of very serious to not at all serious)?

0	Very serious	0	Not at all serious
0	Quite serious	0	Not sure
0	As expected		

#### 3. What do you think are the main reasons that people experience homelessness? (Do not read options; may prompt.)

0	Lack of affordable housing	0	Lack of references
0	Lack of employment	0	Discrimination
0	Physical or mental health	0	Damage deposit
0	Addictions	0	Unsafe housing
0	Criminal record	0	Other (Specify):
		0	Decline to answer

## 4. Who do you think are most impacted by homelessness? (prompts: single parents, people with disabilities, youth, unemployed, etc.)

5. What are important things Saskatoon, the provincial and federal governments can do to help reduce homelessness?

UNSHELTERED SURVEY	Survey Number:0000
Location: AM/PM	Time:

Interviewer:

Contact #: \_\_\_\_\_

C. Where are you staying tonight? / Where did you stay last night? (DO NOT READ CATEGORIES) [Circle appropriate letter].

		[THANK and record on tally sheet <i>if</i> co observed homelessness and surveyor experiencing homelessness.]	
a.	DECLINE TO ANSWER		
b.	OWN APARTMENT/HOUSE	[THANK & END]	
c. d. e. f. g.	SOMEONE ELSE'S PLACE MOTEL/HOTEL SELF-FUNDED HOSPITAL TREATMENT CENTRE JAIL, PRISON, REMAND CENTRE	C1. Do you have access to a perm where you can safely stay as long a. Yes [THANK & END SURVEY] b. No (not permanent AND/OR not sa c. Don't Know [BEGIN SURVEY] d. Decline to answer [THANK & TAL	as you want? fe) [BEGIN SURVEY]
h. i. j. к. l. т.	HOTEL/MOTEL FUNDED BY CITY TRANSITIONAL SHELTER/HOUSIN UNSHELTERED IN A PUBLIC SPAC building)	NG CE (e.g. street, park, bus shelter, forest or aba s, makeshift shelters or other long-term outdo	SURVEY1
n.	UNSURE: INDICATE PROBABLE L	OCATION (b. – m.)	[Follow instructions for probable location indicated]

Thank you for agreeing to take part in the survey. [Give icebreaker]. Please note that you will receive an honorarium of \$10 and transit pass to thank you for your participation.

#### **BEGIN SURVEY: PART TWO CORE QUESTIONS**

1. Have you spent at least one night in any of the following locations in the past year? [check all that apply].

HOMELESS SHELTER (e.g. emergency, family or domestic	SOMEONE ELSE'S PLACE
violence shelter)	BECAUSE YOU HAD NOWHERE
HOTEL/MOTEL FUNDED BY CITY OR HOMELESS	ELSE TO GO
PROGRAM	HOSPITAL OR OTHER HEALTH
TRANSITIONAL SHELTER/HOUSING	FACILITY
UNSHELTERED IN A PUBLIC SPACE (e.g. street, park, bus	JAIL, PRISON OR OTHER
shelter, forest or abandoned building)	CORRECTIONAL FACILITY
ENCAMPMENT (e.g. group of tents, makeshift shelters or	NO
other long-term outdoor settlement)	DON'T KNOW
VEHICLE (e.g. car, van, recreational vehicle (RV), truck,	DECLINE TO ANSWER
boat)	

### 2. Do you have family members or anyone else who is staying with you tonight? (Indicate survey number for partners). [Check all that apply].

NONE		, L	🗆 PI	ET(S)				
PARTNER - Survey #:				THER AD	ULT (Can	include	other fan	nily or
				riends)				
CHILD(REN)/DEPENDENT(S)	1	2	3	4	5	6	7	8
[indicate age for each AGE child/dependent]								
DECLINE TO ANSWER								

#### 2b. Do you have any children in the foster care system?

o YES o NO o DON'T KNOW O DECLINE TO ANSWER
---

#### 3. How old are you? [OR] What year were you born? [If unsure, ask for best

estimate]

0	AGE (in years)OR YEAR BOR	0	DECLINE TO	
			ANSWER	

For this survey, "homelessness" means any time when you have been without a permanent and secure place to live, including sleeping in shelters, on the streets, or living temporarily with others without having your own permanent housing (e.g. couch surfing).

### 4. In total, for *how <u>much time</u>* have you experienced homelessness over the PAST YEAR

(the last 12 months)? (Does not need to be exact. Best estimate.)

0	LENGTH	_ DAYS   WEEKS		DON'T KNOW	0	DECLINE TO	
	MONTHS		0	DON'I KNOW		ANSWER	

4b. In total, for how <u>much time</u> have you experienced homelessness over the PAST3 YEARS? (Does not need to be exact. Best estimate.)

	LESS THAN HALF	0	ABOUT HALF OR	0	DON'T KNOW	0	DECLINE TO	
0	LESS THAN HALF		MORE	0	DOINT KINOW		ANSWER	

#### 5. How old were you the first time you experienced homelessness?

0	AGE (in years)	0	DON'T KNOW	0	DECLINE TO ANSWER

# 6. Did you come to Canada as an immigrant, refugee, asylum claimant (i.e. applied for refugee status after coming to Canada), or through another process?

0	YES, IMMIGRANT	<u>lf</u>	Но	w long have you been in (	Canada?
	>	YES:			
0	YES, REFUGEE	<u></u>	0	LENGTH: DAYS   \	NEEKS   MONTHS
	>			YEARS	
0	YES, ASYLUM CLAIMANT IN CANADA				
	>			OR DATE:///	DAY / MONTH /
0	YES, TEMPORARY FOREIGN WORKER			YEAR	
	>		0	DON'T KNOW	
0	YES, OTHER WORK PERMIT		0	DECLINE TO ANSWER	
	>				
0	YES, STUDY PERMIT				
	>				
0	YES, TEMPORARY RESIDENT				
	>				
0	YES, OTHER (including undocumented)				
	>				
0	NO				
0	DON'T KNOW				
0	DECLINE TO ANSWER				

#### 7. How long have you been in Saskatoon?

LENGTH WEEKS / MONTHS /	DAYS / YEARS	o ALWAYS BEEN HERE	0	DON'T KNOW	0	DECLINE TO ANSWER
∜Where did	0	CITY:	_   PR	OVINCE/TERR		Y/COUNTRY:
you live before						
you came here?	0	DECLINE TO ANSWER				

#### 8a. Do you identify as First Nations (with or without status), Métis or Inuit? (If yes,

please specify) [COMMUNITY NOTE: The wording of this question can be adapted to what makes sense in your community, for example by listing specific First Nations]

0	YES, FIRST	0	YES, MÉTIS	0	NO	0	DECLINE TO
	NATIONS	0	YES, INDIGENOUS	0	DON'T KNOW		ANSWER
0	YES, INUIT		ANCESTRY				

**8b.** In *addition* to your response in the question above, do you identify with any of the racial identities listed below? (Show or Read list). [Select all that apply]

	IDENTIFY AS INDIGENOUS ONLY		BLACK-AFRICAN (e.g., Ghanaian, Ethiopian,
	ARAB (e.g., Syrian, Egyptian, Yemeni)		Nigerian)
	ASIAN-EAST (e.g., Chinese, Korean,		BLACK-AFRO-CARIBBEAN OR AFRO-LATINX (e.g.,
	Japanese)		Jamaican, Haitian, Afro-Brazilian)
	ASIAN- SOUTH-EAST (e.g., Filipino,		LATIN AMERICAN (e.g., Brazilian, Mexican,
	Vietnamese, Cambodian, Malaysian,		Chilean, Cuban)
	Laotian)		WHITE (e.g. European, French, Ukrainian, Euro-
	ASIAN-SOUTH OR INDO-CARIBBEAN (e.g.,		Latinx)
	Indian, Pakistani, Sri Lankan, Indo-		NOT LISTED (PLEASE SPECIFY):
	Guyanese, Indo-Trinidadian)		DON'T KNOW
	ASIAN-WEST (e.g., Iranian, Afghan)		DECLINE TO ANSWER
	BLACK-CANADIAN/AMERICAN		
~ .		N4:1:+	

**9. Have you ever served in the Canadian Military or RCMP?** (Military includes Canadian Navy, Army, and Air Force, Regular and Reserve, Army Rangers including completing basic training)

0	YES, MILITARY	0	BOTH MILITARY AND RCMP	0	DON'T KNOW
0	YES, RCMP	0	NO	0	DECLINE TO ANSWER

#### 10. As a child or youth, were you ever in foster care or in a youth group home (COMMUNITY NOTE: include any other Provincial child welfare programs)? [Note: This

question applies specifically to child welfare programs.]

o VES	o NO	0 DON'T KNOW	o DECLINE TO
0 123	0 110	0 BON I KNOW	ANSWER

#### 11. Have you been experiencing difficulties related to any of the following?

	YES	NO	DON'T KNOW	DECLINE TO ANSWER
ILLNESS OR MEDICAL CONDITION (e.g. diabetes, tuberculosis (TB), or human immunodeficiency virus (HIV))	0	0	0	o
PHYSICAL MOBILITY (e.g. spinal cord injury, arthritis, or limited movement or dexterity)	0	0	0	0
LEARNING, INTELLECTUAL/DEVELOPMENTAL, OR COGNITIVE FUNCTION (e.g. fetal alcohol spectrum disorder (FASD), autism, attention deficit hyperactivity disorder (ADHD), dyslexia, or dementia)	0	0	0	0
ACQUIRED BRAIN INJURY (e.g. due to an accident, violence, overdose, stroke or brain tumour)	0	0	0	0
MENTAL HEALTH ISSUE [diagnosed/undiagnosed] (e.g. depression, post-traumatic stress disorder (PTSD), bipolar or schizophrenia)	0	0	0	0
SUBSTANCE USE (e.g. alcohol or opiates)	0	0	0	0
SENSES, SUCH AS SEEEING OR HEARING (e.g. blindness or deafness)	0	0	0	o
RESIDENTIAL SCHOOL/INTERGENERATIONAL TRAUMA	0	0	0	0

#### 12. What gender do you identify with? (Show list or read list.)

0	MAN	0	TRANS WOMAN	0	NOT LISTED:	
0	WOMAN	0	TRANS MAN	0	DON'T KNOW	
0	TWO-SPIRIT	0	NON-BINARY	0	DECLINE TO ANSWER	
			(GENDERQUEER)			

### 13. How do you describe your sexual orientation, for example straight, gay, lesbian?

(Show list or read list.)

0	STRAIGHT/HETEROSEXUAL	0	BISEXUAL	0	ASEXUAL	0	NOT LISTED:
0 0	GAY LESBIAN	0 0	TWO-SPIRIT PANSEXUAL	0 0	QUEER OUESTIONING	0	DON'T KNOW
		-		-		0	DECLINE TO ANSWER

#### 14a. What happened that caused you to lose your housing most recently? [Do not

read the options. Check all that apply. "Housing" does not include temporary arrangements (e.g., couch surfing) or shelter stays. Follow up for the reason if the respondent says "eviction" or that they "chose to leave"].

HOUSING AND FINANCIAL ISSUES	CONFLICT WITH:	EXPERIENCED
		DISCRIMINATION BY:
NOT ENOUGH INCOME FOR	□ SPOUSE/PARTNER	□ SPOUSE/PARTNER
HOUSING (e.g. loss of benefit,	PARENT/GUARDIAN	D PARENT/GUARDIAN
income, or job)		
UNFIT/UNSAFE HOUSING	□ OTHER ()	□ OTHER
CONDITION		()
□ BUILDING SOLD OR RENOVATED		
OWNER MOVED IN		
OTHER	EXPERIENCED ABUSE BY:	HEALTH OR CORRECTIONS
COMPLAINT (e.g. noise/damage)	□ SPOUSE/PARTNER	PHYSICAL HEALTH
	PARENT/GUARDIAN	ISSUE/DISABILITY
COMMUNITY/RELOCATED		MENTAL HEALTH ISSUE
□ DEATH OR DEPARTURE OF FAMILY	□ OTHER ()	□ SUBSTANCE USE ISSUE
MEMBER		HOSPITALIZATION OR
□ PET(S)		TREATMENT PROGRAM
OTHER REASON		□ INCARCERATION (jail or
		prison)
	DON'T KNOW	□ DECLINE TO ANSWER

#### 14b. Was your most recent housing loss related to an eviction?

	VES		NO	0	DON'T KNOW	0	DECLINE TO
0	YES	0	NO	0	DON'T KNOW		ANSWER

#### 14c. How long ago did that happen (that you lost your housing most recently)? (Best

estimate)

0 LENGTH DAYS   WEEKS   MONTHS   YEARS	0	DON'T KNOW	0	DECLINE TO ANSWER
---	---	------------	---	----------------------

15. What are your sources of income? (Reminder that this survey is anonymous). [Read list and check all that apply].

Fo	rmal or Informal Work	Ве	nefits	Ot	her				
	FULL TIME EMPLOYMENT		EMPLOYMENT INSURANCE		MONEY FROM				
	PART TIME EMPLOYMENT		DISABILITY BENEFIT (name of		FAMILY/FRIENDS				
	CASUAL EMPLOYMENT		Prov. disability benefit)		OTHER MONEY FROM A				
	(e.g. contract work)		SENIORS BENEFITS (e.g.		SERVICE AGENCY				
	INFORMAL INCOME		CPP/OAS/GIS)		OTHER ()				
	SOURCES (e.g. bottle		WELFARE/SOCIAL		NO INCOME				
	returns, panhandling, sex		ASSISTANCE [Prov. benefit]		DON'T KNOW				
	work)		VETERAN/VAC BENEFITS		DECLINE TO ANSWER				
			CHILD AND FAMILY BENEFITS						
			GST/HST REFUND						

#### PART TWO ADDITIONAL QUESTIONS

#### 16.What is the highest level of education you completed?

Primary/Elementary School	Post-Secondary Graduated
Some High School	Graduate Degree (e.g: Masters,
High School Graduate/GED	PhD)
Some Post-Secondary	Don't Know
	Decline to answer

#### 17. Have you been a victim of violence while experiencing homelessness? (This can

include any encounter that they consider to be violent)

0	Yes o	o No	0	Don't know	0	Decline to answer
---	-------	------	---	------------	---	-------------------

#### 18. Which of the following would help you find stable, affordable housing? (Read list

and ask yes or no for each question and check their response to each)

- □ More money
- $\Box$  Help getting ID (e.g., health card)
- □ Help finding an affordable place
- $\hfill\square$  Help with housing applications
- □ Help with immigration issues
- □ Harm reduction supports (e.g., methadone, needle exchange, alcohol or drug treatment)
- □ Transportation to see housing
- $\Box$  Help with legal issues
- □ Help addressing your health needs
- □ Help with disability accessibility
- □ Manage alcohol issues
- □ Mental health supports

□ Cultural supports

□ Services in a language other than English

Other (specify): \_

## 19. In the past year (12 months) have you used these services: [ASK RESPONDENTS TO GIVE THEIR ESTIMATE OF HOW MANY TIMES]

1. Emergency room	Υ	N	#	Times
2. Hospital	Y	N	#	Times
Days you have spent hospitalized				
3. Police (Tickets, arrests, searches)	Y	N	#	Times
4. Prison/ jail	Y	N	#	Times
Days you have spent in prison/jail				
5. Probation/ Parole	Y	N	#	Times
6. Community Support Officers	Y	N	#	Times
7. Alternate Response Officers	Y	N	#	Times
8. Ambulance	Y	N	#	Times
9. Library	Y	N	#	Times
10. Health clinics	Y	N	#	Times
11. Job training/Job supports	Y	N	#	Times
12. Detox	Y	N	#	Times
13. Mental health (counselling, treatment)	Y	N	#	Times
14. Shelters	Y	N	#	Times
15. Children and family supports	Y	N	#	Times
16. Elder services	Y	N	#	Times
17. Disability services	Y	N	#	Times
18. Newcomer services	Y	N	#	Times
19. Drop-ins	Y	N	#	Times
20. Food bank	Y	N	#	Times
21. Services that help you get ID	Y	N	#	Times
22. Social Housing/ Housing placement	Y	N	#	Times
23. Churches	Y	N	#	Times
24. Charities	Y	N	#	Times
Other (specify):	Y	N	#	Times
None of the above				
Decline to answer				

#### 19b. In the past year have you faced service restrictions/ been denied services? Please supply details.

0	YES	o NO	DON'T KNOW	DECLINE TO ANSWER

#### 20 a. Of the services you have used, are any helping you find housing?

0	Yes	0	No	0	Don't know	0	Decline to answer		
20	20 b. If yes, please enter code or list (if other):								
2	21 a. Are you currently on one or more waiting lists for housing?								

					_			1
0	Yes	0	No	0	Don't know	0	Decline to answer	1

#### 21 b. If yes, where? \_\_\_\_\_

#### 21c. If yes, how long have you been on the waiting list(s)

0	Length	days/weeks/months/years	0	No	0	Don't	0	Decline to
						know		answer

## 22. Is there anything else you would like to add that we did not talk about that is important and would make your own or other people's housing situation better?

#### Volunteer Closing Script (Please read):

That concludes our survey. Thank you for participating. Your answers will help service providers in the city of Saskatoon better plan services for people experiencing homelessness. (*Leave information sheet and pocket card*).

I am leaving you with an information sheet and a pocket card with information about agencies that may help you to get housing or other services if you're interested in contacting them.

Thank you again for your assistance. Here is the transit pass and cash honorarium to thank you for completing the survey and sharing your knowledge and experience.

#### **APPENDIX B: Tally Sheet**

#### UNSHELTERED TALLY SHEET

Area:	to
Interviewer:	Contact phone #:

<u>Instructions</u>: To record *observed homelessness*, please take note of those who decline to or are unable to respond, but who may be experiencing homelessness in the table below. Please also indicate the reason you believe they are experiencing homelessness (e.g., alseep outside with belongings).

#	Location	Encampme nt? (Y/N)	Reason r surveyed one)		Indicators of Homelessness (e.g., asleep
			Decline d	Unabl e	outside with belongings)
1					
2					
3					
4					
5					
6					
7					
8					
9					
1 0					

#### **APPENDIX C: Indoor or Sheltered Survey**



SHELTERED SCREENING TOOL

#### 2024 Saskatoon Point-in-Time Homelessness Shelter Survey

Hello, my name is \_\_\_\_\_\_ and I'm a volunteer for the **Saskatoon housing needs survey**. We are conducting a survey to provide better programs and services to people experiencing homelessness. The survey takes about 10 minutes to complete.

- Participation is voluntary and your name will not be recorded.
- This survey asks about personal experiences. You can choose to skip any question or to stop the interview at any time.
- Results will contribute to the understanding of homelessness across Canada and will help develop programs and services that prevent and end homelessness.
- If you require supports at any time, please let us know.

	Screening Questions					
. Have you answered this survey with a person with this this PiT crew button?						
[YES: Thank and end surve	ey] [NO: Go to B]					

#### B. Are you willing to participate in the survey?

[YES: Complete Part One before Going to screening question C] [NO: Thank and end survey]





#### PART ONE: COMMUNITY QUESTIONS

## 1. Do you know of any organizations that help those who are experiencing homelessness in Saskatoon? [Do not read the options; may prompt].

0	Prairie Harm Reduction	0	Saskatoon Indian and Métis Friendship						
0	Saskatoon Interval House		Centre						
0	Salvation Army	0	Saskatoon Food Bank & Learning Centre						
0	YWCA	0	Saskatoon Friendship Inn						
0	YMCA	0	White Buffalo Youth Lodge						
0	Haven Kids' House	0	PLWA Network (Persons Living with AIDS						
0	CUMFI – McLeod House		Network).						
0	CUMFI – Infinity House	0	Other:						
		0	Don't know						
		0	Decline to answer						

### 2. **Do you think homelessness is an issue in Saskatoon** [on a scale of very serious to not at all serious]?

0	Very serious	0	Not at all serious
0	Quite serious	0	Not sure
0	As expected		

#### 3. What do you think are the main reasons that people experience homelessness? [Do not read options; may prompt].

- L			
0	Lack of affordable housing	0	Lack of references
0	Lack of employment	0	Discrimination
0	Physical or mental health	0	Damage deposit
0	Addictions	0	Unsafe housing
0	Criminal record	0	Other (Specify):
		0	Decline to answer

- 4. Who do you think are most impacted by homelessness? (prompts: single parents, people with disabilities, youth, unemployed, etc.)
- 5. What are important things Saskatoon, the provincial and federal governments can do to help reduce homelessness

### SHELTERED SURVEY

Facility/Program Name:

Time:

\_ AM/PM

**Survey Number:** 

Interviewer:

Contact #:

**Screening Question** 

#### C. Are you staying here tonight?

o YES	0 NO
[BEGIN SURVEY & NOTE <i>h j.</i> ON	[ASK RESPONDENT WHERE THEY ARE STAYING
SURVEY, AS APPROPRIATE]	TONIGHT]

## Where are you staying tonight? / Where did you stay last night? [DO NOT READ CATEGORIES]

a. b.	DECLINE TO ANSWER OWN APARTMENT/HOUSE	[THANK & END]	
c. d. e. f. g.	SOMEONE ELSE'S PLACE MOTEL/HOTEL SELF FUNDED HOSPITAL TREATMENT CENTRE JAIL, PRISON, REMAND CENTRE	<ul> <li>C1. Do you have access to where you can safely stay</li> <li>a. Yes [THANK &amp; END]</li> <li>b. No (not permanent AND/C</li> <li>c. Don't Know [BEGIN SUF</li> <li>d. Decline to answer [THAN</li> </ul>	y as long as you want? OR not safe) [BEGIN SURVEY] RVEY]
h. i. j. к. l.	HOTEL / MOTEL FUNDED BY CIT TRANSITIONAL SHELTER/HOUS UNSHELTERED IN A PUBLIC SP/ abandoned building)	ING ACE (e.g. street, park, bus shelter, hts, makeshift shelters or other lor	fc [BEGIN SURVEY]
n.	UNSURE: INDICATE PROBABLE	LOCATION (b. – m.)	[Follow instructions for probable location indicated]

 Thank you for agreeing to take part in the survey. [Give icebreaker]. Please note that you will receive an honorarium of \$10 and transit pass to thank you for your participation.

#### **BEGIN SURVEY**

1. Have you spent at least one night in any of the following locations in the past year? [check all that apply].

ſ	HOMELESS SHELTER (emergency, family or domestic	SOMEONE ELSE'S PLACE
	violence shelter)	BECAUSE YOU HAD NOWHERE
	HOTEL/MOTEL FUNDED BY CITY OR HOMELESS	ELSE TO GO
	PROGRAM	HOSPITAL OR OTHER HEALTH
	TRANSITIONAL SHELTER/HOUSING	FACILITY
	UNSHELTERED IN A PUBLIC SPACE (e.g. street, park, bus	JAIL, PRISON OR OTHER
	shelter, forest or abandoned building)	CORRECTIONAL FACILITY
	ENCAMPMENT (e.g. group of tents, makeshift shelters or	NO
	other	DON'T KNOW
		DECLINE TO ANSWER
	long-term outdoor settlement)	
	VEHICLE (e.g. car, van, recreational vehicle (RV), truck or	
	boat)	

#### 2. Do you have family members or anyone else who is staying with you tonight?

NONE	Γ	☐ PET(S	5)					
PARTNER - Survey #:		OTHER ADULT (Can include other family or						
				ds)	-		-	
CHILD(REN)/DEPENDENT(S)	1	2	3	4	5	6	7	8
[indicate age for each AGE child/dependent]								
DECLINE TO ANSWER								

#### 2b. Do you have any children in the foster care system?

o YES o NO o DON'T KNOW O DECLINE T ANSWER	)
---	---

3. How old are you? [OR] What year were you born? [If unsure, ask for best estimate]

0	AGE (in years) <b>OR</b> YEAR BO	DECLINE TO

- è For this survey, "homelessness" means any time when you have been without a permanent and secure place to live, including sleeping in shelters, on the streets, or living temporarily with others without having your own permanent housing (e.g. couch surfing).
  - 4. In total, for *how <u>much time</u>* have you experienced homelessness over the PAST YEAR (the last 12 months)? [Does not need to be exact. Best estimate].

0	LENGTH	DAYS   WEEKS	$\circ$	DON'T KNOW	0	DECLINE TO
	MONTHS		0	DOINTKINOW		ANSWER

4b. In total, for *how <u>much time</u>* have you experienced homelessness over the PAST 3 YEARS? [Does not need to be exact. Best estimate].

0	LESS THAN HALF	0	ABOUT HALF OR MORE	0	DON'T KNOW	0	DECLINE TO ANSWER	
---	----------------	---	-----------------------	---	------------	---	----------------------	--

#### 5. How old were you the first time you experienced homelessness?

o AGE in years	o DON'T KNOW	0 DECLINE TO ANSWER
----------------	--------------	---------------------

# 6. Did you come to Canada as an immigrant, refugee, asylum claimant (i.e. applied for refugee status after coming to Canada), or through another process?

0	YES, IMMIGRANT	If How long have you been in Canada?							
	>	YES:							
0	YES, REFUGEE		0	LENGTH: DAYS   WEEKS   MONTHS					
	>			YEARS					
0	YES, ASYLUM CLAIMANT IN CANADA								
	>			OR DATE:// DAY / MONTH /					
0	YES, TEMPORARY FOREIGN WORKER			YEAR					
	>		0	DON'T KNOW					
0	YES, OTHER WORK PERMIT		0	DECLINE TO ANSWER					
	>								
0	YES, STUDY PERMIT								
	>								
0	YES, TEMPORARY RESIDENT								
	>								
0	YES, OTHER (including undocumented)								
	>								
0	NO								
0	DON'T KNOW								
0	DECLINE TO ANSWER								

7. How long have	e yo	u beel		Saskaluun				
0 LENGTH DAYS / WEEKS /				ALWAYS BEEN			0	DECLINE TO
MONTHS / YEARS				HERE	0	DON'T KNOW		ANSWER
Where did you o CITY:					PROVI	NCE/TERRITORY	/CO	UNTRY:
live before you								
came here?	0	DECLI	NET	O ANSWER				

How long have you been in Secketeen?

8. **Do you identify as First Nations (with or without status), Métis or Inuit?** (If yes, please specify) [COMMUNITY NOTE: The wording of this question can be adapted to what makes sense in your community, for example by listing specific First Nations]

0	YES, FIRST NATIONS	0	YES, MÉTIS	0	NO	0	DECLINE TO
0	YES, INUIT	0	YES, INDIGENOUS	0	DON'T KNOW		ANSWER
			ANCESTRY				

8b. In addition to your response in the question above, do you identify with any of the racial identities listed below? [Show or read list/ Select all that apply]

 -	
IDENTIFY AS INDIGENOUS ONLY	BLACK-AFRICAN (e.g., Ghanaian, Ethiopian,
ARAB (e.g., Syrian, Egyptian, Yemeni)	Nigerian)
ASIAN-EAST (e.g., Chinese, Korean,	BLACK-AFRO-CARIBBEAN OR AFRO-LATINX (e.g.,
Japanese)	Jamaican, Haitian, Afro-Brazilian)
ASIAN- SOUTH-EAST (e.g., Filipino,	LATIN AMERICAN (e.g., Brazilian, Mexican,
Vietnamese, Cambodian, Malaysian,	Chilean, Cuban)
Laotian)	WHITE (e.g. European, French, Ukrainian, Euro-
ASIAN-SOUTH OR INDO-CARIBBEAN (e.g.,	Latinx)
Indian, Pakistani, Sri Lankan, Indo-	NOT LISTED (PLEASE SPECIFY):
Guyanese, Indo-Trinidadian)	DON'T KNOW
ASIAN-WEST (e.g., Iranian, Afghan)	DECLINE TO ANSWER
BLACK-CANADIAN/AMERICAN	

9. Have you ever served in the Canadian Military or RCMP? [Military includes Canadian Navy, Army, and Air Force, Regular and Reserve, Army Rangers including completing basic training]

	1 0				
ΟΥ	'ES, MILITARY	0	BOTH MILITARY AND RCMP	0	DON'T KNOW
0 Y	'ES, RCMP	0	NO	0	DECLINE TO ANSWER

10. As a child or youth, were you ever in foster care or in a youth group home (COMMUNITY NOTE: include any other Provincial child welfare programs)? [Note: This question applies specifically to child welfare programs].

o YES o NO o DON'T KNOW O DECLINE TO ANSWER		-					<u> </u>		
	0	VES	0	NO	0		0	ANSWER	

	YES	NO	DON'T KNOW	DECLINE TO ANSWER
ILLNESS OR MEDICAL CONDITION (e.g. diabetes, tuberculosis (TB) or human immunodeficiency virus (HIV))	0	0	0	0
PHYSICAL MOBILITY (e.g. spinal cord injury, arthritis, or limited movement or dexterity)	0	0	0	0
LEARNING, INTELLECTUAL/DEVELOPMENTAL, OR COGNITIVE FUNCTION (e.g. fetal alcohol spectrum disorder (FASD), autism, attention deficit hyperactivity disorder (ADHD), dyslexia, or dementia)	0	0	0	0
ACQUIRED BRAIN INJURY (e.g. due to an accident, violence, overdose, stroke, or brain tumour)	0	0	0	0
MENTAL HEALTH [diagnosed/undiagnosed] (e.g. depression, post-traumatic stress disorder (PTSD), bipolar, or schizophrenia)	0	0	0	o
SUBSTANCE USE (e.g. alcohol or opiates)	0	0	0	0
SENSES, SUCH AS SEEING OR HEARING (e.g. blindness or deafness)	0	0	0	o
RESIDENTIAL SCHOLL/INTERGENERATIONAL TRAUMA	0	0	0	0

#### 11. Have you been experiencing difficulties related to any of the following?

#### 12. What gender do you identify with? [Show list or read list.]

0	MAN	0	TRANS WOMAN	0	NOT LISTED:
$\circ$	WOMAN	0	TRANS MAN		
$\circ$	TWO-SPIRIT	0	NON-BINARY	0	DON'T KNOW
			(GENDERQUEER)	0	DECLINE TO ANSWER

### 13. How do you describe your sexual orientation, for example straight, gay, lesbian? [Show list or read list.]

		eau	ust.j				
0	STRAIGHT/HETEROSEXUA	0 0	BISEXUAL TWO-	0	ASEXUAL OUEER	0	NOT LISTED:
0 0	L GAY LESBIAN	0	SPIRIT PANSEXUA L	0	QUEER QUESTIONIN G	0 0	DON'T KNOW DECLINE TO ANSWER

14. What happened that caused you to lose your housing most recently? [Do not read the options. Check all that apply. "Housing" does not include temporary arrangements (e.g., couch surfing) or shelter stays. Follow up for the reason if the respondent says "eviction" or that they "chose to leave"].

нс	USING AND FINANCIAL ISSUES	cc	NFLICT WITH:	EXPERIENCED			
	NOT ENOUGH INCOME FOR HOUSING (e.g. loss of benefit, income, or job) UNFIT / UNSAFE HOUSING CONDITION BUILDING SOLD OR RENNOVATED OWNER MOVED IN		SPOUSE/PARTNER PARENT/GUARDIAN LANDLORD OTHER ()	DISCRIMINATION BY: SPOUSE/PARTNER PARENT/GUARDIAN LANDLORD OTHER ()			
ОТ	HER	EX	PERIENCED ABUSE BY:	HEALTH OR			
	COMPLAINT (e.g. noise/damage) LEFT THE COMMUNITY/RELOCATED DEATH OR DEPARTURE OF FAMILY MEMBER PET(S) OTHER REASON		SPOUSE/PARTNER PARENT/GUARDIAN LANDLORD OTHER ()	CORRECTIONS <ul> <li>PHYSICAL HEALTH <ul> <li>ISSUE/DISABILITY</li> <li>MENTAL HEALTH ISSUE</li> <li>SUBSTANCE USE ISSUE</li> <li>HOSPITALIZATION OR <ul> <li>TREATMENT PROGRAM</li> </ul> </li> <li>INCARCERATION (jail or <ul> <li>prison)</li> </ul> </li> </ul></li></ul>			
			DON'T KNOW	DECLINE TO ANSWER			

#### 14b. Was your most recent housing loss related to an eviction?

0	VES	•	NO	•	DON'T KNOW	0	DECLINE TO
0	TES	0	NO	0			ANSWER

#### **14c. How long ago did that happen (that you lost your housing most recently)?** [Best estimate]

o LEN	ENGTH DAYS   WEEKS		$\bigcirc$	DON'T KNOW	0	DECLINE TO
MON	NTHS   YEARS		0			ANSWER

## 15. What are your sources of income? [Reminder that this survey is anonymous. Read list and check all that apply]

Formal or Informal Work		Be	nefits	Ot	Other		
	FULL TIME EMPLOYMENT		EMPLOYMENT INSURANCE		MONEY FROM		
	PART TIME EMPLOYMENT		DISABILITY BENEFIT (name of		FAMILY/FRIENDS		
	CASUAL EMPLOYMENT		Prov. disability benefit)		OTHER MONEY FROM A		
	(e.g. contract work)				SERVICE AGENCY		

INFORMAL INCOME	SENIORS BENEFITS (e.g.	OTHER:
SOURCES (e.g. bottle	CPP/OAS/GIS)	NO INCOME
returns, panhandling, sex	WELFARE/SOCIAL	DON'T KNOW
work)	ASSISTANCE (Prov. benefit)	DECLINE TO ANSWER
	VETERAN / VAC BENEFITS	
	CHILD AND FAMILY BENEFITS	
	GST/HST REFUND	

### PART TWO ADDITIONAL QUESTIONS

### 16.What is the highest level of education you completed?

Primary/Elementary School	Post-Secondary Graduated
Some High School	Graduate Degree (e.g:
High School Graduate/GED	Masters, PhD)
Some Post-Secondary	Don't Know
	Decline to answer

# 18. Have you been a victim of violence while experiencing homelessness? [This can

include any encounter that they consider to be violent]

	0	Yes	0	No	0	Don't know	0	Decline to answer
--	---	-----	---	----	---	------------	---	-------------------

### 18. Which of the following would help you find stable, affordable housing? [Read list

and ask yes or no for each question and check their response to each]

More money
Help getting ID (e.g., health card)
Help finding an affordable place
Help with housing applications
Help with immigration issues
Harm reduction supports (e.g., methadone, needle exchange, alcohol or drug treatment)
Transportation to see housing
Help with legal issues
Help addressing your health needs
Help with disability accessibility
Manage alcohol issues
Mental health supports
Cultural supports
Services in a language other than English

# 19. In the past year (12 months) have you used these services: [ASK RESPONDENTS TO GIVE THEIR ESTIMATE OF HOW MANY TIMES]

1. Emergency room	Υ	N	#	Times
2. Hospital	Υ	N	#	Times
Days you have spent hospitalized				
3. Police (Tickets, arrests, searches)	Υ	N	#	Times
4. Prison/ jail	Υ	N	#	Times
Days you have spent in prison/jail				
5. Probation/ Parole	Υ	N	#	Times
6. Community Support Officers	Υ	N	#	Times
7. Alternate Response Officers	Υ	N	#	Times
8. Ambulance	Υ	N	#	Times
9. Library	Υ	N	#	Times
10. Health clinics	Υ	N	#	Times
11. Job training/Job supports	Υ	N	#	Times
12. Detox	Υ	N	#	Times
13. Mental health (counselling,	Y	N	#	Times
treatment)				
14. Shelters	Y	N	#	Times
15. Children and family supports	Y	N	#	Times
16. Elder services	Y	N	#	Times
17. Disability services	Y	N	#	Times
18. Newcomer services	Y	N	#	Times
19. Drop-ins	Y	N	#	Times
20. Food bank	Υ	N	#	Times
21. Services that help you get ID	Υ	N	#	Times
22. Social Housing/ Housing placement	Υ	N	#	Times
23. Churches	Υ	N	#	Times
24. Charities	Υ	N	#	Times
Other (specify):	Υ	N	#	Times
$\Box$ None of the above				
<ul> <li>Decline to answer</li> </ul>				

# 19b. In the past year have you faced service restrictions/ been denied services? Please supply details.

o YES	o NO	O DON'T KNOW	<ul> <li>DECLINE TO ANSWER</li> </ul>

## 20 a. Of the services you have used, are any helping you find housing?

o YES o NO O DON'T KNOW O DECLINE TO ANSWER
---

## 20 b. If yes, please enter code or list (if other): \_\_\_\_\_

# 21 a. Are you currently on one or more waiting lists for housing?

	o YES	o NO	O DON'T KNOW	<ul> <li>DECLINE TO ANSWER</li> </ul>
--	-------	------	--------------	---

21 b. If yes, where? \_\_\_\_\_

## 21c. If yes, how long have you been on the waiting list(s)?

0	Length	0	No	0	Don't	0	Decline to answer
days/weeks/months/years					know		

# 22. Is there anything else you would like to add that we did not talk about that is important and would make your own or other people's housing situation better?

## Volunteer Closing Script (Please read):

That concludes our survey. Thank you for participating. Your answers will help service providers in the city of Saskatoon better plan services for people experiencing homelessness. (*Leave information sheet and pocket card*).

I am leaving you with an information sheet and a pocket card with information about agencies that may help you to get housing or other services if you're interested in contacting them.

Thank you again for your assistance. Here is the transit pass and cash honorarium to thank you for completing the survey and sharing your knowledge and experience.

# **APPENDIX D: Encampment Enumeration Sheet**

ENCAMPMENT ENUMERATION SHEET									
Date:	_ Time:	to	Surveyor:						
Contact phone #: _									

**Instructions:** Use this sheet to record *the total number of people experiencing homelessness in each encampment.* To prevent double-counting, be sure to complete all of the unsheltered enumeration in a narrow time window, especially if using observed homelessness in other overnight locations. Be sure to include a thorough description of the location of each encampment on this sheet. It is recommended that only one encampment enumeration sheet be used for each site.

	Encampment location	Total number of individuals in encampm ent	Comments	Number of individuals surveyed in encampment of total enumerated
E X	Green space beside the south-bound lanes of the 4 <sup>th</sup> Street bridge – north side of 10 <sup>th</sup> ave		Location was covered by 3 members of the outreach team and 3 peace officers. Most residents were known to them. Site has somewhat decreased this fall.	10/18
1				
2				
3				

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