



Customer Fitness & Weight Room Information

The purpose of this document is to outline program registration and safety information for fitness & weight room participants at City of Saskatoon Leisure Centres.

- Mandatory, non-medical mask use will be required during all indoor fitness activities, with aquatic activities the only exception.
- Part of the time booked for your activity session will be spent on pre-screening questions, registration and changing.
- Limit your time in the facility by changing into your workout clothes before entering the building, arriving only a few minutes prior to your activity session and exiting immediately following your workout.
- You will be greeted, screened and provided direction upon entering the facility. If you indicate you are symptomatic, you will not be allowed to enter the facility.
- Participants under the age of 14 will require an adult guardian to be present in order to assist with proper screening and compliance of physical distancing requirements.
- Physical distancing is required at all times; please maintain a distance of 2 meters from anyone who is not part of your extended household and 3 metres when participating in physical activity.
- Please follow instructions on the signage located throughout the facility. This includes posters, floor decals and directional arrows. It is important that direction from staff are also followed at all times.
- Equipment should not be shared or used simultaneously. Working out in sets is not permitted.
- Hand sanitizer and disinfecting supplies are available. Please sanitize often and disinfect each piece of equipment before and after each use.
- The fitness & weight room will be monitored to ensure proper physical distancing guidelines and equipment sanitization protocols are being followed.
- Sauna and steam rooms are closed due to provincial government restrictions. Hot tub is not available for fitness & weight room users.
- Washrooms are available, but limited to one person at a time. A limited number of lockers will be available, however, customers are encouraged to leave personal items at home.
- Water fountains are closed due to provincial government restrictions. Water-fill stations are available. Please bring your own water bottle.



Maintain Physical Distancing

BOOK YOUR VISIT!

Browse and book the available drop-in programs online up to 2 days in advance by visiting **Leisure Online** (leisureonline.saskatoon.ca). To book, choose the 'Book a Visit' option, select your facility and drop-in program of choice, and follow the easy steps. Visits can also be booked and canceled by calling 306-975-2855. A limited number of walk-in spots will be available each session, but please keep in mind there may be line-ups so pre-booking is encouraged.

Note: Support persons will be required to pre-book to ensure maximum participant numbers are not exceeded.