



Parent Information

Red Cross Swim Lessons

The City of Saskatoon has the following safety guidelines in place for Red Cross swimming lessons at Leisure Centres:

- Water Safety Instructors will deliver swim lessons from the pool deck.
- Red Cross Swim Preschool Programs and Swim Kids 1-4 require a parent/guardian in the water for the full duration of the class to assist swimmers. A maximum of 2 children in the same class can be with one parent/guardian.
- Always stay 2 metres apart from your swim instructor.
- Access to instructional equipment, toys and accessories will be limited. These items will not be shared between participants and will be cleaned/sanitized between each lesson.
- Participants may bring their own goggles and swim caps, but these should not be shared by other swimmers.

Red Cross Preschool Programs (Sea Otter, Salamander, Sunfish, Crocodile, Whale)

- Red Cross Swim Preschool levels have been adapted as parented classes to ensure physical distancing.

Red Cross Program – Swim Kids

- Red Cross Swim Swim Kids 1-4 levels have been adapted as parented classes to ensure physical distancing.
- Deep water activities for these levels will be changed to chest-deep water (where applicable) to accommodate parents/guardians who may not have swimming abilities.
- Rescue skills in Swim Kids 5-10 will be modified so that participants do not come into contact with each other or will be removed from the program.

CITY OF SASKATOON PARTICIPATION INFORMATION

Masks

- Children under the age of 2 / aged 3 to 12 if they are not reasonably able to;
- Individuals who, in the determination of a health professional, are unable to wear a face covering due to a particular medical condition and have received written confirmation;
- Individuals who, due to cognitive impairment, an intellectual disability, or a severe mental health condition, are unable to understand the requirement;
- Anyone who is unconscious, incapacitated or otherwise unable to remove the mask without assistance;
- Patrons that are 18 and older utilizing weight rooms, fitness classes, courts and the walking tracks are permitted to remove their masks;
- Youth athletes under the age of 18 are exempt from wearing a mask while they are participating in sports for the duration of the sport only; and
- All patrons must remove their mask while in the water.