

## Cosmo Civic Centre, Week: Feb 15 - Feb 21

*PDF Generated Feb 17 2026 13:05:12 PM*

| Program Description                   | Sunday, Feb 15                                         | Monday, Feb 16 | Tuesday, Feb 17                                                                                                                                          | Wednesday, Feb 18                                                                                                                                        | Thursday, Feb 19                                                                                                                                         | Friday, Feb 20                                                                                                                                           | Saturday, Feb 21                                                                               |
|---------------------------------------|--------------------------------------------------------|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| <b>Cosmo Weight Room</b>              | 12:00 PM-5:30 PM                                       |                | 9:00 AM-9:30 PM                                                                                                                                          | 9:00 AM-9:30 PM                                                                                                                                          | 9:00 AM-9:30 PM                                                                                                                                          | 9:00 AM-9:30 PM                                                                                                                                          | 9:30 AM-6:00 PM                                                                                |
| <b>Cosmo Functional Fitness</b>       |                                                        |                | 10:30 AM-11:30 AM                                                                                                                                        |                                                                                                                                                          |                                                                                                                                                          | 10:30 AM-11:30 AM                                                                                                                                        |                                                                                                |
| <b>Cosmo Teen Open Gym</b>            |                                                        |                | 4:00 PM-7:45 PM                                                                                                                                          | 3:30 PM-6:00 PM                                                                                                                                          |                                                                                                                                                          | 4:00 PM-7:45 PM                                                                                                                                          |                                                                                                |
| <b>Cosmo Fitness Yoga</b>             |                                                        |                |                                                                                                                                                          |                                                                                                                                                          | 6:00 PM-6:45 PM                                                                                                                                          |                                                                                                                                                          |                                                                                                |
| <b>Cosmo Racquetball or Wallyball</b> | 12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM |                | 9:00 AM-10:30 AM<br>10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM<br>6:00 PM-7:30 PM<br>7:30 PM-9:00 PM | 9:00 AM-10:30 AM<br>10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM<br>6:00 PM-7:30 PM<br>7:30 PM-9:00 PM | 9:00 AM-10:30 AM<br>10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM<br>6:00 PM-7:30 PM<br>7:30 PM-9:00 PM | 9:00 AM-10:30 AM<br>10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM<br>6:00 PM-7:30 PM<br>7:30 PM-9:00 PM | 10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM |
| <b>Cosmo Raquetball or Wallyball</b>  | 4:30 PM-5:30 PM                                        |                |                                                                                                                                                          |                                                                                                                                                          |                                                                                                                                                          |                                                                                                                                                          | 9:30 AM-10:30 AM                                                                               |

| Program Description | Sunday, Feb 15 | Monday, Feb 16 | Tuesday, Feb 17                                                                                                    | Wednesday, Feb 18                      | Thursday, Feb 19                                                                                                                                           | Friday, Feb 20                                                                                                                                                                                   | Saturday, Feb 21 |
|---------------------|----------------|----------------|--------------------------------------------------------------------------------------------------------------------|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| Cosmo Badminton     |                |                | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM<br>8:00 PM-9:15 PM<br>8:00 PM-9:15 PM | 11:30 AM-12:30 PM<br>11:30 AM-12:30 PM | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM<br>8:00 PM-9:15 PM<br>8:00 PM-9:15 PM |                  |
| Cosmo Pickleball    |                |                | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM                                       | 2:30 PM-3:30 PM<br>2:30 PM-3:30 PM     | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM                                       |                  |

## Cosmo Civic Centre, Week: Feb 22 - Feb 28

*PDF Generated at Feb 17 2026 13:05:48 PM*

| Program Description                   | Sunday, Feb 22                                         | Monday, Feb 23                                                                                                                                           | Tuesday, Feb 24                                                                                                                                            | Wednesday, Feb 25                                                                                                                                          | Thursday, Feb 26                                                                                                                                           | Friday, Feb 27                                                                                                                                             | Saturday, Feb 28                                                                               |
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| <b>Cosmo Weight Room</b>              | 12:00 PM-5:30 PM                                       | 9:00 AM-9:30 PM                                                                                                                                          | 9:00 AM-9:30 PM                                                                                                                                            | 9:00 AM-9:30 PM                                                                                                                                            | 9:00 AM-9:30 PM                                                                                                                                            | 9:00 AM-9:30 PM                                                                                                                                            | 9:30 AM-6:00 PM                                                                                |
| <b>Cosmo Functional Fitness</b>       |                                                        |                                                                                                                                                          | 10:30 AM-11:30 AM                                                                                                                                          |                                                                                                                                                            |                                                                                                                                                            | 10:30 AM-11:30 AM                                                                                                                                          |                                                                                                |
| <b>Cosmo Teen Open Gym</b>            |                                                        |                                                                                                                                                          | 4:00 PM-7:45 PM                                                                                                                                            | 3:30 PM-6:00 PM                                                                                                                                            |                                                                                                                                                            | 4:00 PM-7:45 PM                                                                                                                                            |                                                                                                |
| <b>Cosmo Fitness Yoga</b>             |                                                        |                                                                                                                                                          |                                                                                                                                                            |                                                                                                                                                            | 6:00 PM-6:45 PM                                                                                                                                            |                                                                                                                                                            |                                                                                                |
| <b>Cosmo Racquetball or Wallyball</b> | 12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM | 9:00 AM-10:30 AM<br>10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM<br>6:00 PM-7:30 PM<br>7:30 PM-9:00 PM | 9:00 AM-10:30 AM<br>10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM<br>6:00 PM-7:30 PM<br>7:30 PM-9:00 PM   | 9:00 AM-10:30 AM<br>10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM<br>6:00 PM-7:30 PM<br>7:30 PM-9:00 PM   | 9:00 AM-10:30 AM<br>10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM<br>6:00 PM-7:30 PM<br>7:30 PM-9:00 PM   | 9:00 AM-10:30 AM<br>10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM<br>6:00 PM-7:30 PM<br>7:30 PM-9:00 PM   | 10:30 AM-12:00 PM<br>12:00 PM-1:30 PM<br>1:30 PM-3:00 PM<br>3:00 PM-4:30 PM<br>4:30 PM-6:00 PM |
| <b>Cosmo Raquetball or Wallyball</b>  | 4:30 PM-5:30 PM                                        |                                                                                                                                                          |                                                                                                                                                            |                                                                                                                                                            |                                                                                                                                                            |                                                                                                                                                            | 9:30 AM-10:30 AM                                                                               |
| <b>Cosmo Pickleball</b>               |                                                        | 11:30 AM-12:30 PM<br>11:30 AM-12:30 PM<br>2:30 PM-3:30 PM<br>2:30 PM-3:30 PM                                                                             | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM | 11:30 AM-12:30 PM<br>11:30 AM-12:30 PM<br>12:30 PM-1:30 PM<br>12:30 PM-1:30 PM<br>1:30 PM-2:30 PM<br>1:30 PM-2:30 PM<br>2:30 PM-3:30 PM<br>2:30 PM-3:30 PM | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM |                                                                                                |

| Program Description | Sunday, Feb 22 | Monday, Feb 23                                                               | Tuesday, Feb 24                                                                                                                                                                                  | Wednesday, Feb 25                                                                                                                                          | Thursday, Feb 26                                                                                                                                           | Friday, Feb 27                                                                                                                                                                                   | Saturday, Feb 28 |
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| Cosmo Badminton     |                | 11:30 AM-12:30 PM<br>11:30 AM-12:30 PM<br>2:30 PM-3:30 PM<br>2:30 PM-3:30 PM | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM<br>8:00 PM-9:15 PM<br>8:00 PM-9:15 PM | 11:30 AM-12:30 PM<br>11:30 AM-12:30 PM<br>12:30 PM-1:30 PM<br>12:30 PM-1:30 PM<br>1:30 PM-2:30 PM<br>1:30 PM-2:30 PM<br>2:30 PM-3:30 PM<br>2:30 PM-3:30 PM | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM | 11:45 AM-12:45 PM<br>11:45 AM-12:45 PM<br>12:45 PM-1:45 PM<br>12:45 PM-1:45 PM<br>1:45 PM-2:45 PM<br>1:45 PM-2:45 PM<br>2:45 PM-3:45 PM<br>2:45 PM-3:45 PM<br>8:00 PM-9:15 PM<br>8:00 PM-9:15 PM |                  |