

Red Cross Swim Preschool is an eight-level program that allows your children, aged four months to five years, to enter levels based on their age and abilities. Each level is built around an aquatic animal theme and has its own mascot, which will make learning engaging and fun for young children.

Red Cross Swim Kids is a 10-level program for children ages six and up that will help swimmers develop all five swimming strokes (front and back crawl, elementary back stroke, breast stroke and sidestroke), actively learn how to be safe around the water and increase their fitness and endurance through fun activities. Children will be challenged to achieve personal best in distance and time, which will be a strong motivator through all 10 levels. Red Cross Swim Kids teaches more than swimming skills – it allows kids to strive for and reach their personal best.

Red Cross Adult Swim Lessons are designed to meet the needs of adults and adolescents. The lessons focus on basic swim skills as well as stroke and skill enhancement.

## LESSON LEVEL DESCRIPTIONS

### RED CROSS SWIM PRESCHOOL AGES 4-36 MONTHS; PARENTED

During Starfish, Duck and Sea Turtle, the parent or caregiver will participate in the classes together with their child. Progression for these lower levels is based on participation and age.



**STARFISH** - 1st PARENTED LEVEL - Ages 4-12 months  
Babies and their caregivers work on getting wet, buoyancy and movement, front, back and vertical position in the water and shallow water entries and exits.



**DUCK** - 2nd PARENTED LEVEL - Ages 12-24 months  
Babies and their caregivers work on rhythmic breathing, moving forward and backward, front and back float with recovery and shallow water entries and exits.



**SEA TURTLE** - 3rd PARENTED LEVEL - Ages 24-36 months  
Toddlers and their caregivers work on submersion, front and back floats and glides, jumping into chest-deep water with assistance, kicking on front and front swim.



### RED CROSS SWIM PRESCHOOL AGES 3-5 YEARS; UNPARENTED

Sea Otter, Salamander, Sunfish, Crocodile and Whale are unparented and the children will be with the instructor at all times. Progression is based on skill evaluation.



**SEA OTTER** - 1st UNPARENTED LEVEL - Ages 3-5 years  
Swimmers work on front and back floats and glide, kicking on front with a bouyant object and will be able to swim one metre upon completion of this level. *Note: If 6+ and Sea Otter is completed or not completed, register in Swim Kids Level 1.*



**SALAMANDER** - 2nd UNPARENTED LEVEL - Ages 3-5 years  
Swimmers work on improving their front and back floats and jumping into chest-deep water unassisted. Kicking is added to the front and back glide and swimmers will be able to swim two metres upon completion. *Note: If 6+ and Salamander is completed or not completed, register in Swim Kids Level 1.*



**SUNFISH** - 3rd UNPARENTED LEVEL - Ages 3-5 years  
Swimmers work on kicking and can perform glides (front and back), enter deep water safely, float in deep water, swim with a personal floatation device and swim five metres continuously. *Note: If 6+ and Sunfish is not completed, register in Swim Kids Level 1; if 6+ and Sunfish is completed, register in Swim Kids Level 2.*



**CROCODILE** - 4th UNPARENTED LEVEL - Ages 3-5 years  
Swimmers further develop the front and back glide with kick, front and back swim, jump into deep water, swim with a personal floatation device in deep water and swim 10 metres continuously. *Note: If 6+ and Crocodile is not completed, register in Swim Kids Level 2; if 6+ and Crocodile is completed, register in Swim Kids Level 3.*



**WHALE** - 5th UNPARENTED LEVEL - Ages 3-5 years  
Swimmers increase their distance on front and back glide with kick, increase distance on front and back swim, learn the sitting dive and will be able to swim 15 metres continuously upon completion. *Note: If 6+ and Whale is completed or not completed, register in Swim Kids Level 3.*



### RED CROSS SWIM KIDS AGES 6+

Progression is based on skill evaluation.



**SWIM KIDS LEVEL 1** Ages 6+  
Swimmers develop front and back float, front and back glide, flutter kick (assisted), shallow water entries and exits and swim 5 metres.

**SWIM KIDS LEVEL 2** Ages 6+  
Swimmers learn front and back glide with flutter kick, develop front swim, complete deep-water activities (assisted) and swim 10 metres continuously.

**SWIM KIDS LEVEL 3** Ages 6+  
Swimmers increase their distance on front and back glide with flutter kick, perform flutter kick unassisted, wear a personal floatation device in deep water, float in deep water, and swim 15 metres continuously.

**SWIM KIDS LEVEL 4** Ages 6+  
Swimmers learn back swim with shoulder roll and front crawl (10m), work on flutter kick on back, perform kneeling dive, are introduced to sculling and swim 25 metres continuously.

**SWIM KIDS LEVEL 5** Ages 6+  
Swimmers develop front crawl (15m), learn back crawl (15m) and whip kick on back, learn stride dive and treading water, perform head-first sculling on back and swim 50 metres continuously.

**SWIM KIDS LEVEL 6** Ages 6+  
Swimmers increase their distance on front and back crawl (25m), learn elementary back stroke (15m), learn dolphin kick, tread water in deep water, perform front dive and swim 75 metres continuously.

**SWIM KIDS LEVEL 7** Ages 6+  
Swimmers increase their distance on front and back crawl (50m) and elementary back stroke (25m), learn front scull, perform whip kick on front and dolphin kick, learn stride entry and swim 150 metres continuously.

**SWIM KIDS LEVEL 8** Ages 6+  
Swimmers increase their distance on front and back crawl (75m) and elementary back stroke (25m), learn breast stroke (15m), learn eggbeater/tread water, perform feet-first surface dive and swim 300 metres continuously.

**SWIM KIDS LEVEL 9** Ages 6+  
Swimmers increase their distance on front and back crawl (100m), elementary back stroke (50m) and breast stroke (25m), learn sidestroke kick, perform head-first surface dive and swim 400 metres continuously.

**SWIM KIDS LEVEL 10** Ages 6+  
Swimmers increase their distance on front and back crawl (100m), elementary back stroke (50m) and breast stroke (50m), learn sidestroke (25m), perform dolphin kick (vertical), learn feet- and head-first surface dives with underwater swim and swim 500 metres continuously.

## Swim Lesson Schedule Options

Many class options are available for you and your family's busy life.

- Once per week for 8-10 weeks • Twice per week for 4 weeks
- Monday through Friday for two weeks
- Block lessons • Split classes • Family Swim Lessons
- Private swim lessons • Semi-private swim lessons
- Adult Swim Lessons • Swimming Skills Improvement

# RED CROSS SWIM PROGRAM

## REGISTERED PROGRAMS

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
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*Summer Lessons* There is still time to register in late summer lessons! See page 23 for registration information.

### GEORGE WARD POOL 1915 5th Street East

<b>Sea Otter (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	09:50 AM-10:20 AM	10	\$64.50	GW3016-11
Aug 13-24	M-F	11:05 AM-11:35 AM	10	\$64.50	GW3016-12
<b>Salamander (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	09:50 AM-10:20 AM	10	\$64.50	GW3023-12
<b>Sunfish (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	11:05 AM-11:35 AM	10	\$64.50	GW3028-07
<b>Crocodile (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	10:25 AM-10:55 AM	10	\$64.50	GW3033-03
<b>Whale (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	11:00 AM-11:30 AM	10	\$64.50	GW3045-03
<b>Swim Kids Level 01 (Ages 6+)</b>					
Aug 13-24	M-F	09:05 AM-09:35 AM	10	\$64.50	GW3051-08
<b>Swim Kids Level 02 (Ages 6+)</b>					
Aug 13-24	M-F	09:05 AM-09:35 AM	10	\$64.50	GW3058-07
<b>Swim Kids Level 03 (Ages 6+)</b>					
Aug 13-24	M-F	10:30 AM-11:00 AM	10	\$64.50	GW3066-06
<b>Swim Kids Level 05 (Ages 6+)</b>					
Aug 13-24	M-F	09:40 AM-10:25 AM	10	\$84.50	GW3085-04
<b>Swim Kids Level 06 (Ages 6+)</b>					
Aug 13-24	M-F	09:40 AM-10:25 AM	10	\$84.50	GW3095-04
<b>Swim Kids Level 07 (Ages 6+)</b>					
Aug 13-24	M-F	09:00 AM-09:45 AM	10	\$84.50	GW3104-03
<b>Swim Kids Level 08 (Ages 6+)</b>					
Aug 13-24	M-F	09:00 AM-09:45 AM	10	\$84.50	GW3109-03

### LATHEY POOL 815 Taylor Street East

<b>Starfish (Ages 4-12 mos)</b>					
Aug 13-24	M-F	12:25 PM-12:55 PM	10	\$64.50	LA3001-01
<b>Sea Turtle (Ages 24-36 mos)</b>					
Aug 13-24	M-F	09:50 AM-10:20 AM	10	\$64.50	LA3011-02
<b>Sea Otter (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	12:10 PM-12:40 PM	10	\$64.50	LA3016-11
<b>Salamander (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	10:40 AM-11:10 AM	10	\$64.50	LA3023-09
Aug 13-24	M-F	11:35 AM-12:05 PM	10	\$64.50	LA3023-10
<b>Sunfish (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	09:15 AM-09:45 AM	10	\$64.50	LA3028-05
Aug 13-24	M-F	11:15 AM-11:45 AM	10	\$64.50	LA3028-06
Aug 13-24	M-F	12:05 PM-12:35 PM	10	\$64.50	LA3028-07
<b>Crocodile (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	11:30 AM-12:00 PM	10	\$64.50	LA3033-02
<b>Swim Kids Level 01 (Ages 6+)</b>					
Aug 13-24	M-F	10:05 AM-10:35 AM	10	\$64.50	LA3051-07
<b>Swim Kids Level 02 (Ages 6+)</b>					
Aug 13-24	M-F	09:50 AM-10:20 AM	10	\$64.50	LA3058-05
<b>Swim Kids Level 03 (Ages 6+)</b>					
Aug 13-24	M-F	09:15 AM-09:45 AM	10	\$64.50	LA3066-05
<b>Swim Kids Level 04 (Ages 6+)</b>					
Aug 13-24	M-F	11:50 AM-12:20 PM	10	\$64.50	LA3072-03
<b>Swim Kids Level 05 (Ages 6+)</b>					
Aug 13-24	M-F	10:40 AM-11:25 AM	10	\$84.50	LA3085-04
<b>Swim Kids Level 06 (Ages 6+)</b>					
Aug 13-24	M-F	11:35 AM-12:20 PM	10	\$84.50	LA3095-03

### MAYFAIR POOL 1025 Avenue F North

<b>Sea Otter (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	10:25 AM-10:55 AM	10	\$64.50	MY3016-07
Aug 13-24	M-F	10:50 AM-11:20 AM	10	\$64.50	MY3016-08
Aug 13-24	M-F	12:00 PM-12:30 PM	10	\$64.50	MY3016-09
<b>Salamander (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	09:50 AM-10:20 AM	10	\$64.50	MY3023-05
Aug 13-24	M-F	10:50 AM-11:20 AM	10	\$64.50	MY3023-06
Aug 13-24	M-F	12:00 PM-12:30 PM	10	\$64.50	MY3023-07
<b>Sunfish (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	11:35 AM-12:05 PM	10	\$64.50	MY3028-04
<b>Swim Kids Level 01 (Ages 6+)</b>					
Aug 13-24	M-F	11:00 AM-11:30 AM	10	\$64.50	MY3051-06
Aug 13-24	M-F	11:25 AM-11:55 AM	10	\$64.50	MY3051-07
<b>Swim Kids Level 02 (Ages 6+)</b>					
Aug 13-24	M-F	11:00 AM-11:30 AM	10	\$64.50	MY3058-05
Aug 13-24	M-F	11:25 AM-11:55 AM	10	\$64.50	MY3058-06
<b>Swim Kids Level 03 (Ages 6+)</b>					
Aug 13-24	M-F	09:50 AM-10:20 AM	10	\$64.50	MY3066-05
<b>Swim Kids Level 04 (Ages 6+)</b>					
Aug 13-24	M-F	10:25 AM-10:55 AM	10	\$64.50	MY3072-04
<b>Swim Kids Level 05 (Ages 6+)</b>					
Aug 13-24	M-F	10:00 AM-10:45 AM	10	\$84.50	MY3085-03
<b>Swim Kids Level 06 (Ages 6+)</b>					
Aug 13-24	M-F	10:00 AM-10:45 AM	10	\$84.50	MY3095-03
<b>Swim Kids Level 07/08 Split (Ages 6+)</b>					
Aug 13-24	M-F	11:35 AM-12:20 PM	10	\$84.50	MY3100-03

### LAKWOOD CIVIC CENTRE 1635 McKercher Drive

<b>Sea Otter (Ages 3-5 yrs)</b>					
Aug 13-17	M-F	10:00 AM-10:30 AM	10	\$80.50	LW3018-12
Aug 13-17	M-F	05:00 PM-05:30 PM	10	\$80.50	LW3018-13
Aug 13-17	M-F	10:50 AM-11:20 AM	10	\$80.50	LW3018-13
Aug 13-17	M-F	05:50 PM-06:20 PM	10	\$80.50	LW3018-14
Aug 13-17	M-F	11:10 AM-11:40 AM	10	\$80.50	LW3018-14
Aug 13-17	M-F	06:10 PM-06:40 PM	10	\$80.50	LW3018-14
<b>Salamander (Ages 3-5 yrs)</b>					
Aug 13-17	M-F	11:25 AM-11:55 AM	10	\$80.50	LW3025-11
Aug 13-17	M-F	06:25 PM-06:55 PM	10	\$80.50	LW3025-11
<b>Sunfish (Ages 3-5 yrs)</b>					
Aug 13-17	M-F	10:35 AM-11:05 AM	10	\$80.50	LW3030-06
Aug 13-17	M-F	05:35 PM-06:05 PM	10	\$80.50	LW3030-06
<b>Swim Kids Level 02 (Ages 6+)</b>					
Aug 13-17	M-F	10:00 AM-10:30 AM	10	\$80.50	LW3060-06
Aug 13-17	M-F	05:00 PM-05:30 PM	10	\$80.50	LW3060-06
<b>Swim Kids Level 05 (Ages 6+)</b>					
Aug 13-17	M-F	10:00 AM-10:45 AM	10	\$105.75	LW3087-02
Aug 13-17	M-F	05:00 PM-05:45 PM	10	\$105.75	LW3087-02
<b>Swim Kids Level 06/07 Split (Ages 6+)</b>					
Aug 13-17	M-F	11:10 AM-11:55 AM	10	\$105.75	LW3092-03
Aug 13-17	M-F	06:10 PM-06:55 PM	10	\$105.75	LW3092-03
<b>Swim Kids Level 08 (Ages 6+)</b>					
Aug 13-17	M-F	10:35 AM-11:20 AM	10	\$105.75	LW3111-02
Aug 13-17	M-F	05:35 PM-06:20 PM	10	\$105.75	LW3111-02

*Love to swim?*

*With the purchase of a LeisureCard you can enjoy unlimited access to public swim times. Available for Adult, Youth and Families. See page 9 for more information.*

REGISTERED PROGRAMS

RED CROSS SWIM PROGRAM

Date	Day(s)	Time	#Classes	Fee	Code
<b>LAWSON CIVIC CENTRE 228 Primrose Drive</b>					
<b>Duck (Ages 12-24 mos)</b>					
Aug 13-23	M-Th	09:35 AM-10:05 AM	8	\$64.50	LC3010-01
Aug 13-24	M-F	06:15 PM-06:45 PM	10	\$80.50	LC3008-01
<b>Sea Otter (Ages 3-5 yrs)</b>					
Aug 13-23	M-Th	09:35 AM-10:05 AM	8	\$64.50	LC3020-04
Aug 13-24	M-F	10:05 AM-10:35 AM	10	\$80.50	LC3018-10
Aug 13-24	M-F	10:45 AM-11:15 AM	10	\$80.50	LC3018-11
Aug 13-24	M-F	05:00 PM-05:30 PM	10	\$80.50	LC3018-12
Aug 13-24	M-F	05:40 PM-06:10 PM	10	\$80.50	LC3018-13
Aug 13-24	M-F	06:25 PM-06:55 PM	10	\$80.50	LC3018-14
<b>Salamander (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	10:45 AM-11:15 AM	10	\$80.50	LC3025-09
Aug 13-24	M-F	11:20 AM-11:50 AM	10	\$80.50	LC3025-10
Aug 13-24	M-F	05:05 PM-05:35 PM	10	\$80.50	LC3025-11
Aug 13-24	M-F	06:10 PM-06:40 PM	10	\$80.50	LC3025-12
<b>Sunfish (Ages 3-5 yrs)</b>					
Aug 13-24	M-F	11:20 AM-11:50 AM	10	\$80.50	LC3030-03
Aug 13-24	M-F	05:55 PM-06:25 PM	10	\$80.50	LC3030-04

<b>Swim Kids Level 01 (Ages 6+)</b>					
Aug 13-23	M-Th	09:00 AM-09:30 AM	8	\$64.50	LC3055-03
Aug 13-24	M-F	10:10 AM-10:40 AM	10	\$80.50	LC3053-08
Aug 13-24	M-F	10:40 AM-11:10 AM	10	\$80.50	LC3053-09
Aug 13-24	M-F	05:20 PM-05:50 PM	10	\$80.50	LC3053-10
<b>Swim Kids Level 02 (Ages 6+)</b>					
Aug 13-23	M-F	09:00 AM-09:30 AM	8	\$64.50	LC3062-01
Aug 13-24	M-F	05:35 PM-06:05 PM	10	\$80.50	LC3060-09
Aug 13-24	M-F	06:30 PM-07:00 PM	10	\$80.50	LC3060-10
<b>Swim Kids Level 03 (Ages 6+)</b>					
Aug 13-24	M-F	10:05 AM-10:35 PM	10	\$80.50	LC3068-06
Aug 13-24	M-F	11:25 AM-11:55 AM	10	\$80.50	LC3068-07
Aug 13-24	M-F	05:50 PM-06:20 PM	10	\$80.50	LC3068-08
<b>Swim Kids Level 04 (Ages 6+)</b>					
Aug 13-24	M-F	10:10 AM-10:40 AM	10	\$80.50	LC3074-06
<b>Swim Kids Level 05 (Ages 6+)</b>					
Aug 13-24	M-F	11:15 AM-12:00 PM	10	\$105.75	LC3087-05
Aug 13-24	M-F	05:00 PM-05:45 PM	10	\$105.75	LC3087-06
<b>Swim Kids Level 06 (Ages 6+)</b>					
Aug 13-24	M-F	10:40 AM-11:25 AM	10	\$105.75	LC3097-04
<b>Swim Kids Level 07 (Ages 6+)</b>					
Aug 13-24	M-F	10:00 AM-10:45 AM	10	\$105.75	LC3106-04

**HARRY BAILEY AQUATIC CENTRE 1110 Idylwyld Drive**  
*Classes cancelled on Nov 11.*

<b>Starfish (Ages 4-12 mos)</b>					
Sep 7-Nov 9	F	05:25 PM-05:55 PM	10	\$80.50	HB4003-01
Sep 9-Nov 18	Su	11:50 AM-12:20 PM	10	\$80.50	HB4003-02
Oct 15-Dec 3	M	05:40 PM-06:10 PM	8	\$64.50	HB4005-01
<b>Duck (Ages 12-24 mos)</b>					
Sep 5-Oct 1	M/W	06:15 PM-06:45 PM	8	\$64.50	HB4010-01
Sep 7-Nov 9	F	06:00 PM-06:30 PM	10	\$80.50	HB4008-01
Sep 9-Nov 18	Su	10:10 AM-10:40 AM	10	\$80.50	HB4008-02
Oct 15-Dec 3	M	05:05 PM-05:35 PM	8	\$64.50	HB4010-02
<b>Sea Turtle (Ages 24-36 mos)</b>					
Sep 9-Nov 18	Su	09:15 AM-09:45 AM	10	\$80.50	HB4013-01
Oct 15-Dec 3	M	06:50 PM-07:20 PM	8	\$64.50	HB4015-01
<b>Sea Otter (Ages 3-5 yrs)</b>					
Sep 5-Oct 1	M/W	05:05 PM-05:35 PM	8	\$64.50	HB4020-01
Sep 5-Oct 1	M/W	05:55 PM-06:25 PM	8	\$64.50	HB4020-02
Sep 5-Oct 1	M/W	07:40 PM-08:10 PM	8	\$64.50	HB4020-03
Sep 7-Nov 9	F	04:50 PM-05:20 PM	10	\$80.50	HB4018-01
Sep 7-Nov 9	F	05:25 PM-05:55 PM	10	\$80.50	HB4018-02
Sep 7-Nov 9	F	06:35 PM-07:05 PM	10	\$80.50	HB4018-03
Sep 7-Nov 9	F	07:10 PM-07:40 PM	10	\$80.50	HB4018-04
Sep 9-Nov 18	Su	09:15 AM-09:45 AM	10	\$80.50	HB4018-05
Sep 9-Nov 18	Su	09:50 AM-10:20 AM	10	\$80.50	HB4018-06
Sep 9-Nov 18	Su	10:55 AM-11:25 AM	10	\$80.50	HB4018-07
Oct 3-Nov 21	W	05:05 PM-05:35 PM	8	\$64.50	HB4020-04
Oct 3-Nov 21	W	05:55 PM-06:25 PM	8	\$64.50	HB4020-05
Oct 3-Nov 21	W	06:30 PM-07:00 PM	8	\$64.50	HB4020-06
Oct 3-Nov 21	W	07:05 PM-07:35 PM	8	\$64.50	HB4020-07
Oct 15-Dec 3	M	05:40 PM-06:10 PM	8	\$64.50	HB4020-08
Oct 15-Dec 3	M	06:30 PM-07:00 PM	8	\$64.50	HB4020-09
Oct 15-Dec 3	M	07:05 PM-07:35 PM	8	\$64.50	HB4020-10
<b>Salamander (Ages 3-5 yrs)</b>					
Sep 5-Oct 1	M/W	05:55 PM-06:25 PM	8	\$64.50	HB4027-01
Sep 5-Oct 1	M/W	06:30 PM-07:00 PM	8	\$64.50	HB4027-02
Sep 5-Oct 1	M/W	07:05 PM-07:35 PM	8	\$64.50	HB4027-03
Sep 5-Oct 1	M/W	07:40 PM-08:10 PM	8	\$64.50	HB4027-04
Sep 7-Nov 9	F	05:25 PM-05:55 PM	10	\$80.50	HB4025-01
Sep 7-Nov 9	F	06:00 PM-06:30 PM	10	\$80.50	HB4025-02
Sep 7-Nov 9	F	06:35 PM-07:05 PM	10	\$80.50	HB4025-03
Sep 9-Nov 18	Su	09:15 AM-09:45 AM	10	\$80.50	HB4025-04
Sep 9-Nov 18	Su	10:40 AM-11:10 AM	10	\$80.50	HB4025-05
Sep 9-Nov 18	Su	11:30 AM-12:00 PM	10	\$80.50	HB4025-06

Sep 9-Nov 18	Su	11:50 AM-12:20 PM	10	\$80.50	HB4025-07
Oct 3-Nov 21	W	05:20 PM-05:50 PM	8	\$64.50	HB4027-05
Oct 3-Nov 21	W	05:55 PM-06:25 PM	8	\$64.50	HB4027-06
Oct 3-Nov 21	W	07:05 PM-07:35 PM	8	\$64.50	HB4027-07
Oct 3-Nov 21	W	07:40 PM-08:10 PM	8	\$64.50	HB4027-08
Oct 15-Dec 3	M	05:05 PM-05:35 PM	8	\$64.50	HB4027-09
Oct 15-Dec 3	M	05:55 PM-06:25 PM	8	\$64.50	HB4027-10
Oct 15-Dec 3	M	07:25 PM-07:55 PM	8	\$64.50	HB4027-11
<b>Sunfish (Ages 3-5 yrs)</b>					
Sep 7-Nov 9	F	06:00 PM-06:30 PM	10	\$80.50	HB4030-01
Sep 9-Nov 18	Su	10:10 AM-10:40 AM	10	\$80.50	HB4030-02
Sep 9-Nov 18	Su	12:25 PM-12:55 PM	10	\$80.50	HB4030-03
Oct 3-Nov 21	W	05:40 PM-06:10 PM	8	\$64.50	HB4032-01
Oct 3-Nov 21	W	07:05 PM-07:35 PM	8	\$64.50	HB4032-02
Oct 15-Dec 3	M	05:40 PM-06:10 PM	8	\$64.50	HB4032-03
<b>Crocodile (Ages 3-5 yrs)</b>					
Sep 7-Nov 9	F	05:10 PM-05:40 PM	10	\$80.50	HB4035-01
Sep 9-Nov 18	Su	12:05 PM-12:35 PM	10	\$80.50	HB4035-02
<b>Whale (Ages 3-5 yrs)</b>					
Sep 9-Nov 18	Su	09:45 AM-10:15 AM	10	\$80.50	HB4047-01
<b>Swim Kids Level 01 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	05:05 PM-05:35 PM	8	\$64.50	HB4055-01
Sep 5-Oct 1	M/W	05:40 PM-06:10 PM	8	\$64.50	HB4055-02
Sep 7-Nov 9	F	04:35 PM-05:05 PM	10	\$80.50	HB4053-01
Sep 7-Nov 9	F	06:35 PM-07:05 PM	10	\$80.50	HB4053-02
Sep 9-Nov 18	Su	09:10 AM-09:40 AM	10	\$80.50	HB4053-03
Sep 9-Nov 18	Su	09:50 AM-10:20 AM	10	\$80.50	HB4053-04
Sep 9-Nov 18	Su	10:40 AM-11:10 AM	10	\$80.50	HB4053-05
Sep 9-Nov 18	Su	11:15 AM-11:45 AM	10	\$80.50	HB4053-06
Sep 9-Nov 18	Su	12:25 PM-12:55 PM	10	\$80.50	HB4053-07
Oct 3-Nov 21	W	05:05 PM-05:35 PM	8	\$64.50	HB4055-03
Oct 3-Nov 21	W	07:40 PM-08:10 PM	8	\$64.50	HB4055-04
Oct 15-Dec 3	M	06:15 PM-06:45 PM	8	\$64.50	HB4055-05
<b>Swim Kids Level 02 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	05:40 PM-06:10 PM	8	\$64.50	HB4062-01
Sep 5-Oct 1	M/W	07:40 PM-08:10 PM	8	\$64.50	HB4062-02
Sep 7-Nov 9	F	04:35 PM-05:05 PM	10	\$80.50	HB4060-01
Sep 9-Nov 18	Su	11:15 AM-11:45 AM	10	\$80.50	HB4060-02
Sep 9-Nov 18	Su	11:50 AM-12:20 PM	10	\$80.50	HB4060-03
Oct 3-Nov 21	W	06:30 PM-07:00 PM	8	\$64.50	HB4062-03
Oct 3-Nov 21	W	07:40 PM-08:10 PM	8	\$64.50	HB4062-04
Oct 15-Dec 3	M	06:30 PM-07:00 PM	8	\$64.50	HB4062-05
Oct 15-Dec 3	M	07:40 PM-08:10 PM	8	\$64.50	HB4062-06
<b>Swim Kids Level 03 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	05:05 PM-05:35 PM	8	\$64.50	HB4070-01
Sep 5-Oct 1	M/W	06:30 PM-07:00 PM	8	\$64.50	HB4070-02

# RED CROSS SWIM PROGRAM

## REGISTERED PROGRAMS

Date	Day(s)	Time	#Classes	Fee	Code
Sep 7-Nov 9	F	07:10 PM-07:40 PM	10	\$80.50	HB4068-01
Sep 9-Nov 18	Su	09:15 AM-09:45 AM	10	\$80.50	HB4068-02
Sep 9-Nov 18	Su	10:20 AM-10:50 AM	10	\$80.50	HB4068-03
Sep 9-Nov 18	Su	11:50 AM-12:20 PM	10	\$80.50	HB4068-04
Oct 3-Nov 21	W	05:40 PM-06:10 PM	8	\$64.50	HB4070-03
Oct 3-Nov 21	W	07:05 PM-07:35 PM	8	\$64.50	HB4070-04
Oct 15-Dec 3	M	05:05 PM-05:35 PM	8	\$64.50	HB4070-05
Oct 15-Dec 3	M	07:05 PM-07:35 PM	8	\$64.50	HB4070-06
<b>Swim Kids Level 04 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	05:40 PM-06:10 PM	8	\$64.50	HB4076-01
Sep 5-Oct 1	M/W	07:05 PM-07:35 PM	8	\$64.50	HB4076-02
Sep 7-Nov 9	F	05:10 PM-05:40 PM	10	\$80.50	HB4074-01
Sep 7-Nov 9	F	07:10 PM-07:40 PM	10	\$80.50	HB4074-02
Sep 9-Nov 18	Su	11:15 AM-11:45 AM	10	\$80.50	HB4074-03
Oct 3-Nov 21	W	06:30 PM-07:00 PM	8	\$64.50	HB4076-03
Oct 15-Dec 3	M	05:55 PM-06:25 PM	8	\$64.50	HB4076-04
Oct 15-Dec 3	M	07:05 PM-07:35 PM	8	\$64.50	HB4076-05
<b>Swim Kids Level 05 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	05:05 PM-05:50 PM	8	\$84.50	HB4089-01
Sep 5-Oct 1	M/W	06:50 PM-07:35 PM	8	\$84.50	HB4089-02
Sep 7-Nov 9	F	04:35 PM-05:20 PM	10	\$105.75	HB4087-01
Sep 9-Nov 18	Su	09:20 AM-10:05 AM	10	\$105.75	HB4087-02
Sep 9-Nov 18	Su	10:25 AM-11:10 AM	10	\$105.75	HB4087-03
Sep 9-Nov 18	Su	11:50 AM-12:35 PM	10	\$105.75	HB4087-04
Oct 3-Nov 21	W	05:05 PM-05:50 PM	8	\$84.50	HB4089-03
Oct 15-Dec 3	M	06:15 PM-07:00 PM	8	\$84.50	HB4089-04
Oct 15-Dec 3	M	07:05 PM-07:50 PM	8	\$84.50	HB4089-05
<b>Swim Kids Level 06 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	05:05 PM-05:50 PM	8	\$84.50	HB4099-01
Sep 7-Nov 9	F	04:35 PM-05:20 PM	10	\$105.75	HB4097-01
Sep 9-Nov 18	Su	09:20 AM-10:05 AM	10	\$105.75	HB4097-02
Sep 9-Nov 18	Su	10:25 AM-11:10 AM	10	\$105.75	HB4097-03
Sep 9-Nov 18	Su	11:50 AM-12:35 PM	10	\$105.75	HB4097-04
Oct 3-Nov 21	W	05:05 PM-05:50 PM	8	\$84.50	HB4099-02
Oct 15-Dec 3	M	06:15 PM-07:00 PM	8	\$84.50	HB4099-03
<b>Swim Kids Level 07 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	06:15 PM-07:00 PM	8	\$84.50	HB4108-01
Sep 7-Nov 9	F	05:45 PM-06:30 PM	10	\$105.75	HB4106-01
Sep 9-Nov 18	Su	09:50 AM-10:35 AM	10	\$105.75	HB4106-02
Oct 3-Nov 21	W	06:15 PM-07:00 PM	8	\$84.50	HB4108-02
Oct 15-Dec 3	M	05:05 PM-05:50 PM	8	\$84.50	HB4108-03
<b>Swim Kids Level 08 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	06:15 PM-07:00 PM	8	\$84.50	HB4113-01
Sep 7-Nov 9	F	05:45 PM-06:30 PM	10	\$105.75	HB4111-01
Sep 9-Nov 18	Su	09:50 AM-10:35 AM	10	\$105.75	HB4111-02
Oct 3-Nov 21	W	06:15 PM-07:00 PM	8	\$84.50	HB4113-02
Oct 15-Dec 3	M	05:05 PM-05:50 PM	8	\$84.50	HB4113-03
<b>Swim Kids Level 09 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	07:05 PM-08:05 PM	8	\$96.75	HB4121-01
Sep 7-Nov 9	F	06:35 PM-07:35 PM	10	\$121.00	HB4119-01
Sep 9-Nov 18	Su	10:45 AM-11:45 AM	10	\$121.00	HB4119-02
Oct 3-Nov 21	W	07:05 PM-08:05 PM	8	\$96.75	HB4121-02
<b>Swim Kids Level 10 (Ages 6+)</b>					
Sep 5-Oct 1	M/W	07:05 PM-08:05 PM	8	\$96.75	HB4124-01
Sep 7-Nov 9	F	06:35 PM-07:35 PM	10	\$121.00	HB4122-01
Sep 9-Nov 18	Su	10:45 AM-11:45 AM	10	\$121.00	HB4122-02

**LAKWOOD CIVIC CENTRE** 1635 McKercher Drive  
 Classes cancelled on Oct 8 & Nov 11.

### Starfish (Ages 4-12 mos)

Sep 4-Nov 6	Tu	03:00 PM-03:30 PM	10	\$80.50	LW4003-01
Sep 4-Nov 6	Tu	06:25 PM-06:55 PM	10	\$80.50	LW4003-02
Sep 5-Nov 7	W	10:20 AM-10:50 AM	10	\$80.50	LW4003-03
Sep 5-Nov 7	W	05:10 PM-05:40 PM	10	\$80.50	LW4003-04
Sep 6-Nov 8	Th	10:20 AM-10:50 AM	10	\$80.50	LW4003-05
Sep 6-Nov 8	Th	03:00 PM-03:30 PM	10	\$80.50	LW4003-06
Sep 8-Nov 10	Sa	09:00 AM-09:30 AM	10	\$80.50	LW4003-07

*Need help registering for these programs? p. 23*

Sep 9-Nov 18	Su	06:20 PM-06:50 PM	10	\$80.50	LW4003-08
Sep 10-Nov 19	M	09:10 AM-09:40 AM	10	\$80.50	LW4003-09
Sep 10-Nov 19	M	05:20 PM-05:50 PM	10	\$80.50	LW4003-10
<b>Duck (Ages 12-24 mos)</b>					
Sep 4-Nov 6	Tu	09:10 AM-09:40 AM	10	\$80.50	LW4008-01
Sep 5-Nov 7	W	07:00 PM-07:30 PM	10	\$80.50	LW4008-02
Sep 6-Nov 8	Th	02:25 PM-02:55 PM	10	\$80.50	LW4008-03
Sep 7-Nov 9	F	04:30 PM-05:00 PM	10	\$80.50	LW4008-04
Sep 8-Nov 10	Sa	09:40 AM-10:10 AM	10	\$80.50	LW4008-05
Sep 8-Nov 10	Sa	12:20 PM-12:50 PM	10	\$80.50	LW4008-06
Sep 9-Nov 18	Su	05:45 PM-06:15 PM	10	\$80.50	LW4008-07
Sep 10-Nov 19	M	06:30 PM-07:00 PM	10	\$80.50	LW4008-08
<b>Sea Turtle (Ages 24-36 mos)</b>					
Sep 4-Nov 6	Tu	02:25 PM-02:55 PM	10	\$80.50	LW4013-01
Sep 5-Nov 7	W	06:25 PM-06:55 PM	10	\$80.50	LW4013-02
Sep 7-Nov 9	F	10:20 AM-10:50 AM	10	\$80.50	LW4013-03
Sep 8-Nov 10	Sa	10:50 AM-11:20 AM	10	\$80.50	LW4013-04
Sep 9-Nov 18	Su	06:40 PM-07:10 PM	10	\$80.50	LW4013-05
Sep 10-Nov 19	M	04:35 PM-05:05 PM	10	\$80.50	LW4013-06
<b>Sea Otter (Ages 3-5 yrs)</b>					
Sep 4-Nov 6	Tu	09:45 AM-10:15 AM	10	\$80.50	LW4018-01
Sep 4-Nov 6	Tu	01:50 PM-02:20 PM	10	\$80.50	LW4018-02
Sep 4-Nov 6	Tu	05:25 PM-05:55 PM	10	\$80.50	LW4018-03
Sep 4-Nov 6	Tu	06:10 PM-06:40 PM	10	\$80.50	LW4018-04
Sep 4-Nov 6	Tu	07:20 PM-07:50 PM	10	\$80.50	LW4018-05
Sep 5-Nov 7	W	09:45 AM-10:15 AM	10	\$80.50	LW4018-06
Sep 5-Nov 7	W	04:40 PM-05:10 PM	10	\$80.50	LW4018-07
Sep 5-Nov 7	W	05:05 PM-05:35 PM	10	\$80.50	LW4018-08
Sep 5-Nov 7	W	05:45 PM-06:15 PM	10	\$80.50	LW4018-09
Sep 5-Nov 7	W	06:25 PM-06:55 PM	10	\$80.50	LW4018-10
Sep 5-Nov 7	W	06:50 PM-07:20 PM	10	\$80.50	LW4018-11
Sep 6-Nov 8	Th	09:10 AM-09:40 AM	10	\$80.50	LW4018-12
Sep 6-Nov 8	Th	01:50 PM-02:20 PM	10	\$80.50	LW4018-13
Sep 6-Nov 8	Th	05:15 PM-05:45 PM	10	\$80.50	LW4018-14
Sep 6-Nov 8	Th	05:40 PM-06:10 PM	10	\$80.50	LW4018-15
Sep 6-Nov 8	Th	06:45 PM-07:15 PM	10	\$80.50	LW4018-16
Sep 6-Nov 8	Th	07:25 PM-07:55 PM	10	\$80.50	LW4018-17
Sep 7-Nov 9	F	09:45 AM-10:15 AM	10	\$80.50	LW4018-18
Sep 7-Nov 9	F	05:05 PM-05:35 PM	10	\$80.50	LW4018-19
Sep 7-Nov 9	F	06:20 PM-06:50 PM	10	\$80.50	LW4018-20
Sep 8-Nov 10	Sa	09:35 AM-10:05 AM	10	\$80.50	LW4018-21
Sep 8-Nov 10	Sa	10:15 AM-10:45 AM	10	\$80.50	LW4018-22
Sep 8-Nov 10	Sa	11:45 AM-12:15 PM	10	\$80.50	LW4018-23
Sep 8-Nov 10	Sa	12:25 PM-12:55 PM	10	\$80.50	LW4018-24
Sep 9-Nov 18	Su	06:20 PM-06:50 PM	10	\$80.50	LW4018-25
Sep 9-Nov 18	Su	06:40 PM-07:10 PM	10	\$80.50	LW4018-26
Sep 9-Nov 18	Su	06:55 PM-07:25 PM	10	\$80.50	LW4018-27
Sep 10-Nov 19	M	09:45 AM-10:15 AM	10	\$80.50	LW4018-28
Sep 10-Nov 19	M	04:30 PM-05:00 PM	10	\$80.50	LW4018-29
Sep 10-Nov 19	M	05:20 PM-05:50 PM	10	\$80.50	LW4018-30
Sep 10-Nov 19	M	05:45 PM-06:15 PM	10	\$80.50	LW4018-31
<b>Salamander (Ages 3-5 yrs)</b>					
Sep 4-Nov 6	Tu	10:20 AM-10:50 AM	10	\$80.50	LW4025-01
Sep 4-Nov 6	Tu	01:15 PM-01:45 PM	10	\$80.50	LW4025-02
Sep 4-Nov 6	Tu	04:45 PM-05:15 PM	10	\$80.50	LW4025-03
Sep 4-Nov 6	Tu	05:40 PM-06:10 PM	10	\$80.50	LW4025-04
Sep 4-Nov 6	Tu	06:45 PM-07:15 PM	10	\$80.50	LW4025-05
Sep 4-Nov 6	Tu	07:20 PM-07:50 PM	10	\$80.50	LW4025-06
Sep 5-Nov 7	W	09:10 AM-09:40 AM	10	\$80.50	LW4025-07
Sep 5-Nov 7	W	04:35 PM-05:05 PM	10	\$80.50	LW4025-08
Sep 5-Nov 7	W	05:05 PM-05:35 PM	10	\$80.50	LW4025-09
Sep 5-Nov 7	W	07:00 PM-07:30 PM	10	\$80.50	LW4025-10
Sep 6-Nov 8	Th	09:45 AM-10:15 AM	10	\$80.50	LW4025-11
Sep 6-Nov 8	Th	01:15 PM-01:45 PM	10	\$80.50	LW4025-12
Sep 6-Nov 8	Th	04:40 PM-05:10 PM	10	\$80.50	LW4025-13
Sep 6-Nov 8	Th	05:15 PM-05:45 PM	10	\$80.50	LW4025-14
Sep 6-Nov 8	Th	06:00 PM-06:30 PM	10	\$80.50	LW4025-15
Sep 6-Nov 8	Th	06:25 PM-06:55 PM	10	\$80.50	LW4025-16
Sep 7-Nov 9	F	09:10 AM-09:40 AM	10	\$80.50	LW4025-17

Not sure what swim level would suit your child? Refer to page 24 for lesson level descriptions. 27

Date	Day(s)	Time	#Classes	Fee	Code
Sep 7-Nov 9	F	04:30 PM-05:00 PM	10	\$80.50	LW4025-18
Sep 7-Nov 9	F	05:50 PM-06:20 PM	10	\$80.50	LW4025-19
Sep 8-Nov 10	Sa	09:05 AM-09:35 AM	10	\$80.50	LW4025-20
Sep 8-Nov 10	Sa	11:10 AM-11:40 AM	10	\$80.50	LW4025-21
Sep 9-Nov 18	Su	06:05 PM-06:35 PM	10	\$80.50	LW4025-22
Sep 9-Nov 18	Su	06:55 PM-07:25 PM	10	\$80.50	LW4025-23
Sep 9-Nov 18	Su	07:25 PM-07:55 PM	10	\$80.50	LW4025-24
Sep 10-Nov 19	M	10:20 AM-10:50 AM	10	\$80.50	LW4025-25
Sep 10-Nov 19	M	05:10 PM-05:40 PM	10	\$80.50	LW4025-26
Sep 10-Nov 19	M	06:30 PM-07:00 PM	10	\$80.50	LW4025-27
<b>Sunfish (Ages 3-5 yrs)</b>					
Sep 4-Nov 6	Tu	06:10 PM-06:40 PM	10	\$80.50	LW4030-01
Sep 4-Nov 6	Tu	06:55 PM-07:25 PM	10	\$80.50	LW4030-02
Sep 5-Nov 7	W	04:40 PM-05:10 PM	10	\$80.50	LW4030-03
Sep 5-Nov 7	W	07:25 PM-07:55 PM	10	\$80.50	LW4030-04
Sep 6-Nov 8	Th	06:00 PM-06:30 PM	10	\$80.50	LW4030-05
Sep 6-Nov 8	Th	07:20 PM-07:50 PM	10	\$80.50	LW4030-06
Sep 7-Nov 9	F	05:10 PM-05:40 PM	10	\$80.50	LW4030-07
Sep 7-Nov 9	F	06:25 PM-06:55 PM	10	\$80.50	LW4030-08
Sep 8-Nov 10	Sa	09:00 AM-09:30 AM	10	\$80.50	LW4030-09
Sep 8-Nov 10	Sa	10:15 AM-10:45 AM	10	\$80.50	LW4030-10
Sep 8-Nov 10	Sa	12:25 PM-12:55 PM	10	\$80.50	LW4030-11
Sep 9-Nov 18	Su	06:55 PM-07:25 PM	10	\$80.50	LW4030-12
Sep 10-Nov 19	M	05:05 PM-05:35 PM	10	\$80.50	LW4030-13
Sep 10-Nov 19	M	06:20 PM-06:50 PM	10	\$80.50	LW4030-14
<b>Crocodile (Ages 3-5 yrs)</b>					
Sep 4-Nov 6	Tu	05:25 PM-05:55 PM	10	\$80.50	LW4035-01
Sep 5-Nov 7	W	05:40 PM-06:10 PM	10	\$80.50	LW4035-02
Sep 6-Nov 8	Th	07:00 PM-07:30 PM	10	\$80.50	LW4035-03
Sep 8-Nov 10	Sa	09:05 AM-09:35 AM	10	\$80.50	LW4035-04
Sep 8-Nov 10	Sa	11:35 AM-12:05 PM	10	\$80.50	LW4035-05
Sep 9-Nov 18	Su	06:05 PM-06:35 PM	10	\$80.50	LW4035-06
Sep 10-Nov 19	M	05:55 PM-06:25 PM	10	\$80.50	LW4035-07
<b>Whale (Ages 3-5 yrs)</b>					
Sep 8-Nov 10	Sa	12:10 PM-12:40 PM	10	\$80.50	LW4047-01
Sep 10-Nov 19	M	04:35 PM-05:05 PM	10	\$80.50	LW4047-02
<b>Swim Kids Level 01 (Ages 6+)</b>					
Sep 4-Nov 6	Tu	04:45 PM-05:15 PM	10	\$80.50	LW4053-01
Sep 4-Nov 6	Tu	06:45 PM-07:15 PM	10	\$80.50	LW4053-02
Sep 5-Nov 7	W	04:30 PM-05:00 PM	10	\$80.50	LW4053-03
Sep 5-Nov 7	W	06:30 PM-07:00 PM	10	\$80.50	LW4053-04
Sep 6-Nov 8	Th	04:40 PM-05:10 PM	10	\$80.50	LW4053-05
Sep 6-Nov 8	Th	06:45 PM-07:15 PM	10	\$80.50	LW4053-06
Sep 7-Nov 9	F	05:45 PM-06:15 PM	10	\$80.50	LW4053-07
Sep 8-Nov 10	Sa	09:35 AM-10:05 AM	10	\$80.50	LW4053-08
Sep 8-Nov 10	Sa	11:45 AM-12:15 PM	10	\$80.50	LW4053-09
Sep 9-Nov 18	Su	07:25 PM-07:55 PM	10	\$80.50	LW4053-10
Sep 10-Nov 19	M	05:55 PM-06:25 PM	10	\$80.50	LW4053-11
<b>Swim Kids Level 02 (Ages 6+)</b>					
Sep 4-Nov 6	Tu	05:05 PM-05:35 PM	10	\$80.50	LW4060-01
Sep 4-Nov 6	Tu	07:30 PM-08:00 PM	10	\$80.50	LW4060-02
Sep 5-Nov 7	W	05:40 PM-06:10 PM	10	\$80.50	LW4060-03
Sep 5-Nov 7	W	06:50 PM-07:20 PM	10	\$80.50	LW4060-04
Sep 6-Nov 8	Th	05:05 PM-05:35 PM	10	\$80.50	LW4060-05
Sep 6-Nov 8	Th	07:20 PM-07:50 PM	10	\$80.50	LW4060-06
Sep 7-Nov 9	F	04:35 PM-05:05 PM	10	\$80.50	LW4060-07
Sep 8-Nov 10	Sa	10:15 AM-10:45 AM	10	\$80.50	LW4060-08
Sep 8-Nov 10	Sa	11:00 AM-11:30 AM	10	\$80.50	LW4060-09
Sep 9-Nov 18	Su	07:40 PM-08:10 PM	10	\$80.50	LW4060-10
Sep 10-Nov 19	M	05:10 PM-05:40 PM	10	\$80.50	LW4060-11
<b>Swim Kids Level 03 (Ages 6+)</b>					
Sep 4-Nov 6	Tu	06:00 PM-06:30 PM	10	\$80.50	LW4068-01
Sep 4-Nov 6	Tu	07:00 PM-07:30 PM	10	\$80.50	LW4068-02
Sep 5-Nov 7	W	06:05 PM-06:35 PM	10	\$80.50	LW4068-03
Sep 5-Nov 7	W	07:35 PM-08:05 PM	10	\$80.50	LW4068-04
Sep 6-Nov 8	Th	05:25 PM-05:55 PM	10	\$80.50	LW4068-05
Sep 6-Nov 8	Th	06:50 PM-07:20 PM	10	\$80.50	LW4068-06
Sep 7-Nov 9	F	05:15 PM-05:45 PM	10	\$80.50	LW4068-07
Sep 8-Nov 10	Sa	11:00 AM-11:30 AM	10	\$80.50	LW4068-08
Sep 8-Nov 10	Sa	12:20 PM-12:50 PM	10	\$80.50	LW4068-09

Date	Day(s)	Time	#Classes	Fee	Code
Sep 9-Nov 18	Su	06:20 PM-06:50 PM	10	\$80.50	LW4068-10
Sep 10-Nov 19	M	06:30 PM-07:00 PM	10	\$80.50	LW4068-11
<b>Swim Kids Level 04 (Ages 6+)</b>					
Sep 4-Nov 6	Tu	06:00 PM-06:30 PM	10	\$80.50	LW4074-01
Sep 4-Nov 6	Tu	07:35 PM-08:05 PM	10	\$80.50	LW4074-02
Sep 5-Nov 7	W	04:30 PM-05:00 PM	10	\$80.50	LW4074-03
Sep 5-Nov 7	W	06:05 PM-06:35 PM	10	\$80.50	LW4074-04
Sep 5-Nov 7	W	07:25 PM-07:55 PM	10	\$80.50	LW4074-05
Sep 6-Nov 8	Th	05:25 PM-05:55 PM	10	\$80.50	LW4074-06
Sep 6-Nov 8	Th	07:35 PM-08:05 PM	10	\$80.50	LW4074-07
Sep 7-Nov 9	F	04:40 PM-05:10 PM	10	\$80.50	LW4074-08
Sep 7-Nov 9	F	05:40 PM-06:10 PM	10	\$80.50	LW4074-09
Sep 8-Nov 10	Sa	09:40 AM-10:10 AM	10	\$80.50	LW4074-10
Sep 8-Nov 10	Sa	11:10 AM-11:40 AM	10	\$80.50	LW4074-11
Sep 9-Nov 18	Su	07:30 PM-08:00 PM	10	\$80.50	LW4074-12
<b>Swim Kids Level 05 (Ages 6+)</b>					
Sep 4-Nov 6	Tu	04:35 PM-05:20 PM	10	\$105.75	LW4087-01
Sep 5-Nov 7	W	05:15 PM-06:00 PM	10	\$105.75	LW4087-02
Sep 6-Nov 8	Th	04:35 PM-05:20 PM	10	\$105.75	LW4087-03
Sep 7-Nov 9	F	05:55 PM-06:40 PM	10	\$105.75	LW4087-04
Sep 8-Nov 10	Sa	10:10 AM-10:55 AM	10	\$105.75	LW4087-05
Sep 9-Nov 18	Su	05:30 PM-06:15 PM	10	\$105.75	LW4087-06
Sep 10-Nov 19	M	04:30 PM-05:15 PM	10	\$105.75	LW4087-07
<b>Swim Kids Level 06 (Ages 6+)</b>					
Sep 4-Nov 6	Tu	04:35 PM-05:20 PM	10	\$105.75	LW4097-01
Sep 6-Nov 8	Th	04:35 PM-05:20 PM	10	\$105.75	LW4097-02
Sep 8-Nov 10	Sa	10:10 AM-10:55 AM	10	\$105.75	LW4097-03
<b>Swim Kids Level 06/07 Split (Ages 6+)</b>					
Sep 5-Nov 7	W	05:15 PM-06:00 PM	10	\$105.75	LW4092-01
Sep 7-Nov 9	F	06:15 PM-07:00 PM	10	\$105.75	LW4092-02
Sep 9-Nov 18	Su	05:30 PM-06:15 PM	10	\$105.75	LW4092-03
Sep 10-Nov 19	M	05:40 PM-06:25 PM	10	\$105.75	LW4092-04
<b>Swim Kids Level 07 (Ages 6+)</b>					
Sep 4-Nov 6	Tu	05:20 PM-06:05 PM	10	\$105.75	LW4106-01
Sep 6-Nov 8	Th	05:50 PM-06:35 PM	10	\$105.75	LW4106-02
Sep 8-Nov 10	Sa	11:35 AM-12:20 PM	10	\$105.75	LW4106-03
<b>Swim Kids Level 08 (Ages 6+)</b>					
Sep 4-Nov 6	Tu	05:20 PM-06:05 PM	10	\$105.75	LW4111-01
Sep 5-Nov 7	W	07:05 PM-07:50 PM	10	\$105.75	LW4111-02
Sep 6-Nov 8	Th	05:50 PM-06:35 PM	10	\$105.75	LW4111-03
Sep 7-Nov 9	F	05:05 PM-05:50 PM	10	\$105.75	LW4111-04
Sep 8-Nov 10	Sa	11:35 AM-12:20 PM	10	\$105.75	LW4111-05
Sep 10-Nov 19	M	04:30 PM-05:15 PM	10	\$105.75	LW4111-06
<b>Swim Kids Level 09/10 Split (Ages 6+)</b>					
Sep 4-Nov 6	Tu	06:55 PM-07:55 PM	10	\$121.00	LW4116-01
Sep 6-Nov 8	Th	06:50 PM-07:50 PM	10	\$121.00	LW4116-02
Sep 8-Nov 10	Sa	09:10 AM-10:10 AM	10	\$121.00	LW4116-03
Sep 10-Nov 19	M	05:45 PM-06:45 PM	10	\$121.00	LW4116-04



*Love to swim?*

*With the purchase of a LeisureCard you can enjoy unlimited access to public swim times. Available for Adult, Youth and Families.*

*See page 9 for more information.*

# RED CROSS SWIM PROGRAM

## REGISTERED PROGRAMS

**LAWSON CIVIC CENTRE** 228 Primrose Drive

### Block Lessons

Block Lessons are for families with multiple children at various swim levels wanting Red Cross swim lessons at the same time. When registering, tell us the swim levels your children should be in and we will ensure they all receive instruction during the same time. Registration for Block Lessons is not available through Leisure Online. Please register by phoning 306-975-2800 or visit any Leisure Centre.

#### For children registering in Sea Otter through Swim Kids 4

Date	Day(s)	Time	#Classes	Fee	Code
Sep 5-Oct 1	M/W	04:35 PM-05:05 PM	8	\$64.50	LC4022-01
Sep 5-Oct 1	M/W	05:10 PM-05:40 PM	8	\$64.50	LC4022-02
Sep 5-Oct 1	M/W	05:50 PM-06:20 PM	8	\$64.50	LC4022-03
Sep 5-Oct 1	M/W	06:25 PM-06:55 PM	8	\$64.50	LC4022-04
Oct 3-Dec 5	W	04:35 PM-05:05 PM	10	\$80.50	LC4021-01
Oct 3-Dec 5	W	05:10 PM-05:40 PM	10	\$80.50	LC4021-02
Oct 3-Dec 5	W	05:50 PM-06:20 PM	10	\$80.50	LC4021-03
Oct 3-Dec 5	W	06:25 PM-06:55 PM	10	\$80.50	LC4021-04

#### For children registering in Swim Kids 5-7

Date	Day(s)	Time	#Classes	Fee	Code
Sep 5-Oct 1	M/W	05:50 PM-06:35 PM	8	\$84.50	LC4084-01
Oct 3-Dec 5	W	05:50 PM-06:35 PM	10	\$105.75	LC4083-01

#### Starfish (Ages 4-12 mos)

Date	Day(s)	Time	#Classes	Fee	Code
Sep 4-27	Tu/Th	10:35 AM-11:05 AM	8	\$64.50	LC4005-01
Sep 5-Oct 1	M/W	10:05 AM-10:35 AM	8	\$64.50	LC4005-02
Sep 8-Nov 10	Sa	11:20 AM-11:50 AM	10	\$80.50	LC4003-01
Oct 4-Dec 6	Th	11:10 AM-11:40 AM	10	\$80.50	LC4003-02
Oct 15-Dec 3	M	10:05 AM-10:35 AM	8	\$64.50	LC4005-03
Oct 15-Dec 3	M	05:40 PM-06:10 PM	8	\$64.50	LC4005-04

#### Duck (Ages 12-24 mos)

Date	Day(s)	Time	#Classes	Fee	Code
Sep 4-27	Tu/Th	05:20 PM-05:50 PM	8	\$64.50	LC4010-01
Sep 8-Nov 10	Sa	09:05 AM-09:35 AM	10	\$80.50	LC4008-01
Oct 2-Dec 4	Tu	05:55 PM-06:25 PM	10	\$80.50	LC4008-02
Oct 3-Dec 5	W	10:05 AM-10:35 AM	10	\$80.50	LC4008-03
Oct 4-Dec 6	Th	05:20 PM-05:50 PM	10	\$80.50	LC4008-04
Oct 15-Dec 3	M	02:15 PM-02:45 PM	8	\$64.50	LC4010-02

#### Sea Turtle (Ages 24-36 mos)

Date	Day(s)	Time	#Classes	Fee	Code
Sep 4-27	Tu/Th	11:15 AM-11:45 AM	8	\$64.50	LC4015-01
Sep 4-27	Tu/Th	06:30 PM-07:00 PM	8	\$64.50	LC4015-02
Sep 5-Oct 1	M/W	11:10 AM-11:40 AM	8	\$64.50	LC4015-03
Sep 8-Nov 10	Sa	10:25 AM-10:55 AM	10	\$80.50	LC4013-01
Oct 2-Dec 4	Tu	11:15 AM-11:45 AM	10	\$80.50	LC4013-02
Oct 3-Dec 5	W	02:15 PM-02:45 PM	10	\$80.50	LC4013-03
Oct 4-Dec 6	Th	06:30 PM-07:00 PM	10	\$80.50	LC4013-04
Oct 5-Dec 7	F	11:15 AM-11:45 AM	10	\$80.50	LC4013-05
Oct 5-Dec 7	F	04:30 PM-05:00 PM	10	\$80.50	LC4013-06
Oct 15-Dec 3	M	04:35 PM-05:05 PM	8	\$64.50	LC4015-04

#### Sea Otter (Ages 3-5 yrs)

Date	Day(s)	Time	#Classes	Fee	Code
Sep 4-27	Tu/Th	10:05 AM-10:35 AM	8	\$64.50	LC4020-01
Sep 4-27	Tu/Th	11:10 AM-11:40 AM	8	\$64.50	LC4020-02
Sep 4-27	Tu/Th	04:35 PM-05:05 PM	8	\$64.50	LC4020-03
Sep 4-27	Tu/Th	05:55 PM-06:25 PM	8	\$64.50	LC4020-04
Sep 5-Oct 1	M/W	10:40 AM-11:10 AM	8	\$64.50	LC4020-05
Sep 5-Oct 1	M/W	01:40 PM-02:10 PM	8	\$64.50	LC4020-06
Sep 5-Oct 1	M/W	01:55 PM-02:25 PM	8	\$64.50	LC4020-07
Sep 8-Nov 10	Sa	09:05 AM-09:35 AM	10	\$80.50	LC4018-01
Sep 8-Nov 10	Sa	09:50 AM-10:20 AM	10	\$80.50	LC4018-02
Sep 8-Nov 10	Sa	10:45 AM-11:15 AM	10	\$80.50	LC4018-03
Sep 8-Nov 10	Sa	11:05 AM-11:35 AM	10	\$80.50	LC4018-04
Sep 8-Nov 10	Sa	11:20 AM-11:50 AM	10	\$80.50	LC4018-05
Oct 2-Dec 4	Tu	10:05 AM-10:35 AM	10	\$80.50	LC4018-06
Oct 2-Dec 4	Tu	11:10 AM-11:40 AM	10	\$80.50	LC4018-07
Oct 2-Dec 4	Tu	04:35 PM-05:05 PM	10	\$80.50	LC4018-08
Oct 2-Dec 4	Tu	05:05 PM-05:35 PM	10	\$80.50	LC4018-09
Oct 2-Dec 4	Tu	05:40 PM-06:10 PM	10	\$80.50	LC4018-10
Oct 2-Dec 4	Tu	06:30 PM-07:00 PM	10	\$80.50	LC4018-11

Date	Day(s)	Time	#Classes	Fee	Code
Oct 3-Dec 5	W	10:40 AM-11:10 AM	10	\$80.50	LC4018-12
Oct 3-Dec 5	W	01:05 PM-01:35 PM	10	\$80.50	LC4018-13
Oct 3-Dec 5	W	01:40 PM-02:10 PM	10	\$80.50	LC4018-14
Oct 4-Dec 6	Th	10:05 AM-10:35 AM	10	\$80.50	LC4018-15
Oct 4-Dec 6	Th	04:35 PM-05:05 PM	10	\$80.50	LC4018-16
Oct 4-Dec 6	Th	05:55 PM-06:25 PM	10	\$80.50	LC4018-17
Oct 5-Dec 7	F	10:05 AM-10:35 AM	10	\$80.50	LC4018-18
Oct 5-Dec 7	F	05:10 PM-05:40 PM	10	\$80.50	LC4018-19
Oct 5-Dec 7	F	05:40 PM-06:10 PM	10	\$80.50	LC4018-20
Oct 5-Dec 7	F	06:15 PM-06:45 PM	10	\$80.50	LC4018-21
Oct 15-Dec 3	M	10:40 AM-11:10 AM	8	\$64.50	LC4020-08
Oct 15-Dec 3	M	11:15 AM-11:45 AM	8	\$64.50	LC4020-09
Oct 15-Dec 3	M	01:40 PM-02:10 PM	8	\$64.50	LC4020-10
Oct 15-Dec 3	M	05:05 PM-05:35 PM	8	\$64.50	LC4020-11
Oct 15-Dec 3	M	05:55 PM-06:25 PM	8	\$64.50	LC4020-12
Oct 15-Dec 3	M	06:20 PM-06:50 PM	8	\$64.50	LC4020-13
Dec 10-21	M-F	04:35 PM-05:05 PM	10	\$80.50	LC4018-22
Dec 10-21	M-F	06:20 PM-06:50 PM	10	\$80.50	LC4018-23

#### Salamander (Ages 3-5 yrs)

Date	Day(s)	Time	#Classes	Fee	Code
Sep 4-27	Tu/Th	10:40 AM-11:10 AM	8	\$64.50	LC4027-01
Sep 4-27	Tu/Th	05:05 PM-05:35 PM	8	\$64.50	LC4027-02
Sep 4-27	Tu/Th	05:45 PM-06:15 PM	8	\$64.50	LC4027-03
Sep 4-27	Tu/Th	06:20 PM-06:50 PM	8	\$64.50	LC4027-04
Sep 4-27	Tu/Th	06:30 PM-07:00 PM	8	\$64.50	LC4027-05
Sep 5-Oct 1	M/W	11:15 AM-11:45 AM	8	\$64.50	LC4027-06
Sep 5-Oct 1	M/W	02:15 PM-02:45 PM	8	\$64.50	LC4027-07
Sep 8-Nov 10	Sa	09:40 AM-10:10 AM	10	\$80.50	LC4025-01
Sep 8-Nov 10	Sa	10:10 AM-10:40 AM	10	\$80.50	LC4025-02
Sep 8-Nov 10	Sa	10:30 AM-11:00 AM	10	\$80.50	LC4025-03
Oct 2-Dec 4	Tu	10:40 AM-11:10 AM	10	\$80.50	LC4025-04
Oct 2-Dec 4	Tu	04:30 PM-05:00 PM	10	\$80.50	LC4025-05
Oct 2-Dec 4	Tu	05:05 PM-05:35 PM	10	\$80.50	LC4025-06
Oct 2-Dec 4	Tu	06:20 PM-06:50 PM	10	\$80.50	LC4025-07
Oct 2-Dec 4	Tu	07:05 PM-07:35 PM	10	\$80.50	LC4025-08
Oct 3-Dec 5	W	11:15 AM-11:45 AM	10	\$80.50	LC4025-09
Oct 3-Dec 5	W	02:15 PM-02:45 PM	10	\$80.50	LC4025-10
Oct 4-Dec 6	Th	11:15 AM-11:45 AM	10	\$80.50	LC4025-11
Oct 4-Dec 6	Th	05:05 PM-05:35 PM	10	\$80.50	LC4025-12
Oct 4-Dec 6	Th	05:45 PM-06:15 PM	10	\$80.50	LC4025-13
Oct 4-Dec 6	Th	06:30 PM-07:00 PM	10	\$80.50	LC4025-14
Oct 4-Dec 6	Th	06:55 PM-07:25 PM	10	\$80.50	LC4025-15
Oct 5-Dec 7	F	11:10 AM-11:40 AM	10	\$80.50	LC4025-16
Oct 5-Dec 7	F	04:35 PM-05:05 PM	10	\$80.50	LC4025-17
Oct 5-Dec 7	F	05:05 PM-05:35 PM	10	\$80.50	LC4025-18
Oct 5-Dec 7	F	06:30 PM-07:00 PM	10	\$80.50	LC4025-19
Oct 15-Dec 3	M	10:40 AM-11:10 AM	8	\$64.50	LC4027-08
Oct 15-Dec 3	M	11:15 AM-11:45 AM	8	\$64.50	LC4027-09
Oct 15-Dec 3	M	01:55 PM-02:25 PM	8	\$64.50	LC4027-10
Oct 15-Dec 3	M	04:35 PM-05:05 PM	8	\$64.50	LC4027-11
Oct 15-Dec 3	M	05:05 PM-05:35 PM	8	\$64.50	LC4027-12
Oct 15-Dec 3	M	06:55 PM-07:25 PM	8	\$64.50	LC4027-13
Dec 10-21	M-F	05:10 PM-05:40 PM	10	\$80.50	LC4025-20
Dec 10-21	M-F	05:45 PM-06:15 PM	10	\$80.50	LC4025-21

#### Sunfish (Ages 3-5 yrs)

Date	Day(s)	Time	#Classes	Fee	Code
Sep 4-27	Tu/Th	04:30 PM-05:00 PM	8	\$64.50	LC4032-01
Sep 5-Oct 1	M/W	01:05 PM-01:35 PM	8	\$64.50	LC4032-02
Sep 8-Nov 10	Sa	09:00 AM-09:30 AM	10	\$80.50	LC4030-01
Sep 8-Nov 10	Sa	11:35 AM-12:05 PM	10	\$80.50	LC4030-02
Oct 2-Dec 4	Tu	05:45 PM-06:15 PM	10	\$80.50	LC4030-03
Oct 3-Dec 5	W	11:10 AM-11:40 AM	10	\$80.50	LC4030-04
Oct 3-Dec 5	W	01:05 PM-01:35 PM	10	\$80.50	LC4030-05
Oct 3-Dec 5	W	01:40 PM-02:10 PM	10	\$80.50	LC4030-06
Oct 4-Dec 6	Th	10:40 AM-11:10 AM	10	\$80.50	LC4030-07
Oct 4-Dec 6	Th	04:30 PM-05:00 PM	10	\$80.50	LC4030-08
Oct 15-Dec 3	M	01:05 PM-01:35 PM	8	\$64.50	LC4032-03
Oct 15-Dec 3	M	05:20 PM-05:50 PM	8	\$64.50	LC4032-04
Oct 15-Dec 3	M	05:45 PM-06:15 PM	8	\$64.50	LC4032-05
Oct 15-Dec 3	M	06:50 PM-07:20 PM	8	\$64.50	LC4032-06
Dec 10-21	M-F	04:35 PM-05:05 PM	10	\$80.50	LC4030-09

Date	Day(s)	Time	#Classes	Fee	Code	Date	Day(s)	Time	#Classes	Fee	Code
<b>Crocodile (Ages 3-5 yrs)</b>						Oct 5-Dec 7	F	04:30 PM-05:15 PM	10	\$105.75	LC4087-04
Sep 8-Nov 10	Sa	09:35 AM-10:05 AM	10	\$80.50	LC4035-01	Oct 15-Dec 3	M	04:30 PM-05:15 PM	8	\$84.50	LC4089-02
Oct 5-Dec 7	F	10:40 AM-11:10 AM	10	\$80.50	LC4035-02	<b>Swim Kids Level 06 (Ages 6+)</b>					
Oct 5-Dec 7	F	05:20 PM-05:50 PM	10	\$80.50	LC4035-03	Sep 4-27	Tu/Th	04:30 PM-05:15 PM	8	\$84.50	LC4099-01
Oct 15-Dec 3	M	06:20 PM-06:50 PM	8	\$64.50	LC4037-01	Sep 8-Nov 10	Sa	09:40 AM-10:25 AM	10	\$105.75	LC4097-01
<b>Whale (Ages 3-5 yrs)</b>						Oct 4-Dec 6	Th	04:30 PM-05:15 PM	10	\$105.75	LC4097-02
Sep 4-27	Tu/Th	07:05 PM-07:35 PM	8	\$64.50	LC4049-01	Oct 15-Dec 3	M	06:15 PM-07:00 PM	8	\$84.50	LC4099-02
Sep 8-Nov 10	Sa	10:45 AM-11:15 AM	10	\$80.50	LC4047-01	<b>Swim Kids Level 06/07 Split (Ages 6+)</b>					
Oct 4-Dec 6	Th	06:20 PM-06:50 PM	10	\$80.50	LC4047-02	Oct 5-Dec 7	F	06:15 PM-07:00 PM	10	\$105.75	LC4092-01
<b>Swim Kids Level 01 (Ages 6+)</b>						<b>Swim Kids Level 07 (Ages 6+)</b>					
Sep 4-27	Tu/Th	04:30 PM-05:00 PM	8	\$64.50	LC4055-01	Sep 4-27	Tu/Th	05:40 PM-06:25 PM	8	\$84.50	LC4108-01
Sep 4-27	Tu/Th	05:10 PM-05:40 PM	8	\$64.50	LC4055-02	Oct 4-Dec 6	Th	05:40 PM-06:25 PM	10	\$105.75	LC4106-01
Sep 4-27	Tu/Th	06:55 PM-07:25 PM	8	\$64.50	LC4055-03	<hr/>					
Sep 8-Nov 10	Sa	09:35 AM-10:05 AM	10	\$80.50	LC4053-01	<b>SHAW CENTRE 122 Bowlt Crescent</b>					
Sep 8-Nov 10	Sa	11:00 AM-11:30 AM	10	\$80.50	LC4053-02	<i>Classes cancelled on Nov 16 &amp; 17.</i>					
Oct 2-Dec 4	Tu	04:30 PM-05:00 PM	10	\$80.50	LC4053-03	<hr/>					
Oct 2-Dec 4	Tu	05:40 PM-06:10 PM	10	\$80.50	LC4053-04	<b>Starfish (Ages 4-12 mos)</b>					
Oct 2-Dec 4	Tu	07:05 PM-07:35 PM	10	\$80.50	LC4053-05	Sep 18-Nov 20	Tu	10:10 AM-10:40 AM	10	\$80.50	SC4003-01
Oct 4-Dec 6	Th	04:30 PM-05:00 PM	10	\$80.50	LC4053-06	Sep 21-Nov 30	F	04:30 PM-05:00 PM	10	\$80.50	SC4003-02
Oct 4-Dec 6	Th	05:10 PM-05:40 PM	10	\$80.50	LC4053-07	<b>Duck (Ages 12-24 mos)</b>					
Oct 4-Dec 6	Th	07:05 PM-07:35 PM	10	\$80.50	LC4053-08	Sep 18-Nov 20	Tu	05:50 PM-06:20 PM	10	\$80.50	SC4008-01
Oct 5-Dec 7	F	05:40 PM-06:10 PM	10	\$80.50	LC4053-09	Sep 20-Nov 22	Th	09:35 AM-10:05 AM	10	\$80.50	SC4008-02
Oct 5-Dec 7	F	06:20 PM-06:50 PM	10	\$80.50	LC4053-10	Sep 20-Nov 22	Th	06:00 PM-06:30 PM	10	\$80.50	SC4008-03
Oct 15-Dec 3	M	05:10 PM-05:40 PM	8	\$64.50	LC4055-04	Sep 22-Dec 1	Sa	09:00 AM-09:30 AM	10	\$80.50	SC4008-04
Oct 15-Dec 3	M	05:45 PM-06:15 PM	8	\$64.50	LC4055-05	<b>Sea Turtle (Ages 24-36 mos)</b>					
Oct 15-Dec 3	M	06:15 PM-06:45 PM	8	\$64.50	LC4055-06	Sep 18-Nov 20	Tu	04:35 PM-05:05 PM	10	\$80.50	SC4013-01
Dec 10-21	M-F	05:10 PM-05:40 PM	10	\$80.50	LC4053-11	Sep 20-Nov 22	Th	04:35 PM-05:05 PM	10	\$80.50	SC4013-02
Dec 10-21	M-F	05:45 PM-06:15 PM	10	\$80.50	LC4053-12	Sep 21-Nov 30	F	05:55 PM-06:25 PM	10	\$80.50	SC4013-03
<b>Swim Kids Level 02 (Ages 6+)</b>						<b>Sea Otter (Ages 3-5 yrs)</b>					
Sep 4-27	Tu/Th	05:45 PM-06:15 PM	8	\$64.50	LC4062-01	Sep 18-Nov 20	Tu	09:35 AM-10:05 AM	10	\$80.50	SC4018-01
Sep 4-27	Tu/Th	06:20 PM-06:50 PM	8	\$64.50	LC4062-02	Sep 18-Nov 20	Tu	04:40 PM-05:10 PM	10	\$80.50	SC4018-02
Sep 8-Nov 10	Sa	10:15 AM-10:45 AM	10	\$80.50	LC4060-01	Sep 18-Nov 20	Tu	05:25 PM-05:55 PM	10	\$80.50	SC4018-03
Sep 8-Nov 10	Sa	11:40 AM-12:10 PM	10	\$80.50	LC4060-02	Sep 18-Nov 20	Tu	06:35 PM-07:05 PM	10	\$80.50	SC4018-04
Oct 2-Dec 4	Tu	05:05 PM-05:35 PM	10	\$80.50	LC4060-03	Sep 18-Nov 20	Tu	07:10 PM-07:40 PM	10	\$80.50	SC4018-05
Oct 2-Dec 4	Tu	06:15 PM-06:45 PM	10	\$80.50	LC4060-04	Sep 20-Nov 22	Th	09:00 AM-09:30 AM	10	\$80.50	SC4018-06
Oct 4-Dec 6	Th	05:45 PM-06:15 PM	10	\$80.50	LC4060-05	Sep 20-Nov 22	Th	04:35 PM-05:05 PM	10	\$80.50	SC4018-07
Oct 4-Dec 6	Th	06:20 PM-06:50 PM	10	\$80.50	LC4060-06	Sep 20-Nov 22	Th	04:40 PM-05:10 PM	10	\$80.50	SC4018-08
Oct 5-Dec 7	F	04:30 PM-05:00 PM	10	\$80.50	LC4060-07	Sep 20-Nov 22	Th	05:25 PM-05:55 PM	10	\$80.50	SC4018-09
Oct 5-Dec 7	F	05:55 PM-06:25 PM	10	\$80.50	LC4060-08	Sep 20-Nov 22	Th	05:45 PM-06:15 PM	10	\$80.50	SC4018-10
Oct 15-Dec 3	M	04:30 PM-05:00 PM	8	\$64.50	LC4062-03	Sep 20-Nov 22	Th	06:35 PM-07:05 PM	10	\$80.50	SC4018-11
Oct 15-Dec 3	M	06:30 PM-07:00 PM	8	\$64.50	LC4062-04	Sep 20-Nov 22	Th	07:00 PM-07:30 PM	10	\$80.50	SC4018-12
Dec 10-21	M-F	06:20 PM-06:50 PM	10	\$80.50	LC4060-09	Sep 21-Nov 30	F	05:20 PM-05:50 PM	10	\$80.50	SC4018-13
<b>Swim Kids Level 03 (Ages 6+)</b>						Sep 21-Nov 30	F	06:30 PM-07:00 PM	10	\$80.50	SC4018-14
Sep 4-27	Tu/Th	05:10 PM-05:40 PM	8	\$64.50	LC4070-01	Sep 22-Dec 1	Sa	09:00 AM-09:30 AM	10	\$80.50	SC4018-15
Sep 4-27	Tu/Th	05:55 PM-06:25 PM	8	\$64.50	LC4070-02	Sep 22-Dec 1	Sa	10:55 AM-11:25 AM	10	\$80.50	SC4018-16
Sep 8-Nov 10	Sa	10:10 AM-10:40 AM	10	\$80.50	LC4068-01	Sep 22-Dec 1	Sa	11:25 AM-11:55 AM	10	\$80.50	SC4018-17
Sep 8-Nov 10	Sa	10:50 AM-11:20 AM	10	\$80.50	LC4068-02	<b>Salamander (Ages 3-5 yrs)</b>					
Oct 2-Dec 4	Tu	04:30 PM-05:00 PM	10	\$80.50	LC4068-03	Sep 18-Nov 20	Tu	09:00 AM-09:30 AM	10	\$80.50	SC4025-01
Oct 2-Dec 4	Tu	05:10 PM-05:40 PM	10	\$80.50	LC4068-04	Sep 18-Nov 20	Tu	05:15 PM-05:45 PM	10	\$80.50	SC4025-02
Oct 4-Dec 6	Th	05:10 PM-05:40 PM	10	\$80.50	LC4068-05	Sep 18-Nov 20	Tu	06:25 PM-06:55 PM	10	\$80.50	SC4025-03
Oct 4-Dec 6	Th	05:55 PM-06:25 PM	10	\$80.50	LC4068-06	Sep 18-Nov 20	Tu	07:10 PM-07:40 PM	10	\$80.50	SC4025-04
Oct 5-Dec 7	F	05:45 PM-06:15 PM	10	\$80.50	LC4068-07	Sep 20-Nov 22	Th	10:10 AM-10:40 AM	10	\$80.50	SC4025-05
Oct 15-Dec 3	M	04:30 PM-05:00 PM	8	\$64.50	LC4070-03	Sep 20-Nov 22	Th	05:15 PM-05:45 PM	10	\$80.50	SC4025-06
Oct 15-Dec 3	M	05:40 PM-06:10 PM	8	\$64.50	LC4070-04	Sep 20-Nov 22	Th	07:10 PM-07:40 PM	10	\$80.50	SC4025-07
<b>Swim Kids Level 04 (Ages 6+)</b>						Sep 21-Nov 30	F	05:05 PM-05:35 PM	10	\$80.50	SC4025-08
Sep 4-27	Tu/Th	04:35 PM-05:05 PM	8	\$64.50	LC4076-01	Sep 21-Nov 30	F	06:30 PM-07:00 PM	10	\$80.50	SC4025-09
Sep 4-27	Tu/Th	06:30 PM-07:00 PM	8	\$64.50	LC4076-02	Sep 22-Dec 1	Sa	09:40 AM-10:10 AM	10	\$80.50	SC4025-10
Sep 8-Nov 10	Sa	09:00 AM-09:30 AM	10	\$80.50	LC4074-01	Sep 22-Dec 1	Sa	10:25 AM-10:55 AM	10	\$80.50	SC4025-11
Sep 8-Nov 10	Sa	11:25 AM-11:55 AM	10	\$80.50	LC4074-02	Sep 22-Dec 1	Sa	10:50 AM-11:20 AM	10	\$80.50	SC4025-12
Oct 2-Dec 4	Tu	04:30 PM-05:00 PM	10	\$80.50	LC4074-03	Sep 22-Dec 1	Sa	11:25 AM-11:55 AM	10	\$80.50	SC4025-13
Oct 2-Dec 4	Tu	05:40 PM-06:10 PM	10	\$80.50	LC4074-04	<b>Sunfish (Ages 3-5 yrs)</b>					
Oct 4-Dec 6	Th	04:35 PM-05:05 PM	10	\$80.50	LC4074-05	Sep 18-Nov 20	Tu	06:00 PM-06:30 PM	10	\$80.50	SC4030-01
Oct 4-Dec 6	Th	06:30 PM-07:00 PM	10	\$80.50	LC4074-06	Sep 18-Nov 20	Tu	06:35 PM-07:05 PM	10	\$80.50	SC4030-02
Oct 5-Dec 7	F	05:05 PM-05:35 PM	10	\$80.50	LC4074-07	Sep 20-Nov 22	Th	05:10 PM-05:40 PM	10	\$80.50	SC4030-03
Oct 15-Dec 3	M	05:10 PM-05:40 PM	8	\$64.50	LC4076-03	Sep 20-Nov 22	Th	06:25 PM-06:55 PM	10	\$80.50	SC4030-04
<b>Swim Kids Level 05 (Ages 6+)</b>						Sep 21-Nov 30	F	05:55 PM-06:25 PM	10	\$80.50	SC4030-05
Sep 4-27	Tu/Th	05:05 PM-05:50 PM	8	\$84.50	LC4089-01	Sep 22-Dec 1	Sa	10:15 AM-10:45 AM	10	\$80.50	SC4030-06
Sep 8-Nov 10	Sa	09:00 AM-09:45 AM	10	\$105.75	LC4087-01	<b>Crocodile (Ages 3-5 yrs)</b>					
Oct 2-Dec 4	Tu	05:05 PM-05:50 PM	10	\$105.75	LC4087-02	Sep 18-Nov 20	Tu	04:40 PM-05:10 PM	10	\$80.50	SC4035-01
Oct 4-Dec 6	Th	05:05 PM-05:50 PM	10	\$105.75	LC4087-03						

# RED CROSS SWIM PROGRAM

## REGISTERED PROGRAMS

Date	Day(s)	Time	#Classes	Fee	Code
Sep 21-Nov 30	F	05:40 PM-06:10 PM	10	\$80.50	SC4035-02
Sep 22-Dec 1	Sa	11:30 AM-12:00 PM	10	\$80.50	SC4035-03
<b>Whale (Ages 3-5 yrs)</b>					
Sep 21-Nov 30	F	04:30 PM-05:00 PM	10	\$80.50	SC4047-01
Sep 22-Dec 1	Sa	09:05 AM-09:35 AM	10	\$80.50	SC4047-02
<b>Swim Kids Level 01 (Ages 6+)</b>					
Sep 18-Nov 20	Tu	05:25 PM-05:55 PM	10	\$80.50	SC4053-01
Sep 18-Nov 20	Tu	06:00 PM-06:30 PM	10	\$80.50	SC4053-02
Sep 20-Nov 22	Th	06:00 PM-06:30 PM	10	\$80.50	SC4053-03
Sep 20-Nov 22	Th	06:20 PM-06:50 PM	10	\$80.50	SC4053-04
Sep 21-Nov 30	F	04:30 PM-05:00 PM	10	\$80.50	SC4053-05
Sep 22-Dec 1	Sa	10:20 AM-10:50 AM	10	\$80.50	SC4053-06
<b>Swim Kids Level 02 (Ages 6+)</b>					
Sep 18-Nov 20	Tu	05:15 PM-05:45 PM	10	\$80.50	SC4060-01
Sep 18-Nov 20	Tu	07:10 PM-07:40 PM	10	\$80.50	SC4060-02
Sep 20-Nov 22	Th	04:50 PM-05:20 PM	10	\$80.50	SC4060-03
Sep 20-Nov 22	Th	05:50 PM-06:20 PM	10	\$80.50	SC4060-04
Sep 20-Nov 22	Th	07:10 PM-07:40 PM	10	\$80.50	SC4060-05
Sep 21-Nov 30	F	05:55 PM-06:25 PM	10	\$80.50	SC4060-06
Sep 22-Dec 1	Sa	09:40 AM-10:10 AM	10	\$80.50	SC4060-07
Sep 22-Dec 1	Sa	10:15 AM-10:45 AM	10	\$80.50	SC4060-08
<b>Swim Kids Level 03 (Ages 6+)</b>					
Sep 18-Nov 20	Tu	05:50 PM-06:20 PM	10	\$80.50	SC4068-01
Sep 18-Nov 20	Tu	06:35 PM-07:05 PM	10	\$80.50	SC4068-02
Sep 20-Nov 22	Th	05:25 PM-05:55 PM	10	\$80.50	SC4068-03
Sep 20-Nov 22	Th	06:35 PM-07:05 PM	10	\$80.50	SC4068-04
Sep 21-Nov 30	F	05:05 PM-05:35 PM	10	\$80.50	SC4068-05
Sep 21-Nov 30	F	06:30 PM-07:00 PM	10	\$80.50	SC4068-06
Sep 22-Dec 1	Sa	10:25 AM-10:55 AM	10	\$80.50	SC4068-07
Sep 22-Dec 1	Sa	10:50 AM-11:20 AM	10	\$80.50	SC4068-08

Date	Day(s)	Time	#Classes	Fee	Code
<b>Swim Kids Level 04 (Ages 6+)</b>					
Sep 18-Nov 20	Tu	06:00 PM-06:30 PM	10	\$80.50	SC4074-01
Sep 18-Nov 20	Tu	06:25 PM-06:55 PM	10	\$80.50	SC4074-02
Sep 20-Nov 22	Th	05:10 PM-05:40 PM	10	\$80.50	SC4074-03
Sep 20-Nov 22	Th	07:25 PM-07:55 PM	10	\$80.50	SC4074-04
Sep 21-Nov 30	F	04:30 PM-05:00 PM	10	\$80.50	SC4074-05
Sep 21-Nov 30	F	06:30 PM-07:00 PM	10	\$80.50	SC4074-06
Sep 22-Dec 1	Sa	09:05 AM-09:35 AM	10	\$80.50	SC4074-07
<b>Swim Kids Level 05 (Ages 6+)</b>					
Sep 18-Nov 20	Tu	04:35 PM-05:20 PM	10	\$105.75	SC4087-01
Sep 20-Nov 22	Th	04:35 PM-05:20 PM	10	\$105.75	SC4087-02
Sep 21-Nov 30	F	05:05 PM-05:50 PM	10	\$105.75	SC4087-03
Sep 21-Nov 30	F	06:15 PM-07:00 PM	10	\$105.75	SC4087-04
Sep 22-Dec 1	Sa	09:35 AM-10:20 AM	10	\$105.75	SC4087-05
<b>Swim Kids Level 06 (Ages 6+)</b>					
Sep 18-Nov 20	Tu	04:35 PM-05:20 PM	10	\$105.75	SC4097-01
Sep 21-Nov 30	F	05:05 PM-05:50 PM	10	\$105.75	SC4097-02
Sep 21-Nov 30	F	05:40 PM-06:25 PM	10	\$105.75	SC4097-03
Sep 22-Dec 1	Sa	09:35 AM-10:20 AM	10	\$105.75	SC4097-04
<b>Swim Kids Level 07 (Ages 6+)</b>					
Sep 18-Nov 20	Tu	05:10 PM-05:55 PM	10	\$105.75	SC4106-01
Sep 20-Nov 22	Th	06:35 PM-07:20 PM	10	\$105.75	SC4106-02
Sep 22-Dec 1	Sa	11:00 AM-11:45 AM	10	\$105.75	SC4106-03
<b>Swim Kids Level 08 (Ages 6+)</b>					
Sep 20-Nov 22	Th	05:45 PM-06:30 PM	10	\$105.75	SC4111-01
Sep 21-Nov 30	F	04:30 PM-05:15 PM	10	\$105.75	SC4111-02
Sep 22-Dec 1	Sa	11:00 AM-11:45 AM	10	\$105.75	SC4111-03
<b>Swim Kids Level 09/10 Split (Ages 6+)</b>					
Sep 18-Nov 20	Tu	07:00 PM-08:00 PM	10	\$121.00	SC4116-01
Sep 20-Nov 22	Th	06:55 PM-07:55 PM	10	\$121.00	SC4116-02
Sep 22-Dec 1	Sa	09:15 AM-10:15 AM	10	\$121.00	SC4116-03

## RED CROSS ADULT SWIM LESSONS

### RED CROSS SWIM BASICS 1 (ADULT)

No previous swimming experience required. Participants learn front and back float, front and back glide with kick, front swim for 10 metres, shallow water entries and deep-water activities (assisted).

#### Harry Bailey Aquatic Centre

Oct 3-24	W	07:40 PM-08:10 PM	4	\$49.25	HB4159-01
Oct 15-Dec 3	M	07:40 PM-08:10 PM	8	\$101.50	HB4158-01
Oct 31-Nov 21	W	07:40 PM-08:10 PM	4	\$49.25	HB4159-02

#### Lakewood Civic Centre

Sep 9-Nov 18	Su	08:00 PM-08:45 PM	10	\$132.75	LW4156-01
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#### Lawson Civic Centre

Oct 2-Dec 4	Tu	06:15 PM-07:00 PM	10	\$132.75	LC4156-01
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#### Shaw Centre

Sep 18-Nov 20	Tu	07:00 PM-07:45 PM	10	\$132.75	SC4156-01
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### RED CROSS SWIM STROKES (ADULT)

Participants should be able to swim front and back crawl 15 metres continuously and be comfortable in deep water. Swimmers choose the stroke(s) they wish to focus on. Participation-based program with individual goals.

#### Harry Bailey Aquatic Centre

Sep 9-Nov 18	Su	11:15 AM-11:45 AM	10	\$127.00	HB4161-01
Oct 3-Nov 21	W	05:55 PM-06:25 PM	8	\$101.50	HB4163-01

#### Lakewood Civic Centre

Sep 9-Nov 18	Su	08:00 PM-08:45 PM	10	\$132.75	LW4162-01
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#### Lawson Civic Centre

Oct 2-Dec 4	Tu	06:15 PM-07:00 PM	10	\$132.75	LC4162-01
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## PRIVATE SWIM LESSONS

Receive personalized attention with one-on-one private swim lessons. With the instructor's full attention, these sessions are an excellent opportunity to get to the next level of development. Available at Harry Bailey Aquatic Centre, Lakewood Civic Centre, Lawson Civic Centre and Shaw Centre. Call any facility for more information or to register.

#### YOUTH (half-hour session)

1 session \$34.50 • 3 sessions \$101.25 • 5 sessions \$165.25

#### ADULT (half-hour session)

1 session \$38.50 • 3 sessions \$109.50 • 5 sessions \$178.75

## SEMI-PRIVATE SWIM LESSONS

Groups of two receive personalized instruction in semi-private swim lessons. Available at Harry Bailey Aquatic Centre, Lakewood Civic Centre, Lawson Civic Centre and Shaw Centre. Call any facility for more information or to register.

#### YOUTH\* (half-hour session)

1 session \$26.00 • 3 sessions \$74.25 • 5 sessions \$121.00

#### ADULT\* (half-hour session)

1 session \$30.25 • 3 sessions \$85.75 • 5 sessions \$139.25

\*Prices are per person.



*New!* SWIMMING SKILLS IMPROVEMENT LESSONS

These classes focus on improving specific swimming skills from Swim Kids Level 5 to 10 in a small group setting without taking the whole lesson over again.

**Lakewood Civic Centre**

Nov 20-23	Tu-F	04:35 PM-05:05 PM	\$45.50	LW4169-01	Nov 20-23	Tu-F	05:45 PM-06:15 PM	\$45.50	LW4169-03
Nov 20-23	Tu-F	05:10 PM-05:40 PM	\$45.50	LW4169-02	Nov 20-23	Tu-F	06:20 PM-06:50 PM	\$45.50	LW4169-04

*New!* FAMILY SWIM LESSONS

Age 6+. A family up to four members (related by birth, legal status or marriage with a minimum of one adult) receive basic swim instruction to become more comfortable in the water. Learn water safety, front and back float, front and back glide with kick and work toward front swim for 10 meters. Call any facility for more information or to register.

**Harry Bailey Aquatic Centre**

Sep 9-23	Su	12:25 PM-12:55 PM	3	\$64.00	HB4173-01
Sep 30-Oct 14	Su	12:25 PM-12:55 PM	3	\$64.00	HB4173-02
Oct 21-Nov 4	Su	12:25 PM-12:55 PM	3	\$64.00	HB4173-03

**Shaw Centre**

Sep 19-Oct 3	W	04:40 PM-05:10 PM	3	\$64.00	SC4173-01
Sep 19-Oct 3	W	05:15 PM-05:45 PM	3	\$64.00	SC4173-02
Sep 19-Oct 3	W	05:50 PM-06:20 PM	3	\$64.00	SC4173-03
Sep 19-Oct 3	W	06:25 PM-06:55 PM	3	\$64.00	SC4173-04

**LEARN TO SKATE**

**Preschool Learn to Skate**

3-5 yrs. This recreational program will help your child become comfortable on the ice, while learning fundamental skills such as balance and how to steer. No experience required. Each participant must bring their own skates and helmet; without these they will not be allowed on the ice. Skate aids are prohibited on the ice during the class. (Note: unparented class).

**ACT Arena**

Oct 9-Nov 27	Tu	04:15 PM-04:45 PM	\$66.75	AC4352-01
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**Cosmo Arena**

Oct 10-Nov 28	W	04:15 PM-04:45 PM	\$66.75	CA4352-01
Oct 11-Nov 29	Th	04:15 PM-04:45 PM	\$66.75	CA4352-02

**Parent & Tot Learn to Skate**

3-5 years. Kids will have fun learning how to skate with their parent or guardian helping along the way. Instructors are on the ice to teach the basic fundamentals of skating. One parent or guardian must be on the ice at all times with their child. Each participant must bring their own skates and helmet

**Lions Arena**

Oct 15-Dec 3	M	04:15 PM-04:45 PM	\$66.75	LI4343-01
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**PLAY & LEARN**

**Teddy Bears Picnic**

3-5 yrs. Children and teddy will have an opportunity to colour, play pool games and have a snack and story. Teddy bear welcome to provide comfort to child and does not go in pool.

**Lawson Civic Centre**

Sep 5-Oct 1	MW	10:20 AM-11:05 AM	\$55.00	LC4374-01
Sep 5-Oct 1	MW	01:05 PM-01:50 PM	\$55.00	LC4374-02
Sep 8-Nov 10	Sa	11:05 AM-11:50 AM	\$68.75	LC4368-01
Oct 2-Dec 4	Tu	10:20 AM-11:05 AM	\$68.75	LC4368-02
Oct 3-Dec 5	W	10:20 AM-11:05 AM	\$68.75	LC4368-03
Oct 4-Dec 6	Th	10:20 AM-11:05 AM	\$68.75	LC4368-04
Oct 5-Dec 7	F	10:20 AM-11:05 AM	\$68.75	LC4368-05
Oct 15-Dec 3	M	01:05 PM-01:50 PM	\$55.00	LC4374-03

**Movin' & Groovin' Toddlers**

2-3 yrs. Boys and girls will unlock a new adventure each week with crafts, stories and themed activities. Instructor led; parental/guardian assistance for activities is required.

**Lawson Civic Centre**

Sep 13-Oct 11	Th	10:30 AM-11:15 AM	\$46.75	LC4342-01
Oct 21-Nov 25	Su	03:00 PM-03:45 PM	\$46.75	LC4342-02

**Toddlers on the Move**

2-3 yrs. Children will play with parachutes, mats, a balance beam and much more. Instructor led. Parents/guardians must be present.

**Lakewood Civic Centre**

Sep 8-Oct 13	Sa	10:15 AM-11:00 AM	\$41.25	LW4370-01
Oct 21-Nov 25	Su	10:15 AM-11:00 AM	\$41.25	LW4370-02

**Shaw Centre**

Sep 15-Oct 13	Sa	09:15 AM-10:00 AM	\$41.25	SC4370-01
Oct 27-Nov 24	Sa	09:15 AM-10:00 AM	\$41.25	SC4370-02

**Kids on the Move**

3-5 yrs. Burn off all that energy by participating in fun instructor-led games and activities using balls, hoops, sports equipment and parachutes. Parent/guardian participation is not required.

**Lawson Civic Centre**

Sep 9-Oct 14	Su	03:00 PM-03:45 PM	\$40.25	LC4324-01
Oct 18-Nov 15	Th	10:30 AM-11:15 AM	\$40.25	LC4324-02
Oct 21-Nov 25	Su	01:00 PM-01:45 PM	\$40.25	LC4324-03

**The Princess Ball**

3-5 yrs. Calling all princesses to come and have a ball! Come dressed in your princess best and be ready to dance, sing songs and make fancy princess crafts like a tiara and jewellery. Parents/guardians must be present.

**Lawson Civic Centre**

Sep 9-Oct 14	Su	02:00 PM-02:45 PM	\$46.75	LC4369-01
Oct 21-Nov 25	Su	02:00 PM-02:45 PM	\$46.75	LC4369-02

**Jungle Gym Safari**

3-5 yrs. Bring your shorts and runners and prepare to go on a Jungle Gym Safari! Each safari session will begin with a story about a new jungle animal, followed by games in the indoor playground, a craft and a watering hole break. Parents/guardians must be present.

**Lawson Civic Centre**

Sep 9-Oct 14	Su	01:00 PM-01:45 PM	\$46.75	LC4322-01
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**PRESCHOOL SPORT**

**Sporty Stars**

3-5 yrs. An instructor will introduce children to a variety of sports including soccer, floor hockey and basketball. Something new each week.

**Lakewood Civic Centre**

Sep 8-Oct 13	Sa	09:15 AM-10:00 AM	\$41.25	LW4364-01
Sep 9-Oct 14	Su	10:15 AM-11:00 AM	\$41.25	LW4364-02
Sep 9-Oct 14	Su	11:15 AM-12:00 PM	\$41.25	LW4364-03
Oct 20-Nov 24	Sa	09:15 AM-10:00 AM	\$41.25	LW4364-04
Oct 20-Nov 24	Sa	10:15 AM-11:00 AM	\$41.25	LW4364-05

**Shaw Centre**

Sep 15-Oct 13	Sa	10:15 AM-11:00 AM	\$41.25	SC4364-01
Oct 27-Nov 24	Sa	11:30 AM-12:15 PM	\$41.25	SC4364-02

**Active Start Tennis**

3-5 yrs. Scaled down racquets and modified tennis balls will make this introduction to tennis fun. Participants will be introduced to a variety of fundamental movement skills including striking an object, walking, running, jumping, wheeling, catching, throwing, agility, balance, coordination and reaction speed. This program will instill the love of sport and being physically active.

**Lakewood Civic Centre**

Oct 20-Nov 24	Sa	11:15 AM-12:15 PM	\$52.25	LW4301-01
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*Keep the kids active while  
you get your Christmas  
shopping done!*

*Check out Drop & Shop (p. 33)*