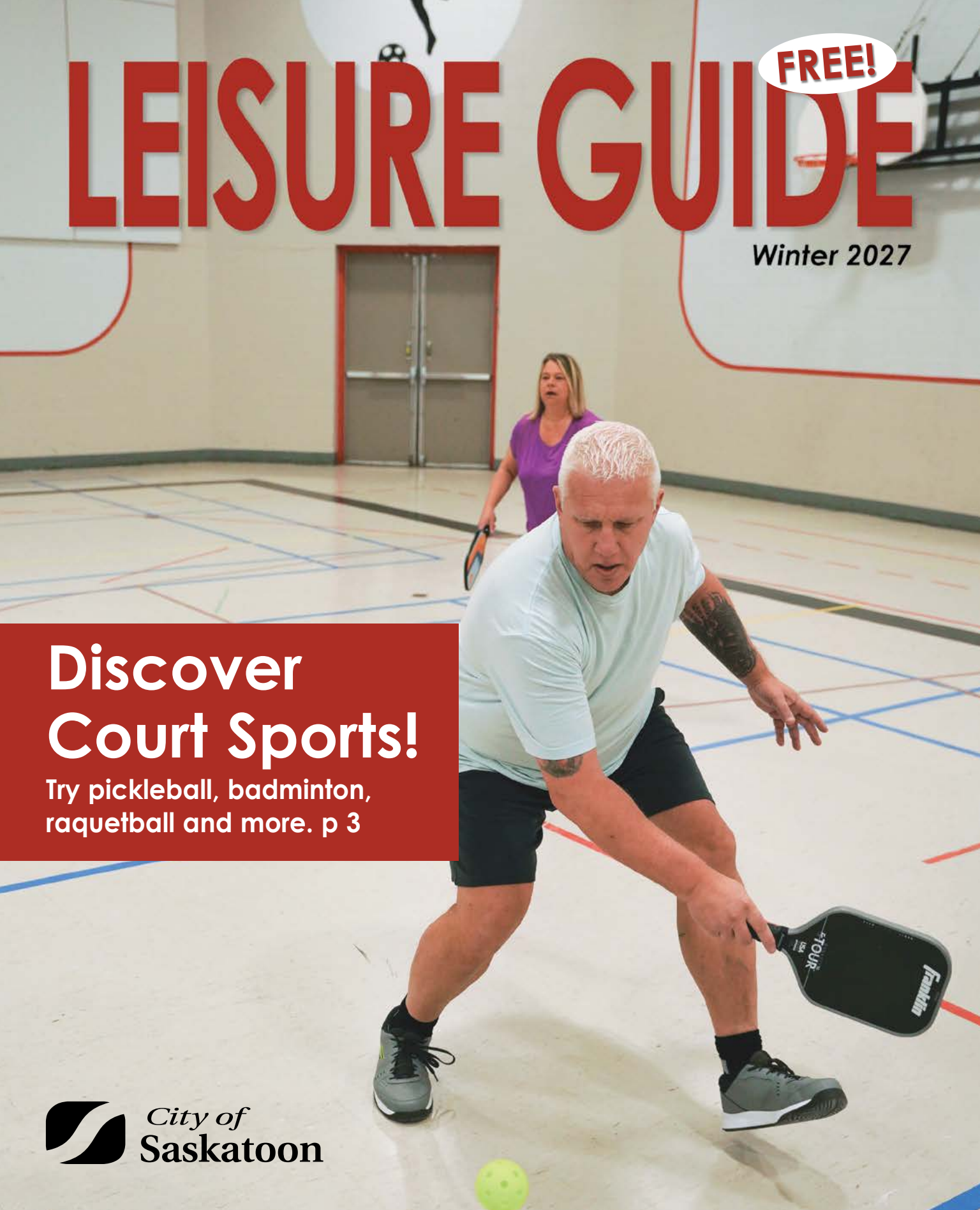
LEISURE GUIDE

FREE!

Winter 2027



Discover Court Sports!

Try pickleball, badminton, raquetball and more. p 3

City of Saskatoon



Find us online!

All of the great arts, culture and recreation programs listed in the *Leisure Guide* are also available online, anytime.

- View the current Leisure Guide online: **saskatoon.ca/leisureguide**
- Browse and register for Registered Programs with Leisure Online: **saskatoon.ca/leisureonline**
- Check out Drop-in Program times and locations on Leisure Online: **dropinschedule.saskatoon.ca**
- Connect with your neighbourhood Community Association to see what they have to offer this season: **saskatoon.ca/communityassociations**

City of Saskatoon

Attention Advertisers!

Get in the Guide!

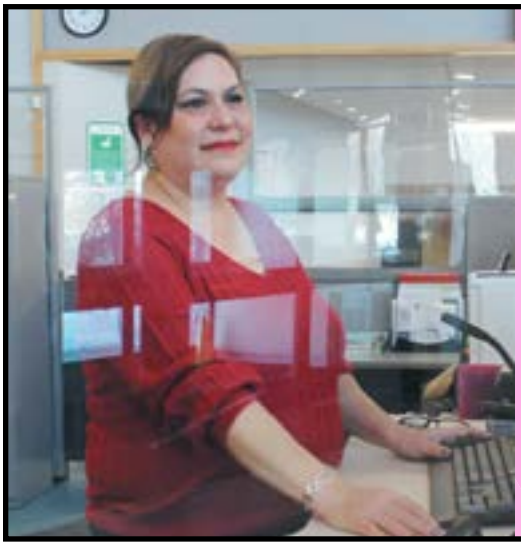
The Leisure Guide is Saskatoon's go-to source for sport, culture and recreation information. Reach a wider audience by advertising your community programs in the City of Saskatoon Leisure Guide.



Book Today!
Contact the StarPhoenix at 705-627-1859 or visit **getintheguide.com**

Deadline:
January 29, 2027

City of Saskatoon
saskatoon.ca/leisureguide



BE CONSIDERATE KIND RESPECTFUL

Respect is expected.

Our employees and customers both deserve to feel safe and respected while accessing our programs, services, and facilities, and while in our workplaces.

Let's all choose kindness in every interaction.

Service Saskatoon | City of Saskatoon

The City of Saskatoon Leisure Guide is your community source for sports, culture and recreation programs in Saskatoon!

Find a variety of Registered and Drop-in Programs designed to help you get fit or learn a new skill. You'll also find out about sports, culture and recreation opportunities offered by community organizations throughout the city.

The Leisure Guide is available each season two weeks in advance of program registration and can be picked up at any City leisure facility, Saskatoon public library or wherever the StarPhoenix is sold. The Guide is also available online at saskatoon.ca/leisureguide.



Mark your calendars!

- ✓ Registration for Winter programs begins Sunday, December 6, 2026.
- ✓ 2027 Spring/Summer Leisure Guide will be available Friday, March 5, 2027 and registration will begin Sunday, March 21, 2027 at 6:00 p.m.

Accommodations & Inclusion

The City of Saskatoon is committed to reducing barriers and supporting participation in recreation programs. Accessible features vary at City facilities and may include ramps, elevators, zero-depth pool entries and aquatic lifts. To discuss accommodations or accessibility, call the facility directly.



Winter Leisure Guide cover photo taken at Cosmo Civic Centre. Refer to pages 13, 28 and 37 for drop-in, registered and rental opportunities for a variety of court sports.

WHAT'S INSIDE...

RECREATION MAP 4-5

LEISURE CENTRES 6-11
Cosmo Civic Centre (CCC) 6
Harry Bailey Aquatic Centre (HBC) 7
Lakewood Civic Centre (LWC) 7
Lawson Civic Centre (LCC) 8
Saskatoon Field House (SFH) 8
Shaw Centre (SCC) 9
Terry Fox Track 9
Admission Rates & Options 10-11
Child Minding 10

PROGRAMS & ACTIVITIES 12-33
Leisure Centre Drop-in Programs 12-14
Registered Programs 15-33
How to Register 15-16
Lifesaving Society Swim Lessons 16-24
Lesson Level Descriptions 16-18
Parent & Tot, Preschool, Swimmer & Swim Patrol Lessons 19-23
Lakewood Civic Centre (LWC) 19-20
Lawson Civic Centre (LCC) 20-22
Multi-Level Swim Lessons for Families (LCC) 21
5-Day Lesson Sets (SCC) 22
Shaw Centre (SCC) 22-23
Youth Swimmer Lessons 23
Adult Swim Lessons 24
Additional Swim Lesson Options 24
Free Community Programming 25
Preschool Recreation Programs 25-26
Children Recreation Programs 26-27
Youth Recreation Programs 27-28
Adult Recreation Programs 28-30
Beginner Fitness 28
Adult Personal & Group Exercise Training 28-29
Fit Over 50 Personal & Group Exercise Training 29
General Fitness 29-30
Recreation 30
Specialized Wellness Programs 30
Training & Certification Programs 31-33

SEASONAL FUN! 34-36
Ice Skating 34-35
Cross Country Skiing 35
Dog Parks 36
Saskatoon Forestry Farm Park & Zoo 36

RENTAL OPTIONS 37

COMMUNITY ASSOCIATIONS 38-43

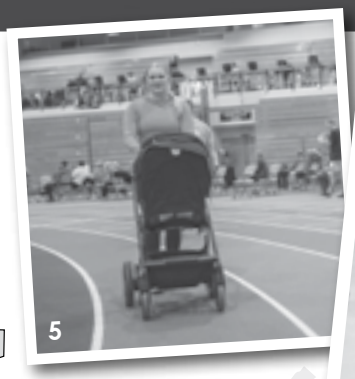
ADVERTISERS' INDEX 44

RECREATION MAP

Find Your Fun!

The City of Saskatoon offers a variety of sport, culture and recreation programs and activities at various leisure facilities located throughout the city.

Visit **saskatoon.ca/recreation** for more information on these great amenities!









NEIGHBOURHOOD PARKS

Saskatoon has over 200 parks located throughout the city. For more information about recreation opportunities and amenities in neighbourhood parks, visit **saskatoon.ca/parklocations**.

RECREATION MAP LEGEND

INDOOR LEISURE CENTRES

1. **COSMO CIVIC CENTRE** 6
   3130 Laurier Drive
2. **HARRY BAILEY AQUATIC CENTRE** ..... 7 *Closed for facility upgrade*
   1110 Idylwyld Drive North
3. **LAKEWOOD CIVIC CENTRE** 7
   1635 McKercher Drive
4. **LAWSON CIVIC CENTRE** 8
   225 Primrose Drive
5. **SASKATOON FIELD HOUSE** 8
   2020 College Drive
6. **SHAW CENTRE** 9
   122 Bowlt Crescent
7. **TERRY FOX TRACK** 9
   150 Nelson Road

ICE SKATING

8. **ACT ARENA** 34
   107-105th Street East
9. **ARCHIBALD ARENA** 34
   1410 Windsor Street
1. **COSMO ARENA** 34
   3130 Laurier Drive
10. **GORDIE HOWE KINSMEN ARENA** 34
    1405 Avenue P South *(Rentals only)*
11. **LIONS ARENA** 34
    2205 McEown Avenue
12. **CLARENCE DOWNEY SPEED SKATING OVAL** 35
    Dudley Street & Avenue R South

OUTDOOR RINKS

Saskatoon's Community Associations own and operate over 50 outdoor rinks throughout the city for the public to enjoy. Visit pages 38-43 or check your Community Association's website or Facebook page for more information.

OTHER ATTRACTIONS

13. **SASKATOON FORESTRY FARM PARK & ZOO,** 1903 Forestry Farm Park Drive 36
14. **OUTDOOR FITNESS CIRCUIT AT RIVER LANDING**
15. **NUTRIEN PLAYLAND AT KINSMEN PARK** *Closed for the season.*
    945 Spadina Crescent East
16. **GORDON HOWE CAMPGROUND** *Closed for the season.*
    1640 Avenue P South (off 11th Street)

GOLF COURSES *Closed for the season.*

17. **HOLIDAY PARK GOLF COURSE** *Groomed Ski Trails!*
    1630 Avenue U South (off 11th Street)
18. **SILVERWOOD GOLF COURSE**
    3503 Kinnear Avenue
19. **WILDWOOD GOLF COURSE** *Groomed Ski Trails!*
    4050 8th Street East

OUTDOOR POOLS *Closed for the season.*

20. **GEORGE WARD POOL** 1915 5th Street East
21. **LATHEY POOL** 815 Taylor Street East
22. **MAYFAIR POOL** 1025 Avenue F North
23. **RIVERSDALE POOL** 822 Avenue H South

DOG PARKS

24. **AVALON**
    South end of Broadway at Glasgow Street
25. **CASWELL**
    Avenue F North and 31st Street West
26. **CHIEF WHITECAP**
    Access via Saskatchewan Crescent off of Cartwright Street
27. **FRED MENDEL**
    Avenue W South and 17th Street West
28. **HAMPTON**
    North on Range Road 3060, near the airport
29. **HYDE**
    South end of Hyde Park, adjacent to Boychuk Drive
29. **HYDE (SMALL DOGS ONLY)**
    North end of Hyde Park adjacent to Boychuk Drive
30. **PAUL MOSTOWAY**
    Richardson Road east of McClocklin Road
31. **PIERRE RADISSON**
    Between 32nd Street and 33rd Street at Faulkner Crescent
32. **SILVERWOOD**
    Access off Kinnear Avenue or the east end of Adilman Drive
33. **SOUTHWEST**
    Off Valley Road, near Cedar Villa Estates
34. **SUTHERLAND BEACH**
    West off Central Avenue just north of Attridge Drive
35. **CHARLOTTETOWN (SMALL DOGS ONLY)**
    Off Bennett Place, near Cosmo Civic Centre



Find Your Fun!

Saskatoon has six indoor Leisure Centres located throughout the city, plus the Terry Fox Track. More than just a gym, each Centre is unique and features amenities like swimming pools, waterslides, indoor tracks, gymnasiums, sport courts, fitness and weight rooms, child minding and even a skating rink and wave pool!

Leisure Centres offer fun and fitness for all ages and abilities. Learn more about Drop-in and Registered Program opportunities on pages 12-33 or visit **saskatoon.ca/leisurecentres**.

City of Saskatoon **LEISURE CENTRES**

COSMO CIVIC CENTRE (CCC)

3130 Laurier Drive • 306-975-3344 • saskatoon.ca/cosmo

Workout in the fitness and weight room, hit the wallyball court or go for a skate - all under the same roof. Cosmo has both Registered and Drop-in Programs for adults and children, space for meetings or birthday parties and the Carlyle King Branch Library** is a popular stop.

HOURS OF OPERATION*

Monday to Friday 9:00 AM-9:30 PM
Saturday 9:30 AM-6:00 PM • Sunday 12:00 PM-5:30 PM

*Closed on statutory holidays. *Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.*

***Visit saskatoonlibrary.ca for library hours and programming information.*

FACILITY FEATURES

- Gymnasium • Fitness & Weight Room • Rink
- Racquetball & Wallyball Court • Lockers • Meeting Rooms
- Theatre • Library • Multi-Purpose Room • WiFi available
- Vending Machines • Fitness / Dance Studio



SASKATOON transit *Saskatoon Transit fares and passes are available for purchase at Cosmo Civic Centre Customer Service Counter.*

HARRY BAILEY AQUATIC CENTRE (HBC)

1110 Idylwyld Drive North • saskatoon.ca/harrybailey

Harry Bailey Aquatic Centre is anticipated to reopen Winter 2027. Watch for opening details at **saskatoon.ca/harrybailey**.

LAKEWOOD CIVIC CENTRE (LWC)

1635 McKercher Drive • 306-975-2944 • saskatoon.ca/lakewood

Float past the tropical trees and enjoy the water features of the beach-entry pool. Be sure to also stop at the Cliff Wright Branch Library**.

HOURS OF OPERATION*

Monday to Friday 6:15 AM-9:45 PM

Saturday 9:00 AM-8:00 PM • Sunday 10:00 AM-5:30 PM

**Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.*

***Visit saskatoonlibrary.ca for library hours and programming information.*



FACILITY FEATURES

- Zero-depth Leisure Pool • Hot Tub • Sauna
- Gymnasium • Water Spray Features
- Lockers • WiFi available • Multi-Purpose Room
- Child Minding Room • Library • Fitness & Weight Rooms
- Meeting Room • Poolside & Outdoor Decks
- Vending Machines • Level 2 EV Charging Station
- Universal Change Room



saskatoon.ca/sce

City of Saskatoon

LAWSON CIVIC CENTRE (LCC)

225 Primrose Drive • 306-975-7873 • saskatoon.ca/lawson

Ride the waves to fun in Saskatoon's only wave pool! Drop in for a fitness class, watch swimming lessons from the treadmill or bring your kids to enjoy the indoor playground. Complete your visit with a browse through the Rusty Macdonald Branch Library**.

HOURS OF OPERATION*
Monday to Thursday 6:15 AM-9:45 PM
Friday 6:15 AM-8:45 PM
Saturday 9:00 AM-05:30 PM
Sunday 10:00 AM-5:30 PM

**Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.*

***Visit saskatoonlibrary.ca for library hours and programming information.*



FACILITY FEATURES
- Zero-depth Wave Pool • Water Spray Features
- Hot Tub • Multi-Purpose Room • Indoor Playground
- Fitness & Weight Room • Poolside & Outdoor Decks
- WiFi available • Lockers • Library • Vending Machines
- Sauna • Level 2 EV Charging Station
- Universal Change Room

SASKATOON FIELD HOUSE (SFH)

2020 College Drive • 306-975-3354 • saskatoon.ca/fieldhouse

Focus on health and wellness with fitness equipment, a track, sport courts and fitness classes — all under one roof. The six-lane track is great for walkers, joggers, runners and strollers too. Fitness classes range from high-intensity spin classes, to Fit Over 50 programs, to yoga. Challenge a friend to a round of badminton or pickleball on the sports courts when drop-in time is available.

HOURS OF OPERATION*
Monday to Friday 7:00 AM-10:00 PM
Saturday & Sunday 9:00 AM-4:30 PM

**Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.*



FACILITY FEATURES
- 6-lane, 200 metre Lyle Sanderson Track
- Indoor Courts • Dance Studio • Lockers
- Fitness & Weight Room • WiFi available
- Steam Room/Sauna • Multi-Purpose Rooms
- Child Minding Rooms • Vending Machines
- Universal Change Room

saskatoon.ca/facilityrentals

Leisure Centres can accommodate groups for almost every kind of occasion. See page 37.

SHAW CENTRE (SCC)

122 Bowlt Crescent • 306-975-7744 • saskatoon.ca/shawcentre

Children love the water sprayers, floating around the rapids and watching the colourful water buckets fill and tip. The waterslide is fun for all with a shallow exit that is perfect for little ones. The fitness centre overlooks the pool and is equipped with weight machines, free weights, treadmills, ellipticals, rowers and exercise bikes. Walkers, joggers, runners and strollers are welcome on the walking track. The Shaw Centre also offers a variety of aquatic and dryland fitness classes. Check the schedule – you may catch a world-class aquatic event in the competitive pool!

HOURS OF OPERATION*
Monday to Friday 6:30 AM-10:00 PM
Saturday 8:30 AM-8:30 PM
Sunday 9:00 AM-7:30 PM

**Facility hours are subject to change. Check out Drop-in Program times at dropinschedule.saskatoon.ca.*

FACILITY FEATURES
- 10-lane High Performance Competitive Pool
- Diving Boards & Platforms • 6-lane Warm-Up Pool
- Family Pool with Waterslide & Water Spray Features
- Portable Aquatic Lift • Family & Adult Hot Tubs
- Fitness Centre • Walking Track • Lockers
- Vending Machines • Community Gymnasiums
- Multi-Purpose Room • Child Minding Room
- Universal Change Room • WiFi Available • Meeting Rooms
- Outdoor Playground and Multi-Purpose Fields



TERRY FOX TRACK (TFT)

150 Nelson Road *(inside the Saskatoon Sports Centre)*
306-975-3354 • saskatoon.ca/terryfoxtrack

This synthetic sports track is designed for fitness. Circling the indoor soccer fields of the Saskatoon Sports Centre, the lanes measure more than 350 m and are available for rent.

HOURS OF OPERATION*
Monday to Friday 10:00 AM-1:00 PM* & 4:00 PM-8:00 PM
Saturday & Sunday 10:00 AM-4:00 PM

Closed on statutory holidays.
**Facility hours are subject to change.*

FACILITY FEATURES
- 2-lane, 365 metre Indoor Track
- Cafeteria (Lobby)
- Lockers



Check out Drop-in Program times and locations on Leisure Online.

dropinschedule.saskatoon.ca

ADMISSION RATES & MORE

All general, Bulk Ticket and LeisureCard admission options provide access to Leisure Centre program offerings including: public, family and lane swimming; aquafitness and fitness classes; indoor walking and jogging tracks; fitness and weight rooms; suspension training; open gym, racquet and court sports; and indoor playgrounds for ages seven and under.

To learn more about admission options, visit **saskatoon.ca/admissions** or contact any Leisure Centre (pages 6-9).

GENERAL ADMISSION

No membership required! Simply pay a general admission to enjoy any indoor Leisure Centre.

	Adult (19+)	Youth (6-18 yrs)	Preschool (0-5 yrs)	Family
Single Admission†	$10.80	$6.50	FREE	$21.60
Bulk Tickets (10)†	$92.00	$55.00	FREE	$183.50

Rates effective until December 31, 2026. Visit saskatoon.ca/admissions for 2027 admission rates. *Prices include applicable taxes.*

What is a Bulk Ticket?

Buy 10 general admissions at a discounted price. Bulk Tickets never expire and are transferable to family and friends. They also make great birthday gifts or additions to treat bags.

Last Hour Promotion

Take advantage of the last hour of operation at any Leisure Centre fitness and weight room, walking track and open gym, seven days a week for a $3.50 admission. Excludes swimming pools, the Terry Fox Track, and badminton and pickleball at Saskatoon Field House.

Child Minding

Child Minding is FREE with the purchase of a Family General Admission, Family Bulk Ticket or Family LeisureCard.

General Admission is non-refundable.

† *Terry Fox Track: General Admission is $4.60. Bulk Tickets are $38.90. Prices include applicable taxes.* ***Rates effective until December 31, 2026.***

GIFT CARDS

Leisure Gift Cards are available in any amount and perfect for all ages. Good for use at the Leisure Centres, Outdoor Pools, Indoor Rinks, Saskatoon Forestry Farm Park & Zoo, Golf Courses, Gordon Howe Campground and Nutrien Playland at Kinsmen Park.

CHILD MINDING

Child Minding provides a safe and fun environment for children six years of age and under while their parent or guardian participates in a Leisure Centre activity. Offered at the Saskatoon Field House, Lakewood Civic Centre and Shaw Centre. For hours visit dropinschedule.saskatoon.ca.

	First Child	Each Additional Child
General Admission	$4.10/hr	$2.45/hr
Bulk Ticket (10 hours)	$34.50	$20.50

Rates effective until December 31, 2026. Visit saskatoon.ca/admissions for 2027 admission rates. *Prices include applicable taxes.*

Child Minding is FREE with a Family LeisureCard, Family Bulk Ticket or Family General Admission.



THE FINE PRINT

Family Rates Family is defined as a group up to seven individuals with a maximum of two adults.

Children Under 6 Years Children under the age of six are admitted FREE of charge when accompanied by a parent or guardian. To help children stay safe in and around the water, the City requires that all participants comply with the following policy: *"For every two children under the age of six, there must be one adult or responsible youth (16 years or older) within arm's length, supervising the children's water play and activity."* The best life preserver for your child is YOU! Infants and toddlers participating in water play must wear an appropriate swim diaper.

Instructor-led Fitness Classes A separate admission fee (General Admission, Bulk Ticket or LeisureCard) is required for each instructor-led fitness program.

Racquet and Court Sports Drop-in admission is charged for each hour booked.

LEISURECARD

A LeisureCard provides unlimited access to all six Leisure Centres, plus the City's outdoor pools, indoor rinks and Terry Fox Track. It's the best discount admission option for those who visit a Leisure Centre more than two times per week.

	Adult (19+)	Youth (6-18 yrs)	Family
LeisureCard* *(Monthly Rate)*	$64.90	$39.00	$129.80
2-Week Trial Pass	$32.45	$19.50	$64.90

Rates effective until December 31, 2026. Visit saskatoon.ca/admissions for 2027 admission rates. *Prices include applicable taxes.*

2-Week Trial Pass

Not sure if a LeisureCard is right for you? Try it out for two weeks at a discounted rate!

For new LeisureCard customers only. Must present valid photo ID at time of purchase. Non-refundable, non-transferable and no extension for medical, vacation or facility shutdowns.

Corporate LeisureCard

The Corporate LeisureCard is available to businesses and organizations who have a minimum of 25 employees and have their offices physically located in Saskatoon. The Corporate LeisureCard offers the employees of eligible businesses a 20% discount on their LeisureCard purchases, including Family LeisureCards! There is no fee to register.

For more information visit saskatoon.ca/corporateleisurecard.

Weight Room Orientation

A 20-minute fitness and weight room orientation is provided with the purchase of every LeisureCard.

Child Minding

Child Minding is FREE with the purchase of a Family LeisureCard, Family Bulk Ticket or Family General Admission.

* *LeisureCards are non-transferable. Refunds not available for one-month cards. Payment plans available for six and 12-month cards.*





LeisureCard Reward Programs

PICK YOUR PERK

Being a 12-month LeisureCard holder has its perks! Simply sign up for a 12-month LeisureCard, pay either in full or installments, and if your card is still active at the end of its term you will be eligible to pick from one of the following:

Perk 1 **Early Bird Registration.** Enjoy a full-year of 24-hour advance registration access for leisure programs, including swimming lessons!

Perk 2 **12 months for the price of 11.** Renew your 12-month LeisureCard for the price of 11 months.

Perk 3 **$64.90 PerkCard.** Give as a gift or keep for yourself. The promotional $64.90 PerkCard is valid for one year and can be used towards purchases* at the following leisure facilities:

- Leisure Centres • Outdoor Pools • Municipal Golf Courses
- Nutrien Playland at Kinsmen Park • Gordon Howe Campground
- Saskatoon Forestry Farm Park & Zoo • Indoor Rinks

**some facility-specific restrictions apply.*

REFER A FRIEND

Attention LeisureCard holders! Recommend a LeisureCard to friends and family and if they purchase three months or more your current LeisureCard will be extended by one month!

Some restrictions apply.

For more information on LeisureCard Reward Programs, contact any Leisure Centre (see pages 6-9) or visit saskatoon.ca/admissions.

LEISURE ACCESS PROGRAM

The Leisure Access Program provides access for eligible low-income residents within the city to participate in City of Saskatoon leisure facilities and programs. The program includes unlimited admission to Drop-in Programs at any indoor Leisure Centre, one registered recreation program per year, complimentary ride tickets for Nutrien Playland at Kinsmen Park and single-use family passes* to the Western Development Museum. Free child minding is available for children six years of age and under at Lakewood Civic Centre, Shaw Centre and Saskatoon Field House while their parent or guardian participates in a Leisure Centre activity.

To review eligibility criteria or apply online, please visit saskatoon.ca/leisureaccess. Application forms are also available at any Leisure Centre. For further information about the Leisure Access Program call 306-975-3378 or email leisureaccess@saskatoon.ca.

** Family passes are available while supplies last.*

LEISURE CENTRE DROP-IN PROGRAMS

Drop-in Programs

Short on time or scared to commit? Drop-in Programs offer the flexibility of swimming or working out when it is convenient for you. All general, Bulk Ticket and LeisureCard admission options provide drop-in access to Leisure Centre program offerings, including:

- public, family and lane swimming
- aquafitness and fitness classes
- indoor walking/jogging tracks
- fitness and weight rooms; suspension training
- open gym, racquet and court sports
- indoor playground (ages seven and under)

Winter Drop-in Programs run from January 1 to March 31. Check out Drop-in Program times and locations at **dropinschedule.saskatoon.ca**.

Search for Drop-in Programs Online!



Search for drop-in program information, including facility, fitness and weight room hours, public swim sessions and fitness programs on Leisure Online at **dropinschedule.saskatoon.ca**.

NOTE: Some drop-in programs have limited space/equipment and require a reservation, which can be made online or by calling the respective Leisure Centre. Reservations open at 7 a.m. daily and can be booked up to two days in advance. To cancel, log into your Leisure Online account and go to My Account/Cancel a Reserved Drop-in Program, or call any Leisure Centre during regular hours of operation (pages 6-9).

LEISURE CENTRE DROP-IN PROGRAMS



SWIMMING

Includes access to pool area and amenities during public open times.

Aqua Walk Tones muscles and improves cardio health. Should have some knowledge of exercise techniques. Self-directed. Deep Water Aqua Walk is available at Lawson Civic Centre. **LWC, LCC, SCC**

Family Swim* Time for families only. **LWC, LCC**

Lane Swim Self-directed swimming for fitness. 25m and 50m lanes (50m available only at SCC). **LWC, LCC, SCC**

Parented Splash Time* (formerly known as Parent & Tot Swim). For children under the age of six and a supervising adult(s). Children must be within arm's length of an adult at all times (maximum two children per adult). Access to pool space and water features varies at each pool. **LWC, LCC, SCC**

Public Swim* Open time for everyone. **LWC, LCC, SCC**

Sensory-Friendly Swims* Offers a calm and welcoming environment for individuals and families who prefer reduced noise and stimulation. Everyone is welcome to enjoy a relaxed and inclusive swim experience. **LCC**

* *Refer to The Fine Print below for the Children Under 6 Years policy.*

RECREATION & SPORT

Includes access to fitness and weight rooms, indoor tracks and other amenities.

Badminton Birdies and racquets not provided. Book a court up to two days in advance. **CCC, SFH**

Basketball An opportunity to play pick-up games. **LWC, SCC**

Family Gym Participate together as a family in the gym. Sports equipment is provided for use. **LWC**

Indoor Playground 7 yrs & under. Climb, slide and run around in a space filled with toys and play equipment. Adult supervision required. **LWC, LCC**

Indoor Play Zone 6 yrs & under. Prepare to enter the zone of endless fun and giggles, where kids can run, climb and play to their heart's content in a large space filled with balls, hoops, tunnels and more! Parents/ guardians must be present. **LCC**

Pickleball Combines elements of tennis, badminton and ping pong. Paddles not provided. Book a court up to two days in advance. **CCC, LWC, SFH**

Public Gym Participate in your favourite gym activity. **LWC, SCC**

Racquetball Racquet sport played in a four-walled court. Book a court up to two days in advance. Bring your own equipment. **CCC**

Teen Open Gym 10-18 yrs. Play basketball with your friends or participate in your favourite gym activity. Supervised by facility staff. FREE! **CCC**

Wallyball A fast-paced game similar to volleyball played on a racquetball court. Players utilize the walls to bounce the ball across the net. Book a court up to two days in advance. **CCC**

Find Your Fit FREE!

Find your *Fit* at the City of Saskatoon Leisure Centres! Everyone is welcome to join us for this 90-minute come and go session to learn about the Drop-in and Registered fitness and aquatic programs, personal training and flexible admission options as well as tour the facility to see the unique amenities. Whether you've been a customer for many years, or are brand new to the Leisure Centres, this is the perfect setting to get started.

Visit page 30 for more information.

GENERAL FITNESS CLASSES

16 yrs+. Classes offer varying intensity and exercise modifications for fitness levels from basic to advanced.

Aqua Fitness Enjoy the unique benefits of a total body workout in shallow water, alternating between cardio and muscle conditioning. No swimming skills required. **LWC, LCC, SCC**

Aqua Fitness by Video Instruction Participants are led by video instruction and will receive a similar total body workout as a traditional aqua fitness class by following exercises projected on a large TV screen at the edge of the pool deck. This class is offered when an instructor is not available to instruct the class. **LWC, LCC, SCC**

Aqua HIIT Aqua HIIT (High Intensity Interval Training) combines cardio, core and muscular strength intervals with the added resistance of water. **LCC**

Boxercise Utilizes footwork, sparring, and cardio for a fast paced workout. **SFH**

CCC Cosmo Civic Centre • LWC Lakewood Civic Centre • LCC Lawson Civic Centre
SFH Saskatoon Field House • SCC Shaw Centre

THE FINE PRINT

Instructor-led Fitness Classes Must be 16 and older to participate in an instructor-led fitness program. A separate admission fee (General Admission, Bulk Ticket or LeisureCard) is required for each instructor-led fitness class.

Children Under 6 Years Children under the age of six are admitted FREE of charge when accompanied by a parent or guardian. To help children stay safe in and around the water, the City requires that all participants comply with the following policy: *"For every two children under the age of six, there must be one adult or responsible youth (16 years or older) within arm's length, supervising the children's water play and activity."* The best life preserver for your child is YOU! Infants and toddlers participating in water play must wear an appropriate swim diaper.

Youth Use of Fitness & Weight Rooms Youth ages 7-12 are allowed to use cardio equipment only and must be directly supervised by an adult. Youth ages 13-15 are allowed to use cardio and strength equipment and must be directly supervised by an adult (unsupervised if they have a Youth Weight Room Card). Youth must be 16 and older to participate in an instructor-led fitness program.

Racquet and Court Sports Badminton and pickleball bookings are one hour in duration.

LEISURE CENTRE DROP-IN PROGRAMS





Cardio & Sculpt A combination of cardio and strength building exercises for a complete workout using a variety of equipment. Cardio types include: Step, hi/lo and HIIT. **LWC, LCC, SFH**

Fitness Yoga Introduces fundamental strength conditioning and flexibility components with yoga-based movement. Not recommended for women who are pregnant.
LWC, LCC, SCC, SFH

Group Cycle Uses varying degrees of tension and techniques through hills, speed drills, intervals, strength and core endurance.
SFH, SCC

Group Cycle & Sculpt Alternates beginner/intermediate stationary cycling with intensive muscle conditioning. **SCC, SFH**

HIIT High Intensity Interval Training classes alternate between high and low intensity exercises. **SCC, SFH**

Intermediate Fitness Yoga
Increase the challenge with the addition of intermediate poses and new variations of beginner poses. Not recommended for women who are pregnant. **SFH, SCC**

New! **Mat Pilates** Build core strength, improve flexibility and restore balance to your body through Pilates. This mat class offers personalized modifications and progressions, so you can challenge yourself at your own pace.
LWC, LCC, SCC, SFH

Muscle Sculpt Improves flexibility, muscular strength and endurance with a variety of muscle conditioning and stretching techniques with equipment.
LWC, LCC, SFH

Step Fast-paced cardio workout using a step platform to lead you through dynamic routines that boost rhythm, coordination and endurance
LWC

Zumba® Fitness Burn calories and get energized through movements that fuse Latin rhythms and easy to follow steps. Learn the steps to the four basic rhythms of merengue, salsa, cumbia and samba. **SCC, SFH**

GENTLE FITNESS CLASSES

16 yrs+. Classes offer moderately-paced exercises with a focus on maintaining or restoring functional fitness and mobility.

Chair Yoga Gentle yoga using chair support to improve strength, flexibility and balance. **LWC, LCC, SCC, SFH**

Deep Water Aqua Fitness Minimizes joint stress using flotation belts to provide support while you work out in the deep end. Tethers may be utilized during class. **SCC**

Functional Fitness Prepares your body for real life movements and daily tasks through strength training, balance, range of motion and mobility exercises. **CCC, LCC, SCC**



Gentle Aqua Fitness Strengthens muscles and improves mobility, utilizing the buoyancy of waist to chest deep water to reduce the stress on joints. **LWC, LCC**

Gentle Fitness Yoga A slower paced yoga class with more emphasis on the warm up, basic postures, modifications, gentle strengthening and flexibility. **LWC, LCC, SCC**

Low Impact & Sculpt Combines cardiovascular, light strength training and flexibility exercises. **LWC, LCC**

Walk & Sculpt A brisk walk followed by a muscle strengthening routine using hand weights, tubing or other equipment.
LWC, SCC

CCC Cosmo Civic Centre
LWC Lakewood Civic Centre
LCC Lawson Civic Centre
SFH Saskatoon Field House
SCC Shaw Centre

Save with the Corporate LeisureCard

Attention business owners and managers! Does your business or organization have 25 or more employees?



We invite you to register your business for the City of Saskatoon Corporate LeisureCard Program and your employees will save 20% on all LeisureCard purchases. A LeisureCard provides unlimited drop-in access to all Leisure Centres, plus the City's outdoor pools, indoor rinks and Terry Fox Track. Visit **saskatoon.ca/corporateleisurecard** to learn more or register.





Registered Programs

Leisure Centres offer a wide range of Registered Programs each season – from Lifesaving Society swimming lessons, to preschool and youth recreation programs and adult fitness and specialized wellness programs.

Pre-registration and payment of a class fee is required to participate in a Registered Program. Access is not included with a General Admission, Bulk Ticket or LeisureCard.

Registration for Winter programs begins **Sunday, December 6 at 6:00 PM.**

HOW TO REGISTER

The first day of registration is busy. Please be patient as it may take several attempts to get through.

ONLINE leisureonline.saskatoon.ca

With Leisure Online, you are able to search and register online for programs at your convenience 24/7. Online registration begins Sunday, December 6 at 6:00 PM.



Be Prepared!

1. *To use Leisure Online you will require a username and password. Visit* ***leisureonline.saskatoon.ca*** *prior to registration day to set up your account, if you haven't already done so.*
2. *Classes fill quickly, so be prepared with 2nd and 3rd choices. Make a list with the programs (including codes) you want and your alternate choices.*
3. *Consider registering at other Leisure Centres if your nearest location isn't available.*

How to Register continued on next page.

PHONE 306-975-2800

Phone registrations for Winter programs start on Sunday, December 6 at 6:00 PM. Call 306-975-2800 during the following dates and times only:

Sunday, December 6 – 6:00 PM to 9:00 PM*
Monday, December 7 – 8:00 AM to 1:00 PM
Tuesday, December 8 – 8:00 AM to 1:00 PM

To register by phone after December 8, contact any Leisure Centre (see pages 6-9).

* *NOTE: This excludes Private and Semi-Private swim lessons (page 24), Multi-level Swim Lessons for Families (page 21) and Minds in Motion® (page 30) which will open on* ***Monday, December 7.***

VISIT A FACILITY

Walk-in registrations for Winter programs begin Monday, December 7 as follows:

Cosmo Civic Centre, 3130 Laurier Dr. *(beginning 10:00 a.m.)*
Lakewood Civic Centre, 1635 McKercher Dr. *(beginning 6:45 a.m.)*
Lawson Civic Centre, 225 Primrose Dr. *(beginning 6:45 a.m.)*
Saskatoon Field House, 2020 College Dr. *(beginning 7:30 a.m.)*
Shaw Centre, 122 Bowlt Cres. *(beginning 7:00 a.m.)*

THE FINE PRINT

Registration Confirmation All registrations will receive a confirmation receipt by email after payment is complete. The confirmation will identify dates and times of classes, cancelled dates, information on equipment and materials or supplies to bring to your first class. If you do not receive confirmation of your registration within five days, please call the facility where your program is being held.

Active Families Benefit The Active Families Benefit is an annual refundable tax benefit that helps Saskatchewan families with the costs of their children's participation in cultural, recreational and sports activities. Families with an annual household income of up to $120,000 and a child 18 years of age or younger as of the last day of the taxation year, are eligible for a fully refundable tax benefit up to $300 per child or $400 per child with a disability. Remember to keep your program receipt for income tax purposes.

Refunds All classes are subject to minimum and maximum enrolments. If minimum enrolment is not received, the class will be cancelled and a full refund issued. Other refund instances: • Full refund if cancellation is received seven days prior to course start. 50% refund if cancellation is received less than seven days prior to course start. Full refund if your vacated spot is filled by another registrant before course starts. • 50% refund if cancellation is received after course has started, but no more than 20% completed. • Pro-rated refund for cancellations at any time due to medical reasons (certificate required).

Prices All registered program prices include applicable taxes.

Leisure Online Convenience Fee Leisure program registrations processed through Leisure Online will be charged an additional $1.00 (plus GST) convenience fee on each program registration.

LIFESAVING SOCIETY SWIM LESSONS

Notice: New Non-Resident Surcharge for Swimming Lessons

As part of the 2026/2027 Budget, City Council approved the introduction of a non-resident surcharge for registered swimming lessons.

A 50% surcharge will apply to non-residents registering for swimming lessons at City of Saskatoon indoor and outdoor pools. This surcharge will be reflected at the start of Winter 2027 registration, which opens December 6, 2026. Non-resident rates are listed within the program description on Leisure Online.

Programs include: Adult Swimmer 1, 2; Adult Private Lessons (single, 3-pack, 5-pack); Parent & Tot 1, 2, 3; Preschool 1–5; Swimmer 1–6; Youth 1, 2; Multi-Level Preschool 1 – Swimmer 6; Rookie, Ranger, Star and Youth Private Lessons (single, 3-pack, 5-pack).

SWIM FOR LIFE® LIFESAVING SOCIETY

LESSON LEVEL DESCRIPTIONS

PARENT AND TOT (PARENTED)

The Lifesaving Society Parent & Tot program structures in-water interaction between parent and child to stress the importance of play, developing water-positive attitudes and skills. Activities and progressions are based on child development, so parents register in the level appropriate for their child's age. Targeted Water Smart® drowning prevention messages are an integral part of the Swim for Life® program. These messages are delivered in all Parent & Tot levels.

P&T 1	4-12 months	Designed for the 4 to 12-month old and their caregiver. Focus on introduction to the water.
P&T 2	12-24 months	Designed for the 12 to 24-month old and their caregiver. Focus on introduction to floating and kicking.
P&T 2/3	12-36 months	Designed for the 12 to 36-month old and their caregiver. Parent & Tot 2/3 is a combined level program that will focus on floating, kicking, independent entries, assisted floats and glides.
P&T 3	24-36 months	Designed for the 2-3 year old. Focus on independent entries, assisted floats and glides.

LESSON LEVEL DESCRIPTIONS

PRESCHOOL (UNPARENTED)

An instructor leads the lesson in water (no caregiver). Preschool levels cover basic swimming skills and orientation such as getting face wet, front and back floats, glides, use of a personal floatation device (PFD), basic front and back swims, and entries and exits. Water Smart education is also incorporated into levels.

Preschool 1	3-5 yrs. These preschoolers learn to safely get in and out of the water and move around in shallow water. They will use a PFD to become comfortable with floating and gliding. The caregiver may participate with their child until they can participate on their own.
Preschool 1/2	3-5 yrs. Preschool 1/2 is a combined level program that will have preschoolers learning to get in and out of the water. We'll help them jump into chest deep water. They will learn to float and glide on their front and back with and without a PFD. They will submerge and exhale under water.
Preschool 2	3-5 yrs. These preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a PFD. They'll submerge and exhale underwater. Using a buoyant aid, they'll glide on their front and back.
Preschool 3	3-5 yrs. These preschoolers will master their floats, glides and short swims on their front and back (3 m). They'll be able to pick up objects from waist deep water and use their PFD to jump and roll into the deep end.
Preschool 4	3-5 yrs. Advanced preschoolers will strengthen their flutter kicks and try swimming front crawl. They'll start to learn how to support themselves in deep water and in the end they'll do solo jumps and side rolls into deep water. Their PFD will support them while they learn to tread water and swim to safety (7 m) in the deep end.
Preschool 4/5	3-5 yrs. Preschool 4/5 is a combined level program that will have these advanced preschoolers strengthening their flutter kicks, working on front crawl, back crawl and treading water for 10 seconds. Their PFD will also support them while they learn to tread water and swim to safety (7 m) in the deep end.
Preschool 5	3-5 yrs. These youngsters get more adventuresome with a forward roll entry wearing a PFD and treading water for 10 sec. They'll work on front and back crawl swims for 5 m, interval training and try whip kick.

SWIMMER (UNPARENTED)

The Lifesaving Society Swimmer program makes sure children learn how to swim before they get in too deep. Progressions accommodate swimmers who want to build on the basics. Lots of in-water practice develops solid swimming strokes and skills. Water smart education is part of every level.

Swimmer 1	6+ yrs. These beginners will become comfortable jumping into water with and without a PFD. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on treading water, floats, glides, and kicking through the water on their front and back.
Swimmer 2	6+ yrs. These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a PFD. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m).
Swimmer 3	6+ yrs. These junior swimmers will dive and do in-water front somersaults and handstands. They'll work on 15 m of front crawl, back crawl and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.
Swimmer 4	6+ yrs. These intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. It will also include treading water for 1 minute, front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.
Swimmer 4/5	6+ yrs. Swimmer 4/5 program is a combined level program that will have these intermediate swimmers mastering water entries, swimming lengths of front, back crawl, whip kick and breaststroke. They will swim sprints and perform interval training.
Swimmer 5	6+ yrs. These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 15 m breaststroke.
Swimmer 5/6	6+ yrs. Swimmer 5/6 program is a combined level program that will have swimmers master water entries and refine their front and back crawl, and breaststroke working towards a 300 m workout.
Swimmer 6	6+ yrs. These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They will continue to swim lengths of front crawl, back crawl, and breaststroke, and a 300 m workout.

Swim Lesson Schedule Options

Many class options are available for you and your family's busy life.

Five day swim lesson sets • Once per week for 8-10 weeks Youth Swim Lessons • Monday-Thursday for 2 weeks Twice per week for 4 weeks • Private swim lessons Semi-private swim lessons • Adult swim lessons Multi-Level Swim Lessons for Families



LIFESAVING SOCIETY SWIM LESSONS

LESSON LEVEL DESCRIPTIONS



SWIM PATROL (UNPARENTED)

The Swim Patrol provides enriched training for those who are ready to go beyond learn-to-swim. Swim Patrol's three levels - Rookie, Ranger and Star - continue to develop participants' swim strokes and provide the skill foundation that prepares them for success in the Lifesaving Society's Bronze medal awards.

Rookie Patrol	8+ yrs. Swimmers continue stroke development with 50 m swims of front crawl, back crawl and breaststroke. Lifesaving Sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness improves in 350 m workouts and 100 m timed swims.
Rookie/ Ranger Patrol	8+ yrs. Rookie/Ranger Patrol is a combined level program that will have swimmers develop better strokes and Lifesaving Sport skills. First aid focused on assessment of conscious and unconscious victims, contacting EMS and treatment of shock and obstructed airway procedures will be covered.
Ranger Patrol	8+ yrs. Swimmers develop better strokes over 75 m swims of each stroke. They tackle Lifesaving Sport skills in a lifesaving swim, (200 m) timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures.
Star Patrol	8+ yrs. Swimmers are challenged with 600 m workouts, 300 m timed swims and a 25 m object carry. Strokes are refined over 100 m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defense methods, victim removals and rolling over and supporting a victim face up in shallow water.

Love to swim?

With the purchase of a LeisureCard you can enjoy unlimited access to public swim times.

See page 11.

YOUTH SWIMMER (UNPARENTED)

Designed for beginner swimmers aged 9 to 15 with little to no swimming experience. This program teaches basic swimming skills, develops various strokes, and promotes water smart education. Build confidence and become a proficient swimmer!

Youth Swimmer 1	9-15 yrs. These beginners will become comfortable jumping into water with and without a PFD. They'll learn to open their eyes, exhale, and hold their breath underwater. They'll work on treading water, floats, glides, and kicking through the water on their front and back.
Youth Swimmer 1/2	9–15 yrs. Swimmer 1/2 is a combined program focused on building foundational swimming skills. Participants will practise techniques such as entering and exiting the water, floating, gliding, and basic water safety. As they progress, swimmers will gain confidence in deeper water, learn sideways entries, and develop basic swimming strokes.
Youth Swimmer 2	9-15 yrs. These advanced beginners will jump into deeper water and learn to be comfortable falling sideways into the water wearing a PFD. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10 m on their front and back, and be introduced to flutter kick interval training (4 x 5 m)
Youth Swimmer 3	9-15 yrs. These junior swimmers will dive and do in-waterfront somersaults and handstands. They'll work on 15 m of front crawl, back crawl, and 10 m of whip kick. Flutter kick interval training increases to 4 x 15 m.

ADULT SWIMMER

The Adult Swimmer Program is for beginners who may be starting out or swimmers who want help with their strokes. Within the Adult Swimmer curriculum, participants set their own goals to develop water confidence and smooth recognizable strokes. Water smart education is part of every level.

Adult Swimmer 1	16+ yrs. Designed for beginner swimmers with little to no experience. Participants will become comfortable in and around water by learning foundational skills including opening their eyes, exhaling and holding their breath underwater, treading water, floats and kicking through water on their front and back.
Adult Swimmer 2	16+ yrs. Participants will build on their foundational skills and increase their confidence by exploring underwater and deeper water skills. They'll improve their front and back crawl, learn additional strokes and lifesaving kicks.



SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL, SWIMMER & SWIM PATROL)

LAKEWOOD CIVIC CENTRE 1635 McKercher Drive

Classes cancelled Feb 13-19.

Date	Day(s)	Time	#Classes	Fee	Code
Parent & Tot 1 (Ages 4-12 mos)					
Jan 4-Mar 15	M	09:45 AM-10:15 AM	10	$95.25	LW1702-01
Jan 4-Mar 15	M	05:55 PM-06:25 PM	10	$95.25	LW1702-02
Jan 5-Mar 16	Tu	03:00 PM-03:30 PM	10	$95.25	LW1702-03
Jan 6-Mar 17	W	10:20 AM-10:50 AM	10	$95.25	LW1702-04
Jan 6-Mar 17	W	04:30 PM-05:00 PM	10	$95.25	LW1702-05
Jan 7-Mar 18	Th	10:20 AM-10:50 AM	10	$95.25	LW1702-06
Jan 7-Mar 18	Th	01:15 PM-01:45 PM	10	$95.25	LW1702-07
Jan 7-Mar 18	Th	05:05 PM-05:35 PM	10	$95.25	LW1702-08
Jan 8-Mar 19	F	10:20 AM-10:50 AM	10	$95.25	LW1702-09
Jan 8-Mar 19	F	05:05 PM-05:35 PM	10	$95.25	LW1702-10
Jan 9-Mar 20	Sa	09:00 AM-09:30 AM	10	$95.25	LW1702-11
Jan 10-Mar 7	Su	06:20 PM-06:50 PM	8	$76.25	LW1700-01
Parent & Tot 2 (Ages 12-24 mos)					
Jan 4-Mar 15	M	06:30 PM-07:00 PM	10	$95.25	LW1707-01
Jan 5-Mar 16	Tu	10:20 AM-10:50 AM	10	$95.25	LW1707-02
Jan 5-Mar 16	Tu	05:40 PM-06:10 PM	10	$95.25	LW1707-03
Jan 7-Mar 18	Th	02:25 PM-02:55 PM	10	$95.25	LW1707-04
Jan 8-Mar 19	F	09:10 AM-09:40 AM	10	$95.25	LW1707-05
Jan 8-Mar 19	F	04:45 PM-05:15 PM	10	$95.25	LW1707-06
Jan 9-Mar 20	Sa	09:40 AM-10:10 AM	10	$95.25	LW1707-07
Jan 10-Mar 7	Su	05:30 PM-06:00 PM	8	$76.25	LW1705-01
Parent & Tot 3 (Ages 24-36 mos)					
Jan 4-Mar 15	M	05:05 PM-05:35 PM	10	$95.25	LW1712-01
Jan 5-Mar 16	Tu	01:15 PM-01:45 PM	10	$95.25	LW1712-02
Jan 5-Mar 16	Tu	06:25 PM-06:55 PM	10	$95.25	LW1712-03
Jan 6-Mar 17	W	09:10 AM-09:40 AM	10	$95.25	LW1712-04
Jan 6-Mar 17	W	05:40 PM-06:10 PM	10	$95.25	LW1712-05
Jan 8-Mar 19	F	05:45 PM-06:15 PM	10	$95.25	LW1712-06
Jan 9-Mar 20	Sa	10:15 AM-10:45 AM	10	$95.25	LW1712-07
Jan 10-Mar 7	Su	06:40 PM-07:10 PM	8	$76.25	LW1710-01
Preschool 1 (Ages 3-5 yrs)					
Jan 4-Mar 15	M	10:20 AM-10:50 AM	10	$95.25	LW1717-01
Jan 4-Mar 15	M	05:10 PM-05:40 PM	10	$95.25	LW1717-02
Jan 4-Mar 15	M	05:50 PM-06:20 PM	10	$95.25	LW1717-03
Jan 5-Mar 16	Tu	09:10 AM-09:40 AM	10	$95.25	LW1717-04
Jan 5-Mar 16	Tu	01:50 PM-02:20 PM	10	$95.25	LW1717-05
Jan 5-Mar 16	Tu	04:35 PM-05:05 PM	10	$95.25	LW1717-06
Jan 5-Mar 16	Tu	05:05 PM-05:35 PM	10	$95.25	LW1717-07
Jan 5-Mar 16	Tu	05:55 PM-06:25 PM	10	$95.25	LW1717-08
Jan 5-Mar 16	Tu	06:25 PM-06:55 PM	10	$95.25	LW1717-09
Jan 5-Mar 16	Tu	06:45 PM-07:15 PM	10	$95.25	LW1717-10
Jan 6-Mar 17	W	09:45 AM-10:15 AM	10	$95.25	LW1717-11
Jan 6-Mar 17	W	04:30 PM-05:00 PM	10	$95.25	LW1717-12
Jan 6-Mar 17	W	05:55 PM-06:25 PM	10	$95.25	LW1717-13
Jan 6-Mar 17	W	06:25 PM-06:55 PM	10	$95.25	LW1717-14
Jan 7-Mar 18	Th	09:10 AM-09:40 AM	10	$95.25	LW1717-15
Jan 7-Mar 18	Th	03:00 PM-03:30 PM	10	$95.25	LW1717-16
Jan 7-Mar 18	Th	04:35 PM-05:05 PM	10	$95.25	LW1717-17
Jan 7-Mar 18	Th	05:05 PM-05:35 PM	10	$95.25	LW1717-18
Jan 7-Mar 18	Th	05:40 PM-06:10 PM	10	$95.25	LW1717-19
Jan 7-Mar 18	Th	06:25 PM-06:55 PM	10	$95.25	LW1717-20
Jan 8-Mar 19	F	09:45 AM-10:15 AM	10	$95.25	LW1717-21
Jan 8-Mar 19	F	04:35 PM-05:05 PM	10	$95.25	LW1717-22
Jan 8-Mar 19	F	05:55 PM-06:25 PM	10	$95.25	LW1717-23
Jan 8-Mar 19	F	06:20 PM-06:50 PM	10	$95.25	LW1717-24
Jan 9-Mar 20	Sa	09:35 AM-10:05 AM	10	$95.25	LW1717-25
Jan 9-Mar 20	Sa	11:00 AM-11:30 AM	10	$95.25	LW1717-26
Jan 9-Mar 20	Sa	11:45 AM-12:15 PM	10	$95.25	LW1717-27
Jan 9-Mar 20	Sa	12:10 PM-12:40 PM	10	$95.25	LW1717-28
Jan 10-Mar 7	Su	05:30 PM-06:00 PM	8	$76.25	LW1715-01
Jan 10-Mar 7	Su	06:05 PM-06:35 PM	8	$76.25	LW1715-02
Jan 10-Mar 7	Su	06:40 PM-07:10 PM	8	$76.25	LW1715-03
Jan 10-Mar 7	Su	08:15 PM-08:45 PM	8	$76.25	LW1715-04
Preschool 2 (Ages 3-5 yrs)					
Jan 4-Mar 15	M	09:10 AM-09:40 AM	10	$95.25	LW1722-01
Jan 4-Mar 15	M	04:30 PM-05:00 PM	10	$95.25	LW1722-02
Jan 4-Mar 15	M	05:20 PM-05:50 PM	10	$95.25	LW1722-03
Jan 4-Mar 15	M	05:55 PM-06:25 PM	10	$95.25	LW1722-04
Jan 5-Mar 16	Tu	09:45 AM-10:15 AM	10	$95.25	LW1722-05
Jan 5-Mar 16	Tu	02:25 PM-02:55 PM	10	$95.25	LW1722-06
Jan 5-Mar 16	Tu	05:20 PM-05:50 PM	10	$95.25	LW1722-07
Jan 5-Mar 16	Tu	05:25 PM-05:55 PM	10	$95.25	LW1722-08
Jan 5-Mar 16	Tu	06:00 PM-06:30 PM	10	$95.25	LW1722-09
Jan 5-Mar 16	Tu	07:00 PM-07:30 PM	10	$95.25	LW1722-10
Jan 6-Mar 17	W	04:45 PM-05:15 PM	10	$95.25	LW1722-11
Jan 6-Mar 17	W	05:40 PM-06:10 PM	10	$95.25	LW1722-12
Jan 6-Mar 17	W	07:15 PM-07:45 PM	10	$95.25	LW1722-13
Jan 7-Mar 18	Th	09:45 AM-10:15 AM	10	$95.25	LW1722-14
Jan 7-Mar 18	Th	01:50 PM-02:20 PM	10	$95.25	LW1722-15
Jan 7-Mar 18	Th	04:30 PM-05:00 PM	10	$95.25	LW1722-16
Jan 7-Mar 18	Th	05:15 PM-05:45 PM	10	$95.25	LW1722-17
Jan 7-Mar 18	Th	06:45 PM-07:15 PM	10	$95.25	LW1722-18
Jan 7-Mar 18	Th	07:30 PM-08:00 PM	10	$95.25	LW1722-19
Jan 8-Mar 19	F	05:45 PM-06:15 PM	10	$95.25	LW1722-20
Jan 9-Mar 20	Sa	09:00 AM-09:30 AM	10	$95.25	LW1722-21
Jan 9-Mar 20	Sa	10:15 AM-10:45 AM	10	$95.25	LW1722-22
Jan 9-Mar 20	Sa	12:20 PM-12:50 PM	10	$95.25	LW1722-23
Jan 10-Mar 7	Su	05:30 PM-06:00 PM	8	$76.25	LW1720-01
Jan 10-Mar 7	Su	07:40 PM-08:10 PM	8	$76.25	LW1720-02
Preschool 3 (Ages 3-5 yrs)					
Jan 4-Mar 15	M	04:35 PM-05:05 PM	10	$95.25	LW1727-01
Jan 4-Mar 15	M	06:15 PM-06:45 PM	10	$95.25	LW1727-02
Jan 5-Mar 16	Tu	07:20 PM-07:50 PM	10	$95.25	LW1727-03
Jan 6-Mar 17	W	05:05 PM-05:35 PM	10	$95.25	LW1727-04
Jan 6-Mar 17	W	05:55 PM-06:25 PM	10	$95.25	LW1727-05
Jan 6-Mar 17	W	07:00 PM-07:30 PM	10	$95.25	LW1727-06
Jan 7-Mar 18	Th	04:40 PM-05:10 PM	10	$95.25	LW1727-07
Jan 7-Mar 18	Th	05:40 PM-06:10 PM	10	$95.25	LW1727-08
Jan 7-Mar 18	Th	07:15 PM-07:45 PM	10	$95.25	LW1727-09
Jan 8-Mar 19	F	05:10 PM-05:40 PM	10	$95.25	LW1727-10
Jan 9-Mar 20	Sa	09:05 AM-09:35 AM	10	$95.25	LW1727-11
Jan 9-Mar 20	Sa	12:20 PM-12:50 PM	10	$95.25	LW1727-12
Jan 10-Mar 7	Su	06:05 PM-06:35 PM	8	$76.25	LW1725-01
Jan 10-Mar 7	Su	07:40 PM-08:10 PM	8	$76.25	LW1725-02
Preschool 4 (Ages 3-5 yrs)					
Jan 7-Mar 18	Th	06:35 PM-07:05 PM	10	$95.25	LW1732-01
Jan 9-Mar 20	Sa	11:35 AM-12:05 PM	10	$95.25	LW1732-02
Preschool 5 (Ages 3-5 yrs)					
Jan 9-Mar 20	Sa	11:00 AM-11:30 AM	10	$95.25	LW1737-01
Swimmer 1 (Ages 6+)					
Jan 4-Mar 15	M	04:30 PM-05:00 PM	10	$95.25	LW1742-01
Jan 4-Mar 15	M	05:40 PM-06:10 PM	10	$95.25	LW1742-02
Jan 5-Mar 16	Tu	04:45 PM-05:15 PM	10	$95.25	LW1742-04
Jan 5-Mar 16	Tu	05:05 PM-05:35 PM	10	$95.25	LW1742-05
Jan 5-Mar 16	Tu	05:40 PM-06:10 PM	10	$95.25	LW1742-06
Jan 5-Mar 16	Tu	06:45 PM-07:15 PM	10	$95.25	LW1742-07
Jan 6-Mar 17	W	04:30 PM-05:00 PM	10	$95.25	LW1742-08
Jan 6-Mar 17	W	05:05 PM-05:35 PM	10	$95.25	LW1742-09
Jan 6-Mar 17	W	06:40 PM-07:10 PM	10	$95.25	LW1742-10

Find programs and register online at
leisureonline.saskatoon.ca

LIFESAVING SOCIETY SWIM LESSONS

SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL, SWIMMER & SWIM PATROL)

LAKEWOOD CIVIC CENTRE 1635 McKercher Drive

Continued

Date	Day(s)	Time	#Classes	Fee	Code
Jan 6-Mar 17	W	07:15 PM-07:45 PM	10	$95.25	LW1742-11
Jan 6-Mar 17	W	07:35 PM-08:05 PM	10	$95.25	LW1742-12
Jan 7-Mar 18	Th	04:30 PM-05:00 PM	10	$95.25	LW1742-13
Jan 7-Mar 18	Th	05:05 PM-05:35 PM	10	$95.25	LW1742-14
Jan 7-Mar 18	Th	07:20 PM-07:50 PM	10	$95.25	LW1742-15
Jan 8-Mar 19	F	04:35 PM-05:05 PM	10	$95.25	LW1742-16
Jan 8-Mar 19	F	05:20 PM-05:50 PM	10	$95.25	LW1742-17
Jan 8-Mar 19	F	05:40 PM-06:10 PM	10	$95.25	LW1742-18
Jan 8-Mar 19	F	06:30 PM-07:00 PM	10	$95.25	LW1742-19
Jan 9-Mar 20	Sa	09:40 AM-10:10 AM	10	$95.25	LW1742-20
Jan 9-Mar 20	Sa	10:50 AM-11:20 AM	10	$95.25	LW1742-21
Jan 9-Mar 20	Sa	11:10 AM-11:40 AM	10	$95.25	LW1742-22
Jan 9-Mar 20	Sa	11:45 AM-12:15 PM	10	$95.25	LW1742-23
Jan 10-Mar 7	Su	06:05 PM-06:35 PM	8	$76.25	LW1740-01
Jan 10-Mar 7	Su	06:55 PM-07:25 PM	8	$76.25	LW1740-02
Jan 10-Mar 7	Su	07:40 PM-08:10 PM	8	$76.25	LW1740-03
Jan 10-Mar 7	Su	08:15 PM-08:45 PM	8	$76.25	LW1740-04
Swimmer 2 (Ages 6+)					
Jan 4-Mar 15	M	04:40 PM-05:10 PM	10	$95.25	LW1747-01
Jan 4-Mar 15	M	06:30 PM-07:00 PM	10	$95.25	LW1747-02
Jan 5-Mar 16	Tu	04:30 PM-05:00 PM	10	$95.25	LW1747-03
Jan 5-Mar 16	Tu	07:20 PM-07:50 PM	10	$95.25	LW1747-04
Jan 6-Mar 17	W	05:20 PM-05:50 PM	10	$95.25	LW1747-05
Jan 6-Mar 17	W	06:40 PM-07:10 PM	10	$95.25	LW1747-06
Jan 6-Mar 17	W	07:00 PM-07:30 PM	10	$95.25	LW1747-07
Jan 7-Mar 18	Th	06:00 PM-06:30 PM	10	$95.25	LW1747-08
Jan 7-Mar 18	Th	06:55 PM-07:25 PM	10	$95.25	LW1747-09
Jan 8-Mar 19	F	05:10 PM-05:40 PM	10	$95.25	LW1747-10
Jan 9-Mar 20	Sa	09:35 AM-10:05 AM	10	$95.25	LW1747-11
Jan 9-Mar 20	Sa	10:15 AM-10:45 AM	10	$95.25	LW1747-12
Jan 10-Mar 7	Su	06:05 PM-06:35 PM	8	$76.25	LW1745-01
Jan 10-Mar 7	Su	08:15 PM-08:45 PM	8	$76.25	LW1745-02
Swimmer 3 (Ages 6+)					
Jan 4-Mar 15	M	06:25 PM-06:55 PM	10	$95.25	LW1752-01
Jan 5-Mar 16	Tu	04:30 PM-05:00 PM	10	$95.25	LW1752-02
Jan 5-Mar 16	Tu	06:00 PM-06:30 PM	10	$95.25	LW1752-03
Jan 6-Mar 17	W	04:30 PM-05:00 PM	10	$95.25	LW1752-04
Jan 6-Mar 17	W	06:40 PM-07:10 PM	10	$95.25	LW1752-05
Jan 6-Mar 17	W	07:35 PM-08:05 PM	10	$95.25	LW1752-06
Jan 7-Mar 18	Th	04:30 PM-05:00 PM	10	$95.25	LW1752-07
Jan 8-Mar 19	F	04:30 PM-05:00 PM	10	$95.25	LW1752-08
Jan 8-Mar 19	F	06:20 PM-06:50 PM	10	$95.25	LW1752-09
Jan 9-Mar 20	Sa	09:05 AM-09:35 AM	10	$95.25	LW1752-10
Jan 9-Mar 20	Sa	11:10 AM-11:40 AM	10	$95.25	LW1752-11
Jan 9-Mar 20	Sa	12:25 PM-12:55 PM	10	$95.25	LW1752-12
Jan 10-Mar 7	Su	05:30 PM-06:00 PM	8	$76.25	LW1750-01
Jan 10-Mar 7	Su	07:25 PM-07:55 PM	8	$76.25	LW1750-02
Swimmer 4 (Ages 6+)					
Jan 4-Mar 15	M	04:30 PM-05:15 PM	10	$125.00	LW1757-01
Jan 6-Mar 17	W	05:05 PM-05:50 PM	10	$125.00	LW1757-02
Jan 7-Mar 18	Th	05:10 PM-05:55 PM	10	$125.00	LW1757-03
Jan 8-Mar 19	F	04:30 PM-05:15 PM	10	$125.00	LW1757-04
Jan 9-Mar 20	Sa	10:10 AM-10:55 AM	10	$125.00	LW1757-05
Jan 10-Mar 7	Su	05:30 PM-06:15 PM	8	$100.00	LW1755-01
Swimmer 5 (Ages 6+)					
Jan 5-Mar 16	Tu	04:35 PM-05:20 PM	10	$125.00	LW1762-01
Jan 6-Mar 17	W	05:05 PM-05:50 PM	10	$125.00	LW1762-02
Jan 7-Mar 18	Th	07:10 PM-07:55 PM	10	$125.00	LW1762-03
Jan 9-Mar 20	Sa	10:10 AM-10:55 AM	10	$125.00	LW1762-04
Jan 10-Mar 7	Su	06:40 PM-07:25 PM	8	$100.00	LW1760-01
Swimmer 6 (Ages 6+)					
Jan 4-Mar 15	M	05:05 PM-05:50 PM	10	$125.00	LW1767-01
Jan 5-Mar 16	Tu	05:10 PM-05:55 PM	10	$125.00	LW1767-02
Jan 6-Mar 17	W	07:15 PM-08:00 PM	10	$125.00	LW1767-03
Jan 7-Mar 18	Th	06:25 PM-07:10 PM	10	$125.00	LW1767-04
Jan 9-Mar 20	Sa	11:35 AM-12:20 PM	10	$125.00	LW1767-05
Jan 10-Mar 7	Su	06:40 PM-07:25 PM	8	$100.00	LW1765-01
Rookie Patrol (Ages 8+)					
Jan 5-Mar 16	Tu	06:40 PM-07:40 PM	10	$143.00	LW1772-01
Jan 7-Mar 18	Th	05:40 PM-06:40 PM	10	$143.00	LW1772-02
Jan 9-Mar 20	Sa	09:10 AM-10:10 AM	10	$143.00	LW1772-03
Ranger Patrol (Ages 8+)					
Jan 5-Mar 16	Tu	07:00 PM-08:00 PM	10	$143.00	LW1777-01
Jan 7-Mar 18	Th	07:00 PM-08:00 PM	10	$143.00	LW1777-02
Jan 9-Mar 20	Sa	11:35 AM-12:35 PM	10	$143.00	LW1777-03
Star Patrol (Ages 8+)					
Jan 4-Mar 15	M	05:45 PM-06:45 PM	10	$143.00	LW1782-01

LAWSON CIVIC CENTRE 225 Primrose Drive

Classes cancelled February 13-19.

Date	Day(s)	Time	#Classes	Fee	Code
Parent & Tot 1 (Ages 4-12 mos)					
Jan 4-Mar 15	M	10:45 AM-11:15 AM	10	$95.25	LC1702-01
Jan 4-Mar 15	M	04:30 PM-05:00 PM	10	$95.25	LC1702-02
Jan 6-Mar 17	W	09:35 AM-10:05 AM	10	$95.25	LC1702-03
Jan 7-Mar 18	Th	10:05 AM-10:35 AM	10	$95.25	LC1702-04
Jan 8-Mar 19	F	10:45 AM-11:15 AM	10	$95.25	LC1702-05
Jan 9-Mar 13	Sa	11:10 AM-11:40 AM	9	$85.75	LC1701-01
Parent & Tot 2 (Ages 12-24 mos)					
Jan 5-Mar 16	Tu	05:55 PM-06:25 PM	10	$95.25	LC1707-01
Jan 6-Mar 17	W	10:10 AM-10:40 AM	10	$95.25	LC1707-02
Jan 7-Mar 18	Th	05:20 PM-05:50 PM	10	$95.25	LC1707-03
Jan 7-Mar 18	Th	05:50 PM-06:20 PM	10	$95.25	LC1707-04
Jan 8-Mar 19	F	05:55 PM-06:25 PM	10	$95.25	LC1707-05
Jan 9-Mar 13	Sa	12:25 PM-12:55 PM	9	$85.75	LC1706-01
Parent & Tot 2/3 (Ages 12-36 mos)					
Jan 4-Mar 15	M	11:15 AM-11:45 AM	10	$95.25	LC1924-01
Jan 7-Mar 18	Th	10:40 AM-11:10 AM	10	$95.25	LC1924-02
Jan 8-Mar 19	F	11:15 AM-11:45 AM	10	$95.25	LC1924-03

Notice: New Non-Resident Surcharge for Swimming Lessons

A 50% non-resident surcharge will take effect at the start of Winter 2027 registration, which opens December 6, 2026. It applies to participants whose primary residence is outside the city of Saskatoon boundaries. Non-resident rates are listed within the program description on Leisure Online.

SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL, SWIMMER & SWIM PATROL)

LAWSON CIVIC CENTRE 225 Primrose Drive

Continued

Parent & Tot 3 (Ages 24-36 mos)

Date	Day(s)	Time	#Classes	Fee	Code
Jan 4-Mar 15	M	05:10 PM-05:40 PM	10	$95.25	LC1712-01
Jan 5-Mar 16	Tu	10:05 AM-10:35 AM	10	$95.25	LC1712-02
Jan 5-Mar 16	Tu	05:05 PM-05:35 PM	10	$95.25	LC1712-03
Jan 6-Mar 17	W	10:40 AM-11:10 AM	10	$95.25	LC1712-04
Jan 7-Mar 18	Th	06:30 PM-07:00 PM	10	$95.25	LC1712-05
Jan 9-Mar 13	Sa	11:45 AM-12:15 PM	9	$85.75	LC1711-01

Preschool 1 (Ages 3-5 yrs)

Date	Day(s)	Time	#Classes	Fee	Code
Jan 4-Mar 15	M	10:10 AM-10:40 AM	10	$95.25	LC1717-01
Jan 4-Mar 15	M	05:45 PM-06:15 PM	10	$95.25	LC1717-02
Jan 4-Mar 15	M	06:20 PM-06:50 PM	10	$95.25	LC1717-03
Jan 5-Mar 16	Tu	10:45 AM-11:15 AM	10	$95.25	LC1717-04
Jan 5-Mar 16	Tu	04:30 PM-05:00 PM	10	$95.25	LC1717-05
Jan 5-Mar 16	Tu	05:05 PM-05:35 PM	10	$95.25	LC1717-06
Jan 5-Mar 16	Tu	06:20 PM-06:50 PM	10	$95.25	LC1717-07
Jan 6-Mar 17	W	11:50 AM-12:20 PM	10	$95.25	LC1717-08
Jan 7-Mar 18	Th	10:40 AM-11:10 AM	10	$95.25	LC1717-09



Multi-Level Swim Lessons for Families

Designed for families with more than one child seeking Life Saving Society swim lessons; this option accommodates multiple swim levels within a single class. Registrants can choose their preferred time slot by phone. Simply inform us of your children's swim levels, and we'll ensure they receive instruction at the same time. Registrations are accepted by phone only beginning Monday, December 7. Call 306-975-7873 to register.

LAWSON CIVIC CENTRE 225 Primrose Drive

Classes cancelled on Feb 17.

Preschool 1 – Swimmer 3

Date	Day(s)	Time	#Classes	Fee	Code
Jan 6-Mar 17	W	04:35 PM-05:05 PM	10	$95.25	LC1511-01
Jan 6-Mar 17	W	05:10 PM-05:40 PM	10	$95.25	LC1511-02
Jan 6-Mar 17	W	05:50 PM-06:20 PM	10	$95.25	LC1511-03
Jan 6-Mar 17	W	06:25 PM-06:55 PM	10	$95.25	LC1511-04

Swimmer 4 – 6

Date	Day(s)	Time	#Classes	Fee	Code
Jan 6-Mar 17	W	04:55 PM-05:40 PM	10	$125.00	LC1514-01
Jan 6-Mar 17	W	05:50 PM-06:35 PM	10	$125.00	LC1514-02
Jan 7-Mar 18	Th	04:35 PM-05:05 PM	10	$95.25	LC1717-10
Jan 7-Mar 18	Th	05:55 PM-06:25 PM	10	$95.25	LC1717-11
Jan 7-Mar 18	Th	06:20 PM-06:50 PM	10	$95.25	LC1717-12
Jan 8-Mar 19	F	10:10 AM-10:40 AM	10	$95.25	LC1717-13
Jan 8-Mar 19	F	04:35 PM-05:05 PM	10	$95.25	LC1717-14
Jan 8-Mar 19	F	05:40 PM-06:10 PM	10	$95.25	LC1717-15
Jan 8-Mar 19	F	06:15 PM-06:45 PM	10	$95.25	LC1717-16
Jan 9-Mar 13	Sa	10:00 AM-10:30 AM	9	$85.75	LC1716-01
Jan 9-Mar 13	Sa	10:35 AM-11:05 AM	9	$85.75	LC1716-02
Jan 9-Mar 13	Sa	11:50 AM-12:20 PM	9	$85.75	LC1716-03
Jan 17-Mar 14	Su	05:30 PM-06:00 PM	8	$76.25	LC1715-01
Jan 17-Mar 14	Su	06:20 PM-06:50 PM	8	$76.25	LC1715-02

Preschool 1/2 (Ages 3-5 yrs)

Date	Day(s)	Time	#Classes	Fee	Code
Jan 4-Mar 15	M	11:55 AM-12:25 PM	10	$95.25	LC1927-01
Jan 5-Mar 16	Tu	11:15 AM-11:45 AM	10	$95.25	LC1927-02
Jan 6-Mar 17	W	10:05 AM-10:35 AM	10	$95.25	LC1927-03
Jan 8-Mar 19	F	09:35 AM-10:05 AM	10	$95.25	LC1927-04

Preschool 2 (Ages 3-5 yrs)

Date	Day(s)	Time	#Classes	Fee	Code
Jan 4-Mar 15	M	09:35 AM-10:05 AM	10	$95.25	LC1722-01
Jan 4-Mar 15	M	04:30 PM-05:00 PM	10	$95.25	LC1722-02
Jan 4-Mar 15	M	05:10 PM-05:40 PM	10	$95.25	LC1722-03
Jan 4-Mar 15	M	05:55 PM-06:25 PM	10	$95.25	LC1722-04
Jan 5-Mar 16	Tu	10:10 AM-10:40 AM	10	$95.25	LC1722-05
Jan 5-Mar 16	Tu	04:35 PM-05:05 PM	10	$95.25	LC1722-06
Jan 5-Mar 16	Tu	05:40 PM-06:10 PM	10	$95.25	LC1722-07
Jan 5-Mar 16	Tu	06:30 PM-07:00 PM	10	$95.25	LC1722-08
Jan 6-Mar 17	W	11:20 AM-11:50 AM	10	$95.25	LC1722-09
Jan 7-Mar 18	Th	10:05 AM-10:35 AM	10	$95.25	LC1722-10
Jan 7-Mar 18	Th	04:30 PM-05:00 PM	10	$95.25	LC1722-11
Jan 7-Mar 18	Th	05:45 PM-06:15 PM	10	$95.25	LC1722-12
Jan 8-Mar 19	F	10:05 AM-10:35 AM	10	$95.25	LC1722-13
Jan 8-Mar 19	F	04:30 PM-05:00 PM	10	$95.25	LC1722-14
Jan 8-Mar 19	F	05:05 PM-05:35 PM	10	$95.25	LC1722-15
Jan 8-Mar 19	F	06:20 PM-06:50 PM	10	$95.25	LC1722-16
Jan 9-Mar 13	Sa	10:00 AM-10:30 AM	9	$85.75	LC1721-01
Jan 9-Mar 13	Sa	11:10 AM-11:40 AM	9	$85.75	LC1721-02
Jan 9-Mar 13	Sa	12:00 PM-12:30 PM	9	$85.75	LC1721-03
Jan 17-Mar 14	Su	05:45 PM-06:15 PM	8	$76.25	LC1720-01
Jan 17-Mar 14	Su	06:40 PM-07:10 PM	8	$76.25	LC1720-02

Preschool 3 (Ages 3-5 yrs)

Date	Day(s)	Time	#Classes	Fee	Code
Jan 4-Mar 15	M	11:50 AM-12:20 PM	10	$95.25	LC1727-01
Jan 4-Mar 15	M	05:05 PM-05:35 PM	10	$95.25	LC1727-02
Jan 5-Mar 16	Tu	10:40 AM-11:10 AM	10	$95.25	LC1727-03
Jan 5-Mar 16	Tu	05:05 PM-05:35 PM	10	$95.25	LC1727-04
Jan 5-Mar 16	Tu	07:05 PM-07:35 PM	10	$95.25	LC1727-05
Jan 6-Mar 17	W	12:25 PM-12:55 PM	10	$95.25	LC1727-06
Jan 7-Mar 18	Th	11:15 AM-11:45 AM	10	$95.25	LC1727-07
Jan 7-Mar 18	Th	05:10 PM-05:40 PM	10	$95.25	LC1727-08
Jan 7-Mar 18	Th	06:30 PM-07:00 PM	10	$95.25	LC1727-09
Jan 8-Mar 19	F	11:20 AM-11:50 AM	10	$95.25	LC1727-10
Jan 8-Mar 19	F	04:30 PM-05:00 PM	10	$95.25	LC1727-11
Jan 9-Mar 13	Sa	10:35 AM-11:05 AM	9	$85.75	LC1726-01
Jan 17-Mar 14	Su	05:10 PM-05:40 PM	8	$76.25	LC1725-01
Jan 17-Mar 14	Su	06:05 PM-06:35 PM	8	$76.25	LC1725-02
Jan 17-Mar 14	Su	06:55 PM-07:25 PM	8	$76.25	LC1725-03

Preschool 4 (Ages 3-5 yrs)

Date	Day(s)	Time	#Classes	Fee	Code
Jan 5-Mar 16	Tu	04:30 PM-05:00 PM	10	$95.25	LC1732-01
Jan 8-Mar 19	F	05:10 PM-05:40 PM	10	$95.25	LC1732-02
Jan 9-Mar 13	Sa	11:15 AM-11:45 AM	9	$85.75	LC1731-01
Jan 17-Mar 14	Su	07:30 PM-08:00 PM	8	$76.25	LC1730-01

Preschool 4/5 (Ages 3-5 yrs)

Date	Day(s)	Time	#Classes	Fee	Code
Jan 4-Mar 15	M	10:40 AM-11:10 AM	10	$95.25	LC1930-01
Jan 5-Mar 16	Tu	11:20 AM-11:50 AM	10	$95.25	LC1930-02
Jan 6-Mar 17	W	11:15 AM-11:45 AM	10	$95.25	LC1930-03
Jan 8-Mar 19	F	10:40 AM-11:10 AM	10	$95.25	LC1930-04

LIFESAVING SOCIETY SWIM LESSONS

SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL, SWIMMER & SWIM PATROL)

Looking for a fun aquatic program for children ages 3-5?

Check out Lil' Movers Swim & Play available at Lawson Civic Centre. Refer to page 26 to learn more.

LAWSON CIVIC CENTRE 225 Primrose Drive

Continued

Date	Day(s)	Time	#Classes	Fee	Code
Preschool 5 (Ages 3-5 yrs)					
Jan 4-Mar 15	M	05:55 PM-06:25 PM	10	$95.25	LC1737-01
Jan 7-Mar 18	Th	06:55 PM-07:25 PM	10	$95.25	LC1737-02
Swimmer 1 (Ages 6+)					
Jan 4-Mar 15	M	11:20 AM-11:50 AM	10	$95.25	LC1742-01
Jan 4-Mar 15	M	05:20 PM-05:50 PM	10	$95.25	LC1742-02
Jan 4-Mar 15	M	05:45 PM-06:15 PM	10	$95.25	LC1742-03
Jan 4-Mar 15	M	06:55 PM-07:25 PM	10	$95.25	LC1742-04
Jan 5-Mar 16	Tu	04:30 PM-05:00 PM	10	$95.25	LC1742-05
Jan 5-Mar 16	Tu	05:10 PM-05:40 PM	10	$95.25	LC1742-06
Jan 5-Mar 16	Tu	05:40 PM-06:10 PM	10	$95.25	LC1742-07
Jan 5-Mar 16	Tu	06:15 PM-06:45 PM	10	$95.25	LC1742-08
Jan 6-Mar 17	W	10:45 AM-11:15 AM	10	$95.25	LC1742-09
Jan 7-Mar 18	Th	04:35 PM-05:05 PM	10	$95.25	LC1742-10
Jan 7-Mar 18	Th	05:15 PM-05:45 PM	10	$95.25	LC1742-11
Jan 7-Mar 18	Th	06:20 PM-06:50 PM	10	$95.25	LC1742-12
Jan 8-Mar 19	F	04:30 PM-05:00 PM	10	$95.25	LC1742-13
Jan 8-Mar 19	F	05:05 PM-05:35 PM	10	$95.25	LC1742-14
Jan 8-Mar 19	F	05:45 PM-06:15 PM	10	$95.25	LC1742-15
Jan 9-Mar 13	Sa	10:00 AM-10:30 AM	9	$85.75	LC1741-01
Jan 9-Mar 13	Sa	10:40 AM-11:10 AM	9	$85.75	LC1741-02
Jan 9-Mar 13	Sa	11:25 AM-11:55 AM	9	$85.75	LC1741-03
Jan 9-Mar 13	Sa	11:45 AM-12:15 PM	9	$85.75	LC1741-04
Jan 9-Mar 13	Sa	12:20 PM-12:50 PM	9	$85.75	LC1741-05
Swimmer 2 (Ages 6+)					
Jan 4-Mar 15	M	04:35 PM-05:05 PM	10	$95.25	LC1747-01
Jan 4-Mar 15	M	05:40 PM-06:10 PM	10	$95.25	LC1747-02
Jan 5-Mar 16	Tu	05:45 PM-06:15 PM	10	$95.25	LC1747-03
Jan 5-Mar 16	Tu	06:50 PM-07:20 PM	10	$95.25	LC1747-04
Jan 7-Mar 18	Th	04:40 PM-05:10 PM	10	$95.25	LC1747-05
Jan 7-Mar 18	Th	05:05 PM-05:35 PM	10	$95.25	LC1747-06
Jan 7-Mar 18	Th	05:45 PM-06:15 PM	10	$95.25	LC1747-07
Jan 8-Mar 19	F	05:40 PM-06:10 PM	10	$95.25	LC1747-08
Jan 8-Mar 19	F	06:30 PM-07:00 PM	10	$95.25	LC1747-09
Jan 9-Mar 13	Sa	10:00 AM-10:30 AM	9	$85.75	LC1746-01
Jan 9-Mar 13	Sa	12:20 PM-12:50 PM	9	$85.75	LC1746-02
Swimmer 3 (Ages 6+)					
Jan 4-Mar 15	M	04:35 PM-05:05 PM	10	$95.25	LC1752-01
Jan 5-Mar 16	Tu	04:30 PM-05:00 PM	10	$95.25	LC1752-02
Jan 5-Mar 16	Tu	05:40 PM-06:10 PM	10	$95.25	LC1752-03
Jan 7-Mar 18	Th	05:10 PM-05:40 PM	10	$95.25	LC1752-04
Jan 9-Mar 13	Sa	10:05 AM-10:35 AM	9	$85.75	LC1751-01
Jan 9-Mar 13	Sa	10:35 AM-11:05 AM	9	$85.75	LC1751-02
Swimmer 4 (Ages 6+)					
Jan 4-Mar 15	M	04:30 PM-05:15 PM	10	$125.00	LC1757-01
Jan 5-Mar 16	Tu	05:05 PM-05:50 PM	10	$125.00	LC1757-02
Jan 7-Mar 18	Th	05:40 PM-06:25 PM	10	$125.00	LC1757-03
Jan 8-Mar 19	F	06:15 PM-07:00 PM	10	$125.00	LC1757-04
Jan 9-Mar 13	Sa	12:00 PM-12:45 PM	9	$112.50	LC1756-01
Swimmer 5 (Ages 6+)					
Jan 4-Mar 15	M	05:05 PM-05:50 PM	10	$125.00	LC1762-01
Jan 7-Mar 18	Th	04:30 PM-05:15 PM	10	$125.00	LC1762-02
Jan 8-Mar 19	F	05:05 PM-05:50 PM	10	$125.00	LC1762-03
Jan 9-Mar 13	Sa	11:10 AM-11:55 AM	9	$112.50	LC1761-01
Swimmer 6 (Ages 6+)					
Jan 7-Mar 18	Th	06:25 PM-07:10 PM	10	$125.00	LC1767-01

SHAW CENTRE 122 Bowlt Crescent

Classes cancelled on Feb 5, 6, 16 & 18.

5-day lesson sets are available at Shaw Centre this winter. See below for more information.

Date	Day(s)	Time	#Classes	Fee	Code
Parent & Tot 1 (Ages 4-12 mos)					
Jan 8-Mar 19	F	05:40 PM-06:10 PM	10	$95.25	SC1702-01
Jan 9-Mar 20	Sa	09:00 AM-09:30 AM	10	$95.25	SC1702-02
Parent & Tot 2 (Ages 12-24 mos)					
Jan 12-Mar 23	Tu	05:55 PM-06:25 PM	10	$95.25	SC1707-01
Jan 14-Mar 25	Th	05:55 PM-06:25 PM	10	$95.25	SC1707-02
Parent & Tot 3 (Ages 24-36 mos)					
Jan 8-Mar 19	F	04:00 PM-04:30 PM	10	$95.25	SC1712-01
Jan 9-Mar 20	Sa	10:50 AM-11:20 AM	10	$95.25	SC1712-02
Jan 12-Mar 23	Tu	06:35 PM-07:05 PM	10	$95.25	SC1712-03
Preschool 1 (Ages 3-5 yrs)					
Jan 8-Mar 19	F	05:10 PM-05:40 PM	10	$95.25	SC1717-01
Jan 8-Mar 19	F	06:15 PM-06:45 PM	10	$95.25	SC1717-02
Jan 9-Mar 20	Sa	09:00 AM-09:30 AM	10	$95.25	SC1717-03
Jan 9-Mar 20	Sa	11:00 AM-11:30 AM	10	$95.25	SC1717-04
Jan 9-Mar 20	Sa	11:30 AM-12:00 PM	10	$95.25	SC1717-05
Jan 12-Mar 23	Tu	04:40 PM-05:10 PM	10	$95.25	SC1717-06
Jan 12-Mar 23	Tu	06:50 PM-07:20 PM	10	$95.25	SC1717-07
Jan 12-Mar 23	Tu	07:10 PM-07:40 PM	10	$95.25	SC1717-08
Jan 14-Mar 25	Th	04:40 PM-05:10 PM	10	$95.25	SC1717-09
Jan 14-Mar 25	Th	06:50 PM-07:20 PM	10	$95.25	SC1717-10
Preschool 2 (Ages 3-5 yrs)					
Jan 8-Mar 19	F	04:00 PM-04:30 PM	10	$95.25	SC1722-01
Jan 8-Mar 19	F	04:35 PM-05:05 PM	10	$95.25	SC1722-02

5-Day Lesson Sets

These condensed sets are ideal for participants who don't have the time to dedicate to a full lesson set, need to brush up on one or two skills to finish a level or just want to get more comfortable in the water.

SHAW CENTRE 122 Bowlt Crescent

Date	Day(s)	Time	#Classes	Fee	Code
Preschool 1 (Ages 3-5 yrs)					
Feb 20-Mar 20	Sa	09:50 AM-10:20 AM	5	$53.50	SC1916-01
Swimmer 1 (Ages 6+)					
Feb 19-Mar 19	F	05:10 PM-05:40 PM	5	$53.50	SC1921-01
Feb 20-Mar 20	Sa	10:25 AM-10:55 AM	5	$53.50	SC1921-02
Swimmer 2 (Ages 6+)					
Feb 19-Mar 19	F	04:35 PM-05:05 PM	5	$53.50	SC1922-01
Swimmer 3 (Ages 6+)					
Feb 19-Mar 19	F	04:00 PM-04:30 PM	5	$53.50	SC1923-01
Feb 19-Mar 19	F	05:45 PM-06:15 PM	5	$53.50	SC1923-02
Swimmer 4 (Ages 6+)					
Feb 20-Mar 20	Sa	09:00 AM-09:45 AM	5	$62.50	SC1970-01
Swimmer 5 (Ages 6+)					
Feb 19-Mar 19	F	06:20 PM-07:05 PM	5	$62.50	SC1971-01

LIFESAVING SOCIETY SWIM LESSONS

SWIM LESSON LISTINGS (PARENT & TOT, PRESCHOOL, SWIMMER & SWIM PATROL)

SHAW CENTRE 122 Bowlt Crescent

Continued

Date	Day(s)	Time	#Classes	Fee	Code
Jan 8-Mar 19	F	05:45 PM-06:15 PM	10	$95.25	SC1722-03
Jan 9-Mar 20	Sa	09:45 AM-10:15 AM	10	$95.25	SC1722-04
Jan 9-Mar 20	Sa	10:15 AM-10:45 AM	10	$95.25	SC1722-05
Jan 12-Mar 23	Tu	05:15 PM-05:45 PM	10	$95.25	SC1722-06
Jan 12-Mar 23	Tu	06:00 PM-06:30 PM	10	$95.25	SC1722-07
Jan 12-Mar 23	Tu	06:25 PM-06:55 PM	10	$95.25	SC1722-08
Jan 14-Mar 25	Th	05:20 PM-05:50 PM	10	$95.25	SC1722-09
Jan 14-Mar 25	Th	06:00 PM-06:30 PM	10	$95.25	SC1722-10
Jan 14-Mar 25	Th	06:25 PM-06:55 PM	10	$95.25	SC1722-11
Preschool 3 (Ages 3-5 yrs)					
Jan 8-Mar 19	F	04:35 PM-05:05 PM	10	$95.25	SC1727-01
Jan 8-Mar 19	F	05:10 PM-05:40 PM	10	$95.25	SC1727-02
Jan 9-Mar 20	Sa	10:20 AM-10:50 AM	10	$95.25	SC1727-03
Jan 12-Mar 23	Tu	05:25 PM-05:55 PM	10	$95.25	SC1727-04
Jan 14-Mar 25	Th	05:10 PM-05:40 PM	10	$95.25	SC1727-05
Jan 14-Mar 25	Th	05:50 PM-06:20 PM	10	$95.25	SC1727-06
Preschool 4 (Ages 3-5 yrs)					
Jan 8-Mar 19	F	06:35 PM-07:05 PM	10	$95.25	SC1732-01
Jan 14-Mar 25	Th	07:25 PM-07:55 PM	10	$95.25	SC1732-02
Preschool 5 (Ages 3-5 yrs)					
Jan 9-Mar 20	Sa	09:10 AM-09:40 AM	10	$95.25	SC1737-01
Jan 14-Mar 25	Th	04:35 PM-05:05 PM	10	$95.25	SC1737-02
Swimmer 1 (Ages 6+)					
Jan 8-Mar 19	F	04:00 PM-04:30 PM	10	$95.25	SC1742-01
Jan 8-Mar 19	F	04:35 PM-05:05 PM	10	$95.25	SC1742-02
Jan 8-Mar 19	F	06:20 PM-06:50 PM	10	$95.25	SC1742-03
Jan 9-Mar 20	Sa	11:00 AM-11:30 AM	10	$95.25	SC1742-04
Jan 9-Mar 20	Sa	11:35 AM-12:05 PM	10	$95.25	SC1742-05
Jan 12-Mar 23	Tu	05:20 PM-05:50 PM	10	$95.25	SC1742-06
Jan 12-Mar 23	Tu	06:30 PM-07:00 PM	10	$95.25	SC1742-07
Jan 12-Mar 23	Tu	07:10 PM-07:40 PM	10	$95.25	SC1742-08
Jan 14-Mar 25	Th	05:15 PM-05:45 PM	10	$95.25	SC1742-09
Jan 14-Mar 25	Th	06:20 PM-06:50 PM	10	$95.25	SC1742-10
Jan 14-Mar 25	Th	06:30 PM-07:00 PM	10	$95.25	SC1742-11
Swimmer 2 (Ages 6+)					
Jan 8-Mar 19	F	04:00 PM-04:30 PM	10	$95.25	SC1747-01
Jan 8-Mar 19	F	06:00 PM-06:30 PM	10	$95.25	SC1747-02
Jan 9-Mar 20	Sa	09:35 AM-10:05 AM	10	$95.25	SC1747-03
Jan 9-Mar 20	Sa	10:55 AM-11:25 AM	10	$95.25	SC1747-04
Jan 12-Mar 23	Tu	04:35 PM-05:05 PM	10	$95.25	SC1747-05
Jan 12-Mar 23	Tu	06:00 PM-06:30 PM	10	$95.25	SC1747-06
Jan 12-Mar 23	Tu	06:35 PM-07:05 PM	10	$95.25	SC1747-07
Jan 14-Mar 25	Th	04:35 PM-05:05 PM	10	$95.25	SC1747-08
Jan 14-Mar 25	Th	05:45 PM-06:15 PM	10	$95.25	SC1747-09
Jan 14-Mar 25	Th	06:55 PM-07:25 PM	10	$95.25	SC1747-10
Swimmer 3 (Ages 6+)					
Jan 9-Mar 20	Sa	09:35 AM-10:05 AM	10	$95.25	SC1752-01
Jan 9-Mar 20	Sa	11:25 AM-11:55 AM	10	$95.25	SC1752-02
Jan 12-Mar 23	Tu	05:50 PM-06:20 PM	10	$95.25	SC1752-03
Jan 12-Mar 23	Tu	07:25 PM-07:55 PM	10	$95.25	SC1752-04
Jan 14-Mar 25	Th	05:25 PM-05:55 PM	10	$95.25	SC1752-05
Jan 14-Mar 25	Th	06:35 PM-07:05 PM	10	$95.25	SC1752-06
Jan 14-Mar 25	Th	07:30 PM-08:00 PM	10	$95.25	SC1752-07
Swimmer 4 (Ages 6+)					
Jan 8-Mar 19	F	05:10 PM-05:55 PM	10	$125.00	SC1757-01
Jan 9-Mar 20	Sa	10:10 AM-10:55 AM	10	$125.00	SC1757-02
Jan 12-Mar 23	Tu	04:35 PM-05:20 PM	10	$125.00	SC1757-03
Jan 12-Mar 23	Tu	05:10 PM-05:55 PM	10	$125.00	SC1757-04
Jan 14-Mar 25	Th	04:35 PM-05:20 PM	10	$125.00	SC1757-05
Jan 14-Mar 25	Th	05:10 PM-05:55 PM	10	$125.00	SC1757-06
Swimmer 5 (Ages 6+)					
Jan 9-Mar 20	Sa	10:10 AM-10:55 AM	10	$125.00	SC1762-01
Jan 12-Mar 23	Tu	04:35 PM-05:20 PM	10	$125.00	SC1762-02
Jan 14-Mar 25	Th	04:30 PM-05:15 PM	10	$125.00	SC1762-03
Swimmer 6 (Ages 6+)					
Jan 8-Mar 19	F	05:45 PM-06:30 PM	10	$125.00	SC1767-01
Jan 12-Mar 23	Tu	06:00 PM-06:45 PM	10	$125.00	SC1767-02
Jan 14-Mar 25	Th	06:00 PM-06:45 PM	10	$125.00	SC1767-03
Rookie Patrol (Ages 8+)					
Jan 9-Mar 20	Sa	09:10 AM-10:10 AM	10	$143.00	SC1772-01
Rookie/Ranger Patrol (Ages 8+)					
Jan 14-Mar 25	Th	07:00 PM-08:00 PM	10	$143.00	SC1942-01
Ranger Patrol (Ages 8+)					
Jan 8-Mar 19	F	04:35 PM-05:35 PM	10	$143.00	SC1777-01
Star Patrol (Ages 8+)					
Jan 12-Mar 23	Tu	07:00 PM-08:00 PM	10	$143.00	SC1782-01

LIFESAVING SOCIETY SWIM LESSON LISTINGS (YOUTH SWIMMER)

Designed for beginner swimmers aged 9 to 15 with little to no swimming experience. This program teaches basic swimming skills, develops various strokes, and promotes water smart education. Build confidence and become a proficient swimmer!

LAKEWOOD CIVIC CENTRE 1635 McKercher Drive

Classes cancelled Feb 13-19.

Date	Day(s)	Time	#Classes	Fee	Code
Youth Swimmer 1					
Jan 4-Mar 15	M	05:15 PM-05:45 PM	10	$95.25	LW1534-01
Jan 6-Mar 17	W	05:55 PM-06:25 PM	10	$95.25	LW1534-02
Youth Swimmer 2					
Jan 6-Mar 17	W	06:25 PM-06:55 PM	10	$95.25	LW1535-01
Jan 10-Mar 7	Su	07:25 PM-07:55 PM	8	$76.25	LW1543-01
Youth Swimmer 3					
Jan 5-Mar 16	Tu	07:35 PM-08:05 PM	10	$95.25	LW1536-01
Jan 7-Mar 18	Th	05:50 PM-06:20 PM	10	$95.25	LW1536-02

LAWSON CIVIC CENTRE 225 Primrose Drive

Classes cancelled on Feb 15.

Date	Day(s)	Time	#Classes	Fee	Code
Youth Swimmer 1					
Jan 4-Mar 15	M	06:15 PM-06:45 PM	10	$95.25	LC1534-01
Youth Swimmer 2					
Jan 4-Mar 15	M	06:30 PM-07:00 PM	10	$95.25	LC1535-01
Youth Swimmer 3					
Jan 4-Mar 15	M	06:20 PM-06:50 PM	10	$95.25	LC1536-01

SHAW CENTRE 122 Bowlt Crescent

Classes cancelled on Feb 5, 6, 16 & 18.

Date	Day(s)	Time	#Classes	Fee	Code
Youth Swimmer 1/2					
Jan 9-Mar 20	Sa	11:35 AM-12:05 PM	10	$95.25	SC1537-01
Jan 14-Mar 25	Th	07:10 PM-07:40 PM	10	$95.25	SC1537-02
Youth Swimmer 3					
Jan 8-Mar 19	F	06:35 PM-07:05 PM	10	$95.25	SC1536-01
Jan 12-Mar 23	Tu	05:25 PM-05:55 PM	10	$95.25	SC1536-02

LIFESAVING SOCIETY SWIM LESSONS

LIFESAVING SOCIETY SWIM LESSON LISTINGS (ADULT SWIMMER)

The Adult Swimmer Program is for beginners who may be starting out or swimmers who want help with their strokes. Within the Adult Swimmer curriculum, participants set their own goals to develop water confidence and smooth recognizable strokes. Water smart education is part of every level.

LAKEWOOD CIVIC CENTRE 1635 McKercher Drive

Classes cancelled Feb 13-19.

Date	Day(s)	Time	#Classes	Fee	Code
Adult Swimmer 1					
Jan 8-Mar 19	F	06:15 PM-07:00 PM	10	$157.25	LW1907-01
Jan 10-Mar 7	Su	08:00 PM-08:45 PM	8	$125.75	LW1901-01
Adult Swimmer 2					
Jan 10-Mar 7	Su	08:00 PM-08:45 PM	8	$125.75	LW1902-01

LAWSON CIVIC CENTRE 225 Primrose Drive

Date	Day(s)	Time	#Classes	Fee	Code
Adult Swimmer 1					
Jan 4-Mar 15	M	06:30 PM-07:15 PM	10	$157.25	LC1907-01
Jan 5-Mar 16	Tu	06:15 PM-07:00 PM	10	$157.25	LC1907-02
Jan 6-Mar 17	W	11:55 AM-12:40 PM	10	$157.25	LC1907-03
Jan 9-Mar 13	Sa	10:35 AM-11:20 AM	9	$141.50	LC1904-01
Adult Swimmer 2					
Jan 5-Mar 16	Tu	06:15 PM-07:00 PM	10	$157.25	LC1909-01

SHAW CENTRE 122 Bowlt Crescent

Classes cancelled on Feb 16 & 18.

Date	Day(s)	Time	#Classes	Fee	Code
Adult Swimmer 1					
Jan 12-Mar 23	Tu	07:05 PM-07:50 PM	10	$157.25	SC1907-01
Adult Swimmer 2					
Jan 14-Mar 25	Th	07:05 PM-07:50 PM	10	$157.25	SC1909-01

ADDITIONAL SWIM LESSON OPTIONS

*Note: registration for Private & Semi-Private swim lessons and Multi-level Swim Lessons for Families will open on **Monday, December 7**.*

Private Swim Lessons

Receive personalized attention with one-on-one private swim lessons. With the instructor's full attention, these half-hour sessions are an excellent opportunity to get to the next level of development. Available at Lakewood Civic Centre, Lawson Civic Centre and Shaw Centre. Call any facility for more information or to register.

Youth 1 session $41.00 • 3 sessions $119.75 • 5 sessions $195.50
Adult 1 session $45.50 • 3 sessions $129.50 • 5 sessions $211.50

Semi-Private Swim Lessons

Groups of two receive personalized instruction in semi-private swim lessons. Available at Lakewood Civic Centre, Lawson Civic Centre and Shaw Centre. Call any facility for more information or to register. All sessions are half-hour; prices are per person.

Youth 1 session $30.75 • 3 sessions $87.75 • 5 sessions $143.00
Adult 1 session $35.75 • 3 sessions $101.25 • 5 sessions $164.75

Timesaving swim lesson options are available!

Multi-Level Swim Lessons for Families

Designed for families with more than one child seeking Lifesaving Society swim lessons; this option accommodates multiple swim levels within a single class. Available at Lawson Civic Centre. Refer to page 21 for more information.

5-Day Lesson Sets

These condensed sets are ideal for participants who don't have the time to dedicate to a full lesson set, need to brush up on one or two skills to finish a level or just want to get more comfortable in the water. Available at Shaw Centre. Refer to page 22 for more information.

Notice: New Non-Resident Surcharge for Swimming Lessons

A 50% non-resident surcharge will take effect at the start of Winter 2027 registration, which opens December 6, 2026. It applies to participants whose primary residence is outside the city of Saskatoon boundaries. Non-resident rates are listed within the program description on Leisure Online. For more information on how the surcharge is applied, please visit **saskatoon.ca/register**.



FREE COMMUNITY PROGRAMMING

For more information about these FREE programs and events, visit leisureonline.saskatoon.ca or call 306-975-3378. Unless noted otherwise, pre-registration is required.

Multi Sport Sampler

7-14 yrs. Free! A great opportunity for children and youth to engage in physical activity while developing new and improved skills in a wide variety of sport activities.

Saskatoon Field House *(2020 College Drive)*

Track and Field	Jan 22	F	09:00 AM-12:00 PM	CD1639-01

Cosmo Civic Centre *(3130 Laurier Drive)*

Ultimate Frisbee	Jan 22	F	01:00 PM-04:00 PM	CD1639-02

School Break Camp

10-14 yrs. Free! Join us during the school break for sports and activities led by qualified instructors. Register for as many sessions as you would like.

Cosmo Civic Centre *(3130 Laurier Drive)*

Hoop Dancing	Feb 16	Tu	09:00 AM-12:00 PM	CD1380-01
Baseball	Feb 16	Tu	01:00 PM-04:00 PM	CD1380-02
Cricket	Feb 17	W	09:00 AM-12:00 PM	CD1380-03
Fencing	Feb 17	W	01:00 PM-04:00 PM	CD1380-04
Beading	Feb 18	Th	01:00 PM-04:00 PM	CD1380-06

The Art Room Ink *(8-1724 Quebec Avenue)*

Mixed Media Project	Feb 18	Th	09:00 AM-12:00 PM	CD1380-05
	Mar 31	W	09:00AM-12:00PM	CD1380-09

Saskatoon Field House *(2020 College Drive)*

Dream Catcher Making	Mar 30	Tu	09:00AM-12:00PM	CD1380-07
Baseball	Mar 30	Tu	01:00 PM-04:00 PM	CD1380-08
Soccer	Mar 31	W	01:00 PM-04:00 PM	CD1380-10
Kichwa Dance Story Telling	Apr 1	Th	09:00AM-12:00PM	CD1380-11

Saskatchewan Express *(Bay 40-368 Edson Street)*

Musical Theatre	Apr 1	Th	01:00 PM-04:00 PM	CD1380-12

Family Day Skate

FREE! Bring your skates, safety gear and skate assist and enjoy skating with your family. Participants under the age of 6 must be accompanied by a parent/guardian at all times while on the ice. Please dress warm.

Cosmo Arena *(3130 Laurier Drive)*
Monday, February 15 • 1:00 PM-4:00 PM



Winter Play Program

6-12yrs. Free! Each session is a great way for children and families to stay active and have fun enjoying the outdoors participating in Canadian and Indigenous winter sports. All equipment will be provided.

This is a drop-in program. Sessions will be cancelled if the temperature reaches -25°C or below with the windchill.

Evergreen Rec Unit *(906 Evergreen Blvd)*
Saturday, January 23 • 1:00 to 4:00 p.m.
Brevoort Park Rec Unit *(3 Webb Crescent)*
Saturday, January 30 • 1:00 to 4:00 p.m.
Westview Rec Unit *(2230 Richardson Road)*
Saturday, February 6 • 1:00 to 4:00 p.m.

Movies in the Gym

FREE! Fill your afternoon with laughter and come enjoy a free movie and popcorn on the big screen. It's a great way to spend time with your friends and family on the next day off of school. Watch for movie listings being announced on dropinschedule.saskatoon.ca. Drop-in; pre-registration is not required.

Cosmo Civic Centre *(3130 Laurier Drive)*
Friday, March 19 • 6:00 pm

PRESCHOOL RECREATION PROGRAMS

LEARN TO SKATE

Preschool Learn to Skate

3-5 yrs. This recreational program will help your child become comfortable on the ice, while learning fundamental skills such as balance and how to steer. No experience required. Each participant must bring their own skates and helmet; without these they will not be allowed on the ice. Skate aids are prohibited on the ice during the class. (Note: unparented class).

ACT Arena				
Jan 5-Mar 2*	Tu	04:15 PM-04:45 PM	$78.75	AC1352-01
Cosmo Arena				
Jan 6-Mar 3*	W	04:15 PM-04:45 PM	$78.75	CA1352-01
Jan 7-Mar 4*	Th	04:15 PM-04:45 PM	$78.75	CA1352-02
Lions Arena				
Jan 4-Mar 1*	M	04:15 PM-04:45 PM	$78.75	LI1352-01

**Classes cancelled Feb 15-18.*

PRESCHOOL SPORT

Sporty Stars

3-5 yrs. An instructor will introduce children to a variety of sports including soccer, floor hockey and basketball. Something new each week.

Lakewood Civic Centre				
Jan 2-30	Sa	09:15 AM-10:00 AM	$49.00	LW1364-01
Feb 20-Mar 20	Sa	10:15 AM-11:00 AM	$49.00	LW1364-02
Feb 21-Mar 21	Su	10:15 AM-11:00 AM	$49.00	LW1364-03
Lawson Civic Centre				
Jan 10-Feb 7	Su	03:30 PM-04:15 PM	$49.00	LC1364-01
Feb 21-Mar 21	Su	01:30 PM-02:15 PM	$49.00	LC1364-02

PRESCHOOL RECREATION PROGRAMS

MINI MOVERS PROGRAMS

2-3 yrs. Toddlers will develop fundamental movement skills through games, and activities in these fun, instructor-led programs. Participants need to have indoor running shoes and a water bottle. Parent/Guardian participation is encouraged.

Mini Movers Active Games

Toddlers will develop fundamental movement skills while playing games and having fun.

Lakewood Civic Centre				
Jan 3-31	Su	10:15 AM-11:00 AM	$48.25	LW1402-01
Feb 20-Mar 20	Sa	09:15 AM-10:00 AM	$48.25	LW1402-02
Lawson Civic Centre				
Jan 10-Feb 7	Su	01:30 PM-02:15 PM	$48.25	LC1402-01
Feb 21-Mar 21	Su	02:30 PM-03:15 PM	$48.25	LC1402-02
Shaw Centre				
Jan 9-Feb 6	Sa	09:15 AM-10:00 AM	$48.25	SC1402-01
Feb 20-Mar 20	Sa	09:15 AM-10:00 AM	$48.25	SC1402-02

Find programs and register online at
leisureonline.saskatoon.ca

LIL' MOVERS PROGRAMS

3-5 yrs. Run, hop, throw and roll! Children will develop fundamental movement skills through games and activities in these fun, instructor-led programs. Participants need to have indoor running shoes and a water bottle.

Lil' Movers Swim & Play

Children will participate in a story time before entering the water for games and activities.

Lawson Civic Centre				
Jan 7-Mar 18	Th	11:15 AM-12:00 PM	$99.00	LC1177-01
Jan 8-Mar 19	F	11:55 AM-12:40 PM	$99.00	LC1177-02

Lil' Movers Active Games

Children will develop fundamental movement skills while playing games and having fun.

Lakewood Civic Centre				
Jan 2-30	Sa	10:15 AM-11:00 AM	$48.25	LW1401-01
Feb 20-Mar 20	Sa	11:15 AM-12:00 PM	$48.25	LW1401-02
Lawson Civic Centre				
Jan 10-Feb 7	Su	02:30 PM-03:15 PM	$48.25	LC1401-01
Feb 21-Mar 21	Su	03:30 PM-04:15 PM	$48.25	LC1401-02
Shaw Centre				
Jan 9-Feb 6	Sa	10:15 AM-11:00 AM	$48.25	SC1401-01
Feb 20-Mar 20	Sa	10:15 AM-11:00 AM	$48.25	SC1401-02

CHILDREN'S RECREATION PROGRAMS



LEARN TO SKATE

Children Learn to Skate

6-9 yrs. This recreational program will help your child become comfortable on the ice, while learning fundamental skills such as balance and how to steer. No experience required. Each participant must provide their own skates and helmet; without these they will not be allowed on the ice. Skate aids are prohibited on the ice during the program. (Note: unparented class).

ACT Arena				
Jan 5-Mar 2*	Tu	04:00 PM-04:45 PM	$102.00	AC1305-01
Cosmo Arena				
Jan 6-Mar 3*	W	04:00 PM-04:45 PM	$102.00	CA1305-01
Jan 7-Mar 4*	Th	04:00 PM-04:45 PM	$102.00	CA1305-02
Lions Arena				
Jan 4-Mar 1*	M	04:00 PM-04:45 PM	$102.00	LI1305-01

**Classes cancelled Feb 15-18.*



CHILDREN'S RECREATION PROGRAMS

CHILDREN SPORT

Flag Football

6-9 yrs. This non-contact program will provide an introduction to football basics, such as punting, passing, catching and game strategy. A short scrimmage each class will allow children to practise these skills.

Saskatoon Field House

Jan 10-Feb 7	Su	10:30 AM-11:30 AM	$68.00	FH1313-01
Feb 21-Mar 21	Su	09:15 AM-10:15 AM	$68.00	FH1313-02

Kicks for Kids

6-9 yrs. Recreational soccer fun! Learn new skills, practise drills and enjoy a fun game.

Lakewood Civic Centre

Jan 3-31	Su	11:15 AM-12:15 PM	$68.00	LW1323-01

T-Ball

5-6 yrs. This is an introductory program for children to learn basic skills for softball/baseball, such as throwing, catching and hitting. A short game each class will allow children to practise these skills. Participants need to bring their own ball glove.

Saskatoon Field House

Jan 10-Feb 7	Su	09:15 AM-10:15 AM	$68.00	FH1367-01
Feb 21-Mar 21	Su	10:30 AM-11:30 AM	$68.00	FH1367-02

Find programs and register online at
leisureonline.saskatoon.ca

Sport Mash-up

6-10 yrs. Basketball, soccer, floor hockey, badminton, flag football…try them all! This program introduces your child to a variety of sports, in a non-competitive environment. Basic drills and a fun game happen each week.

Lakewood Civic Centre

Jan 2-30	Sa	11:15 AM-12:15 PM	$61.75	LW1363-01
Feb 21-Mar 21	Su	11:15 AM-12:15 PM	$61.75	LW1363-02

Shaw Centre

Jan 9-Feb 6	Sa	11:15 AM-12:15 PM	$61.75	SC1363-01
Feb 20-Mar 20	Sa	11:15 AM-12:15 PM	$61.75	SC1363-02

CAMPS

Sport & Splash Camp

7-12 yrs. Run, jump, kick, throw, skip, slide, dive and dash. A perfect full-day camp for kids who like to have fun and keep active. Campers will participate in a daily recreational swim and try their hand at a variety of non-competitive sports, games and activities.

Shaw Centre

Feb 16-19	Tu-F	09:00 AM-04:00 PM	$180.50	SC1359-01
Mar 29-Apr 2	M-F	09:00 AM-04:00 PM	$221.50	SC1360-01

Extended Drop-off & Pick-up Care is available for children registered in the Sport & Splash Camp who need to be dropped off early or picked up late.

Shaw Centre

Feb 16-19	Tu-F	08:00 AM-09:00 AM	$33.00	SC1312-01
Feb 16-19	Tu-F	04:00 PM-05:00 PM	$33.00	SC1312-01
Mar 29-Apr 2	M-F	08:00 AM-09:00 AM	$41.25	SC1311-01
Mar 29-Apr 2	M-F	04:00 PM-05:00 PM	$41.25	SC1311-01

YOUTH RECREATION PROGRAMS

YOUTH PERSONAL & GROUP EXERCISE TRAINING

Personal Training

13-18 yrs. For those looking for specific results from their exercise program. A Certified Personal Trainer will design and monitor each workout based on your needs. One-hour sessions determined by you and your trainer.

3 Sessions	**$142.75**
Lakewood Civic Centre	LW1349-01
Lawson Civic Centre	LC1349-01
Saskatoon Field House	FH1349-01
Shaw Centre	SC1349-01

Youth Weight Room Card Session

13-15 yrs. A Certified Personal Trainer will guide you through the proper use of the cardio and weight training equipment at the Leisure Centre of your choice. In this session the trainer will emphasize safety and ensure that you also learn proper weight room etiquette. After the session you will receive a Youth Weight Room Card that allows you to use the weight room without supervision.

1-hour session	**$42.75**
Lakewood Civic Centre	LW1381-01
Lawson Civic Centre	LC1381-01
Saskatoon Field House	FH1381-01
Shaw Centre	SC1381-01

Did You Know?

Youth Swimmer Swim Lessons are available for youth ages 9-15 years. For more information visit pages 18 and 23.



Youth Introduction to Weight Room Training

13-18 yrs. A Certified Personal Trainer will guide you through the safe use of the cardio and weight training equipment in the weight room. Participants will also learn proper warm-up/cool down, biomechanics, lifting technique and weight room etiquette. After the session you will leave with a Youth Weight Room Card that allows you to use the fitness and weight room without supervision.

Lakewood Civic Centre

Jan 9-23	Sa	02:30 PM-03:30 PM	$53.75	LW1658-01
Mar 6-20	Sa	02:30 PM-03:30 PM	$53.75	LW1658-02

YOUTH RECREATION PROGRAMS

Youth Small Group Training

13-18 yrs. A Certified Personal Trainer will guide you through a small group (up to six people) exercise program with your peers. A fun and challenging approach to getting stronger will keep you motivated and involved. After the session you will leave with a Youth Weight Room Card that allows you to use the fitness and weight room without supervision.

Saskatoon Field House

Jan 10-Mar 7	Su	12:00 PM-12:45 PM	$168.00	FH1652-01

New! Youth Dryland Training Club

13-16 yrs. A supportive, beginner-friendly fitness program for teens. These sessions will help teens build confidence and learn foundational strength, mobility, balance and coordination through safe, supervised dryland training. Perfect for those with little to no athletic background.

Saskatoon Field House

Jan 17-Mar 14	Su	03:15 PM-04:15 PM	$126.00	FH1406-01

Shaw Centre

Jan 18-Mar 15*	M	07:15 PM-08:15 PM	$126.00	SC1406-01

**Class cancelled on Monday, Feb 15.*

New! Youth Sport Team Training

Take your team's performance to the next level with sport-specific training delivered by Certified Personal Trainers. This dedicated team program supports athletes at every stage of their season, helping them build strength, conditioning and essential skills. Each one-hour session blends focused training with a fun, team-oriented environment. Available to sports teams, youth groups and clubs ages 13-18. For more information call 306-975-7808.

8 sessions	**$1008.00**
Saskatoon Field House	FH1407-01

New! Youth Introduction to Pickleball

13-17 yrs. Pickleball combines elements of badminton, tennis and table tennis and is great for all ages and skill levels. Participants will learn the basics of the sport in a friendly environment. Equipment is provided.

Saskatoon Field House

Jan 30-Feb 13	Sa	01:00 PM-02:00 PM	$39.00	FH1405-01
Feb 3-24	W	07:00 PM-08:00 PM	$39.00	FH1405-02

ADULT RECREATION PROGRAMS

BEGINNER FITNESS

Classes offer fitness opportunities, resources and education for those new or returning to an active lifestyle. Class content is designed to build confidence and ensure participant safety.



Introduction to Pickleball

Pickleball combines elements of badminton, tennis and table tennis and is great for all ages and skill levels. Participants will learn the basics of the sport in a friendly environment. Equipment is provided. Space is limited, please call the facility in advance to reserve a spot.

Saskatoon Field House

Jan 4-18	M	07:00 PM-08:00 PM	$44.25	FH1320-01
Jan 4-18	M	08:00 PM-09:00 PM	$44.25	FH1320-02
Jan 30-Feb 13	Sa	02:00 PM-03:00 PM	$44.25	FH1320-03
Feb 3-24	W	08:00 PM-09:00 PM	$44.25	FH1320-04
Mar 7-21	Su	11:00 AM-12:00 PM	$44.25	FH1320-05
Mar 7-21	Su	12:00 PM-01:00 PM	$44.25	FH1320-06
Mar 8-22	M	07:00 PM-08:00 PM	$44.25	FH1320-07
Mar 8-22	M	08:00 PM-09:00 PM	$44.25	FH1320-08

Learn to Fitness Yoga

No flexibility experience required. This intro to yoga will show you that yoga truly is for every 'body'. Breathing and technique of a sun salutation and other poses are taught with the support and instruction needed to master these moves.

Lakewood Civic Centre

Jan 13-27	W	05:30 PM-06:30 PM	$15.00	LW1327-01

Learn to Group Cycle

Don't let the weather stop you from cycling. An indoor ride can be just as thrilling as outdoors when you are taught how to pace, visualize and ride as a team. Hills, drills, core and technique are all part of the class.

Shaw Centre

Jan 17-31	Su	09:15 AM-10:15 AM	$15.00	SC1333-01

Learn to Pole Walk

Step into a fun cardiovascular workout! Simplified moves and supported instruction will help you master the basic moves.

Saskatoon Field House

Jan 10-24	Su	01:00 PM-02:00 PM	$15.00	FH1330-01

What is a Learn to Program?

Designed with the beginner in mind, Learn to Classes offer a 15 minute session at the end of each class to ask the instructor individual questions. Gain skills and become comfortable in tackling a new fitness activity.

ADULT PERSONAL & GROUP EXERCISE TRAINING

Personal Training

A Certified Personal Trainer will design and monitor each workout based on your needs and goals. One-hour sessions determined by you and your trainer.

3 Sessions	**$179.75**
Lakewood Civic Centre	LW4346-01
Lawson Civic Centre	LC4346-01
Saskatoon Field House	FH4346-01
Shaw Centre	SC34346-01

Adult Introduction to Weight Room Training

A Certified Personal Trainer will guide you through the safe use of the cardio and weight training equipment in the weight room. Participants will also learn proper warm-up/cool down, biomechanics and lifting techniques.

Saskatoon Field House				
Jan 12-26	Tu	07:00 PM-08:00 PM	$53.75	FH1655-01
Shaw Centre				
Jan 13-27	W	05:45 PM-06:45 PM	$53.75	SC1655-01

Adult Small Group Training

A Certified Personal Trainer will guide you through a small group (up to six people) exercise program tailored to all fitness levels with a progressive approach to maintain motivation and improvement. The introduction of new exercises will keep the routine engaging, dynamic and fun.

Saskatoon Field House				
Jan 11-Mar 8	M	07:00 PM-07:45 PM	$168.00	FH1653-01

FIT OVER 50 PERSONAL & GROUP EXERCISE TRAINING

Fit Over 50 Personal Training

A Certified Personal Trainer will work with you to develop an exercise plan to achieve your health and wellness goals. One-hour sessions determined by you and your trainer.

3 Sessions	**$179.75**
Lakewood Civic Centre	LW1657-01
Lawson Civic Centre	LC1657-01
Saskatoon Field House	FH1657-01
Shaw Centre	SC1657-01

Fit Over 50 Introduction to Weight Room Training

A Certified Personal Trainer will lead you through the safe use of the cardio and weight training equipment in the weight room. Participants will also learn proper warm-up/cool down, basic movement patterns and proper technique to feel comfortable exercising independently.

Lakewood Civic Centre				
Jan 30-Feb 13	Sa	10:30 AM-11:30 AM	$53.75	LW1656-01
Lawson Civic Centre				
Feb 10-24	W	05:30 PM-06:30 PM	$53.75	LC1656-01

Fit Over 50 Small Group Training

A Certified Personal Trainer will lead you through a small group (up to six people) exercise program tailored to all fitness levels ensuring that each session is not only progressive but also supportive and enjoyable. You will feel a sense of achievement in the pursuit of your health and wellness goals.

Lakewood Civic Centre				
Jan 4-25	M	01:00 PM-01:45 PM	$85.00	LW1520-01
Mar 1-22	M	01:00 PM-01:45 PM	$85.00	LW1520-02
Lawson Civic Centre				
Jan 28-Feb 18	Th	05:45 PM-06:30 PM	$85.00	LC1520-01
Feb 25-Mar 18	Th	05:45 PM-06:30 PM	$85.00	LC1520-02
Saskatoon Field House				
Jan 28-Mar 18	Th	10:30 AM-11:15 AM	$168.00	FH1654-01



GENERAL FITNESS

Classes offer varying intensity and exercise modifications for fitness levels from basic to advanced.

Strollin' & Polin'

Take in and enjoy the many benefits of pole walking during this friendly, social, fitness program. The instructor will lead you through an hour-long session incorporating pole walking, strength and stretch components. Poles are provided and are optional during this program.

Saskatoon Field House				
Jan 4-29	M/W/F	01:15 PM-02:15 PM	$55.25	FH1365-01
Feb 1-24	M/W/F	01:15 PM-02:15 PM	$55.25	FH1365-02
Mar 1-22	M/W/F	01:15 PM-02:15 PM	$55.25	FH1365-03

Baby & Me Aqua Fitness

Enjoy a 45-minute workout in the water while your baby floats in a seat alongside. Open to all parents and caregivers. It is recommended babies be between the ages of 6 to 18 months.

Lawson Civic Centre				
Jan 19-Mar 16	Tu	10:50 AM-11:35 AM	$93.50	LC1563-01
Jan 21-Mar 18	Th	10:50 AM-11:35 AM	$93.50	LC1563-02
Shaw Centre				
Jan 11-Mar 22*	M	09:45 AM-10:30 AM	$117.00	SC1564-01
Jan 13-Mar 24*	W	09:45 AM-10:30 AM	$117.00	SC1564-02

**Classes cancelled on Monday, Feb 15 and Wednesday, Feb 17.*

New! Baby and Me Fitness Yoga

Discover a nurturing space where caregivers and babies can bond and move together. This gentle yoga class blends mindful movement with connections supporting physical and emotional well-being for both you and your little one. Meet other new parents, share experiences and enjoy a moment of calm in a welcoming community.

Lawson Civic Centre				
Jan 25-Mar 22	M	01:30 PM-02:15 PM	$63.25	LC1573-01
Shaw Centre				
Jan 12-Mar 23*	Tu	09:15 AM-10:00 AM	$79.00	SC1574-01

**Class cancelled on Tuesday, Feb 16.*

Baby and Me Muscle Fusion

Bring baby for a fun, challenging workout with the opportunity to connect with other moms in your community. Experience a combination of cardio, muscular endurance, postnatal specific core work and flexibility. Benefit from increased energy, improved posture, less aches and pains and a stronger core. This is a great next step for those who have participated in the Baby and Me Strollfit class or for those who just need a little more challenge. A baby carrier is recommended. Fussy baby? No problem! It is recommended moms be six weeks postpartum (8+ weeks for caesarean).

Lawson Civic Centre				
Jan 28-Mar 25	Th	01:00 PM-02:00 PM	$61.75	LC1338-01
Saskatoon Field House				
Jan 5-Feb 2	Tu/Th	10:45 AM-11:30 AM	$61.75	FH1338-01
Feb 23-Mar 18	Tu/Th	10:45 AM-11:30 AM	$61.75	FH1338-02

Child Minding

Make time for you! Available at the Saskatoon Field House, Lakewood Civic Centre and Shaw Centre.

See page 10 or visit dropinschedule.saskatoon.ca for hours.

ADULT RECREATION PROGRAMS

Baby and Me Strollfit

Perfect for new parents and their babies. Combines walking the track with your baby as well as muscle strengthening and postnatal core-specific work. It is recommended moms be six weeks postpartum (8+ for caesarean).

Saskatoon Field House

Jan 4-27	M/W	10:45 AM-11:30 AM	$61.75	FH1339-01
Feb 22-Mar 17	M/W	10:45 AM-11:30 AM	$61.75	FH1339-02

RECREATION

New! Indigenous Beading Basics

19 yrs +. Explore the history and cultural teachings of Indigenous beading while creating your own project. Guided step by step, you'll craft a unique piece to take home. All materials included.

Cosmo Civic Centre

Feb 3-17	W	07:00 PM-08:30 PM	$75.00	CC1664-01
Mar 3-17	W	07:00 PM-08:30 PM	$75.00	CC1664-02

Find Your *Fit*

FREE!

Find your *Fit* at the City of Saskatoon Leisure Centres! Everyone is welcome to join us for this 90-minute come and go session to learn about the Drop-in and Registered fitness and aquatic programs, personal training and flexible admission options as well as tour the facility to see the unique amenities. Whether you've been a customer for many years, or are brand new to the Leisure Centres, this is the perfect setting to get started.

Saskatoon Field House
Mon, Jan 4: 10:00 AM-11:30 AM • Wed, Jan 6: 06:00 PM-07:30 PM

Lakewood Civic Centre
Tu, Jan 12: 9:00 AM-10:30 AM • Thu, Jan 14: 6:30 PM-8:00 PM

Lawson Civic Centre
Sat, Jan 16: 10:00 AM-12:00 PM • Wed, Feb 24: 6:45 PM-8:15 PM

Shaw Centre
Mon, Jan 18: 9:00 AM-10:30 AM • Thu, Jan 21: 6:00 PM-7:30 PM

SPECIALIZED WELLNESS PROGRAMS



The First Step Program™

This program offers supervised exercise and education components for individuals looking to make exercise a regular part of their life. It is designed for those with pre-diabetes, diabetes, high blood pressure, arthritis, osteoporosis, increased body weight, cancer, abnormal cholesterol and/or chronic kidney disease. You can begin at any time. For more information and to complete the application form online visit saskatoon.ca/firststep. If you have questions please call 306-975-3121.

Saskatoon Field House

4 month program* Tu & Th 8:00 AM-11:30 AM and/or 4:30 PM-07:30 PM**

** A graduate program is available after completion for continued support 3 times/week.*

*** Exercise sessions start small and progress to 60+ minutes.*

The First Step Program™ is provided in partnership with the City of Saskatoon and Saskatchewan Health Authority.

Minds in Motion®

A community-based fitness and social activity program incorporating physical activity and mental stimulation for those with early symptoms of Alzheimer's disease and other dementias to enjoy with a family member or friend as a support. Develop new friendships in a relaxed atmosphere with others living similar experiences. For more information, call 1-800-263-3367, email mindsinmotion@alzheimer.sk.ca, or visit alzheimer.ca/sk. Registrations are accepted by phone only beginning Monday, December 7, 2026. To register call Saskatoon Field House at 306-975-3354.

Saskatoon Field House

Jan 26-Mar 30	Tu	01:30 PM-03:30 PM	$40.00	FH1510-01

Minds in Motion® is provided in partnership with the City of Saskatoon and the Alzheimer Society of Saskatchewan and Information Services Corporation.

Neuro (Stroke) and Parkinson's Exercise Program

These programs are supervised by an exercise therapist through the Saskatchewan Health Authority with the aim to improve functional ability through improving fitness. The program includes stretching, strengthening, balance and mild aerobic activities. For more information or to register, call 306-655-4595.

Saskatoon Field House

Neuro (Stroke) Exercise
Tu, Th 01:15 PM-02:45 PM
Parkinson's Exercise
M, W, F 02:45 PM-03:45 PM

Stay Connected! Subscribe to the Leisure eNewsletter

Visit **saskatoon.ca/leisurecentres** to sign up for updates on Leisure Centre programming, the Leisure Guide and other seasonal leisure facilities and attractions.

The eNewsletter is sent out five to six times a year and you can unsubscribe at any time.





BECOME A LIFEGUARD!

As a City of Saskatoon Lifeguard you will…

- *Earn $$$ • Be a role model • Work as part of a team*
- *Build confidence and life skills • Earn bathing suit reimbursements*
- *Meet new friends • Receive a free LeisureCard to use at City facilities*
- *Eligible for free recertification of awards*
- *Receive medical and dental benefits*
- *Have flexibility to choose your hours of availability*

For more employment information contact 306-975-2944.*

** To obtain employment as a Lifeguard with the City of Saskatoon, both the Lifesaving Society National Lifeguard Award and the Lifesaving Society Combined Swim for Life and Lifesaving Instructor Program must be completed.*

STEPS TO BECOMING A LIFEGUARD

1 LIFESAVING SOCIETY BRONZE MEDALLION
Pre-requisites: 13 years old or Lifesaving Society Bronze Star

▼

2 LIFESAVING SOCIETY BRONZE CROSS
Pre-requisites: Lifesaving Society Bronze Medallion

▼

3 INTERMEDIATE/STANDARD FIRST AID/CPR-C AED
Pre-requisites: None

▼

4 LIFESAVING SOCIETY NATIONAL LIFEGUARD AWARD (NLA)
Pre-requisites: 15 years old, Intermediate/Standard First Aid & CPR "C" or Aquatic Emergency Care, Lifesaving Bronze Cross

LIFESAVING SOCIETY COMBINED SWIM FOR LIFE & LIFESAVING INSTRUCTOR PROGRAM
Pre-requisites: 15 years old, Lifesaving Society Bronze Cross Award (need not be current)

NOTE: Pre-registration is required for most items listed in this section. For details on how to register, see page 15 unless other instructions are provided in the course details.

***Full attendance is mandatory** for training and certification programs.*

FIRST AID & CPR CERTIFICATION

Red Cross Intermediate First Aid & CPR-C

Develop knowledge and skills in CPR, AED use, choking response, circulation emergencies, wound care, fracture management, sudden medical emergencies and more. 100% attendance is mandatory.

Cosmo Civic Centre

Jan 30 & 31	Sa/Su	09:00 AM-05:30 PM	$171.50	CC1609-01
Feb 17 & 18	W/Th	09:00 AM-05:30 PM	$171.50	CC1609-02

Red Cross Intermediate/Standard First Aid & CPR-C Recertification

Annual recertification is recommended. Refresh your First Aid, CPR and AED skills in this course. A current certification is required to register. 100% attendance is mandatory.

Cosmo Civic Centre

Feb 20	Sa	09:00 AM-05:30 PM	$101.75	CC1610-01



LIFESAVING & GUARDING

Lifesaving Society Bronze Star

The Lifesaving Society's Bronze Star develops swimming proficiency, lifesaving skill and personal fitness. Candidates refine their stroke mechanics, acquire self-rescue skills, and apply fitness principles in training workouts. Bronze Star is excellent preparation for success in Bronze Medallion and provides a fun introduction to lifesaving sport. Fee does not include manual cost of $46.44 (applicable taxes incuded), which is also required for Bronze Medallion and Bronze Cross. 100% attendance is mandatory.

Lakewood Civic Centre

Jan 8-Mar 19	F	05:30 PM-07:00 PM	$146.75	LW1605-01

Lifesaving Society Bronze Medallion

Prerequisites: Minimum 13 years of age or Bronze Star. Bronze Medallion challenges the candidate both mentally and physically. Judgment, knowledge, skill, and fitness – the four components of water rescue – form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross. Fee does not include manual cost of $46.44 (applicable taxes included). 100% attendance is mandatory.

Lawson Civic Centre

Jan 17-Feb 14	Su	05:00 PM-09:00 PM	$192.75	LC1604-01

Bonus December Programming!

During the holiday season additional public swimming, public skating and open gym times are offered at our leisure facilities. Visit **dropinschedule.saskatoon.ca** for additions to the drop-in schedule.

TRAINING & CERTIFICATION PROGRAMS

Lifesaving Society Bronze Cross

Prerequisites: Bronze Medallion. The Lifesaving Society's Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a prerequisite for advanced training in the Society's National Lifeguard and leadership certification programs. Fee does not include manual cost of $46.44 (applicable taxes included). 100% attendance is mandatory.

Lawson Civic Centre

Feb 21-Mar 21	Su	04:30 PM-09:00 PM	$192.75	LC1603-01

Lifesaving Society National Lifeguard Award

15 yrs+. Pre-requisite: Bronze Cross and Standard First Aid, CPR C and AED certification. Builds on fundamental skills, knowledge and values taught in the lifesaving awards to further the development of the practical skills required of lifeguards. Fee does not include manual cost of $57.75 (applicable taxes included). 100% attendance is mandatory.

Shaw Centre

Jan 22 & 29	F	05:30 PM-09:30 PM	$294.50	SC1606-01
Jan 23 & 30	Sa	09:00 AM-06:30 PM		
Jan 24 & 31	Su	09:00 AM-06:30 PM		

Lifesaving Society National Lifeguard Recertification

Pre-requisite: Proof of National Lifeguard Award certification. This is a recertification course for the National Lifeguard Award, which must be done every two years in order to remain certified.

Shaw Centre

Feb 21	Su	09:00 AM-01:00 PM	$94.75	SC1607-01

Combined Lifesaving Society Lifesaving Instructor Course

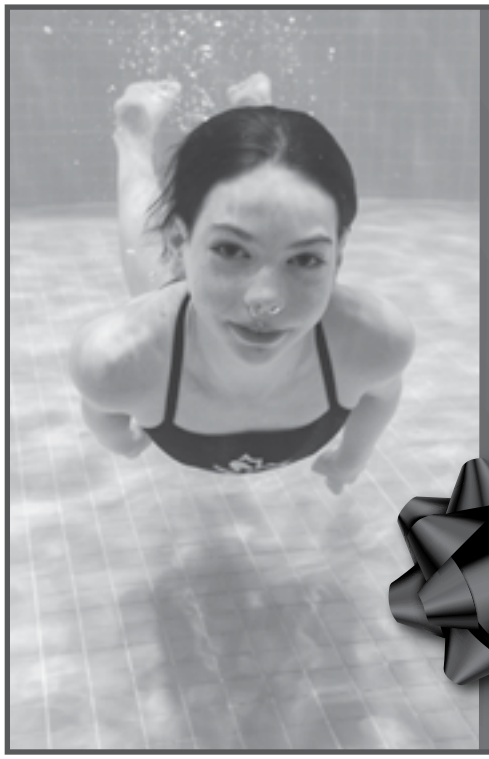
Pre-requisite: 15 yrs+ and Bronze Cross award (need not be current). This leadership course provides candidates with theory, knowledge and skill, and practice to become certified and teach the following Lifesaving Society programs and awards:

- Swim for Life Program: Parent & Tot, Preschool, Swimmer, Youth Swimmer, Adult Swimmer and Fitness Swimmer
- Canadian Swim Patrol Program: Rookie Patrol, Ranger Patrol and Star Patrol levels
- CPR and AED
- Bronze Star
- Bronze Medallion*
- Bronze Cross*

Fee does not include manual cost of $124.20 (applicable taxes included).
**Mentorship required to become Examiner*

Shaw Centre

Jan 8 & 15	F	05:00 PM-09:00 PM	$455.25	SC1601-01
Jan 9 & 16	Sa	09:00 AM-06:30 PM		
Jan 10 & 17	Su	09:00 AM-06:30 PM		



Give the Gift of Fun!

Gift Cards Leisure Gift Cards are available in any amount and perfect for all ages.

Good for use at the Leisure Centres, Outdoor Pools, Golf Courses, Saskatoon Forestry Farm Park & Zoo, Gordon Howe Campground and Nutrien Playland at Kinsmen Park.

Available for purchase at any Leisure Centre, Holiday Park Golf Course or Saskatoon Forestry Park & Zoo administration office.

Bulk Tickets Buy 10 general admissions at a discounted price! Split up or give as a pack. Bulk Tickets never expire and are available for Leisure Centres and Outdoor Pools.

City of Saskatoon LEISURE CENTRES

saskatoon.ca/admissions

Subscribe to the Leisure eNewsletter!

Visit **saskatoon.ca/leisurecentres** to sign up for updates on Leisure Centre programming, the Leisure Guide and other seasonal leisure facilities and attractions.

The Leisure eNewsletter is sent out five to six times a year and you can unsubscribe at any time.





SPRA FITNESS LEADERSHIP CERTIFICATION PROGRAM

Becoming a fitness leader requires a minimum of two Saskatchewan Parks and Recreation Association (SPRA) courses. Each course has a written exam following the course and every certification requires a practical assessment. Participants must complete CPR and Standard First Aid prior to certification. For more information on the SPRA Fitness Leadership Certification Program visit spra.sk.ca.

STEPS TO BECOMING A CERTIFIED SPRA FITNESS INSTRUCTOR

1 EXERCISE THEORY COURSE
Prerequisite: 16 years old.

2 *Then select one or more courses:*

a GROUP EXERCISE FUNDAMENTALS COURSE
Plus one or more GROUP SPECIALTY COURSES:
- Total Body Conditioning
- Step and Choreography
- Group Cycle
- Fitness Yoga

b AQUATIC EXERCISE COURSE

c EXERCISE FOR OLDER ADULTS COURSE

How to Become a Certified Fitness Instructor

16 yrs+. This free information session will review the application process and requirements to become a City of Saskatoon contract fitness instructor. We will review the courses required to teach the National Fitness Leadership Alliance certifications (exercise theory, group exercise, aquatic exercise, etc). We will also discuss the City's mentoring program, bursary program and the benefits of being a fitness instructor for the City and neighbourhood Community Associations.

Virtual Session

Jan 5	Tu	06:00 PM-07:30 PM	FREE	VT1318-01

SPRA Exercise Theory Course

16 yrs+. This 24-hour course introduces basic exercise theory, nutrition, anatomy, physiology, communication and leadership. Written exam is held at the conclusion of the course. Manual and pre-course information can be picked up at the host site one week prior to start date. Fee does not include manual cost of $79.80 (applicable taxes included).

Cosmo Civic Centre

Jan 20, 27 & Feb 3*	W	06:00 PM-09:00 PM	$346.50	CC1613-01
Jan 30 & Feb 6	Sa	09:00 AM-05:00 PM		

**Virtual sessions*

SPRA Total Body Conditioning Specialty Course

16 yrs+. Pre-requisite: SPRA Group Exercise Fundamentals Course. This 8-hour practical-based course covers specific information for planning and developing classes that contain a cardio component and use of portable equipment such as free weights, body bars/barbells, stability balls, tubing/bands, BOSU® and medicine balls. Practical exam fee of $50 is not included in registration fee and is payable on exam day (applicable taxes included).

Saskatoon Field House

Feb 28	Su	09:00 AM-05:00 PM	$131.00	FH1612-01

SPRA Group Exercise Fundamentals Course

16 yrs+. Pre-requisite: SPRA Exercise Theory Module. A 12-hour course covering a variety of topics for leading group exercise classes including leadership, safety, class design, use of music, movement and cuing, exercise analysis and more. Fee does not include manual cost of $70.35 (applicable taxes included).

Saskatoon Field House

Feb 26	F	05:00 PM-09:00 PM	$242.00	FH1614-01
Feb 27	Sa	09:00 AM-05:00 PM		

SPRA Exercise for Older Adults Course

16 yrs+. Pre-requisite: SPRA Exercise Theory Course. This 20-hour course will increase your knowledge and confidence level leading a group exercise class for older adults on land. An individualized practical component must be completed following the course for certification. Course manual and pre-course information can be picked up from the host site one week prior to course start date. Fee does not include manual cost of $75.86 or practical exam fee of $50 payable to course instructor on exam day (applicable taxes included).

Saskatoon Field House

Mar 12	F	05:00 PM-09:00 PM	$294.75	FH1625-01
Mar 13 & 14	Sa/Su	09:00 AM-05:00 PM		

Note: SPRA Aquatic Exercise Course, Group Cycle Specialty, Fitness Yoga Specialty, Step and Choreography Specialty Courses and Pre/Post Natal Training Course will be offered in upcoming seasons. Watch for more details!

EMPLOYMENT OPPORTUNITIES

Qualified Instructors Wanted

The City of Saskatoon maintains a registry which is used to place paid instructors with the Leisure Centres and local Community Associations for recreation, art and cultural programming. If you are interested in being placed in the registry, contact instructors@saskatoon.ca or call 306-975-3378.



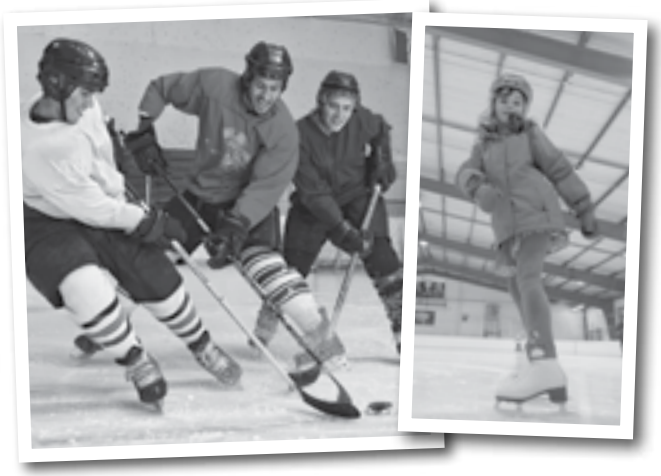
Get out and play this winter!

Does the cold and snow have you hiding inside? Embrace the frosty weather and enjoy everything it has to offer! Saskatoon has great programs and amenities for all ages and interests. Gather the family for an afternoon of skating, take a scenic stroll around the Zoo, try cross country skiing or even play in the snow with your dog. We've got you covered so you can break free from your winter hibernation!

SEASONAL FUN!

ICE SKATING

Saskatoon offers many fun and exciting programs at five indoor rinks, over 50 city-wide outdoor rinks and the Clarence Downey Speed Skating Oval. Get more information on these great facilities and the programs offered at each at ***saskatoon.ca/rinks****.*



INDOOR RINKS

The City of Saskatoon's five indoor ice rinks are home to hockey, ringette, figure skating and speed skating clubs, as well as public skating, Parent and Tot and Learn-to-Skate programs. WiFi is available at all locations.

For more information on public skating and Parent and Tot times visit dropinschedule.saskatoon.ca. For more information on Learn-to-Skate programs refer to pages 25 and 26.

ACT Arena
107-105th Street East • 306-975-3316 • *Open year-round!*

Archibald Arena
1410 Windsor Street • 306-975-3313 • *Closes March 18*

Cosmo Arena
3130 Laurier Drive • 306-975-3370 • *Closes March 20*

Lions Arena
2205 McEown Avenue • 306-975-3306 • *Closes March 19*

Gordie Howe Kinsmen Arena *(available for rentals until March 21)*
1405 Avenue P South • 306-975-3310

PUBLIC SKATING GENERAL ADMISSION *Prices include applicable taxes.*

Adult (19+)	Youth (6-18 yrs)	Preschool (0-5 yrs)	Family*	Parent & Tot
$7.50	$5.25	FREE	$15.00	FREE

*Cash, Debit, Credit, LeisureCards and Leisure Gift Cards accepted. Children under the age of six must be accompanied by an adult minimum of 16 years of age. Maximum two preschoolers per adult. *Family is defined as a group up to seven individuals, related by birth, legal status, or marriage, with a maximum of two adults.*

RENTALS

All rinks are available for rental for a variety of activities. For bookings and assistance with available times and rental rates, call the Allocations Office at 306-975-3366 or email allocations@saskatoon.ca.

ICE SKATING

SEASONAL FUN!

CLARENCE DOWNEY SPEED SKATING OVAL

Dudley Street & Avenue R South in Gordie Howe Sports Complex



The Clarence Downey Speed Skating Oval offers an exciting change of pace for skating enthusiasts! No need for speed skates to enjoy a day on this 400-metre oval — there are different lanes for different speeds and lots of room for every level of skater. The new K + S Multi-Sports Centre will be open during the Oval hours of operation to support public skating and Nordic skiing at the Gordie Howe Sports Complex. Amenities include washrooms, change rooms and showers, warm-up and gathering area, exterior bleacher seating during public skating, vending machines for snacks and beverages. *Admission is FREE.*

Open December 15-March 1 (*weather & ice conditions permitting)*

Monday to Thursday 11:00 AM-05:00 PM & 07:30 PM-08:30 PM
Saturday & Sunday 11:00 AM-06:00 PM
Closed Dec 24-26; Dec 31 & Jan 1.



OUTDOOR RINKS

Saskatoon's Community Associations own and operate over 50 outdoor rinks throughout the city for the public to enjoy. Visit pages 38-43 or check your Community Association's website or Facebook page for up-to-date schedule information.

CROSS COUNTRY SKIING

SEASONAL FUN!

Whether a novice, intermediate or advanced skier, you can enjoy a cross country ski experience right here in Saskatoon! Ski trails are groomed and maintained by the City of Saskatoon and the Saskatoon Nordic Ski Club. Call the Ski Trail Information Line at 306-975-3300 to find out more about ski locations and daily snow conditions. The Saskatoon Nordic Ski Club no longer offers lessons out of Kinsmen Park, and now offers them at Holiday Park Golf Course and Gordie Howe Complex. For more information visit their website at ***saskatoonnordicski.ca****.*

PRIMARY TRAILS

Holiday Park Golf Course*
Access at Avenue U South
Outside loop 3.5 km double classic track & skating lane.

Wildwood Golf Course*
Access at 4050 8th Street East
A 2.5 km trail set for classic skiing and a 5.5 km trail set for both classic and skate skiing.

Kinsmen Park*
Access at Spadina Crescent West by the Mendel Building.
2.7 km single track set for both classic and skate skiing.

Lower Meewasin Park
Access at Pinehouse and Whiteswan Drives
Loop 4.8 km single classic track.

** Maintained by the Saskatoon Nordic Ski Club.*

Upper Meewasin Park
Access at Pinehouse and Whiteswan Drives
Loop 3.4 km single classic track.

Meewasin Park to Adilman buffer
Access at east end of Adilman Drive or Meewasin Park
2 km single classic track.

Victoria Park
Access at Spadina Crescent and Saskatoon Rowing Club parking lot
1.0 km single classic track.

Diefenbaker Park
Access at Ruth Street & St. Henry Avenue
2.6 km single classic track.

Forest Park
Access at Lowe Road, Nelson Road & Forest Drive
3.0 km single classic track. Connecting link to Silverspring Park.



If you enjoy walking in areas where there are ski trails, please respect skiers and avoid groomed trails. Ski trails include the wider packed section for skate skiing alongside the parallel tracks. Footprints can damage the ski tracks and skating lanes, making skiing difficult and less enjoyable. Dogs are not permitted on ski trails.

Did you know? *Some Community Associations coordinate the placement and grooming of ski trails in neighbourhood parks across the city. Visit* ***saskatoon.ca/ski*** *for locations.*

SEASONAL FUN!

SASKATOON FORESTRY FARM PARK & ZOO

1903 Forestry Farm Park Drive • 306-975-3382 • saskatoon.ca/zoo

ZOO WINTER HOURS
10:00 AM-04:00 PM

PARK WINTER HOURS
07:30 AM-04:30 PM

Closed December 25. Hours of operation are subject to change. Visit saskatoon.ca/zoo for the latest updates.

ZOO ADMISSION RATES ***Rates effective until December 31, 2026. Visit saskatoon.ca/zoo for 2027 rates.***

Prices include applicable taxes.	Adult (19+)	Youth (6-18 yrs)	Preschool (0-5 yrs)	Family**
Season Pass	$70.00	$42.00	FREE	$140.00
Winter Admission*	$7.00	$4.25	FREE	$14.00

Prices include applicable taxes. Group Rates available for eight or more people.
** Winter admission rates effective November 1–March 31.*
*** Family is defined as a group of up to seven individuals with a maximum of two adults.*



New! Winter Admission

Winter admission rates are now in effect, and every visit supports the year-round care of Zoo animals. Enjoy more visits and more value with a Zoo Season Pass. Explore pass benefits and offers at saskatoon.ca/zooseasonpass.

Who's at the Zoo?

Meet our Arctic wolves, Canada lynx, snowy owls and more. Learn about the wild and wonderful animals that call the Zoo home.

Forestry Farm Park

Discover carefully crafted garden spaces, picnic sites, fishing pond, walking trails, a naturally-themed playground and so much more at the Forestry Farm Park. Whether your visit is lively and exciting or quietly reflective, the experience is sure to be a memorable one.

Rental Facilities

The hall, Lions Pavilion, gazebo and wedding garden are available for private rental. Functional, quiet and secluded, these areas provide an enchanting backdrop for gatherings of all kinds. Call 306-975-3382 or visit saskatoon.ca/zoorentals for information.

Saskatoon Zoo Foundation

The Saskatoon Zoo Foundation raises funds for capital projects and improvements within the Zoo while connecting citizens to nature. Donate today at saskatoonzoofoundation.ca.

The BHP Enchanted Forest Holiday Light Tour runs Nov 15-Jan 3.

The Saskatoon Forestry Farm Park & Zoo is a City of Saskatoon facility working with the Friends of the Forestry Farm House, Saskatoon Zoo Foundation, Saskatchewan Perennial Society and Saskatoon Zoo Society.

EdZOOcational Opportunities

Discover our award-winning, curriculum-based environmental education programs for schools and organizations, exciting birthday parties, adventurous wild camps, engaging public programs, and Young Naturalists' family programs at saskatoonzoosociety.ca. Register today!

Zoo Crew PD Days (5-12 yrs)

Nov 27	F	09:00 AM-04:00 PM	$60
Dec 21	M	09:00 AM-04:00 PM	$60
Dec 22	T	09:00 AM-04:00 PM	$60
Dec 28	M	09:00 AM-04:00 PM	$60
Dec 29	Tu	09:00 AM-04:00 PM	$60
Dec 30	W	09:00 AM-04:00 PM	$60

Young Naturalists' Programs

Dec 27	Su	10:30 AM-3:30 PM	Christmas Bird Count 4 Kids
Jan 16	Sa	01:00 PM-3:00 PM	Tracks & Scats

Zoo Camps (7-12 yrs)
Registration for Winter Break Camp (Feb 16-19) & Spring Break Camp (Mar 30-Apr 2) opens Jan 1. Summer Camp registration opens Mar 1 for members & Mar 8 for non-members.

SEASONAL FUN!

DOG PARKS



Dog parks are naturalized spaces where dogs are permitted to be off-leash while under the control of their owner. Ensure your dog remains on a leash until in the Dog Park and don't forget to pick up your dog's poop and drop in available waste containers. Find a dog park near you on pages 4-5 or visit ***saskatoon.ca/dogparks****.*

PET LICENSE Your pet license is like an all-access pass to Saskatoon's Dog Parks and events. Purchase or renew online at saskatoon.ca/petsonline.

SUBSIDIZED SPAY AND NEUTER PROGRAM (SSNP) Financial resources are available to assist low income pet owners to get their pets spayed or neutered. Visit saskatoon.ca/ssnp for more information.

Find Your Space!

Bored with boardrooms? Parties aren't panning out? Seeking an unconventional convention or event venue? The City of Saskatoon offers a wide range of unique event options from portable stages, outdoor facilities, scenic River Landing venues, sports fields, Leisure Centres and rinks.

Learn more about rental options for any occasion at ***saskatoon.ca/facilityrentals****.*

INDOOR LEISURE CENTRES

Leisure Centres can accommodate groups for almost every kind of occasion. For bookings, contact the Leisure Centre of your choice:

Cosmo Civic Centre • 306-975-3344
Lakewood Civic Centre • 306-975-2945
Lawson Civic Centre • 306-975-2951
Saskatoon Field House • 306-975-3354
Shaw Centre • 306-975-7772
*Harry Bailey Aquatic Centre**

** Harry Bailey Aquatic Centre is closed for facility upgrades.*

Rental space is available outside of scheduled programming.

AMENITIES & STAFF CHARGES

Bookings for meeting and multi-purpose rooms include standard meeting set-up of up to 25 chairs and four tables set up in theatre, boardroom or classroom style. Additional charges may apply for setup, clean-up and repair to any rented facility. These fees will be assessed by the Site Administrator in conjunction with the Building Operator and may be billed post event if necessary. Pool rentals will incur additional charges for Lifeguard staff. *Additional charges may apply.*

CANCELLATION POLICY

A cancellation request must be made in writing to facilitybookings@saskatoon.ca **seven days prior to the event** in order to have deposits and rental fees refunded. Cancellations less than seven days prior to the booking will result in forfeiture of the deposit and rental fees.

Hourly Rentals *(*All rates effective September 1, 2026 to August 31, 2027; GST extra)*

RENTAL SPACE	HOURLY FEE*	CCC	LWC	LCC	HBC	SFH	SCC
Small Meeting Room	$27.50	●	●		●	●	●
Large Meeting Room	$37.50	●					●
Multi-Purpose Room	$37.50	●	●	●		●	●
Theatre	$37.50	●					
Fitness / Dance Studio	$37.50	●				●	
Gymnasium	$61.80	●	●				●
Competitive Pool	$313.00				Diving Boards 8 Lanes		Diving Boards 50m, 10 Lanes
Leisure Pool	$175.10		Waterslide 25m, 4 Lanes	Wave Pool 25m, 4 Lanes	25m, 6 Lanes		
Warm Up Pool	$128.80						25m, 6 Lanes
Family Pool	$128.80						Waterslide & Watertoys
Indoor Track	$167.20 $83.60					200m 6 Lanes	165m 3 Lanes
Sports Court	$41.80					●	
Racquetball / Wallyball Court	$37.50	●					
Track Warm-Up Area	$47.80					●	

Additional charges are added to after hours rentals. Inquire for details.

CCC Cosmo Civic Centre • HBC Harry Bailey Aquatic Centre • SCC Shaw Centre
LCC Lawson Civic Centre • LWC Lakewood Civic Centre • SFH Saskatoon Field House

PARKS, SPORTS FIELDS & ATTRACTIONS

Park & River Landing Event Space

- Community Portable Stage
- Park & River Landing Event Space
- Vimy Memorial Band Shell

Contact the Special Events Office at 306-986-3079 or specialevents@saskatoon.ca to book a special event.

Rink & Sports Field Rentals

There are a number of outdoor sport fields and indoor rinks located throughout Saskatoon that offer various levels of hosting capabilities. Contact the Allocations Office at 306-975-3366 or allocations@saskatoon.ca for bookings.

Attractions

- Nutrien Playland at Kinsmen Park (call 306-975-2951 for information)
- Saskatoon Forestry Farm Park & Zoo (call 306-975-3382 for information)

Outdoor Pools

George Ward, Lathey, Mayfair and Riversdale outdoor pools are available for school bookings and private events.

Private Rentals:
To make your reservation, call 306-975-2945. Once pools are open, contact the facility directly for applications which are processed on a first-come, first-serve basis.

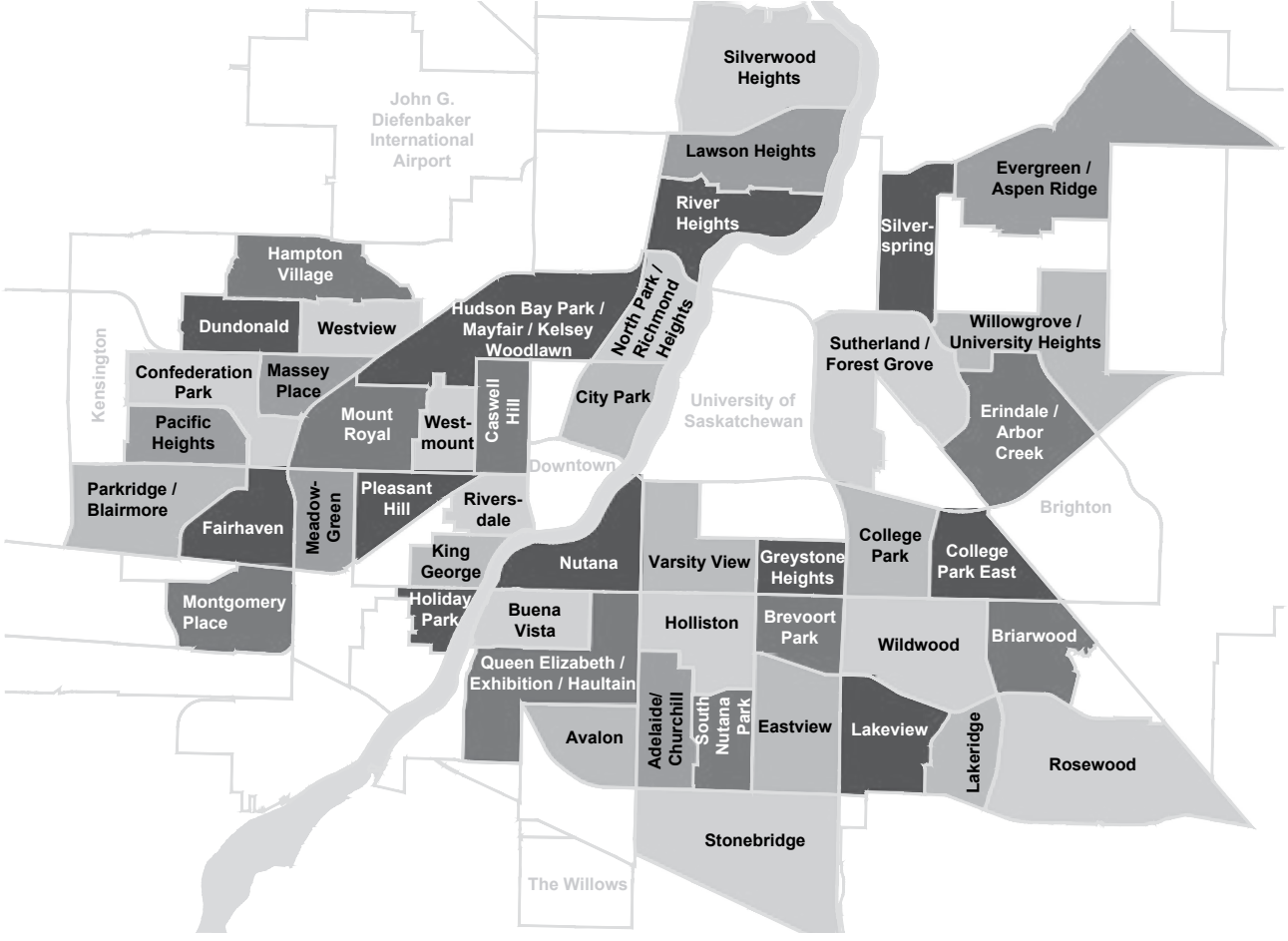
School Group Rentals: Each outdoor pool has a maximum capacity, therefore schools must book ahead by calling 306-975-2945 or email jointusebookings@saskatoon.ca.

COMMUNITY ASSOCIATIONS

Community Associations are volunteer-run groups that offer low-cost sport, culture and recreation programs throughout the year.

- **Affordable programs for all ages and abilities.** To find the perfect program for you or your family visit **saskatoon.ca/communityassociations** or refer to your Community Association's newsletter, website or Facebook page.
- **Outdoor rinks.** Enjoy free skating at over 50 Community Association owned and operated outdoor rinks throughout Saskatoon. Visit **saskatoon.ca/outdoorrinks** for locations and times.
- **Community events.** Meet your neighbours at community coordinated events like neighbourhood clean-ups, movie nights in the park and more.
- **Volunteers make it happen.** There are many ways to volunteer with your neighbourhood Community Association. Learn more at **saskatoon.ca/volunteer**.

To discover more about Community Associations and their program offerings, visit **saskatoon.ca/communityassociations** or call 306-975-3378.



COMMUNITY ASSOCIATIONS

For complete, up-to-date program listings and registration information, please refer to your Community Association's newsletter, website or Facebook page.

To ensure everyone who wants to participate in a program can, cost-as-a-barrier and/or KidSport assistance may be available for those facing financial hardships. Please contact your Community Association directly for more information. All inquiries are kept confidential.

ADELAIDE PARK / CHURCHILL

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per household
Web: www.myapcca.ca
Email: info@adelaidechurchill.ca
Facebook: www.facebook.com/adelaideparkchurchillcommunityassociation
Outdoor Rink(s): Hugh Cairns VC School, 2621 Cairns Avenue
Thur 7-9 PM / Fri 3:30-5 PM
St. Philip School, 1901 Haultain Avenue
Wed 3:30-5 PM / Sun 11:30 AM-4 PM

Programs include: *ALL AGES: Bingo & Games Night • ADULT: Yoga • Pilates • Pickleball • Zumba • YOUTH: Art Class • Hip Hop • Babysitting Course • Activities • CHILDREN: Dance Fusion • Floor Hockey • PRESCHOOL: Rhythmic Movement • Kindersoccer • Creative Movement to Music*

AVALON

In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.avalonca.ca
Email: president@avalonca.ca
Facebook: www.facebook.com/avaloncommunity
Outdoor Rink(s): John Lake School, 2606 Broadway Avenue
Mon & Wed 6-8 PM / Sun 1-3 PM

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

BREVOORT PARK

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.brevoortpark.ca
Email: indoorcoordinator@brevoortpark.ca
Facebook: www.facebook.com/brevoortpark
Outdoor Rink(s): Brevoort Park School, 2809 Early Drive

Programs include: *ALL AGES: Karate • ADULT: Pickleball • All Levels Yoga • Gentle Yoga • Zumba • Meditation (online) YOUTH: Drawing and Cartooning • Hip Hop • Metis Beading • Basketball Shooting Clinic • CHILDREN: • Ballet • Ballet/Jazz Combo • PRESCHOOL: Ballet • PARENT & CHILD: Karate*

BRIARWOOD

Online registration: See website/Facebook for details
Annual membership: $15 per household
Web: www.briarwoodca.com
Email: briarwoodipc@gmail.com
Facebook: Briarwood Community Association, Saskatoon
Outdoor Rink(s): Briarwood Park, 602 Briarwood Road

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

BUENA VISTA

In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.bvcasaskatoon.ca
Email: BuenaVista1910@gmail.com
Facebook: www.facebook.com/YourBVCA
Outdoor Rink(s): Buena Vista School, 100 7th Street East & MacPherson Avenue
Mon 6-8 PM / Fri 8-10 PM / Sat 1-3 PM

Programs include: *ADULT: Yoga • Pilates • Spanish • Pickelball • Boot Camp • Social Dance • Book Club • Volleyball • PRESCHOOL: Kinder Soccer*

CASWELL HILL

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.caswellhill.ca
Email: programs@caswellhill.ca
Facebook: www.facebook.com/CaswellCA
Outdoor Rink(s): Caswell School, 204 30th Street West
Tue & Thu 7-9 PM / Sun 2-4 PM

Programs include: *ADULT: Ball Hockey • Yoga • YOUTH: Open Gym*

CITY PARK

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.cityparksask.ca
Email: cityparkprograms@gmail.com
Facebook: www.facebook.com/CityParkSask
Outdoor Rink(s): Affinity Credit Union, 710 Duke Street
Tue & Thu 6-8 PM / Sun 12-2 PM

Programs include: *ADULT: Yoga • Men's Basketball • Badminton/Pickleball • PARENT & CHILD: Gym Time**

COLLEGE PARK RECREATION ASSOCIATION (CPRA)

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.collegeparksaskatoon.com
Email: indoor@collegeparksaskatoon.com
Facebook: @CPRAYXE
Outdoor Rink(s): Dr. Gerhard Hertzberg Park, 131 Campion Crescent

Programs include: *A variety of programs and events are being planned for the fall season. Please visit our website or social media for more information.*

For complete, up-to-date program listings and registration information, please refer to your Community Association's newsletter, website or Facebook page.

***FREE programs**

CONFEDERATION PARK

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.confedparksask.ca
Email: info@confedparksask.ca
Facebook: www.facebook.com/confedparksask
Outdoor Rink(s): Bishop Roborecki School, 24 Pearson Place
Thu 6-8 PM / Sat & Sun 1-3 PM

Programs include: *ADULT: International Cooking • Zumba • Basketball • Pickleball • Learn to Pickleball* • Badminton • YOUTH: Teen Open Gym • CHILDREN: TBA • PARENT & CHILD: TBA*

DUNDONALD

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.dundonald.ca
Email: indoorprograms@dundonald.ca
Facebook: www.facebook.com/dundonaldcommunityassociation
Outdoor Rink(s): Dundonald School, 162 Wedge Road
Wed & Fri 7-9 PM / Sun 2-4 PM

Programs include: *ADULT: Wine and Paint Night • YOUTH: Teen Girl Open Gym • Babysitting • CHILDREN: Intro to Gymnastics • PRESCHOOL: Kindersport • And more!*

EAST COLLEGE PARK

Online registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.ecpark.ca
Email: ecpcaboardmember@gmail.com
Facebook: www.facebook.com/eastcollegepark
Outdoor Rink(s): St. Augustine School, 602 Boychuk Drive

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

EASTVIEW

Online registration: See website/Facebook for details
In-person registration: In person by request
Annual membership: $10 per individual/family
Web: www.myeastview.ca
Email: info@myeastview.ca
Facebook: www.facebook.com/eastviewcommunity
Outdoor Rink(s): Alvin Buckwold School, 715 East Drive
Pope John Paul II School, 3035 Arlington Avenue

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

ERINDALE / ARBOR CREEK

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.erindalearborcreek.org
Email: eaccaindoorprograms@outlook.com
Facebook: www.facebook.com/EACCA-Saskatoon
Instagram: @eaccask
Outdoor Rink(s): Quinn Stevenson Memorial, 225 Kenderdine Road
Mon & Wed 4-6 PM / Sat 10 AM-12 PM

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

EVERGREEN / ASPEN RIDGE

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.earca.ca
Email: indoor.coordinator@earca.ca
Facebook: www.facebook.com/saskatoonevergreen
Outdoor Rink(s): Funk Park, 628 Manek Road
Thu 6-8 PM / Sat & Sun 2-4 PM

Programs include: *ADULT: Yoga • YOUTH: Basketball • Soccer*

FAIRHAVEN

In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.fairhavencommunity.ca
Email: indoor@fairhavencommunity.ca
Facebook: www.facebook.com/Fairhavencommunityassociation
Outdoor Rink(s): Fairhaven School, 495 Forrester Road
Thu 6-8 PM / Sat 1-3 PM / Sun 3-5 PM

Programs include: *ADULT: Co-ed Volleyball • Seniors Pickleball*

GREYSTONE HEIGHTS

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.thegreystone.ca
Email: jtrifel@shaw.ca
Facebook: www.facebook.com/greystoneheights
Outdoor Rink(s): Greystone School, 2721 Main Street
Fri 6-8 PM / Sat & Sun 12-2 PM & 7-9 PM / Sun 2-4 PM

Programs include: *ADULT: Pickelball • All Levels Yoga • YOUTH: Basketball • CHILDREN: Dance • Art • Karate*

HAMPTON VILLAGE

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.saskhvca.com
Email: allocationst@saskhvca.com
Facebook: www.facebook.com/hamptonvillage
Outdoor Rink(s): St. Lorenzo Ruiz School, 1023 Hampton Circle
Thu 6-8 PM / Sat & Sun 2-4 PM

Programs include: *ADULT: Pickleball • Yoga • Bootcamp • Floor Hockey • Volleyball • Spanish • Daytime Cards, Games & Coffee* • Daytime Karate / Self-Defence • YOUTH: Kickboxing • Basketball • Youth Connection • CHILDREN: Dance • Kickboxing • PRESCHOOL: Dance • Kindersoccer • Daytime Storytime Dance Party • And more!*

HOLIDAY PARK

In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.holidayparksaskatoon.ca
Email: holidaypark.programs@gmail.com
Facebook: www.facebook.com/hpca306
Outdoor Rink(s): St. John School, 1205 Avenue N South
Mon 6-8 PM / Thu 5:30-7:30 PM / Sun 12:30-2:30 PM

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

Search Online for Community Association Programs Across Saskatoon

Use the City of Saskatoon's search tool at saskatoon.ca/communityassociations to find the best neighbourhood programs for your interests, age and location.

***FREE programs**

HOLLISTON

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.hollistoncommunityassociation.com
Email: hollistonca@hotmail.com
Facebook: www.facebook.com/HollistonCA
Outdoor Rink(s): Holliston School, 1511 Louise Avenue
Tue & Thu 7-9 PM / Sat 10 AM-12 PM / Sun 3-5 PM

Programs include: *ADULT: Beginner Yoga • Yin Yoga • Intermediate Yoga • Zumba • Men's Floor Hockey • Low Impact Aerobics • CHILDREN: Soccer • Reading Buddies**

HUDSON BAY PARK / MAYFAIR / KELSEY WOODLAWN

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.hudsonmayfairkelsey.wordpress.com
Email: hbpmkwindoor@gmail.com
Facebook: www.facebook.com/hbpmkw
Outdoor Rink(s): Henry Kelsey School, 16 Valens Drive
Wed 7-9 PM / Sat & Sun 1-3 PM

Programs include: *ADULT: Drop-in Floor Hockey • Tai Chi • Essentrics • Gentle Yoga • Zumba • Art Class • YOUTH: Co-ed Boot Camp • CHILDREN: Art & Crafts • Co-ed Sportsmash • PRESCHOOL: Creative Movement*

KING GEORGE

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.kgcommunity.org
Email: kgca.indoorprograms@yahoo.com
Facebook: www.facebook.com/kgcask
Outdoor Rink(s): King George School, 721 Avenue K South
Mon & Wed 6-8 PM / Sun 2-4 PM

Programs include: *ADULT: Yoga • YOUTH: Youth Makerspace* • CHILDREN: Open Gym* • PARENT & CHILD: Family Fun Nights**

LAKERIDGE

Online registration: www.lakeridgecommunity.ca/online-registration
In-person registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.lakeridgecommunity.ca
Email: youthprograms@lakeridgecommunity.ca
Facebook: www.facebook.com/groups/280543754515282
Outdoor Rink(s): St. Luke School, 275 Emmeline Road

Programs include: *ADULT: Co-Ed Basketball • Yoga • Fitness • Pickleball • Volleyball CHILDREN AND YOUTH: Volleyball • PARENT & CHILD: Family Gym*

LAKEVIEW

Online registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.lakeviewca.com
Email: info@lakeviewca.com
Facebook: www.facebook.com/LCASaskatoon
Outdoor Rink(s): Lakeview Park, 203 Whiteshore Crescent

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

LAWSON HEIGHTS

Online registration: See website/Facebook for details
In-person registration: Email programs@lawsonheights.ca if unable to register online
Annual membership: $10 per individual/family
Web: www.lawsonheights.ca
Email: programs@lawsonheights.ca
Facebook: www.facebook.com/lawsonheights
Outdoor Rink(s): St. George School, 748 Redberry Road
Wed 4-6 PM / Sat 2-4 PM / Sun 4-6 PM

Programs include: *ADULT: Badminton • Pickleball*

MASSEY PLACE

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.masseyplace.org
Email: organizer@masseyplace.org
Facebook: facebook.com/MasseyPlaceCommunity.Saskatoon.SK
Outdoor Rink(s): Vincent Massey School, 1001 Northumberland Avenue
Thu 6-8 PM / Sat & Sun 1-3 PM

Programs include: *ADULT: Pickleball • Volleyball • Floor Hockey • Zumba • Yoga • YOUTH: Teen Open Gym • Karate • CHILDREN: Karate • And more!*

COMMUNITY RECREATION GROUP OF MEADOWGREEN

In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.crgmeadowgreen.com
Email: crgmca@saskatoon.ca
Outdoor Rink(s): WP Bate School, 2515 18th Street West
Tue & Thu 5-7 PM / Sun 1-3 PM

Programs include: *ADULT: Drop-in Soccer* • Sepak Takraw/Volleyball* YOUTH: Floor Hockey League* • CHILDREN: Soccer Skills & Games**

MONTGOMERY PLACE

In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.montgomeryplace.ca
Email: programs@montgomeryplace.ca
Facebook: www.facebook.com/MPCASK
Outdoor Rink(s): Montgomery School, 3220 Ortona Street
Fri 6:30-8:30 PM / Sat & Sun 1-4 PM

Programs include: *ADULT: Basketball • Cardio Mix • Water Colour Club • Muscle Sculpt • Yoga (Various Levels) • Pickleball • Cardio, Strength, Balance • Line Dance • CHILDREN / YOUTH: Art • PRESCHOOL: Open Gym*

MOUNT ROYAL

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.mountroyalyxe.ca
Email: MountRoyalPrograms@gmail.com
Facebook: www.facebook.com/MRCA.Saskatoon
Outdoor Rink(s): Howard Coad School, 431 Avenue T North

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

Outdoor Community Rinks

Community Associations own and operate over 50 community rinks for the public to enjoy. These rinks offer specific times when supervised skating can occur without sticks or pucks.

Visit saskatoon.ca/outdoorrinks for details.





For complete, up-to-date program listings and registration information, please refer to your Community Association's newsletter, website or Facebook page.

NORTH PARK / RICHMOND HEIGHTS

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.nprh.ca/program-descriptions
Email: nprh.programs@gmail.com
Facebook: www.facebook.com/nprhca
Outdoor Rink(s): North Park Wilson School, 1505 9th Avenue North
Tue & Thu 6-8 PM / Sat 1-3 PM

Programs include: *ADULT: Yoga • Pickleball • Bootcamp • PARENT & CHILD: Gym Time*

NUTANA

Online registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.nutana.ca
Email: programming@nutana.ca
Facebook: www.facebook.com/nutanacommunityassociation
Outdoor Rink(s): Ecole Victoria School, 639 Broadway Avenue
Idylwyd Park, 225 Poplar Crescent

Programs include: *ADULT: Somatic Yoga • Fitness Yoga • Yoga with Meditation • Animal Flow® • Strength, Sweat, & Stretch • Cardio Kickboxing • Volleyball • Badminton • YOUTH: Soccer • Little Yogis • ALL AGES: Ukulele • Guitar*

PACIFIC HEIGHTS

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.pacificheights.ca
Email: info@pacificheights.ca
Facebook: www.facebook.com/pacificheightsca
Outdoor Rink(s): Lester B. Pearson School, 3732 Centennial Drive
Mon & Wed 7-9 PM / Sat 2-4 PM

Programs include: *ADULT: Boot Camp • Yoga • Strength Class • Floor Hockey • YOUTH: Basketball • CHILDREN: Floor Hockey • PARENT & CHILD: Kindersoccer • And more!*

PARKRIDGE

In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.parkridgecommunity.ca
Email: indoorcoordinator.pca.sk@gmail.com
Facebook: www.facebook.com/parkridge.saskatoon
Outdoor Rink(s): St. Marguerite School, 1235 McCormack Road
Mon & Wed 6:30-8:30 PM / Sat 2-4 PM

Programs include: *ADULT: Yoga*

PLEASANT HILL

In-person registration: Registration available at first program class
Annual membership: No membership fee is required
Email: phcaprograms@gmail.com
Facebook: www.facebook.com/pleasanthillcommunityassociation

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our Facebook page for more information.*

QUEEN ELIZABETH / HAULTAIN (WEST HALF) / EXHIBITION

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.qexca.ca
Email: programs@qexca.ca
Facebook: www.facebook.com/qexca
Outdoor Rink(s): Achs Park, 102 Elm Street
Sat & Sun 12-3 PM
Queen Elizabeth School, 1905 Eastlake Avenue

Programs include: ADULT: Beginner Yoga • Zumba • STRONG by Zumba • Aerobics • Adele's Bolly Moves • PRESCHOOL: Tiny Tots Soccer

RIVERSDALE

In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.riversdalecommunityassociation.com
Email: riversdaleca@gmail.com
Facebook: www.facebook.com/riversdalecommunityassociation

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

RIVER HEIGHTS

Online registration: See Facebook for details
In-person registration: See Facebook for details
Annual membership: No membership fee required
Email: rhcaprogramming@gmail.com
Facebook: www.facebook.com/RiverHeightsCommunityAssociation
Outdoor Rink(s): Ecole River Heights School, 60 Ravine Drive
Tue & Thu 6-8 PM / Sat 12-3 PM

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our Facebook page for more information.*

ROSEWOOD

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.myrosewood.ca
Email: programs@myrosewood.ca
Facebook: www.facebook.com/myrosewoodca

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

SILVERSPRING

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.silverspringcommunity.ca
Email: indoorcoordinator@silverspringcommunity.ca
Facebook: www.facebook.com/SilverspringCommunityAssociation
Outdoor Rink(s): Silverspring Park, 610 Konihowski Road
Wed 7-9 PM / Sat & Sun 2-4 PM

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

Search Online for Community Association Programs Across Saskatoon

Use the City of Saskatoon's search tool at saskatoon.ca/communityassociations to find the best neighbourhood programs for your interests, age and location.

Cross Country Skiing

Some Community Associations sponsor the placement and grooming of ski trails in neighbourhood parks. Visit saskatoon.ca/ski for locations.



***FREE programs**

SILVERWOOD HEIGHTS

Online registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.silverwoodcommunity.org
Email: programming@silverwoodcommunity.org
Facebook: www.facebook.com/SHCAshines
Outdoor Rink(s): Sister O'Brien School, 451 Silverwood Road
Silverwood Heights School, 403 Silverwood Road
St. Angela School, 302 Russell Road
Wed 5-7 PM / Sat & Sun 12-2 PM

Programs include: *SENIOR: Forever in Motion • ALL AGES: Family Fitness • ADULT: Butts and Guts • Low Impact • Core with a Little More • Zumba • Volleyball • Tabata Tone • Pickleball • Yoga • Women's Fitness • YOUTH: Basketball • Stay Safe • Babysitting • CHILDREN: Soccer • Basketball • Floor Hockey • Song and Dance • Ballet/Jazz • PRESCHOOL: Soccer Fun • Creative Dance • Movement and Music • PARENT & CHILD: Sports Fun*

SOUTH NUTANA PARK

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per household
Web: www.snpca.ca
Email: snpca.programs@gmail.com
Facebook: www.facebook.com/snpca
Outdoor Rink(s): Ecole Canadienne Fracncaise, 2410 Wellington Avenue
Wed 4-6 PM / Sat & Sun 10 AM-12 PM

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*

STONEBRIDGE

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.ourstonebridge.ca
Email: ourstonebridge.programs@gmail.com
Facebook: www.facebook.com/stonebridgeyxe

Programs include: *ADULT: Badminton • High Fitness • Zumba • YOUTH: Babysitting Course • Stay Safe! • CHILDREN: Dance • PRESCHOOL: Dance*

SUTHERLAND / FOREST GROVE

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.sutherlandforestgrove.ca
Email: contact@sutherlandforestgrove.ca
Facebook: www.facebook.com/SFGCA
Outdoor Rink(s): Forest Grove School, 201 115th Street East
Sutherland School, 1008 Egbert Avenue
Bishop Filevich School, 125 105th Street West

Programs include: *ALL AGES: Family Yoga • ADULT: Aerobics • Basketball • Hula Hooping • Kettlebell • Kickboxing • Pilates • Volleyball • Zumba • YOUTH: Babysitting • Tai Chi • Yoga • CHILDREN: Basketball • Soccer • Floor Hockey • PRESCHOOL: • Sports ABC's*

VARSITY VIEW

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual or $20 per family
Web: www.vvcasaskatoon.com
Email: bgiles@sasktel.net
Facebook: www.facebook.com/VarsityView
Outdoor Rink(s): Brunskill School, 101 Wiggins Avenue North
Tue & Thu 6-8 PM / Sat 12-2 PM

Programs include: *ADULT: Yoga • Badminton • Conversational Spanish • YOUTH: Tae Kwon Do • CHILDREN: Tae Kwon Do • Art • PRESCHOOL: Tae Kwon Do • Soccer • Basketball*

WESTMOUNT

In-person registration: See website/Facebook for details
Annual membership: No membership fee is required
Web: www.wcayxe.com
Email: wcayxe@gmail.com
Facebook: www.facebook.com/westmountcommunity
Outdoor Rink(s): Westmount Community School, 411 Avenue J North
Tue & Thu 6-9 PM / Sun 2-5 PM

Programs include: *ADULT: Yoga*

WESTVIEW HEIGHTS

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $10 per individual/family
Web: www.westviewhome.net
Email: westview.programs@gmail.com
Facebook: www.facebook.com/WestviewHome
Outdoor Rink(s): Caroline Robins School, 1410 Byers Crescent
Sat & Sun 1-3 PM / Thu 6-8 PM

Programs include: *ADULT: Zumba • Yoga • Pickleball • Women's Woodworking • YOUTH: Cheer • Art • Introductory Basketball • Introductory Volleyball • Babysitting Course • Stay Home Safe • CHILDREN: Kids Dance • And more!*

WILDWOOD

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.ourwildwood.ca
Email: programs@ourwildwood.ca
Facebook: www.facebook.com/WildwoodSaskatoon
Outdoor Rink(s): Bishop Pocock School, 227 Avondale Road
Tue & Thu 6-8 PM / Sun 2-4 PM

Programs include: *ALL AGES: Badminton • Chess Workshop and Lessons • Pickleball • Juggling/Circus Arts • ADULT: Closet Clean Out • Line Dancing • Yoga (Gentle, Chair) • Jive Dance • Kaiser • Basketball YOUTH: K-Pop Dance • CHILDREN: Currently Crafting • Abstract Art • Farsi Language • PARENT & CHILD: Parent and Child Games (age 1-6)*

WILLOWGROVE / UNIVERSITY HEIGHTS

Online registration: See website/Facebook for details
In-person registration: See website/Facebook for details
Annual membership: $15 per individual/family
Web: www.WUHCA.ca
Email: contact@wuhca.ca
Facebook: www.facebook.com/WUHCA
Outdoor Rink(s): Wallace Park, 903 Stensrud Road
Thu 4-6 PM / Sat & Sun 9-11 AM

Programs include: *A variety of fun programs are being planned for all ages. Please refer to our website for more information.*



For complete, up-to-date program listings and registration information, please refer to your Community Association's newsletter, website or Facebook page.

ADVERTISERS' INDEX

Promote your community-based sport, culture and recreation programs and classes with us! Thousands of copies of the City of Saskatoon Leisure Guide are distributed throughout the city as well as found online. To advertise in the next Leisure Guide, call The StarPhoenix at 705.627.1859.

ARTS, CRAFTS & HOBBIES

Saskatoon Clayworks..... 45

Periwinkle Quilting & Beyond ... 45

Wet Paint Pottery 46, 55

MUSIC, DANCE & PERFORMING ARTS

Long & McQuade 51, 55

Kindermusik 51

Husaria Polish Folk Dancers..... 51

EDUCATION & LEARNING

Kumon Math & Reading Centre (Stonebridge) 45

Code Ninjas Saskatoon 45

Saskatoon Public Library 48

Stoon Seniors Continued Learning 54

Canadian Parents for French Saskatchewan 52, 56

SPORTS & RECREATION

DARE Masters Diving Club 45

Saskatoon Soccer Centre.....46

Saskatoon Youth Soccer.....47

Nordic Ski Club 50

Prairie Fencing Club.....51

Saskatoon Lions Speedskating Club.....54

YMCA Saskatoon 50

HEALTH, WELLNESS & SUPPORT SERVICES

Saskatchewan Senior Fitness Association 47

Speech Language Network.....53

COMMUNITY & NON-PROFIT ORGANIZATIONS

OSP Community Development Corp.....50

Canadian Ways 54



Quilting supplies at your fingertips

Online or in-store

Fun, friendly, helpful service

Regular online updates of new fabric, books, patterns and notions

Phone service, mailout and curbside pickup offered!

Periwinkle

Quilting & Beyond
A Happy Place to Make and Learn

270 - 2600 Eighth St. E., **Saskatoon**, SK • **306-933-3072**
Mon to Sat 9:30 - 5:30 • Thurs. nights 'til 8:00
www.periwinkle.biz/shop

Time for a New Machine?

Proud to Carry

- Bernina Sewing Machines
- Bernina Q16, Q20 & Q24 Longarm Machines

Authorized dealer
BERNINA
made to create

We service and repair all makes and models of sewing and longarm machines!

Follow Us!



Advertising sponsored by HAWFORCE CONSULTING LEADERSHIP IN TECHNOLOGY

5 Kumon

Centers in Saskatoon offer **Math** and **English** subjects

Book your child's appointment today!

Individually owned and operated.
This Ad is sponsored by the ***Stonebridge*** center to provide continuous awareness about the Kumon program and availability in Saskatoon.



Looking for a place to play?

SASKATOON SOCCER CENTRE INC.
Built BY soccer, FOR soccer

YOUTH & ADULT SOCCER LEAGUES & PROGRAMS
THE home of soccer for all ages & abilities!
Visit saskatoonsoccer.com & our social media for details.
FIELD & ROOM RENTALS Our two facilities offer hardcourt, indoor & outdoor turf surfaces, beach volleyball/soccer courts & boardrooms - ideal for a variety of sports & events. Call to discuss your requirements - we'd love to help!
BIRTHDAY PARTIES/TEAM WINDUPS We supply the field (your choice of sports), you pick the food & bring the cake!

150 Nelson Road — Saskatoon Sports Centre

Come check out our new industry leading, elite turf!

WALKING SOCCER Drop-in, non-competitive, ideal for mobility issues. Instructor on site. Great for socializing. Tuesdays 10:30am - 12pm; Fridays 2:30 - 4pm.
LUNCH TIME DROP-IN SOCCER Gather co-workers, friends & family for a midday game. Mon - Fri 10am - 1pm
FITNESS CENTRE Cardio & strength training machines. Mon - Fri 5 - 9pm & Sat/Sun 10am - 4pm.
Pricing for 3 programs above: $7 Drop-in, $18 Family $60 Punch card. Details online, in person or by phone.
TERRY FOX WALKING TRACK *Check details with City*
A City of Saskatoon service. Leisure Card or drop-in fee.

SASKATOON KINSMEN/HENK RUYS SOCCER CENTRE — **219 Primrose Drive**

Sprung floors on all fields provide 65% less joint fatigue.

INDOOR WALKING PROGRAM Weather-free space to keep fit. Mon - Fri, 8am - 2pm; $6 drop-in, $40/mo, $138/season
INDOOR PLAYGROUP Huge play spaces full of riding cars & toys! $7/child; 10 punch card $60. Mon - Fri 9:30 - 11:45am. Adults & babies under 1 are free.
TODDLER BIRTHDAY PARTIES Mon - Fri 9am - 1pm $70/party unlimited kids! In conjunction with Indoor Playgroup.
PICKLEBALL Variety of programs on the best 16 courts in town! For details & to register go to saskatoonpickleballinc.ca.

Scan for more details & pics

NEW! Online booking now available!

bookings@saskatoonsoccer.com 306-975-3423
info@saskatoonsoccer.com 306-975-3400
saskatoonsoccer.com

SPRING ART CAMPS



Imaginations run wild in our week-long February and Easter break art camps!
Join us as we create amazing projects in art mediums such as pottery painting, canvas painting, mixed media, collage and so much more.

FEBRUARY BREAK ART CAMP
DATES: Mon-Fri. Feb 15-19

EASTER BREAK ART CAMP
DATES: Mon-Fri. Mar 29-Apr 2

AGES: 8 and up
COST: $360

INCLUDES ALL SUPPLIES & MATERIALS.

REGISTER AT:
WWW.WETPAINTPOTTERY.COM

- DROP IN 7 DAYS A WEEK FOR POTTERY, CANVAS OR WOOD SIGN PAINTING
- PICK UP A POTTERY TO-GO KIT
- CALL TO BOOK A PARTY OR EVENT
- REGISTER ONLINE FOR AN ART OR GLASS WORKSHOP FOR ADULTS

Find us on social media @wetpaintpottery

Wet Paint Pottery — a paint your own pottery studio

Saskatchewan SENIOR FITNESS Association

SASKATOON SPORT DISTRICT

Welcoming ALL SENIORS OVER 50

of Saskatchewan Seniors Fitness Association

We offer over 20 activities, indoor and outdoor; summer and winter.



Do you want cribbage or mahjong

to keep your mind sharp?

How about hockey, or volleyball?

Pickleball, walking, slo-pitch, floor shuffleboard, 8 ball



Contact our coordinators at:

https://ssfa.ca/districts/saskatoon-sport-district

SASKATOON YOUTH SOCCER INC.



Outdoor Season (Apr - Jun 2027):

Mini U5 – U9: Season runs start of May to end of June (8 games)
Youth U11 – U19: Season runs late-April to end of June (8-10 games)

Registration (Feb - early Mar 2027):

Register with Community or Zone Association according to birth year.
Community coordinates registration, coaches, and equipment, and practices.
Zone coordinates registration, coaches, equipment, and player development.

Birth Years	Outdoor Season (Apr-Jun) Age Groups	Register (Feb-Mar) with:
2023 & 2024	U4 Parent-Tot Timbits Program	Saskatoon Youth Soccer Inc.
2022	U5 Timbits	Community Association
2020 & 2021	U7 Timbits or Zone Development	Community or Zone of Residence
2018 & 2019	U9 Community or U8/U9 Zone Development	Community or Zone of Residence
2016 & 2017	U11 Zone City or Alliance League	Zone of Residence (boundaries in effect)
2014 & 2015	U13 Zone Alliance and/or PSL League	Zone of Residence (boundaries in effect)
2012 & 2013	U15 Zone Alliance League	Zone of Residence (boundaries in effect)
2008-2011	U17-U19 Zone Alliance League	Zone Association of choice
2014-2017	Saskatoon Alliance Academy (U11-U13)*	Saskatoon Youth Soccer Inc.
2010-2013	Saskatoon Alliance PSL League (U15-U17)**	Saskatoon Youth Soccer Inc.

* Contact SYSI for further details pertaining to U11-U13 Saskatoon Alliance Academy registration and details.
** Provincial Soccer League (PSL) tryouts for Saskatoon Alliance U15-U17 teams will be held Jan 16-17, 2027 and runs between April to July with games commencing in May. If team qualifies for Club Nationals; training and fundraising continues through to October with Club Nationals occurring the week leading up to Thanksgiving.

www.saskatoonyouthsoccer.ca

admin@saskatoonyouthsoccer.ca or 306-975-3413

Tentative Game Days, Registration Dates, and Contact Information for Community and Zone Associations will be updated on our website as early as Feb 1st for Outdoor Season and June 15th for Indoor Season.

SASKATOON YOUTH SOCCER







Events for TEENS

Looking to try something new, build volunteer experience or meet people who share your interests? Visit your library to explore new hobbies, learn skills and connect with others!

Teen Advisory Group
Teen Art Collective
Teen Gaming Lounge
Teen Tuesdays
Teen-y RPGs
RPG Club for Teens



Find these and more in our guide.
saskatoonlibrary.ca/events

COFFEE & CONNECTIONS
for Older Adults

Join us Wednesday afternoons for activities, speakers and performances! Discover new literature, games, crafts and more.

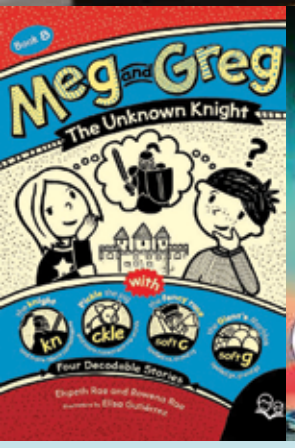
Browse by location and create your own printable Events Guide.
saskatoonlibrary.ca/events

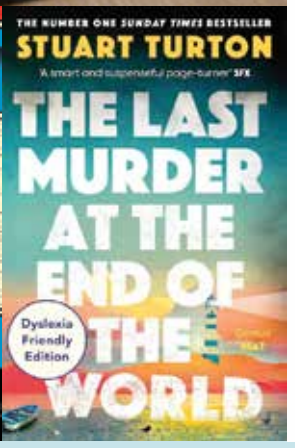


Saskatoon Public Library

Winter 2026









ACCESSIBLE COLLECTION

We offer a variety of services and technologies to support people of all abilities, including resources for those with print disabilities. Check out the new books in the dyslexia-friendly collection!

Loanable assistive technology: DAISY Player (left), C-Pen Reader (above) and Envoy Connect (right).

saskatoonlibrary.ca/accessibility-services

STEAM KITS

Did you know you can borrow digital radon detectors and CO_2 monitors from the library? With colder weather keeping us indoors it's a great time to test your home's air quality!

We have several new kits on the way, including ChompSaw and Green Home kits.

saskatoonlibrary.ca/steam-kits



Where stories connect us.

OPTIMISTHILL

TUBING • SKIING • SNOWBOARDING • TERRAIN PARK

LEARN TO SKI & RIDE • GEAR RENTALS • 2 CONVEYOR LIFTS

BOOK YOUR GROUPS, PARTIES & SPECIAL EVENTS!

DIEFENBAKER PARK • OPTIMISTHILL.CA



YMCA of Saskatoon

Swimming Lessons

What We Offer?

- Registration Opens – December 11th
- Membership not required
- $15.00 for YMCA Members
- Financial Assistance is Available

Saskatoon Shine On

- All Swim Levels
- Adult Swim Lessons
- Private Swim Lessons



Registration Opens Dec 11th @ Noon

Call Our Number
306-652-7515

Visit Our Website
ymcasaskatoon.org/swim-lessons

SASKTOON NORDIC SKI CLUB

Membership

Get your membership and support our programs, and high quality groomed trails in Saskatoon and at Eb's Trails.



Youth and Adult Lessons

Learn to ski lessons for children and youth ages 5 and up and adults of all ages.

Try it out

Equipment provided cross country ski lesson for people who have always wanted to learn

Blind Skiers

Group of blind/low vision skiers and volunteers of all ages meet once a week to cross-country ski and socialize. No knowledge of cross country skiing needed.

Program and membership information on our website and follow us on social media.

www.saskatoonnordicski.ca

HUSARIA
POLISH FOLK DANCERS

Register Now!

$100 REGISTRATION FEE
(JANUARY TO MAY)

COSTUMES PROVIDED

SUNDAY LESSONS:

Ages 3-7	1:15 – 2:00 pm
Ages 7-18	2:00 – 3:30 pm
Ages 19+	TBD

Email:
husariadancers@gmail.com

FB page:
Saskatoon Husaria Dancers

No Polish background necessary

PFC SASKATOON

PRAIRIE
FENCING CLUB

New fencers are welcome to join our youth and adult classes!

Please visit our website for information and registration:
https://leagues.teamlinkt.com/prairiefencingclub

Kindermusik with Prelude Studios
www.preludesaskatoon.com

Turn up the joy with Kindermusik classes - where your child can grow, connect, and shine! For ages 0-7.



Register today for

MUSIC LESSONS



Saskatoon - (306) 500-7541
721 43 Street E
saskatoonlessons@long-mcquade.com

Guitar Piano Bass Drums Ukulele
Voice Flute Saxophone Clarinet Violin

Saskatoon South - (306) 700-2933
617 8 Street E
saskatoonsouthlessons@long-mcquade.com

Long & McQuade
MUSICAL INSTRUMENTS
long-mcquade.com

CPF is 50 years old!

Canadian Parents for French (CPF) is nationwide, research-informed, volunteer organization.

50 YEARS OF PROMOTING FRENCH

CANADIAN PARENTS FOR FRENCH

CPF champions opportunities to learn and use French for all those who call Canada home.

Canadian Parents for French - Saskatchewan (CPF-SK) is the Provincial Branch of CPF.



Visit cpf.ca for the membership form & free resources.

CANADIAN PARENTS FOR FRENCH SASKATCHEWAN

Follow us on social media!

Sln speech language network



Unlock Your Child's Voice, Confidence, and Learning Potential

Support that helps children thrive - academically, socially, and emotionally.

Speech-Language Pathology Services

Builds children's communication skills by helping them understand language, express their ideas, and use speech sounds clearly so they can connect confidently with others.

Reading Intervention Services

Strengthens foundational literacy skills through targeted instruction in phonics, comprehension, and fluency, helping children become more confident, capable readers.

Educational Psychology Assessment Services

Provides a clear understanding of a child's learning profile, identifying strengths and challenges to guide individualized supports at school and home.

Occupational Therapy Services

Supports children in developing everyday skills like fine-motor control, sensory regulation, and independence so they can participate more comfortably in home, school, and play routines.

Why clients choose us....

- **Personalized Support** - individualized therapy care plans to fit each client's needs and goals, tailored for meaningful progress
- **Dedicated Therapists** - who are caring, patient and genuinely invested in helping each child feel comfortable, confident & understood
- **Fun, Engaging Environment** - sessions feel enjoyable rather than stressful, children are eager to come to the clinic and stay motivated through playful, creative games and activities
- **Clear Communication with Families** - Admin team ready to support booking, responsive therapists, home-programming and guidance to ensure you get the most out of the therapy process
- **Group Programming** - SLN offers supportive and engaging group programming for clients ages 3 - 18+ years of age, that help children, teens and young adults practice their communication, social engagement, play skills and language skills in a supportive environment



Group Registration Open Now!

- **Social Explorers (parent & tot)**
- **Say and Play - OT group (5-6 years)**
- **Kids Chat Jr. & Kids Chat (3 - 9 years)**
- **Awesome Augmentative Communicators (5+ years)**
- **Social Detectives (4-7 years)**
- **Social Ninjas Jr. & Social Ninjas (7-9 years & 9-12 years)**

And More...

NOW Booking

306-933-3222
hello@thesln.com

Speech-Language Services

Reading Intervention Services

Ed. Psych Assessments

Unlock your potential, gain confidence and express your unique self to the world!

Services may be covered and/or partially covered by your extended health care benefits.
Other funding options may be accessed on a case by case basis.



Regular Season Program

All ages and skill levels - we have a group for you!
LIONS ARENA
Half season (Jan-Mar) or
Full season (Sept-Mar)
Group 1 (Learn to Skate – one day/week or two day/week options)
Group 2 (Learn to Speed Skate)

We rent speed skates!

SASKATOON LIONS SPEED SKATING CLUB
ESTABLISHED 1942

Short Learn-to-Skate Program

All skate types welcome (incl. hockey skates)
LIONS ARENA - Cost $133
Tuesdays and Thursdays from 5:00pm-5:45pm
for 4 weeks
- January 5, 7, 12, 14, 19, 21, 26 and 28 -
Skaters must be age 4+ and able to stand unassisted

FOR MORE INFORMATION AND TO REGISTER ONLINE VISIT OUR WEBSITE:
https://slspeedskating.com/saskatoonlionsspeedskatingclub/



Adult Long Track Program

No prior experience required
Everyone welcome
CLARENCE DOWNEY OVAL
See our website for dates, times and more information on adult programs!

Questions?
membership@slspeedskating.com

GREAT COACHING! GREAT FUN! NO ONE SITS ON THE BENCH!

Saskatoon Seniors Continued Learning
Curiosity never retires

Winter Term
January 9 - March 8

- ✓ Non-credit, university level courses for age 55+
- ✓ Offered near U of S campus & online
- ✓ No homework or exams - just the joy of learning!

What will you learn next year?

- Introduction to Printmaking
- Spanish Civil War of 1936-1939
- Introduction to Cybersecurity & Digital Threats
- Popular Music of the late 1950s & early 1960s
- Writing Your Life
- Introduction to Archaeology
- Biomaterials & How They Enable Modern Medical Devices
- The Poetry of Ovid & The Culture of Rome
- Art History: The Development of the Gothic Cathedral
- Literature: Walking Perth's Past - The Muses Threnodie

Annual Membership - $5.00
Class Fees* - $45.00 each
**Art Studio Printmaking course is $150 (supplies incl.)*

Register Online
November 30 - December 14

Contact Us:
306-343-6773
sscl@ssclprograms.ca

For full schedule and to register, visit:
www.artsandscience.usask.ca/noncredit/sscl



CANADIAN WAYS HOCKEY

OVER 50 YEARS OF EXPERIENCE IN HOCKEY DEVELOPMENT

- **Winter Programs**
- **U6–U18 Drop-in Sessions**
- **Holiday School – Dec 27 – 30**
- **February School Break**
- **Team Sessions**
- **Community Schools**

SEE AND REGISTER FOR PROGRAMS AT
canadianways.com

Register today for

MUSIC LESSONS



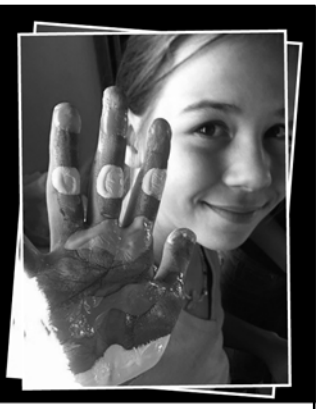
Saskatoon - (306) 500-7541
721 43 Street E
saskatoonlessons@long-mcquade.com

Guitar Piano Bass Drums Ukulele
Voice Flute Saxophone Clarinet Violin

Saskatoon South - (306) 700-2933
617 8 Street E
saskatoonsouthlessons@long-mcquade.com

Long & McQuade
MUSICAL INSTRUMENTS
long-mcquade.com

SPRING ART CAMPS



Imaginations run wild in our week-long February and Easter break art camps!

Join us as we create amazing projects in art mediums such as pottery painting, canvas painting, mixed media, collage and so much more.

FEBRUARY BREAK ART CAMP
DATES: Mon-Fri. Feb 15-19

EASTER BREAK ART CAMP
DATES: Mon-Fri. Mar 29-Apr 2

AGES: 8 and up
COST: $360

INCLUDES ALL SUPPLIES & MATERIALS.

REGISTER AT:
WWW.WETPAINTPOTTERY.COM

- DROP IN 7 DAYS A WEEK FOR POTTERY, CANVAS OR WOOD SIGN PAINTING
- PICK UP A POTTERY TO-GO KIT
- CALL TO BOOK A PARTY OR EVENT
- REGISTER ONLINE FOR AN ART OR GLASS WORKSHOP FOR ADULTS

Find us on social media @wetpaintpottery

Wet Paint Pottery
a paint your own pottery studio

CPF is 50 years old!

Canadian Parents for French (CPF) is nationwide, research-informed, volunteer organization.

50 YEARS OF PROMOTING FRENCH

CANADIAN PARENTS FOR FRENCH

CPF champions opportunities to learn and use French for all those who call Canada home.

Canadian Parents for French - Saskatchewan (CPF-SK) is the Provincial Branch of CPF.



Visit cpf.ca for the membership form & free resources.

CANADIAN PARENTS FOR FRENCH SASKATCHEWAN

Follow us on social media!