



City of Saskatoon



P 306.975.3321 E hbc@saskatoon.ca saskatoon.ca/lifeguard

Printed November 2022

TRAINING & EMPLOYMENT

Become a LIFEGUARD



The City of Saskatoon is always looking for qualified, energetic people to work as lifeguards at the City's indoor and outdoor pools.

INDOOR POOLS

Harry Bailey Aquatic Centre Lakewood Civic Centre Lawson Civic Centre Shaw Centre

OUTDOOR POOLS

George Ward Pool Lathey Pool Mayfair Pool Riversdale Pool



Life as a Lifeguard

Life as a guard is about variety! One day you might find yourself enjoying the summer sun while watching kids play happily at an outdoor pool. The next day you might be working at an indoor pool as seniors participate in an aqua fitness class. You might just as easily be instructing a group of preschoolers, who look up at you as the coolest person they know, as they try to get comfortable putting their faces in the water for the very first time.

For lifeguards, the potential is endless, but a workday will typically include:

- Instructing swimming lessons
- Educating people about water safety
- Supervising pool activities and responding to emergencies
- Preparing lesson plans
- Maintaining your training and fitness

Join the Team!

Enjoy the benefits of working as a lifeguard:

- A great start into the workforce with competitive pay and a flexible work schedule.
- A free LeisureCard just for you! A LeisureCard provides access to 15 City of Saskatoon leisure facilities including admission to public open times, drop-in fitness and aqua fitness classes.
- A chance to spend the summer months working outdoors.
- A unique variety of work-sites including four indoor aquatic facilities and four outdoor pools.
- Free re-certification for all employees.



Steps to Becoming a Lifeguard

- <u>1</u> Lifesaving Society Bronze Medallion Pre-requisites: 13 years old or Lifesaving Society Bronze Star
- 2 Lifesaving Society Bronze Cross Pre-requisites: Lifesaving Society Bronze Medallion
- 3 Standard First Aid/CPR-C AED* Pre-requisites: None

Lifesaving Society National Lifeguard Award (NLA)*

Pre-requisites: 15 years old, and Standard First-Aid & CPR-C/AED or Aquatic Emergency Care, and Lifesaving Society Bronze Cross

Lifesaving Society Combined Swim for Life & Lifesaving Society Instructor Program*

Pre-requisites: 15 years old and Lifesaving Society Bronze Cross (or higher)

* Courses listed in step 3 can be completed in any order.

For more employment^{**} information contact 306-975-3321 or check out the seasonal Leisure Guide for upcoming course dates.

** Note: To obtain employment as a Lifeguard with the City of Saskatoon, both the Lifesaving Society National Lifeguard Award and the Lifesaving Society Combined Swim for Life and Lifesaving Instructor Program must be completed.