

LEISURE GUIDE

FREE!

Spring/Summer 2025



Hang With Us!

Practise your skills and get active
at one of the City of Saskatoon's
skateboard sites. p 43

Find us online!

All of the great arts, culture and recreation programs listed in the *Leisure Guide* are also available online, anytime.



View the current Leisure Guide online

saskatoon.ca/leisureguide



Browse and register for Registered Programs with Leisure Online

saskatoon.ca/leisureonline



Check out Drop-in Program times and locations on Leisure Online

dropinschedule.saskatoon.ca



Connect with your neighbourhood Community Association to see what they have to offer this season

saskatoon.ca/communityassociations



Available
August 1!

Attention Advertisers!

Get in the Guide!

The Leisure Guide is Saskatoon's go-to source for sport, culture and recreation information. Reach a wider audience by advertising your community programs in the City of Saskatoon Leisure Guide. With 30,000 copies available for pick up throughout the city and an online readership of over 10,000 views per season, the Leisure Guide offers a strong platform to promote your programs to the community.



Book Today! Contact the StarPhoenix at 306-203-3419 or visit getintheguide.com

Deadline: Friday, June 27, 2025

saskatoon.ca/leisureguide



The City of Saskatoon Leisure Guide is your community source for sports, culture and recreation programs in Saskatoon!

Find a variety of Registered and Drop-in Programs designed to help you get fit or learn a new skill. You'll also find out about sports, culture and recreation opportunities offered by community organizations throughout the city.

The Leisure Guide is available each season two weeks in advance of program registration and can be picked up at any City leisure facility, Saskatoon public library or wherever the StarPhoenix is sold. The Guide is also available online at saskatoon.ca/leisureguide.



Mark your calendars!

- ✓ Registration for Spring/Summer programs begins Sunday, March 16, 2025.
- 2025 Fall Leisure Guide will be available Friday, August 1, 2025 and registration will begin Sunday, August 17, 2025 at 6:00 p.m.

Wheelchair Accessibility and Individuals with Special Needs

The City of Saskatoon works to remove barriers to full participation. People with special needs are invited and encouraged to participate in all Recreation & Community Development programs. Please contact the site you are registering at to let us know if you or a member of your family requires assistance to participate in a program. Every effort will be made to address individual needs and ensure a positive experience for all program participants. Accessibility to our facilities is provided with wheelchair ramps, elevators, zero-depth pools, a portable aquatic lift (Shaw Centre) and other amenities.

Should you require assistance to participate in the program of your choice, or would like further information on any of our facilities, call 306-975-3392.

WHAT'S INSIDE...

RECREATION MAP4-5

LEISURE CENTRES6-11

Cosmo Civic Centre (CCC)6

Harry Bailey Aquatic Centre (HBC)7

Lakewood Civic Centre (LWC)7

Lawson Civic Centre (LCC)8

Saskatoon Field House (SFH)8

Shaw Centre (SCC)9

Terry Fox Track9

Admission Rates & Options10-11

Child Minding10

PROGRAMS & ACTIVITIES12-36

Leisure Centre Drop-in Programs12-14

Registered Programs15-35

How to Register15-16

Lifesaving Society Swim Lessons17-30

 Lesson Level Descriptions17-18

 Parent & Tot, Preschool & Swimmer Lessons19-29

 George Ward Pool (GWP)19

 Lathey Pool (LAP)19-20

 Mayfair Pool (MYP)20-21

 Riversdale Pool (RDP)21

 Lakewood Civic Centre (LWC)21-25

 NEW! 5-Day Lesson Sets (LWC, LCC & RDP)22

 Lawson Civic Centre (LCC)25-28

 Shaw Centre (SCC)28-29

 Adult Swim Lessons30

 Additional Swim Lesson Options30

Preschool Recreation Programs31

Children Recreation Programs32

Youth Recreation Programs33

Adult Recreation Programs33-34

Specialized Wellness Programs35

Training & Certification Programs35-37

SEASONAL FUN!38-44

Golf38-39

Nutrien Playland at Kinsmen Park40

Gordon Howe Campground40

Outdoor Pools41

Dog Parks41

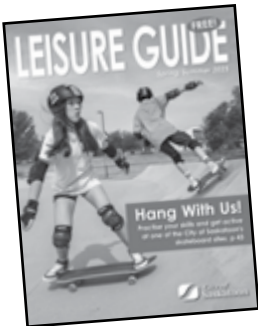
Where to Play/Where to Hang
 (Play Programs, Spray Pads & Youth Centres)42-43

Saskatoon Forestry Farm Park & Zoo44

RENTAL OPTIONS45

COMMUNITY ASSOCIATIONS46

ADVERTISERS' INDEX47

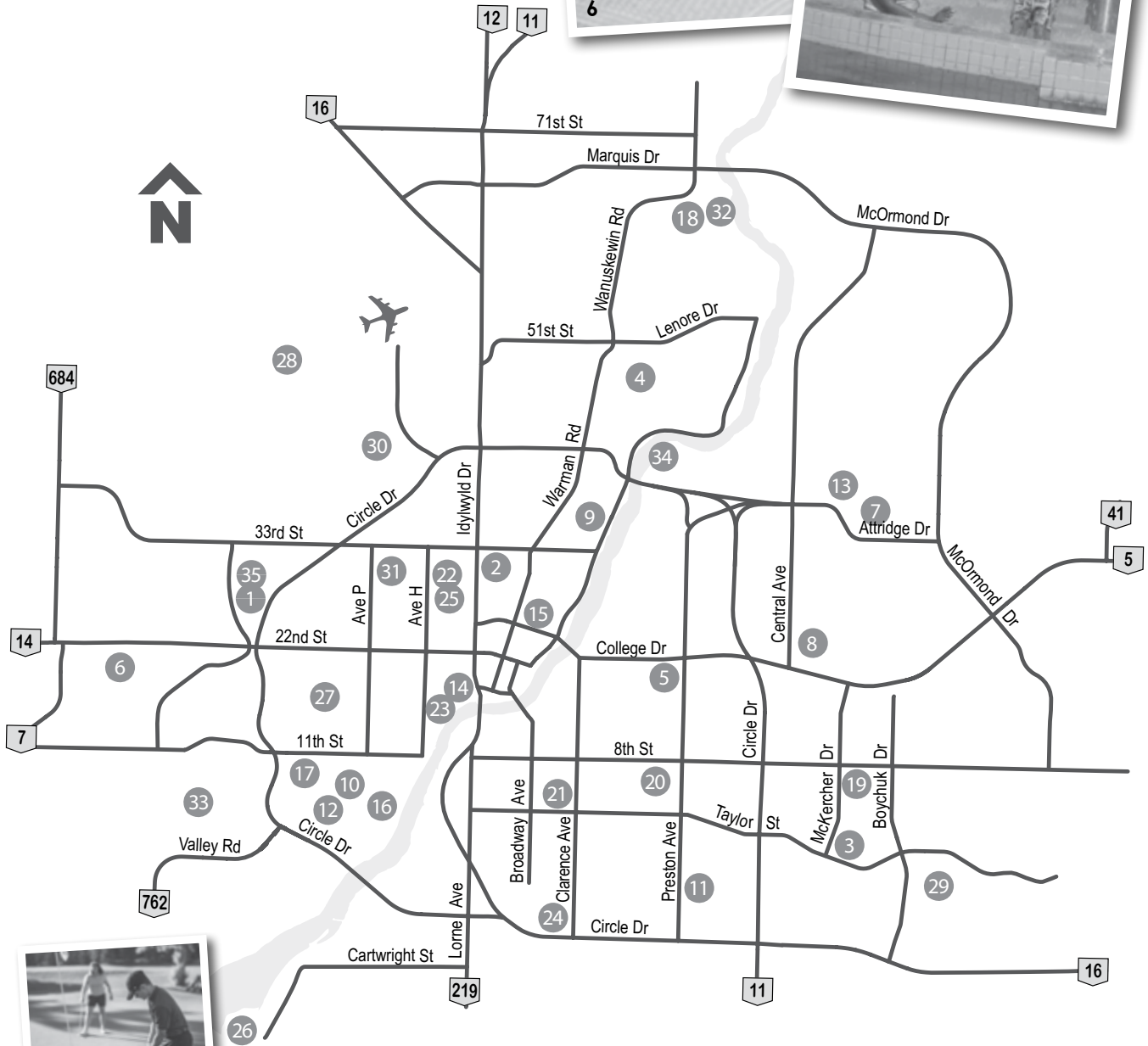


Spring/Summer Leisure Guide cover photo taken at Lions Skate Park. Refer to page 43 or visit saskatoon.ca/skateboard for more information about skateboard sites and available programming throughout the season.

RECREATION MAP

Find Your Fun!

The City of Saskatoon offers a variety of sport, culture and recreation programs and activities at various leisure facilities located throughout the city.



Visit saskatoon.ca/recreation for more information on these great amenities!

INDOOR LEISURE CENTRES

- 1 **COSMO CIVIC CENTRE**6
3130 Laurier Drive
- 2 **HARRY BAILEY AQUATIC CENTRE**7
1110 Idylwyld Drive North Closed for
facility upgrade
- 3 **LAKEWOOD CIVIC CENTRE**7
1635 McKercher Drive
- 4 **LAWSON CIVIC CENTRE**8
225 Primrose Drive
- 5 **SASKATOON FIELD HOUSE**8
2020 College Drive
- 6 **SHAW CENTRE**9
122 Bowlf Crescent
- 7 **TERRY FOX TRACK**9
150 Nelson Road

ICE SKATING

*Closed for
the season.*

- 8 **ACT ARENA**
107-105th Street East Rentals available
year-round
- 9 **ARCHIBALD ARENA**
1410 Windsor Street
- 1 **COSMO ARENA**
3130 Laurier Drive
- 10 **GORDIE HOWE KINSMEN ARENA**
1405 Avenue P South *(Rentals only)*
- 11 **LIONS ARENA**
2205 McEown Avenue
- 12 **CLARENCE DOWNEY SPEED
SKATING OVAL**
Dudley Street & Avenue R South

OTHER ATTRACTIONS

- 13 **SASKATOON FORESTRY FARM**44
PARK & ZOO, 1903 Forestry Farm Park Drive
- 14 **OUTDOOR FITNESS CIRCUIT
AT RIVER LANDING**
- 15 **NUTRIEN PLAYLAND AT KINSMEN PARK**40
945 Spadina Crescent East
- 16 **GORDON HOWE CAMPGROUND**40
1640 Avenue P South (off 11th Street)

GOLF COURSES

- 17 **HOLIDAY PARK GOLF COURSE**38
1630 Avenue U South (off 11th Street)
- 18 **SILVERWOOD GOLF COURSE**39
3503 Kinnear Avenue
- 19 **WILDWOOD GOLF COURSE**39
4050 8th Street East

OUTDOOR POOLS

- 20 **GEORGE WARD POOL** 1915 5th Street East41
- 21 **LATHEY POOL** 815 Taylor Street East41
- 22 **MAYFAIR POOL** 1025 Avenue F North41
- 23 **RIVERSDALE POOL** 822 Avenue H South41

DOG PARKS

- 24 **AVALON**
South end of Broadway at Glasgow Street
- 25 **CASWELL**
Avenue F North and 31st Street West
- 26 **CHIEF WHITECAP**
Access via Saskatchewan Crescent off of
Cartwright Street
- 27 **FRED MENDEL**
Avenue W South and 17th Street West
- 28 **HAMPTON**
North on Range Road 3060, near the airport
- 29 **HYDE**
South end of Hyde Park, adjacent to
Boychuck Drive
- 29 **HYDE (SMALL DOGS ONLY)**
North end of Hyde Park adjacent
to Boychuck Drive
- 30 **PAUL MOSTOWAY**
Richardson Road east of McClocklin Road
- 31 **PIERRE RADISSON**
Between 32nd Street and 33rd Street at
Faulkner Crescent
- 32 **SILVERWOOD**
Access off Kinnear Avenue or the east
end of Adilman Drive
- 33 **SOUTHWEST**
Off Valley Road, near Cedar Villa Estates
- 34 **SUTHERLAND BEACH**
West off Central Avenue just north
of Attridge Drive
- 35 **CHARLOTTETOWN (SMALL DOGS ONLY)**
Off Bennet Place, near Cosmo Civic
Centre



Find Your Fun!

Saskatoon has six indoor Leisure Centres located throughout the city, plus the Terry Fox Track. More than just a gym, each Centre is unique and features amenities like swimming pools, waterslides, indoor tracks, gymnasiums, sport courts, fitness and weight rooms, child minding and even a skating rink and wave pool!

Leisure Centres offer fun and fitness for all ages and abilities. Learn more about Drop-in and Registered Program opportunities on pages 12-44 or visit saskatoon.ca/leisurecentres.



LEISURE CENTRES

COSMO CIVIC CENTRE (CCC)



3130 Laurier Drive • 306.975.3344 • saskatoon.ca/cosmo

Workout in the fitness and weight room, hit the wallyball court or go for a skate - all under the same roof. Cosmo has both Registered and Drop-in Programs for adults and children, space for meetings or birthday parties and the Carlyle King Branch Library** is a popular stop.

HOURS OF OPERATION*

Apr 1-May 31

Monday to Friday 9:00 AM-10:00 PM

Saturday 9:00 AM-6:00 PM • Sunday 12:00 PM-6:00 PM

Jun 1-Aug 31

Monday to Friday 9:00 AM-8:00 PM

Saturday & Sunday 12:00 PM-6:00 PM

*Closed on statutory holidays. *Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.*

***Visit saskatoonlibrary.ca for library hours and programming information.*

FACILITY FEATURES

- Gymnasium • Fitness & Weight Room • Rink (closed for the season)
- Racquetball & Wallyball Court • Lockers • Meeting Rooms
- Theatre • Library • Multi-Purpose Room • WiFi available
- Vending Machines • Fitness / Dance Studio



***New!** Saskatoon Transit fares and passes are now available for purchase at the Cosmo Civic Centre Customer Service Counter.*

HARRY BAILEY AQUATIC CENTRE (HBC)



1110 Idylwyld Drive North • saskatoon.ca/harrybailey



Harry Bailey Aquatic Centre is currently closed for a major facility upgrade.
Visit saskatoon.ca/harrybailey for project updates.

LAKEWOOD CIVIC CENTRE (LWC)



1635 McKercher Drive • 306.975.2944 • saskatoon.ca/lakewood

Float past the tropical trees, ride the waterslide and enjoy the water features of the beach-entry pool. Be sure to also stop at the Cliff Wright Branch Library**.

HOURS OF OPERATION*

Apr 1-Jun 30

Monday to Friday 6:00 AM-10:00 PM

Saturday 8:30 AM-8:00 PM • Sunday 10:00 AM-6:00 PM

Jul 1-Aug 31

Monday to Friday 6:00 AM-9:00 PM

Saturday & Sunday 12:00 PM-6:00 PM

*Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.

**Visit saskatoonlibrary.ca for library hours and programming information.

FACILITY FEATURES

- Zero-depth Leisure Pool • Hot Tub • Sauna • Gymnasium
- Water Spray Features with 150 ft Waterslide • Lockers
- WiFi available • Multi-Purpose Room • Child Minding Room • Library
- Fitness & Weight Rooms • Poolside & Outdoor Decks • Meeting Room
- FREE Level 2 EV Charging Station • Vending Machines



Get fit and fully charged!

Lakewood and Lawson Civic Centres now have a **Level 2 EV charging station**.

Charge your EV for free.



For more information visit saskatoon.ca/EV

LAWSON CIVIC CENTRE (LCC)



225 Primrose Drive • 306.975.7873 • saskatoon.ca/lawson

Ride the waves to fun in Saskatoon's only wave pool! Drop in for a fitness class, watch swimming lessons from the treadmill or bring your kids to enjoy the indoor playground. Complete your visit with a browse through the Rusty Macdonald Branch Library**.

HOURS OF OPERATION*

Apr 1-Jun 30

Monday to Thursday 6:00 AM-10:00 PM

Friday 6:00 AM-9:00 PM

Saturday 9:00 AM-06:00 PM • Sunday 10:00 AM-6:00 PM

Jul 1-Aug 31

Monday to Friday 6:00 AM-9:00 PM

Saturday 12:00 PM-06:00 PM • Sunday 10:00 AM-6:00 PM

*Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.

**Visit saskatoonlibrary.ca for library hours and programming information.



FACILITY FEATURES

- Zero-depth Wave Pool • Water Spray Features • Hot Tub • Multi-Purpose Room
- Indoor Playground • Fitness & Weight Room • Poolside & Outdoor Decks • WiFi available
- Lockers • Library • Vending Machines • Sauna • FREE Level 2 EV Charging Station

SASKATOON FIELD HOUSE (SFH)



2020 College Drive • 306.975.3354 • saskatoon.ca/fieldhouse

Focus on health and wellness with fitness equipment, a track, sport courts and fitness classes — all under one roof. The six-lane track is great for walkers, joggers, runners and strollers too. Fitness classes range from high-intensity spin classes, to Fit Over 50 programs, to yoga. Challenge a friend to a round of badminton or pickleball on the sports courts when drop-in time is available.

HOURS OF OPERATION*

Apr 1-May 31

Monday to Friday 6:30 AM-10:00 PM

Saturday & Sunday 9:00 AM-5:00 PM

Jun 1-Aug 31

Monday to Friday 6:30 AM-9:00 PM

Saturday & Sunday 9:00 AM-3:00 PM

*Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.

FACILITY FEATURES

- 6-lane, 200 metre Indoor Track • Indoor Courts
- Fitness / Dance Studio • Lockers
- Fitness & Weight Room • WiFi available
- Steam Room/Sauna • Multi-Purpose Rooms
- Child Minding Rooms • Vending Machines



saskatoon.ca/facilityrentals

SHAW CENTRE (SCC)



122 Bowlt Crescent • 306.975.7744 • saskatoon.ca/shawcentre

Children love the water sprayers, floating around the rapids and watching the colourful water buckets fill and tip. The waterslide is fun for all with a shallow exit that is perfect for little ones. The fitness centre overlooks the pool and offers excellent variety for your workout, offering weight machines, free weights and treadmills, ellipticals, rowers and cycling. Walkers, joggers, runners and strollers are welcome on the walking track. The Shaw Centre also offers a variety of aquatic and dryland fitness classes. Check the schedule – you may catch a world-class aquatic event in the competitive pool!

HOURS OF OPERATION*

Apr 1-May 31

Monday to Friday 6:00 AM-10:00 PM

Saturday 8:30 AM-9:00 PM • Sunday 9:00 AM-8:00 PM

Jul 1-Aug 31

Monday to Friday 6:00 AM-9:00 PM

Saturday & Sunday 9:00 AM-8:00 PM

*Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.

FACILITY FEATURES

- 10-lane High Performance Competitive Pool
- Diving Boards & Platforms • 6-lane Warm-Up Pool
- Family Pool with Waterslide & Water Spray Features
- Portable Aquatic Lift • Family & Adult Hot Tubs
- Fitness Centre • Walking Track • Lockers
- Vending Machines • Community Gymnasiums
- Multi-Purpose Room • Child Minding Room • WiFi Available
- Large Playground*** • Multi-Purpose Fields***

***Outdoors



TERRY FOX TRACK (TFT)



150 Nelson Road (inside the Saskatoon Sports Centre)
306.975.3354 • saskatoon.ca/terryfoxtrack

This synthetic sports track is designed for fitness. Circling the indoor soccer fields of the Saskatoon Sports Centre, the lanes measure more than 350 m and are available for rent.

HOURS OF OPERATION*

Monday to Friday 10:00 AM-1:00 PM* & 4:00 PM-8:00 PM

Saturday & Sunday 10:00 AM-4:00 PM

Closed on statutory holidays.

*Facility hours are subject to change.

FACILITY FEATURES

- 2-lane, 365 metre Indoor Track
- Cafeteria (Lobby)
- Lockers



Check out Drop-in Program times and locations on Leisure Online.

dropinschedule.saskatoon.ca

All general, Bulk Ticket and LeisureCard admission options provide access to Leisure Centre program offerings including: public, family and lane swimming; aquafitness and fitness classes; indoor walking and jogging tracks; fitness and weight rooms; suspension training; open gym, racquet and court sports; and indoor playgrounds for ages seven and under.

To learn more about admission options, visit saskatoon.ca/admissions or contact any Leisure Centre (pages 6-9).

GENERAL ADMISSION

No membership required! Simply pay a general admission to enjoy any indoor Leisure Centre.

	Adult (19+)	Youth (6-18 yrs)	Preschool (0-5 yrs)	Family
Single Admission†	\$10.50	\$6.30	FREE	\$21.00
Bulk Tickets (10)†	\$89.50	\$53.50	FREE	\$179.00

Prices include applicable taxes.

What is a Bulk Ticket?

Buy 10 general admissions at a discounted price. Bulk Tickets never expire and are transferable to family and friends. They also make great birthday gifts or additions to treat bags.

Last Hour Promotion

Take advantage of the last hour of operation at any Leisure Centre fitness and weight room, walking track and open gym, seven days a week for a \$3.50 admission. Excludes swimming pools, the Terry Fox Track, and badminton and pickleball at Saskatoon Field House.

Child Minding

Child Minding is FREE with the purchase of a Family General Admission, Family Bulk Ticket or Family LeisureCard.

General Admission is non-refundable.

† Terry Fox Track: General Admission is \$4.45. Bulk Tickets are \$37.85. Prices include applicable taxes.

GIFT CARDS

Leisure Gift Cards are available in any amount and perfect for all ages. Good for use at the Leisure Centres, Outdoor Pools, Indoor Rinks, Saskatoon Forestry Farm Park & Zoo, Golf Courses, Gordon Howe Campground and Nutrien Playland at Kinsmen Park.

CHILD MINDING

Child Minding provides a safe and fun environment for children six years of age and under while their parent or guardian participates in a Leisure Centre activity. Offered at the Saskatoon Field House, Lakewood Civic Centre and Shaw Centre. For hours visit dropinschedule.saskatoon.ca.



	First Child	Each Additional Child
General Admission	\$3.90/hr	\$2.35/hr
Bulk Ticket (10 hours)	\$32.00	\$19.00

Prices include applicable taxes.

FREE with a Family LeisureCard, Family Bulk Ticket or Family General Admission.

THE FINE PRINT

Family Rates Family is defined as a group up to seven individuals with a maximum of two adults.

Children Under 6 Years Children under the age of six are admitted FREE of charge when accompanied by a parent or guardian. To help children stay safe in and around the water, the City requires that all participants comply with the following policy: "For every two children under the age of six, there must be one adult or responsible youth (16 years or older) within arm's length, supervising the children's water play and activity." The best life preserver for your child is YOU! Infants and toddlers participating in water play must wear an appropriate swim diaper.

Youth Use of Fitness & Weight Rooms Youth ages 7-12 are allowed to use cardio equipment only and must be directly supervised by an adult. Youth ages 13-15 are allowed to use cardio and strength equipment and must be directly supervised by an adult (unsupervised if they have a Youth Weight Room Card). Youth must be 16 and older to participate in an instructor-led fitness program.



LEISURECARD

A LeisureCard provides unlimited access to all six Leisure Centres, plus the City's outdoor pools, indoor rinks and Terry Fox Track. It's the best discount admission option for those who visit a Leisure Centre more than two times per week.

	Adult (19+)	Youth (6-18 yrs)	Family
LeisureCard* (Monthly Rate)	\$63.00	\$37.80	\$126.00
Summer Indoor LeisureCard	\$126.00	\$75.60	\$252.00
2-Week Trial Pass	\$31.50	\$18.90	\$63.00

Prices include applicable taxes.

Summer Indoor LeisureCard

Visit the indoor Leisure Centres in June, July and August for a discounted rate.

Sales begin May 1 and end June 20. Not valid at outdoor pools. Non-refundable, non-transferable and no extension for medical, vacation or facility shutdowns.

2-Week Trial Pass

Not sure if a LeisureCard is right for you? Try it out for two weeks at a discounted rate!

For new LeisureCard customers only. Must present valid photo ID at time of purchase. Non-refundable, non-transferable and no extension for medical, vacation or facility shutdowns.

Corporate LeisureCard

The Corporate LeisureCard is available to businesses and organizations who have a minimum of 25 employees and have their offices physically located in Saskatoon. The Corporate LeisureCard offers the employees of eligible businesses a 20% discount on their LeisureCard purchases, including Family LeisureCards! There is no fee to register.

For more information visit saskatoon.ca/corporateleisurecard.

Weight Room Orientation

A 20-minute fitness and weight room orientation is provided with the purchase of every LeisureCard.

Child Minding

Child Minding is FREE with the purchase of a Family LeisureCard, Family Bulk Ticket or Family General Admission.

* LeisureCards are non-transferable. Refunds not available for one-month cards. Payment plans available for six and 12-month cards.



LeisureCard Reward Programs

PICK YOUR PERK

Being a 12-month LeisureCard holder has its perks! Simply sign up for a 12-month LeisureCard, pay either in full or installments, and if your card is still active at the end of its term you will be eligible to pick from one of the following:

Perk 1 Early Bird Registration. Enjoy a full-year of 24-hour advance registration access for leisure programs, including swimming lessons!

Perk 2 12 months for the price of 11. Renew your 12-month LeisureCard for the price of 11 months.

Perk 3 \$63.00 PerkCard. Give as a gift or keep for yourself. The promotional \$63.00 PerkCard is valid for one year and can be used towards purchases* at the following leisure facilities:

- Leisure Centres • Outdoor Pools • Municipal Golf Courses
- Nutrien Playland at Kinsmen Park • Gordon Howe Campground
- Saskatoon Forestry Farm Park & Zoo • Indoor Rinks

*some facility-specific restrictions apply.

REFER A FRIEND

Attention LeisureCard holders! Recommend a LeisureCard to friends and family and if they purchase three months or more your current LeisureCard will be extended by one month!

Some restrictions apply.

For more information on LeisureCard Reward Programs, contact any Leisure Centre (see pages 6-9) or visit saskatoon.ca/admissions.

LEISURE ACCESS PROGRAM

The Leisure Access Program provides access for eligible low-income residents within the city to participate in City of Saskatoon leisure facilities and programs. The program includes unlimited admission to Drop-in Programs at any indoor Leisure Centre, one registered recreation program per year, complimentary ride tickets for Nutrien Playland at Kinsmen Park and single-use family passes* to the Western Development Museum. Free child minding is available for children six years of age and under at Lakewood Civic Centre, Shaw Centre and Saskatoon Field House while their parent or guardian participates in a Leisure Centre activity.

To review eligibility criteria or apply online, please visit saskatoon.ca/leisureaccess. Application forms are also available at any Leisure Centre. For further information about the Leisure Access Program call 306-975-3378 or email leisureaccess@saskatoon.ca.

* Family passes are available while supplies last.



Drop-in Programs

Short on time or scared to commit? Drop-in Programs offer the flexibility of swimming or working out when it is convenient for you. All general, Bulk Ticket and LeisureCard admission options provide drop-in access to Leisure Centre program offerings, including:

- public, family and lane swimming
- aquafitness and fitness classes
- indoor walking/jogging tracks
- fitness and weight rooms; suspension training
- open gym, racquet and court sports
- indoor playground (ages seven and under)

Spring and Summer Drop-in Programs run from April 1 to August 31. Check out Drop-in Program times and locations at dropinschedule.saskatoon.ca.

*Search for
Drop-in Programs
Online!*



Search for drop-in program information, including facility, fitness and weight room hours, public swim sessions and fitness programs on Leisure Online at dropinschedule.saskatoon.ca.

NOTE: Some drop-in programs have limited space/equipment and require a reservation, which can be made online or by calling the respective Leisure Centre. Reservations open at 7 a.m. daily and can be booked up to two days in advance. To cancel, log into your Leisure Online account and go to My Account/Cancel a Reserved Drop-in Program, or call any Leisure Centre during regular hours of operation (pages 6-9).



SWIMMING

Includes access to pool area and amenities during public open times.

Aqua Walk Tones muscles and improves cardio health. Should have some knowledge of exercise techniques. Self-directed. Deep Water Aqua Walk is available at Lawson Civic Centre. **LWC, LCC, SCC**

Family Swim* Time for families only. **LWC, LCC, SCC**

Lane Swim Self-directed swimming for fitness. 25m and 50m lanes (50m available only at SCC). **LWC, LCC, SCC**

Parented Splash Time* (formerly known as Parent & Tot Swim). For children under the age of six and a supervising adult(s). Children must be within arm's length of an adult at all times (maximum two children per adult). Access to pool space and water features varies at each pool. **LWC, LCC, SCC**

Public Swim* Open time for everyone. **LWC, LCC, SCC**

* Refer to The Fine Print below for the Children Under 6 Years policy.

CCC Cosmo Civic Centre
LWC Lakewood Civic Centre
LCC Lawson Civic Centre
SFH Saskatoon Field House
SCC Shaw Centre

RECREATION & SPORT

Includes access to fitness and weight rooms, indoor tracks and other amenities.

Badminton Birdies and racquets not provided. Birdies can be purchased from Customer Service. Book a court up to two days in advance. **CCC, LWC, SFH**

Basketball An opportunity to play pick-up games. **LWC, SCC**

Family Gym Participate together as a family in the gym. Sports equipment is provided for use. **LWC**

Indoor Playground 7 yrs & under. Climb, slide and run around in a space filled with toys and play equipment. Adult supervision required. **LWC, LCC**

Indoor Play Zone 6 yrs & under. Prepare to enter the zone of endless fun and giggles, where kids can run, climb and play to their heart's content in a large space filled with balls, hoops, tunnels and more! Parents/guardians must be present. **CCC, LCC**

Pickleball Combines elements of tennis, badminton and ping pong. Paddles not provided. Book a court up to two days in advance. **CCC, LWC, SFH**

Public Gym Participate in your favourite gym activity. **LWC, SCC**

Racquetball Racquet sport played in a four-walled court. Bring your own equipment. **CCC**

Teen Open Gym 10-18 yrs. Play basketball with your friends or participate in your favourite gym activity. Supervised by facility staff. **FREE! CCC**

Wallyball A face-paced game similar to volleyball played on a racquetball court. Players utilize the walls to bounce the ball across the net. Call Cosmo to reserve the court for one-hour blocks. **CCC**

GENERAL FITNESS CLASSES

16 yrs+. Classes offer varying intensity and exercise modifications for fitness levels from basic to advanced.

Aqua Fitness Enjoy the unique benefits of a total body workout in shallow water, alternating between cardio and muscle conditioning. No swimming skills required. **LWC, LCC, SCC**

New! Aqua Fitness by Video Instruction Participants are led by video instruction and will receive a similar total body workout as a traditional aqua fitness class by following exercises projected on a large TV screen at the edge of the pool deck. This class is offered when an instructor is not available to instruct the class. **LWC, LCC, SCC**

Aqua HIIT Aqua HIIT (High Intensity Interval Training) combines cardio, core and muscular strength intervals with the added resistance of water. **LCC**

New! Baby & Me Aqua Fitness Enjoy a 45-minute workout in the water while your baby floats in a seat alongside. Open to all parents and caregivers. It is recommended babies be between the ages of 6 to 18 months. **LCC, SCC**

Boxercise Utilizes footwork, sparring, and cardio for a fast paced workout. **SFH**



THE FINE PRINT

Instructor-led Fitness Classes A separate admission fee (General Admission, Bulk Ticket or LeisureCard) is required for each instructor-led fitness class.

Youth ages 7-12 Youth ages 7-12 are allowed to use cardio equipment only and must be directly supervised by an adult. Youth ages 13-15 are allowed to use cardio and strength equipment and must be directly supervised by an adult (unsupervised if they have a Youth Weight Room Card). Youth must be 16 and older to participate in an instructor-led fitness program.

Children Under 6 Years To help children stay safe in and around the water, the City requires that all participants comply with the following policy: "For every two children under the age of six, there must be one adult or responsible youth (16 years or older) within arm's length, supervising the children's water play and activity." The best life preserver for your child is YOU! Infants and toddlers participating in water play must wear an appropriate swim diaper.

Racquet and Court Sports Badminton and pickleball bookings are one hour in duration. The drop-in admission fee is charged for each hour booked.



Cardio & Sculpt A combination of cardio and strength building exercises for a complete workout using a variety of equipment. Cardio types include: Step, hi/lo and HIIT. **LWC, LCC, SFH**

Fitness Yoga Introduces fundamental strength conditioning and flexibility components with yoga-based movement. Not recommended for women who are pregnant. **CCC, LWC, LCC, SCC, SFH**

Group Cycle Uses varying degrees of tension and techniques through hills, speed drills, intervals, strength and core endurance. **SFH, SCC**

Group Cycle & Sculpt Alternates beginner/intermediate stationary cycling with intensive muscle conditioning. **SCC, SFH**

HIIT High Intensity Interval Training classes alternate between high and low intensity exercises. **SFH**

Intermediate Fitness Yoga

Increase the challenge with the addition of intermediate poses and new variations of beginner poses. Not recommended for women who are pregnant. **SFH**

Muscle Sculpt Improves flexibility, muscular strength and endurance with a variety of muscle conditioning and stretching techniques with equipment. **LWC, LCC, SFH**

Step Improves cardio endurance with step combinations. **LWC**

Zumba® Fitness Burn calories and get energized through movements that fuse Latin rhythms and easy to follow steps. Learn the steps to the four basic rhythms of merengue, salsa, cumbia and samba. **CCC, SCC, SFH**

GENTLE FITNESS CLASSES

16 yrs+. Classes offer moderately-paced exercises with a focus on maintaining or restoring functional fitness and mobility.

Chair Yoga Gentle yoga using chair support to improve strength, flexibility and balance. **LWC, LCC, SCC, SFH**

Deep Water Aqua Fitness

Minimizes joint stress using flotation belts to provide support while you work out in the deep end. Tethers may be utilized during class at Shaw Centre. **SCC**

Functional Fitness Prepares your body for real life movements and daily tasks through strength training, balance, range of motion and mobility exercises. **CCC, LCC, SCC**

Gentle Aqua Fitness Strengthens muscles and improves mobility, utilizing the buoyancy of waist to chest deep water to reduce the stress on joints. **LWC, LCC**

Gentle Fitness Yoga A slower paced yoga class with more emphasis on the warm up, basic postures, modifications, gentle strengthening and flexibility. **LWC, LCC, SCC**

Low Impact & Sculpt Combines cardiovascular, light strength training and flexibility exercises. **LWC, LCC**

New! Strollin' & Polin' An instructor will lead you through a 1-hour session incorporating pole walking, strength and stretch components. Poles are provided and are optional during this program. **SCC**

Walk & Sculpt A brisk walk followed by a muscle strengthening routine using hand weights, tubing or other equipment. **CCC, LWC, SCC**

CCC Cosmo Civic Centre
LWC Lakewood Civic Centre
LCC Lawson Civic Centre
SFH Saskatoon Field House
SCC Shaw Centre

Find Your Fit

FREE! Find your *Fit* at the City of Saskatoon Leisure Centres! Everyone is welcome to join us for a 90-minute session to learn about the Drop-in and Registered fitness and aquatic programs, flexible admission options, personal training and an overview of the unique facilities. Whether you've been a customer for many years, or are brand new to the Leisure Centres, this is the perfect setting to get started.

Sessions will be offered at Lakewood Civic Centre, Lawson Civic Centre, Shaw Centre and Saskatoon Field House. Visit page 34 for more information.

Save with the Corporate LeisureCard

Attention business owners and managers! Does your business or organization have 25 or more employees?

We invite you to register your business for the City of Saskatoon Corporate LeisureCard Program and your employees will save 20% on all LeisureCard purchases. A LeisureCard provides unlimited drop-in access to all Leisure Centres, plus the City's outdoor pools, indoor rinks and Terry Fox Track.



Registered Programs

Leisure Centres offer a wide range of Registered Programs each season – from Lifesaving Society swimming lessons, to preschool and youth recreation programs and adult fitness and specialized wellness programs.

Pre-registration and payment of a class fee is required to participate in a Registered Program. Access is not included with a General Admission, Bulk Ticket or LeisureCard.

Registration for Spring and Summer programs begins **Sunday, March 16 at 6:00 PM.**

HOW TO REGISTER

The first day of registration is busy. Please be patient as it may take several attempts to get through.

ONLINE leisureonline.saskatoon.ca

With Leisure Online, you are able to search and register online for programs at your convenience 24/7. Online registration begins Sunday, March 16 at 6:00 PM.



Be Prepared!

- 1 To use Leisure Online you will require a username and password. Visit leisureonline.saskatoon.ca prior to registration day to set up your account, if you haven't already done so.
- 2 Classes fill quickly, so be prepared with 2nd and 3rd choices. Make a list with the programs (including codes) you want and your alternate choices.
- 3 Consider registering at other Leisure Centres if your nearest location isn't available.

How to Register continued on next page. ➤

PHONE 306.975.2800

Phone registrations for Spring and Summer programs start on Sunday, March 16 at 6:00 PM. Call 306-975-2800 during the following dates and times only:

Sunday, March 16 – 6:00 PM to 9:00 PM*

Monday, March 17 – 8:00 AM to 1:00 PM

Tuesday, March 18 – 8:00 AM to 1:00 PM

To register by phone after March 18, contact any Leisure Centre (see pages 6-9).

* *NOTE: This excludes Private & Semi-Private swim lessons (page 22) and Multi-level Swim Lessons for Families (page 26), which will open on **Monday, March 17.***

VISIT A FACILITY

Walk-in registrations for Spring and Summer programs begin Monday, March 17 at 6:30 AM at the following locations:

Cosmo Civic Centre*, 3130 Laurier Drive

Lakewood Civic Centre, 1635 McKercher Drive

Lawson Civic Centre, 225 Primrose Drive

Saskatoon Field House, 2020 College Drive

Shaw Centre, 122 Bowlit Crescent

* *Walk-in registration begins at 9 AM.*

THE FINE PRINT

Registration Confirmation All registrations will receive a confirmation receipt by email after payment is complete. The confirmation will identify dates and times of classes, cancelled dates, information on equipment and materials or supplies to bring to your first class. If you do not receive confirmation of your registration within five days, please call the facility where your program is being held.

Active Families Benefit The Active Families Benefit is an annual refundable tax benefit that helps Saskatchewan families with the costs of their children's participation in cultural, recreational and sports activities. Families with an annual household income of up to \$60,000 and a child 18 years of age or younger as of the last day of the taxation year, are eligible for a fully refundable tax benefit up to \$150 per child or \$200 per child with a disability. Remember to keep your program receipt for income tax purposes.

Refunds All classes are subject to minimum and maximum enrolments. If minimum enrolment is not received, the class will be cancelled and a full refund issued. Other refund instances: • Full refund if cancellation is received seven days prior to course start. 50% refund if cancellation is received less than seven days prior to course start. Full refund if your vacated spot is filled by another registrant before course starts. • 50% refund if cancellation is received after course has started, but no more than 20% completed. • Pro-rated refund for cancellations at any time due to medical reasons (certificate required).

Prices All registered program prices include applicable taxes.

Leisure Online Convenience Fee Leisure program registrations processed through Leisure Online will be charged an additional \$1.00 (plus GST) convenience fee on each program registration. The convenience fee will come into effect March 1, 2024.

LIFESAVING SOCIETY SWIM LESSONS

PROGRAMS & ACTIVITIES

The City of Saskatoon offers Lifesaving Society Canada swim lessons. If your most recent swim lessons were with Red Cross prior to 2023, visit saskatoon.ca/swimming-lessons and review the transfer chart before making your class selection or call any Leisure Centre (with a pool) and ask to speak to the Aquatic Technician.



LESSON LEVEL DESCRIPTIONS

PARENT AND TOT (AGES 4-36 MONTHS; PARENTED)

The Lifesaving Society Parent & Tot program structures in-water interaction between parent and child to stress the importance of play, developing water-positive attitudes and skills. Activities and progressions are based on child development. Register the child in the level corresponding to their age. Targeted Water Smart® drowning prevention messages are an integral part of the Swim for Life® program. These messages are delivered in all Parent & Tot levels.

P&T 1	4-12 months	Designed for the 4 to 12-month-old and their caregiver. Focus on introduction to the water.
P&T 2	12-24 months	Designed for the 12 to 24-month old and their caregiver. Focus on introduction to floating and kicking.
P&T 2/3	12-36 months	Designed for the 12- to 36-month-old and their caregiver. Parent & Tot 2/3 is a combined level program that will focus on floating, kicking, independent entries, assisted floats and glides.
P&T 3	24-36 months	Designed for the 2-3 year old. Focus on independent entries, assisted floats and glides.



Swim Lesson Schedule Options

Many class options are available for you and your family's busy life.

Five day swim lesson sets • Once per week for 8-10 weeks
Multi-Level Swim Lessons for Families
Twice per week for 4 weeks • Private swim lessons
Semi-private swim lessons • Adult swim lessons
Twice a day for one week • Monday-Friday for two weeks

PRESCHOOL (UNPARENTED)

An instructor leads the lesson in water (no caregiver). Preschool levels cover, basic swimming skills and orientation such as getting face wet, front and back floats, glides, use of a personal flotation device (PFD), basic front and back swims, and entries and exits. Water Smart education is also incorporated into levels.

Preschool 1	3-5 yrs. These preschoolers learn to safely get in and out of the water and move around in shallow water. They will use a PFD to become comfortable with floating and gliding. The caregiver may participate with their child until they can participate on their own.
Preschool 1/2	3-5 yrs. Preschool 1/2 is a combined level program that will have preschoolers learning to get in and out of the water. We'll help them jump into chest deep water. They will learn to float and glide on their front and back with and without a PFD. They will submerge and exhale under water.
Preschool 2	3-5 yrs. These preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a PFD. They'll submerge and exhale underwater. Using a buoyant aid, they'll glide on their front and back.
Preschool 3	3-5 yrs. These preschoolers will master their floats, glides and short swims on their front and back (3 m). They'll be able to pick up objects from waist deep water and use their PFD to jump and roll into the deep end.
Preschool 4	3-5 yrs. Advanced preschoolers will strengthen their flutter kicks and try swimming front crawl. They'll start to learn how to support themselves in deep water and in the end they'll do solo jumps and side rolls into deep water. Their PFD will support them while they learn to tread water and swim to safety (7 m) in the deep end.
Preschool 4/5	3-5 yrs. Preschool 4/5 is a combined level program that will have these advanced preschoolers strengthening their flutter kicks, working on front crawl, back crawl and treading water for 10 seconds. Their PFD will also support them while they learn to tread water and swim to safety (7 m) in the deep end.
Preschool 5	3-5 yrs. These youngsters get more adventuresome with a forward roll entry wearing a PFD and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and try whip kick.

LESSON LEVEL DESCRIPTIONS

SWIMMER (UNPARENTED)

The Lifesaving Society Swimmer program makes sure children learn how to swim before they get in too deep. Progressions accommodate swimmers who want to build on the basics. Lots of in-water practice develops solid swimming strokes and skills. Water smart education is part of every level.

Swimmer 1	6+ yrs. These beginners will become comfortable jumping into water with and without a PFD. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on treading water, floats, glides, and kicking through the water on their front and back.
Swimmer 2	6+ yrs. These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a PFD. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).
Swimmer 3	6+ yrs. These junior swimmers will dive and do in-water front somersaults and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.
Swimmer 4	6+ yrs. These intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. It will also include treading water for 1 minute, front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.
Swimmer 4/5	6+ yrs. Swimmer 4/5 program is a combined level program that will have these intermediate swimmers mastering water entries, swimming lengths of front, back crawl, whip kick and breaststroke. They will swim sprints and perform interval training.
Swimmer 5	6+ yrs. These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.
Swimmer 5/6	6+ yrs. Swimmer 5/6 program is a combined level program that will have swimmers master water entries and refine their front and back crawl, and breaststroke working towards a 300 m workout.
Swimmer 6	6+ yrs. These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They will continue to swim lengths of front crawl, back crawl, and breaststroke, and a 300 m workout.



Rookie Patrol	8+ yrs. Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving Sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims.
Rookie/ Ranger Patrol	8+ yrs. Rookie/Ranger Patrol is a combined level program that will have swimmers develop better strokes and Lifesaving Sport skills. First aid focused on assessment of conscious and unconscious victims, contacting EMS and treatment of shock and obstructed airway procedures will be covered.
Ranger Patrol	8+ yrs. Swimmers develop better strokes over 75 m swims of each stroke. They tackle Lifesaving Sport skills in a lifesaving swim, (200 m) timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures.
Star Patrol	8+ yrs. Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defense methods, victim removals and rolling over and supporting a victim face up in shallow water.

ADULT SWIMMER

You'll work towards a 10-15 m swim on your front and back. You'll do jump entries from the side and recover an object from the bottom in chest-deep water. Improve your fitness and your flutter kick with 4 x 9-12 m interval training.

Adult Swimmer 1	16+ yrs. You'll work towards a 10-15 m swim on your front and back. You'll do jump entries from the side and recover an object from the bottom in chest-deep water. Improve your fitness and your flutter kick with 4 x 9-12 m interval training.
Adult Swimmer 2	16+ yrs. Participants will complete two interval training workouts of 4 x 25 m kicking and front or back crawl. You'll be able to demonstrate breaststroke arms and breathing over 10-15 m. You'll be supporting yourself at the surface for 1-2 minutes.

LIFESAVING SOCIETY SWIM LESSONS

PROGRAMS & ACTIVITIES

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
GEORGE WARD POOL 1915 5th Street East											
<i>Classes cancelled on Aug 4.</i>											
Preschool 1 (Ages 3-5 yrs)											
Jul 7-18	M-F	09:00 AM-09:30 AM	10	\$78.75	GW3719-01	Jul 21-Aug 1	M-F	09:35 AM-10:05 AM	10	\$78.75	GW3749-08
Jul 7-18	M-F	09:40 AM-10:10 AM	10	\$78.75	GW3719-02	Jul 21-Aug 1	M-F	10:45 AM-11:15 AM	10	\$78.75	GW3749-09
Jul 7-18	M-F	11:10 AM-11:40 AM	10	\$78.75	GW3719-03	Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$78.75	GW3749-10
Jul 7-18	M-F	06:00 PM-06:30 PM	10	\$78.75	GW3719-04	Jul 21-Aug 1	M-F	06:35 PM-07:05 PM	10	\$78.75	GW3749-11
Jul 21-Aug 1	M-F	09:40 AM-10:10 AM	10	\$78.75	GW3719-05	Jul 21-Aug 1	M-F	07:25 PM-07:55 PM	10	\$78.75	GW3749-12
Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$78.75	GW3719-06	Aug 5-15	M-F	09:10 AM-09:40 AM	9	\$70.75	GW3748-01
Jul 21-Aug 1	M-F	06:00 PM-06:30 PM	10	\$78.75	GW3719-07	Aug 5-15	M-F	11:15 AM-11:45 AM	9	\$70.75	GW3748-02
Jul 21-Aug 1	M-F	06:50 PM-07:20 PM	10	\$78.75	GW3719-08	Swimmer 3 (Ages 6+)					
Aug 5-15	M-F	10:15 AM-10:45 AM	9	\$70.75	GW3718-01	Jul 7-18	M-F	09:20 AM-09:50 AM	10	\$78.75	GW3754-01
Aug 5-15	M-F	11:20 AM-11:50 AM	9	\$70.75	GW3718-02	Jul 7-18	M-F	06:50 PM-07:20 PM	10	\$78.75	GW3754-02
Preschool 2 (Ages 3-5 yrs)						Jul 21-Aug 1	M-F	10:15 AM-10:45 AM	10	\$78.75	GW3754-03
Jul 7-18	M-F	09:05 AM-09:35 AM	10	\$78.75	GW3724-01	Jul 21-Aug 1	M-F	11:25 AM-11:55 AM	10	\$78.75	GW3754-04
Jul 7-18	M-F	10:30 AM-11:00 AM	10	\$78.75	GW3724-02	Jul 21-Aug 1	M-F	07:10 PM-07:40 PM	10	\$78.75	GW3754-05
Jul 7-18	M-F	06:50 PM-07:20 PM	10	\$78.75	GW3724-03	Aug 5-15	M-F	11:15 AM-11:45 AM	9	\$70.75	GW3753-01
Jul 21-Aug 1	M-F	09:05 AM-09:35 AM	10	\$78.75	GW3724-04	Swimmer 4 (Ages 6+)					
Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$78.75	GW3724-05	Jul 7-18	M-F	10:30 AM-11:15 AM	10	\$103.25	GW3759-01
Jul 21-Aug 1	M-F	06:00 PM-06:30 PM	10	\$78.75	GW3724-06	Jul 7-18	M-F	06:00 PM-06:45 PM	10	\$103.25	GW3759-02
Jul 21-Aug 1	M-F	06:50 PM-07:20 PM	10	\$78.75	GW3724-07	Jul 21-Aug 1	M-F	09:15 AM-10:00 AM	10	\$103.25	GW3759-03
Aug 5-15	M-F	09:40 AM-10:10 AM	9	\$70.75	GW3723-01	Jul 21-Aug 1	M-F	06:00 PM-06:45 PM	10	\$103.25	GW3759-04
Aug 5-15	M-F	10:05 AM-10:35 AM	9	\$70.75	GW3723-02	Aug 5-15	M-F	09:15 AM-10:00 AM	9	\$93.00	GW3758-01
Preschool 3 (Ages 3-5 yrs)						Swimmer 5 (Ages 6+)					
Jul 7-18	M-F	10:00 AM-10:30 AM	10	\$78.75	GW3729-01	Jul 7-18	M-F	09:10 AM-09:55 AM	10	\$103.25	GW3764-01
Jul 7-18	M-F	06:50 PM-07:20 PM	10	\$78.75	GW3729-02	Jul 7-18	M-F	06:00 PM-06:45 PM	10	\$103.25	GW3764-02
Jul 21-Aug 1	M-F	09:50 AM-10:20 AM	10	\$78.75	GW3729-03	Jul 21-Aug 1	M-F	09:50 AM-10:35 AM	10	\$103.25	GW3764-03
Jul 21-Aug 1	M-F	06:35 PM-07:05 PM	10	\$78.75	GW3729-04	Jul 21-Aug 1	M-F	06:00 PM-06:45 PM	10	\$103.25	GW3764-04
Aug 5-15	M-F	09:05 AM-09:35 AM	9	\$70.75	GW3728-01	Aug 5-15	M-F	09:45 AM-10:30 AM	9	\$93.00	GW3763-01
Preschool 4 (Ages 3-5 yrs)						Swimmer 6 (Ages 6+)					
Jul 21-Aug 1	M-F	10:50 AM-11:20 AM	10	\$78.75	GW3734-01	Jul 7-18	M-F	09:40 AM-10:25 AM	10	\$103.25	GW3769-01
Aug 5-15	M-F	10:40 AM-11:10 AM	9	\$70.75	GW3733-01	Jul 21-Aug 1	M-F	10:55 AM-11:40 AM	10	\$103.25	GW3769-02
Preschool 5 (Ages 3-5 yrs)						Jul 21-Aug 1	M-F	07:10 PM-07:55 PM	10	\$103.25	GW3769-03
Aug 5-15	M-F	10:40 AM-11:10 AM	9	\$70.75	GW3738-01	Aug 5-15	M-F	09:45 AM-10:30 AM	9	\$93.00	GW3768-01
Swimmer 1 (Ages 6+)						Rookie Patrol (Ages 8+)					
Jul 7-18	M-F	09:05 AM-09:35 AM	10	\$78.75	GW3744-01	Jul 7-18	M-F	07:10 PM-08:10 PM	10	\$118.25	GW3774-01
Jul 7-18	M-F	10:35 AM-11:05 AM	10	\$78.75	GW3744-02	Ranger Patrol (Ages 8+)					
Jul 7-18	M-F	11:05 AM-11:35 AM	10	\$78.75	GW3744-03	Jul 7-18	M-F	10:50 AM-11:50 AM	10	\$118.25	GW3779-01
Jul 7-18	M-F	11:20 AM-11:50 AM	10	\$78.75	GW3744-04	Star Patrol (Ages 8+)					
Jul 7-18	M-F	06:00 PM-06:30 PM	10	\$78.75	GW3744-05	Aug 5-15	M-F	10:55 AM-11:55 AM	9	\$106.25	GW3783-01
Jul 7-18	M-F	06:35 PM-07:05 PM	10	\$78.75	GW3744-06	LATHEY POOL 815 Taylor Street East					
Jul 7-18	M-F	07:25 PM-07:55 PM	10	\$78.75	GW3744-07	<i>Classes cancelled on Aug 4.</i>					
Jul 7-18	M-F	07:45 PM-08:15 PM	10	\$78.75	GW3744-08						
Jul 21-Aug 1	M-F	09:00 AM-09:30 AM	10	\$78.75	GW3744-09	Parent & Tot 2 (Ages 12-24 mos)					
Jul 21-Aug 1	M-F	09:15 AM-09:45 AM	10	\$78.75	GW3744-10	Jul 21-Aug 1	M-F	12:20 PM-12:50 PM	10	\$78.75	LA3709-01
Jul 21-Aug 1	M-F	10:05 AM-10:35 AM	10	\$78.75	GW3744-11	Parent & Tot 3 (Ages 24-36 mos)					
Jul 21-Aug 1	M-F	10:20 AM-10:50 AM	10	\$78.75	GW3744-12	Jul 7-18	M-F	12:20 PM-12:50 PM	10	\$78.75	LA3714-01
Jul 21-Aug 1	M-F	10:45 AM-11:15 AM	10	\$78.75	GW3744-13	Aug 5-15	M-F	11:45 AM-12:15 PM	9	\$70.75	LA3713-01
Jul 21-Aug 1	M-F	06:50 PM-07:20 PM	10	\$78.75	GW3744-14	Preschool 1 (Ages 3-5 yrs)					
Jul 21-Aug 1	M-F	07:25 PM-07:55 PM	10	\$78.75	GW3744-15	Jul 7-18	M-F	09:10 AM-09:40 AM	10	\$78.75	LA3719-01
Aug 5-15	M-F	09:10 AM-09:40 AM	9	\$70.75	GW3743-01	Jul 7-18	M-F	10:30 AM-11:00 AM	10	\$78.75	LA3719-02
Aug 5-15	M-F	10:45 AM-11:15 AM	9	\$70.75	GW3743-02	Jul 7-18	M-F	11:20 AM-11:50 AM	10	\$78.75	LA3719-03
Swimmer 2 (Ages 6+)						Jul 21-Aug 1	M-F	09:15 AM-09:45 AM	10	\$78.75	LA3719-04
Jul 7-18	M-F	10:15 AM-10:45 AM	10	\$78.75	GW3749-01	Jul 21-Aug 1	M-F	10:30 AM-11:00 AM	10	\$78.75	LA3719-05
Jul 7-18	M-F	10:45 AM-11:15 AM	10	\$78.75	GW3749-02	Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$78.75	LA3719-06
Jul 7-18	M-F	11:20 AM-11:50 AM	10	\$78.75	GW3749-03	Aug 5-15	M-F	09:20 AM-09:50 AM	9	\$70.75	LA3718-01
Jul 7-18	M-F	06:35 PM-07:05 PM	10	\$78.75	GW3749-04	Aug 5-15	M-F	10:25 AM-10:55 AM	9	\$70.75	LA3718-02
Jul 7-18	M-F	07:10 PM-07:40 PM	10	\$78.75	GW3749-05	Aug 5-15	M-F	11:20 AM-11:50 AM	9	\$70.75	LA3718-03
Jul 7-18	M-F	07:25 PM-07:55 PM	10	\$78.75	GW3749-06	Aug 5-15	M-F	12:00 PM-12:30 PM	9	\$70.75	LA3718-04
Jul 21-Aug 1	M-F	09:15 AM-09:45 AM	10	\$78.75	GW3749-07						

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Preschool 2 (Ages 3-5 yrs)						Swimmer 4 (Ages 6+)					
Jul 7-18	M-F	09:50 AM-10:20 AM	10	\$78.75	LA3724-01	Jul 7-18	M-F	10:25 AM-11:10 AM	10	\$103.25	LA3759-01
Jul 7-18	M-F	11:05 AM-11:35 AM	10	\$78.75	LA3724-02	Jul 7-18	M-F	12:10 PM-12:55 PM	10	\$103.25	LA3759-02
Jul 7-18	M-F	11:35 AM-12:05 PM	10	\$78.75	LA3724-03	Aug 5-15	M-F	09:20 AM-10:05 AM	9	\$93.00	LA3758-01
Jul 21-Aug 1	M-F	09:20 AM-09:50 AM	10	\$78.75	LA3724-04	Swimmer 5 (Ages 6+)					
Jul 21-Aug 1	M-F	09:50 AM-10:20 AM	10	\$78.75	LA3724-05	Jul 21-Aug 1	M-F	09:50 AM-10:35 AM	10	\$103.25	LA3764-01
Jul 21-Aug 1	M-F	11:45 AM-12:15 PM	10	\$78.75	LA3724-06	Aug 5-15	M-F	10:25 AM-11:10 AM	9	\$93.00	LA3763-01
Aug 5-15	M-F	09:50 AM-10:20 AM	9	\$70.75	LA3723-01	Swimmer 6 (Ages 6+)					
Aug 5-15	M-F	11:10 AM-11:40 AM	9	\$70.75	LA3723-02	Jul 21-Aug 1	M-F	10:30 AM-11:15 AM	10	\$103.25	LA3769-01
Aug 5-15	M-F	11:40 AM-12:10 PM	9	\$70.75	LA3723-03						
Preschool 3 (Ages 3-5 yrs)						MAYFAIR POOL 1025 Avenue F North					
Jul 7-18	M-F	09:20 AM-09:50 AM	10	\$78.75	LA3729-01	<i>Classes cancelled on Aug 4.</i>					
Jul 21-Aug 1	M-F	10:30 AM-11:00 AM	10	\$78.75	LA3729-02						
Jul 21-Aug 1	M-F	12:20 PM-12:50 PM	10	\$78.75	LA3729-03	Preschool 1 (Ages 3-5 yrs)					
Aug 5-15	M-F	09:15 AM-09:45 AM	9	\$70.75	LA3728-01	Jul 7-18	M-F	09:30 AM-10:00 AM	10	\$78.75	MY3719-01
Aug 5-15	M-F	11:05 AM-11:35 AM	9	\$70.75	LA3728-02	Jul 7-18	M-F	10:10 AM-10:40 AM	10	\$78.75	MY3719-02
Preschool 4 (Ages 3-5 yrs)						Jul 21-Aug 1	M-F	09:40 AM-10:10 AM	10	\$78.75	MY3719-03
Jul 7-18	M-F	09:50 AM-10:20 AM	10	\$78.75	LA3734-01	Aug 5-15	M-F	10:55 AM-11:25 AM	9	\$70.75	MY3718-01
Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$78.75	LA3734-02	Preschool 2 (Ages 3-5 yrs)					
Preschool 4/5 (Ages 3-5 yrs)						Jul 7-18	M-F	09:45 AM-10:15 AM	10	\$78.75	MY3724-01
Aug 5-15	M-F	12:20 PM-12:50 PM	9	\$70.75	LA3954-01	Jul 7-18	M-F	11:10 AM-11:40 AM	10	\$78.75	MY3724-02
Swimmer 1 (Ages 6+)						Jul 21-Aug 1	M-F	10:55 AM-11:25 AM	10	\$78.75	MY3724-03
Jul 7-18	M-F	09:15 AM-09:45 AM	10	\$78.75	LA3744-01	Aug 5-15	M-F	10:10 AM-10:40 AM	9	\$70.75	MY3723-01
Jul 7-18	M-F	10:20 AM-10:50 AM	10	\$78.75	LA3744-02	Preschool 3 (Ages 3-5 yrs)					
Jul 7-18	M-F	11:45 AM-12:15 PM	10	\$78.75	LA3744-03	Jul 7-18	M-F	11:00 AM-11:30 AM	10	\$78.75	MY3729-01
Jul 7-18	M-F	11:55 AM-12:25 PM	10	\$78.75	LA3744-04	Jul 21-Aug 1	M-F	10:10 AM-10:40 AM	10	\$78.75	MY3729-02
Jul 7-18	M-F	12:15 PM-12:45 PM	10	\$78.75	LA3744-05	Aug 5-15	M-F	09:35 AM-10:05 AM	9	\$70.75	MY3728-01
Jul 21-Aug 1	M-F	09:15 AM-09:45 AM	10	\$78.75	LA3744-06	Preschool 4/5 (Ages 3-5 yrs)					
Jul 21-Aug 1	M-F	09:55 AM-10:25 AM	10	\$78.75	LA3744-07	Jul 21-Aug 1	M-F	10:40 AM-11:10 AM	10	\$78.75	MY3953-01
Jul 21-Aug 1	M-F	10:45 AM-11:15 AM	10	\$78.75	LA3744-08	Aug 5-15	M-F	11:10 AM-11:40 AM	9	\$70.75	MY3954-01
Jul 21-Aug 1	M-F	11:55 AM-12:25 PM	10	\$78.75	LA3744-09	Swimmer 1 (Ages 6+)					
Jul 21-Aug 1	M-F	11:55 AM-12:25 PM	10	\$78.75	LA3744-10	Jul 7-18	M-F	10:05 AM-10:35 AM	10	\$78.75	MY3744-01
Aug 5-15	M-F	09:15 AM-09:45 AM	9	\$70.75	LA3743-01	Jul 7-18	M-F	11:25 AM-11:55 AM	10	\$78.75	MY3744-02
Aug 5-15	M-F	09:55 AM-10:25 AM	9	\$70.75	LA3743-02	Jul 21-Aug 1	M-F	09:30 AM-10:00 AM	10	\$78.75	MY3744-03
Aug 5-15	M-F	10:50 AM-11:20 AM	9	\$70.75	LA3743-03	Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$78.75	MY3744-04
Aug 5-15	M-F	12:15 PM-12:45 PM	9	\$70.75	LA3743-04	Aug 5-15	M-F	09:40 AM-10:10 AM	9	\$70.75	MY3743-01
Swimmer 2 (Ages 6+)						Aug 5-15	M-F	10:10 AM-10:40 AM	9	\$70.75	MY3743-02
Jul 7-18	M-F	09:55 AM-10:25 AM	10	\$78.75	LA3749-01	Aug 5-15	M-F	11:25 AM-11:55 AM	9	\$70.75	MY3743-03
Jul 7-18	M-F	10:25 AM-10:55 AM	10	\$78.75	LA3749-02	Swimmer 2 (Ages 6+)					
Jul 7-18	M-F	11:00 AM-11:30 AM	10	\$78.75	LA3749-03	Jul 7-18	M-F	09:40 AM-10:10 AM	10	\$78.75	MY3749-01
Jul 7-18	M-F	11:40 AM-12:10 PM	10	\$78.75	LA3749-04	Jul 7-18	M-F	10:40 AM-11:10 AM	10	\$78.75	MY3749-02
Jul 21-Aug 1	M-F	09:55 AM-10:25 AM	10	\$78.75	LA3749-05	Jul 21-Aug 1	M-F	10:05 AM-10:35 AM	10	\$78.75	MY3749-03
Jul 21-Aug 1	M-F	11:10 AM-11:40 AM	10	\$78.75	LA3749-06	Jul 21-Aug 1	M-F	10:50 AM-11:20 AM	10	\$78.75	MY3749-04
Jul 21-Aug 1	M-F	11:10 AM-11:40 AM	10	\$78.75	LA3749-07	Aug 5-15	M-F	09:45 AM-10:15 AM	9	\$70.75	MY3748-01
Aug 5-15	M-F	09:50 AM-10:20 AM	9	\$70.75	LA3748-01	Aug 5-15	M-F	10:45 AM-11:15 AM	9	\$70.75	MY3748-02
Aug 5-15	M-F	10:30 AM-11:00 AM	9	\$70.75	LA3748-02	Swimmer 2/3 (Ages 6+)					
Aug 5-15	M-F	11:25 AM-11:55 AM	9	\$70.75	LA3748-03	Jul 21-Aug 1	M-F	11:25 AM-11:55 AM	10	\$78.75	MY3955-01
Swimmer 3 (Ages 6+)						Swimmer 3 (Ages 6+)					
Jul 7-18	M-F	09:15 AM-09:45 AM	10	\$78.75	LA3754-01	Jul 7-18	M-F	10:20 AM-10:50 AM	10	\$78.75	MY3754-01
Jul 7-18	M-F	09:45 AM-10:15 AM	10	\$78.75	LA3754-02	Jul 7-18	M-F	10:50 AM-11:20 AM	10	\$78.75	MY3754-02
Jul 7-18	M-F	11:10 AM-11:40 AM	10	\$78.75	LA3754-03	Jul 21-Aug 1	M-F	10:15 AM-10:45 AM	10	\$78.75	MY3754-03
Jul 21-Aug 1	M-F	09:20 AM-09:50 AM	10	\$78.75	LA3754-04	Jul 21-Aug 1	M-F	11:55 AM-12:25 PM	10	\$78.75	MY3754-04
Jul 21-Aug 1	M-F	11:45 AM-12:15 PM	10	\$78.75	LA3754-05	Aug 5-15	M-F	10:20 AM-10:50 AM	9	\$70.75	MY3753-01
Aug 5-15	M-F	10:10 AM-10:40 AM	9	\$70.75	LA3753-01	Aug 5-15	M-F	10:50 AM-11:20 AM	9	\$70.75	MY3753-02
Aug 5-15	M-F	11:55 AM-12:25 PM	9	\$70.75	LA3753-02	Swimmer 4 (Ages 6+)					
						Jul 7-18	M-F	11:35 AM-12:20 PM	10	\$103.25	MY3759-01
						Jul 21-Aug 1	M-F	10:55 AM-11:40 AM	10	\$103.25	MY3759-02
						Aug 5-15	M-F	11:35 AM-12:20 PM	9	\$93.00	MY3758-01



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LIFESAVING SOCIETY SWIM LESSONS

PROGRAMS & ACTIVITIES

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Swimmer 4/5 (Ages 6+)						Swimmer 4 (Ages 6+)					
Jul 21-Aug 1	M-F	09:20 AM-10:05 AM	10	\$103.25	MY3957-01	Jul 7-18	M-F	09:20 AM-10:05 AM	10	\$103.25	RD3759-01
Swimmer 5 (Ages 6+)						Jul 7-18	M-F	10:35 AM-11:20 AM	10	\$103.25	RD3759-02
Jul 7-18	M-F	09:20 AM-10:05 AM	10	\$103.25	MY3764-01	Jul 21-Aug 1	M-F	09:55 AM-10:40 AM	10	\$103.25	RD3759-03
Aug 5-15	M-F	09:20 AM-10:05 AM	9	\$93.00	MY3763-01	Swimmer 5 (Ages 6+)					
Swimmer 6 (Ages 6+)						Jul 7-18	M-F	09:20 AM-10:05 AM	10	\$103.25	RD3764-01
Jul 7-18	M-F	10:15 AM-11:00 AM	10	\$103.25	MY3769-01	Jul 21-Aug 1	M-F	09:20 AM-10:05 AM	10	\$103.25	RD3764-02
Jul 21-Aug 1	M-F	10:05 AM-10:50 AM	10	\$103.25	MY3769-02	Swimmer 6 (Ages 6+)					
Aug 5-15	M-F	10:15 AM-11:00 AM	9	\$93.00	MY3768-01	Jul 7-18	M-F	09:55 AM-10:40 AM	10	\$103.25	RD3769-01
Rookie Patrol (Ages 8+)						Jul 21-Aug 1	M-F	09:20 AM-10:05 AM	10	\$103.25	RD3769-02
Jul 7-18	M-F	11:20 AM-12:20 PM	10	\$118.25	MY3774-01	Rookie Patrol (Ages 8+)					
Aug 5-15	M-F	11:25 AM-12:25 PM	9	\$106.25	MY3773-01	Jul 7-18	M-F	10:45 AM-11:45 AM	10	\$118.25	RD3774-01
Ranger Patrol (Ages 8+)											
Jul 21-Aug 1	M-F	11:35 AM-12:35 PM	10	\$118.25	MY3779-01						

RIVERSDALE POOL 822 Avenue H South

5-day lesson sets are available at Riversdale Pool this Summer.
Refer to page 22 for more information.

Preschool 1 (Ages 3-5 yrs)

Jul 7-18	M-F	09:20 AM-09:50 AM	10	\$78.75	RD3719-01
Jul 7-18	M-F	10:00 AM-10:30 AM	10	\$78.75	RD3719-02
Jul 7-18	M-F	11:15 AM-11:45 AM	10	\$78.75	RD3719-03
Jul 21-Aug 1	M-F	10:40 AM-11:10 AM	10	\$78.75	RD3719-04
Jul 21-Aug 1	M-F	11:25 AM-11:55 AM	10	\$78.75	RD3719-05

Preschool 2 (Ages 3-5 yrs)

Jul 7-18	M-F	10:10 AM-10:40 AM	10	\$78.75	RD3724-01
Jul 7-18	M-F	10:50 AM-11:20 AM	10	\$78.75	RD3724-02
Jul 21-Aug 1	M-F	10:00 AM-10:30 AM	10	\$78.75	RD3724-03
Jul 21-Aug 1	M-F	10:50 AM-11:20 AM	10	\$78.75	RD3724-04

Preschool 3 (Ages 3-5 yrs)

Jul 7-18	M-F	09:30 AM-10:00 AM	10	\$78.75	RD3729-01
Jul 21-Aug 1	M-F	11:15 AM-11:45 AM	10	\$78.75	RD3729-02

Preschool 4/5 (Ages 3-5 yrs)

Jul 21-Aug 1	M-F	11:15 AM-11:45 AM	10	\$78.75	RD3953-01
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Swimmer 1 (Ages 6+)

Jul 7-18	M-F	09:25 AM-09:55 AM	10	\$78.75	RD3744-01
Jul 7-18	M-F	10:05 AM-10:35 AM	10	\$78.75	RD3744-02
Jul 7-18	M-F	10:50 AM-11:20 AM	10	\$78.75	RD3744-03
Jul 7-18	M-F	11:25 AM-11:55 AM	10	\$78.75	RD3744-04
Jul 21-Aug 1	M-F	09:20 AM-09:50 AM	10	\$78.75	RD3744-05
Jul 21-Aug 1	M-F	10:00 AM-10:30 AM	10	\$78.75	RD3744-06
Jul 21-Aug 1	M-F	10:50 AM-11:20 AM	10	\$78.75	RD3744-07
Jul 21-Aug 1	M-F	11:25 AM-11:55 AM	10	\$78.75	RD3744-08

Swimmer 2 (Ages 6+)

Jul 7-18	M-F	09:20 AM-09:50 AM	10	\$78.75	RD3749-01
Jul 7-18	M-F	10:10 AM-10:40 AM	10	\$78.75	RD3749-02
Jul 7-18	M-F	10:40 AM-11:10 AM	10	\$78.75	RD3749-03
Jul 7-18	M-F	11:25 AM-11:55 AM	10	\$78.75	RD3749-04
Jul 21-Aug 1	M-F	09:25 AM-09:55 AM	10	\$78.75	RD3749-05
Jul 21-Aug 1	M-F	10:10 AM-10:40 AM	10	\$78.75	RD3749-06
Jul 21-Aug 1	M-F	10:40 AM-11:10 AM	10	\$78.75	RD3749-07

Swimmer 3 (Ages 6+)

Jul 7-18	M-F	09:55 AM-10:25 AM	10	\$78.75	RD3754-01
Jul 7-18	M-F	10:50 AM-11:20 AM	10	\$78.75	RD3754-02
Jul 7-18	M-F	11:25 AM-11:55 AM	10	\$78.75	RD3754-03
Jul 21-Aug 1	M-F	09:25 AM-09:55 AM	10	\$78.75	RD3754-04
Jul 21-Aug 1	M-F	10:10 AM-10:40 AM	10	\$78.75	RD3754-05
Jul 21-Aug 1	M-F	10:50 AM-11:20 AM	10	\$78.75	RD3754-06
Jul 21-Aug 1	M-F	11:25 AM-11:55 AM	10	\$78.75	RD3754-07

LAKEWOOD CIVIC CENTRE 1635 McKercher Drive

Classes cancelled on April 18, 19, 20, 21, 22, 23, 24; May 19, Aug 4.

5-day lesson sets are available at Lakewood Civic Centre this
Spring and Summer. Refer to page 22 for more information.

Parent & Tot 1 (Ages 4-12 mos)

Apr 1-May 1	Tu/Th	09:10 AM-09:40 AM	8	\$74.00	LW2700-04
Apr 1-May 1	Tu/Th	05:40 PM-06:10 PM	8	\$74.00	LW2700-05
Apr 2-May 28	W	10:20 AM-10:50 AM	8	\$74.00	LW2700-06
Apr 2-May 28	W	04:40 PM-05:10 PM	8	\$74.00	LW2700-07
Apr 2-May 28	W	06:25 PM-06:55 PM	8	\$74.00	LW2700-08
Apr 4-May 30	F	10:20 AM-10:50 AM	8	\$74.00	LW2700-09
Apr 5-May 31	Sa	09:05 AM-09:35 AM	8	\$74.00	LW2700-10
Apr 6-Jun 1	Su	05:30 PM-06:00 PM	8	\$74.00	LW2700-01
Apr 7-Jun 9	M	09:10 AM-09:40 AM	8	\$74.00	LW2700-02
Apr 7-Jun 9	M	05:15 PM-05:45 PM	8	\$74.00	LW2700-03
May 6-29	Tu/Th	10:20 AM-10:50 AM	8	\$74.00	LW2700-11
Jul 7-18	M-F	09:45 AM-10:15 AM	10	\$92.50	LW3702-01
Jul 7-18	M-F	05:50 PM-06:20 PM	10	\$92.50	LW3702-02
Aug 5-15	M-F	05:10 PM-05:40 PM	9	\$83.25	LW3701-01

Parent & Tot 2 (Ages 12-24 mos)

Apr 1-May 1	Tu/Th	02:25 PM-02:55 PM	8	\$74.00	LW2705-02
Apr 2-May 28	W	07:15 PM-07:45 PM	8	\$74.00	LW2705-03
Apr 4-May 30	F	04:40 PM-05:10 PM	8	\$74.00	LW2705-04
Apr 5-May 31	Sa	12:20 PM-12:50 PM	8	\$74.00	LW2705-05
Apr 7-Jun 9	M	06:30 PM-07:00 PM	8	\$74.00	LW2705-01
May 6-29	Tu/Th	05:05 PM-05:35 PM	8	\$74.00	LW2705-06
Jul 7-18	M-F	10:20 AM-10:50 AM	10	\$92.50	LW3707-01
Jul 21-Aug 1	M-F	10:45 AM-11:15 AM	10	\$92.50	LW3707-02

Parent & Tot 3 (Ages 24-36 mos)

Jun 3-13	Tu-F	09:10 AM-09:40 AM	8	\$74.00	LW2710-06
Apr 4-May 30	F	05:45 PM-06:15 PM	8	\$74.00	LW2710-04
Apr 5-May 31	Sa	11:10 AM-11:40 AM	8	\$74.00	LW2710-03
Apr 6-Jun 1	Su	06:20 PM-06:50 PM	8	\$74.00	LW2710-01
Apr 7-Jun 9	M	04:30 PM-05:00 PM	8	\$74.00	LW2710-02
May 6-29	Tu/Th	02:25 PM-02:55 PM	8	\$74.00	LW2710-05
Jun 3-13	Tu-F	05:15 PM-05:45 PM	8	\$74.00	LW2710-07
Jul 7-18	M-F	06:20 PM-06:50 PM	10	\$92.50	LW3712-01
Jul 21-Aug 1	M-F	09:20 AM-09:50 AM	10	\$92.50	LW3712-02
Jul 21-Aug 1	M-F	06:35 PM-07:05 PM	10	\$92.50	LW3712-03
Aug 5-15	M-F	11:15 AM-11:45 AM	9	\$83.25	LW3711-01

Preschool 1 (Ages 3-5 yrs)

Apr 1-May 1	Tu/Th	09:45 AM-10:15 AM	8	\$74.00	LW2715-08
Apr 1-May 1	Tu/Th	01:50 PM-02:20 PM	8	\$74.00	LW2715-09
Apr 1-May 1	Tu/Th	03:00 PM-03:30 PM	8	\$74.00	LW2715-10

Lakewood Civic Centre Preschool 1 lesson listings continued on page 23. **21**

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
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5-Day Lesson Sets

5-day lesson sets are available at Riversdale Pool, Lawson Civic Centre and Lakewood Civic Centre this Spring and Summer. These condensed sets are ideal for participants who don't have the time to dedicate to a full lesson set, need to brush up on one or two skills to finish a level or just want to get more comfortable in the water.

RIVERSDALE POOL 822 Avenue H South

Preschool 1 (Ages 3-5 yrs)

Aug 25-29	M-F	10:50 AM-11:20 AM	5	\$39.50	RD3976-01
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Preschool 2 (Ages 3-5 yrs)

Aug 25-29	M-F	11:25 AM-11:55 AM	5	\$39.50	RD3977-01
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Swimmer 1 (Ages 6+)

Aug 25-29	M-F	09:55 AM-10:25 AM	5	\$39.50	RD3981-01
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Aug 25-29	M-F	10:50 AM-11:20 AM	5	\$39.50	RD3981-02
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Swimmer 2 (Ages 6+)

Aug 25-29	M-F	10:10 AM-10:40 AM	5	\$39.50	RD3982-01
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Aug 25-29	M-F	10:35 AM-11:05 AM	5	\$39.50	RD3982-02
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Aug 25-29	M-F	11:25 AM-11:55 AM	5	\$39.50	RD3982-03
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Swimmer 3 (Ages 6+)

Aug 25-29	M-F	09:20 AM-09:50 AM	5	\$39.50	RD3983-01
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Aug 25-29	M-F	10:10 AM-10:40 AM	5	\$39.50	RD3983-02
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Swimmer 4 (Ages 6+)

Aug 25-29	M-F	09:20 AM-10:05 AM	5	\$51.75	RD3984-01
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Swimmer 5 (Ages 6+)

Aug 25-29	M-F	09:20 AM-10:05 AM	5	\$51.75	RD3985-01
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Swimmer 6 (Ages 6+)

Aug 25-29	M-F	11:10 AM-11:55 AM	5	\$51.75	RD3986-01
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LAKEWOOD CIVIC CENTRE 1635 McKercher Drive

Parent & Tot 2 (Ages 12-24 mos)

Jun 23-27	M-F	09:45 AM-10:15 AM	5	\$52.00	LW2914-01
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Parent & Tot 3 (Ages 24-36 mos)

Jun 16-20	M-F	09:10 AM-09:40 AM	5	\$52.00	LW2915-01
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Jun 16-20	M-F	04:35 PM-05:05 PM	5	\$52.00	LW2915-02
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Preschool 1 (Ages 3-5 yrs)

Jun 16-20	M-F	09:45 AM-10:15 AM	5	\$52.00	LW2916-01
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Jun 16-20	M-F	04:40 PM-05:10 PM	5	\$52.00	LW2916-02
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Jun 16-20	M-F	05:45 PM-06:15 PM	5	\$52.00	LW2916-03
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Jun 23-27	M-F	10:20 AM-10:50 AM	5	\$52.00	LW2916-04
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Jun 23-27	M-F	04:40 PM-05:10 PM	5	\$52.00	LW2916-05
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Jun 23-27	M-F	05:45 PM-06:15 PM	5	\$52.00	LW2916-06
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Jun 23-27	M-F	06:25 PM-06:55 PM	5	\$52.00	LW2916-07
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Aug 25-29	M-F	09:10 AM-09:40 AM	5	\$52.00	LW3916-01
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Aug 25-29	M-F	11:15 AM-11:45 AM	5	\$52.00	LW3916-02
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Preschool 2 (Ages 3-5 yrs)

Jun 16-20	M-F	10:20 AM-10:50 AM	5	\$52.00	LW2917-01
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Jun 16-20	M-F	05:05 PM-05:35 PM	5	\$52.00	LW2917-02
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Jun 16-20	M-F	06:25 PM-06:55 PM	5	\$52.00	LW2917-03
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Jun 23-27	M-F	09:10 AM-09:40 AM	5	\$52.00	LW2917-04
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Jun 23-27	M-F	05:05 PM-05:35 PM	5	\$52.00	LW2917-05
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Aug 25-29	M-F	09:10 AM-09:40 AM	5	\$52.00	LW3917-01
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Aug 25-29	M-F	11:35 AM-12:05 PM	5	\$52.00	LW3917-02
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Preschool 3 (Ages 3-5 yrs)

Jun 16-20	M-F	05:40 PM-06:10 PM	5	\$52.00	LW2918-01
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Jun 23-27	M-F	05:40 PM-06:10 PM	5	\$52.00	LW2918-02
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Aug 25-29	M-F	09:45 AM-10:15 AM	5	\$52.00	LW3918-01
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Aug 25-29	M-F	11:00 AM-11:30 AM	5	\$52.00	LW3918-02
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Swimmer 1 (Ages 6+)

Jun 16-20	M-F	04:30 PM-05:00 PM	5	\$52.00	LW2921-01
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Jun 16-20	M-F	05:50 PM-06:20 PM	5	\$52.00	LW2921-02
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Jun 16-20	M-F	06:20 PM-06:50 PM	5	\$52.00	LW2921-03
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Jun 23-27	M-F	04:30 PM-05:00 PM	5	\$52.00	LW2921-04
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Jun 23-27	M-F	05:50 PM-06:20 PM	5	\$52.00	LW2921-05
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Jun 23-27	M-F	06:20 PM-06:50 PM	5	\$52.00	LW2921-06
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Aug 25-29	M-F	09:25 AM-09:55 AM	5	\$52.00	LW3921-01
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Aug 25-29	M-F	10:25 AM-10:55 AM	5	\$52.00	LW3921-02
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Aug 25-29	M-F	11:00 AM-11:30 AM	5	\$52.00	LW3921-03
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Swimmer 2 (Ages 6+)

Jun 16-20	M-F	05:15 PM-05:45 PM	5	\$52.00	LW2922-01
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Jun 16-20	M-F	06:15 PM-06:45 PM	5	\$52.00	LW2922-02
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Jun 23-27	M-F	04:35 PM-05:05 PM	5	\$52.00	LW2922-03
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Jun 23-27	M-F	05:15 PM-05:45 PM	5	\$52.00	LW2922-04
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Jun 23-27	M-F	06:15 PM-06:45 PM	5	\$52.00	LW2922-05
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Aug 25-29	M-F	09:45 AM-10:15 AM	5	\$52.00	LW3922-01
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Aug 25-29	M-F	10:40 AM-11:10 AM	5	\$52.00	LW3922-02
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Aug 25-29	M-F	11:35 AM-12:05 PM	5	\$52.00	LW3922-03
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Swimmer 3 (Ages 6+)

Jun 16-20	M-F	05:10 PM-05:40 PM	5	\$52.00	LW2923-01
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Jun 23-27	M-F	05:10 PM-05:40 PM	5	\$52.00	LW2923-02
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Aug 25-29	M-F	10:00 AM-10:30 AM	5	\$52.00	LW3923-01
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Aug 25-29	M-F	10:25 AM-10:55 AM	5	\$52.00	LW3923-02
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LAWSON CIVIC CENTRE 225 PRIMROSE DRIVE

Classes cancelled on Aug 3.

Preschool 1 (Ages 3-5 yrs)

Jul 6-Aug 10	Su	06:05 PM-06:35 PM	5	\$52.00	LC3916-01
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Jul 6-Aug 10	Su	06:20 PM-06:50 PM	5	\$52.00	LC3916-02
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Preschool 2 (Ages 3-5 yrs)

Jul 6-Aug 10	Su	05:45 PM-06:15 PM	5	\$52.00	LC3917-01
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Jul 6-Aug 10	Su	06:40 PM-07:10 PM	5	\$52.00	LC3917-02
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Preschool 3 (Ages 3-5 yrs)

Jul 6-Aug 10	Su	05:30 PM-06:00 PM	5	\$52.00	LC3918-01
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Jul 6-Aug 10	Su	06:55 PM-07:25 PM	5	\$52.00	LC3918-02
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Preschool 4 (Ages 3-5 yrs)

Jul 6-Aug 10	Su	07:30 PM-08:00 PM	5	\$52.00	LC3919-01
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Swimmer 1 (Ages 6+)

Jul 6-Aug 10	Su	05:10 PM-05:40 PM	5	\$52.00	LC3921-01
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LIFESAVING SOCIETY SWIM LESSONS

PROGRAMS & ACTIVITIES

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
<i>Lakewood Civic Centre Preschool 1 lesson listings continued from page 21.</i>						Apr 1-May 1	Tu/Th	06:25 PM-06:55 PM	8	\$74.00	LW2720-10
Apr 1-May 1	Tu/Th	05:05 PM-05:35 PM	8	\$74.00	LW2715-11	Apr 1-May 1	Tu/Th	06:45 PM-07:15 PM	8	\$74.00	LW2720-11
Apr 1-May 1	Tu/Th	05:10 PM-05:40 PM	8	\$74.00	LW2715-12	Apr 2-May 28	W	09:10 AM-09:40 AM	8	\$74.00	LW2720-12
Apr 1-May 1	Tu/Th	05:45 PM-06:15 PM	8	\$74.00	LW2715-13	Apr 2-May 28	W	05:40 PM-06:10 PM	8	\$74.00	LW2720-13
Apr 1-May 1	Tu/Th	07:40 PM-08:10 PM	8	\$74.00	LW2715-14	Apr 2-May 28	W	06:25 PM-06:55 PM	8	\$74.00	LW2720-14
Apr 2-May 28	W	09:45 AM-10:15 AM	8	\$74.00	LW2715-15	Apr 2-May 28	W	07:40 PM-08:10 PM	8	\$74.00	LW2720-15
Apr 2-May 28	W	04:40 PM-05:10 PM	8	\$74.00	LW2715-16	Apr 4-May 30	F	09:10 AM-09:40 AM	8	\$74.00	LW2720-16
Apr 2-May 28	W	05:15 PM-05:45 PM	8	\$74.00	LW2715-17	Apr 4-May 30	F	04:40 PM-05:10 PM	8	\$74.00	LW2720-17
Apr 2-May 28	W	05:55 PM-06:25 PM	8	\$74.00	LW2715-18	Apr 4-May 30	F	05:10 PM-05:40 PM	8	\$74.00	LW2720-18
Apr 2-May 28	W	06:50 PM-07:20 PM	8	\$74.00	LW2715-19	Apr 5-May 31	Sa	09:05 AM-09:35 AM	8	\$74.00	LW2720-19
Apr 2-May 28	W	07:00 PM-07:30 PM	8	\$74.00	LW2715-20	Apr 5-May 31	Sa	11:45 AM-12:15 PM	8	\$74.00	LW2720-20
Apr 4-May 30	F	09:45 AM-10:15 AM	8	\$74.00	LW2715-21	Apr 6-Jun 1	Su	05:30 PM-06:00 PM	8	\$74.00	LW2720-21
Apr 4-May 30	F	04:50 PM-05:20 PM	8	\$74.00	LW2715-22	Apr 6-Jun 1	Su	07:20 PM-07:50 PM	8	\$74.00	LW2720-22
Apr 4-May 30	F	05:50 PM-06:20 PM	8	\$74.00	LW2715-23	Apr 7-Jun 9	M	10:20 AM-10:50 AM	8	\$74.00	LW2720-23
Apr 5-May 31	Sa	09:35 AM-10:05 AM	8	\$74.00	LW2715-24	Apr 7-Jun 9	M	05:05 PM-05:35 PM	8	\$74.00	LW2720-24
Apr 5-May 31	Sa	10:15 AM-10:45 AM	8	\$74.00	LW2715-25	Apr 7-Jun 9	M	05:40 PM-06:10 PM	8	\$74.00	LW2720-25
Apr 5-May 31	Sa	11:35 AM-12:05 PM	8	\$74.00	LW2715-26	May 6-29	Tu/Th	09:45 AM-10:15 AM	8	\$74.00	LW2720-26
Apr 5-May 31	Sa	12:20 PM-12:50 PM	8	\$74.00	LW2715-27	May 6-29	Tu/Th	01:15 PM-01:45 PM	8	\$74.00	LW2720-27
Apr 6-Jun 1	Su	05:30 PM-06:00 PM	8	\$74.00	LW2715-01	May 6-29	Tu/Th	04:30 PM-05:00 PM	8	\$74.00	LW2720-28
Apr 6-Jun 1	Su	06:05 PM-06:35 PM	8	\$74.00	LW2715-02	May 6-29	Tu/Th	05:30 PM-06:00 PM	8	\$74.00	LW2720-29
Apr 6-Jun 1	Su	06:40 PM-07:10 PM	8	\$74.00	LW2715-03	May 6-29	Tu/Th	06:25 PM-06:55 PM	8	\$74.00	LW2720-30
Apr 7-Jun 9	M	09:45 AM-10:15 AM	8	\$74.00	LW2715-04	Jul 7-18	M-F	09:10 AM-09:40 AM	10	\$92.50	LW3722-01
Apr 7-Jun 9	M	04:30 PM-05:00 PM	8	\$74.00	LW2715-05	Jul 7-18	M-F	09:45 AM-10:15 AM	10	\$92.50	LW3722-02
Apr 7-Jun 9	M	05:20 PM-05:50 PM	8	\$74.00	LW2715-06	Jul 7-18	M-F	10:50 AM-11:20 AM	10	\$92.50	LW3722-03
Apr 7-Jun 9	M	06:25 PM-06:55 PM	8	\$74.00	LW2715-07	Jul 7-18	M-F	05:00 PM-05:30 PM	10	\$92.50	LW3722-04
May 6-29	Tu/Th	09:10 AM-09:40 AM	8	\$74.00	LW2715-28	Jul 7-18	M-F	06:20 PM-06:50 PM	10	\$92.50	LW3722-05
May 6-29	Tu/Th	01:50 PM-02:20 PM	8	\$74.00	LW2715-29	Jul 21-Aug 1	M-F	09:20 AM-09:50 AM	10	\$92.50	LW3722-06
May 6-29	Tu/Th	03:00 PM-03:30 PM	8	\$74.00	LW2715-30	Jul 21-Aug 1	M-F	10:05 AM-10:35 AM	10	\$92.50	LW3722-07
May 6-29	Tu/Th	06:05 PM-06:35 PM	8	\$74.00	LW2715-31	Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$92.50	LW3722-08
May 6-29	Tu/Th	06:15 PM-06:45 PM	8	\$74.00	LW2715-32	Jul 21-Aug 1	M-F	05:10 PM-05:40 PM	10	\$92.50	LW3722-09
May 6-29	Tu/Th	06:50 PM-07:20 PM	8	\$74.00	LW2715-33	Jul 21-Aug 1	M-F	05:35 PM-06:05 PM	10	\$92.50	LW3722-10
May 6-29	Tu/Th	07:00 PM-07:30 PM	8	\$74.00	LW2715-34	Aug 5-15	M-F	09:10 AM-09:40 AM	9	\$83.25	LW3721-01
Jun 3-13	Tu-F	09:45 AM-10:15 AM	8	\$74.00	LW2715-35	Aug 5-15	M-F	09:45 AM-10:15 AM	9	\$83.25	LW3721-02
Jun 3-13	Tu-F	04:30 PM-05:00 PM	8	\$74.00	LW2715-36	Aug 5-15	M-F	05:00 PM-05:30 PM	9	\$83.25	LW3721-03
Jun 3-13	Tu-F	06:35 PM-07:05 PM	8	\$74.00	LW2715-37	Aug 18-22	M-F	10:50 AM-11:20 AM	10	\$92.50	LW3722-11
Jun 3-13	Tu-F	07:40 PM-08:10 PM	8	\$74.00	LW2715-38			05:50 PM-06:20 PM			
Jul 7-18	M-F	09:10 AM-09:40 AM	10	\$92.50	LW3717-01	Preschool 3 (Ages 3-5 yrs)					
Jul 7-18	M-F	09:30 AM-10:00 AM	10	\$92.50	LW3717-02	Apr 1-May 1	Tu/Th	04:40 PM-05:10 PM	8	\$74.00	LW2725-02
Jul 7-18	M-F	10:25 AM-10:55 AM	10	\$92.50	LW3717-03	Apr 1-May 1	Tu/Th	05:10 PM-05:40 PM	8	\$74.00	LW2725-03
Jul 7-18	M-F	11:05 AM-11:35 AM	10	\$92.50	LW3717-04	Apr 2-May 28	W	04:30 PM-05:00 PM	8	\$74.00	LW2725-04
Jul 7-18	M-F	05:10 PM-05:40 PM	10	\$92.50	LW3717-05	Apr 2-May 28	W	06:05 PM-06:35 PM	8	\$74.00	LW2725-05
Jul 7-18	M-F	05:45 PM-06:15 PM	10	\$92.50	LW3717-06	Apr 4-May 30	F	05:15 PM-05:45 PM	8	\$74.00	LW2725-06
Jul 21-Aug 1	M-F	10:00 AM-10:30 AM	10	\$92.50	LW3717-07	Apr 4-May 30	F	06:20 PM-06:50 PM	8	\$74.00	LW2725-07
Jul 21-Aug 1	M-F	10:05 AM-10:35 AM	10	\$92.50	LW3717-08	Apr 5-May 31	Sa	09:40 AM-10:10 AM	8	\$74.00	LW2725-08
Jul 21-Aug 1	M-F	10:40 AM-11:10 AM	10	\$92.50	LW3717-09	Apr 5-May 31	Sa	10:15 AM-10:45 AM	8	\$74.00	LW2725-09
Jul 21-Aug 1	M-F	11:25 AM-11:55 AM	10	\$92.50	LW3717-10	Apr 5-May 31	Sa	12:20 PM-12:50 PM	8	\$74.00	LW2725-10
Jul 21-Aug 1	M-F	06:20 PM-06:50 PM	10	\$92.50	LW3717-11	Apr 7-Jun 9	M	06:30 PM-07:00 PM	8	\$74.00	LW2725-11
Aug 5-15	M-F	09:10 AM-09:40 AM	9	\$83.25	LW3716-01	Jun 3-13	Tu-F	04:35 PM-05:05 PM	8	\$74.00	LW2725-12
Aug 5-15	M-F	09:45 AM-10:15 AM	9	\$83.25	LW3716-02	Jun 3-13	Tu-F	07:35 PM-08:05 PM	8	\$74.00	LW2725-13
Aug 5-15	M-F	10:20 AM-10:50 AM	9	\$83.25	LW3716-03	Jul 7-18	M-F	09:15 AM-09:45 AM	10	\$92.50	LW3727-01
Aug 5-15	M-F	10:40 AM-11:10 AM	9	\$83.25	LW3716-04	Jul 7-18	M-F	11:25 AM-11:55 AM	10	\$92.50	LW3727-02
Aug 5-15	M-F	05:00 PM-05:30 PM	9	\$83.25	LW3716-05	Jul 7-18	M-F	05:35 PM-06:05 PM	10	\$92.50	LW3727-03
Aug 5-15	M-F	05:35 PM-06:05 PM	9	\$83.25	LW3716-06	Jul 21-Aug 1	M-F	09:30 AM-10:00 AM	10	\$92.50	LW3727-04
Aug 5-15	M-F	05:50 PM-06:20 PM	9	\$83.25	LW3716-07	Jul 21-Aug 1	M-F	10:35 AM-11:05 AM	10	\$92.50	LW3727-05
Aug 5-15	M-F	06:35 PM-07:05 PM	9	\$83.25	LW3716-08	Jul 21-Aug 1	M-F	06:05 PM-06:35 PM	10	\$92.50	LW3727-06
Aug 18-22	M-F	11:25 AM-11:55 AM	10	\$92.50	LW3717-12	Aug 5-15	M-F	09:15 AM-09:45 AM	9	\$83.25	LW3726-01
		06:25 PM-06:55 PM				Aug 5-15	M-F	05:35 PM-06:05 PM	9	\$83.25	LW3726-02
						Aug 18-22	M-F	10:50 AM-11:20 AM	10	\$92.50	LW3727-07
								05:50 PM-06:20 PM			
Preschool 2 (Ages 3-5 yrs)						Preschool 4 (Ages 3-5 yrs)					
Jun 3-13	Tu-F	10:20 AM-10:50 AM	8	\$74.00	LW2720-26	Jun 4-13	Tu-F	05:40 PM-06:10 PM	8	\$74.00	LW2730-06
Jun 3-13	Tu-F	05:10 PM-05:40 PM	8	\$74.00	LW2720-27	Apr 1-May 1	Tu/Th	07:05 PM-07:35 PM	8	\$74.00	LW2730-03
Jun 3-13	Tu-F	06:25 PM-06:55 PM	8	\$74.00	LW2720-28	Apr 5-May 31	Sa	09:05 AM-09:35 AM	8	\$74.00	LW2730-04
Apr 1-May 1	Tu/Th	10:20 AM-10:50 AM	8	\$74.00	LW2720-06						
Apr 1-May 1	Tu/Th	01:15 PM-01:45 PM	8	\$74.00	LW2720-07						
Apr 1-May 1	Tu/Th	04:35 PM-05:05 PM	8	\$74.00	LW2720-08						
Apr 1-May 1	Tu/Th	05:50 PM-06:20 PM	8	\$74.00	LW2720-09						

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Apr 6-Jun 1	Su	06:05 PM-06:35 PM	8	\$74.00	LW2730-01	Jun 3-13	Tu-F	05:45 PM-06:15 PM	8	\$74.00	LW2745-14
Apr 7-Jun 9	M	05:50 PM-06:20 PM	8	\$74.00	LW2730-02	Jun 3-13	Tu-F	07:00 PM-07:30 PM	8	\$74.00	LW2745-15
May 6-29	Tu/Th	06:25 PM-06:55 PM	8	\$74.00	LW2730-05	Jul 7-18	M-F	09:50 AM-10:20 AM	10	\$92.50	LW3747-01
Jul 21-Aug 1	M-F	05:10 PM-05:40 PM	10	\$92.50	LW3732-01	Jul 7-18	M-F	11:30 AM-12:00 PM	10	\$92.50	LW3747-02
Aug 5-15	M-F	06:10 PM-06:40 PM	9	\$83.25	LW3731-01	Jul 7-18	M-F	05:10 PM-05:40 PM	10	\$92.50	LW3747-03
Preschool 5 (Ages 3-5 yrs)						Jul 21-Aug 1	M-F	09:30 AM-10:00 AM	10	\$92.50	LW3747-04
Apr 1-May 1	Tu/Th	06:45 PM-07:15 PM	8	\$74.00	LW2735-03	Jul 21-Aug 1	M-F	09:55 AM-10:25 AM	10	\$92.50	LW3747-05
Apr 5-May 31	Sa	11:00 AM-11:30 AM	8	\$74.00	LW2735-04	Jul 21-Aug 1	M-F	05:35 PM-06:05 PM	10	\$92.50	LW3747-06
Apr 6-Jun 1	Su	07:25 PM-07:55 PM	8	\$74.00	LW2735-01	Aug 5-15	M-F	09:45 AM-10:15 AM	9	\$83.25	LW3746-01
Apr 7-Jun 9	M	05:15 PM-05:45 PM	8	\$74.00	LW2735-02	Aug 5-15	M-F	10:40 AM-11:10 AM	9	\$83.25	LW3746-02
May 6-29	Tu/Th	05:40 PM-06:10 PM	8	\$74.00	LW2735-05	Aug 5-15	M-F	06:05 PM-06:35 PM	9	\$83.25	LW3746-03
Jun 3-13	Tu-F	07:10 PM-07:40 PM	8	\$74.00	LW2735-06	Aug 18-22	M-F	10:00 AM-10:30 AM	10	\$92.50	LW3747-07
Aug 5-15	M-F	11:15 AM-11:45 AM	9	\$83.25	LW3736-01			05:00 PM-05:30 PM			
Swimmer 1 (Ages 6+)						Aug 18-22	M-F	11:40 AM-12:10 PM	10	\$92.50	LW3747-08
Apr 1-May 1	Tu/Th	04:30 PM-05:00 PM	8	\$74.00	LW2740-04	Swimmer 3 (Ages 6+)					
Apr 1-May 1	Tu/Th	06:30 PM-07:00 PM	8	\$74.00	LW2740-05	Apr 1-May 1	Tu/Th	05:15 PM-05:45 PM	8	\$74.00	LW2750-04
Apr 1-May 1	Tu/Th	07:20 PM-07:50 PM	8	\$74.00	LW2740-06	Apr 1-May 1	Tu/Th	07:40 PM-08:10 PM	8	\$74.00	LW2750-05
Apr 2-May 28	W	05:05 PM-05:35 PM	8	\$74.00	LW2740-07	Apr 2-May 28	W	04:40 PM-05:10 PM	8	\$74.00	LW2750-06
Apr 2-May 28	W	07:05 PM-07:35 PM	8	\$74.00	LW2740-08	Apr 2-May 28	W	06:40 PM-07:10 PM	8	\$74.00	LW2750-07
Apr 4-May 30	F	05:45 PM-06:15 PM	8	\$74.00	LW2740-09	Apr 4-May 30	F	04:35 PM-05:05 PM	8	\$74.00	LW2750-08
Apr 4-May 30	F	06:20 PM-06:50 PM	8	\$74.00	LW2740-10	Apr 4-May 30	F	06:25 PM-06:55 PM	8	\$74.00	LW2750-09
Apr 5-May 31	Sa	10:30 AM-11:00 AM	8	\$74.00	LW2740-11	Apr 5-May 31	Sa	09:00 AM-09:30 AM	8	\$74.00	LW2750-10
Apr 5-May 31	Sa	11:10 AM-11:40 AM	8	\$74.00	LW2740-12	Apr 5-May 31	Sa	10:50 AM-11:20 AM	8	\$74.00	LW2750-11
Apr 6-Jun 1	Su	06:40 PM-07:10 PM	8	\$74.00	LW2740-01	Apr 6-Jun 1	Su	07:40 PM-08:10 PM	9	\$74.00	LW2750-01
Apr 6-Jun 1	Su	07:05 PM-07:35 PM	8	\$74.00	LW2740-02	Apr 6-Jun 1	Su	08:15 PM-08:45 PM	8	\$74.00	LW2750-02
Apr 7-Jun 9	M	05:55 PM-06:25 PM	8	\$74.00	LW2740-03	Apr 7-Jun 9	M	04:40 PM-05:10 PM	8	\$74.00	LW2750-03
May 6-29	Tu/Th	04:40 PM-05:10 PM	8	\$74.00	LW2740-13	May 6-29	Tu/Th	04:35 PM-05:05 PM	8	\$74.00	LW2750-12
May 6-29	Tu/Th	05:40 PM-06:10 PM	8	\$74.00	LW2740-14	May 6-29	Tu/Th	07:35 PM-08:05 PM	8	\$74.00	LW2750-13
May 6-29	Tu/Th	07:00 PM-07:30 PM	8	\$74.00	LW2740-15	Jun 3-13	Tu-F	06:30 PM-07:00 PM	8	\$74.00	LW2750-14
Jun 3-13	Tu-F	05:05 PM-05:35 PM	8	\$74.00	LW2740-16	Jun 3-13	Tu-F	07:45 PM-08:15 PM	8	\$74.00	LW2750-15
Jun 3-13	Tu-F	05:50 PM-06:20 PM	8	\$74.00	LW2740-17	Jul 7-18	M-F	10:55 AM-11:25 AM	10	\$92.50	LW3752-01
Jun 3-13	Tu-F	07:05 PM-07:35 PM	8	\$74.00	LW2740-18	Jul 7-18	M-F	05:45 PM-06:15 PM	10	\$92.50	LW3752-02
Jul 7-18	M-F	09:25 AM-09:55 AM	10	\$92.50	LW3742-01	Jul 21-Aug 1	M-F	09:25 AM-09:55 AM	10	\$92.50	LW3752-03
Jul 7-18	M-F	10:05 AM-10:35 AM	10	\$92.50	LW3742-02	Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$92.50	LW3752-04
Jul 7-18	M-F	10:30 AM-11:00 AM	10	\$92.50	LW3742-03	Jul 21-Aug 1	M-F	05:00 PM-05:30 PM	10	\$92.50	LW3752-05
Jul 7-18	M-F	06:25 PM-06:55 PM	10	\$92.50	LW3742-04	Aug 5-15	M-F	10:00 AM-10:30 AM	9	\$83.25	LW3751-01
Jul 21-Aug 1	M-F	10:45 AM-11:15 AM	10	\$92.50	LW3742-05	Aug 5-15	M-F	11:15 AM-11:45 AM	9	\$83.25	LW3751-02
Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$92.50	LW3742-06	Aug 5-15	M-F	06:40 PM-07:10 PM	9	\$83.25	LW3751-03
Jul 21-Aug 1	M-F	05:00 PM-05:30 PM	10	\$92.50	LW3742-07	Aug 18-22	M-F	11:25 AM-11:55 AM	10	\$92.50	LW3752-06
Jul 21-Aug 1	M-F	05:45 PM-06:15 PM	10	\$92.50	LW3742-08			06:25 PM-06:55 PM			
Jul 21-Aug 1	M-F	06:40 PM-07:10 PM	10	\$92.50	LW3742-09	Swimmer 4 (Ages 6+)					
Aug 5-15	M-F	09:10 AM-09:40 AM	9	\$83.25	LW3741-01	Apr 1-May 1	Tu/Th	07:00 PM-07:45 PM	8	\$97.25	LW2755-03
Aug 5-15	M-F	09:25 AM-09:55 AM	9	\$83.25	LW3741-02	Apr 2-May 28	W	04:30 PM-05:15 PM	8	\$97.25	LW2755-04
Aug 5-15	M-F	11:15 AM-11:45 AM	9	\$83.25	LW3741-03	Apr 2-May 28	W	06:15 PM-07:00 PM	8	\$97.25	LW2755-05
Aug 5-15	M-F	06:25 PM-06:55 PM	9	\$83.25	LW3741-04	Apr 2-May 28	W	07:25 PM-08:10 PM	8	\$97.25	LW2755-06
Aug 18-22	M-F	10:00 AM-10:30 AM	10	\$92.50	LW3742-10	Apr 4-May 30	F	05:25 PM-06:10 PM	8	\$97.25	LW2755-07
		05:00 PM-05:30 PM			Apr 5-May 31	Sa	09:40 AM-10:25 AM	8	\$97.25	LW2755-08	
Aug 18-25	M-F	10:35 AM-11:05 AM	10	\$92.50	LW3742-11	Apr 5-May 31	Sa	12:10 PM-12:55 PM	8	\$97.25	LW2755-09
		05:35 PM-06:05 PM			Apr 6-Jun 1	Su	06:50 PM-07:35 PM	8	\$97.25	LW2755-01	
Swimmer 2 (Ages 6+)						Apr 6-Jun 1	Su	06:15 PM-07:00 PM	8	\$97.25	LW2755-02
Apr 1-May 1	Tu/Th	04:35 PM-05:05 PM	8	\$74.00	LW2745-05	May 6-29	Tu/Th	07:00 PM-07:45 PM	8	\$97.25	LW2755-10
Apr 2-May 28	W	05:20 PM-05:50 PM	8	\$74.00	LW2745-06	Jul 7-18	M-F	10:00 AM-10:45 AM	10	\$121.50	LW3757-01
Apr 2-May 28	W	05:50 PM-06:20 PM	8	\$74.00	LW2745-07	Jul 7-18	M-F	05:00 PM-05:45 PM	10	\$121.50	LW3757-02
Apr 4-May 30	F	06:20 PM-06:50 PM	8	\$74.00	LW2745-08	Jul 21-Aug 1	M-F	09:55 AM-10:40 AM	10	\$121.50	LW3757-03
Apr 5-May 31	Sa	09:40 AM-10:10 AM	8	\$74.00	LW2745-09	Jul 21-Aug 1	M-F	11:10 AM-11:55 AM	10	\$121.50	LW3757-04
Apr 5-May 31	Sa	11:45 AM-12:15 PM	8	\$74.00	LW2745-10	Jul 21-Aug 1	M-F	05:45 PM-06:30 PM	10	\$121.50	LW3757-05
Apr 6-Jun 1	Su	06:05 PM-06:35 PM	8	\$74.00	LW2745-01	Aug 5-15	M-F	09:50 AM-10:35 AM	9	\$109.25	LW3756-01
Apr 6-Jun 1	Su	07:55 PM-08:25 PM	8	\$74.00	LW2745-02	Aug 5-15	M-F	05:45 PM-06:30 PM	9	\$109.25	LW3756-02
Apr 7-Jun 9	M	04:40 PM-05:10 PM	8	\$74.00	LW2745-03	Aug 18-22	M-F	10:00 AM-10:45 AM	10	\$121.50	LW3757-06
Apr 7-Jun 9	M	05:05 PM-05:35 PM	8	\$74.00	LW2745-04			05:00 PM-05:45 PM			
May 6-29	Tu/Th	05:15 PM-05:45 PM	8	\$74.00	LW2745-11	Swimmer 5 (Ages 6+)					
May 6-29	Tu/Th	07:35 PM-08:05 PM	8	\$74.00	LW2745-12	Apr 1-May 1	Tu/Th	05:45 PM-06:30 PM	8	\$97.25	LW2760-03
Jun 3-13	Tu-F	04:40 PM-05:10 PM	8	\$74.00	LW2745-13						
24											

LIFESAVING SOCIETY SWIM LESSONS

PROGRAMS & ACTIVITIES

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Apr 2-May 28	W	05:25 PM-06:10 PM	8	\$97.25	LW2760-04	Apr 7-Jun 9	M	11:55 AM-12:25 PM	8	\$74.00	LC2700-04
Apr 5-May 31	Sa	10:10 AM-10:55 AM	8	\$97.25	LW2760-05	Jul 2-28	M/W	09:35 AM-10:05 AM	8	\$74.00	LC3700-01
Apr 6-Jun 1	Su	05:30 PM-06:15 PM	8	\$97.25	LW2760-01	Jul 3-29	Tu/Th	11:30 AM-12:00 PM	8	\$74.00	LC3700-02
Apr 7-Jun 9	M	04:30 PM-05:15 PM	8	\$97.25	LW2760-02	Jul 4-Aug 22	F	11:15 AM-11:45 AM	8	\$74.00	LC3700-03
May 6-29	Tu/Th	05:50 PM-06:35 PM	8	\$97.25	LW2760-06	Jul 4-Aug 22	F	05:35 PM-06:05 PM	8	\$74.00	LC3700-04
Jul 7-18	M-F	11:00 AM-11:45 AM	10	\$121.50	LW3762-01	Jul 30-Aug 27	M/W	09:00 AM-09:30 AM	8	\$74.00	LC3700-05
Jul 7-18	M-F	05:00 PM-05:45 PM	10	\$121.50	LW3762-02	Jul 30-Aug 27	M/W	05:55 PM-06:25 PM	8	\$74.00	LC3700-06
Aug 5-15	M-F	10:25 AM-11:10 AM	9	\$109.25	LW3761-01	Jul 31-Aug 26	Tu/Th	09:30 AM-10:00 AM	8	\$74.00	LC3700-07
Aug 5-15	M-F	05:00 PM-05:45 PM	9	\$109.25	LW3761-02						
Aug 18-22	M-F	10:00 AM-10:45 AM	10	\$121.50	LW3762-03						
		05:00 PM-05:45 PM									
Swimmer 6 (Ages 6+)						Parent & Tot 2 (Ages 12-24 mos)					
Apr 1-May 1	Tu/Th	05:45 PM-06:30 PM	8	\$97.25	LW2765-03	Apr 1-May 27	Tu	11:20 AM-11:50 AM	8	\$74.00	LC2705-01
Apr 2-May 28	W	05:15 PM-06:00 PM	8	\$97.25	LW2765-04	Apr 1-May 27	Tu	05:40 PM-06:10 PM	8	\$74.00	LC2705-02
Apr 4-May 30	F	06:15 PM-07:00 PM	8	\$97.25	LW2765-05	Apr 2-May 28	W	10:10 AM-10:40 AM	8	\$74.00	LC2705-03
Apr 5-May 31	Sa	10:20 AM-11:05 AM	8	\$97.25	LW2765-06	Apr 3-May 29	Th	06:30 PM-07:00 PM	8	\$74.00	LC2705-04
Apr 6-Jun 1	Su	07:20 PM-08:05 PM	8	\$97.25	LW2765-01	Apr 5-May 31	Sa	10:20 AM-10:50 AM	8	\$74.00	LC2705-05
Apr 7-Jun 9	M	05:40 PM-06:25 PM	8	\$97.25	LW2765-02	Apr 7-Jun 9	M	05:05 PM-05:35 PM	8	\$74.00	LC2705-06
May 6-29	Tu/Th	04:40 PM-05:25 PM	8	\$97.25	LW2765-07	Jul 4-Aug 22	F	09:30 AM-10:00 AM	8	\$74.00	LC3705-01
Jul 7-18	M-F	11:00 AM-11:45 AM	10	\$121.50	LW3767-01	Jul 4-Aug 22	F	06:15 PM-06:45 PM	8	\$74.00	LC3705-02
Jul 21-Aug 1	M-F	10:35 AM-11:20 AM	10	\$121.50	LW3767-02	Jul 30-Aug 27	M/W	05:05 PM-05:35 PM	8	\$74.00	LC3705-03
Aug 5-15	M-F	10:25 AM-11:10 AM	9	\$109.25	LW3766-01						
Aug 5-15	M-F	06:10 PM-06:55 PM	9	\$109.25	LW3766-02						
Aug 18-22	M-F	11:10 AM-11:55 AM	10	\$121.50	LW3767-03						
		06:10 PM-06:55 PM									
Rookie Patrol (Ages 8+)						Parent & Tot 2/3 (Ages 12-36 mos)					
Apr 1-May 1	Tu/Th	06:30 PM-07:30 PM	8	\$111.25	LW2770-01	Apr 4-May 30	F	04:30 PM-05:00 PM	8	\$74.00	LC2926-01
Apr 2-May 28	W	07:10 PM-08:10 PM	8	\$111.25	LW2770-02	Apr 7-Jun 9	M	11:15 AM-11:45 AM	8	\$74.00	LC2926-02
Apr 5-May 31	Sa	11:15 AM-12:15 PM	8	\$111.25	LW2770-03	Jul 2-28	M/W	11:15 AM-11:45 AM	8	\$74.00	LC3926-01
May 6-29	Tu/Th	04:35 PM-05:35 PM	8	\$111.25	LW2770-04	Jul 3-29	Tu/Th	09:35 AM-10:05 AM	8	\$74.00	LC3926-02
Jul 7-18	M-F	06:10 PM-07:10 PM	10	\$139.00	LW3772-01	Jul 30-Aug 27	M/W	10:10 AM-10:40 AM	8	\$74.00	LC3926-03
Jul 21-Aug 1	M-F	06:10 PM-07:10 PM	10	\$139.00	LW3772-02	Jul 31-Aug 26	Tu/Th	11:20 AM-11:50 AM	8	\$74.00	LC3926-04
Aug 5-15	M-F	05:00 PM-06:00 PM	9	\$125.00	LW3771-01						
Ranger Patrol (Ages 8+)						Parent & Tot 3 (Ages 24-36 mos)					
Apr 1-May 1	Tu/Th	04:40 PM-05:40 PM	8	\$111.25	LW2775-01	Apr 1-May 27	Tu	10:00 AM-10:30 AM	8	\$74.00	LC2710-01
Apr 4-May 30	F	05:15 PM-06:15 PM	8	\$111.25	LW2775-02	Apr 2-May 28	W	10:40 AM-11:10 AM	8	\$74.00	LC2710-02
Apr 5-May 31	Sa	11:35 AM-12:35 PM	8	\$111.25	LW2775-03	Apr 4-May 30	F	11:30 AM-12:00 PM	8	\$74.00	LC2710-03
May 6-29	Tu/Th	05:20 PM-06:20 PM	8	\$111.25	LW2775-04	Apr 5-May 31	Sa	11:25 AM-11:55 AM	8	\$74.00	LC2710-04
Jul 7-18	M-F	05:50 PM-06:50 PM	10	\$139.00	LW3777-01	Apr 7-Jun 9	M	04:35 PM-05:05 PM	8	\$74.00	LC2710-05
Jul 21-Aug 1	M-F	06:10 PM-07:10 PM	10	\$139.00	LW3777-02	Jun 3-13	Tu-F	05:55 PM-06:25 PM	8	\$74.00	LC2710-06
Aug 18-22	M-F	10:35 AM-11:35 AM	10	\$139.00	LW3777-03	Jul 2-28	M/W	05:00 PM-05:30 PM	8	\$74.00	LC3710-01
		05:35 PM-06:35 PM									
Star Patrol (Ages 8+)						Preschool 1 (Ages 3-5 yrs)					
Apr 4-May 30	F	04:30 PM-05:30 PM	8	\$111.25	LW2780-02	Apr 1-May 27	Tu	10:35 AM-11:05 AM	8	\$74.00	LC2715-01
Apr 5-May 31	Sa	09:05 AM-10:05 AM	8	\$111.25	LW2780-03	Apr 1-May 27	Tu	04:30 PM-05:00 PM	8	\$74.00	LC2715-02
Apr 7-Jun 9	M	05:50 PM-06:50 PM	8	\$111.25	LW2780-01	Apr 1-May 27	Tu	05:05 PM-05:35 PM	8	\$74.00	LC2715-03
May 6-29	Tu/Th	06:50 PM-07:50 PM	8	\$111.25	LW2780-04	Apr 1-May 27	Tu	05:40 PM-06:10 PM	8	\$74.00	LC2715-04
Jul 21-Aug 1	M-F	05:00 PM-06:00 PM	10	\$139.00	LW3782-01	Apr 1-May 27	Tu	06:30 PM-07:00 PM	8	\$74.00	LC2715-05
Aug 5-15	M-F	11:00 AM-12:00 PM	9	\$125.00	LW3781-01	Apr 2-May 28	W	10:05 AM-11:35 AM	8	\$74.00	LC2715-06
						Apr 3-May 29	Th	04:35 PM-05:05 PM	8	\$74.00	LC2715-07
						Apr 3-May 29	Th	05:55 PM-06:25 PM	8	\$74.00	LC2715-08
						Apr 3-May 29	Th	06:30 PM-07:00 PM	8	\$74.00	LC2715-09
						Apr 4-May 30	F	10:10 AM-10:40 AM	8	\$74.00	LC2715-10
						Apr 4-May 30	F	04:30 PM-05:00 PM	8	\$74.00	LC2715-11
						Apr 4-May 30	F	05:40 PM-06:10 PM	8	\$74.00	LC2715-12
						Apr 4-May 30	F	06:15 PM-06:45 PM	8	\$74.00	LC2715-13
						Apr 5-May 31	Sa	10:10 AM-10:40 AM	8	\$74.00	LC2715-14
						Apr 5-May 31	Sa	10:35 AM-11:05 AM	8	\$74.00	LC2715-15
						Apr 5-May 31	Sa	12:00 PM-12:30 PM	8	\$74.00	LC2715-16
						Apr 6-Jun 1	Su	06:05 PM-06:35 PM	8	\$74.00	LC2715-17
						Apr 6-Jun 1	Su	06:20 PM-06:50 PM	8	\$74.00	LC2715-18
						Apr 7-Jun 9	M	10:10 AM-10:40 AM	8	\$74.00	LC2715-19
						Apr 7-Jun 9	M	12:25 PM-12:55 PM	8	\$74.00	LC2715-20
						Apr 7-Jun 9	M	04:35 PM-05:05 PM	8	\$74.00	LC2715-21
						Apr 7-Jun 9	M	05:05 PM-05:35 PM	8	\$74.00	LC2715-22
						Apr 7-Jun 9	M	05:45 PM-06:15 PM	8	\$74.00	LC2715-23
						Apr 7-Jun 9	M	06:30 PM-07:00 PM	8	\$74.00	LC2715-24
						Apr 7-Jun 9	M	06:50 PM-07:20 PM	8	\$74.00	LC2715-25
						Jun 3-13	Tu-F	04:30 PM-05:00 PM	8	\$74.00	LC2715-26
						Jun 3-13	Tu-F	06:15 PM-06:45 PM	8	\$74.00	LC2715-27
						Jul 2-28	M/W	09:00 AM-09:30 AM	8	\$74.00	LC3715-01

LAWSON CIVIC CENTRE 225 Primrose Drive

Classes cancelled on Apr 18, 19, 20, 21, 22, 23 & 24; May 19; Jul 1; Aug 3 & 4.

5-day lesson sets are available at Lawson Civic Centre this Spring and Summer. Refer to page 22 for more information.

Parent & Tot 1 (Ages 4-12 mos)

Apr 2-May 28	W	09:35 AM-10:05 AM	8	\$74.00	LC2700-01
Apr 3-May 29	Th	04:30 PM-05:00 PM	8	\$74.00	LC2700-02
Apr 4-May 30	F	10:45 AM-11:15 AM	8	\$74.00	LC2700-03

Lawson Civic Centre Preschool 4 lesson listings continued on page 26.

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
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Multi-Level Swim Lessons for Families

(Formerly known as Block Lessons)

Designed for families with more than one child seeking Life Saving Society swim lessons; this option accommodates multiple swim levels within a single class. Registrants can choose their preferred time slot by phone. Simply inform us of your children's swim levels, and we'll ensure they receive instruction at the same time. Available at Lawson Civic Centre. Registrations are accepted by phone only beginning Monday, March 17. Call 306-975-7873 to register.

Preschool 1 – Swimmer 3*

Apr 2-May 28	W	04:35 PM-05:05 PM	8	\$74.00	LC2513-01
Apr 2-May 28	W	05:10 PM-05:40 PM	8	\$74.00	LC2513-02
Apr 2-May 28	W	05:50 PM-06:20 PM	8	\$74.00	LC2513-03
Apr 2-May 28	W	06:25 PM-06:55 PM	8	\$74.00	LC2513-04

Swimmer 4 – 6*

Apr 2-May 28	W	05:50 PM-06:35 PM	8	\$97.25	LC2516-01
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*Cancelled Apr 23.

Preschool 2 (Ages 3-5 yrs)

Apr 1-May 27	Tu	10:10 AM-10:40 AM	8	\$74.00	LC2720-01
Apr 1-May 27	Tu	04:30 PM-05:00 PM	8	\$74.00	LC2720-02
Apr 1-May 27	Tu	05:05 PM-05:35 PM	8	\$74.00	LC2720-03
Apr 1-May 27	Tu	05:55 PM-06:25 PM	8	\$74.00	LC2720-04
Apr 1-May 27	Tu	06:15 PM-06:45 PM	8	\$74.00	LC2720-05
Apr 2-May 28	W	10:45 AM-11:15 AM	8	\$74.00	LC2720-06
Apr 3-May 29	Th	05:10 PM-05:40 PM	8	\$74.00	LC2720-07
Apr 3-May 29	Th	05:40 PM-06:10 PM	8	\$74.00	LC2720-08
Apr 4-May 30	F	09:35 AM-10:05 AM	8	\$74.00	LC2720-09
Apr 4-May 30	F	05:05 PM-05:35 PM	8	\$74.00	LC2720-10
Apr 4-May 30	F	05:55 PM-06:25 PM	8	\$74.00	LC2720-11
Apr 4-May 30	F	06:20 PM-06:50 PM	8	\$74.00	LC2720-12
Apr 5-May 31	Sa	10:00 AM-10:30 AM	8	\$74.00	LC2720-13
Apr 5-May 31	Sa	10:50 AM-11:20 AM	8	\$74.00	LC2720-14
Apr 5-May 31	Sa	11:10 AM-11:40 AM	8	\$74.00	LC2720-15
Apr 5-May 31	Sa	11:55 AM-12:25 PM	8	\$74.00	LC2720-16
Apr 6-Jun 1	Su	05:45 PM-06:15 PM	8	\$74.00	LC2720-17
Apr 6-Jun 1	Su	06:40 PM-07:10 PM	8	\$74.00	LC2720-18
Apr 7-Jun 9	M	09:35 AM-10:05 AM	8	\$74.00	LC2720-19
Apr 7-Jun 9	M	10:05 AM-10:35 AM	8	\$74.00	LC2720-20
Apr 7-Jun 9	M	04:30 PM-05:00 PM	8	\$74.00	LC2720-21
Apr 7-Jun 9	M	05:20 PM-05:50 PM	8	\$74.00	LC2720-22
Apr 7-Jun 9	M	06:15 PM-06:45 PM	8	\$74.00	LC2720-23
Jun 3-13	Tu-F	05:05 PM-05:35 PM	8	\$74.00	LC2720-24
Jul 2-28	M/W	10:45 AM-11:15 AM	8	\$74.00	LC3720-01
Jul 2-28	M/W	11:25 AM-11:55 AM	8	\$74.00	LC3720-02
Jul 2-28	M/W	05:35 PM-06:05 PM	8	\$74.00	LC3720-03
Jul 2-28	M/W	06:25 PM-06:55 PM	8	\$74.00	LC3720-04
Jul 3-29	Tu/Th	10:50 AM-11:20 AM	8	\$74.00	LC3720-05
Jul 3-29	Tu/Th	05:35 PM-06:05 PM	8	\$74.00	LC3720-06
Jul 3-29	Tu/Th	06:25 PM-06:55 PM	8	\$74.00	LC3720-07
Jul 4-Aug 22	F	10:05 AM-10:35 AM	8	\$74.00	LC3720-08
Jul 4-Aug 22	F	05:05 PM-05:35 PM	8	\$74.00	LC3720-09
Jul 4-Aug 22	F	06:10 PM-06:40 PM	8	\$74.00	LC3720-10
Jul 30-Aug 27	M/W	10:45 AM-11:15 AM	8	\$74.00	LC3720-11
Jul 30-Aug 27	M/W	05:20 PM-05:50 PM	8	\$74.00	LC3720-12
Jul 30-Aug 27	M/W	06:10 PM-06:40 PM	8	\$74.00	LC3720-13
Jul 31-Aug 26	Tu/Th	10:10 AM-10:40 AM	8	\$74.00	LC3720-14
Jul 31-Aug 26	Tu/Th	10:55 AM-11:25 AM	8	\$74.00	LC3720-15
Jul 31-Aug 26	Tu/Th	05:35 PM-06:05 PM	8	\$74.00	LC3720-16
Jul 31-Aug 26	Tu/Th	06:25 PM-06:55 PM	8	\$74.00	LC3720-17

Preschool 3 (Ages 3-5 yrs)

Apr 1-May 27	Tu	10:45 AM-11:15 AM	8	\$74.00	LC2725-01
Apr 2-May 28	W	12:05 PM-12:35 PM	8	\$74.00	LC2725-02
Apr 3-May 29	Th	05:10 PM-05:40 PM	8	\$74.00	LC2725-03
Apr 4-May 30	F	10:55 AM-11:25 AM	8	\$74.00	LC2725-04
Apr 5-May 31	Sa	10:35 AM-11:05 AM	8	\$74.00	LC2725-05
Apr 6-Jun 1	Su	05:30 PM-06:00 PM	8	\$74.00	LC2725-06
Apr 6-Jun 1	Su	06:55 PM-07:25 PM	8	\$74.00	LC2725-07
Apr 7-Jun 9	M	11:50 AM-12:20 PM	8	\$74.00	LC2725-08
Jul 2-28	M/W	05:50 PM-06:20 PM	8	\$74.00	LC3725-01
Jul 3-29	Tu/Th	09:00 AM-09:30 AM	8	\$74.00	LC3725-02
Jul 4-Aug 22	F	09:35 AM-10:05 AM	8	\$74.00	LC3725-03
Jul 4-Aug 22	F	05:55 PM-06:25 PM	8	\$74.00	LC3725-04
Jul 30-Aug 27	M/W	11:30 AM-12:00 PM	8	\$74.00	LC3725-05
Jul 30-Aug 27	M/W	05:00 PM-05:30 PM	8	\$74.00	LC3725-06
Jul 31-Aug 26	Tu/Th	09:35 AM-10:05 AM	8	\$74.00	LC3725-07

Preschool 4 (Ages 3-5 yrs)

Apr 1-May 27	Tu	05:40 PM-06:10 PM	8	\$74.00	LC2730-01
Apr 5-May 31	Sa	11:45 AM-12:15 PM	8	\$74.00	LC2730-02
Apr 6-Jun 1	Su	07:30 PM-08:00 PM	8	\$74.00	LC2730-03
Apr 7-Jun 9	M	10:40 AM-11:10 AM	8	\$74.00	LC2730-04
Apr 7-Jun 9	M	05:40 PM-06:10 PM	8	\$74.00	LC2730-05

Lawson Civic Centre Preschool 4 lesson listings continued from page 25.

Jul 2-28	M/W	10:05 AM-10:35 AM	8	\$74.00	LC3715-02
Jul 2-28	M/W	05:00 PM-05:30 PM	8	\$74.00	LC3715-03
Jul 2-28	M/W	05:40 PM-06:10 PM	8	\$74.00	LC3715-04
Jul 3-29	Tu/Th	10:05 AM-10:35 AM	8	\$74.00	LC3715-05
Jul 3-29	Tu/Th	11:20 AM-11:50 AM	8	\$74.00	LC3715-06
Jul 3-29	Tu/Th	05:05 PM-05:35 PM	8	\$74.00	LC3715-07
Jul 3-29	Tu/Th	05:50 PM-06:20 PM	8	\$74.00	LC3715-08
Jul 4-Aug 22	F	10:45 AM-11:15 AM	8	\$74.00	LC3715-09
Jul 4-Aug 22	F	11:30 AM-12:00 PM	8	\$74.00	LC3715-10
Jul 4-Aug 22	F	05:00 PM-05:30 PM	8	\$74.00	LC3715-11
Jul 4-Aug 22	F	06:25 PM-06:55 PM	8	\$74.00	LC3715-12
Jul 30-Aug 27	M/W	09:35 AM-10:05 AM	8	\$74.00	LC3715-13
Jul 30-Aug 27	M/W	05:40 PM-06:10 PM	8	\$74.00	LC3715-14
Jul 30-Aug 27	M/W	06:25 PM-06:55 PM	8	\$74.00	LC3715-15
Jul 31-Aug 26	Tu/Th	09:35 AM-10:05 AM	8	\$74.00	LC3715-16
Jul 31-Aug 26	Tu/Th	11:30 AM-12:00 PM	8	\$74.00	LC3715-17
Jul 31-Aug 26	Tu/Th	05:05 PM-05:35 PM	8	\$74.00	LC3715-18
Jul 31-Aug 26	Tu/Th	05:50 PM-06:20 PM	8	\$74.00	LC3715-19

Preschool 1/2 (Ages 3-5 yrs)

Apr 7-Jun 9	M	10:45 AM-11:15 AM	8	\$74.00	LC2929-01
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LIFESAVING SOCIETY SWIM LESSONS


PROGRAMS & ACTIVITIES

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Jul 3-29	Tu/Th	11:15 AM-11:45 AM	8	\$74.00	LC3730-01	<i>Looking for a fun aquatic program for children ages 3-5?</i>					
Jul 3-29	Tu/Th	05:05 PM-05:35 PM	8	\$74.00	LC3730-02						
Jul 30-Aug 27	M/W	10:20 AM-10:50 AM	8	\$74.00	LC3730-03						
Preschool 4/5 (Ages 3-5 yrs)						<i>Check out Lil' Movers Swim & Play, available at Riversdale Pool and Lawson Civic Centre. Refer to page 31 to learn more.</i>					
Apr 1-May 27	Tu	11:10 AM-11:40 AM	8	\$74.00	LC2932-01						
Apr 2-May 28	W	11:20 AM-11:50 AM	8	\$74.00	LC2932-02						
Apr 4-May 30	F	11:20 AM-11:50 AM	8	\$74.00	LC2932-03					
Jul 2-28	M/W	10:40 AM-11:10 AM	8	\$74.00	LC3932-01						
Jul 4-Aug 22	F	11:30 AM-12:00 PM	8	\$74.00	LC3932-02						
Jul 31-Aug 26	Tu/Th	10:05 AM-10:35 AM	8	\$74.00	LC3932-03	Swimmer 2 (Ages 6+)					
Preschool 5 (Ages 3-5 yrs)						Apr 1-May 27	Tu	04:30 PM-05:00 PM	8	\$74.00	LC2745-01
Apr 1-May 27	Tu	05:05 PM-05:35 PM	8	\$74.00	LC2735-01	Apr 1-May 27	Tu	05:10 PM-05:40 PM	8	\$74.00	LC2745-02
Apr 3-May 29	Th	06:20 PM-06:50 PM	8	\$74.00	LC2735-02	Apr 1-May 27	Tu	06:15 PM-06:45 PM	8	\$74.00	LC2745-03
Apr 4-May 30	F	04:30 PM-05:00 PM	8	\$74.00	LC2735-03	Apr 1-May 27	Tu	06:50 PM-07:20 PM	8	\$74.00	LC2745-04
Apr 5-May 31	Sa	12:30 PM-01:00 PM	8	\$74.00	LC2735-04	Apr 3-May 29	Th	04:35 PM-05:05 PM	8	\$74.00	LC2745-05
Jul 31-Aug 26	Tu/Th	05:05 PM-05:35 PM	8	\$74.00	LC3735-01	Apr 3-May 29	Th	05:55 PM-06:25 PM	8	\$74.00	LC2745-06
Swimmer 1 (Ages 6+)						Apr 3-May 29	Th	06:20 PM-06:50 PM	8	\$74.00	LC2745-07
Apr 1-May 27	Tu	04:30 PM-05:00 PM	8	\$74.00	LC2740-01	Apr 4-May 30	F	05:10 PM-05:40 PM	8	\$74.00	LC2745-08
Apr 1-May 27	Tu	05:45 PM-06:15 PM	8	\$74.00	LC2740-02	Apr 4-May 30	F	05:40 PM-06:10 PM	8	\$74.00	LC2745-09
Apr 1-May 27	Tu	06:50 PM-07:20 PM	8	\$74.00	LC2740-03	Apr 5-May 31	Sa	11:20 AM-11:50 AM	8	\$74.00	LC2745-10
Apr 3-May 29	Th	04:30 PM-05:00 PM	8	\$74.00	LC2740-05	Apr 5-May 31	Sa	12:20 PM-12:50 PM	8	\$74.00	LC2745-11
Apr 3-May 29	Th	05:20 PM-05:50 PM	8	\$74.00	LC2740-06	Apr 6-Jun 1	Su	05:10 PM-05:40 PM	8	\$74.00	LC2745-12
Apr 3-May 29	Th	05:45 PM-06:15 PM	8	\$74.00	LC2740-07	Apr 7-Jun 9	M	05:10 PM-05:40 PM	8	\$74.00	LC2745-13
Apr 3-May 29	Th	06:55 PM-07:25 PM	8	\$74.00	LC2740-08	Apr 7-Jun 9	M	06:15 PM-06:45 PM	8	\$74.00	LC2745-14
Apr 4-May 30	F	04:35 PM-05:05 PM	8	\$74.00	LC2740-09	Apr 7-Jun 9	M	06:50 PM-07:20 PM	8	\$74.00	LC2745-15
Apr 4-May 30	F	05:05 PM-05:35 PM	8	\$74.00	LC2740-10	Jun 3-13	Tu-F	05:40 PM-06:10 PM	8	\$74.00	LC2745-16
Apr 4-May 30	F	06:30 PM-07:00 PM	8	\$74.00	LC2740-11	Jul 2-28	M/W	10:05 AM-10:35 AM	8	\$74.00	LC3745-01
Apr 5-May 31	Sa	10:00 AM-10:30 AM	8	\$74.00	LC2740-12	Jul 2-28	M/W	11:20 AM-11:50 AM	8	\$74.00	LC3745-02
Apr 5-May 31	Sa	10:45 AM-11:15 AM	8	\$74.00	LC2740-13	Jul 2-28	M/W	06:15 PM-06:45 PM	8	\$74.00	LC3745-03
Apr 5-May 31	Sa	11:45 AM-12:15 PM	8	\$74.00	LC2740-14	Jul 3-29	Tu/Th	10:20 AM-10:50 AM	8	\$74.00	LC3745-04
Apr 6-Jun 1	Su	07:15 PM-07:45 PM	8	\$74.00	LC2740-15	Jul 3-29	Tu/Th	10:40 AM-11:10 AM	8	\$74.00	LC3745-05
Apr 7-Jun 9	M	11:20 AM-11:50 AM	8	\$74.00	LC2740-16	Jul 3-29	Tu/Th	06:10 PM-06:40 PM	8	\$74.00	LC3745-06
Apr 7-Jun 9	M	04:30 PM-05:00 PM	8	\$74.00	LC2740-17	Jul 4-Aug 22	F	10:20 AM-10:50 AM	8	\$74.00	LC3745-07
Apr 7-Jun 9	M	05:45 PM-06:15 PM	8	\$74.00	LC2740-18	Jul 4-Aug 22	F	10:40 AM-11:10 AM	8	\$74.00	LC3745-08
Apr 7-Jun 9	M	05:55 PM-06:25 PM	8	\$74.00	LC2740-19	Jul 4-Aug 22	F	11:20 AM-11:50 AM	8	\$74.00	LC3745-09
Apr 7-Jun 9	M	06:20 PM-06:50 PM	8	\$74.00	LC2740-20	Jul 4-Aug 22	F	05:40 PM-06:10 PM	8	\$74.00	LC3745-10
Jun 3-13	Tu-F	04:30 PM-05:00 PM	8	\$74.00	LC2740-21	Jul 30-Aug 27	M/W	10:10 AM-10:40 AM	8	\$74.00	LC3745-11
Jun 3-13	Tu-F	06:30 PM-07:00 PM	8	\$74.00	LC2740-22	Jul 30-Aug 27	M/W	11:20 AM-11:50 AM	8	\$74.00	LC3745-12
Jul 2-28	M/W	09:30 AM-10:00 AM	8	\$74.00	LC3740-01	Jul 30-Aug 27	M/W	05:50 PM-06:20 PM	8	\$74.00	LC3745-13
Jul 2-28	M/W	10:00 AM-10:30 AM	8	\$74.00	LC3740-02	Jul 31-Aug 26	Tu/Th	10:10 AM-10:40 AM	8	\$74.00	LC3745-14
Jul 2-28	M/W	11:15 AM-11:45 AM	8	\$74.00	LC3740-03	Jul 31-Aug 26	Tu/Th	10:40 AM-11:10 AM	8	\$74.00	LC3745-15
Jul 2-28	M/W	05:05 PM-05:35 PM	8	\$74.00	LC3740-04	Jul 31-Aug 26	Tu/Th	11:20 AM-11:50 AM	8	\$74.00	LC3745-16
Jul 2-28	M/W	06:10 PM-06:40 PM	8	\$74.00	LC3740-05	Jul 31-Aug 26	Tu/Th	06:10 PM-06:40 PM	8	\$74.00	LC3745-17
Jul 3-29	Tu/Th	10:10 AM-10:40 AM	8	\$74.00	LC3740-06	Swimmer 3 (Ages 6+)					
Jul 3-29	Tu/Th	10:45 AM-11:15 AM	8	\$74.00	LC3740-07	Apr 1-May 27	Tu	04:35 PM-05:05 PM	8	\$74.00	LC2750-01
Jul 3-29	Tu/Th	11:25 AM-11:55 AM	8	\$74.00	LC3740-08	Apr 3-May 29	Th	05:45 PM-06:15 PM	8	\$74.00	LC2750-02
Jul 3-29	Tu/Th	05:00 PM-05:30 PM	8	\$74.00	LC3740-09	Apr 4-May 30	F	05:45 PM-06:15 PM	8	\$74.00	LC2750-03
Jul 3-29	Tu/Th	05:40 PM-06:10 PM	8	\$74.00	LC3740-10	Apr 5-May 31	Sa	11:10 AM-11:40 AM	8	\$74.00	LC2750-04
Jul 3-29	Tu/Th	06:30 PM-07:00 PM	8	\$74.00	LC3740-11	Apr 5-May 31	Sa	12:20 PM-12:50 PM	8	\$74.00	LC2750-05
Jul 4-Aug 22	F	09:00 AM-09:30 AM	8	\$74.00	LC3740-12	Apr 7-Jun 9	M	05:10 PM-05:40 PM	8	\$74.00	LC2750-06
Jul 4-Aug 22	F	09:45 AM-10:15 AM	8	\$74.00	LC3740-13	Apr 7-Jun 9	M	05:40 PM-06:10 PM	8	\$74.00	LC2750-07
Jul 4-Aug 22	F	10:05 AM-10:35 AM	8	\$74.00	LC3740-14	Jul 2-28	M/W	10:10 AM-10:40 AM	8	\$74.00	LC3750-01
Jul 4-Aug 22	F	10:55 AM-11:25 AM	8	\$74.00	LC3740-15	Jul 2-28	M/W	06:25 PM-06:55 PM	8	\$74.00	LC3750-02
Jul 4-Aug 22	F	05:20 PM-05:50 PM	8	\$74.00	LC3740-16	Jul 3-29	Tu/Th	10:55 AM-11:25 AM	8	\$74.00	LC3750-03
Jul 4-Aug 22	F	05:50 PM-06:20 PM	8	\$74.00	LC3740-17	Jul 4-Aug 22	F	10:10 AM-10:40 AM	8	\$74.00	LC3750-04
Jul 30-Aug 27	M/W	09:35 AM-10:05 AM	8	\$74.00	LC3740-18	Jul 4-Aug 22	F	06:30 PM-07:00 PM	8	\$74.00	LC3750-05
Jul 30-Aug 27	M/W	10:45 AM-11:15 AM	8	\$74.00	LC3740-19	Jul 30-Aug 27	M/W	11:20 AM-11:50 AM	8	\$74.00	LC3750-06
Jul 30-Aug 27	M/W	05:35 PM-06:05 PM	8	\$74.00	LC3740-20	Jul 30-Aug 27	M/W	06:30 PM-07:00 PM	8	\$74.00	LC3750-07
Jul 30-Aug 27	M/W	06:15 PM-06:45 PM	8	\$74.00	LC3740-21	Jul 31-Aug 26	Tu/Th	10:45 AM-11:15 AM	8	\$74.00	LC3750-08
Jul 31-Aug 26	Tu/Th	09:00 AM-09:30 AM	8	\$74.00	LC3740-22	Swimmer 4 (Ages 6+)					
Jul 31-Aug 26	Tu/Th	10:45 AM-11:15 AM	8	\$74.00	LC3740-23	Apr 1-May 27	Tu	05:05 PM-05:50 PM	8	\$97.25	LC2755-01
Jul 31-Aug 26	Tu/Th	05:00 PM-05:30 PM	8	\$74.00	LC3740-24	Apr 3-May 29	Th	04:30 PM-05:15 PM	8	\$97.25	LC2755-02
Jul 31-Aug 26	Tu/Th	05:40 PM-06:10 PM	8	\$74.00	LC3740-25						
Jul 31-Aug 26	Tu/Th	06:30 PM-07:00 PM	8	\$74.00	LC3740-26						

27

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Apr 4-May 30	F	05:05 PM-05:50 PM	8	\$97.25	LC2755-03	Apr 5-Jun 7	Sa	09:00 AM-09:30 AM	8	\$74.00	SC2715-07
Apr 5-May 31	Sa	10:55 AM-11:40 AM	8	\$97.25	LC2755-04	Apr 5-Jun 7	Sa	09:50 AM-10:20 AM	8	\$74.00	SC2715-08
Apr 7-Jun 9	M	04:30 PM-05:15 PM	8	\$97.25	LC2755-05	Apr 5-Jun 7	Sa	11:00 AM-11:30 AM	8	\$74.00	SC2715-09
Jun 3-13	Tu-F	05:05 PM-05:50 PM	8	\$97.25	LC2755-06	Apr 6-Jun 8	Su	11:50 AM-12:20 PM	8	\$74.00	SC2715-10
Jul 2-28	M/W	05:35 PM-06:20 PM	8	\$97.25	LC3755-01	Jul 7-18	M-F	09:00 AM-09:30 AM	10	\$92.50	SC3717-01
Jul 3-29	Tu/Th	10:00 AM-10:45 AM	8	\$97.25	LC3755-02	Jul 7-18	M-F	09:35 AM-10:05 AM	10	\$92.50	SC3717-02
Jul 3-29	Tu/Th	05:00 PM-05:45 PM	8	\$97.25	LC3755-03	Jul 21-Aug 1	M-F	09:00 AM-09:30 AM	10	\$92.50	SC3717-03
Jul 31-Aug 26	Tu/Th	10:05 AM-10:50 AM	8	\$97.25	LC3755-05	Jul 21-Aug 1	M-F	10:10 AM-10:40 AM	10	\$92.50	SC3717-04
Jul 31-Aug 26	Tu/Th	06:15 PM-07:00 PM	8	\$97.25	LC3755-06	Jul 21-Aug 1	M-F	11:35 AM-12:05 PM	10	\$92.50	SC3717-05
Swimmer 4/5 (Ages 6+)						Aug 5-15	M-F	09:35 AM-10:05 AM	9	\$83.25	SC3716-01
Jul 4-Aug 22	F	10:40 AM-11:25 AM	8	\$97.25	LC3938-01	Aug 18-29	M-F	09:00 AM-09:30 AM	10	\$92.50	SC3717-06
Jul 30-Aug 27	M/W	05:00 PM-05:45 PM	8	\$97.25	LC3938-02	Aug 18-29	M-F	09:35 AM-10:05 AM	10	\$92.50	SC3717-07
Swimmer 5 (Ages 6+)						Preschool 2 (Ages 3-5 yrs)					
Apr 3-May 29	Th	06:15 PM-07:00 PM	8	\$97.25	LC2760-01	Apr 1-May 27	Tu	05:25 PM-05:55 PM	8	\$74.00	SC2720-01
Apr 5-May 31	Sa	11:45 AM-12:30 PM	8	\$97.25	LC2760-02	Apr 1-May 27	Tu	06:35 PM-07:05 PM	8	\$74.00	SC2720-02
Apr 7-Jun 9	M	06:20 PM-07:05 PM	8	\$97.25	LC2760-03	Apr 3-May 29	Th	06:00 PM-06:30 PM	8	\$74.00	SC2720-03
Jul 3-29	Tu/Th	05:40 PM-06:25 PM	8	\$97.25	LC3760-01	Apr 3-May 29	Th	06:25 PM-06:55 PM	8	\$74.00	SC2720-04
Jul 30-Aug 27	M/W	10:05 AM-10:50 AM	8	\$97.25	LC3760-02	Apr 5-Jun 7	Sa	09:35 AM-10:05 AM	8	\$74.00	SC2720-05
Jul 31-Aug 26	Tu/Th	05:40 PM-06:25 PM	8	\$97.25	LC3760-03	Apr 5-Jun 7	Sa	10:50 AM-11:20 AM	8	\$74.00	SC2720-06
Swimmer 5/6 (Ages 6+)						Apr 5-Jun 7	Sa	11:25 AM-11:55 AM	8	\$74.00	SC2720-07
Jul 31-Aug 26	Tu/Th	11:15 AM-12:00 PM	8	\$97.25	LC3941-01	Apr 6-Jun 8	Su	10:25 AM-10:55 AM	8	\$74.00	SC2720-08
Jul 31-Aug 26	Tu/Th	05:00 PM-05:45 PM	8	\$97.25	LC3941-02	Apr 6-Jun 8	Su	11:15 AM-11:45 AM	8	\$74.00	SC2720-09
Swimmer 6 (Ages 6+)						Apr 6-Jun 8	Su	11:45 AM-12:15 PM	8	\$74.00	SC2720-10
Apr 3-May 29	Th	05:05 PM-05:50 PM	8	\$97.25	LC2765-01	Jul 7-18	M-F	09:50 AM-10:20 AM	10	\$92.50	SC3722-01
Apr 4-May 30	F	06:15 PM-07:00 PM	8	\$97.25	LC2765-02	Jul 7-18	M-F	10:45 AM-11:15 AM	10	\$92.50	SC3722-02
Apr 5-May 31	Sa	10:00 AM-10:45 AM	8	\$97.25	LC2765-03	Jul 21-Aug 1	M-F	09:35 AM-10:05 AM	10	\$92.50	SC3722-03
Jul 3-29	Tu/Th	06:15 PM-07:00 PM	8	\$97.25	LC3765-01	Jul 21-Aug 1	M-F	10:25 AM-10:55 AM	10	\$92.50	SC3722-04
						Aug 5-15	M-F	09:00 AM-09:30 AM	9	\$83.25	SC3721-01
						Aug 5-15	M-F	10:10 AM-10:40 AM	9	\$83.25	SC3721-02
						Aug 18-29	M-F	09:50 AM-10:20 AM	10	\$92.50	SC3722-05
						Aug 18-29	M-F	10:45 AM-11:15 AM	10	\$92.50	SC3722-06
SHAW CENTRE 122 Bowlt Crescent						Preschool 3 (Ages 3-5 yrs)					
<i>Classes cancelled on Apr 12, 13, 22 & 24; May 17 & 18.</i>						Apr 1-May 27	Tu	05:10 PM-05:40 PM	8	\$74.00	SC2725-01
<div></div> <i>Shaw Centre cancellation dates may vary from other facilities due to aquatic events and competitions. Please check cancellation dates closely.</i>						Apr 1-May 27	Tu	06:55 PM-07:25 PM	8	\$74.00	SC2725-02
						Apr 1-May 27	Tu	07:10 PM-07:40 PM	8	\$74.00	SC2725-03
						Apr 3-May 29	Th	05:25 PM-05:55 PM	8	\$74.00	SC2725-04
						Apr 3-May 29	Th	06:35 PM-07:05 PM	8	\$74.00	SC2725-05
						Apr 5-Jun 7	Sa	10:15 AM-10:45 AM	8	\$74.00	SC2725-06
						Apr 6-Jun 8	Su	09:50 AM-10:20 AM	8	\$74.00	SC2725-07
						Apr 6-Jun 8	Su	10:25 AM-10:55 AM	8	\$74.00	SC2725-08
						Jul 7-18	M-F	11:20 AM-11:50 AM	10	\$92.50	SC3727-01
						Jul 21-Aug 1	M-F	09:00 AM-09:30 AM	10	\$92.50	SC3727-02
						Aug 5-15	M-F	09:35 AM-10:05 AM	9	\$83.25	SC3726-01
						Aug 5-15	M-F	11:20 AM-11:50 AM	9	\$83.25	SC3726-02
						Aug 18-29	M-F	10:55 AM-11:25 AM	10	\$92.50	SC3727-03
						Preschool 4 (Ages 3-5 yrs)					
						Apr 1-May 27	Tu	06:20 PM-06:50 PM	8	\$74.00	SC2730-01
						Apr 5-Jun 7	Sa	10:25 AM-10:55 AM	8	\$74.00	SC2730-02
						Apr 5-Jun 7	Sa	11:35 AM-12:05 PM	8	\$74.00	SC2730-03
						Jul 21-Aug 1	M-F	11:35 AM-12:05 PM	10	\$92.50	SC3732-01
						Preschool 5 (Ages 3-5 yrs)					
						Apr 3-May 29	Th	04:40 PM-05:10 PM	8	\$74.00	SC2735-01
						Apr 6-Jun 8	Su	09:15 AM-09:45 AM	8	\$74.00	SC2735-02
						Aug 5-15	M-F	10:10 AM-10:40 AM	9	\$83.25	SC3736-01
										
						<i>Love to swim?</i>					
						<i>With the purchase of a LeisureCard you can enjoy unlimited access to public swim times.</i>					
						<i>See page 10.</i>					

LIFESAVING SOCIETY SWIM LESSONS

PROGRAMS & ACTIVITIES

LIFESAVING SOCIETY SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL & SWIMMER)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
Swimmer 1 (Ages 6+)						<div>Not sure what swim level would suit your child?</div> <div>Refer to pages 17-18 for lesson level descriptions.</div>					
Apr 1-May 27	Tu	05:10 PM-05:40 PM	8	\$74.00	SC2740-01						
Apr 1-May 27	Tu	06:00 PM-06:30 PM	8	\$74.00	SC2740-02						
Apr 3-May 29	Th	05:15 PM-05:45 PM	8	\$74.00	SC2740-03						
Apr 3-May 29	Th	06:25 PM-06:55 PM	8	\$74.00	SC2740-04						
Apr 3-May 29	Th	07:10 PM-07:40 PM	8	\$74.00	SC2740-05						
Apr 5-Jun 7	Sa	09:05 AM-09:35 AM	8	\$74.00	SC2740-06						
Apr 5-Jun 7	Sa	09:40 AM-10:10 AM	8	\$74.00	SC2740-07						
Apr 5-Jun 7	Sa	11:25 AM-11:55 AM	8	\$74.00	SC2740-08						
Apr 6-Jun 8	Su	09:15 AM-09:45 AM	8	\$74.00	SC2740-09						
Apr 6-Jun 8	Su	09:50 AM-10:20 AM	8	\$74.00	SC2740-10						
Apr 6-Jun 8	Su	11:00 AM-11:30 AM	8	\$74.00	SC2740-11						
Apr 6-Jun 8	Su	11:50 AM-12:20 PM	8	\$74.00	SC2740-12						
Jul 7-18	M-F	09:00 AM-09:30 AM	10	\$92.50	SC3742-01						
Jul 7-18	M-F	10:25 AM-10:55 AM	10	\$92.50	SC3742-03						
Jul 7-18	M-F	10:55 AM-11:25 AM	10	\$92.50	SC3742-02						
Jul 7-18	M-F	11:35 AM-12:05 PM	10	\$92.50	SC3742-04						
Jul 21-Aug 1	M-F	09:50 AM-10:20 AM	10	\$92.50	SC3742-05						
Jul 21-Aug 1	M-F	11:00 AM-11:30 AM	10	\$92.50	SC3742-06						
Jul 21-Aug 1	M-F	11:20 AM-11:50 AM	10	\$92.50	SC3742-07						
Aug 5-15	M-F	09:00 AM-09:30 AM	9	\$83.25	SC3741-01						
Aug 5-15	M-F	09:50 AM-10:20 AM	9	\$83.25	SC3741-02						
Aug 5-15	M-F	10:10 AM-10:40 AM	9	\$83.25	SC3741-03						
Aug 5-15	M-F	10:45 AM-11:15 AM	9	\$83.25	SC3741-04						
Aug 18-29	M-F	09:00 AM-09:30 AM	10	\$92.50	SC3742-08						
Aug 18-29	M-F	10:10 AM-10:40 AM	10	\$92.50	SC3742-09						
Aug 18-29	M-F	11:30 AM-12:00 PM	10	\$92.50	SC3742-10						
Swimmer 2 (Ages 6+)						Swimmer 4 (Ages 6+)					
Apr 1-May 27	Tu	04:35 PM-05:05 PM	8	\$74.00	SC2745-01	Apr 1-May 27	Tu	04:35 PM-05:20 PM	8	\$97.25	SC2755-01
Apr 1-May 27	Tu	05:25 PM-05:55 PM	8	\$74.00	SC2745-02	Apr 1-May 27	Tu	05:25 PM-06:10 PM	8	\$97.25	SC2755-02
Apr 1-May 27	Tu	07:30 PM-08:00 PM	8	\$74.00	SC2745-03	Apr 1-May 27	Tu	06:50 PM-07:35 PM	8	\$97.25	SC2755-03
Apr 3-May 29	Th	04:35 PM-05:05 PM	8	\$74.00	SC2745-04	Apr 3-May 29	Th	04:35 PM-05:20 PM	8	\$97.25	SC2755-04
Apr 3-May 29	Th	05:15 PM-05:45 PM	8	\$74.00	SC2745-05	Apr 3-May 29	Th	05:10 PM-05:55 PM	8	\$97.25	SC2755-05
Apr 3-May 29	Th	06:00 PM-06:30 PM	8	\$74.00	SC2745-06	Apr 5-Jun 7	Sa	09:00 AM-09:45 AM	8	\$97.25	SC2755-06
Apr 5-Jun 7	Sa	09:05 AM-09:35 AM	8	\$74.00	SC2745-07	Apr 5-Jun 7	Sa	10:10 AM-10:55 AM	8	\$97.25	SC2755-07
Apr 5-Jun 7	Sa	09:40 AM-10:10 AM	8	\$74.00	SC2745-08	Apr 6-Jun 8	Su	10:25 AM-11:10 AM	8	\$97.25	SC2755-08
Apr 5-Jun 7	Sa	10:15 AM-10:45 AM	8	\$74.00	SC2745-09	Apr 6-Jun 8	Su	10:55 AM-11:40 AM	8	\$97.25	SC2755-09
Apr 6-Jun 8	Su	09:15 AM-09:45 AM	8	\$74.00	SC2745-10	Apr 6-Jun 8	Su	11:35 AM-12:20 PM	8	\$97.25	SC2755-10
Apr 6-Jun 8	Su	10:40 AM-11:10 AM	8	\$74.00	SC2745-11	Jul 7-18	M-F	10:05 AM-10:50 AM	10	\$121.50	SC3757-01
Jul 7-18	M-F	09:35 AM-10:05 AM	10	\$92.50	SC3747-01	Jul 7-18	M-F	11:20 AM-12:05 PM	10	\$121.50	SC3757-02
Jul 7-18	M-F	10:10 AM-10:40 AM	10	\$92.50	SC3747-02	Jul 21-Aug 1	M-F	09:00 AM-09:45 AM	10	\$121.50	SC3757-03
Jul 7-18	M-F	11:00 AM-11:30 AM	10	\$92.50	SC3747-03	Jul 21-Aug 1	M-F	10:10 AM-10:55 AM	10	\$121.50	SC3757-04
Jul 21-Aug 1	M-F	09:50 AM-10:20 AM	10	\$92.50	SC3747-04	Aug 5-15	M-F	11:20 AM-12:05 PM	9	\$109.25	SC3756-01
Jul 21-Aug 1	M-F	10:45 AM-11:15 AM	10	\$92.50	SC3747-05	Aug 18-29	M-F	11:20 AM-12:05 PM	10	\$121.50	SC3757-05
Jul 21-Aug 1	M-F	11:00 AM-11:30 AM	10	\$92.50	SC3747-06						
Jul 21-Aug 1	M-F	11:35 AM-12:05 PM	10	\$92.50	SC3747-07						
Aug 5-15	M-F	09:35 AM-10:05 AM	9	\$83.25	SC3746-01						
Aug 5-15	M-F	10:45 AM-11:15 AM	9	\$83.25	SC3746-02						
Aug 5-15	M-F	11:20 AM-11:50 AM	9	\$83.25	SC3746-03						
Aug 18-29	M-F	09:35 AM-10:05 AM	10	\$92.50	SC3747-08						
Aug 18-29	M-F	11:20 AM-11:50 AM	10	\$92.50	SC3747-09						
Swimmer 3 (Ages 6+)						Swimmer 5 (Ages 6+)					
Apr 1-May 27	Tu	06:15 PM-06:45 PM	8	\$74.00	SC2750-01	Apr 1-May 27	Tu	04:35 PM-05:20 PM	8	\$97.25	SC2760-01
Apr 1-May 27	Tu	07:25 PM-07:55 PM	8	\$74.00	SC2750-02	Apr 3-May 29	Th	04:35 PM-05:20 PM	8	\$97.25	SC2760-02
Apr 3-May 29	Th	05:50 PM-06:20 PM	8	\$74.00	SC2750-03	Apr 5-Jun 7	Sa	10:10 AM-10:55 AM	8	\$97.25	SC2760-03
Apr 3-May 29	Th	06:35 PM-07:05 PM	8	\$74.00	SC2750-04	Apr 6-Jun 8	Su	09:50 AM-10:35 AM	8	\$97.25	SC2760-04
Apr 5-Jun 7	Sa	09:35 AM-10:05 PM	8	\$74.00	SC2750-05	Jul 21-Aug 1	M-F	09:00 AM-09:45 AM	10	\$121.50	SC3762-01
Apr 5-Jun 7	Sa	10:50 AM-11:20 AM	8	\$74.00	SC2750-06	Aug 5-15	M-F	09:00 AM-09:45 AM	9	\$109.25	SC3761-01
Apr 6-Jun 8	Su	09:15 AM-09:45 AM	8	\$74.00	SC2750-07	Aug 18-29	M-F	10:05 AM-10:50 AM	10	\$121.50	SC3762-02
Apr 6-Jun 8	Su	11:50 AM-12:20 PM	8	\$74.00	SC2750-08						
Jul 7-18	M-F	10:45 AM-11:15 AM	10	\$92.50	SC3752-01						
Jul 21-Aug 1	M-F	09:35 AM-10:05 AM	10	\$92.50	SC3752-02						
Jul 21-Aug 1	M-F	10:25 AM-10:55 AM	10	\$92.50	SC3752-03						
Aug 5-15	M-F	09:00 AM-09:30 AM	9	\$83.25	SC3751-01						
Aug 18-29	M-F	10:45 AM-11:15 AM	10	\$92.50	SC3752-04						
						Swimmer 6 (Ages 6+)					
						Apr 1-May 27	Tu	06:35 PM-07:20 PM	8	\$97.25	SC2765-01
						Apr 3-May 29	Th	06:00 PM-06:45 PM	8	\$97.25	SC2765-02
						Apr 6-Jun 8	Su	11:00 AM-11:45 AM	8	\$97.25	SC2765-03
						Jul 7-18	M-F	09:00 AM-09:45 AM	10	\$121.50	SC3767-01
						Aug 18-29	M-F	09:00 AM-09:45 AM	10	\$121.50	SC3767-02
						Rookie Patrol (Ages 8+)					
						Apr 1-May 27	Tu	05:45 PM-06:45 PM	8	\$111.25	SC2770-01
						Apr 5-Jun 7	Sa	11:00 AM-12:00 PM	8	\$111.25	SC2770-02
						Jul 7-18	M-F	09:00 AM-10:00 AM	10	\$139.00	SC3772-01
						Aug 18-29	M-F	09:00 AM-10:00 AM	10	\$139.00	SC3772-02
						Ranger Patrol (Ages 8+)					
						Apr 1-May 27	Tu	06:50 PM-07:50 PM	8	\$111.25	SC2775-01
						Apr 6-Jun 8	Su	09:50 AM-10:50 AM	8	\$111.25	SC2775-02
						Aug 5-15	M-F	10:25 AM-11:25 AM	9	\$125.00	SC3776-01
						Star Patrol (Ages 8+)					
						Apr 3-May 29	Th	07:00 PM-08:00 PM	8	\$111.25	SC2780-01
						Aug 18-29	M-F	10:25 AM-11:25 AM	10	\$139.00	SC3782-02

LIFESAVING SOCIETY SWIM LESSON LISTINGS (ADULT)

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code	
GEORGE WARD POOL 1915 5th Street East						LAWSON CIVIC CENTRE 225 Primrose Drive						
Adult Swimmer 1						<i>Classes cancelled on Apr 18, 22 & 23; Aug 4.</i>						
Jul 7-18	M-F	06:00 PM-06:45 PM	10	\$129.75	GW3908-01	Adult Swimmer 1	Apr 1-May 27	Tu	06:20 PM-07:05 PM	8	\$122.00	LC2901-01
Jul 7-18	M-F	07:25 PM-08:10 PM	10	\$129.75	GW3908-02	Apr 2-May 28	W	11:55 AM-12:40 PM	8	\$122.00	LC2901-02	
Jul 21-Aug 1	M-F	10:30 AM-11:15 AM	10	\$129.75	GW3908-03	Apr 4-May 30	F	11:55 AM-12:40 PM	8	\$122.00	LC2901-03	
Jul 21-Aug 1	M-F	07:25 PM-08:10 PM	10	\$129.75	GW3908-04	Jul 2-28	M/W	10:35 AM-11:20 AM	8	\$122.00	LC3901-01	
Adult Swimmer 2						Jul 4-Aug 22	F	05:00 PM-05:45 PM	8	\$122.00	LC3901-02	
Jul 21-Aug 1	M-F	06:00 PM-06:45 PM	10	\$129.75	GW3910-01	Adult Swimmer 2						
						Apr 1-May 27	Tu	06:15 PM-07:00 PM	8	\$122.00	LC2902-01	
						Jul 30-Aug 27	M/W	10:55 AM-11:40 AM	8	\$122.00	LC3902-01	
MAYFAIR POOL 1025 Avenue F North						SHAW CENTRE 122 Bowlt Crescent						
Adult Swimmer 1						<i>Classes cancelled on Apr 12 & 24; May 17.</i>						
Jul 21-Aug 1	M-F	09:15 AM-10:00 AM	10	\$129.75	MY3908-01	Adult Swimmer 1	Apr 3-May 29	Th	07:00 PM-07:45 PM	8	\$122.00	SC2901-01
						Adult Swimmer 2	Apr 5-Jun 7	Sa	11:00 AM-11:45 AM	8	\$122.00	SC2902-01
LAKEWOOD CIVIC CENTRE 1635 McKercher Drive												
<i>Classes cancelled on April 20, 22, & 24.</i>												
Adult Swimmer 1												
Apr 6-Jun 1	Su	08:00 PM-08:45 PM	8	\$122.00	LW2901-01							
May 6-29	Tu/Th	07:20 PM-08:05 PM	8	\$122.00	LW2901-02							
Adult Swimmer 2												
Apr 6-Jun 1	Su	07:40 PM-08:25 PM	8	\$122.00	LW2902-01							
May 6-29	Tu/Th	07:25 PM-08:10 PM	8	\$122.00	LW2902-02							

ADDITIONAL SWIM LESSON OPTIONS

*Note: registration for Private & Semi-Private swim lessons and Multi-level Swim Lessons for Families will open on **Monday, March 17.***

Private Swim Lessons

Receive personalized attention with one-on-one private swim lessons. With the instructor's full attention, these half-hour sessions are an excellent opportunity to get to the next level of development. Available at Lakewood Civic Centre and Lawson Civic Centre. Call any facility for more information or to register.

Youth 1 session \$39.75 • 3 sessions \$116.50 • 5 sessions \$189.75
Adult 1 session \$44.25 • 3 sessions \$125.75 • 5 sessions \$205.25

Semi-Private Swim Lessons

Groups of two receive personalized instruction in semi-private swim lessons. Available at Lakewood Civic Centre and Lawson Civic Centre. Call any facility for more information or to register. All sessions are half-hour; prices are per person.

Youth 1 session \$29.75 • 3 sessions \$85.25 • 5 sessions \$139.00
Adult 1 session \$34.75 • 3 sessions \$98.50 • 5 sessions \$160.00

Timesaving swim lesson options are available!

Multi-Level Swim Lessons for Families

Designed for families with more than one child seeking Life Saving Society swim lessons; this option accommodates multiple swim levels within a single class. Available at Lawson Civic Centre. Refer to page 26 for more information.

5-Day Lesson Sets

These condensed sets are ideal for participants who don't have the time to dedicate to a full lesson set, need to brush up on one or two skills to finish a level or just want to get more comfortable in the water. Available at Riversdale Pool, Lakewood Civic Centre and Lawson Civic Centre. Refer to page 22 for more information.

Stay Connected! **Subscribe to the Leisure eNewsletter**

Visit saskatoon.ca/leisurecentres to sign up for updates on Leisure Centre programming, the Leisure Guide and other seasonal leisure facilities and attractions.

The eNewsletter is sent out five to six times a year and you can unsubscribe at any time.



LEARN TO SKATE

Preschool Learn to Skate

3-5 yrs. This recreational program will help your child become comfortable on the ice, while learning fundamental skills such as balance and how to steer. No experience required. Each participant must bring their own skates and helmet; without these they will not be allowed on the ice. Skate aids are prohibited on the ice during the class. (Note: unparented class).

ACT Arena

Apr 22-May 8	Tu/Th	06:45 PM-07:15 PM	\$63.75	AC2377-02
Apr 23-May 12	M/W	06:00 PM-06:30 PM	\$63.75	AC2377-01

Parent & Tot Learn to Skate

3-5 yrs. Kids will have fun learning how to skate with their parent or guardian helping along the way. Instructors are on the ice to teach the basic fundamentals of skating. One parent or guardian must be on the ice at all times with their child. Each participant must bring their own skates and helmet; without these they will not be allowed on the ice.

ACT Arena

Apr 22-May 8	Tu/Th	06:00 PM-06:30 PM	\$57.50	AC2376-01
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LIL' MOVERS PROGRAMS

3-5 yrs. Run, hop, throw and roll! Children will develop fundamental movement skills through games and activities in these fun, instructor-led programs. Participants need to have indoor running shoes and a water bottle.

Lil' Movers Active Games

Children will develop fundamental movement skills while playing games and having fun.

Lakewood Civic Centre

Apr 13-May 18	Su	09:15 AM-10:00 AM	\$47.00	LW2401-01
May 25-Jun 22	Su	09:15 AM-10:00 AM	\$47.00	LW2401-02

Lawson Civic Centre

Apr 6-May 4	Su	02:30 PM-03:15 PM	\$47.00	LC2401-01
Apr 11-May 16*	F	11:30 AM-12:15 PM	\$47.00	LC2401-02
May 25-Jun 22	Su	03:30 PM-04:15 PM	\$47.00	LC2401-03

Shaw Centre

May 24-Jun 21	Sa	09:15 AM-10:00 AM	\$47.00	SC2401-01
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*Cancelled Apr 18.

New! Lil' Movers Swim & Play

Children will participate in a story time before entering the water for games and activities.

Lawson Civic Centre

Apr 2-May 28**	W	11:15 AM-12:00 PM	\$78.00	LC2176-01
Apr 4-May 30*	F	10:05 AM-10:50 AM	\$78.00	LC2176-02
Jul 2-28	M/W	05:00 PM-05:45 PM	\$78.00	LC3176-01
Jul 3-29	Tu/Th	09:30 AM-10:15 AM	\$78.00	LC3176-02
Jul 30-Aug 27***	M/W	09:30 AM-10:15 AM	\$78.00	LC3176-03

Riversdale Pool

Jul 7-18	M-F	11:25 AM-11:55 AM	\$81.75	RD3517-01
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*Cancelled Apr 18. **Cancelled Apr 23. ***Cancelled Aug 4.



MINI MOVERS PROGRAMS

2-3 yrs. Toddlers will develop fundamental movement skills through games, and activities in these fun, instructor-led programs. Participants need to have indoor running shoes and a water bottle. Parent/Guardian participation is encouraged.

Mini Movers Active Games

Toddlers will develop fundamental movement skills while playing games and having fun.

Cosmo Civic Centre

Apr 6-May 11**	Su	10:30 AM-11:15 AM	\$47.00	CC2402-01
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Lakewood Civic Centre

Apr 12-May 17	Sa	10:15 AM-11:00 AM	\$47.00	LW2402-01
May 24-Jun 21	Sa	09:15 AM-10:00 AM	\$47.00	LW2402-02
May 25-Jun 22	Su	10:15 AM-11:00 AM	\$47.00	LW2402-03

Lawson Civic Centre

Apr 6-May 4	Su	03:30 PM-04:15 PM	\$47.00	LC2402-01
May 23-Jun 20	F	10:30 AM-11:15 AM	\$47.00	LC2402-02
May 25-Jun 22	Su	01:30 PM-02:15 PM	\$47.00	LC2402-03

Shaw Centre

Apr 5-May 10*	Sa	09:15 AM-10:00 AM	\$47.00	SC2402-01
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*Cancelled Apr 19. **Cancelled Apr 20.

PRESCHOOL SPORT

Sporty Stars

3-5 yrs. An instructor will introduce children to a variety of sports including soccer, floor hockey and basketball. Something new each week.

Lakewood Civic Centre

Apr 12-May 17	Sa	09:15 AM-10:00 AM	\$47.50	LW2364-01
Apr 12-May 17	Sa	11:15 AM-12:00 PM	\$47.50	LW2364-02
Apr 13-May 18	Su	10:15 AM-11:00 AM	\$47.50	LW2364-03
May 24-Jun 21	Sa	10:15 AM-11:00 AM	\$47.50	LW2364-04
May 25-Jun 22	Su	11:15 AM-12:00 PM	\$47.50	LW2364-05

Lawson Civic Centre

Apr 6-May 4	Su	01:30 PM-02:15 PM	\$47.50	LC2364-01
Apr 11-May 16*	F	10:30 AM-11:15 AM	\$47.50	LC2364-02
May 23-Jun 20	F	11:30 AM-12:15 PM	\$47.50	LC2364-03
May 25-Jun 22	Su	02:30 PM-03:15 PM	\$47.50	LC2364-04

*Cancelled Apr 18.



Find programs and register online at
leisureonline.saskatoon.ca

LEARN TO SKATE

Children Learn to Skate

6-9 yrs. This recreational program will help your child become comfortable on the ice, while learning fundamental skills such as balance and how to steer. No experience required. Each participant must provide their own skates and helmet; without these they will not be allowed on the ice. Skate aids are prohibited on the ice during the program. (Note: unparented class).

ACT Arena

Apr 22-May 8	Tu/Th	07:30 PM-08:15 PM	\$74.25	AC2306-02
Apr 23-May 12	M/W	06:45 PM-07:30 PM	\$74.25	AC2306-01



CHILDREN SPORT

Learn to Basketball

Join us for three days of skills and fundamentals of basketball. Time for recreational play included.

Cosmo Civic Centre

(7-9 yrs)

Jul 15-17	Tu-Th	02:45 PM-04:15 PM	\$0.00	CC3326-01
Jul 29-31	Tu-Th	02:45 PM-04:15 PM	\$0.00	CC3326-02

(10-12 yrs)

Jul 15-17	Tu-Th	04:15 PM-05:45 PM	\$0.00	CC3325-01
Jul 29-31	Tu-Th	04:15 PM-05:45 PM	\$0.00	CC3325-02

Learn to Soccer

Join us for three days of skills and fundamentals of soccer. Time for recreational play included.

Cosmo Civic Centre

(7-9 yrs)

Jul 8-10	Tu-Th	02:45 PM-04:15 PM	\$0.00	CC3332-01
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(10-12 yrs)

Jul 8-10	Tu-Th	04:15 PM-05:45 PM	\$0.00	CC3331-01
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Learn to Floor Hockey

Join us for three days of skills and fundamentals of floor hockey. Time for recreational play included.

Cosmo Civic Centre

(7-9 yrs)

Jul 22-24	Tu-Th	02:45 PM-04:15 PM	\$0.00	CC3329-01
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(10-12 yrs)

Jul 22-24	Tu-Th	04:15 PM-05:45 PM	\$0.00	CC3328-01
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Sport Mash-up

6-10 yrs. Basketball, soccer, floor hockey, badminton, flag football... try them all! This program introduces your child to a variety of sports, in a non-competitive environment. Basic drills and a fun game happen each week.

Cosmo Civic Centre

Apr 6-May 11**	Su	09:15 AM-10:15 AM	\$60.00	CC2363-01
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Lakewood Civic Centre

May 24-Jun 21	Sa	11:15 AM-12:15 PM	\$60.00	LW2363-01
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Shaw Centre

Apr 5-May 10*	Sa	10:15 AM-11:15 AM	\$60.00	SC2363-01
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May 24-Jun 21	Sa	10:15 AM-11:15 AM	\$60.00	SC2363-02
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*Cancelled Apr 19. **Cancelled Apr 20.

Kicks for Kids

6-9 yrs. Recreational soccer fun! Learn new skills, practise drills and enjoy a fun game.

Lakewood Civic Centre

Apr 13-May 18	Su	11:15 AM-12:15 PM	\$66.00	LW2323-01
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CAMPS

New! Sport & Games Camp

7-12 yrs. On your marks, get set, play! Campers will participate in a variety of activities designed to promote teamwork, creativity and physical fitness in this fun, full-day camp.

Saskatoon Field House

Aug 5-8	Tu-F	09:00 AM-04:00 PM	\$175.25	FH3404-01
Aug 11-15	M-F	09:00 AM-04:00 PM	\$215.00	FH3403-01

Extended Drop-off & Pick-up Care is available for children registered in the Sport & Games Camp who need to arrive early or be picked up later.

Saskatoon Field House

Aug 5-8	Tu-F	08:00 AM-09:00 AM 04:00 PM-05:00 PM	\$32.00	FH3312-01
Aug 11-15	M-F	08:00 AM-09:00 AM 04:00 PM-05:00 PM	\$40.00	FH3311-01

Sport & Splash Camp

7-12 yrs. Run, jump, kick, throw, skip, slide, dive and dash. A perfect full-day camp for kids who like to have fun and keep active. Campers will participate in a daily recreational swim and try their hand at a variety of non-competitive sports, games and activities.

Shaw Centre

Apr 21-25	M-F	09:00 AM-04:00 PM	\$215.00	SC2360-01
Jul 21-25	M-F	09:00 AM-04:00 PM	\$215.00	SC3360-01
Jul 28-Aug 1	M-F	09:00 AM-04:00 PM	\$215.00	SC3360-02

Lawson Civic Centre

Jul 7-11	M-F	09:00 AM-04:00 PM	\$215.00	LC3360-01
Jul 14-18	M-F	09:00 AM-04:00 PM	\$215.00	LC3360-02

Extended Drop-off & Pick-up Care is available for children registered in the Sport & Splash Camp who need to be dropped off early or picked up late.

Shaw Centre

Apr 21-25	M-F	08:00 AM-09:00 AM 04:00 PM-05:00 PM	\$40.00	SC2311-01
Jul 21-25	M-F	08:00 AM-09:00 AM 04:00 PM-05:00 PM	\$40.00	SC3311-01
Jul 28-Aug 1	M-F	08:00 AM-09:00 AM 04:00 PM-05:00 PM	\$40.00	SC3311-02

Lawson Civic Centre

Jul 7-11	M-F	08:00 AM-09:00 AM 04:00 PM-05:00 PM	\$40.00	LC3311-01
Jul 14-18	M-F	08:00 AM-09:00 AM 04:00 PM-05:00 PM	\$40.00	LC3311-02



Find programs and register online at leisureonline.saskatoon.ca

YOUTH RECREATION PROGRAMS

PROGRAMS & ACTIVITIES

YOUTH PERSONAL & GROUP EXERCISE TRAINING

Personal Training

13-18 yrs. For those looking for specific results from their exercise program. A Certified Personal Trainer will design and monitor each workout based on your needs. One-hour sessions determined by you and your trainer.

3 Sessions	\$138.50
Lakewood Civic Centre	LW3349-01
Lawson Civic Centre	LC3349-01
Saskatoon Field House	FH3349-01
Shaw Centre	SC3349-01

Youth Weight Room Card Session

13-15 yrs. A Certified Personal Trainer will guide you through the proper use of the cardio and weight training equipment at the Leisure Centre of your choice. In this session the trainer will emphasize safety and ensure that you also learn proper weight room etiquette. After the session you will receive a Youth Weight Room Card that allows you to use the weight room without supervision.

1-hour session	\$41.50
Lakewood Civic Centre	LW3381-01
Lawson Civic Centre	LC3381-01
Saskatoon Field House	FH3381-01
Shaw Centre	SC3381-01

New! Youth Introduction to Weight Room Training

13-18 yrs. A Certified Personal Trainer will guide you through the safe use of the cardio and weight training equipment in the weight room. Participants will also learn proper warm-up/cool down, biomechanics, lifting technique and weight room etiquette. After the session you will leave with a Youth Weight Room Card that allows you to use the fitness and weight room without supervision.

Lakewood Civic Centre				
May 3-17	Sa	02:30 PM-03:30 PM	\$52.50	LW2658-01
Shaw Centre				
May 6-20	Tu	04:00 PM-05:00 PM	\$52.50	SC2658-01

New! Youth Small Group Training

13-18 yrs. A Certified Personal Trainer will guide you through a small group (up to six people) exercise program with your peers. A fun and challenging



approach to getting stronger will keep you motivated and involved. After the session you will leave with a Youth Weight Room Card that allows you to use the fitness and weight room without supervision.

Saskatoon Field House				
May 3-31	Sa	12:00 PM-12:45 PM	\$82.50	FH2522-01
Shaw Centre				
May 27-Jun 19	Tu/Th	04:00 PM-04:45 PM	\$163.00	SC2652-01

CAMPS

School Break Camp

10-14 yrs. FREE! Join us during the school break for three days of sports and activities led by qualified instructors. Register for as many sessions as you would like.

Musical Theatre	Apr 22	Tu	09:00 AM-12:00 PM	CD2380-01
SaskExpress (Bay 40 - 368 Edson Street)				
Tennis	Apr 22	Tu	01:00 PM-04:00 PM	CD2380-02
Lakewood Indoor Tennis Centre (1625 McKercher Drive)				
Cricket	Apr 23	W	09:00 AM-12:00 PM	CD2380-03
Cosmo Civic Centre (3130 Laurier Drive)				
Volleyball	Apr 23	W	01:00 PM-04:00 PM	CD2380-04
Cosmo Civic Centre (3130 Laurier Drive)				
Drum Making	Apr 24	Th	09:00 AM-12:00 PM	CD2380-05
Cosmo Civic Centre (3130 Laurier Drive)				
Ultimate Frisbee	Apr 24	Th	01:00 PM-04:00 PM	CD2380-06
Cosmo Civic Centre (3130 Laurier Drive)				

ADULT RECREATION PROGRAMS

PROGRAMS & ACTIVITIES

BEGINNER FITNESS

Classes offer fitness opportunities, resources and education for those new or returning to an active lifestyle. Class content is designed to build confidence and ensure participant safety.

Introduction to Pickleball

Pickleball combines elements of badminton, tennis and table tennis and is great for all ages and skill levels. Participants will learn the basics of the sport in a friendly environment. Equipment is provided. Space is limited, please call the facility in advance to reserve a spot.

Cosmo Civic Centre				
Apr 26-May 10	Sa	09:15 AM-10:15 AM	\$36.50	CC2320-01
Saskatoon Field House				
Apr 7-28	M	07:00 PM-08:00 PM	\$36.50	FH2320-01
Apr 7-28	M	08:00 PM-09:00 PM	\$36.50	FH2320-02
May 5-26	M	07:00 PM-08:00 PM	\$36.50	FH2320-03
May 5-26	M	08:00 PM-09:00 PM	\$36.50	FH2320-04
May 6-20	Tu	01:00 PM-02:00 PM	\$36.50	FH2320-05
May 6-20	Tu	02:00 PM-03:00 PM	\$36.50	FH2320-06
May 6-20	Tu	07:00 PM-08:00 PM	\$36.50	FH2320-07

May 6-20	Tu	08:00 PM-09:00 PM	\$36.50	FH2320-08
May 8-22	Th	11:00 AM-12:00 PM	\$36.50	FH2320-09
May 8-22	Th	12:00 PM-01:00 PM	\$36.50	FH2320-10
May 8-22	Th	07:00 PM-08:00 PM	\$36.50	FH2320-11
May 8-22	Th	08:00 PM-09:00 PM	\$36.50	FH2320-12

Learn to Fitness Yoga

No flexibility experience required. This intro to yoga will show you that yoga truly is for every 'body'. Breathing and technique of a sun salutation and other poses are taught with the support and instruction needed to master these moves.

Lakewood Civic Centre				
Apr 2-16	W	05:30 PM-06:30 PM	\$15.00	LW2327-01

What is a Learn to Program?

Designed with the beginner in mind, Learn to Classes offer a 15 minute session at the end of each class to ask the instructor individual questions. Gain skills and become comfortable in tackling a new fitness activity.

ADULT PERSONAL & GROUP EXERCISE TRAINING**Personal Training**

A Certified Personal Trainer will design and monitor each workout based on your needs and goals. One-hour sessions determined by you and your trainer.

3 Sessions	\$174.50
Lakewood Civic Centre	LW3346-01
Lawson Civic Centre	LC3346-01
Saskatoon Field House	FH3346-01
Shaw Centre	SC3346-01

New! Adult Introduction to Weight Room Training

A Certified Personal Trainer will guide you through the safe use of the cardio and weight training equipment in the weight room. Participants will also learn proper warm-up/cool down, biomechanics and lifting techniques.

Saskatoon Field House				
May 6-20	Tu	07:00 PM-08:00 PM	\$52.25	FH2655-01
Shaw Centre				
May 24-Jun 7	Sa	01:00 PM-02:00 PM	\$52.25	SC2655-01

New! Adult Small Group Training

A Certified Personal Trainer will guide you through a small group (up to six people) exercise program tailored to all fitness levels with a progressive approach to maintain motivation and improvement. The introduction of new exercises will keep the routine engaging, dynamic and fun.

Saskatoon Field House				
Apr 7-May 8	M/Th	07:00 PM-07:45 PM	\$163.00	FH2653-01
Shaw Centre				
Apr 26-Jun 21*	Sa	09:30 AM-10:15 AM	\$163.00	SC2653-01

*Cancelled May 17.

FIT OVER 50 PERSONAL & GROUP EXERCISE TRAINING**New! Fit Over 50 Personal Training**

A Certified Personal Trainer will work with you to develop an exercise plan to achieve your health and wellness goals. One-hour sessions determined by you and your trainer.

3 Sessions	\$174.50
Lakewood Civic Centre	LW3657-01
Lawson Civic Centre	LC3657-01
Saskatoon Field House	FH3657-01
Shaw Centre	SC3657-01

New! Fit Over 50 Introduction to Weight Room Training

A Certified Personal Trainer will lead you through the safe use of the cardio and weight training equipment in the weight room. Participants will also learn proper warm-up/cool down, basic movement patterns and proper technique to feel comfortable exercising independently.

Lawson Civic Centre				
Apr 9-23	W	05:30 PM-06:30 PM	\$52.25	LC2656-01
Lakewood Civic Centre				
May 3-17	Sa	10:30 AM-11:30 AM	\$52.25	LW2656-01
Shaw Centre				
May 7-21	W	10:00 AM-11:00 AM	\$52.25	SC2656-01

New! Fit Over 50 Small Group Training

A Certified Personal Trainer will lead you through a small group (up to six people) exercise program tailored to all fitness levels ensuring that each session is not only progressive but also supportive and enjoyable. You will feel a sense of achievement in the pursuit of your health and wellness goals.

Lakewood Civic Centre				
Apr 7-May 5	M	01:00 PM-01:45 PM	\$163.00	LW2654-01

Find Your Fit

FREE! Find your *Fit* at the City of Saskatoon Leisure Centres! Everyone is welcome to join us for this 90-minute session to learn about the Drop-in and Registered fitness and aquatic programs, flexible admission options, personal training and an overview of the unique facilities. Whether you've been a customer for many years, or are brand new to the Leisure Centres, this is the perfect setting to get started.

Visit saskatoon.ca/leisureonline to reserve your spot in advance. Drop-in guests are also welcome.

Shaw Centre

Tuesday, Apr 1: 9:00 AM-10:30 AM • Tuesday, Apr 1: 6:00 PM-7:30 PM

Lawson Civic Centre

Sunday, Apr 6: 10:30 AM-12:00 PM • Tuesday, Apr 8: 7:00 PM-8:30 PM

Saskatoon Field House

Tuesday, Apr 8: 6:00 PM-7:30 PM • Wednesday, Apr 9: 6:00 PM-7:30 PM

Lakewood Civic Centre

Tuesday, Apr 15: 9:00 AM-10:30 AM • Tuesday, Apr 15: 6:30 PM-8:00 PM

Saskatoon Field House

May 1-22 Th 10:30 AM-11:15 AM \$82.50 FH2520-01

Lawson Civic Centre

Apr 10-May 1 Th 05:45 PM-06:30 PM \$82.50 LC2520-01
May 8-29 Th 05:45 PM-06:30 PM \$82.50 LC2520-02

GENERAL FITNESS

Classes offer varying intensity and exercise modifications for fitness levels from basic to advanced.

Strollin' & Polin'

Take in and enjoy the many benefits of pole walking during this friendly, social, fitness program. The instructor will lead you through an hour-long session incorporating pole walking, strength and stretch components. Poles are provided and are optional during this program.

Saskatoon Field House

Apr 2-May 5 M/W/F 01:15 PM-02:15 PM \$53.50 FH2365-01
May 7-Jun 2 M/W/F 01:15 PM-02:15 PM \$53.50 FH2365-02

Baby and Me Muscle Fusion

Bring baby for a fun, challenging workout with the opportunity to connect with other moms in your community. Experience a combination of cardio, muscular endurance, postnatal specific core work and flexibility. Benefit from increased energy, improved posture, less aches and pains and a stronger core. This is a great next step for those who have participated in the Mommy & Me Strollfit class or for those who just need a little more challenge. A baby carrier is recommended. Fussy baby? No problem! It is recommended moms be six weeks postpartum (8+ weeks for caesarean).

Saskatoon Field House

Apr 1-29 Tu/Th 10:45 AM-11:30 AM \$60.00 FH2338-01

Baby and Me Strollfit

Perfect for new parents and their babies. Combines walking the track with your baby as well as muscle strengthening and postnatal core-specific work. It is recommended moms be six weeks postpartum (8+ for caesarean).

Saskatoon Field House

Apr 2-May 5 M/W 10:45 AM-11:30 AM \$60.00 FH2339-01
May 7-Jun 4 M/W 10:45 AM-11:30 AM \$60.00 FH2339-02

Child Minding is available!

See page 10 or visit dropinschedule.saskatoon.ca for hours and locations.

SPECIALIZED WELLNESS PROGRAMS

PROGRAMS & ACTIVITIES



The First Step Program™

This program offers supervised exercise and education components for individuals looking to make exercise a regular part of their life. It is designed for those with pre-diabetes, diabetes, high blood pressure, arthritis, osteoporosis, increased body weight, cancer, abnormal cholesterol and/or chronic kidney disease. You can begin at any time. For more information or to apply, call 306-975-3121 or visit saskatoon.ca/firststep. Must complete application form.

Saskatoon Field House

4 month program* Tu & Th 8:00 AM-11:30 AM and/or 4:30 PM-07:30 PM**

*A graduate program is available after completion for continued support 3 times/week.

**Exercise sessions start small and progress to 60+ minutes.

The First Step Program™ is provided in partnership with the City of Saskatoon and Saskatchewan Health Authority.

Minds in Motion®

A community-based fitness and social activity program incorporating physical activity and mental stimulation for those with early symptoms of Alzheimer's disease and other dementias to enjoy with a family member or friend. Develop new friendships in a relaxed atmosphere with others living similar experiences. For more information, contact Connie at 1-800-263-3367, by email at mindsinmotion@alzheimer.sk.ca, or visit alzheimer.ca/sk. To register call the Saskatoon Field House at 306-975-3354.

Saskatoon Field House

Apr 15-Jun 3 Tu 01:30 PM-03:30 PM \$25.00 FH2504-01

Minds in Motion® is provided in partnership with the City of Saskatoon and the Alzheimer Society of Saskatchewan and Information Services Corporation.

Neuro (Stroke) and Parkinson's Exercise Program

These programs are supervised by an exercise therapist through the Saskatchewan Health Authority with the aim to improve functional ability through improving fitness. The program includes stretching, strengthening, balance and mild aerobic activities. For more information or to register, call 306-655-4595.

Saskatoon Field House

Neuro (Stroke) Exercise

Tu, Th 01:15 PM-02:45 PM

Parkinson's Exercise

M, W, F 02:45 PM-03:45 PM

TRAINING & CERTIFICATION PROGRAMS

PROGRAMS & ACTIVITIES

NOTE: Pre-registration is required for most items listed in this section. For details on how to register, see page 15 unless other instructions are provided in the course details.

Full attendance is mandatory for training and certification programs.

FIRST AID & CPR CERTIFICATION

Red Cross Standard First Aid & CPR and AED Course

Learn Standard First Aid, CPR and AED skills in this certification course.

Fee does not include manual cost of \$28.61 (applicable taxes included).

100% attendance is mandatory.

Cosmo Civic Centre

Apr 12 & 13	Sa/Su	09:00 AM-05:30 PM	\$166.50	CC2609-01
Jun 7 & 8	Sa/Su	09:00 AM-05:30 PM	\$166.50	CC2609-02
Jul 10 & 11	Th/F	09:00 AM-05:30 PM	\$166.50	CC3609-01
Aug 23 & 24	Sa/Su	09:00 AM-05:30 PM	\$166.50	CC3609-02

Red Cross Standard First Aid & CPR and AED Recertification

Annual recertification is recommended. Refresh your First Aid, CPR and AED skills in this course. A current certification is required to register. 100% attendance is mandatory.

Cosmo Civic Centre

May 31	Sa	09:00 AM-05:30 PM	\$98.75	CC2610-01
Jul 9	W	09:00 AM-05:30 PM	\$98.75	CC3610-01

LIFESAVING & GUARDING

Lifesaving Society Bronze Star

The Lifesaving Society's Bronze Star develops swimming proficiency, lifesaving skill and personal fitness. Candidates refine their stroke mechanics, acquire self-rescue skills, and apply fitness principles in training workouts. Bronze Star is excellent preparation for success in Bronze Medallion and provides a fun introduction to lifesaving sport. Fee does not include manual cost of \$46.44 (applicable taxes included), which is also required for Bronze Medallion and Bronze Cross. 100% attendance is mandatory.

Lakewood Civic Centre

Apr 6-Jun 1	Su	05:30 PM-07:00 PM	\$142.50	LW2605-01
Aug 25-29	M-F	04:45 PM-07:15 PM	\$142.50	LW3605-01

Lifesaving Society Bronze Medallion

Prerequisites: Minimum 13 years of age or Bronze Star. Bronze Medallion challenges the candidate both mentally and physically. Judgment, knowledge, skill, and fitness – the four components of water rescue – form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross. Fee does not include manual cost of \$46.44 (applicable taxes included). 100% attendance is mandatory.

Lawson Civic Centre

Apr 6-Jun 1*	Su	06:00 PM-08:30 PM	\$187.25	LC2604-01
Jul 6-Aug 10**	Su	05:00 PM-09:00 PM	\$187.25	LC3604-01

*Cancelled on Apr 20. **Cancelled on Aug 3.

Lakewood Civic Centre

Jun 4-20	W/F	04:30 PM-08:00 PM	\$187.25	LW2604-01
Jul 11	F	06:00 PM-10:00 PM	\$187.25	LW3604-01
Jul 12 & 19	Sa	07:30 AM-12:00 PM		
Jul 13 & 20	Su	07:30 AM-12:00 PM		



BECOME A LIFEGUARD!

As a City of Saskatoon Lifeguard you will...

- Earn \$\$\$ • Be a role model • Work as part of a team
- Build confidence and life skills • Earn bathing suit reimbursements
- Meet new friends • Receive a free LeisureCard to use at City facilities
- Eligible for free recertification of awards
- Receive medical and dental benefits
- Have flexibility to choose your hours of availability

For more employment* information contact 306-975-2944.

* To obtain employment as a Lifeguard with the City of Saskatoon, both the Lifesaving Society National Lifeguard Award and the Lifesaving Society Combined Swim for Life and Lifesaving Instructor Program must be completed.

STEPS TO BECOMING A LIFEGUARD

- 1 LIFESAVING SOCIETY BRONZE MEDALLION
Pre-requisites: 13 years old or Lifesaving Society Bronze Star
 - 2 LIFESAVING SOCIETY BRONZE CROSS
Pre-requisites: Lifesaving Society Bronze Medallion
 - 3 STANDARD FIRST AID/CPR-C AED
Pre-requisites: None
 - 4 LIFESAVING SOCIETY NATIONAL LIFEGUARD AWARD (NLA)
Pre-requisites: 15 years old, Standard First Aid & CPR "C" or Aquatic Emergency Care, Lifesaving Bronze Cross
- LIFESAVING SOCIETY COMBINED SWIM FOR LIFE & LIFESAVING INSTRUCTOR PROGRAM
Pre-requisites: 15 years old, Lifesaving Society Bronze Cross Award (need not be current)

Lifesaving Society Bronze Cross

Prerequisites: Bronze Medallion. The Lifesaving Society's Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a prerequisite for advanced training in the Society's National Lifeguard and leadership certification programs. Fee does not include manual cost of \$46.44 (applicable taxes included). 100% attendance is mandatory.

Lawson Civic Centre

Apr 6-Jun 1*	Su	05:45 PM-08:30 PM	\$187.25	LC2603-01
Jul 6-Aug 10**	Su	04:30 PM-09:00 PM	\$187.25	LC3603-01

Lakewood Civic Centre

Jun 3-24	Tu/Th	04:30 PM-08:00 PM	\$187.25	LW2603-01
Aug 8	F	06:00 PM-10:00 PM	\$187.25	LW3603-01
Aug 9 & 16	Sa	07:30 AM-12:00 PM		
Aug 10 & 17	Su	07:30 AM-12:00 PM		

*Cancelled on Apr 20. **Cancelled on Aug 3.

Lifesaving Society National Lifeguard Award

15 yrs+. Pre-requisite: Bronze Cross and Standard First Aid, CPR C and AED certification. Builds on fundamental skills, knowledge and values taught in the lifesaving awards to further the development of the practical skills required of lifeguards. Fee does not include manual cost of \$47.52 (applicable taxes included). 100% attendance is mandatory.

Shaw Centre

Apr 21-25	M-F	08:00 AM-05:30 PM	\$286.00	SC2606-01
Jul 21-25	M-F	08:00 AM-05:30 PM	\$286.00	SC3606-02

Lifesaving Society National Lifeguard Recertification

Pre-requisite: Proof of National Lifeguard Award certification. This is a recertification course for the National Lifeguard Award, which must be done every two years in order to remain certified.

Shaw Centre

Jun 8	Su	09:00 AM-01:00 PM	\$92.00	SC2607-01
Aug 17	Su	09:00 AM-01:00 PM	\$92.00	SC3607-01

Combined Lifesaving Society Lifesaving Instructor Course

Pre-requisite: 15 years old and Bronze Cross award (need not be current).

This leadership course provides candidates with theory, knowledge and skill, and practice to become certified and teach the following Lifesaving Society programs and awards:

- Swim for Life Program: Parent & Tot, Preschool, Swimmer, Adult Swimmer and Fitness Swimmer
- Canadian Swim Patrol Program: Rookie Patrol, Ranger Patrol and Star Patrol levels
- CPR and AED
- Bronze Star
- Bronze Medallion*
- Bronze Cross*

Fee does not include manual cost of \$124.20 (applicable taxes included).

*Mentorship required to become Examiner

Lawson Civic Centre

Apr 21-25	M-F	09:00 AM-07:15 PM	\$442.00	LC2601-01
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Lakewood Civic Centre

Aug 25-28	M-F	09:00 AM-06:30 PM	\$442.00	LW3601-01
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Find programs and register online at leisureonline.saskatoon.ca



SPRA FITNESS LEADERSHIP CERTIFICATION PROGRAM

Becoming a fitness leader requires a minimum of two Saskatchewan Parks and Recreation Association (SPRA) courses. Each course has a written exam following the course and every certification requires a practical assessment. Participants must complete CPR and Standard First Aid prior to certification. For more information on the SPRA Fitness Leadership Certification Program visit spra.sk.ca.

STEPS TO BECOMING A CERTIFIED SPRA FITNESS INSTRUCTOR

- 1 EXERCISE THEORY COURSE
Prerequisite: 16 years old.
- 2 Then select one or more courses:
 - a GROUP EXERCISE FUNDAMENTALS COURSE
Plus one or more GROUP SPECIALTY COURSES:
 - Total Body Conditioning
 - Step and Choreography
 - Group Cycle
 - Fitness Yoga
 - b AQUATIC EXERCISE COURSE
 - c EXERCISE FOR OLDER ADULTS COURSE

How to Become a Certified Fitness Instructor

16 yrs+. This free information session will review the application process and requirements to become a City of Saskatoon contract fitness instructor. We will review the courses required to teach the National Fitness Leadership Alliance certifications (exercise theory, group exercise, aquatic exercise, etc). We will also discuss the City's mentoring program, bursary program and the benefits of being a fitness instructor for the City and neighbourhood Community Associations.

Virtual Session

Apr 2 W 06:00 PM-07:30 PM FREE VT2318-01

SPRA Exercise Theory Course

16 yrs+. This 24-hour course introduces basic exercise theory, nutrition, anatomy, physiology, communication and leadership. Written exam is held at the conclusion of the course. Manual and pre-course information can be picked up at the host site one week prior to start date. Fee does not include manual cost of \$79.80 (applicable taxes included).

Cosmo Civic Centre

Apr 16, 23 & 30* W 06:00 PM-09:00 PM \$336.50 CC2613-01
Apr 26 & May 3 Sa 09:00 AM-05:00 PM

*Virtual sessions

SPRA Aquatic Exercise Course

16 yrs+. Pre-requisite: SPRA Group Exercise Fundamentals Course. This 20-hour course will increase your knowledge and confidence level in leading a group exercise class in the water. An individualized practical component must be completed following the course for certification. Course manual and pre-course information can be picked up from the host site one week prior to course start date. Practical exam fee of \$50 is not included in registration fee and is payable on exam day. Fee does not include manual cost of \$61.95 (applicable taxes included).

Lawson Civic Centre

Jun 4 & 11* W 05:00 PM-08:00 PM \$290.75 LC2624-01
Jun 7 & 14 Sa 10:00 AM-06:00 PM

*Virtual sessions

SPRA Group Exercise Fundamentals Course

16 yrs+. Pre-requisite: SPRA Exercise Theory Module. A 12-hour course covering a variety of topics for leading group exercise classes including leadership, safety, class design, use of music, movement and cuing, exercise analysis and more. Fee does not include manual cost of \$70.35 (applicable taxes included).

Saskatoon Field House

May 23 F 05:00 PM-09:00 PM \$235.00 FH2614-01
May 24 Sa 09:00 AM-05:00 PM

SPRA Group Cycle Specialty Course

16 yrs+. Pre-requisite: SPRA Group Exercise Fundamentals Course. An eight hour practical-based course covering specific information for leading indoor group cycling classes. Fee does not include manual cost of \$30.45 (applicable taxes included).

Saskatoon Field House

May 28-30 W/F 05:00 PM-09:00 PM \$136.50 FH2629-01

Note: SPRA Exercise for Older Adults, Step and Choreography Specialty, Fitness Yoga Specialty and Total Body Conditioning Specialty Courses will be offered in upcoming seasons. Watch for more details!

EMPLOYMENT OPPORTUNITIES

Qualified Instructors Wanted

The City of Saskatoon maintains a registry which is used to place paid instructors with the Leisure Centres and local Community Associations for recreation, art and cultural programming. If you are interested in being placed in the registry, contact instructors@saskatoon.ca or call 306-975-3378.

SEASONAL FUN!



Spring into summer!

Spring is here and things are heating up! Saskatoon has great programs and amenities for all ages and interests. Gather the family for a day at the pool, plan a quiet staycation at Gordon Howe Campground, drop in at a youth centre, practise your golf swing or soar high above the city on the Ferris wheel at Nutrien Playland. We've got everything you need to make your summer one to remember.

SEASONAL FUN!

GOLF

Swing into summer! The City of Saskatoon operates three municipal golf courses that provide a level of play for everyone from the beginner to advanced golfer. Each is unique – give them all a try.

Visit saskatoon.ca/golf for season opening information.

We look forward to seeing you this season.

HOLIDAY PARK 1630 Avenue U & 11th Street • 306-975-3325

Holiday Park is a facility everyone will enjoy. The 18-hole championship course and Executive 9 provide options for every level of play. Amenities include driving range, lounge, practice putting green, pro shop, lounge, concession and PGA of Canada instruction.

		Adults (23-64 yrs)	Seniors (65+)	Young Adult (19-22 yrs)	Juniors (18 yrs)	Juniors (13-17 yrs)	Junior Junior (12 & under)
Green Fees							
M-Th	18 Holes	\$60.00	\$48.00	\$48.00	\$32.00	\$30.00	n/a
	9 Holes	\$36.00	\$29.00	\$29.00	\$19.00	\$18.00	n/a
	Executive 9	\$30.00	\$24.00	\$24.00	\$16.00	\$15.00	\$9.50
F-Su	18 Holes	\$65.00	\$52.00	\$52.00	\$34.50	\$32.50	n/a
	9 Holes	\$39.00	\$31.50	\$31.50	\$20.50	\$19.50	n/a
	Executive 9	\$33.00	\$26.50	\$26.50	\$19.00	\$18.00	\$10.50
Club 6 Pack							
M-Su	18 Holes	\$312.00	\$249.00	\$249.00	\$165.00	\$156.00	n/a
	9 Holes	\$186.00	\$150.00	\$150.00	\$99.00	\$93.00	n/a
	Executive 9	\$156.00	\$126.00	\$126.00	\$87.00	\$81.00	\$51.00



GOLF

SEASONAL FUN!

SILVERWOOD 3503 Kinnear Avenue • 306-975-3314

Saskatoon's only par 3, 18-hole course is excellent for all individuals. Quick rounds, beautiful scenery, and focus on the short game are some of the highlights. Amenities include driving range, practice putting green, pro shop, concession and PGA of Canada instruction.

		Adults (23-64 yrs)	Seniors (65+)	Young Adult (19-22 yrs)	Juniors (18 yrs)	Juniors (13-17 yrs)	Junior Junior (12 & under)
Green Fees							
M-Th	18 Holes	\$39.00	\$31.50	\$31.50	\$16.00	\$15.00	\$15.00
	9 Holes	\$23.50	\$19.00	\$19.00	\$10.00	\$9.50	\$9.50
F-Su	18 Holes	\$42.00	\$34.00	\$34.00	\$19.00	\$18.00	\$18.00
	9 Holes	\$25.50	\$20.50	\$20.50	\$11.00	\$10.50	\$10.50
Club 6 Pack							
M-Su	18 Holes	\$201.00	\$162.00	\$162.00	\$87.00	\$81.00	\$81.00
	9 Holes	\$123.00	\$99.00	\$99.00	\$54.00	\$51.00	\$51.00

WILDWOOD 4050 8th Street East • 306-975-3320

This 18-hole, par 70 course provides enjoyment for all levels of play. The layout is walkable for most players and the small, elevated greens require accurate approach shots. Amenities include practice putting green, pro shop, concession and PGA of Canada instruction.

		Adults (23-64 yrs)	Seniors (65+)	Young Adult (19-22 yrs)	Juniors (18 yrs)	Juniors (13-17 yrs)	Junior Junior (12 & under)
Green Fees							
M-Th	18 Holes	\$45.00	\$36.00	\$36.00	\$24.00	\$22.50	\$15.00
	9 Holes	\$27.00	\$22.00	\$22.00	\$15.00	\$14.00	\$9.50
F-Su	18 Holes	\$48.00	\$38.50	\$38.50	\$26.50	\$25.00	\$18.00
	9 Holes	\$29.00	\$23.50	\$23.50	\$16.00	\$15.00	\$10.50
Club 6 Pack							
M-Su	18 Holes	\$231.00	\$186.00	\$186.00	\$126.00	\$120.00	\$81.00
	9 Holes	\$141.00	\$114.00	\$114.00	\$78.00	\$72.00	\$51.00

THE FINE PRINT

Booking Tee Times

Tee times are recommended by booking online at saskatoon.ca/golf, calling the course directly, or in person at the pro shop. Online booking for 9 or 18 holes can be made for groups of 1-4 players. A valid email address is required to make tee time reservations online.

Cart Rentals

Seasonal and daily cart rentals are available at Holiday Park and Wildwood.

Per seat:

\$700.00/season*

\$25.00/18 holes

\$16.00/9 holes

* Unlimited use.

Powercart Trackage

Allows individuals to use a privately owned cart on the course.

\$750.00/season

\$50.00/daily (Holiday Park/Wildwood)

\$15.00/daily (Silverwood)

Season Passes

More greens for your green! A season pass[^] allows you to play as often as you wish and is available for all three courses. Visit saskatoon.ca/golf for rates. Plus, receive a driving range season pass at no extra charge with purchase. Good for use at Holiday Park and Silverwood driving ranges. (\$500.00 value)

[^] Non-transferable. Can be used at any of the municipal courses for reduced rates (does not include special booking or other privileges).



Specials!

Club 6 Pack Purchase six rounds at a discounted rate. Available for 9 and 18 holes. Club 6 Packs do not expire. Refer to rates in charts.

Gift Card Available in any amount.

Stay Connected! Subscribe to the Leisure eNewsletter

Visit saskatoon.ca/leisurecentres to sign up for updates on Leisure Centre programming, the Leisure Guide and other seasonal leisure facilities and attractions.

The eNewsletter is sent out five to six times a year and you can unsubscribe at any time.



SEASONAL FUN!

NUTRIEN PLAYLAND AT KINSMEN PARK



saskatoon.ca/nutrienplayland

Celebrate the magic of play at Nutrien Playland, located in Kinsmen Park, with three star attractions that delight children and adults alike.

Soar high above the city on the Ferris wheel, take a twirl on a bright and cheery carousel animal, or hop aboard for a whistle-stop tour on the Canpotex Train – a park favourite! This replica modern-day freight train rolls along a 626 m loop.

Follow the pathways around the park or run free in the play areas. Work the pumps, troughs and valves in the water area or tackle the log climber and double cable ride in the sand. With many beautiful trees and rocks in the natural play space, it's easy to forget you're in the city centre. The play area is always open and there are no admission fees.



Open May 11 through September 1

HOURS OF OPERATION

May 11 to 02:45 PM-08:00 PM* M-F
June 30 10:00 AM-08:00 PM Sa & Su
*May 20 hours: 10:00 AM-08:00 PM

July 1 to 10:00 AM-08:00 PM M-F
September 1 10:00 AM-08:00 PM Sa & Su

TICKETS Single Ride \$3.25 • Play Pack (12 tickets) \$32.50
Prices include applicable taxes.

INCLEMENT WEATHER CLOSURES Nutrien Playland will clear all rides immediately if thunder or lightning occurs. The Ferris wheel cannot run in steady rain conditions or if wind gusts exceed 52 km per hour. Check saskatoon.ca/service-alerts for updates.

RENTALS ARE AVAILABLE! Refer to page 45 for more information.

P Parking is available at the Nutrien Playland parking lot, Nutrien Wonderhub and north of the YWCA (off Kinsmen Avenue).



Nutrien Playland at Kinsmen Park is owned and operated by the City of Saskatoon and is proudly sponsored by:

Nutrien



SEASONAL FUN!

GORDON HOWE CAMPGROUND

Open April 16 through October 13

Gordon Howe Campground is Saskatoon's hidden gem, where nature meets the convenience of the city! Shaded sites canopied by mature trees, or bright and sunny family gathering spots — the choice is yours. Enjoy all the services and amenities you need for a memorable camping experience.

- 135 serviced sites including pull-through RV and tent sites
- Manager on site 24 hours/day
- Shaded and sunny sites
- Paved, well-lit roads
- Barbecues and picnic tables
- Laundry facilities
- Washrooms and free showers
- Convenience store
- Free wireless Internet access
- Firewood available
- Playground • Sani-Station



Daily, weekly & monthly rates available

Book online! saskatoon.ca/camp
1640 Avenue P South • 306-975-3328

* Online and phone bookings open April 11.

OUTDOOR POOLS

Make a splash!

Beat the heat and have some fun at one of the City of Saskatoon's outdoor pools. With four locations across the city, outdoor pools offer a variety of drop-in activities for people of all ages including lane swimming, aquafitness and more.

For up-to-date drop-in schedules, visit dropinschedule.saskatoon.ca.



George Ward Pool

1915 5th Street E
306-975-3350
Open June 17-August 17
(Two springboards)

Lathey Pool

815 Taylor Street E
306-975-3333
Open June 9-August 24
(Waterslide and spray features)

Mayfair Pool

1025 Avenue F N
306-975-3352
Open June 13-August 24
(Waterslide, spray features and springboard)

Riversdale Pool

822 Avenue H S
306-975-3353
Open June 6-September 1
(Waterslide and two springboards)

saskatoon.ca/outdoorpools

ADMISSION RATES

Prices include applicable taxes.	Adult (19+)	Youth (6-18 yrs)	Preschool (0-5 yrs)	Family*
Single Admission	\$9.45	\$5.70	FREE	\$18.90
Bulk Tickets (10)	\$80.50	\$48.50	FREE	\$161.00

* Family is defined as a group of up to seven individuals with a maximum of two adults.

^ Buy 10 general admissions for a discounted price! Bulk Tickets never expire and are transferable to family and friends.

Children Under Six Years

To help children stay safe in and around the water, the City of Saskatoon requires that all participants comply with the following policy: "For every two children under the age of six, there must be one adult or responsible youth (16 years or older) within arm's length, supervising the children's water play and activity." The best life preserver for your child is YOU! Infants and toddlers participating in water play must wear an appropriate swim diaper.

Did you know? With the purchase of a LeisureCard you can enjoy unlimited access to the outdoor pools. See page 11.

DOG PARKS

SEASONAL FUN!




Dog parks are naturalized spaces where dogs are permitted to be off-leash while under the control of their owner. Ensure your dog remains on a leash until in the Dog Park and don't forget to Scoop the Poop! Find a dog park near you on pages 4-5 or visit saskatoon.ca/dogparks.

DOG PARKS FOR SMALL DOGS Dedicated off-leash areas for small dogs are available at Charlottetown and Hyde Dog Parks. Dogs must be under 40 cm (16") at the shoulder and less than 9 kg (20 lbs). Visit saskatoon.ca/dogparks for more information.

PET LICENSE A valid Pet License is required to access any dog park. Visit saskatoon.ca/petlicensing to learn about the many benefits of Pet Licensing or to purchase or renew your annual license online.

SUBSIDIZED SPRAY AND NEUTER PROGRAM (SSNP) Financial resources are available to assist low-income pet owners to get their pets spayed or neutered. Visit saskatoon.ca/ssnp for more information.

Cool off on your own time!

Find some fun at a Spray Pad or Paddling Pool location near you. Visit saskatoon.ca/play for more information including hours of operation and to view an interactive map. 



SPRAY PADS

FREE! Spray Pads operate* from 10 a.m. to 8 p.m., daily.
Open June 1 to September 1.

NEIGHBOURHOOD	ADDRESS
Arbor Creek**	1015 Kenderdine Rd
Briarwood	602 Briarwood Rd
Brighton**	550 Brighton Blvd
Dundonald	162 Wedge Rd
Erindale	225 Kenderdine Rd
Evergreen	826 Manek Rd
Exhibition	120 Isabella St
Forest Grove	501-115th St
Hampton Village	1087 Hampton Crcl
Holliston	1905 5th St E
Kensington**	Kensington Ln N
Lakeridge	305 Waterbury Rd
Mayfair	1615 Ave D N
Nutrien Playland at Kinsmen Park**	945 Spadina Cres E
Parkridge	1219 McCormack Rd
Pleasant Hill	220 Ave U S
Riverlanding**	Friendship Park, Spadina Cres E
River Heights	60 Ravine Dr
Rosewood	205 Olson Ln
Silverspring	738 Konihowski Rd
Silverwood Heights*	403 Silverwood Rd
Stonebridge	155 Stonebridge Common
Willowgrove	903 Stenrud Rd

* During the school day Spray Pads are turned off during lunch and recess.

** Summer Play Program not offered at this location.

SUMMER PLAY PROGRAM (2-12 YRS)

FREE! Drop in for waterplay, sports, crafts, games, music and more!
All Spray Pad and Paddling Pool locations listed offer the Summer Play Program unless otherwise indicated.

The Summer Play Program will be offered beginning July 2.



PADDLING POOLS

FREE! Paddling Pools are open from July 2 to August 19.
Paddling Pools operate during the Summer Play Program only.
Visit saskatoon.ca/play for hours of operation.

NEIGHBOURHOOD	ADDRESS
Adelaide	10 Mackenzie Cres
Avalon	2602 Broadway Ave
Brevoort Park	3 Webb Cres
Buena Vista	310 7th St E
Caswell Hill	415 31st St W
College Park	131 Campion Cres
Confederation Park	24 Pearson Pl
East College Park	4215 DeGeer St
Eastview	1140 East Centre
Fairhaven*	414 Pendency Rd
Greystone Heights	2711 Main St
Holiday Park	1320 Ave P S
King George	831 Ave M S
Lakeview	203 Whithers Cres
Lawson Heights	748 Redberry Rd
Massey Place	3110 Massey Pl
Meadowgreen	2507 18th St W
Montgomery Place	3229 Caen St
Mount Royal	433 Ave T N
North Park	1416 7th Ave N
Nutana	506 Clarence Ave S
Pacific Heights	3640 Centennial Dr
Queen Elizabeth	1806 Albert Ave
Riversdale	413 Ave J S
Silverwood Heights	302 Russell Rd
South Nutana Park	2520 Jarvis Drive
Sutherland	120 113th St
Westmount	310 Ave L N
Westview Heights	2230 Richardson Rd
Wildwood	203 Rosedale Rd

Children Under 6 Years Children under the age of 6 must be supervised by an adult or responsible youth (12 years or older) at all times during Play Program hours. To help preschool age children stay safe in and around the water, the City of Saskatoon requires that all participants comply with the following policy: "For every two children under the age of six, there must be one adult or responsible youth (12 years or older) within arm's length, supervising the children's water play and activity."



Due to unforeseen circumstances, program and facility hours are subject to change. Visit saskatoon.ca/service-alerts for location closure notifications.

WHERE TO HANG

SEASONAL FUN!

Come hang with us!

Beat summer boredom at a Youth Centre, Skateboard Site or a Travelling Program location near you. These programs are a great way for youth to get active, meet new friends and have some fun. Visit saskatoon.ca/youth for more information including hours of operation and to view an interactive map.

YOUTH CENTRES (12-16 YRS)

FREE! Drop-in for sports, games, music or just hang with your friends. Program leaders plan daily activities to meet the unique interests and needs of local youth. Open weekdays from July 2 through August 14. Visit saskatoon.ca/youth for hours of operation.

NEIGHBOURHOOD	ADDRESS
Confederation Park	3555 miyo-wâhkôhtowin Rd
Dundonald	202 Sumner Cres
Eastview	3035 Arlington Ave
Forest Grove	302 Kellough Rd
Silverwood Heights	403 Silverwood Rd

Mè Ta Wè Tàn Youth Centres (10-14 yrs)

Holiday Park	1205 Ave N S
Pleasant Hill	327 Ave N S
Westmount	411 Ave J N

Special Focus Youth Centres

Lakewood (sports only)	1635 McKercher Dr
------------------------	-------------------

TRAVELLING PLAY PROGRAM

FREE! The summer play van travels to a different location each day from July 2 to August 14. Skilled leaders will offer a variety of sports and art activities and equipment is provided for all activities.

The location schedule is posted weekly on the Google Where to Hang Map at saskatoon.ca/youth. Hours of operation are Monday to Thursday from 10:30 a.m. to 1:00 p.m. and 2:00 p.m. to 5:30 p.m. and Friday from 1:30 p.m. to 5:00 p.m.



 *Find a location near you!*

Visit saskatoon.ca/youth for more information and to view an interactive map.

SKATEBOARD SITES & PROGRAM

FREE! Practise your boarding and learn new tricks from skilled skateboard leaders! Bring your deck and safety gear or use our equipment*. Program travels to a different skate site each day between July 2 through August 14**.

LOCATION	ADDRESS
Charlottetown Park	3130 Laurier Dr (behind Cosmo Civic Centre)
Forest Park	215 Nelson Rd (adjacent to Centennial Collegiate)
Lakewood Park***	1635 McKercher Rd (beside Lakewood Civic Centre)
Lions Skate Park	622 Spadina Cres W (Victoria Park)
Morris T. Cherneskey Park	122 Bowlt Cres (beside Shaw Centre)
Umea Park	225 Primrose Dr (behind Lawson Civic Centre)
W.W. Ashley Park	815 Taylor St (beside Lathey Pool)

* Equipment loans available only when Skateboard Program is on site.

** Skateboard Program is closed on August 4.

*** Skateboard Program not offered at this location.



Due to unforeseen circumstances, program and facility hours are subject to change. Visit saskatoon.ca/service-alerts for location closure notifications.

1903 Forestry Farm Park Drive • 306-975-3382 • saskatoon.ca/zoo**ZOO HOURS**

April 1-30 10:00 AM-04:00 PM
 May 1-Sep 1 09:00 AM-05:00 PM

PARK HOURS

Apr 1-14 07:30 AM-04:30 PM
 Apr 15-30 07:30 PM-07:00 PM
 May 1-Sep 1 07:30 AM-09:00 PM



Rekindle a sense of childhood wonder with a trip to the Saskatoon Forestry Farm Park & Zoo. Meet an impossibly cute mob of meerkats, beautiful Arctic wolves, majestic grizzly bears and many other species at Saskatchewan's only CAZA accredited zoo.

ZOO ADMISSION RATES (April 1-October 31)

Prices include applicable taxes.	Adult (19+)	Youth (6-18 yrs)	Preschool (0-5 yrs)	Family*
Daily Admission	\$16.50	\$10.00	FREE	\$33.00
Season Pass	\$65.00	\$39.00	FREE	\$130.00

Group Rates available for eight or more people (\$1.00 off each individual daily admission rate).

PARKING FEE	Daily	\$5.00/vehicle
(May 1-September 1)	Season Pass	\$20.00

60% of parking fee supports redevelopment projects at the Zoo.

DAILY FISHING PERMIT FEE	Adult	\$3.00
(May 1-October 31)	Youth	\$2.00

What's New at the Zoo?

Guided Train Tours return on June 1. The Kinsmen Express II is a fun way to learn more about the wild and wonderful animals that call the Zoo home. Free with Zoo admission. Learn more at saskatoon.ca/zootrain.

The Prairie Butterfly House will open for the season on June 1.

Zoo Season Pass

A Zoo Season Pass gives your free admission, free parking, 10% discount at the Zoo Gift Shop and more! Visit saskatoon.ca/zoo for more information.

Forestry Farm Park

Discover carefully crafted garden spaces, picnic sites, fishing pond, walking trails, a naturally-themed playground and so much more at the Forestry Farm Park. Whether your visit is lively and exciting or quietly reflective, the experience is sure to be a memorable one.

Rental Facilities

The hall, Lions Pavilion, gazebo, Forestry Farm House and wedding garden are available for private rental. Functional, quiet and secluded, these areas provide an enchanting backdrop for gatherings of all kinds. Call 306-975-3382 or visit saskatoon.ca/zoorentals for information.

Saskatoon Zoo Foundation

The Saskatoon Zoo Foundation raises funds for capital projects and improvements within the Zoo while connecting citizens to nature through education, research and conservation. Help build the bears a new home and donate today at saskatoonzoofoundation.ca.

The 25th Annual ZOOGALA will be held on June 6.

**EdZOocational Opportunities**

The Saskatoon Zoo Society offers a variety of curriculum-based education programs for all ages. For more information or to register, visit saskatoonzoosociety.ca or call 306-975-3395.

Additional onsite and virtual programs are available for school groups, preschools, homeschoolers, senior groups and more. Visit our website for a full listing of programs and events.

Spring Break Zoo Camp (7-12 yrs)

Apr 22-25 Tu-F 09:00 AM-04:00 PM \$260

Zoo Crew PD Days (5-12 yrs)

May 9 F 09:00 AM-04:00 PM \$55
 Jun 6 F 09:00 AM-04:00 PM \$55
 Jun 27 F 09:00 AM-04:00 PM \$55

Summer Zoo Camp

Registration opens Mar 17 (members) & Mar 24 (non-members).
 Jul & Aug M-F 09:00 AM-04:00 PM \$260-\$325/week

Summer Interpretive Programming (all ages)

Jul 2-Aug 31 W-Su 10:30 AM-03:30 PM FREE with Zoo admission

Birthday Parties at the Zoo (3-12 yrs)

Available on Saturdays and Sundays.

Visit saskatoonzoosociety.ca for information on special summer programs to enhance your Zoo visit.

The Saskatoon Forestry Farm Park & Zoo is a City of Saskatoon facility working with the Friends of the Forestry Farm House, Saskatoon Zoo Foundation, Saskatchewan Perennial Society and the Saskatoon Zoo Society.



RENTAL OPTIONS

FIND YOUR SPACE!

Find Your Space!

Bored with boardrooms? Parties aren't panning out?
Seeking an unconventional convention or event venue?
The City of Saskatoon offers a wide range of unique event options from portable stages, outdoor facilities, scenic River Landing venues, sports fields, Leisure Centres and rinks.

Learn more about rental options for any occasion at saskatoon.ca/facilityrentals.



Pick up a copy of the Recreation Facility Rental Options guide at any Leisure Centre or saskatoon.ca/facilityrentals.

INDOOR LEISURE CENTRES

Leisure Centres can accommodate groups for almost every kind of occasion. For bookings, contact Customer Service at the Leisure Centre of your choice:

Cosmo Civic Centre • 306-975-3344
Harry Bailey Aquatic Centre* • 306-975-3003
Lakewood Civic Centre • 306-975-2944
Lawson Civic Centre • 306-975-2951
Saskatoon Field House • 306-975-3354
Shaw Centre • 306-975-7772

* Harry Bailey Aquatic Centre is closed for facility upgrades.

Rental space is available outside of scheduled programming.

AMENITIES & STAFF CHARGES

Bookings for meeting and multi-purpose rooms include standard meeting set-up of up to 25 chairs and four tables set up in theatre, boardroom or classroom style. Additional charges may apply for setup, clean-up and repair to any rented facility. These fees will be assessed by the Site Administrator in conjunction with the Building Operator and may be billed post event if necessary. Pool rentals will incur additional charges for Lifeguard staff. Additional charges may apply.

Hourly Rentals (*All rates effective September 1, 2024 to August 31, 2025; GST extra)

RENTAL SPACE	HOURLY FEE*	CCC	LWC	LCC	HBC	SFH	SCC
Small Meeting Room	\$22.50	●	●		●	●	●
Large Meeting Room	\$33.80	●					●
Multi-Purpose Room	\$33.80	●	●	●		●	●
Theatre	\$33.80	●					
Fitness / Dance Studio	\$33.80	●				●	
Gymnasium	\$57.50	●	●				●
Competitive Pool	\$296.50				Diving Boards 8 Lanes		Diving Boards 50m, 10 Lanes
Leisure Pool	\$160.00		Waterslide 25m, 4 Lanes	Wave Pool 25m, 4 Lanes	25m, 6 Lanes		25m, 6 Lanes
Warm Up Pool	\$120.00						Waterslide & Watertoys
Family Pool	\$120.00						200m 6 Lanes
Indoor Track	\$158.30 \$79.15						165m 3 Lanes
Sports Court	\$39.60					●	
Racquetball / Wallyball Court	\$33.80^	●					
Track Warm-Up Area	\$45.20					●	

Additional charges are added to after hours rentals. Inquire for details. ^Price includes applicable taxes.

CCC Cosmo Civic Centre • HBC Harry Bailey Aquatic Centre • SCC Shaw Centre
LCC Lawson Civic Centre • LWC Lakewood Civic Centre • SFH Saskatoon Field House

PARKS, SPORTS FIELDS & ATTRACTIONS

Rink & Sports Field Rentals

There are a number of outdoor sport fields and indoor rinks located throughout Saskatoon that offer various levels of hosting capabilities.

For more information:

Contact the Allocations Office at 306-975-3366 or allocations@saskatoon.ca to book a sport field or indoor rink.

Unique Facility Rental & Booking Opportunities

- Park & River Landing Event Space
- Vimy Memorial Band Shell
- Saskatoon Forestry Farm Park & Zoo (call 306-975-3382 for information)
- Nutrien Playland at Kinsmen Park (call 306-975-2951 for information)

For more information:

Contact the Special Events Office at 306-986-3079 or specialevents@saskatoon.ca to book a special event or for assistance in selecting a location that is right for your event.



Search Online for Community Association Programs Across Saskatoon!

Community Associations are volunteer-run groups that organize neighbourhood events, operate outdoor rinks and offer low-cost sport, culture and recreation programs in neighbourhoods throughout the city. To find the perfect Spring or Summer program for you and your family, visit saskatoon.ca/communityassociations or refer to your Community Association's newsletter, website or Facebook page. You can also contact Community Development at 306-975-3378 to be connected to your Community Association.



Check out the City of Saskatoon's search tool at saskatoon.ca/communityassociations to find the best neighbourhood programs for your interests, age and location.

ADVERTISERS' INDEX

Promote your community-based sport, culture and recreation programs and classes with us! Thousands of copies of the City of Saskatoon Leisure Guide are distributed throughout the city as well as found online. To advertise in the next Leisure Guide, call The StarPhoenix at 306-203-3419.

ART

Remai Modern Art Camps	55, 68
Wet Paint Pottery	70

ASSOCIATIONS & CLUBS

Nutana Lawn Bowling Club	53, 60
Nutrien Wonderhub	61
Saskatoon Nature Society	48
Saskatoon Squirrels Jr. Forest Wardens	52, 62

CRAFTS & HOBBIES

Saskatoon Public Library Learning Programs & Fun	50
Emmanuel Anglican Church & The Refinery	58

HEALTH & PERSONAL WELLNESS

Dopamine Wellness.....	60
Family Service Saskatoon	52
Carrie's Centre of Well Being	67

MARTIAL ARTS

Midwest Karate	69
Ferrer Martial Arts	58

MUSIC

Beefy Records Canada	49, 60
Long & McQuade Music Lesson Centre	53

SCHOOLS & PRESCHOOLS

Canadian Parents for French Sask	65, 71
CLASI	67
Code Ninja Saskatoon.....	63
Eastview Centre for Early Learning	58
Speech Language Network	56

SPORTS & FITNESS

Astra Soccer Academy	67
Canlan Jemini 4 Arenas.....	48
Globe BMX Raceway	52
Marian Gymnastics.....	48
Saskatoon Berries	66, 72
Saskatoon Minor Hockey Association	53
Saskatoon Soccer Centre.....	54
Saskatoon Youth Soccer	49, 64
We Move SK.....	58

SUMMER CAMPS

Emmanuel Baptist Church.....	69
Emerald Lake Regional Park.....	52
USask SCI-FI Science Camps	54, 62
USask Huskies Kids Camps.....	59

WATER SPORTS

Saskatoon Aqualenes.....	69
Saskatoon Canoe Club.....	48
Saskatoon Goldfins Swim Club.....	62
Saskatoon Racing Canoe Club	52
The Diving Center.....	58



Birdwatching



You see people doing it. It even looks like fun!

Not sure how to get into it?



We can show you how with Warbler Walks, Shorebird Excursions, Whooping Crane Field Trips, Grouse Dances, and much more.

Try birding in a friendly, non-competitive atmosphere with like-minded nature lovers.

Contact the **SASKATOON NATURE SOCIETY:**
www.saskatoonnature.org to inquire about
\$20 individual or \$30 family memberships.

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Register online at
saskatooncanoeclub.org

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\$75 or \$90 FOR BOTH DIVISIONS

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registration

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recreational kayaking and
canoeing and marathon
canoeing

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SKAC

This one time coupon is valid from 5/1/22 - 12/31/25 at BEEFY Records all ages shows

SASKATOON YOUTH SOCCER INC.



Registration:

Register with Community or Zone Association according to birth year. Community coordinates registration, coaches, and equipment, and practices. Zone coordinates registration, coaches, equipment, and additional player development.

Tentative Game Days, Registration Dates, and Contact Information for Community and Zone Associations will be updated on our website as early as Feb 1st for Outdoor Season and June 1st for Indoor Season

Outdoor Season 2025:

Register in February to early March

Under-5 – Under-9: May 1 – Jun 27 (8 games)

Under-11 – Under-19: Apr 25 – Jun 29 (8-10 games)

Birth Year	Outdoor 2024	Register With:
2021-22	Parent-Tot	Saskatoon Youth Soccer
2020	Under-5	Community Association
2018-19	Under-7	Community or Zone Association
2016-17	Under-9	Community or Zone Association
2014-15	Under-11	Zone of Residence (boundaries)
2012-13	Under-13	Zone of Residence (boundaries)
2010-11	Under-15	Zone of Residence (boundaries)
2008-09	Under-17	Zone Association of choice
2006-07	Under-19	Zone Association of choice

Indoor Season 2025-26:

Register in June to late August

Under-5 – Under-9: Oct 17 – Mar 15 (15 games)

Under-11 – Under-13: Oct 17 – Mar 8 (15-18 games)

Under-15 – Under-19: Nov 1 – Mar 8 (15-16 games)

Birth Year	Indoor 2024-25	Register With:
2022-23	Parent-Tot	Saskatoon Youth Soccer
2021	Under-5	Community Association
2019-20	Under-7	Community or Zone of Residence (boundaries)
2017-18	Under-9	Community or Zone of Residence (boundaries)
2015-16	Under-11	Zone of Residence (boundaries)
2013-14	Under-13	Zone of Residence (boundaries)
2011-12	Under-15	Zone of Residence (boundaries)
2009-10	Under-17	Zone Association of choice
2007-08	Under-19	Zone Association of choice



SUMMER 2025:

WHAT: Free Summer Drop-In Soccer for All Ages

WHEN: Mon to Fri, July 2nd to Aug 21st

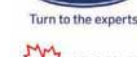
WHERE: Various City of Saskatoon Playgrounds



CONTACT US:

saskatoonyouthsoccer.ca

306-975-3413



INNOVATION LABS



Magna-Tiles



New

Magnetic Building Cubes



New

Osmo Creative



New

Ozobot Evo



New

Button Maker



Cricut



Light Cube



Snap Circuits



+more

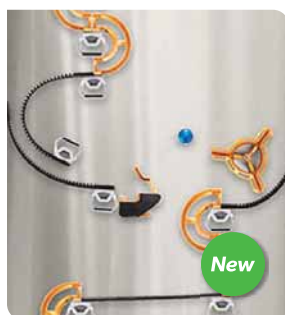
Round Prairie Library

Bring your imagination to life at SPL!
Our two labs feature modern and fun
technology for everyone.

We add new items regularly! For the most current items visit:
saskatoonlibrary.ca/innovation-labs

Kids under 10 must
be accompanied by
a caregiver who is
at least 12 years old.
Library employees
are available for
limited assistance.
Technology is
available during all
library open hours.

**Magnetic
Marble Run**



**Power Tiles
Circuit Kit**



Sphero BOLT+



Wooden Blocks



Bee Bots



Cubelets



Cubetto



Dash & Dot



+more

Rusty Macdonald Library

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Nurturing Relationships
Building Communities

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- For individuals, couples, families, and groups (sliding scale fees)

♥ RAPID ACCESS COUNSELLING CLINICS

- Phone, virtual, in-person at various locations - NO COST

♥ EMPLOYEE AND FAMILY ASSISTANCE PROGRAMS

♥ EDUCATION AND THERAPY GROUPS

Check our website for a list of groups and services offered

♥ PROGRAMS AND SERVICES

- Child and Youth Support
- Domestic Violence Court Case Workers
- Intimate Partner Violence Outreach
- Parenting Education SK
- Teen and Young Parent
- Walk In Counselling
- Youth Exposed to Violence
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Saskatoon Squirrels

Junior Forest Wardens

Junior Forest Wardens (JFW) is an exciting and educational opportunity for young people and their families to have fun, develop skills, and get educated in the many diverse aspects of our natural environment. JFW is all about outdoor adventure, challenge and leadership.



FUN FOR ALL AGES

Ages as of October 15th
Pathfinders: ages 6-8
Trailblazers: ages 9-11
Adventurers: ages 12-14
Challengers: ages 15-17
Wanderers: JFW siblings under 6
Alumni: 18 and over



Contact Us!

WWW.AJFWA.CA

club.exec.squirrels@ajfwa.ca

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MAY - SEPTEMBER

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2025-2026 SASKATOON MINOR HOCKEY REGISTRATION

Online registration opens June 1, 2025

Register online with your home zone. Open to players born from 2008-2020

For more information:

www.smha.sk.ca smha@sasktel.net 306-244-1363



LAWN BOWLING!!!

Good, I have your attention.

Are you looking to try a new sport? Are you looking for a social activity? How about something competitive? Nutana Lawn Bowling Club offers all of that and then some!

Lawn Bowling is literally a sport for all ages. We are an inclusive community and all are welcome!

For more information: nutanalawnbowlingclub.ca

"This is how we Roll"

**Nutana Lawn Bowling Club
May-Sept 2025**

**Open House
May 10th, 1-4 pm**

**Learn to Bowl Lessons:
May 13, 15, 20 & 22**



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617 8th St E | (306) 700 2933
saskatoonsouthlessons@long-mcquade.com

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Saskatoon
Sports Centre

Come check out our NEW industry leading, elite turf!

WALKING SOCCER Drop-in, non-competitive, ideal for mobility issues. Instructor on site. Great for socializing. Wednesdays 10:30am - 12pm; Fridays * 2:30 - 4 pm. \$6/person

LUNCH TIME DROP-IN SOCCER Gather co-workers, friends & family for a midday game. Mon-Fri * 11am - 1pm; \$6/person

FITNESS CENTRE Cardio & strength training machines.

Mon-Fri 5 - 9pm & Sat/Sun 10am - 4pm.

TERRY FOX WALKING TRACK *Check details with City*

A City of Saskatoon service. Drop-in or Leisure Card.

BEACH VOLLEYBALL Competitive & Rec leagues & NEW Drop in! All ages welcome. See our website for details & links.



219 Primrose Drive

INDOOR WALKING PROGRAM Sprung floors provide a comfortable walking surface with 65% less joint fatigue.

Mon-Fri, 8am - 2pm; \$5 drop-in, \$35/mo, \$120/season (Sept-May)

INDOOR PLAYGROUP Huge play space full of riding cars & toys! \$6/child; 10 punch card \$50. Mon-Fri * 9:30 - 11:45am.

Adults & under 1 are free. Summer Tues, Weds, Thurs.

TODDLER BIRTHDAY PARTIES Mon-Fri * 9am - 1pm \$60/party unlimited kids! In conjunction with Indoor Playgroup.

PICKLEBALL Variety of programs on the best 16 courts in town! For details & to register go to saskatoonpickleballinc.ca.

* Please check our website under **Sports & Programs** or call for the latest details regarding summer schedules.

bookings@saskatoonsoccer.com 306-975-3423

info@saskatoonsoccer.com 306-975-3400

www.saskatoonsoccer.com



SCI-FI SCIENCE CAMPS

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CAMP**

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through hands-on activities
and experiments.**

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Engineering, Computer Science
and more
Programming for grades
1 and up!**

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OUR SUMMER
PROGRAMS PLEASE
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scifi.usask.ca

CALL

306-966-7755

OR EMAIL

science.camps@usask.ca

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UNIVERSITY OF SASKATCHEWAN
College of Engineering
ENGINEERING.USASK.CA

Ages 6–12

July 7–11

July 14–18

July 21–25

July 28–August 1

August 5–8 (4 day camp)

August 11–15

August 18–22



Summer Art Camps

Calling all creative kids! This summer, join Remail Modern summer art camps to unleash your inner artist.

- Explore the museum's inspiring exhibitions
- Make art of all kinds using different techniques and mediums (materials are provided)
- Learn from Remail Modern's engaging and knowledgeable team, all of whom are artists themselves

Register at remaimodern.org/artcamp



Occupational Therapy Services

Speech-Language Pathology Services

Educational Psychology & Counselling Services

Reading Intervention Services

Are you worried that you or your child isn't speaking enough?

Do you or your child struggle to put ideas into words?

Can interacting socially with others be challenging?

Do you ever feel like your mouth doesn't listen to your brain?

Speech-Language Services can help!

- Speech, Voice & Stuttering Therapy
- Tongue Thrust & Myofunctional Therapy
- Enunciation & Speech Skills
- Social Language Therapy
- Language Comprehension & Expression
- Professional Communication & Training
- Cochlear Implant Habilitation
- Cognitive Communication Therapy (Acquired Brain Injury & Post Stroke)
- And more...

Is your child struggling with their emotional regulation, do they find it difficult to calm down?

Does your child struggle to play with other kids, for example sharing toys, or taking turns?

Does your child have difficulties with motivation and completing homework/tasks on time?

Social Work-Counselling Services can help!

- Individual Coaching & Counselling
- Group programming for Children
- Anxiety & Depression
- ADD & ADHD Coaching
- Stress & Coping Techniques
- Mindfulness Practices
- Self Regulation and Anger Management Strategies
- Self Esteem and Awareness
- And more...

Booking now!

Does your child struggle to keep up in the classroom?

Is your child struggling with anxiety, stress, or always getting into trouble?

Is your child showing signs of lagging behind in their learning or play skills?

Educational-Psychology Assessments can help!

- Clinical Psychology Consultation and Follow Up
- Psychoeducational Assessments
- Behavioural Assessments
- Learning Disorder Diagnosis
- ADHD / Anxiety Diagnosis
- School & Self Esteem Supports
- Developmental Delays
- Peer Relationships
- Parent & Client Education
- And more...

Unlock your potential, gain confidence and express your unique self to the world!



For access to active daily living, communication, learning tips and information about your upcoming programs, sign up for our monthly newsletter at thesln.com

 thesln.com
 306-933-3222
 [theslnca](https://www.facebook.com/theslnca)
 [sln.speech.ot.therapy.yxe](https://www.instagram.com/sln.speech.ot.therapy.yxe)

Services may be covered and/or partially covered by your extended health care benefits. Other funding options may be accessed in Saskatoon on a case by case basis.



Occupational
Therapy Services

Speech-Language
Pathology Services

Educational Psychology
& Counselling Services

Reading Intervention
Services

The SLN is excited to now offer Reading Intervention at our clinic!

Does your child have difficulties
with reading comprehension &
vocabulary?

Does your child struggle with
sounding-out letters & decoding
written words?

Does your child guess at words,
or skip small common
sight words while reading?

We can help!

- Phonics & decoding (alphabetics, phonetics, orthography, syllabification)
- Fluency (prosody, expression, rate)
- Comprehension (skills, strategies & building knowledge)
- Dyslexia & Dysgraphia Intervention
- Phonemic & phonological awareness
- Multisensory Instruction
- And more...



• Social Explorers

For ages 3-4 with their parent(s)

To assist with building the child's play & social interaction skills with others.

• Kids Chats Groups

For ages 3-5 years and 6-8 years

To facilitate speech-language development, vocabulary & sound awareness.

• Emotion Renegades

For ages 7-9 years and 10-13 years

To assist with understanding their emotions, improving their ability to self-regulate & engage in calming strategies.

• Social Ninjas

For ages 8-12 years

To assist with building their speech-language, social language and executive functioning skills.

• Social Language Breakfast Club

For ages 15+ years

To assist with self confidence, social nuances, building connections and navigating life transitions from high school to young adulthood.

And More...

Unlock your potential, gain confidence and express your unique self to the world!



For access to active daily living, communication, learning tips and information about your upcoming programs, sign up for our monthly newsletter at thesln.com

 thesln.com
 306-933-3222
 [theslnca](https://www.facebook.com/theslnca)
 [sln.speech.ot.therapy.yxe](https://www.instagram.com/sln.speech.ot.therapy.yxe)

Services may be covered and/or partially covered by your extended health care benefits. Other funding options may be accessed in Saskatoon on a case by case basis.

Emmanuel Anglican Church with The Refinery Arts & Spirit Centre

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Grow with us...nurture your mind,
body and spirit at Emmanuel with
The Refinery. We are excited to offer a
variety of classes, workshops and
community events to choose from.
All are truly welcome.

Please visit www.emmanuelrefinery.org
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or call us at (306) 653-3549, we're happy to help.

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All the adventure, fun and excitement
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"Discover Scuba" **\$89.99**



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www.thedivingcenter.ca



9 WEEK SESSION STARTING APR. 28, 2025

- No recitals, no dress codes & no costume fees
- Make up classes permitted
- Family discounts

WePlay WeLearn WeGrow WeMove

Adult Fitness



Prenatal Classes



Postnatal Fitness



Music Together



Dance & Tumbling



KIDS CAMPS

AGES 3-12

- Sports
- Dance
- Yoga
- Tumbling
- Hip Hop
- Games
- Arts & Crafts
- Mini Golf
- Outdoor Games & Picnics

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PROMO CODE:
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Expiry: MAY 15, 2025

**SUMMER CAMP
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**WE MOVE
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- Birthday Parties
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- And More

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Located year-round in E'cole Alvin Buckwold School,
qualified, licensed, professional. Early Childhood
Educators provide full-time, part-time or casual
childcare for ages 3-12. Mon.-Fri., 7AM to 6PM.
Government subsidized spaces are available.

HOME AWAY FROM HOME

NEED SUMMER CHILDCARE?

Join the fun! In addition to our featured services, summer activities may
include but are not limited to: regularly supervised access to the schools
playground, library and gymnasium, lunch and two snacks will be provided,
multiple weekly excursions with transportation on a chartered bus, and two
weeks of swimming lessons at George Ward Swimming Pool.

Limited space available for July and August.
Please contact for availability

(306) 683-8393
eastviewcentre.director@sasktel.net



TADYAKAMAO WORLD ACADEMY

Bullyproof your children!
Self defense and fitness for men and women
Our Martial Arts improve concentration, self discipline,
and coordination in children and adults.
When these qualities are enriched it often enhances
other skills needed in school and everyday life.
We offer classes for Tadyakamao kickboxing,
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Special offer \$210 for 3 month beginner course
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Facebook: Tadyakamao World Academy and
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FUTURE HUSKIES YOUTH SUMMER CAMPS

Presented by Saskmilk

FOOTBALL

SOCCER

FLAG
FOOTBALL

BASKETBALL



HOCKEY

VOLLEYBALL

WRESTLING

TRACK

MULTI-SPORTS

Registration opens March 12



Attention Advertisers! Get in the Guide!

The Leisure Guide is Saskatoon's go-to source for sport, culture and recreation information. Reach a wider audience by advertising your community programs in the City of Saskatoon Leisure Guide. With 30,000 copies available for pick up throughout the city and an online readership of over 10,000 views per season, the Leisure Guide offers a strong platform to promote your programs to the community.



Book Today! Contact the StarPhoenix at 306-203-3419 or visit getintheguide.com

Deadline: Friday, June 27, 2025

Available August 1!

saskatoon.ca/leisureguide



DOPAMINE Wellness



STRENGTH | MOBILITY | MOVEMENT | MINDSET

Join our upcoming events!

- Animal Flow classes
- Online personal training
- Nourishing Roots Retreat
- Movement in the Park

DOPAMINEWELLNESS.COM

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This one-time coupon is valid from 5/1/25 to 12/31/25 at BEEFY Records all-ages shows.



GO LAWN BOWL!



LAWN BOWLING!!!

Good, I have your attention.

Are you looking to try a new sport? Are you looking for a social activity? How about something competitive? Nutana Lawn Bowling Club offers all of that and then some!

Lawn Bowling is literally a sport for all ages. We are an inclusive community and all are welcome!

For more information: nutanalawnbowlingclub.ca

“This is how we Roll”

**Nutana Lawn Bowling Club
May-Sept 2025**

**Open House
May 10th, 1-4 pm**

**Learn to Bowl Lessons:
May 13, 15, 20 & 22**

Nutrien WONDERHUB

DISCOVER NUTRIEN WONDERHUB:

Saskatchewan's only children's museum!

As a non-profit organization, Wonderhub brings children and families together to create, learn, and play. Designed for children ages 0-9, Wonderhub offers a safe and inclusive space where children learn through play while immersing themselves in unique exhibits, educational programs, and experiences you can't get anywhere else.



CREATE.
LEARN.
PLAY!



BECOME A MEMBER!

- Enjoy unlimited access to Nutrien Wonderhub
- 10% off Birthday Party room rentals
- 15% off in the Gift Shop year-round
- Annual Member Sales with 20% off in the Gift Shop
- Special pricing on select programs and events
- Advance access to register for special events, Wonder Camps, and more!



Wonder Camp registration now open!

Wonder Camps are a fun and exciting opportunity for children to form friendships, learn through hands-on STEAM activities (science, technology, engineering, arts, and math), explore the museum, and spend time playing outdoors.

Learn more at wonderhub.ca



wonderhubsk

Nutrien Wonderhub 950 Spadina Crescent E | Saskatoon, SK S7K 3H6 | (306) 249-3574

GOLDFINS BLUE WAVE SUMMER LESSONS ARE FOR SWIMMERS AGES 7 - 13 YEARS OF AGE.

The Goldfins Summer Swimming Lessons have been designed and structured to introduce new skills, reinforce those skills acquired in previous swim classes/programs, develop new swimming techniques, develop aerobic capacity, and to create an understanding of competitive swimming/racing concepts. All levels of the Program have clearly defined standards, teaching objectives, and learning outcomes.

Block 1 A
July 7-17
(Monday-Thursday)
4:30-5:30 pm

Block 1 B
July 7-17
(Monday-Thursday)
5:30-6:30 pm

Block 2 A
July 21-31
(Monday-Thursday)
4:30-5:30 pm

Block 2 B
July 21-31
(Monday-Thursday)
5:30-6:30 pm



Saskatoon Squirrels Junior Forest Wardens

Junior Forest Wardens (JFW) is an exciting and educational opportunity for young people and their families to have fun, develop skills, and get educated in the many diverse aspects of our natural environment. JFW is all about outdoor adventure, challenge and leadership.



FUN FOR ALL AGES

Ages as of October 15th
Pathfinders: ages 6-8
Trailblazers: ages 9-11
Adventurers: ages 12-14
Challengers: ages 15-17
Wanderers: JFW siblings under 6
Alumni: 18 and over



Contact Us!

WWW.AJFWA.CA

club.exec.squirrels@ajfwa.ca

Join the
Adventure

SCI-FI SCIENCE CAMPS

**ADVENTURE BEGINS AT
CAMP**

**SCI-FI combines fun with
science and technology
through hands-on activities
and experiments.**

**VetMed, Health Science,
Nutrition, Chemistry,
Engineering, Computer Science
and more
Programming for grades
1 and up!**

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the discount



CAMPS



For Registration call (639)-525-2633
or scan the QR code.

CODENINJAS UNIVERSITY HEIGHTS
SASKATOON SK.

AM = 9 AM - 12 PM
PM = 12:30 PM - 3:30 PM

**JR
CAMPS**



JR Builders: LEGO Robotics
JULY 7-11

AM



JR Trailblazers: Coding + Circuitry
JULY 21-25

AM



JR Explorers: Bits + Bytes
AUG 5 - 8

AM



JR Inventors: Creative Engineering
AUGUST 18-22

AM

Prices

Half Days Camps:
\$199 + taxes (4 Days Camp)
\$239 + taxes (5 Days Camp)

Prices

Full Day Camps:
\$348 + taxes (4 Days)
\$428 + taxes (5 Days)

AM

Age 7+

PM

AM

Age 7+

PM



MINECRAFT: MODDER GAMERS
JULY 2-4



3D STUDIO: CREATORS AND DESIGNERS
JULY 2-4



CREATIVE STUDIO: DIGITAL GAME ART
AUG 5-8



CONTENT CREATORS: YOUTUBE
AUG 5 - 8



ROBLOX: 3D WORLD BUILDERS
JULY 7-11



CREATIVE STUDIO: DIGITAL DIRECTORS
JULY 7-11



MINECRAFT: AGENT ROBOT
AUG 11 - 15



3D STUDIO: CREATORS AND DESIGNERS
AUG 11 - 15



MISSION: ROBOTIC ROADTRIP
JULY 14-18



GAME LAB: RETRO STYLE
JULY 14 - 18



AI ACADEMY: HARNESS THE FUTURE
AUG 18 - 22



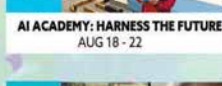
DEVELOPERS: MOBILE APP DESIGN + CODE
AUG 18-22



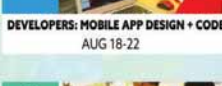
CONTENT CREATORS: YOUTUBE
JULY 21-25



MISSION: DIGITAL DATA DEFENDERS
JULY 21 - 25



MINECRAFT: MODDING MASTERS
AUGUST 25-29



ROBLOX: THE NEXT LEVEL
AUGUST 25-29



CREATIVE STUDIO: STOP MOTION
JULY 28-AUG 1



DEVELOPERS: INTRO TO WEB DESIGN
JULY 28 - AUG 1



CODENINJAS®

PARENT'S
NIGHT OUT

6:00 PM - 8:30 PM



ROBLOX

MINECRAFT

FEB 14
MAR 14

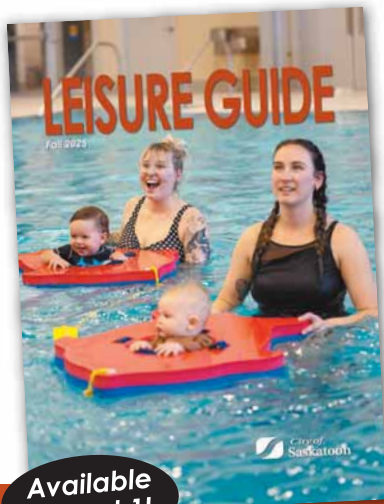
\$39



APRIL 18
MAY 16
JUNE 20

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Available
August 1!

Attention Advertisers!

Get in the Guide!

The Leisure Guide is Saskatoon's go-to source for sport, culture and recreation information. Reach a wider audience by advertising your community programs in the City of Saskatoon Leisure Guide. With 30,000 copies available for pick up throughout the city and an online readership of over 10,000 views per season, the Leisure Guide offers a strong platform to promote your programs to the community.



Book Today! Contact the StarPhoenix at 306-203-3419 or visit getintheguide.com

Deadline: Friday, June 27, 2025

saskatoon.ca/leisureguide



SASKATOON YOUTH SOCCER INC.



Registration:

Register with Community or Zone Association according to birth year. Community coordinates registration, coaches, and equipment, and practices. Zone coordinates registration, coaches, equipment, and additional player development.

Tentative Game Days, Registration Dates, and Contact Information for Community and Zone Associations will be updated on our website as early as Feb 1st for Outdoor Season and June 1st for Indoor Season

Outdoor Season 2025:

Register in February to early March

Under-5 – Under-9: May 1 – Jun 27 (8 games)

Under-11 – Under-19: Apr 25 – Jun 29 (8-10 games)

Birth Year	Outdoor 2024	Register With:
2021-22	Parent-Tot	Saskatoon Youth Soccer
2020	Under-5	Community Association
2018-19	Under-7	Community or Zone Association
2016-17	Under-9	Community or Zone Association
2014-15	Under-11	Zone of Residence (boundaries)
2012-13	Under-13	Zone of Residence (boundaries)
2010-11	Under-15	Zone of Residence (boundaries)
2008-09	Under-17	Zone Association of choice
2006-07	Under-19	Zone Association of choice

Indoor Season 2025-26:

Register in June to late August

Under-5 – Under-9: Oct 17 – Mar 15 (15 games)

Under-11 – Under-13: Oct 17 – Mar 8 (15-18 games)

Under-15 – Under-19: Nov 1 – Mar 8 (15-16 games)

Birth Year	Indoor 2024-25	Register With:
2022-23	Parent-Tot	Saskatoon Youth Soccer
2021	Under-5	Community Association
2019-20	Under-7	Community or Zone of Residence (boundaries)
2017-18	Under-9	Community or Zone of Residence (boundaries)
2015-16	Under-11	Zone of Residence (boundaries)
2013-14	Under-13	Zone of Residence (boundaries)
2011-12	Under-15	Zone of Residence (boundaries)
2009-10	Under-17	Zone Association of choice
2007-08	Under-19	Zone Association of choice



SUMMER 2025:

WHAT: Free Summer Drop-In Soccer for All Ages

WHEN: Mon to Fri, July 2nd to Aug 21st

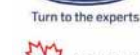
WHERE: Various City of Saskatoon Playgrounds



CONTACT US:

saskatoonyouthsoccer.ca

306-975-3413



CANADIAN
PARENTS
FOR FRENCH
SASKATCHEWAN

Fête du Soleil

Exploring Nature ...en français!

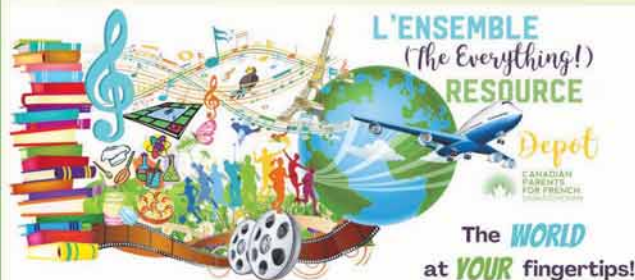
Join us virtually throughout
July and August 2025
for a daily nature walk.



In-person camps are being
planned for select locations.



Don't forget about these other resources!



Visit sk.cpf.ca for the free membership and activities.



THE *Sweetest* WAY TO SPEND YOUR SUMMER!



2025 BERRIES HOME SCHEDULE

MAY 31	JULY 2
JUNE 2	JULY 3
JUNE 3-4	JULY 5
JUNE 10-11	JULY 7-8
JUNE 14-15	JULY 12-13
JUNE 17-18	JULY 24
JUNE 21-22	JULY 29-30
JUNE 25	AUGUST 2
JUNE 30	AUGUST 3-4

Family Sundays & Holiday Mondays
Games at 1:00 PM



JOIN THE JAM FAM!

SUMMER DAY CAMP

Summer Camp for Children aged 6 to Young Adult that live with varying Intellectual Disabilities.

RESIGNATION OPEN



MAY 13, 2025 - JUNE 9, 2025

Visit Our Website www.clasaskatoon.org

Call our Office 306-652-9111

Email us! hello@clasaskatoon.org



Carrie's Centre of Well-Being

Land based Learning & Childcare for ages 8 & under.

Weekly & Monthly Summer Spaces Available!

Mon-Fri 7:30 am - 5 pm



Holistic Parented Workshops - ages 4-8

Teen Workshops also Available!

Saturdays from 9 am - 3:30 pm

May - Sept.

Includes meals!

Enjoy with your child Holistic Cooking, Nature Art, Skincare Product Making, Outdoor Fun & More!

Located 25 minutes West of Saskatoon off HWY 14. Limited Space.

Details:

Carriescentreofwellbeing@protonmail.com

Call: 306-329-4927



ASTRA Soccer Academy

Reach Your Full Potential

About

ASTRA Soccer Academy is recognized by the Canadian Soccer Association as achieving the highest standards in youth soccer programming and earned the National Youth Club License designation in 2022. This means that regardless of your child's age or experience in soccer, we have a developmentally appropriate program that aims to ignite a passion for the game of soccer while also teaching the skills that are necessary to enjoy a lifetime of soccer. ASTRA programs are not zoned, meaning that players from all over Saskatoon and surrounding areas can enjoy the benefits of ASTRA Soccer Academy training!

Programs - Outdoor 2025

Under 7 (2018 & 2019) - Grassroots - May - June, July, Sept - Oct

Under 9 (2016 & 2017) - Developmental & Skill Centre Programs - May-June, July, Sept-Oct

Under 11 (2014 & 2015) - Developmental & Skill Centre Programs - May-June, July, Sept-Oct

Under 13 (2012 & 2013) - Competitive Programs (2 days per week) - May-June, July, Sept-Oct

Under 13 (2012 & 2013) - Supplemental Skill Programs (1 day per week) - Offered monthly

Under 15 (2010 & 2011) - Competitive Programs (2 days per week) - May-June, Sept-Oct

Under 15 (2010 & 2011) - Supplemental Skill Programs (1 day per week) - Offered monthly

Under 17 (2007 & 2008) - Supplemental Skill Programs (1 day per week) - Offered monthly

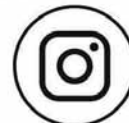
Adult Programs (18+) - See website for details about adult training and 5v5 league play

Camps - Outdoor 2025

August Camps open to U7, U9, U11, and U13 age groups. Check www.astrasoccer.ca for details

AstraSoccer.ca

info@astrasoccer.ca or 306-291-6839



Ages 6–12

July 7–11

July 14–18

July 21–25

July 28–August 1

August 5–8 (4 day camp)

August 11–15

August 18–22



Summer Art Camps

Calling all creative kids! This summer, join Remail Modern summer art camps to unleash your inner artist.

- Explore the museum's inspiring exhibitions
- Make art of all kinds using different techniques and mediums (materials are provided)
- Learn from Remail Modern's engaging and knowledgeable team, all of whom are artists themselves

Register at remaimodern.org/artcamp

READY TO TRY SOMETHING NEW?

SASKATOON AQUALENES

SPRING 2025 - LEARN-TO ARTISTIC SWIM PROGRAM

OPEN TO ALL ATHLETES
BORN 2011 - 2019

- ✓ Learn the fundamental skills of Artistic Swimming
- ✓ Safe & stimulating environment
- ✓ Have fun & make friends

VISIT OUR WEBSITE FOR REGISTRATION DETAILS
www.saskatoonaqualenes.com



FOLLOW US ONLINE

@saskatoon.aqualenes



- Life Skills • Self Defense • Respect
- Classes for men, women & children of all ages
- Free trial class

506 Duchess Street
Located in City Park



KARATE

306-382-7434
www.midwestkarate.com



Kids Camp

Emmanuel Baptist Church

July 7 - 11

Ages 3 - 5: 9:00 am - 11:15 am / \$50

Grades 1 - 6: 9:00 am - 3:30 pm / \$100

for more information and to register visit:
www.emmanuelbaptist.ca/kids-camp



Kids Art Camps

Imaginations run wild in our week-long art camps!
Join us as we create amazing projects in a variety of art mediums such as pottery, canvas painting, mixed media, collage and so much more!

Spring Break Camp:

April 21-25

2025 Summer Camp Dates:

July 7-11

July 14-18

July 21-25

July 28-Aug 1

Aug 11-15

Aug 18-22

Aug 25-29



Important Information:

Times: Mon-Fri 9:00-5:00

Ages: 8 and up

Cost: \$360 includes all supplies

Register at wetpaintpottery.com

Can't make it to camp?

Drop-in painting is available 7 days a week for all ages!

Pottery Painting

Canvas Painting

Splatter Painting

Wood Sign Painting

Parties & Events

Wednesday Workshops

Thursday Ladies Night Deals

Friday Date Night Deals

Saturday Student Night Deals

Custom Pottery-To-Go Kits

Find us on social media @wetpaintpottery

CANADIAN
PARENTS
FOR FRENCH
SASKATCHEWAN

Fête du Soleil

Exploring Nature ...en français!

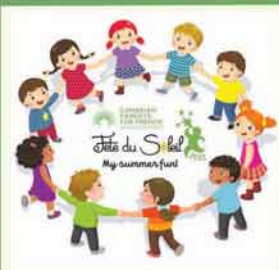
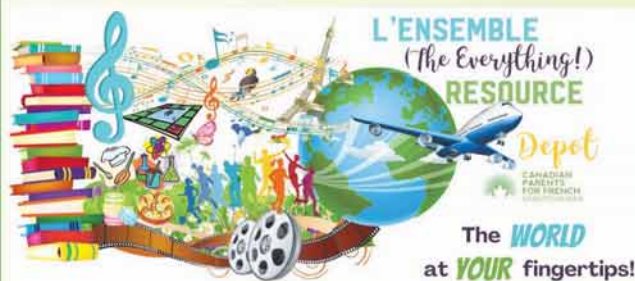
Join us virtually throughout
July and August 2025
for a daily nature walk.



In-person camps are being
planned for select locations.



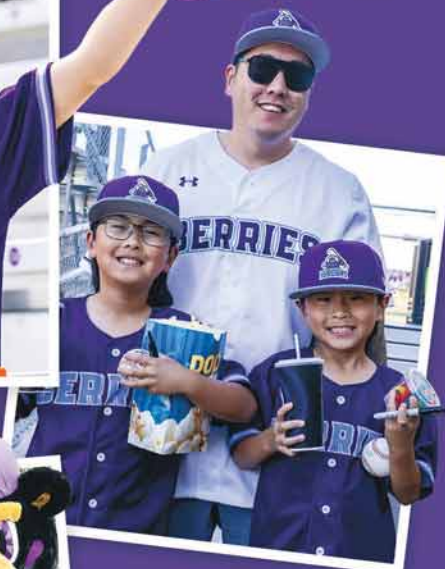
Don't forget about these other resources!



Visit sk.cpf.ca for the free membership and activities.



THE *Sweetest* WAY TO SPEND YOUR SUMMER!



2025 BERRIES HOME SCHEDULE

MAY 31	JULY 2
JUNE 2	JULY 3
JUNE 3-4	JULY 5
JUNE 10-11	JULY 7-8
JUNE 14-15	JULY 12-13
JUNE 17-18	JULY 24
JUNE 21-22	JULY 29-30
JUNE 25	AUGUST 2
JUNE 30	AUGUST 3-4

Family Sundays & Holiday Mondays
Games at 1:00 PM



JOIN THE JAM FAM!