

NOTE: pre-registration is required for most items listed in this section. For details on how to register, please see page 23 unless other instructions are provided in the course details or job description.

For all training and certification courses, 100% attendance is mandatory.

FIRST AID & CPR CERTIFICATION

Standard First Aid & CPR and AED Course **\$112**
 Learn Standard First Aid, CPR and AED skills in this certification course. Manual cost \$26.25.
Harry Bailey Aquatic Centre
 Jan 23-24 Sa-Su 09:00 AM-05:30 PM 42221
 Feb 13-14 Sa-Su 09:00 AM-05:30 PM 42222
 Mar 19-20 Sa-Su 09:00 AM-05:30 PM 42223

Standard First Aid & CPR and AED Recertification **\$70**
 Annual recertification is recommended. Refresh your First Aid, CPR and AED skills in this course.
Harry Bailey Aquatic Centre
 Mar 13 Su 12:00 PM-06:00 PM 42226

FITNESS CERTIFICATION
How to Become a Certified Fitness Instructor **FREE**
 This free information session will review the application process and requirements to become a City of Saskatoon contract fitness instructor. We will review the courses required to teach the National Fitness Leadership Alliance certifications (exercise theory, group exercise, aquatic exercise, etc). We will also discuss the City of Saskatoon mentoring program, bursary program and the benefits of being a fitness instructor for the City of Saskatoon and neighbourhood community associations.
Saskatoon Field House
 Jan 5 Tu 06:00 PM-07:30 PM 42158

SPRA Exercise Theory Module \$311.25
 16 yrs+. Introduces basic exercise theory, nutrition, anatomy, physiology, communication and leadership. Written exam is held at the conclusion of the course. Manual and exam fee included. Course manual and pre-course information can be picked up at the host site one week prior to course start date.
Shaw Centre
 Jan 15 & 22 F 06:00 PM-10:00 PM 42164
 Jan 16 & 23 Sa 09:00 AM-05:00 PM

SPRA Group Exercise Module \$334.50
 16 yrs+. Prerequisite: SPRA Exercise Theory Module. Increase your knowledge and confidence level in leading a group exercise class on land. An individualized practical component must be completed following the course for certification. Manual and exam fee included. Course manual and pre-course information can be picked up from the host site one week prior to course start date.
Saskatoon Field House
 Feb 5 F 06:00 PM-10:00 PM 42159
 Feb 6 Sa 09:00 AM-05:00 PM
 Feb 7 Su 09:00 AM-05:00 PM

LIFESAVING & GUARDING

Lifeguard Quest Program \$90
 10-13 yrs. Prerequisite: completion of Swim Kids Level 7. An action packed program that allows students to work towards Red Cross Swim Kids 8, 9, 10 and Lifesaving Society programs Rookie, Ranger and Star Patrol. Acquire both Red Cross and Lifesaving Swim awards at the same time.
Harry Bailey Aquatic Centre
 Jan 6-Mar 16 W 05:30 PM-07:00 PM 42224

Lifesaving Society Bronze Star \$97.75
 An introduction to basic lifesaving techniques with this pre-Bronze Medallion award. There are no age restrictions although it is recommended to have a high comfort level in deep water. Manual costs \$39.90, which is also required for Bronze Medallion and Bronze Cross.
Harry Bailey Aquatic Centre
 Jan 4-Mar 14 M 05:45 PM-07:00 PM 42225

Lifesaving Society Bronze Medallion \$122
 Prerequisite: Minimum 13 yrs. or completion of Bronze Star. Course teaches the four lifesaving principles of water rescue, education, knowledge, judgement, and skills and fitness. Manual costs \$39.90, which is also required for Bronze Cross.
Harry Bailey Aquatic Centre
 Jan 4-Mar 14 M 05:00 PM-07:00 PM 42217
 Feb 16-19 Tu-F 10:00 AM-03:30 PM 42216

Lifesaving Society Bronze Cross \$122
 Prerequisite: Bronze Medallion. A course that trains the participant in the areas of advanced lifesaving rescues and skills. Bronze Cross is a prerequisite to the National Lifeguard Service Award. Manual costs \$39.90.
Harry Bailey Aquatic Centre
 Jan 3-Mar 13 Su 10:00 AM-12:00 PM 42229
 Feb 26 F 05:30 PM-09:30 PM 42228
 Feb 27 Sa 09:00 AM-05:30 PM
 Feb 28 Su 09:00 AM-05:30 PM

BECOME A LIFEGUARD!

- Join the team and enjoy the benefits of working as a Lifeguard.
- A great start into the workforce with competitive pay and a flexible work schedule.
 - A free LeisureCard just for you! A LeisureCard provides access to 12 leisure facilities including admission to public open times, drop-in fitness and aqua fitness classes.
 - A chance to spend the summer months working outdoors.
 - A unique variety of work-sites including four indoor aquatic facilities and four outdoor pools.
 - A chance to meet new people and be part of the team.
 - Free re-certification for all employees.
 - A uniform.

For more employment information contact 306-975-2813. For more information on the Aboriginal Lifeguard Program, please contact the Urban Aboriginal Leadership Program at 306-975-7813.

STEPS TO BECOMING A LIFEGUARD

Work toward becoming employed with the City of Saskatoon as a Lifeguard.

- 1 LIFESAVING SOCIETY BRONZE MEDALLION
 Prerequisites: 13 years or Lifesaving Society Bronze Star
- 2 LIFESAVING SOCIETY BRONZE CROSS
 Prerequisites: Lifesaving Society Bronze Medallion
- 3 STANDARD FIRST AID/CPR C/AED OR AQUATIC EMERGENCY CARE
 Prerequisites: None
- 4 RED CROSS WATER SAFETY INSTRUCTOR (4 Modules)
 Prerequisites: 15 years and possess one of the following certifications: Red Cross Assistant Lifeguard, Emergency First Aid or equivalent (Bronze Cross). Certifications not required to be current.
- 5 LIFESAVING SOCIETY NATIONAL LIFEGUARD AWARD
 Prerequisites: 16 years; Standard First Aid, CPR C & AED or Aquatic Emergency Care; Lifesaving Society Bronze Cross.
- 6 LIFESAVING SOCIETY LIFESAVING INSTRUCTOR
 Prerequisites: 16 yrs; Standard First Aid, CPR C & AED or Aquatic Emergency Care; Lifesaving Society Bronze Cross or National Lifeguard Award.

Lifesaving Society

Bronze Challenge Exam \$50

10-14 yrs. Youth who have completed the Bronze Medallion or Bronze Cross class, but did not pass or attend the exam have the opportunity to challenge the exam. Adults with significant aquatic experience and feel competent in their skills also have the opportunity to challenge the exam. Call Harry Bailey Aquatic Centre at 306-975-2931 for more information.

Harry Bailey Aquatic Centre 42232

Lifesaving Society National Lifeguard Award \$175

16 yrs+. Prerequisite: Bronze Cross and Standard First Aid, CPR and AED certification. Builds on fundamental skills, knowledge and values taught in the lifesaving awards to further the development of the practical skills required of lifeguards. Manual costs \$39.90.

Harry Bailey Aquatic Centre
Feb 12 & 19 F 05:30 PM-09:30 PM 42230
Feb 13 & 20 Sa 09:00 AM-05:30 PM
Feb 14 & 21 Su 09:00 AM-05:30 PM

Lifesaving Society National Lifeguard Recertification \$65

Prerequisite: Proof of National Lifeguard Award certification. This is a recertification course for the National Lifeguard Award, which must be done every two years in order to remain certified.

Harry Bailey Aquatic Centre
Feb 21 Su 01:00 PM-05:00 PM 42220

Water Safety Instructor Recertification \$70

Prerequisite: Proof of current Water Safety Instructor Certificate. This is a recertification course for the Water Safety Instructor Certificate, which must be done every two years in order to remain certified. Bring your Water Safety Instructor Manual to the course.

Harry Bailey Aquatic Centre
Mar 6 Su 12:00 PM-05:00 PM 42238

Aboriginal Lifeguard Program

The Urban Aboriginal Program is now accepting applications. This program is designed to teach lifeguard lessons to those who are interested in becoming qualified lifeguards. Must have swimming experience and be 16-29 years of age. Certain incentives are included (refer to ad below for details). For more information or to register, please call 306-975-7813 or email urbanaboriginalprogram@saskatoon.ca.

New! WATER SAFETY INSTRUCTOR (WSI) CERTIFICATION

Four modules are now required to complete this certification. Pre-requisite: Participants must be 15 year of age to register and possess one of the following certifications Red Cross Assistant Lifeguard, Emergency First Aid or equivalent (Bronze Cross). Certifications are not required to be current.

Skills Evaluation Module \$18.25

In this three-hour session candidates must be prepared to demonstrate water safety skills, strokes and instructor emergency response skills. This module may be completed in combination with Online Learning Module.

Harry Bailey Aquatic Centre
Jan 8 F 04:00 PM-07:00 PM 42240
Feb 7 Su 02:00 PM-05:00 PM 42241
Mar 4 F 04:00 PM-07:00 PM 42242
Mar 18 F 04:00 PM-07:00 PM 42243

Online Learning Module \$147

The online module is to be completed at home. Included in the course package are the WSI workbook, Red Cross Swim deck book, a PIN and password to access WSI online, and access to Red Cross online support. This module may be completed in combination with the Skills Evaluation Module. Module is available after Jan 4, 2015.

Harry Bailey Aquatic Centre 42239

Teaching Experience Module

Pre-requisite: Must have successfully completed the Online Learning Module and Skills Evaluation Module. Participants will mentor and practice-teach Red Cross swimming lessons with a certified Red Cross WSI instructor during a lesson set (8-10 lessons). Contact Harry Bailey to register at 306-975-3321.

Classroom and Pool Module \$223

Pre-requisite: Must have successfully completed the Online Learning Module, Skills Evaluation Module and Teaching Experience Module. Participants are required to bring completed WSI Workbook, Red Cross Swim Deck Book and swim suit. Candidates are evaluated on their knowledge and ability to apply the theory for effectively planning, teaching and evaluating swimmers in the Red Cross Swim program. A classroom session will be held in Spring 2016.

EMPLOYMENT OPPORTUNITIES

Qualified Instructors Wanted

The City of Saskatoon maintains a registry which is used to place paid instructors with the Leisure Centres and the local community association delivered programs. Openings for qualified instructors are always available in a number of program areas including preschool, children, youth and adult recreation, dance, drama, art, gardening, fitness and sport.

Classes are scheduled at various evening times and generally run for six to 10 weeks. If you are interested in being placed in the registry, contact the Instructor Placement Coordinator at instructors@saskatoon.ca or call 306-975-3378 for information.

Mè Ta Wè Tàn Centre Program Leaders Wanted

Mè Ta Wè Tàn Programs are offered at various locations in the community to provide sport and recreation programming for children and youth.

RESPONSIBILITIES: Planning play activities, organizing and delivering sport and recreational activities for children and youth. Programming play activities includes: sports, games, arts & crafts, and other activities. Training is provided for Mè Ta Wè Tàn programs. Must have experience working with children and youth.

QUALIFICATIONS: Preference is given to applicants with experience working with children, youth and/or programming in sports. One year's post-secondary education in a related field is required. High 5 certification is preferred for leading children and youth programs. First Aid and CPR Level C is required. Training is provided.

HOURS OF WORK: Work hours vary depending on work assignment; however, most youth centres are open between 6-9 pm weekdays.

Summer Employment Opportunities

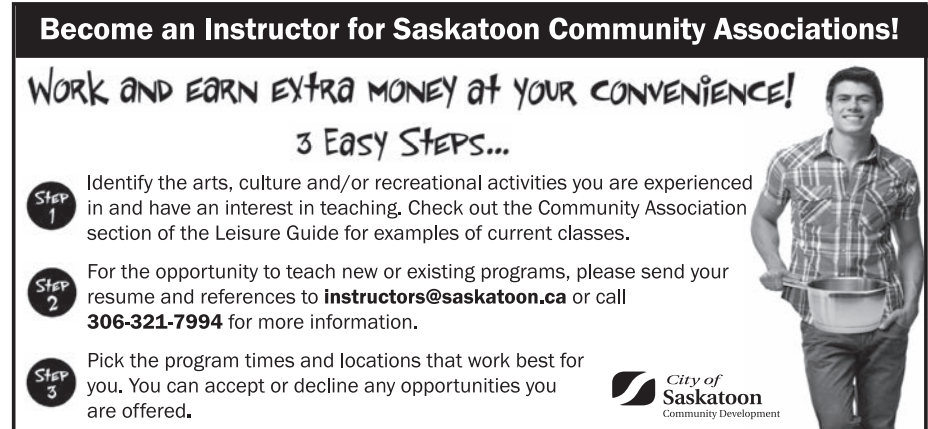
The City of Saskatoon will be accepting applications for Summer Program Leaders, Youth Centre Leaders, Mè Ta Wè Tàn Youth Centre Leaders and Weekend Program Leaders. Watch for postings on at www.saskatoon.ca.



Make it Happen!
Volunteer for your
Community Association.

City of
Saskatoon
Community Development

306-975-3378
www.saskatoon.ca/volunteer




Become an Instructor for Saskatoon Community Associations!

WORK AND EARN EXTRA MONEY AT YOUR CONVENIENCE!

3 EASY STEPS...

- Step 1 Identify the arts, culture and/or recreational activities you are experienced in and have an interest in teaching. Check out the Community Association section of the Leisure Guide for examples of current classes.
- Step 2 For the opportunity to teach new or existing programs, please send your resume and references to instructors@saskatoon.ca or call 306-321-7994 for more information.
- Step 3 Pick the program times and locations that work best for you. You can accept or decline any opportunities you are offered.



City of
Saskatoon
Community Development